

EXTENDED REPORT

Cultured human ocular surface epithelium on therapeutic contact lenses

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Background: This study was initiated after observation of some intriguing epithelial growth properties of contact lenses used as a bandage for patients after pterygium surgery.

Aim: To determine the efficacy of culturing human ocular surface epithelial cells on therapeutic contact lenses in autologous serum with a view of using this system to transfer epithelial cells to patients with persistent corneal or limbal defects.

Methods: Excess graft tissue resected from patients undergoing pterygium surgery ($n=3$) consisting of limbal epithelium was placed on siloxane–hydrogel contact lenses (lotrafilcon A and balafilcon A). Limbal explants were cultured in media with 10% autologous serum. Morphology, proliferative capacity and cytokeratin profile were determined by phase contrast, light and electron microscopy, and immunohistochemical analysis.

Results: Lotrafilcon A contact lenses sustained proliferation and migration from limbal tissue. Cells became confluent after 10–14 days and consisted of 2–3 layers with a corneal phenotype (CK3⁺/CK12⁺/CK19⁻) and a propensity to proliferate (p63⁺). Electron microscopy showed microvilli on the apical surface with adhesive projections, indicating that these cells were stable and likely to survive for a long term. Growth was not observed from limbal explants cultured on balafilcon A contact lenses.

Conclusion: A method for culturing human ocular surface epithelium on contact lenses that may facilitate expansion and transfer of autologous limbal epithelial cells while avoiding the risks associated with transplanting allogeneic tissue has been developed. This technique may be potentially useful for the treatment of patients with limbal stem cell deficiency.

The ocular surface is covered by phenotypically and functionally distinct stratified squamous epithelium that resides in the conjunctiva, limbus and cornea. The limbal epithelium is the transition zone between the conjunctiva and the cornea, and is the proposed stem cell niche.^{1–2} Limbal stem cells (LSCs) are responsible for maintaining corneal integrity by their ability to replace damaged epithelium. LSC deficiency (LSCD) is characterised by persistent corneal defects (ulceration, inflammation, neovascularisation and conjunctivalisation), caused by either LSC depletion or changes to their niche.^{3–5}

Ocular surface reconstruction is a method of minimising the complications of LSCD. Techniques include amniotic membrane transplantation^{6–7} and grafting autologous or allogeneic LSC sheets on to the corneal surface, or propagation on amniotic membrane before transplantation.^{8–10} Stem cells have been expanded in vitro, carried to the ocular surface and an amniotic membrane applied,¹¹ which is an advantageous system because the amniotic membrane acts as a bandage that promotes epithelialisation, and suppresses inflammation, fibrosis and angiogenesis.^{12–13} Autologous or allogeneic lamellar keratolimbal grafts are also used for LSCD¹⁴; however, this also introduces foreign biological matter, whereby immunosuppression is required for graft rejection.

Epithelial culture conditions have been optimised for the restoration of the ocular surface in patients with LSCD. Serum-containing and serum-free ocular surface epithelial cultures have been developed, but these systems too are compromised with xenobiotics.^{15–19} An alternative approach used autologous oral mucosal epithelial sheets to replenish the rabbit ocular surface, but again, amniotic membrane and mouse 3T3 cells were required and neovascularisation was a common complication.²⁰ Autologous oral mucosal epithelial sheets fabricated on

temperature-sensitive surfaces have successfully been used to resolve surgically wounded rabbit corneas,²¹ but the consequences of this transplantation technique in patients with LSCD is currently unknown. Nakamura *et al*²² cultivated human oral mucosal epithelial cells from patients with severe ocular surface disease (OSD) with autologous serum, but again amniotic membrane was used as a biological support.

The present investigation was initiated after observation of the adhesion and expansion of epithelial cells on to the therapeutic contact lenses after pterygium surgery. Subsequently, we used the contact lens surface as a scaffold to develop an autologous limbal epithelial culture model. There is an urgent need to improve current methods used to treat patients with LSCD, as most rely on animal products or allogeneic tissue. Our future goals are to validate this system in an animal model of LSCD and to determine whether the surface epithelium in patients with OSD can be effectively repopulated.

MATERIALS AND METHODS

Conjunctival autograft and contact lens wear

Primary pterygia were excised as described previously.²³ The conjunctival graft consisting of superior bulbar conjunctiva and superior limbus was excised, transferred to the region of pterygium excision and sutured into place. As the graft bed is often irregularly shaped, graft tissue was trimmed, which provided a source of tissue. A siloxane–hydrogel (Si–Hi) contact lens (Focus Night & Day (lotrafilcon A, CIBA Vision, Duluth, GA, USA) or Purevision (balafilcon A, Bausch and Lomb)) was

Abbreviations: LEC, limbal epithelial cell; LSC, limbal stem cell; LSCD, limbal stem cell deficiency; OSD, ocular surface disease; SEM, scanning electron microscopy; TEM, transmission electron microscopy

placed over the eye at the end of the procedure and removed at the 1-week visit. The use of a contact lens as a therapeutic bandage after surgery considerably reduced the pain associated with this procedure.²⁴

Histological and immunohistochemical assessment of contact lenses

Contact lenses (n=11) were harvested after 1 week of continuous wear, formalin-fixed and either processed for paraffin sectioning (n=4), or flat mounted (n=7) for histological and immunohistochemical examination. Eight of the 11 contact lenses were lotrafilcon A, whereas three were balafilcon A. Partial radial incisions were made through some contact lenses, and this allowed the whole lens to be flat mounted. Flat-mounted contact lenses were stained with periodic acid-Schiff or haematoxylin, or incubated with antibody (table 1). For paraffin sectioning, contact lenses were trimmed, embedded in agarose and then processed as tissue blocks. Blocks were sectioned (4 µm) and analysed by immunohistochemistry as described previously.^{25–27} Some contact lenses were cut into quadrants and free-floated to determine the expression of multiple antigens from the same specimen.

Electron microscopy

For scanning electron microscopy (SEM), contact lens quadrants were fixed in 2% glutaraldehyde and 2.5% paraformaldehyde in 0.1 M sodium phosphate buffer (pH 7.2), dehydrated and dried via liquid CO₂ in an Emitech K850 critical point dryer. Specimens were mounted, gold coated and examined in a FEI Quanta 200 SEM operated at 10 kV. For transmission electron microscopy (TEM), specimens were fixed (as for SEM) then post-fixed in 1% osmium tetroxide in 0.1 M sodium phosphate buffer (pH 7.2). Dehydration was followed by infiltration with 1:1 LR white resin and 100% ethanol (1 h). Sections (60 nm) were cut and stained with 2% aqueous uranyl acetate (20 min), followed by Reynold's lead citrate (4 min), then examined in a Hitachi H-7000 TEM (Hitachi High Technologies Corporation, Tokyo, Japan).

Limbal epithelial cell culture

Protocols relating the use of human cells were approved by the University of New South Wales Human Ethics Committee and carried out in accordance with the tenets of the World Medical Associations Declaration of Helsinki. Limbal epithelial cells (LECs) from at least two donors were cultured and expanded from remnant limbal graft tissue from patients who had

undergone pterygium resection. LEC cultures were established as described previously.^{27–29} LEC (2 × 10⁴, passage 5–10) were seeded on contact lenses (n=6; 3 × each of lotrafilcon A and balafilcon A). Contact lenses were harvested after 2 weeks, formalin-fixed, cut into six equal quadrants, stained as free-floating segments with selective markers (table 1) and flat mounted. Other contact lenses (n=8; 4 × each of lotrafilcon A and balafilcon A) were incubated with limbal explants (~0.5–1 mm²) from patients who had undergone pterygium excision. Whole blood (20 ml) was obtained from each patient before surgery and serum prepared by standard method. Explants were placed on contact lenses with 10% autologous serum in Eagles' minimal essential medium.

RESULTS

Immunocytochemical analysis of contact lenses

Contact lenses were removed from patients who had undergone surgery for pterygium resection at 1-week follow-up, and a migrating front of epithelial cells was noted (fig 1A). Given the intense CK15 expression, we suspected the source of these cells was likely from the donor site. CK15 was expressed by most of these cells, with intense staining at the migrating front (fig 1A, B). Cells at the migrating front also displayed a differential pattern of high (fig 1E, arrows) to moderate (fig 1E, arrowheads) p63 reactivity indicative of proliferative potential. Periodic acid-Schiff-positive mucin ball-like structures (fig 1C) with dense nuclear material were occasionally detected.³⁰ The morphological appearance of the contact lens-bound cells suggested a homogenous population (fig 1D). Epithelial cells were not detected on balafilcon A (not shown), but were found attached to lotrafilcon A contact lenses (fig 1).

Limbal explants cultured on contact lenses

Previously, we reported a method for culturing epithelial cells derived from pterygium,²⁸ conjunctiva^{27–29} and limbus.^{27–29} Given the observation that epithelial growth was sustained on contact lenses (fig 1), we focused on determining whether these cells could be propagated on a contact lens surface from limbal explants using autologous serum. Lotrafilcon A (but not balafilcon A) contact lenses provided an ideal substratum for adhesion, migration and rapid expansion of LEC from explants (fig 2C, D). Primary cells were morphologically similar and displayed growth characteristics that resembled autologous epithelium from other regions of the ocular surface grown on plastic (fig 2A, B). These cells were typically uniform, cell-to-cell contacts were evident and multiple cell layers developed (fig 2E, asterisks). Other features identified by SEM included

Table 1 Primary antibodies used for immunohistochemistry

Antibody	Source	Catalogue no	Clone	DF	Specificity
Keratin 3/12	USB	C9097-34M	2Q1040	1:50	Corneal-type epithelium*
65K keratin†	ICN	69-143	AE5	1:50	Corneal-type epithelium*
Keratin 15	Biocare	CM068B	LHK15	1:50	Basal stratified epithelium‡
Keratin 19	USB	C9097-24B	4A36	1:100	Basal limbal epithelium‡, §, glandular-type epithelium
Pan keratin	Dako	M0821	MNF116	1:50	Keratins 5, 6, 8, 17, 19
p63	Santa Cruz	sc-8431	4A4	1:50	Proliferative capacity
IgG _{2a}	Dako	X0943	–	1:50	Non-specific
IgG ₁	Dako	LS191	–	1:50	Non-specific

DF, dilution factor.

USB, United States Biological, Swampscott, Massachusetts, USA; CN Biomedicals, Aurora, Ohio, USA; Biocare Medical, Concord, California, USA; Dako Corporation, Carpinteria, California, USA; Santa Cruz Biotechnology, Santa Cruz, California, USA.

*Both antibodies are considered markers of corneal differentiation.

†This antibody was originally purchased from ICN,²⁸ now known as MP Biomedicals, Solon, OH.

‡Antibodies used to identify epithelial cells of progenitor cell phenotype.

§Antibodies used to identify epithelial cells of conjunctival type.

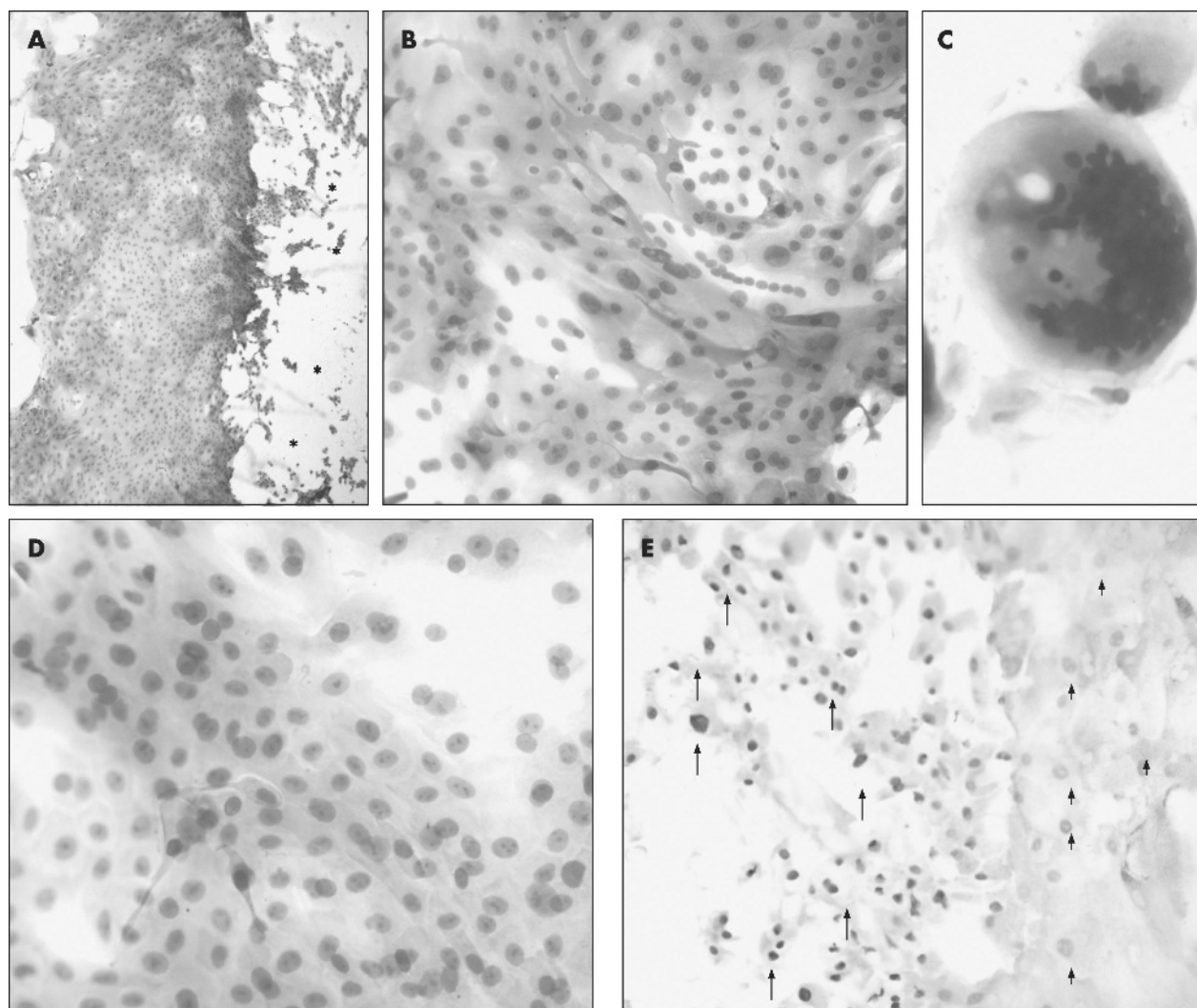


Figure 1 Histological and immunohistochemical assessment of whole-mounted contact lenses. Contact lenses (lotrafilcon A, A–E) were removed from patients (A and B, patient 1; C, patient 2; D, patient 3; and E, patient 4) who had undergone surgery for pterygium resection. Contact lenses were flat mounted and assessed for keratin 15 expression (A and B), presence of mucin (C, periodic acid-Schiff), morphological appearance (D, haematoxylin and eosin), and proliferative capacity (E, p63). Immunoreactivity is denoted by the red cytoplasmic (A and B) or nuclear (E) staining. Some contact lenses were counterstained with haematoxylin (A and B) while others were not (E) to avoid masking any nuclear immunoreactivity. The asterisks (*) in panel A indicate the contact lens serial number, which is visible but out of focus. The arrows in panel E point to intensely stained, whereas the arrowheads identify moderately stained p63-positive cell nuclei. Original magnification $\times 40$ (A), $\times 200$ (B and E), $\times 400$ (C and D).

extensive microvilli on the apical surface (fig 2E) and cell projections that were suggestive of anchorage points on the contact lens surface (fig 2F, arrowheads). TEM showed flattened, regular cells with prominent nuclei, which were tightly adherent to the contact lens (fig 2G) with prominent microvilli (fig 2H).

Cytokeratin profile of limbal epithelium cultured on contact lenses

We noted the absence of epithelial growth on some contact lenses harvested from patients at 1-week follow-up. It was suspected that this was due to differences in the contact lens composition. To test this hypothesis, remnant limbal graft tissue was cut into two equal portions ($\sim 0.5 \text{ mm}^2$), placed on the different contact lenses with autologous serum-containing medium. Explants did not adhere to balafilcon A (not shown), whereas lotrafilcon A contact lenses promoted adhesion and sustained epithelial growth and migration as reflected by the change in the pH of the medium (fig 3A). After 14 days in

culture, lotrafilcon A contact lenses were 80% confluent (fig 3B), and, on sectioning and staining, displayed a multi-layered epithelium (fig 3C,D) often with mitotic figures (fig 3C, inset). No morphological signs of terminal differentiation were noted as cells remained flattened and regular (fig 3D–K). Immunoreactivity to AE5, CK3/12, MNF116 and p63 (fig 3F, H, J, K, respectively) was observed, while staining for CK15 and CK19 was absent (fig 3G,I). Next, the compatibility of both contact lenses with passaged LEC was assessed. Balafilcon A did not promote adhesion as cells clumped and no growth was observed (not shown). Cells seeded on to lotrafilcon A were adherent, grew to confluence (fig 3L–O) and displayed similar cytokeratin expression as those derived from limbal explants.

DISCUSSION

Despite remaining the standard treatment for patients with LSCD and OSD, limbal transplantation is partially effective and long-term success is dependent on preventing rejection, particularly when allografts are used.³¹ Animal models have

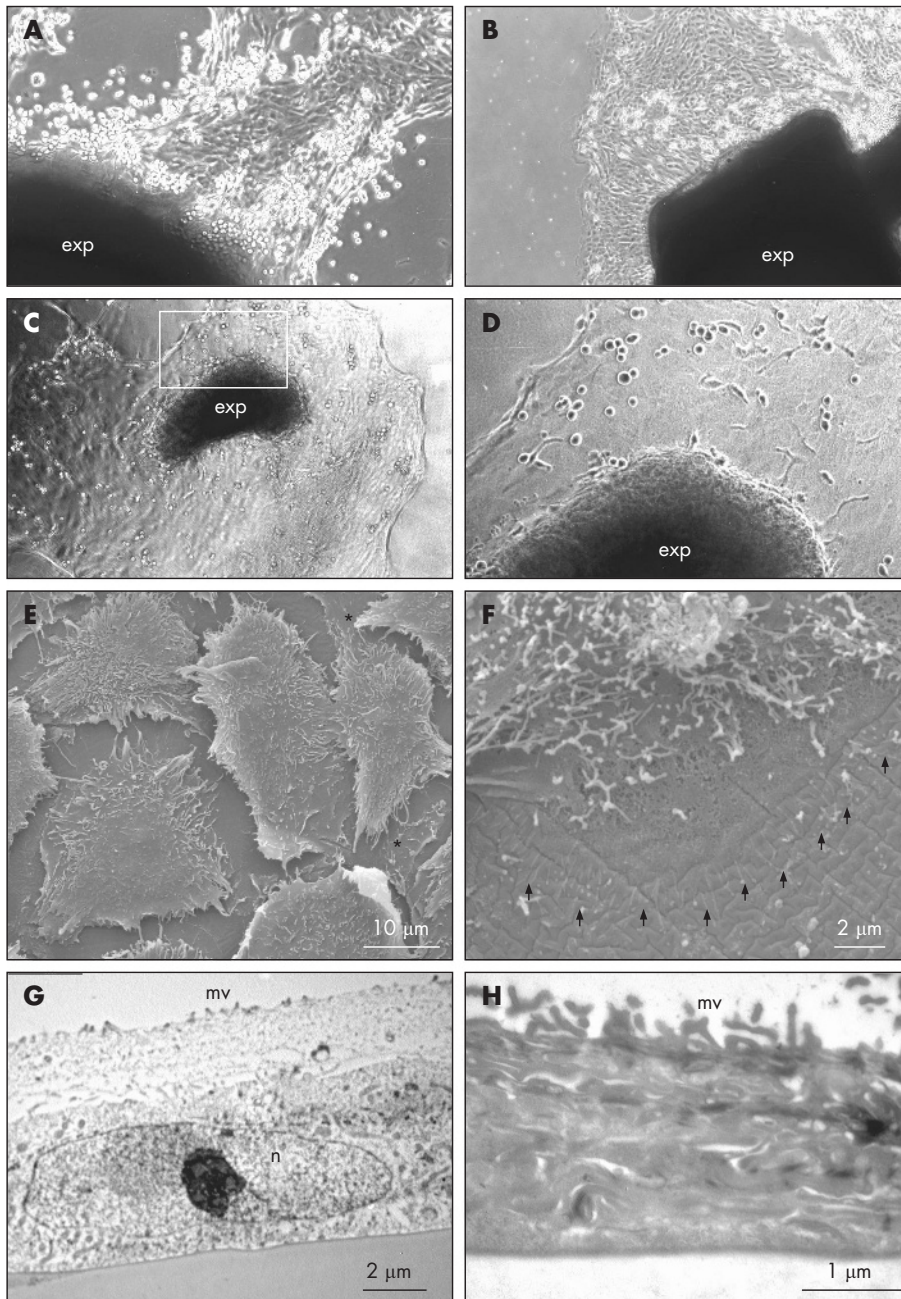


Figure 2 Microscopic assessment of limbal-derived epithelial cells on contact lenses. Primary ocular surface epithelial cells were grown from freshly resected (A, conjunctiva; B, pterygium; C–H, limbal) tissue from patients (A–D, patient 1 and E–H, patient 2) undergoing pterygium surgery, and placed in six-well tissue culture plates (A and B) or on lotrafilcon A contact lenses (C–H). Phase contrast microscopy showed the presence of and the proliferative capacity of the different ocular surface epithelial cells migrating from tissue explants (A–D, exp) as early as 4 days in culture. The area encompassed by the rectangle in panel C ($\times 40$) is magnified in panel D ($\times 100$). Cell morphology was also assessed by SEM (E, F) and TEM (G, H). Similar cellular appearance was observed with tissue from at least two other patients (not shown).

been developed and adapted for patients with OSD where LSCs have been damaged or depleted. A common procedure uses human amniotic membrane, which acts as a supportive structure for cultured ocular epithelial cells. Despite the reported success, there are several disadvantages of this technique. This is a delicate procedure requiring technical skill for the preparation of amniotic membrane with attached corneal epithelial cells, and surgical skills to manipulate the amniotic membrane on to the ocular surface. Amniotic membrane consisting of confluent stem cells is sutured on the corneal surface cell-side up. This poses a potential time delay, as the transplanted cells must migrate either through or around the amniotic membrane, and degradation of the amniotic membrane may be necessary before stem cell repopulation. Therefore, there is an urgent need to develop alternative strategies to overcome these potential problems.

The extended wear lenses used in our current study are first generation Si–Hi-containing contact lenses, both types with high-gas-permeable features compared with conventional hydrogel contact lenses. This feature provides an ideal environment for promoting cell survival, while also acting as a protective shield to facilitate healing and surface reconstruction. We propose that cells cultured on contact lenses will propagate and migrate from their artificial substratum to replenish the damaged ocular surface. Contact lens-bound cells may also provide secretory factors that promote corneal wound healing, inhibit angiogenesis,³² and rescue or activate any remaining LSCs from their niche. The differences noted in sustaining epithelial cell adhesion and growth on lotrafilcon A compared with balafilcon A contact lenses may be related to variation in chemical composition, surface treatment or surface topography.³³ Si–Hi contact lenses cease to move shortly after

placement on the ocular surface,³⁴ and this may be another important feature that facilitates cell adhesion and expansion.

If successful, the procedure outlined in this study would not require surgery, apart from harvesting a small biopsy specimen of limbal tissue to establish a primary culture. We acknowledge that one potential complication of our unique transfer system is that several epithelial layers may be lost on contact lens removal and a method to avoid disrupting transfer and healing would be required if sufficient reconstitution has not occurred. Another limitation of our model is that epithelial phenotype may not be preserved on a contact lens surface, although our preliminary data would suggest otherwise. Investigators have noted changes in cytokeratin and p63 expression in cultured limbal explants over a 3-week period.³⁵ Likewise, connexin-43 and enhanced proliferative activity were observed in LECs cultured on denuded compared with intact amniotic membrane, suggesting that changes in the immediate microenvironment may regulate epithelial phenotype.³⁶

To our knowledge, reports using a system that resembled the model described herein are scant. In one study, the authors established human LEC from eye bank tissue and seeded these cells on to collagen type I shields for transplantation.^{37, 38}

Although encouraging results were recorded, high failure rates were observed that were possibly related to rapid resolution of the shields. Host and donor derived proteases and the cell's inability to form tight adhesive contacts in a short period may have also contributed to these failures. This is a likely explanation, as it was recently shown that limbal cell migration and growth from corneal scleral buttons on amniotic membrane were dependent on the production of MMP-9.¹⁰ Likewise, the use of corneal replacement devices^{39, 40} has resulted in significant melt-related complications, potentially involving excessive proteolysis. Ang *et al*⁴¹ recently cultivated rabbit conjunctival epithelium in a serum-free system on membranes made from a bioresorbable polymer. Their results showed the durability and biocompatibility of this polymer towards promoting cell adhesion and proliferation, but this new material has not yet been evaluated on the human eye.

The current study provides valuable preliminary data on the potential use of therapeutic contact lenses as a scaffold for culturing LEC. This system may provide a protective barrier while cells transfer and replenish the ocular surface. Future studies will focus on developing an animal model with a view of using this system to manage LSCD and other severe OSD.

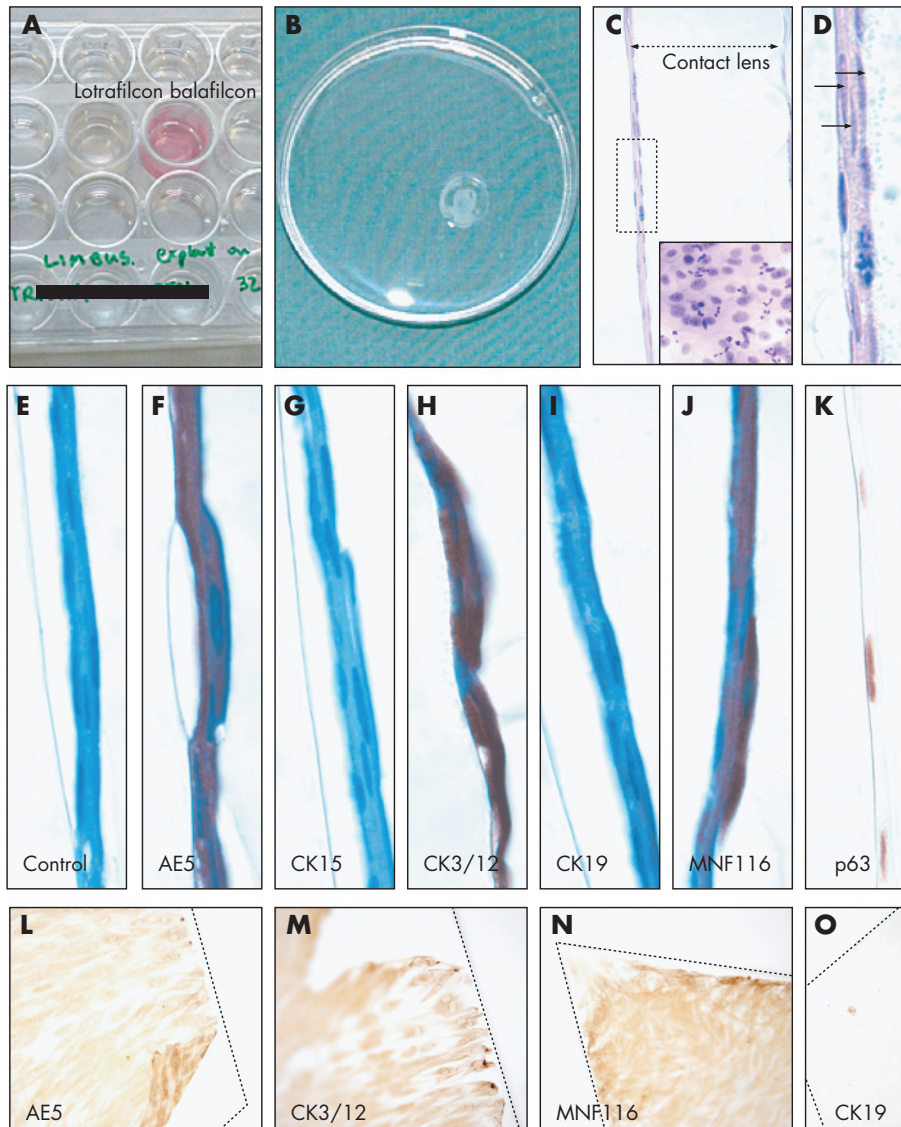


Figure 3 Cytokeratin profile of limbal-derived epithelial cells on contact lenses. Explants of limbal tissue derived from remnant grafts from one patient (A–K) who had undergone pterygium resection were placed on to the concave surface of either lotrafilcon A (A–K) or balafilcon A (A) contact lens and cultured in a humidified 5% CO₂ incubator at 37°C in 24-well plates (A). Lotrafilcon A contact lens became confluent (80–90% coverage) after 14 days in culture and were washed in a 60-mm² plastic dish in preparation for histological assessment (B). Contact lens were processed for paraffin sectioning (C–K) and stained with haematoxylin and eosin (C, D), a control IgG₁ antibody, or with the respective antibodies (see panel labels). Most sections were counterstained with haematoxylin (E–J), except those stained for p63 (K). Additional negative controls included sections incubated without a primary or an IgG_{2a} antibody for which no immunoreactivity was detected (data not shown). The double-headed arrow in panel C indicates contact lens thickness. The area encompassed by the rectangle in panel C is magnified in panel D, and the three arrows identify a multi-layered epithelium. Inset C demonstrates several mitotic figures (indicative of proliferative capacity) on a flat-mounted contact lens. Similar growth pattern and cytokeratin profile was observed in cells grown from at least another two independent limbal explants. Other lotrafilcon A contact lenses were seeded with passaged LEC (L–O). These cells were allowed to reach confluence, the contact lens cut into wedged-shaped quadrants (contact lens outline marked with a hatched line) and incubated with the antibodies specified on each panel. Original magnification ×400 (C), ×1000 (D–K) and ×200 (L–O).

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