

ANIMAL MODEL  
OF  
HUMAN DISEASE

Pulmonary Tuberculosis

**Animal Model:** Experimental  
Airborne Tuberculosis  
in the Guinea Pig

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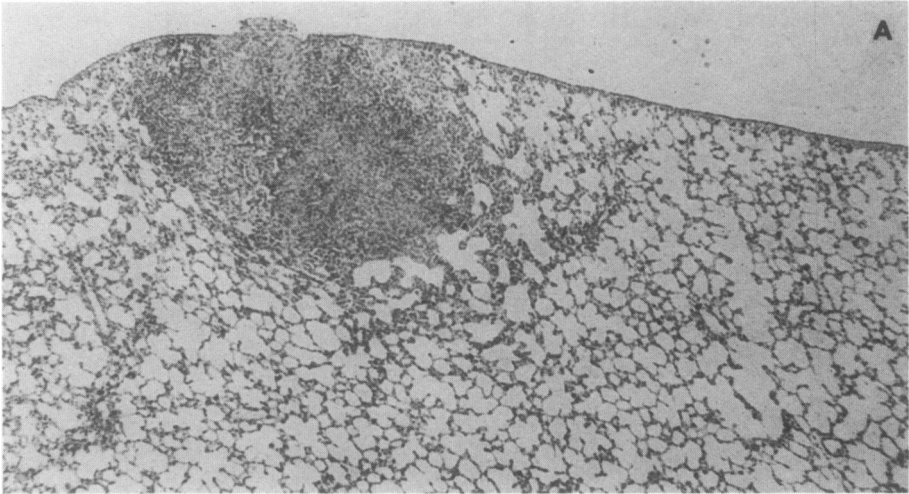
**Biologic Features**

Tuberculosis remains at or near the top of the list of public health priorities for many of the developing countries of the world. One important control measure, the use of Bacille-Calmette-Guérin (BCG) vaccine, has been shown to be 60 to 80% effective in reducing the occurrence of pulmonary tuberculosis.<sup>1</sup> BCG is infrequently used in the United States, even in high-risk populations, in part because of uncertainty about the protective potency of currently available vaccines and also because vaccination with BCG causes tuberculin conversion.<sup>2</sup> The mechanism by which BCG vaccination protects against tuberculosis is not known; therefore, an animal model of tuberculosis should contribute to our understanding of this mechanism, leading to more effective vaccines, perhaps ones that do not induce long-lasting tuberculin sensitivity.<sup>3</sup>

Many animal models of tuberculosis have been developed. However, they disagree on the assignment of potency, and the specific independent and dependent variables in the animal test system clearly influence the apparent potency of the vaccines.<sup>4</sup> Until it is known through a proposed Joint Field Trial-Animal Model Assay<sup>5</sup> which animal models predict the potency of vaccines for man, we have used an animal model patterned as closely as possible after the conditions under which man is infected.<sup>6</sup>

Guinea pigs (*Cavia cobaya*) can be infected by the respiratory route with small numbers of virulent *Mycobacterium tuberculosis*. The technology enabling the reproducible implantation and retention of as few as two to three viable mycobacteria in the lungs of guinea pigs has been developed.<sup>7</sup> Contrasting the time course of this infection in vaccinated and nonvaccinated guinea pigs has revealed several important findings. Virulent organisms multiplied at the same rate in the lungs of vaccinated and nonvaccinated guinea pigs during the first 2 weeks after challenge;

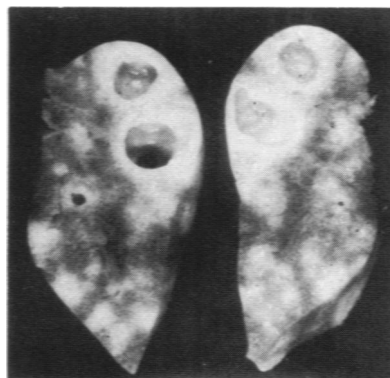
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**Figure 1**—Primary lesions in the lungs of guinea pigs killed 24 days after inhalation of approximately three viable virulent mycobacteria. **A**—BCG-vaccinated animal. **B**—Nonvaccinated animal.

then multiplication slowed down, first in animals vaccinated with a potent BCG vaccine, then a few days later in animals given a less potent vaccine, and still later in those given a placebo at the time of vaccination.<sup>7</sup> The attendant tissue damage in the primary lesions of vaccinated and non-vaccinated animals killed 24 days after infection is shown in Figure 1. Cavities (Figure 2) were evident in the lungs of nonvaccinated but not vaccinated animals killed 12 to 14 weeks after aerosol challenge with two to four virulent tubercle bacilli. Another important finding, which depended on the low level of infection and the quantitative culture of each

**Figure 2**—Cavities in cut sections of the lungs of nonvaccinated guinea pigs killed 12 weeks after challenge via the respiratory route.



of the six separate lung lobes of the animals as well as the spleens, was that about 3 weeks after low-level aerosol challenge, bacilli entered the bloodstream of the nonvaccinated infected animals and were carried back to the lung in sufficient numbers so that each lobe retained viable organisms in over 100 foci.<sup>7</sup> Over the course of time, the hematogenously distributed bacilli multiplied and secondary lesions developed. In contrast, this bacillemic phase of experimental airborne tuberculosis in guinea pigs was markedly reduced and retarded in BCG-vaccinated animals.<sup>8,9</sup> Moreover, the extent to which the bacillemia is influenced appears to be a function of the potency of the vaccine.

#### **Comparisons With Human Disease**

Tuberculosis in man is acquired mainly by inhalation of droplet nuclei containing one to three tubercle bacilli. It is believed that shortly after the primary infection, a few bacilli invariably get into the bloodstream.<sup>10-12</sup> In most instances this bacillemia is occult; therefore, the majority of infected persons have no detectable symptoms at the time of the hematogenous distribution. It is well accepted that cavitory tuberculosis in man usually develops at sites in the apical or subapical areas of the lung.<sup>13</sup> On the other hand, much evidence supports the concept that these sites are not the locations of implantation at the initiation of the infection. The bacillemia occurring early after primary infection is presumably the means by which bacilli are transported back to the lungs and other tissues. A selective influence, such as high  $pO_2$ , allows the survival of a few tubercle bacilli (a strict aerobe) in sites such as the upper regions of the lung, the kidneys, growing ends of long bones, etc., whereas they appear to be killed in other hematogenously implanted foci, presumably by the interaction of the immune response of the host and the deficient supply of available oxygen.<sup>14</sup>

#### **Usefulness of the Model**

Given the crucial importance of the bacillemia in the transition from tuberculosis infection to tuberculous disease in man, an animal model of

tuberculosis which permits the study of a naturally occurring bacillemia should provide an important tool for studies of the pathogenesis of tuberculosis and the mode of action of vaccines. An inexpensive, reproducible animal model in which the cavitory stages of tuberculosis occur naturally should prove useful in studies of chemotherapeutic regimens or for studies of the basic phenomena involved in caseation, liquifaction, and cavitation.

#### Availability

Guinea pigs are readily available from many sources. Intercurrent infections can cause serious problems, and care must be taken to ensure that the guinea pigs are free from intercurrent disease. The aerosol infection apparatus, from which our chamber was modified, is available from the Tri-R-Instruments, Co., Rockville Center, NY 11570.

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