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# Bayesian Inference for the Lead Time in Periodic Cancer Screening

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# Summary

This article develops a probability distribution for the lead time in periodic cancer screening examinations. The general aim is to allow statistical inference for a screening program's lead time, the length of time the diagnosis is advanced by screening. The program's lead time is distributed as a mixture of a point mass and a piecewise continuous distribution. Simulation studies using the HIP (Health Insurance Plan for Greater New York) study's data provide estimates of different characteristics of a screening program under different screening frequencies. The components of this mixture represent two aspects of screening's benefit, namely, a reduction in the number of interval cases and the extent by which screening advanced the age of diagnosis. We present estimates of these two measures for participants in a breast cancer screening program. We also provide the mean, mode, variance, and density curve of the program's lead time. The model can provide policy makers with important information regarding the screening period, frequency, and the endpoints that may serve as surrogates for the benefit to women who take part in a periodic screening program. Though the study focuses on breast cancer screening, it is also applicable to other kinds of chronic disease.

# Keywords

Breast cancer; Early detection; Lead time; Periodic screening exams; Sensitivity; Sojourn time; Transition probability

# 1. Introduction

A potentially effective way to increase the cure rate or prolong survival of cancer patients is to detect the disease early and treat it at an early state. The primary technique for implementing early detection is periodic screening examinations, by which the disease may be found before the onset of symptoms. According to a recent report (NIH, 2000), breast cancer is the most common form of cancer among women in the United States and the second leading cause of cancer deaths among women. There is great interest in studying the relative contribution of chemotherapy and screening on the reduction of breast cancer mortality seen in the United States (Berry et al., 2005).

The past four decades have seen many large randomized breast cancer screening trials, as well as some observational studies. Accompanying the increased effort at early detection, questions have arisen concerning the efficient design of a periodic cancer screening program, such as at what age to initiate screening programs and the best exam frequencies (Eddy, 1980). Optimal

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design of screening trials is hampered, however, because the theory of screening has not been fully developed to date. In particular, there has been a major controversy over the benefits of mammography to detect breast cancer for women in their 40s (NIH, 1997). Very often the recommended frequency in a periodic screening program is arbitrary.

The effectiveness of a screening program directly depends on the availability of effective therapy and improved outcome if one receives treatment for the disease in its earliest stages of development. When evaluating the effectiveness of a screening program, one should account for the fact that the age at diagnosis is earlier if the disease is detected by screening rather than by the onset of clinical symptoms. The difference between the age of diagnosis with screening and the future onset of clinical disease without screening is called the lead time. Even in the absence of effective therapy, screening will appear to lengthen the time from diagnosis until death. If one does not account for the lead time when analyzing the benefit of screening, then one's inference is subject to lead-time bias.

We assume the commonly followed disease progression model (Zelen and Feinleib, 1969). According to this model, the disease develops by progressing through three states, denoted by  $S_0 \rightarrow S_p \rightarrow S_c$ . Respectively, these states refer to the disease-free state; the preclinical disease state, in which an asymptomatic individual unknowingly has disease that a screening exam can detect; and the disease state at which the disease manifests itself in clinical symptoms. We allow for the sensitivity of the screening exam to be less than 100%, so that an exam might yield a false-negative call. We do not consider false positives in this model.

If a person enters the preclinical state  $(S_p)$  at age  $t_1$  and becomes clinically incident  $(S_c)$  later at age  $t_2$ , then  $(t_2 - t_1)$  is the sojourn time in the preclinical state. If, however, this person undergoes a screening exam at time t within the time interval  $(t_1, t_2)$  and cancer is diagnosed, then the length of time  $(t_2 - t)$  is the person's lead time. This is illustrated in Figure 1.

As mentioned earlier, the rationale behind screening is that early detection and treatment hopefully lead to a better prognosis. For a particular case detected by the screening exam, the lead time is, of course, unobservable. The distribution of the lead time depends on the distributions of the sojourn time, the sensitivity, and the transition probability into the preclinical state. Our model may be an aid in characterizing the effectiveness of screening programs and determining the optimal interval of periodic screenings.

Many researchers have proposed methods to infer lead time among participants in a screening program, whether within a randomized study or not. Prorok (1982) made a major contribution by deriving the conditional probability distribution of the lead time, given detection at the *i*th screening exam. He then applied his model in simulations to study the properties of the lead time, assuming different sojourn time distributions. He noted that when one increases the number of exams, keeping the between-exam interval fixed, the local lead time properties appeared to stop changing after four or five screening exams in his examples. The stabilization of the local lead-time properties suggested a stopping rule for comparative studies, in that further screening exams will not yield more information about the benefit of screening versus no screening. His work, however, has limited applicability. He considered only screen-detected cases, ignoring interval cases for whom the lead time is zero. His results apply to cases who are screen detected at the *i*th screening exam. He did not estimate the whole proportion of cases who were not detected by the periodic screening.

Straatman, Peer, and Verbeek (1997) estimated the mean lead time among participants in a screening program, applying ideas similar to Prorok (1982). They assumed an exponential distribution for the sojourn time in the preclinical state. Because of the memoryless nature of the exponential distribution, the lead time had the same exponential distribution as the sojourn time in their models. Walter and Day (1983) considered other distributions, such as a lognormal

distribution and a step-function for the sojourn time, in addition to an exponential distribution. They derived a formula to estimate the mean lead time. Other publications (Kafadar and Prorok, 1994,1996,2003;Xu and Prorok 1995;Kafadar, Prorok, and Smith, 1998;Xu, Fagerstorm, and Prorok, 1999) have provided estimates of the mean and variance of the lead time. The main focus of these papers is on screen-detected cases and on the survival benefits, rather than on the inference of the lead time.

In this article, we derive the exact probability distribution of the lead time for the whole cohort taking part in the screening program, including screen-detected cases and interval-incident cases. Our model includes the result of Prorok (1982) as a special case. Hence, our model allows estimation of the proportion of patients whose lead time is zero and the proportion that truly benefits from the program. We apply our methodology to a periodic screening program that involves at least 10 screening exams (e.g., for women from 50 to 80 years old, who will take annual exams) to get information on the benefits of the screening program. This inference will help determine how a long-term screening program may contribute to public health.

The remainder of the article is organized as follows. In Section 2, we set up the probability model and derive the distribution for the lead time for the whole cohort. We also derive the lead-time distribution for the screen-detected cases, which will lead to the same result as in the formula (2) in Prorok (1982). In Section 3, we present some simulation results for different screening intervals and apply our method to the HIP data using Bayesian inference. We conclude with a discussion in Section 4.

# 2. Methods

Consider a cohort of initially asymptomatic individuals who enroll in a screening program. Let  $\beta(t)$  be the sensitivity of the screening modality; that is, the probability that the screening exam is positive conditional on the individual being in the preclinical state, where *t* is the individual's age at the screening exam. Define w(t) dt as the probability of a transition from  $S_0$  to  $S_p$  during (t, t + dt). Let  $q(\cdot)$  be the probability density function of the sojourn time in  $S_p$ , and let  $Q(z) = \int_{Z}^{\infty} q(x) dx$  be the survivor function of the sojourn time in the preclinical state  $S_p$ . Throughout this article, the time variable *t* represents the participating individual's age.

#### 2.1 Lead-Time Distribution for Potential Patients

When we consider the concept of the lead time (i.e., the time gained because of early detection by screening), we assume that the person will develop symptomatic cancer. Therefore, the lead time distribution is, in fact, a conditional distribution given that someone will ultimately develop clinical disease before death. We will study the case of an initially asymptomatic woman with no history of cancer who goes through a series of periodic screening exams and develops breast cancer later in her life. Define *D* as a binary random variable, with D = 1 indicating development of clinical disease and D = 0 indicating the absence of the clinical disease before death.

Denote as *L* the lead time for individuals detected on screening. We consider the lead time to be 0 for individuals whose disease is not detected by the screening exam but who develop clinical symptoms. The distribution of the lead time for a woman will be a mixture of a point mass at zero and the density of a piecewise continuous, positive random variable. That is, the distribution of the lead time is a mixture of the conditional probability P(L = 0 | D = 1) and the conditional density function  $f_L(z | D = 1)$ , for  $\forall 0 < z < (T - t_0)$ . Here, *T* represents the span of the human life, and  $t_0$  is the woman's age at her initial screening exam. One might consider treating *T* as a random variable and allow for competing causes of death when modeling *T*. We

implicitly condition on a fixed upper bound, *T*, in our model and do not pursue the more complicated model in this article.

We need to calculate several probabilities to compute these conditional probabilities explicitly. In particular, we need P(D=1), the probability of developing breast cancer during one's lifetime after age  $t_0$ , the joint probability P(L = 0, D = 1), and the joint probability density function  $f_L(z, D = 1)$ . We assume that the individual is asymptomatic at age  $t_0$ .

The probability of developing breast cancer after the initial screening exam (at age  $t_0$ ) is the following. Suppose a woman is incident with clinical disease at age  $t \in (t_0, T)$ . Then, one must move from  $S_0$  to  $S_p$  before age t, say at age x. The sojourn time in the preclinical state is (t - x). Hence,

$$P(D=1) = \int_{t_0}^{T} \int_{0}^{t} w(x)q(t-x) \, dx \, dt.$$
<sup>(1)</sup>

We illustrate the key ideas underlying the formulation of P(L = 0, D = 1) and  $f_L(z, D = 1)$  using as an example a periodic screening program with two screening exams. At the end of this section, we give the general results for the distribution of the lead time for any number of examinations.

Consider a cohort of initially asymptomatic women who are aged  $t_0$  (usually  $t_0 \ge 40$ ) at study entry and who will develop breast cancer at some time before dying. The study offered two screening exams, one at age  $t_0$  and the other at age  $t_1(>t_0)$ .

If a woman goes through the two screening exams without being detected, then her lead time will be zero, and she will not benefit from the screening program at all. We now calculate this probability. Define  $t_{-1} \equiv 0$  and the first screening interval as  $(t_0, t_1)$ , and the second screening interval as  $(t_1, T)$ . Correspondingly, the *i*th generation of women consists of those who enter  $S_p$  during the *i*th screening interval (i = 1, 2). The 0th generation includes all women who enter  $S_p$  before  $t_0$ , the age at the initial screening exam. A participant's lead time is zero if and only if she is diagnosed in the clinical state  $S_c$  within the intervals  $(t_0, t_1)$  or  $(t_1, T)$ ; that is, if she is an interval case. Hence,

$$P(L = 0, D = 1) = I_{2,1} + I_{2,2},$$

where  $I_{2,1}$  is the probability of being an interval case in  $(t_0, t_1)$ , and  $I_{2,2}$  is the probability of being an interval case in  $(t_1, T)$ . The first index reminds us that there are two screening exams in the program. For a woman to be an incident case in  $(t_0, t_1)$ , either she belongs to the 0th generation (i.e., she entered  $S_p$  before  $t_0$ ) and has a false-negative screening result at  $t_0$ , or she belongs to the first generation (i.e., entered  $S_p$  in  $(t_0, t_1)$ ). Hence,

$$\begin{split} I_{2,1} &= (1-\beta_0) \int_{t_0}^{t_1} \int_0^{t_0} w(x) q(t-x) \ dx \ dt \\ &+ \int_{t_0}^{t_1} \int_{t_0}^{t} w(x) q(t-x) \ dx \ dt \\ &= (1-\beta_0) \int_0^{t_0} w(x) \{Q(t_0-x) - Q(t_1-x)\} \ dx \\ &+ \int_{t_0}^{t_1} w(x) \{1 - Q(t_1-x)\} \ dx, \end{split}$$

where  $\beta_i = \beta(t_i)$  is the sensitivity at age  $t_i$ . Similarly, we obtain

$$\begin{split} & t_{2,2} = (1 - \beta_0)(1 - \beta_1) \int_{t_1}^T \int_0^{t_0} w(x) q(t - x) \, dx \, dt \\ & + (1 - \beta_1) \int_{t_1}^T \int_{t_0}^{t_1} w(x) q(t - x) \, dx \, dt \\ & + \int_{t_1}^T \int_{t_1}^t w(x) q(t - x) \, dx \, dt \\ & = (1 - \beta_0)(1 - \beta_1) \int_0^{t_0} w(x) \{Q(t_1 - x) - Q(T - x)\} \, dx \\ & + (1 - \beta_1) \int_{t_0}^{t_1} w(x) \{Q(t_1 - x) - Q(T - x)\} \, dx \\ & + \int_{t_1}^T w(x) \{1 - Q(T - x)\} \, dx. \end{split}$$

The lead time will be greater than zero for the screen-detected cases. These are the people who might truly benefit from periodic screening exams, because their disease is detected and treated at an early stage.

We derive the probability density function in the following way. We partition the support of z into  $(0, T-t_1]$  and  $(T-t_1, T-t_0]$ . When the lead time  $z \in (0, T-t_1]$ , there are two possibilities: either this person is detected at  $t_0$  and would have entered the clinical state  $S_c$  at age  $t_c = t_0 + z$  without the screening exam at  $t_0$ ; or she is detected at  $t_1$  and would have entered  $S_c$  at age  $t_1 + z$  without screening. See Figure 2, where x represents onset of the  $S_p$ , and  $t_c$  indicates the age at the transition into  $S_c$ .

Therefore, the joint density is

 $f_L(z, D = 1) = P(\text{detected at } t_0 \text{ and would have been incident at } t_0 + z \text{ if not screened})$ 

+  $P(\text{detected at } t_1 \text{ and would have been incident at } t_1 + z \text{ if not screened})$ 

$$= \beta_0 \int_0^{t_0} w(x) q(t_0 + z - x) dx + \beta_1 \left\{ (1 - \beta_0) \int_0^{t_0} w(x) q(t_1 + z - x) dx + \int_{t_0}^{t_1} w(x) q(t_1 + z - x) dx \right\},$$
when  $z \in (0, T - t_1].$ 

When the lead time  $z \in (T - t_1, T - t_0]$ , there is only one possibility: she must have been detected at  $t_0$  because her lifetime is bounded by *T*. Hence

$$f_{L}(z, D = 1) = \beta_{0} \int_{0}^{t_{0}} w(x)q(t_{0} + z - x) dx,$$
  
when  $z \in (T - t_{1}, T - t_{0}]$ 

Combining the above results, the distribution for the lead time is

$$P(L = 0 \mid D = 1) = \frac{P(L = 0, D = 1)}{P(D = 1)}$$
(2)

$$f_L(z \mid D=1) = \frac{f_L(z, D=1)}{P(D=1)}.$$
(3)

The validity of this mixed or semicontinuous distribution can be verified by

$$P(L = 0 \mid D = 1) + \int_0^{T-t_0} f_L(z \mid D = 1) \, dz = 1.$$
(4)

Now we generalize this result to any number of screening exams. Assume the protocol calls for *K*-ordered screening examinations that occur at ages  $t_0 < t_1 < \cdots < t_{K-1}$ . The *i*th generation of women are those who enter  $S_p$  between the *i*th and the (i + 1)th screening exams (i.e., between  $t_{i-1}$  and  $t_i$ ),  $i = 1, 2, \ldots, K - 1$ . The 0th generation includes all who enter  $S_p$  before the initial screening exam. We let  $t_{-1} \equiv 0$ , and  $t_K = T$ . In order to calculate the distribution, we need to calculate the joint probability P(L = 0, D = 1) and the joint probability function  $f_L(z, D = 1)$ .

The lead time is zero if and only if an individual is an interval case. Let  $I_{K,i}$  denote the probability of being an interval case in the *i*th interval  $(t_{i-1}, t_i)$  in a sequence of *K*-screening exams. Then

$$P(L = 0, D = 1) = I_{K,1} + I_{K,2} + \cdots + I_{K,K}$$

where

$$I_{K,j} = \sum_{i=0}^{j-1} (1 - \beta_{i}) \cdot \cdot \cdot (1 - \beta_{j-1}) \\ \times \int_{t_{i-1}}^{t_{i}} w(x) \{Q(t_{j-1} - x) - Q(t_{j} - x)\} dx$$

$$+ \int_{t_{j-1}}^{t_{j}} w(x) \{1 - Q(t_{j} - x)\} dx, \text{ for all } j = 1, ..., K.$$
(5)

It can be proved by mathematical induction that, if the sensitivity is less than 1, then for any fixed sequence  $t_0 < t_1 < \cdots < t_{K-1} < T$ ,

$$I_{1,1} \ge (I_{2,1} + I_{2,2}) \ge \cdots \ge (I_{K,1} + \cdots + I_{K,K}).$$

In other words, more screening reduces the probability that the lead time equals zero among women who would go on to develop cancer.

For the cases whose lead times are greater than zero, we calculate the joint probability density function  $f_L(z, D = 1)$ , where  $z \in (0, T - t_0]$ . When  $T - t_1 < z \le T - t_0$ , detection must have occurred at  $t_0$ . In general, when  $T - t_j < z \le T - t_{j-1}$ , j = 2, 3, ..., K, one was screen detected at  $t_i$ , i = 0, ..., j - 1. Thus, with  $T - t_j < z \le T - t_{j-1}$ , j = 2, 3, ..., K (i.e.,  $t_c = t_i + z < T$ , i = 0, ..., j - 1),

$$f_{L}(z, D = 1) = \sum_{i=1}^{j-1} \beta_{i} \left\{ \sum_{r=0}^{i-1} (1 - \beta_{i}) \cdot \cdot \cdot (1 - \beta_{i-1}) \\ \times \int_{t_{r-1}}^{t_{r}} w(x)q(t_{i} + z - x) dx \\ + \int_{t_{i-1}}^{t_{i}} w(x)q(t_{i} + z - x) dx \right\}$$

$$+ \beta_{0} \int_{0}^{t_{0}} w(x)q(t_{0} + z - x) dx.$$
(6)

When j = 1 and  $T - t_1 < z \le T - t_0$  (i.e., one must have been detected at  $t_0$ ), the above formula becomes

$$f_L(z, D=1) = \beta_0 \int_0^{t_0} w(x) q(t_0 + z - x) dx.$$
<sup>(7)</sup>

Again, the validity of this probability distribution can be verified by

$$\Pr(L = 0 \mid D = 1) + \int_0^{T-t_0} f_L(z \mid D = 1) \ dz \equiv 1,$$

where P(D = 1) is given in equation (1). Hence, the lead-time distribution is a mixture of a point mass and a piecewise continuous distribution. The probability density function of the lead time is not continuous at the points  $(T - t_j)$ , j = 1, ..., K - 1, which can be verified easily from (6) and (7).

#### 2.2 Lead-Time Distribution for the Screening-Detected Cases

Prorok (1982) derived the probability distribution for the lead time if one were diagnosed at the *i*th screening exam. The derivation used properties of forward and backward recurrence times from renewal process theory. He did not take into consideration the interval cases, whose lead time is zero. We will obtain the same result as in Prorok (1982) by conditioning on detection by the *i*th screening exam.

Assume *K* exams and define events:

$$A_j = \{\text{one will be detected at } (j+1)\text{th exam at time } t_j\},$$
  
 $j = 0, \dots, K-1.$ 

The (conditional) probability density function for the lead time given  $A_i$  is

$$f_L(z \mid A_j) = \frac{f_L(z, A_j)}{P(A_j)}.$$
(8)

The numerator is

$$f_{L}(z, A_{j}) = \sum_{i=0}^{j} f_{L}(z, A_{j}, \text{ and she is from the } i\text{th generation})$$

$$= \beta_{j} \left\{ \sum_{i=0}^{j-1} (1 - \beta_{j}) \cdot \cdot \cdot (1 - \beta_{j-1}) \times \int_{t_{i-1}}^{t_{i}} w(x)q(t_{j} + z - x) dx + \int_{t_{j-1}}^{t_{j}} w(x)q(t_{j} + z - x) dx + \int_{t_{j-1}}^{t_{j}} w(x)q(t_{j} + z - x) dx \right\}.$$
(9)

The denominator is

$$P(A_{j}) = \beta_{j} \left\{ \sum_{i=0}^{j-1} (1 - \beta_{i}) \cdot \cdot \cdot (1 - \beta_{j-1}) \int_{t_{j-1}}^{t_{j}} w(x) Q(t_{j} - x) dx + \int_{t_{j-1}}^{t_{j}} w(x) Q(t_{j} - x) dx \right\}.$$
(10)

This is exactly the same result in the formula (2) in Prorok (1982) (which he called the local lead-time p.d.f. [probability density function]) without the use of forward and backward recurrence times.

# 3. Application to the HIP Study

According to the results in Section 2, it is clear that the lead-time distribution depends on the sensitivity  $\beta(\cdot)$ , the transition probability  $w(\cdot)$ , and the sojourn time distribution in the preclinical state  $q(\cdot)$ . Hence, accurate estimation of these parameters is essential in the estimation of the lead-time distribution.

We applied our method to the Health Insurance Plan for Greater New York (HIP) data (Shapiro et al., 1988). Wu, Rosner, and Broemeling (2005) estimated the age-dependent sensitivity  $\beta$  (*t*), the transition probability w(t), and the sojourn time distribution  $q(\cdot)$  from the HIP study group data. They characterized the sensitivity  $\beta(t)$  as a function of age *t* using a logistic model,

$$\beta(t) = \frac{1}{1 + \exp\{-b_0 - b_1(t-t)\}},$$

where  $\bar{t}$  is the average age at entry in the study group. The transition density function was

$$w(t\mid \mu, \ \sigma^2) = \frac{0.2}{\sqrt{2\pi}\sigma t} \exp\left\{-\left(\log t - \mu\right)^2 \middle/ \ (2\sigma^2)\right\}, \ \sigma > 0,$$

which is the probability density function of a lognormal( $\mu$ ,  $\sigma^2$ ) multiplied by 20% (the upper limit corresponding to a lifetime risk). The log-logistic distribution was adopted as the distribution for the sojourn time in the preclinical state, so that the survivor function and the hazard function are, respectively,

$$Q(x) = \frac{1}{1 + (x\rho)^{\kappa}}$$
 and  $h(x) = \frac{\kappa x^{\kappa-1} \rho^{\kappa}}{1 + (x\rho)^{\kappa}}, \kappa > 0, \rho > 0,$ 

where x is the sojourn time in the state of  $S_p$ . The density is q(x) = h(x) Q(x). (See section 2.2 in Wu et al. [2005] for details.)

The unknown parameters in the above model are  $\theta = (b_0, b_1, \mu, \sigma^2, \kappa, \rho)$ . Let *H* represent the HIP data. The likelihood function  $L(\theta \mid H)$  was derived in section 2.1 in Wu et al. (2005). Let  $\pi(\theta)$  be the prior distribution of  $\theta$ . The posterior distribution is

$$f(\theta \mid H) \propto L(\theta \mid H) \pi(\theta).$$

We used Markov chain Monte Carlo (MCMC) to draw posterior samples from  $f(\theta \mid H)$ . The MCMC sample size was 2000 draws from two parallel chains with overdispersed starting values (Wu et al., 2005).

Given the HIP data, the posterior predictive distribution of the lead time can be estimated as follows:

$$f(L \mid H) = \int f(L, \theta \mid H) d\theta \tag{11}$$

$$= \int f(L \mid \theta, H) f(\theta \mid H) d\theta$$
(12)

$$= \int f(L \mid \theta) f(\theta \mid H) \ d\theta \tag{13}$$

$$\approx \frac{1}{n} \sum_{i} f\left(L \mid \theta_{i}^{*}\right), \tag{14}$$

where  $\theta_i^*$  is a random sample drawn from the posterior distribution  $f(\theta \mid H)$ . The last step is Monte Carlo simulation (see Gilks, Richardson, and Spiegelhalter, 1996, p. 4).

We combined our earlier results with the current model to make inference in the case of a program consisting of periodic screening exams for women aged 50–80 years. We examined various screening intervals. The results are for both screen-detected and interval cases, that is, inference concerns the program's lead time that includes the point mass at zero and the piecewise continuous density function.

Table 1 summarizes the Bayesian posterior inference. The time interval  $\Delta$  between screens was 6, 9, 12, 18, and 24 months within ages 50 ( $t_0$ ) and 80 years (T). The density curves for the lead time are shown in Figure 3 for different screening intervals.

From these results, we see that if a woman begins annual screening (i.e.,  $\Delta = 12$  months) when she is 50 years old and continues until she reaches 80, then there is a 23.37% chance that she will not benefit from early detection by the screening program if she develops breast cancer during those 30 years. Her chance of no benefit from the screening program decreases to 8.95% if the exams are 6 months apart.

Table 1 shows that the mean lead-time increases as the screening time interval decreases. In other words, more screening exams will contribute to a longer lead time, which would translate to treatment of the disease at an earlier stage and, potentially improved prognosis. The increase in the mean lead time is partly due to the smaller point mass for zero lead time when screening exams are closer together.

The standard error of the lead time decreases as the time between screening exams increases. Table 1 also reveals that the standard deviation for the program's lead time is larger than the mean lead time. In the table, the largest mode is 0.5 years (6 months), corresponding to screening exams every 6 months. With annual exams, the mode value for the lead time is 0.3 years (3.6 months).

#### 4. Discussion

We provided the exact probability distribution for the lead time in a periodic screening scenario. We consider the distribution of the lead time as a mixture of a point mass at zero and a piecewise continuous density function. The mixture formulation considers all cases among participants in a screening program, namely, those diagnosed by screening and interval cases. Our model includes the local lead-time distribution given in Prorok (1982) as a special case.

Our model characterizes two aspects of a screening program's benefit. One aspect is the proportion of interval cases among the program's participants (that is, the probability assigned to the point mass at zero). The second aspect is the length of time by which screening advances the age of diagnosis of cancer. This length of time will hopefully lead to treatment of disease in earlier stages of development and a better prognosis. The P(L = 0 | D = 1), the fraction of participants who will develop clinical cancer and diagnosed as interval case, was used in the Appendix A of Baker et al. (2006). The other measure is the mean lead time E(L | D = 1), which is equivalent to P(L > 0 | D = 1)E(L | L > 0, D = 1), that is, the fraction of persons detected on

screening times the benefit of detection. This endpoint was used in Dwyer et al. (1983) in their study of scheduling follow-up exams for cancer patients after the initial detection of cancer. The ultimate goal of a screening program in cancer is to reduce cancer mortality. Reduction in cancer mortality is discussed in Baker et al. (2003),Flanders and Longini (1990) and Chen et al. (1997) in the context of evaluating periodic screening.

Our model contributes to the study of a screening program in other ways. First, the model allows inference about the lead-time distribution for the whole cohort who will develop breast cancer in their lifetime. Previous work on the lead time focused on screen-detected cases only. Second, predictive inference can extend easily to any number of screening exams with our model. Thus, one can use the model to infer outcome measures that relate to different scenarios of periodic screening, such as the proportion of people who stand to benefit from various screening programs. One can thus use our model to evaluate and compare the characteristics of different possible screening programs. For example, the model can provide answers to questions, such as what may be the outcomes of periodic screening exams changes (e.g., screening every 6, 12, or 24 months)? What is the probability that a woman's cancer will be detected early if she has cancer? How does changing the screening program affect the lead-time distribution? Our model showed that the mean lead time increases as the interval between screening exams becomes shorter.

When evaluating a screening program, one has to consider benefits and costs. In the case of a cancer screening program, for example, the benefit is reduction in cancer mortality. The costs may include invasive biopsies that are not necessary, possible side effects of the screening modality or follow-up action, needless anxiety, time, and financial cost. In addition, more screening exams may lead to more false-positive results, which we have not yet incorporated into the model. Any decision-theoretic approach should account for false-positive and false-negative screening errors and consequences of these assessments.

We have not incorporated information on mortality after detection into the model. The effect of a screening program on disease-specific mortality is a very important consideration. Although one might incorporate a screening-and-subsequent-treatment effect in the model, it would be complex and would require additional assumptions. Including mortality would also require long-term follow-up, which is not necessary to apply in our approach.

Zelen (1993) proposed a utility function to find the optimal scheduling for (n + 1) exams by assigning different weights to probabilities of screen-detected cases and interval-incident cases. His simulation was based on the assumptions that the sensitivity is independent of age, and the sojourn time is exponentially distributed.

In Prorok (1982), the local lead-time distribution stabilized after four or five exams when  $\beta = 0.9$ , w = 0.002, or 0.004, and the screening interval was 1 year. In his simulations, he assumed that the local lead-time distribution has domain  $(0, \infty)$ . In our simulations, if we fix  $\beta$ , w, and the screening interval as Prorok did, the probability P(L > 0 | D = 1) (equivalently, P(L = 0 | D = 1)) will also stabilize after four or five exams. Our lead time has finite support  $(0, T - t_0)$ ; however, the mean and the standard error increase as *T* increases. When the sensitivity and the transition probability are both age dependent as in our model, an asymptotic distribution for the lead time does not exist within the realm of realistic scenarios.

Further work to individualizing risk assessment would include considering other covariates besides age. Each woman probably has a different risk of developing breast cancer during her lifetime. If she has a close relative who had breast cancer, then her risk of developing breast cancer increases. This risk is reflected in the w(t) in our model, which could be modeled with covariates to individualize risk assessment.

Our model has conditioned on the event that the person will ultimately develop clinical disease (e.g., symptomatic breast cancer). This conditioning effectively removes from consideration cancers that never reach the clinical state. A further improvement to the model would incorporate the competing risk of death from other causes. Parmigiani (2002) discusses a decision model based on transitions between health states. His approach allows one to model the transition intensities, thus allowing for the competing risk of death from a cause other than breast cancer, for example, the inference can extend to provide information about how a screening program may affect a woman's risk of dying from breast cancer or even her risk of a diagnosis of breast cancer during her lifetime. We are working on this model.

# 5. Supplementary Materials

Refer to Web version on PubMed Central for supplementary material.

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Figure 1.

Illustration of disease development and lead time.





Calculation of the joint density  $f_L(z, D = 1)$  with 2 screening exams.





|                                                                                                                                                                                                                                                                                                                                                                                       | 60 8.95                                                   |       | Mode | Mean <sup>c</sup> | SD    |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|-------|------|-------------------|-------|
| 9 months4516.0483.960.381.2822.07512 months3023.3776.630.301.1682.0418 months2036.5263.480.160.9881.96524 months1546.6853.320.080.9861.905 $\Delta = t_i - t_{i-1}$ is the time interval between screens.                                                                                                                                                                             |                                                           | 91.05 | 0.50 | 1.418             | 2.111 |
| 12 months       30       23.37       76.63       0.30       1.168       2.040         18 months       20       36.52       63.48       0.16       0.988       1.961         24 months       15       46.68       53.32       0.08       0.856       1.901 $^{a}\Delta = t_i - t_i - 1$ is the time interval between screens.       0.08       0.16       0.08       0.856       1.901 | 9 months 45 16.04                                         | 83.96 | 0.38 | 1.282             | 2.075 |
| 18 months       20       36.52       63.48       0.16       0.988       1.965         24 months       15       46.68       53.32       0.08       0.856       1.901         - $^{d}\Delta = t_i - t_{i-1}$ is the time interval between screens.                                                                                                                                      | 12 months 30 23.37                                        | 76.63 | 0.30 | 1.168             | 2.040 |
| 24 months 15 15 46.68 53.32 0.08 0.856 1.901<br>$a^{\Delta} = t_i - t_{i-1}$ is the time interval between screens.                                                                                                                                                                                                                                                                    | 18 months 20 36.52                                        | 63.48 | 0.16 | 0.988             | 1.969 |
| $a_{\Delta} = t_i - t_{i-1}$ is the time interval between screens.                                                                                                                                                                                                                                                                                                                    | 24 months 15 46.68                                        | 53.32 | 0.08 | 0.856             | 1.901 |
|                                                                                                                                                                                                                                                                                                                                                                                       | $a = t_i - t_{i-1}$ is the time interval between screens. |       |      |                   |       |

The mode, the mean, and the standard deviation (SD) in the table are for the mixture distribution.

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Table 1