

Platelets in Early Hyperacute Allograft Rejection in Kidneys and Their Modification by Sulfinpyrazone (Anturan) Therapy

An Experimental Study

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Experiments were carried out on mongrel dogs to study the early ultrastructural changes in hyperacute rejection of kidney. Renal allografts were performed on dogs presensitized by three to five skin grafts. The animals were grouped in pairs, control and treated with sulfinpyrazone, a platelet inhibitor. The electron microscopic studies showed that the earliest change in the kidney was aggregation of platelets mainly in the peritubular capillaries and a few glomeruli. Later, platelets showed degranulation with vascular damage leading to rejection of kidney. Treated dogs showed less tendency for platelets to aggregate, and graft survival was prolonged. The role of platelets in the hyperacute rejection is discussed (*Am J Pathol* 66:445-460, 1972).

THROMBOSIS OF SMALL CORTICAL VESSELS and cortical necrosis was first reported by Kissmeyer-Neilson *et al*¹ in hyperacute renal allograft rejection. Subsequently, many papers have appeared in the literature implicating intravascular coagulation and platelets in hyperacute rejection.²⁻⁶ However it is not clear whether the platelets play the primary part (initiators) in this early rejection episode or are involved in the rejection episode secondarily. There are also reports of some modification of vascular lesions by antithrombic drugs.^{3,7}

Our experiments were designed to study the early phase of hyperacute allograft kidney rejection in dogs and also the effect of sulfinpyrazone (Anturan, Geigy Laboratories Ltd, Toronto, Canada), a platelet inhibitor, on the survival of the graft. The results seem to indicate that platelets play the primary role in the hyperacute rejection and are the initiators of vascular damage. Sulfinpyrazone therapy also could prolong the survival of the graft by inhibiting platelet aggregation.

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Materials and Methods

The experiments were carried out on healthy adult mongrel dogs weighing between 15 and 20 kg. The dogs were presensitized by three to five full-thickness skin grafts applied in succession until the last graft was rejected as a white graft. This was taken as evidence of presensitization. The dogs later underwent cross renal transplantation. The donor kidney after removal was flushed with ice-cold saline and transplanted immediately. The anoxia time in both groups was 20–30 minutes. One of the dogs of the pair acted as control and the other was injected intravenously with sulfapyrazone, 125 mg/kg body weight, 1 hour before transplantation and maintained on a dose of 200 mg every 6 hours by mouth till anuria occurred. The drug dosage was determined in a separate set of experiments by giving different quantities of sulfapyrazone to dogs and testing the inhibition of their platelet aggregation by using a turbidimetric method employing collagen, adenosine diphosphate and thrombin. The optimal platelet-inhibiting effect of sulfapyrazone was found to be 125 mg/kg body weight, which was used in this experiment. Urine flow was used as an index of function of renal allografts. Serial determination of renal artery and vein platelet counts, white blood cell (WBC) and red blood cell (RBC) counts were done up to 2 hours after transplantation. These counts were later done on the peripheral venous blood. Serial biopsies of the kidneys were also taken starting at 1 minute after transplantation and subsequently at 7, 10 and 30 minutes, 1 and 2 hours, and before transplantation for light and electron microscopic and immunofluorescent studies. The details of the experiments, including determination of sulfapyrazone dosage, results of blood counts, light microscopic and immunofluorescent data are reported elsewhere.⁸ Tissues for ultrastructural study were immediately fixed in 5–6% buffered glutaraldehyde, washed in phosphate buffer (pH 7.4), postfixated in 1% osmium tetroxide, dehydrated and embedded in Epon.⁹ Unstained sections $\frac{1}{2}$ –1 μ thick were studied under a phase microscope for selection of areas with blood vessels and glomeruli. Thin sections were cut on Reichert's ultramicrotome OmU₂, double-stained with uranyl acetate¹⁰ and lead citrate¹¹ and examined with Hitachi HS-8-2 and Hitachi-12 electron microscopes.

Results

Since the purpose of this paper is to discuss mainly the electron microscopic findings, the other results will be summarized only briefly here. The 13 control animals had renal transplants that functioned from 5 minutes to 36 hours, with a mean function time of 7.5 hours, whereas in the treated group (13), the mean time of graft function was 33.1 hours. Serial determinations of renal arterial and venous platelet counts showed little difference in the treated group (4.5%), whereas the mean venous count was 29.5% lower than mean arterial platelet count in the control group. No significant differences in WBC or RBC counts were noted in either group.

Electron Microscopy

This will be discussed in three separate groups, before transplantation and after transplantation in the control and treated group.

Before Transplantation

The ultrastructural study of kidney biopsies taken before unclamping of the renal vessels showed the normal structure of the glomerulus and the peritubular capillaries. Occasionally, in a few glomerular capillary loops, a completely degranulated degenerating platelet was seen (Fig 1). This degranulation of platelets resulted possibly from the saline perfusion of the kidney before transplantation.

After Transplantation

Since the results were more or less similar in all the kidneys examined in the control group and the same sequence of events occurred in all, they will be discussed together.

Control Group. The earliest finding, which occurred at 1 minute after transplantation (release of clamps), was the aggregation of platelets in arterioles (Fig 2). Subsequently, the majority of the platelet aggregates were noted in the peritubular capillaries and few in the glomerular capillaries. The aggregated platelets were noted first before any evidence of injury to the vascular endothelium could be detected (Fig 2). Subsequent biopsies that were removed up to 15 minutes after transplantation demonstrated many tight aggregates of platelets, again mainly in the peritubular capillaries (Fig 3). In most of the capillaries, these aggregates almost completely filled the lumen. The platelets in the center of the aggregates still had some of their granules intact, whereas those at the periphery and near the vascular endothelium showed partial to complete degranulation (Fig 3 and 5). Pseudopod formation was also a prominent feature (Fig 3 and 4). The vascular endothelium showed swelling and disruption of the cytoplasm, with lifting of the cell surface from the basement membrane. At places, the vascular endothelium and basement membrane were completely disrupted, with platelets lying in direct contact with collagen fibrils of the interstitium of the kidney. The platelet pseudopods were seen touching and/or extending through the vascular endothelium and at a few places, were lying between the endothelial cytoplasm and the vascular basement membrane (Fig 3 and 4). In other places, the pseudopods were extending through both the endothelium and the basement membrane (Fig 4). Platelet granules were seen lying free in the lumen of the peritubular capillaries and in the interstitial space of the kidney (Fig 3). Detached fragments of platelets were also present in the interstitial space near the area of vascular damage (Fig 4). Furthermore, in a few instances, red blood cells were seen lying in the interstitial space (Fig 5). There was marked edema in the interstitial space

manifested by marked separation of collagen fibrils (Fig 3 and 4). There was no morphologic difference in the biopsies taken from 15 minutes to 2 hours after transplantation. The important negative finding at this early phase of rejection was the absence of fibrin and leukocytes in all the specimens examined up to 2 hours after transplantation.

Treated Group. We were impressed by the absence of platelet aggregation and vascular injury in the majority of the kidneys of this group examined up to 2 hours after transplantation. However, in a few instances, in those animals in which the graft was rejected earlier, platelet collections could be found in a few of the peritubular capillary networks. These platelet aggregates were loose, with less tendency to pseudopod formation and degranulation than in the control group (Fig 6). Also, there was very little edema in the interstitial tissue. Rarely, an area of vascular damage was seen where platelets were degranulated and pseudopods extended through the vascular endothelium. Here again, the number of platelets was markedly less than in the control group.

Discussion

Our experimental data show that in the presensitized dogs the earliest change noticed in the rejecting transplanted kidney is the aggregation of platelets before any vascular injury is demonstrable. These platelet aggregates later show degranulation, release of their contents and vascular damage leading to ischemia and graft rejection. Sulfinpyrazone therapy largely prevented the platelet aggregation and their degranulation, thus preventing vascular damage and prolonging the graft survival.

Prior sensitization of the recipient by repeated skin grafting in order to study the early phase of allograft rejection has been done before.⁵ The concept that immunoglobulin response is also involved in homograft rejection has frequently been proposed after the publications of Gorer and O'Gorman¹² and Stetson.¹³ The presence of high concentrations of circulating antibody as measured by lymphocytotoxicity has been seen in hyperacute rejection in recipient dogs deliberately or inadvertently sensitized to prior exposure to donor antigen.^{7,15,16} Passive transfer of donor-specific hyperimmune serum in animal models results in intense vascular damage and rapid destruction of the graft.¹⁷⁻¹⁹ In clinical transplantation, graft rejection can also occur within minutes or hours and is characterized by the presence of preexisting antibodies which produce this hyperacute rejection. Previous dialysis, pregnancy or even bacterial exposure may have produced this presensitization.^{1,20,21}

Hyperacute rejection of a renal allograft can also occur in patients presensitized by multiple blood transfusions²² and previous kidney transplants^{23,24} in the presence²⁵ or absence^{1,24,26,27} of ABO-incompatible donors and recipients. Our experimental model of hyperacute rejection in the dog is analogous to clinical transplantation in presensitized recipient patients in which performed antibodies to the donor tissue are present.

We speculate that circulating antibodies first bind to the endothelial plasma membrane HL-A antigens.²⁸⁻³¹ These antigen-antibody complexes lead to platelet aggregation. *In vitro* studies with platelet-rich plasma or platelet suspensions from humans,³²⁻³⁴ guinea pigs,^{35,36} rabbits³⁷ and pigs³² demonstrated that adding antigen-antibody complexes induced platelet aggregation. Movat *et al*³⁸ further suggested that aggregation of human and pig platelets by antigen-antibody complexes is induced by release of adenosine diphosphate (ADP) during phagocytosis of the complexes. This aggregation *in vitro* is associated with release of histamine, serotonin and ADP. In addition to these, the constituents that may be released include epinephrine, potassium, free amino acids, small amounts of lipoproteins and proteins, mucopolysaccharides, enzymes such as β -glucuronidase and acid phosphatase, and platelet factors 3 and 4.³⁹⁻⁴⁵ Extracts of human platelets have also been shown to contain elastolytic protease which damages elastic tissue.⁴⁶ A factor that increases the permeability of the vessels and causes disruption of endothelium in the microcirculation has also been demonstrated when platelets are exposed to antigen-antibody complexes.⁴⁷ The aggregation of platelets by antigen-antibody complexes with loss of their internal structure and their disruption as seen in the experiments of Packham *et al*⁴⁷ corresponds to the situation in our experimental model. The effect of platelet aggregation on organ structure and function has been reported.⁴⁷ ADP-induced platelet aggregation in the myocardial⁴⁸ or renal circulation⁴⁷ causes tissue injury and organ dysfunction. Platelet-aggregate embolism arising from a source of emboli placed in the thoracic aorta has also been shown to cause endothelial damage.⁴⁹ These data support our findings that intravascular aggregation of platelets with subsequent degranulation is followed by vascular damage manifested by disruption of vessel wall and subsequent hemorrhage.

Antithrombotic and anticoagulant drugs have been shown to modify the vascular lesions of allograft rejection.³ In the experiments of MacDonald *et al*⁷ using presensitized dogs, aspirin treatment delayed the vascular damage when compared to the azathioprine-treated and un-

treated controls. Systemic heparin therapy used in cadaveric renal transplantation resulted in improvement in transplant function.⁵⁰ McMillan⁵⁰ proposed that dispersion of platelet aggregation in glomerular capillaries by heparin therapy resulted in improved function of the graft. Sulfinpyrazone is a pyrazole derivative (1,2-diphenyl-4-[2-(phenylsulfinyl)ethyl]-3,5-pyrazolidinedione). It is a uricosuric agent and is used clinically in the chronic phases of gout. The side effects are rare and mild.⁵¹ Sulfinpyrazone prolongs platelet turnover⁵²⁻⁵⁴ and also decreases platelet adhesiveness.⁵⁴ In experimental studies using rabbits, it was shown that sulfinpyrazone and phenylbutazone inhibited platelet aggregation induced by gamma-globulin coated surfaces, collagen and antigen-antibody complexes.⁵⁵ Packham *et al*⁵⁵ suggested that this inhibition of surface-induced platelet aggregation resulted from a diminished release of platelet constituents. Because of these platelet-inhibitory activities, and because it is a nontoxic drug, sulfinpyrazone was chosen in our experimental model. Our results clearly show that sulfinpyrazone inhibited platelet aggregation, thus prolonging graft function.

Our experimental data show that platelets play a primary part in the initiation of graft rejection. The evidence for this is twofold. Firstly, the appearance of platelets was noticed before any other blood element or vascular injury. Secondly, in the treated group, in areas devoid of platelet aggregates, there was no evidence of vascular injury up to 2 hours after transplantation. To our knowledge, sulfinpyrazone has not been found to have any effect on antigen-antibody complexes; thus prevention of platelet aggregation in the treated group should have resulted in vascular damage if this is caused by antigen-antibody complexes on the vascular endothelium as proposed by Busch *et al*.⁵⁶ Because of these observations, we propose that as a first event, platelets aggregate in response to antigen-antibody complexes formed on the vascular endothelium. Then, secondarily, they cause vascular damage which results in further platelet aggregation and the process goes on. We propose that polymorphonuclear leukocytes are only secondarily involved in this process as is fibrin formation.

In conclusion, our experimental data have shown that in presensitized dogs, hyperacute rejection is triggered by platelet aggregation caused probably by antigen-antibody complexes on the vascular endothelium of the grafted kidney.

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[Illustrations follow]

All electron micrographs were taken from sections stained with uranyl acetate and lead citrate.

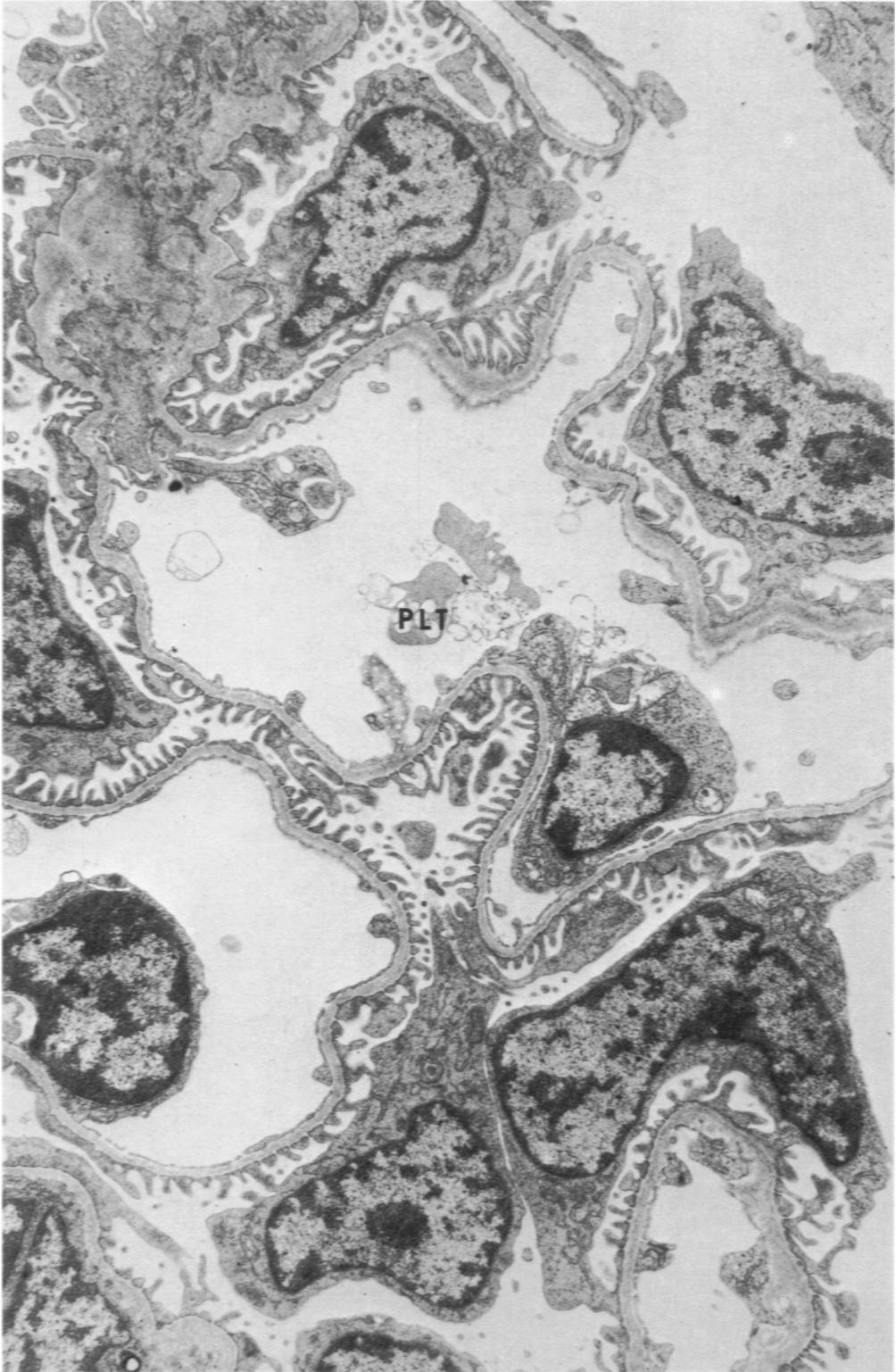


Fig 1—Glomerulus before unclamping of renal vessels, showing a few completely degranulated and degenerated platelets (*PLT*) ($\times 12,926$).

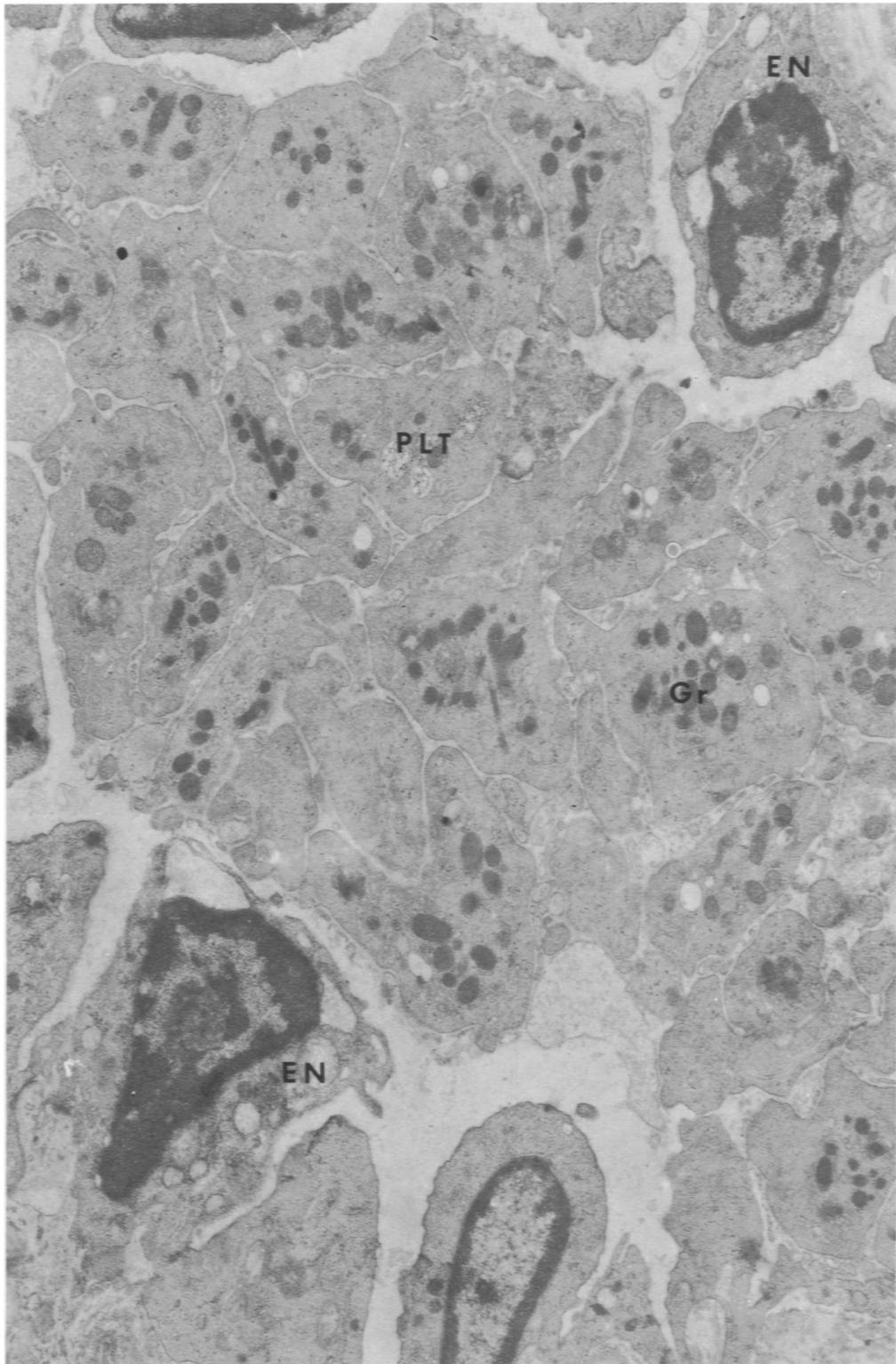


Fig 2—Arteriole in control kidney, 1 minute after unclamping of vessels (transplantation), shows aggregate of platelets (*PLT*). Most of the platelets have their granules (*Gr*) intact. *EN* indicates endothelium ($\times 28,700$).

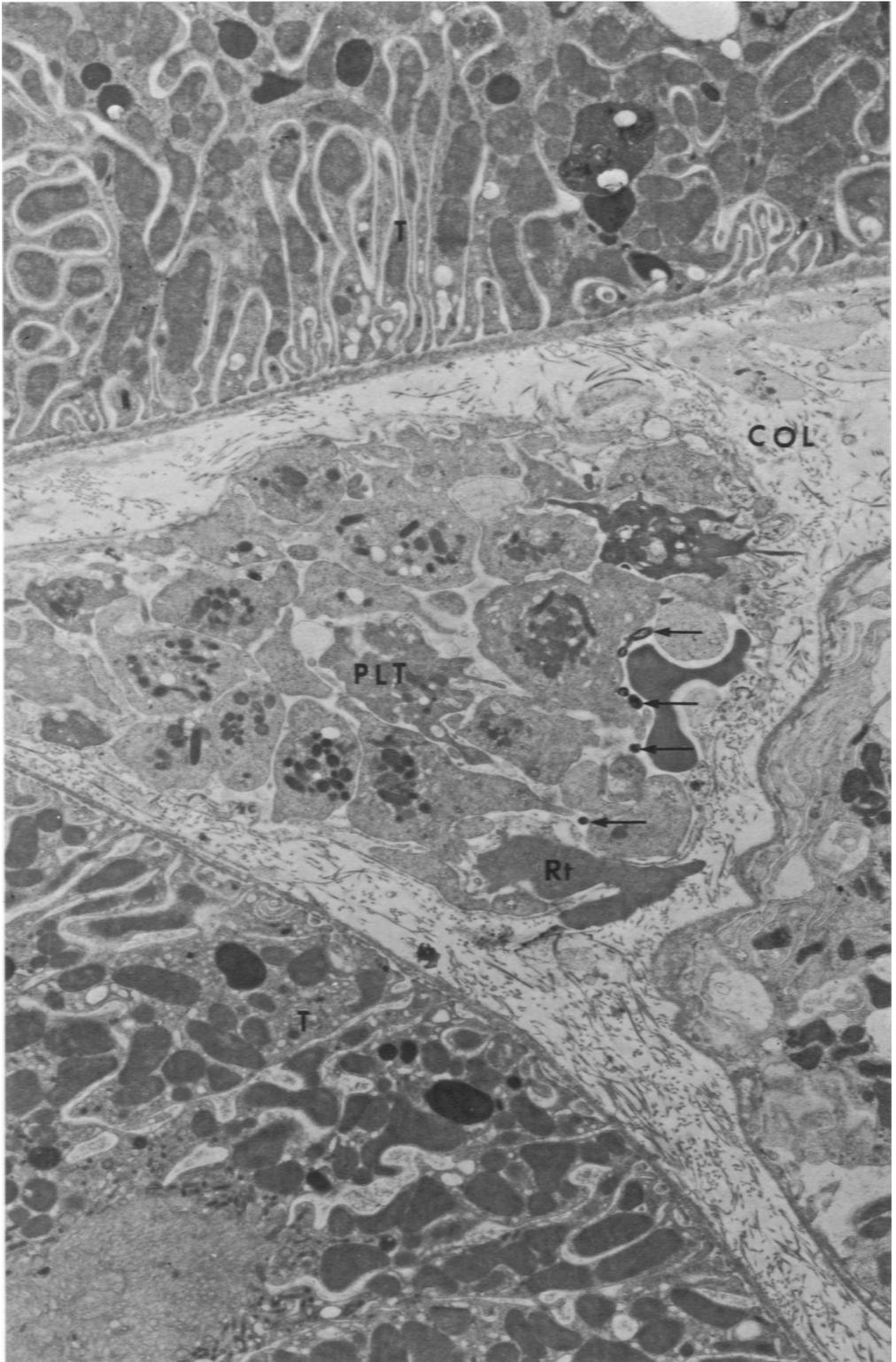


Fig 3—Peritubular capillary in control kidney 15 minutes after transplantation. The lumen is obliterated by platelets (*PLT*) which show active pseudopod formation and degranulation. Some of the granules are lying freely in the lumen (*arrows*). Note the area of vascular endothelial damage with a reticulocyte (*Rt*) extending out of the vessel. Collagen fibres (*COL*) in the interstitial tissue are widely separated by edema. *T* indicates tubule ($\times 9300$).

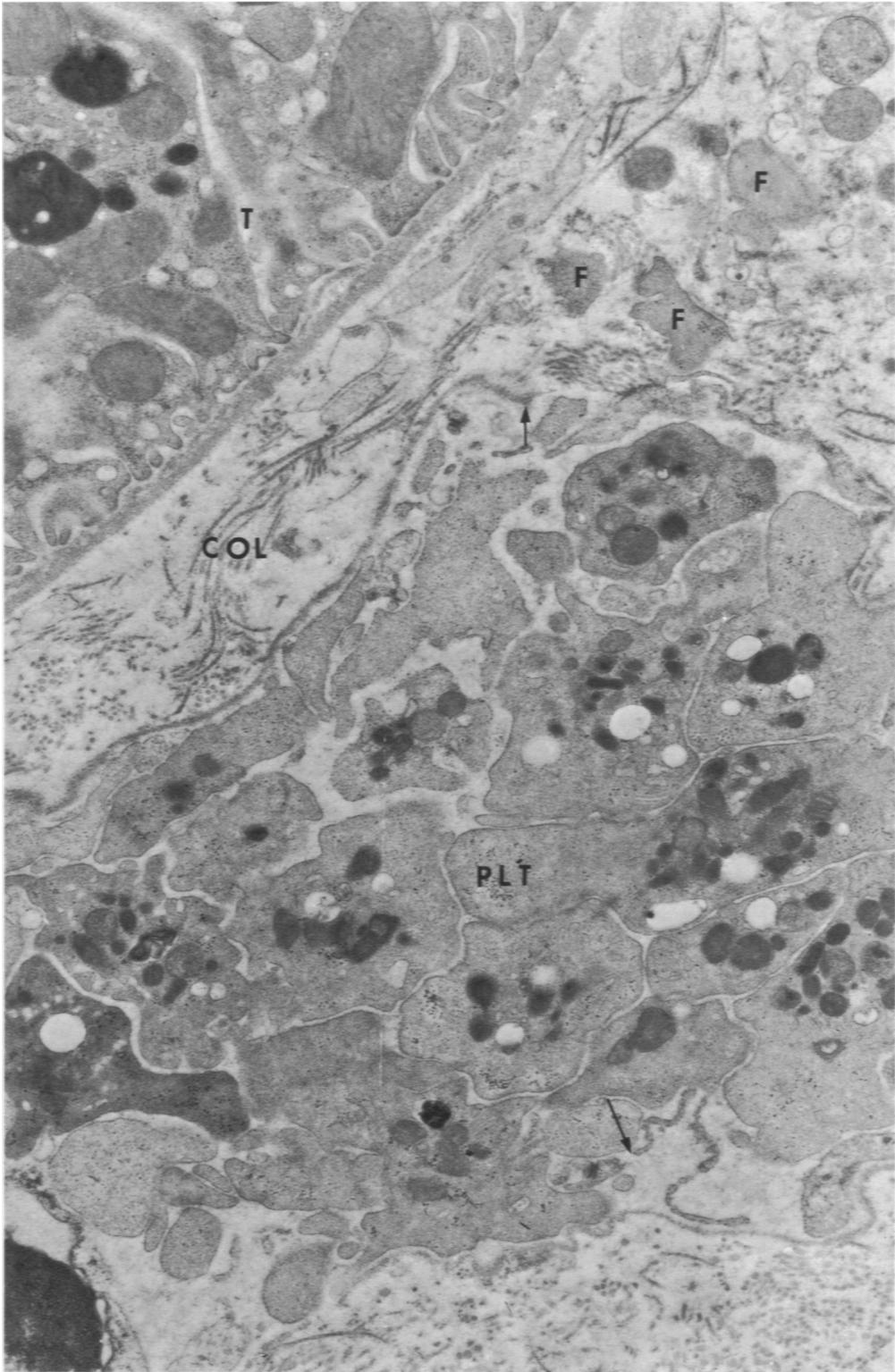


Fig 4—Peritubular capillary in control kidney 15 minutes after transplantation, capillary lumen is obliterated by platelet (PLT) aggregate. Many of the platelets at the periphery are degranulated. There is extensive vascular damage (arrow) and platelet pseudopod formation. Platelet fragments (F) are also lying outside capillary lumen. Note the interstitial edema. T indicates tubule (x 17,500).

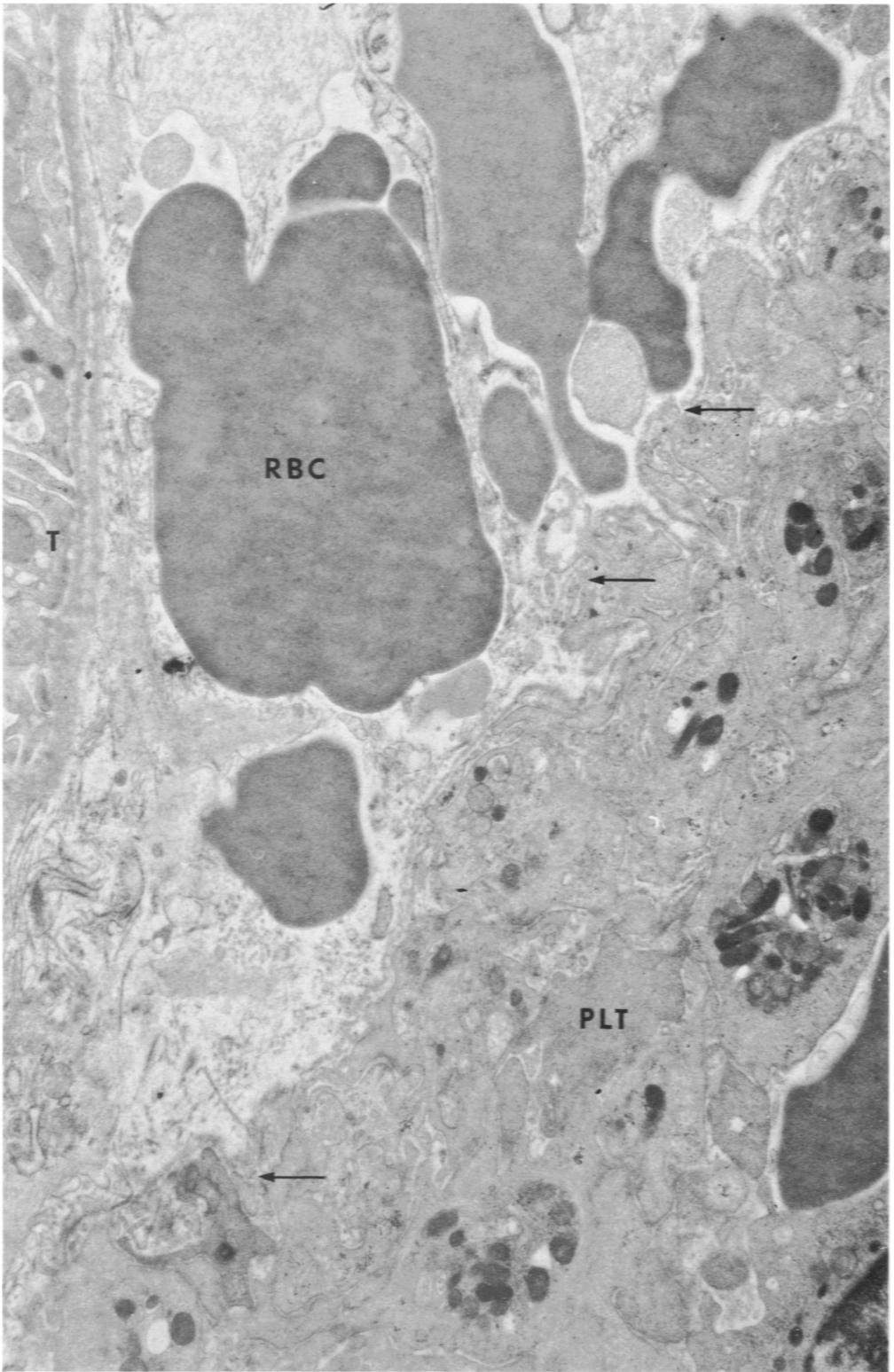


Fig 5—Peritubular capillary in control kidney, 10 minutes after transplantation, showing much more platelet (*PLT*) degranulation and red blood cells (*RBC*) in the interstitial space and area of vascular damage (*arrow*). *T* indicates tubule ($\times 15,548$).

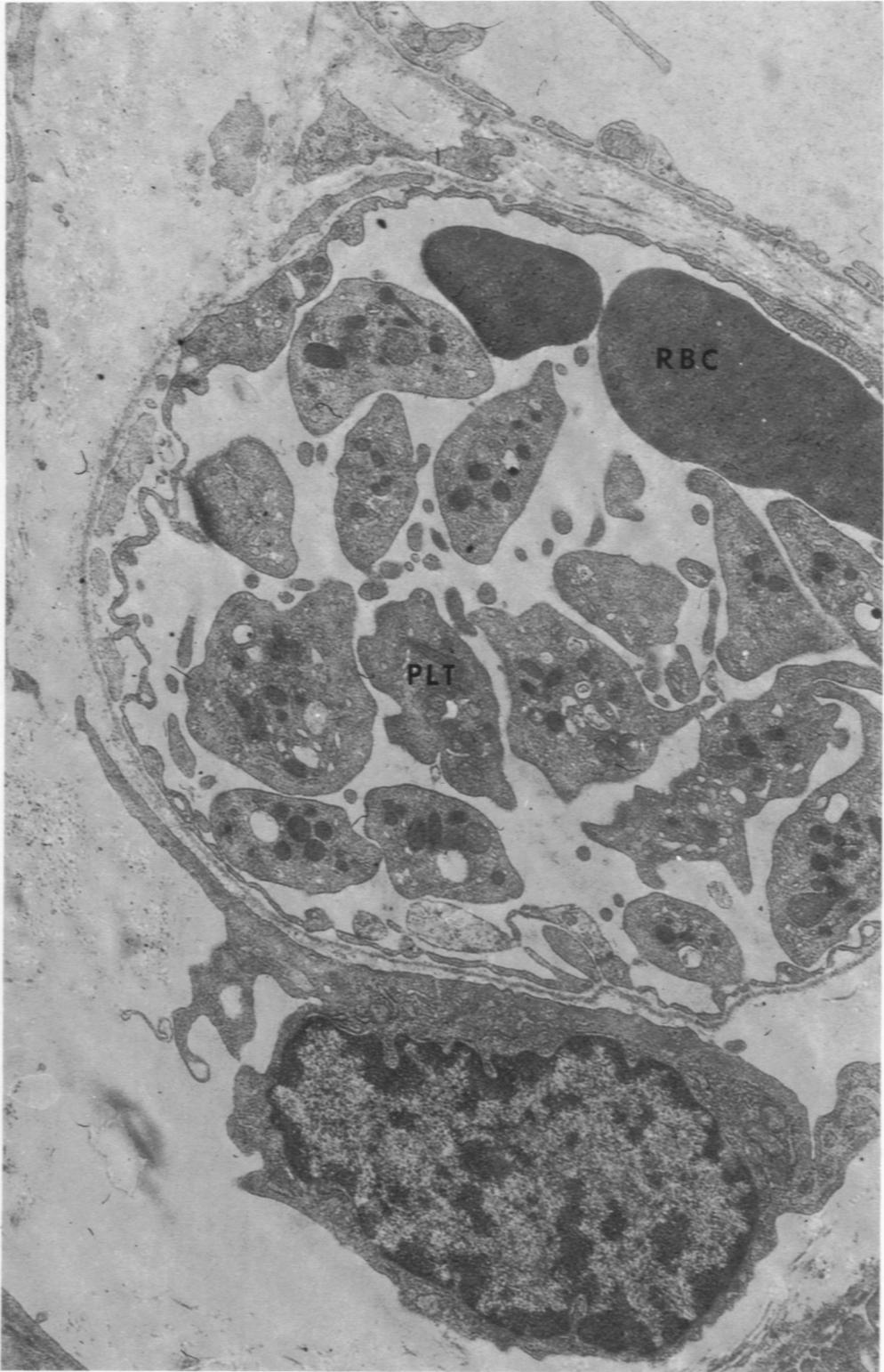


Fig 6—Peritubular capillary in treated kidney, 7 minutes after transplantation, shows loose platelet collection (PLT). Most of the platelet granules are intact. RBC indicates red blood cell ($\times 9600$).