

RESEARCH PAPER

Roflumilast inhibits leukocyte-endothelial cell interactions, expression of adhesion molecules and microvascular permeability

M-J Sanz^{1,2}, J Cortijo^{1,2,3}, MA Taha¹, M Cerdá-Nicolás^{2,4}, E Schatton⁵, B Burgbacher⁵, J Klar⁵, H Tenor⁵, C Schudt⁵, AC Issekutz⁶, A Hatzelmann⁵ and EJ Morcillo^{1,2,7}

¹Department of Pharmacology, University of Valencia, Valencia, Spain; ²Ciber CB06/06/0027 'Respiratory Diseases', Carlos III Health Institute, Spanish Ministry of Health, Madrid, Spain; ³Research Foundation, University General Hospital Consortium, University of Valencia, Valencia, Spain; ⁴Department of Pathology, University of Valencia, Valencia, Spain; ⁵Department of Biochemistry, Nycomed GmbH, Konstanz, Germany; ⁶Division of Immunology, Department of Pediatrics, Dalhousie University, Halifax, Nova Scotia, Canada and ⁷Clinical Pharmacology Unit, University Clinical Hospital, University of Valencia, Valencia, Spain

Background and purpose: The present study addressed the effects of the investigational PDE4 inhibitor roflumilast on leukocyte-endothelial cell interactions and endothelial permeability *in vivo* and *in vitro*.

Experimental approach: *In vivo*, intravital video-microscopy was used to determine effects of roflumilast p.o. on leukocyte-endothelial cell interactions and microvascular permeability in rat mesenteric venules. *In vitro*, the effects of roflumilast N-oxide, the active metabolite of roflumilast in humans, and other PDE4 inhibitors on neutrophil adhesion to tumour necrosis factor α (TNF α)-activated human umbilical vein endothelial cells (HUVEC), E-selectin expression and thrombin-induced endothelial permeability was evaluated. Flow cytometry was used to determine the effect of roflumilast on N-formyl-methionyl-leucyl-phenylalanine (fMLP)-induced CD11b upregulation on human neutrophils.

Key results: *In vivo*, roflumilast, given 1 h before lipopolysaccharide (LPS), dose-dependently reduced leukocyte-endothelial cell interactions in rat mesenteric postcapillary venules. It also diminished histamine-induced microvascular permeability. Immunohistochemical analyses revealed that roflumilast prevented LPS-induced endothelial P- and E-selectin expression. *In vitro*, roflumilast N-oxide concentration-dependently suppressed neutrophil adhesion to TNF α -activated HUVEC and CD11b expression on fMLP-stimulated neutrophils. It also reduced TNF α -induced E-selectin expression on HUVEC, when PDE3 activity was blocked. HUVEC permeability elicited by thrombin was concentration-dependently suppressed by roflumilast N-oxide. While roflumilast N-oxide was as potent as roflumilast at inhibiting stimulated endothelial cell and neutrophil functions, both compounds were significantly more potent than the structurally unrelated PDE4 inhibitors, rolipram or cilomilast.

Conclusions and implications: These findings further support earlier observations on the inhibition of inflammatory cell influx and protein extravasation by roflumilast *in vivo*.

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Keywords: roflumilast; PDE4; leukocyte–endothelial interaction; endothelial permeability; intravital microscopy; E-selectin; P-selectin

Abbreviations: ADA, adenosine deaminase; CAM, cell adhesion molecule; COPD, chronic obstructive pulmonary disease; DMSO, dimethyl sulphoxide; EGM2, endothelial growth medium-2; FITC, fluorescein isothiocyanate; fMLP, N-formyl-methionyl-leucyl-phenylalanine; HBSS, Hanks-buffered saline solution; HUVEC, human umbilical vein endothelial cells; LPS, lipopolysaccharide; mAb, monoclonal antibody; MABP, mean arterial blood pressure; MFI, mean fluorescence intensity; MPO, myeloperoxidase; PMNL, polymorphonuclear leukocytes; TMB, 3,3',5,5'-tetramethylbenzidine; TNF α , tumour necrosis factor- α ; V_{rbc} , centerline red blood cell velocity; V_{wbc} , leukocyte rolling velocity

Introduction

Over the past decade, inhibition of phosphodiesterase 4 (PDE4) has evolved as a novel approach to the treatment of a myriad of chronic inflammatory ailments ranging from chronic obstructive pulmonary disease (COPD) and asthma to multiple sclerosis, rheumatoid arthritis and inflammatory

Correspondence: Dr EJ Morcillo, Department of Pharmacology, Faculty of Medicine, University of Valencia, Av. Blasco Ibanez, 15; E-46010 Valencia, Spain. E-mail: esteban.morcillo@uv.es

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bowel disease (Sommer *et al.*, 1995; Ross *et al.*, 1997; Banner and Trevethick, 2004; Vignola, 2004; Houslay *et al.*, 2005).

Roflumilast is an oral, once daily investigational PDE4 inhibitor in advanced clinical development for respiratory diseases, such as COPD (Giembycz, 2005; Rabe *et al.*, 2005; Boswell-Smith and Page, 2006). Previous *in vitro* and *in vivo* studies revealed the extensive anti-inflammatory potential of roflumilast (Bundschuh *et al.*, 2001; Hatzelmann and Schudt, 2001; Kumar *et al.*, 2003; Jones *et al.*, 2005; Martorana *et al.*, 2005; Mata *et al.*, 2005; Burgess *et al.*, 2006; Growcott *et al.*, 2006; Wollin *et al.*, 2006). Roflumilast reduces antigen-induced inflammatory cell influx and protein accumulation or lipopolysaccharide (LPS)-induced neutrophil influx in bronchoalveolar lavage fluid of Brown-Norway rats *in vivo* (Bundschuh *et al.*, 2001; Wollin *et al.*, 2003).

Activation of endothelial cells and leukocytes is a hallmark of inflammation that elicits an increase in leukocyte-endothelial interactions and endothelial permeability. Tissue infiltration of leukocytes is preceded by their recruitment from postcapillary venules occurring as a multistep process, initiated by rolling and followed by endothelial adhesion and emigration. These events are orchestrated by sequential expression of cell adhesion molecules (CAMs) on both leukocytes and endothelial cells (Springer, 1994; Kubes and Kerfoot, 2001). Inhibition of PDE4 suppresses leukocyte-endothelial interactions and downregulates CAMs (Sanz *et al.*, 2002, 2005a). Indeed, intravital videomicroscopy of rat mesenteric postcapillary venules revealed that *in vivo* rolipram (29 $\mu\text{mol kg}^{-1}$ i.p.) diminishes LPS-induced rapid (0–60 min) or subacute (4 h) leukocyte rolling, adhesion and emigration. In parallel, microvascular P- and E-selectin expressions are abolished (Sanz *et al.*, 2002). *In vitro*, rolipram reduces neutrophil surface CD11b/CD18 ($\alpha_M\beta_2$), (Derian *et al.*, 1995; Berends *et al.*, 1997; Sato *et al.*, 2002), tumour necrosis factor- α (TNF α)-induced E-selectin on endothelial cells (Morandini *et al.*, 1996; Blease *et al.*, 1998) or neutrophil adhesion to endothelial cells (Derian *et al.*, 1995; Blease *et al.*, 1998; Jones *et al.*, 2005). Furthermore, enhanced microvascular permeability caused by endothelial cell activation is reversed by cAMP and PDE4 inhibitors (Ortiz *et al.*, 1993; Raeburn *et al.*, 1994; Suttorp *et al.*, 1996).

The present paper describes dose-dependent effects of the PDE4 inhibitor roflumilast on leukocyte rolling, adhesion and emigration at 4 h after stimulation with LPS in rat mesenteric postcapillary venules *in vivo*, using intravital videomicroscopy (Harris *et al.*, 1994; Johnston *et al.*, 1997; Kubes and Kerfoot, 2001; Sanz *et al.*, 2005a, b). In parallel, the potency and efficacy of roflumilast to inhibit histamine-induced microvascular permeability in rat mesenteric microcirculation was addressed. These *in vivo* studies were complemented by *in vitro* investigations exploring direct effects of PDE4 inhibitors, in particular roflumilast N-oxide, on endothelial cells (E-selectin expression, permeability), neutrophils (surface CD11b expression) and neutrophil adherence to endothelial cells. Roflumilast N-oxide is the active metabolite that largely determines the pharmacodynamic activity of roflumilast in rats and in humans (Hatzelmann and Schudt, 2001; Bethke *et al.*, 2007). Our results support the conclusion that roflumilast decreased endothelial cell and leukocyte activation both *in vivo* and *in vitro*.

Materials and methods

Animals

This study adhered to the European Community (Directive 86/609/EEC) and Spanish guidelines for the use of experimental animals and it was approved by the institutional committee of animal care and research. Pathogen-free male Sprague-Dawley rats (200–250 g) were acquired from Charles River, Barcelona, Spain and located at the 'Research Central Unit' of the Faculty of Medicine, University of Valencia under standard conditions.

Intravital microscopy

The details of the experimental preparation have been described previously (Sanz *et al.*, 2002). Briefly, male Sprague-Dawley rats (200–250 g) were anesthetized with sodium pentobarbital (65 mg kg $^{-1}$, i.p.) and the trachea, right jugular vein and carotid artery were cannulated. After performing a midline abdominal incision, a segment of the midjejunum was exteriorized and placed over an optically clear viewing pedestal maintained at 37°C. The exposed mesentery was continuously superfused with warmed bicarbonate-buffered saline equilibrated with 5% CO $_2$ in nitrogen. An orthostatic microscope (Nikon Optiphot-2, SMZ1) equipped with $\times 20$ objective lens (Nikon SLDW) and $\times 10$ eyepiece permitted tissue visualization. A video camera (Sony SSC-C350P) mounted on the microscope transferred images onto a colour monitor (Sony Trinitron PVM-14N2E) and these images were captured on videotape (Sony SVT-S3000P) for playback analysis (final magnification of the video screen was $\times 1300$). Single unbranched mesenteric venules (25–40 μm diameter) were selected and the diameters measured on-line using a video caliper (Microcirculation Research Institute, Texas A&M University, College Station, TX, USA). Centerline red blood cell velocity (V_{rbc}) was also measured on-line with an optical Doppler velocimeter (Microcirculation Research Institute). Venular blood flow and wall shear rate were calculated as described previously (House and Lipowsky, 1987). The number of rolling, adherent and emigrated leukocytes was determined off-line during playback analysis of videotaped images.

To determine the effect of roflumilast on leukocyte infiltration elicited by LPS, roflumilast was given at single oral doses of 0.1–1 $\mu\text{mol kg}^{-1}$. One hour later, 5 ml of LPS (0.2 $\mu\text{g ml}^{-1}$) was injected i.p. In the control groups, rats received the same volume of saline for the same period of time. After 4 h of LPS or saline administration measurements of mean arterial blood pressure (MABP), V_{rbc} , vessel diameter, shear rate, leukocyte rolling flux and velocity as well as leukocyte adhesion and emigration were performed.

Immunohistochemistry

Immunohistochemistry was used to examine the expression of P- and E-selectin in rat mesenteric microvessels. Once the experiment using intravital microscopy was completed, the portion exposed to saline or LPS for 4 h with or without roflumilast (10 $\mu\text{mol kg}^{-1}$) pretreatment was then isolated and fixed in 4% paraformaldehyde for 90 min at 4°C as

described previously (Sanz *et al.*, 2002). Immunohistochemical localization of P- and E-selectin was accomplished using a modified avidin and biotin immunoperoxidase technique as previously described by Sanz *et al.* (2002). Tissue sections were incubated with the anti-rat-P-selectin monoclonal antibody (mAb) (RMP-1) or with the anti-rat-E-selectin mAb (RME-1) for 24 h at $200 \mu\text{g ml}^{-1}$. Isotype controls were performed with the isotype-matched murine antibody UPC 10 (IgG_{2a}) as primary antibodies for the same period of time at $200 \mu\text{g ml}^{-1}$. Positive staining was defined as a venule displaying brown reaction product.

Isolation of human umbilical vein endothelial cells

Human umbilical vein endothelial cells (HUVEC) were isolated from human umbilical cords following standard procedures (Jaffe *et al.*, 1973). Cells were plated on gelatin-coated (0.5 mg ml^{-1}) dishes and cultured in endothelial growth medium-2 (EGM2). Cells from passages 1–3 were used in the experiments. Cytotoxicity of the PDE inhibitors was excluded by measuring lactate dehydrogenase release in culture supernatants.

PMNL adhesion to TNF α -stimulated HUVEC monolayers

Polymorphonuclear leukocytes (PMNL) were isolated from human peripheral venous blood as described (Hatzelmann and Schudt, 2001). HUVEC monolayers were cultured in endothelial cell basal medium with 2% fetal calf serum over 12 h before the experiment. The PMNL adhesion assay followed two different protocols.

Protocol 1: Endothelial cells were stimulated over 3 h with 0.3 ng ml^{-1} TNF α in endothelial cell basal medium with 2% fetal bovine serum (FBS). Stimulation medium was removed and HUVEC were rinsed in Hanks-buffered saline solution (HBSS) (with Ca^{2+} and Mg^{2+}). HUVEC were preincubated with roflumilast, roflumilast N-oxide (10 pM – $1 \mu\text{M}$), rolipram, cilomilast (0.1 nM – $10 \mu\text{M}$), motapizone ($10 \mu\text{M}$), adenosine deaminase (ADA) (1 U ml^{-1}) or vehicle (dimethyl sulphoxide, DMSO, 0.2% final concentration) and then PMNL (5×10^4 cells per $500 \mu\text{l}$ per well) were added to HUVEC at a final volume of $500 \mu\text{l}$ per well in HBSS.

Protocol 2: Medium was replaced by HBSS and compounds (Protocol 1) were added to non-stimulated HUVEC monolayers followed by PMNL (5×10^5 cells per $500 \mu\text{l}$ per well) and N-formyl-methionyl-leucyl-phenylalanine (fMLP) ($1 \mu\text{M}$).

After 30 min, non-adherent PMNL were removed. Adherent cells were quantified, as described before (Schierwagen *et al.*, 1990) by measuring myeloperoxidase (MPO) activity following lysis of PMNL. The number of adherent PMNL per mm^2 of HUVEC monolayers was calculated based on a calibration curve. Preliminary experiments showed that 0.3 ng ml^{-1} TNF α or $1 \mu\text{M}$ fMLP, as used in the main experiments, produced stable but submaximal PMNL adhesion. None of the compounds affected the MPO assay. Under our conditions, MPO release from activated PMNL was found <5% of total MPO in control experiments.

Quantitation of E-selectin mRNA in HUVEC by real-time reverse-transcription-PCR

HUVEC monolayers were cultured in endothelial basal medium supplemented with 2% FBS overnight and then preincubated with roflumilast N-oxide (1 nM – $1 \mu\text{M}$), or $10 \mu\text{M}$ motapizone, or vehicle (DMSO 0.2%) for 15 min followed by stimulation with 30 pg ml^{-1} TNF α . After 2 h, medium was removed, cells were washed twice with phosphate-buffered saline (PBS) and subsequently lysed ($350 \mu\text{l}$ per well) in buffer RLT supplemented with 1 mM β -mercaptoethanol. RNA was isolated using the RNeasy Mini Kit according to the instructions of the manufacturer. Reverse transcription was performed with 0.5 – $1 \mu\text{g}$ RNA using avian myeloblastosis virus (AMV) reverse transcriptase. Quantitative PCR for E-selectin mRNA was performed using the ABI prism 7900 HT Sequence Detection System (Applied Biosystems, Foster City, CA, USA) according to the manufacturer's instructions. The primer and probe set for E-selectin mRNA was from Applied Biosystems (Assay-on-demand Hs00950401_m1). The primer and probe set for 18sRNA (calibrator) was as described before (Peter *et al.*, 2007).

From the determined C_T values the x -fold change compared to a reference was calculated using the $2^{-\Delta\Delta C_T}$ procedure as described by the manufacturer (Applied Biosystems). Initial experiments revealed a submaximal increase of E-selectin mRNA at 30 pg ml^{-1} TNF α that was selected for the main studies.

Measurement of E-selectin in HUVEC

Confluent HUVEC in 96-well plates were cultured in endothelial cell basal medium with 2% FBS for 12 h. Cells were preincubated with PDE4 inhibitors (1 pM – $1 \mu\text{M}$ roflumilast or roflumilast N-oxide, 10 pM – $10 \mu\text{M}$ rolipram, 100 pM – $100 \mu\text{M}$ cilomilast), or $10 \mu\text{M}$ motapizone (M), or vehicle (DMSO 0.2%) for 15 min followed by stimulation with 30 pg ml^{-1} TNF α over 3 h (conditions selected from pilot studies). E-selectin was assessed by cell surface enzyme-linked immunosorbent assay as described (Blease *et al.*, 1998) with modifications. Cells were fixed in 10% neutral-buffered formalin solution, blocked with PBS supplemented with 1% BSA and 1% sheep serum and incubated with the antihuman E-selectin mAb at $1.65 \mu\text{g ml}^{-1}$ at $100 \mu\text{l}$ per well for 30 min. After several washes, secondary antibody (sheep anti mouse IgG coupled to horseradish peroxidase) was added. Peroxidase activity was measured using the 3,3',5,5'-tetramethylbenzidine (TMB) liquid substrate system.

CD11b expression on neutrophils

CD11b measurements were adapted as described (Berends *et al.*, 1997) with modifications. Human neutrophil surface CD11b was determined in a whole-blood assay. Duplicate samples ($100 \mu\text{l}$) of citrated whole blood were incubated with $10 \mu\text{l}$ of roflumilast, roflumilast N-oxide, rolipram (1 nM – $10 \mu\text{M}$), or cilomilast (10 nM – $100 \mu\text{M}$), or vehicle (DMSO 0.1%) for 20 min at 37°C . Then the cells were stimulated with $1 \mu\text{M}$ fMLP for another 20 min. A saturating amount of an antihuman CD11b-fluorescein isothiocyanate (FITC) mAb ($10 \mu\text{g}$ in $10 \mu\text{l}$) was then added for 20 min on ice. Red

blood cells were removed with an EPICS Q-PREP system (Coulter Electronics, Hialeah, Florida).

In another set of experiments, 100 μl whole blood samples were incubated for 15 min with or without ADA (1 U ml^{-1}). Roflumilast (10 nM–10 μM) was added for another 20 min and CD11b expression on fMLP stimulated neutrophils was determined as described above.

To determine whether CD11b expression was also reduced after *in vivo* pretreatment with roflumilast, a blood sample was obtained from rats i.p. injected with saline or LPS with or without roflumilast (10 $\mu\text{mol kg}^{-1}$) pretreatment. Duplicate samples (100 μl) were incubated with 10 μl of an anti-rat CD11b-FITC mAb for 20 min on ice. CD11b expression on neutrophils was determined as described above.

All analyses were performed with an EPICS XL-MCL flow cytometer (Beckman-Coulter, Hialeah, FL, USA) with a 15 mW Argon Laser tuned at 488 nm as described previously (Sanz *et al.*, 2005b).

In vivo vascular permeability

Male Sprague–Dawley rats were prepared for intravital microscopy and the degree of vascular albumin leakage from mesenteric venules was quantified as described previously (Johnston *et al.*, 1999). Briefly, FITC-labelled bovine albumin (25 mg kg^{-1}) was administered to the rats intravenously at the start of the experiment, and FITC-derived fluorescence (excitation wavelength 450–490 nm; emission wavelength 520 nm) was detected using a charge-coupled device camera model XC-77 (Hamamatsu Photonics, Hamamatsu City, Japan) with a C2400-68 intensifier head (Hamamatsu Photonics) and a C240-60 charge-coupled camera control unit. Image analysis software (analysis 2.11, analysis DOCU) was used to determine the intensity of FITC-albumin-derived fluorescence within the lumen of the venule and in the adjacent perivascular tissue. Background was defined as the fluorescence intensity before FITC-albumin administration. The index of vascular albumin leakage was determined according to the following ratio expressed as a percentage: permeability index = (mean interstitial intensity–background)/(venular intensity–background) \times 100%. Roflumilast was given at single oral doses of 0.1–10 $\mu\text{mol kg}^{-1}$ 1 h before histamine. The mesentery of untreated and treated rats was superfused with warmed buffer supplemented with histamine (100 μM). Videorecordings and fluorescence measurements recorded at 1 h after start of histamine superfusion were taken for the analyses.

In vitro macromolecule permeability of HUVEC monolayers

Permeability of HUVEC monolayers for macromolecules was measured as described (Langeler and van Hinsbergh, 1988) with modifications. HUVEC (7.3 \times 10⁴ cells per insert) were plated on 3 μm polycarbonate Transwell filters (33 mm² surface area) pre-coated with 10 $\mu\text{g cm}^{-2}$ fibronectin and cultured in EGM2 over 4–5 days. Immediately before the experiments medium was replaced by M199 with 1% BSA. HUVEC were preincubated with PDE4 inhibitors (10 pM–1 μM roflumilast, roflumilast N-oxide, rolipram or 100 pM–100 μM cilomilast), or 10 μM motapizone, or vehicle (DMSO 0.2%)

for 15 min. Permeability was elicited by thrombin (1 U ml^{-1}) and simultaneously, horseradish peroxidase (5 $\mu\text{g ml}^{-1}$) was added to the upper wells and the permeation was assessed after 1 h. Peroxidase activity was measured in an aliquot of the lower well using the TMB substrate system.

Statistical analysis

Data are presented as mean \pm s.e.mean. Statistical analysis of results was carried out by analysis of variance followed by the Bonferroni test or by Student's *t*-test as appropriate (GraphPad Prism Software Inc., San Diego, CA, USA) with a significance level of $\alpha = 0.05$.

Reagents

The following compounds were purchased from Sigma-Aldrich, St. Louis, MO, USA: fMLP, BSA, LPS (*Escherichia coli* serotype 0127 :B8), pentobarbital, UPC10 (IgG2a class), histamine, Triton X100, TMB liquid substrate system, neutral-buffered formalin solution, horseradish peroxidase, thrombin, gelatine, sheep serum, FITC-albumin and dextran. ADA was from Sigma-Aldrich or Merck Biosciences, Darmstadt, Germany. Dispase was from Roche Diagnostics GmbH, Mannheim, Germany. Antibodies RMP-1 and RME-1 were generated as described previously (Walter *et al.*, 1997a, b). Biotinylated anti-mouse IgG (H + L) (from goat) and Vectastain ABC Kit were from Vector Laboratories, Burlingame, CA, USA. FITC-conjugated antihuman-CD11b (clone ICRF 44) and phycoerythrin (PE)-conjugated anti-rat-CD11b (clone OX-42) were from Serotec, Madrid, Spain. TNF α , antihuman E-selectin (clone BBIG-E4) were from R&D Systems GmbH, Wiesbaden-Nordenstadt, Germany. Sheep anti-mouse horseradish-conjugated Ig antibody was from Amersham plc, Little Chalfont, UK. EGM2 medium was purchased from PromoCell GmbH, Heidelberg, Germany or Cambrex Bio Science Verviers, S.p.r.l., Verviers, Belgium. Medium 199 (M199), heat-inactivated FBS, PBS and HBSS were from Invitrogen Ltd, Paisley, UK. Buffer RLT, RNeasy Mini Kit, QIASHredder, RNase-free DNase set were all from Qiagen GmbH, Hilden, Germany. AMV reverse transcriptase and random oligonucleotide primers were from Roche Diagnostics, Mannheim, Germany. PCR Master Mix Plus was obtained from Eurogentec SA, Seraing, Belgium and dATP, dCTP, dTTP and dGTP were from Larova GmbH, Teltow, Germany. HTS Transwells-24 (6.5 mm diameter and 3 μm pore size) were from Corning BV, Schiphol-Rijk, The Netherlands. The PDE4 inhibitors roflumilast and its N-oxide (WO9501338), cilomilast (WO9319749) and racemic *R*, *S*-rolipram (German Pat. 2413935/3, 1974) were synthesized at the chemical facilities of ALTANA Pharma AG, Konstanz, Germany essentially as described in the corresponding patents. Motapizone was a gift from Rhône-Poulenc Rorer (Köln, Germany; now Sanofi-Aventis).

For *in vivo* studies, roflumilast was suspended in methocel/PEG400 and administered p.o. by gavage (4 ml kg^{-1}). The control group received methocel/PEG400. For *in vitro* studies, the final DMSO concentration in the studies 0.2% (v/v), which on its own did not affect endothelial cell functions.

Results

Roflumilast inhibits LPS-induced leukocyte rolling, adhesion and emigration and expression of P- and E-selectin in rat mesenteric venules in vivo

Leukocyte rolling flux, adhesion and emigration were increased, whereas leukocyte rolling velocity (V_{wbc}) was decreased in rat mesenteric post-capillary venules 4 h after LPS (Figure 1). Roflumilast administered 1 h before LPS at single oral doses of 0.1 – $10 \mu\text{mol kg}^{-1}$ progressively reversed these measures of leukocyte–endothelial interactions. ID_{50} for inhibition of LPS-induced adhesion and emigration were 0.5 and $0.2 \mu\text{mol kg}^{-1}$, respectively. On the other hand, roflumilast was less effective in reducing LPS-induced leukocyte rolling flux ($ID_{50} = 2.6 \mu\text{mol kg}^{-1}$). Inhibition of cell adhesion and emigration by roflumilast was significant at $\geq 0.3 \mu\text{mol kg}^{-1}$, whereas rolling was significantly reduced at doses $\geq 3 \mu\text{mol kg}^{-1}$. At the highest dose of roflumilast ($10 \mu\text{mol kg}^{-1}$), leukocyte rolling flux, adhesion and emigration were suppressed by 100, 87 and 85%, respectively. On the other hand, the reduction by LPS of V_{wbc} was reversed by only 59% at $10 \mu\text{mol kg}^{-1}$ roflumilast and lower doses remained ineffective. The number of circulating leukocytes, MABP and venular wall shear rate remained unaltered (Table 1). Immunohistochemical analysis revealed significant

increases in the expression of P- and E-selectin in rat mesenteric microvasculature at 4 h after LPS. Roflumilast ($10 \mu\text{mol kg}^{-1}$) inhibited the expression of both endothelial adhesion molecules (Figure 2). Fluorescence-activated cell sorter analysis of rat peripheral whole blood showed increased CD11b expression on neutrophils from animals i.p. injected with LPS (4.6 ± 0.4 mean fluorescence intensity (MFI)) compared to that on neutrophils from rats injected with saline (1.8 ± 0.0 MFI; $P < 0.01$; $n = 4$). Roflumilast ($10 \mu\text{mol kg}^{-1}$) significantly inhibited this LPS-induced expression of this CAM by 47% ($n = 4$).

Table 1 Haemodynamic parameters at 4 h following saline or LPS ($1 \mu\text{g}$ per rat i.p.) in the presence or absence of roflumilast ($10 \mu\text{mol kg}^{-1}$ p.o.)

Treatment	Leukocyte (cells μL^{-1})	MABP (mm Hg)	Shear rate (s^{-1})
Saline	3946 ± 865	105 ± 7	561 ± 43
LPS	3384 ± 807	108 ± 4	467 ± 66
LPS + roflumilast	4076 ± 911	111 ± 5	516 ± 56

Abbreviations: i.p., intraperitoneal; LPS, lipopolysaccharide; MABP, mean arterial blood pressure; p.o., per os.

Values are mean \pm s.e. mean from five to six rats per group. No significant changes between the different groups were observed.

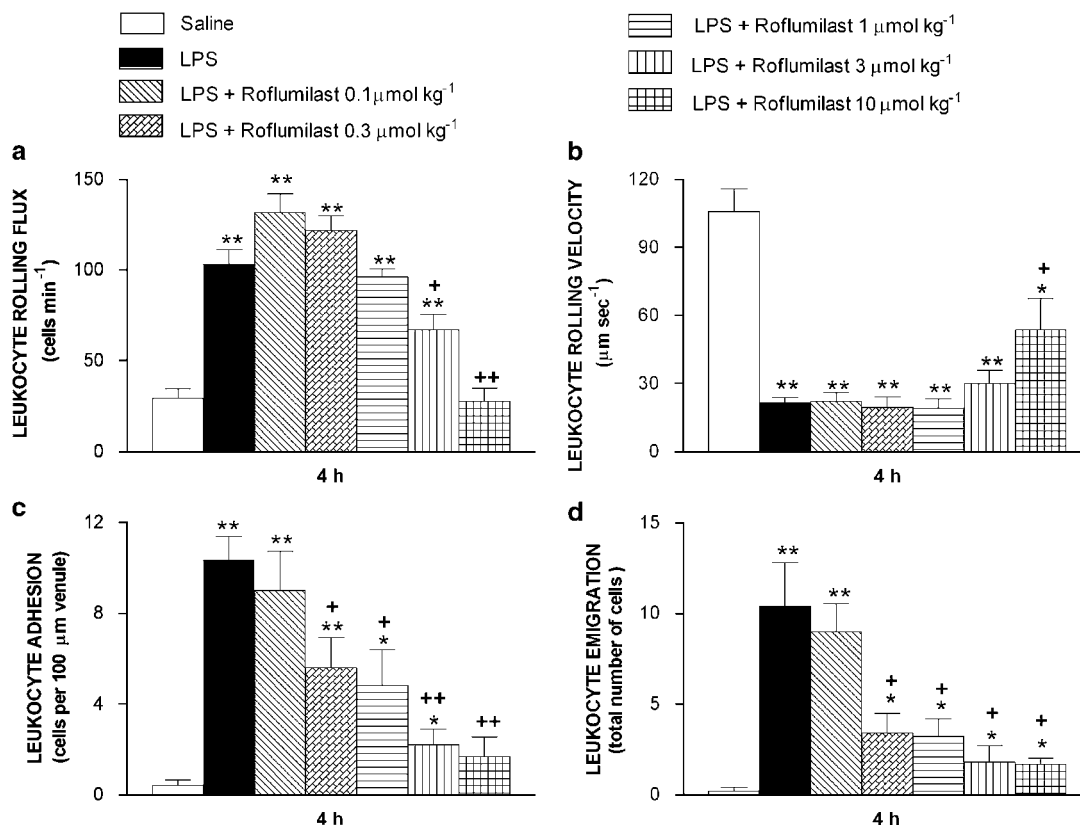


Figure 1 Effect of roflumilast on LPS-induced leukocyte rolling flux (a), rolling velocity (b), adhesion (c) and emigration (d) in rat mesenteric postcapillary venules. Parameters were measured 4 h after i.p. injection of 5 ml of saline or 5 ml of LPS ($0.2 \mu\text{g ml}^{-1}$) in the following experimental groups: untreated rats exposed to buffer (negative control), untreated rats exposed to LPS (positive control) and LPS-exposed rats pretreated with roflumilast (0.1 – $10 \mu\text{mol kg}^{-1}$ p.o., 1 h before LPS injection). Data are mean \pm s.e. mean from five to six rats per group; * $P < 0.05$ or ** $P < 0.01$ compared to negative control; + $P < 0.05$ or ++ $P < 0.01$ compared to positive control. LPS, lipopolysaccharide.

Inhibition of PMNL adherence to HUVEC by roflumilast N-oxide *in vitro*

To complement these findings *in vivo*, we assessed, *in vitro*, if roflumilast N-oxide directly reduced adhesion of non-stimulated human peripheral blood-derived PMNL to HUVEC activated with 0.3 ng ml^{-1} TNF α over 3 h (Protocol 1) or adhesion of fMLP-stimulated PMNL to non-stimulated HUVEC (Protocol 2) *in vitro*. In Protocol 1, complete and selective inhibition of PDE4 by $1 \mu\text{M}$ roflumilast N-oxide resulted in approximately 64% ($P < 0.001$ versus TNF α) reduction of TNF α -induced PMNL adhesion to HUVEC (Figure 3a). This effect was unchanged in the additional presence of the PDE3 inhibitor motapizone ($10 \mu\text{M}$); this inhibitor was inactive on its own. ADA significantly reversed the inhibition of PMNL adhesion to

TNF α -prestimulated neutrophils (Figure 3a). Roflumilast N-oxide was as potent as roflumilast but more potent than rolipram or cilomilast in decreasing TNF α -elicited PMNL adhesion (Figure 3b; Table 2). In Protocol 2, adhesion of fMLP-activated PMNL to HUVEC was reduced by roflumilast N-oxide and rolipram at IC₅₀ of 1.2 and 47 nM, respectively, with a maximum effect of approximately 60–70% (data not shown).

Roflumilast N-oxide inhibits TNF α -induced E-selectin on HUVEC *in vitro*

First, effects of the PDE4 inhibitor on E-selectin mRNA expression were analysed. TNF α (30 pg ml^{-1}) enhanced E-selectin transcripts by ~40-fold and this enhancement

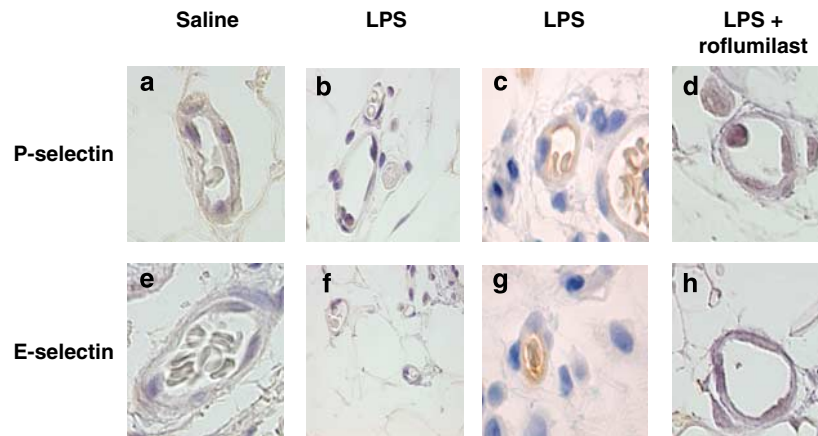


Figure 2 Representative photomicrographs of rat mesenteric venules showing immunolocalization of P- and E-selectin expression in animals untreated and pretreated with roflumilast ($10 \mu\text{mol kg}^{-1}$ p.o.) after LPS exposure. P-selectin expression after 4 h saline (a) or LPS exposure in the untreated group using a primary control antibody (b) or LPS exposure in the untreated group using an anti-rat P-selectin mAb (c) and roflumilast-pretreated group using an anti-rat P-selectin mAb (d). E-selectin expression after 4 h saline (e) or LPS exposure in the untreated group using a primary control antibody (f) or LPS exposure in the untreated group using an anti-rat E-selectin mAb (g) and roflumilast-pretreated group using an anti-rat E-selectin mAb (h). Brown reaction product indicates positive immunoperoxidase localization for all CAMs on the vascular endothelium. All panels are lightly counterstained with hematoxylin/eosin and are of the same magnification ($\times 400$). Results are representative of five to six experiments for each treatment. CAM, cell adhesion molecule; LPS, lipopolysaccharide.

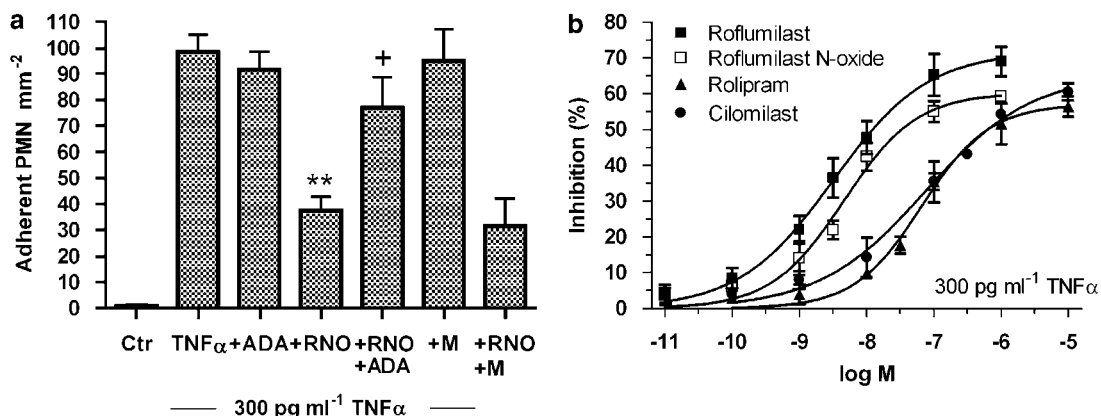


Figure 3 Adhesion of PMNL to TNF α -prestimulated HUVEC and its response to PDE inhibitors. Endothelial cell monolayers were stimulated with 0.3 ng ml^{-1} TNF α for 3 h. Medium was removed and PDE4 inhibitors (roflumilast N-oxide (RNO) or roflumilast (10 pM – $1 \mu\text{M}$), or rolipram or cilomilast (0.1 nM – $10 \mu\text{M}$)), or $10 \mu\text{M}$ motapizone (M), or 1 U ml^{-1} ADA, followed by PMNL ($50\,000$ cells per well) were added for 30 min. The amount of PMNL adherent to HUVEC monolayers was determined based on measuring MPO activity in lysed PMNL as described in Materials and methods. (a) Comparison of $1 \mu\text{M}$ RNO, $10 \mu\text{M}$ M or 1 U ml^{-1} ADA. The number of PMNL attached to HUVEC per mm^2 is shown as mean \pm s.e. mean from six experiments in triplicates. ** $P < 0.01$ versus TNF α , + $P < 0.05$ versus TNF α and RNO (b) Concentration-dependent inhibition by roflumilast N-oxide, roflumilast, cilomilast or rolipram. Results (means \pm s.e. mean from four experiments, in triplicates) were evaluated as percent inhibition of the TNF α -induced PMNL adhesion. ADA, adenosine deaminase; HUVEC, human umbilical vein endothelial cells; PDE4, phosphodiesterase 4; TNF α , tumour necrosis factor- α .

was not affected by 1 μM roflumilast N-oxide alone (Figure 4a). However, the PDE4 inhibitor significantly reduced E-selectin mRNA by another $\sim 60\%$ in the presence of motapizone (10 μM). Motapizone at this concentration decreased E-selectin expression by $\sim 20\%$, when used alone (Figure 4a). Inhibition of E-selectin mRNA expression by this combination of PDE inhibitors was dependent on the concentration of roflumilast N-oxide and a significant reduction of approximately 50% was achieved at 3 nM roflumilast N-oxide (Figure 4b).

We then measured E-selectin protein (Figure 5) and found that 1 μM roflumilast N-oxide inhibited TNF α -induced E-selectin protein in the presence of the PDE3 inhibitor motapizone (10 μM), in an overadditive manner, but was ineffective alone (Figure 5a). Roflumilast and roflumilast N-oxide were more potent than rolipram and cilomilast in suppressing the expression of E-selectin protein elicited by TNF α in the presence of 10 μM motapizone (Figure 5b).

Roflumilast N-oxide inhibits surface CD11b expression on human neutrophils in vitro

The effects of PDE4 inhibitors on fMLP-triggered neutrophil surface CD11b expression were explored in a whole-blood assay where plasma protein binding of the investigated compounds had to be considered. Roflumilast (IC₅₀ = 51 nM), roflumilast N-oxide (IC₅₀ = 182 nM) and rolipram (IC₅₀ = 163 nM) reversed fMLP-induced surface CD11b expression on neutrophils with rather comparable potency, which was higher than that achieved with cilomilast (IC₅₀ = 4.4 μM ; Figure 6). The PDE4 inhibitors were similarly equi-effective affording a maximum inhibition of 65–75%.

Adenosine released from fMLP-stimulated neutrophils may act as an autocrine mediator to support the inhibition of neutrophil functions by PDE4 inhibitors. In the presence of ADA (1 U ml⁻¹), the potency of roflumilast to reduce surface CD11b expression on neutrophils decreased by approximately 6.5-fold (IC₅₀ = 248 nM in the presence of

Table 2 Potency of PDE4 inhibitors in regulating endothelial cell and neutrophil functions and their interaction *in vitro*

	Stimulus	IC ₅₀ (nM)				
		Motapizone (10 μM)	Roflumilast	Roflumilast N-oxide	Rolipram	Cilomilast
Adhesion (PMNL/HUVEC)	0.3 ng ml ⁻¹ TNF α	No	3.2	4.5	65	74.6
	1 μM fMLP	No		1.2	47	
E-selectin (HUVEC)	30 pg ml ⁻¹ TNF α	Yes	2.6	4.6	353	936
CD11b (neutrophils)	1 μM fMLP	No	0.5	6.2	35	265
Permeability (HUVEC)	1 U ml ⁻¹ thrombin	No	3.3	1.7	56.4	207
		Yes	0.7	0.6	27.8	83.4
PDE4 inhibition (PMNL) ^a	—	—	0.8	2	210	120

Abbreviations: fMLP, *N*-formyl-methionyl-leucyl-phenylalanine; HUVEC, human umbilical vein endothelial cells; PDE4, phosphodiesterase 4; PMNL, polymorphonuclear leukocytes; TNF α , tumour necrosis factor- α .

IC₅₀ values were calculated from concentration–inhibition curves (see figures) by nonlinear regression using GraphPad Prism software, except for the values shown for CD11b expression. Here, the IC₅₀ values from the data in Figure 6 have been corrected for the different extent of binding to plasma proteins for each PDE4 inhibitor (see Discussion).

^aIC₅₀ values for inhibition of PDE4 from human neutrophils measured at 0.5 μM cAMP substrate concentration were taken from Hatzelmann and Schudt (2001).

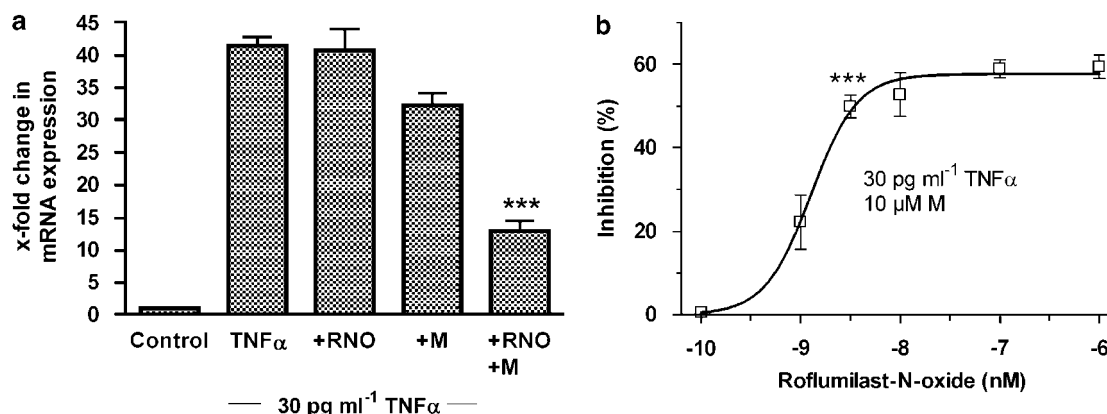


Figure 4 Relative quantitation of E-selectin mRNA in HUVEC stimulated with TNF α in the presence or absence of PDE inhibitors. HUVEC were preincubated with roflumilast N-oxide (RNO, 0.1 nM–1 μM), or 10 μM motapizone (M), for 15 min and stimulated with 30 pg ml⁻¹ TNF α over 2 h. E-selectin mRNA was evaluated by real-time RT-PCR as detailed in the Materials and methods. The change in mRNA expression compared to control (defined as 1) was calculated from measured C_T values obtained for E-selectin relative to 18S mRNA with the 2^{- $\Delta\Delta\text{C}_T$} procedure. Results are shown as the means \pm s.e. mean from three experiments in duplicate. ****P* < 0.001 relative to TNF α + M. (a) Effects of 1 μM RNO in the presence or absence of 10 μM motapizone. Columns show the x-fold change in mRNA expression versus control; (b) E-selectin mRNA was concentration-dependently reduced by RNO in the presence of a fixed concentration of motapizone (10 μM). The percent inhibition of the increase in mRNA expression, induced by 30 pg ml⁻¹ TNF α in the presence of 10 μM motapizone is shown. HUVEC, human umbilical vein endothelial cells; RT-PCR, reverse-transcription PCR; TNF α , tumour necrosis factor- α .

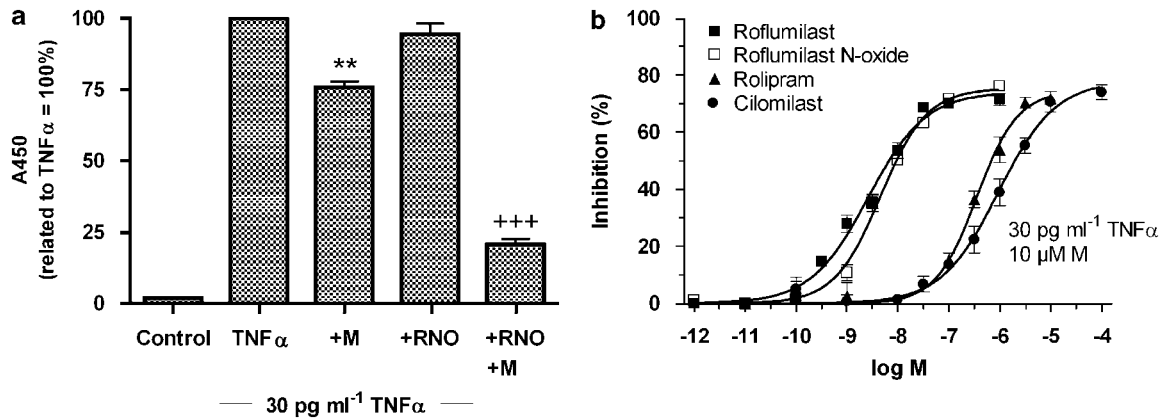


Figure 5 Influence of PDE inhibitors on TNF α -induced E-selectin protein on HUVEC. Monolayers of endothelial cells were preincubated with PDE4 inhibitors (1 pM–1 μ M roflumilast, roflumilast N-oxide (RNO), rolipram, 100 pM–100 μ M cilomilast) or 10 μ M motapizone (M) and E-selectin expression was induced following 30 pg ml $^{-1}$ TNF α over 3 h. E-selectin protein was determined by cell-surface ELISA. (a) Effects of 1 μ M RNO, 10 μ M motapizone (M) or their combination. Data are related to the absorbance with TNF α alone defined as 100% for each individual experiment. Results are shown from eight experiments in triplicates. ** $P < 0.01$ versus TNF α , +++ $P < 0.001$ versus TNF α + M, (b) PDE4 inhibitors concentration-dependently decrease E-selectin expression in the presence of 10 μ M motapizone (M). Means \pm s.e. mean of percent inhibition of the absorbance with TNF α in the presence of motapizone are shown. $n = 3$ –6 experiments in triplicate. ELISA, enzyme-linked immunosorbent assay; HUVEC, human umbilical vein endothelial cells; PDE4, phosphodiesterase 4; TNF α , tumour necrosis factor- α .

ADA compared to $IC_{50} = 38$ nM in its absence) (data not shown). Adding ADA did not change the maximum effect of PDE4 inhibitors or the extent of fMLP-induced surface CD11b presented on neutrophils.

Inhibition of histamine-induced rat mesenteric microvascular permeability by roflumilast in vivo

When histamine was superfused for 1 h on the mesentery of saline-treated rats, plasma protein leakage as reflected by extravasation of FITC-conjugated albumin was increased. Roflumilast (0.1–10 μ mol kg $^{-1}$ p.o., single dose) significantly and dose-dependently reduced FITC-albumin extravasation (Figure 7) with an ID_{50} of 88 nmol kg $^{-1}$. At the highest dose used (10 μ mol kg $^{-1}$), roflumilast reversed histamine-induced extravasation of FITC-albumin by approximately 85%.

Roflumilast N-oxide reduced thrombin-induced macromolecule permeability in HUVEC monolayers in vitro

Thrombin-induced macromolecule permeability was reduced following complete and selective inhibition of PDE4 (1 μ M roflumilast N-oxide) or PDE3 (10 μ M motapizone) by ~65 and 35%, respectively, and was suppressed below baseline by dual-selective inhibition of PDE3 and PDE4 (Figure 8a). Among PDE4 inhibitors, the potencies of roflumilast ($IC_{50} = 3.3$ nM) and roflumilast N-oxide ($IC_{50} = 1.7$ nM) to restore HUVEC barrier integrity impaired by thrombin were very close. However, these potencies were higher than those of rolipram ($IC_{50} = 56$ nM) and cilomilast ($IC_{50} = 207$ nM) (Figure 8b). In the presence of the PDE3 inhibitor motapizone (10 μ M), the potency of the PDE4 inhibitors in reducing macromolecule permeation increased by approximately two- to fourfold (Table 2).

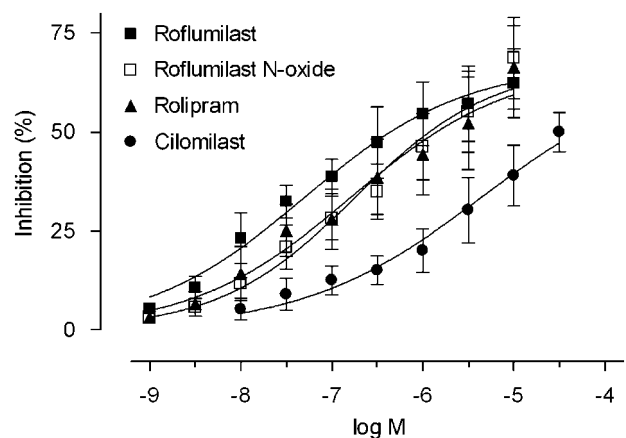


Figure 6 PDE4 inhibitors modulated CD11b expression on human neutrophils. Whole-blood samples were incubated with vehicle, roflumilast roflumilast-N-oxide, rolipram (1 nM–10 μ M) or cilomilast (0.01–100 μ M) for 20 min at 37°C and then stimulated with 1 μ M fMLP for another 20 min. Thereafter, samples were incubated with FITC-conjugated anti CD11b antibody. FITC-fluorescence in the neutrophil gate was quantitated by flow cytometry. Results are presented as percentage inhibition of fMLP-induced CD11b upregulation based on MFI recordings. Data are means \pm s.e. mean from four to six experiments. FITC, fluorescein isothiocyanate; fMLP, *N*-formyl-methionyl-leucyl-phenylalanine; MFI, mean fluorescence intensity; PDE4, phosphodiesterase 4.

Discussion and conclusions

The PDE4 inhibitor roflumilast dose-dependently reduced LPS-induced leukocyte–endothelial interactions in rat mesenteric postcapillary venules in a 4-h protocol. In addition, roflumilast suppressed histamine-induced permeability in rat mesenteric microvasculature. Complementary *in vitro* studies showed that roflumilast N-oxide directly reduced PMNL adherence to HUVEC, neutrophil surface CD11b expression, HUVEC E-selectin expression and macromolecule

permeability. Thus, roflumilast decreased endothelial cell activation *in vivo* and *in vitro*.

Roflumilast at $10 \mu\text{mol kg}^{-1}$ almost completely suppressed LPS-induced leukocyte-endothelial cell interactions *in vivo*. LPS-induced leukocyte adhesion and emigration were potently reversed by roflumilast. Indeed, extrapolations from pharmacokinetic investigations with roflumilast in Sprague-Dawley rats (data not shown) indicate that at the calculated ID_{50} values for inhibition of leukocyte adhesion

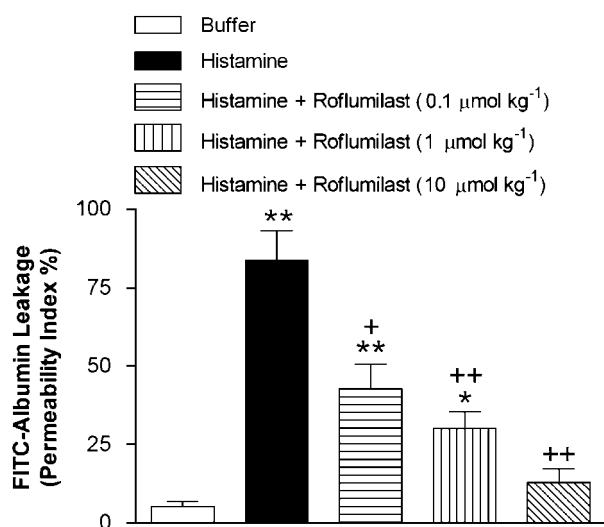


Figure 7 Effects of roflumilast on histamine-induced microvascular permeability in rat mesenteric postcapillary venules *in vivo*. Microvascular permeability index (see Materials and methods section for definition) was measured 1 h after mesenteric superfusion with $100 \mu\text{M}$ histamine in the following experimental groups: untreated rats exposed to buffer (negative control); untreated rats exposed to histamine (positive control) and histamine-exposed rats pretreated with roflumilast ($0.1\text{--}10 \mu\text{mol kg}^{-1}$ p.o. 1 h before histamine superfusion). Results are shown as means \pm s.e. mean from three rats per group; ** $P < 0.01$ compared to negative control; ++ $P < 0.01$ compared to positive control.

and emigration by the PDE4 inhibitor, free plasma concentrations of roflumilast and roflumilast N-oxide may approach $2\text{--}8 \text{ nM}$ over the 4-h experimental period corresponding to $50\text{--}80\%$ inhibition of PDE4 (Hatzelmann and Schudt, 2001). Therefore, the potency of roflumilast to reduce LPS-induced leukocyte adhesion and emigration *in vivo* paralleled its capacity to inhibit PDE4. As firm adhesion is mainly governed by leukocyte β_2 -integrins, it is likely that the potent inhibition of neutrophil surface CD11b upregulation by roflumilast N-oxide *in vitro* contributed to the strong reduction of LPS-induced leukocyte adhesion in this *in vivo* model. In fact, in animals pretreated with roflumilast at $10 \mu\text{mol kg}^{-1}$, LPS-induced increase of CD11b neutrophil expression was reduced by 47% . On the other hand, leukocyte rolling is governed by a number of CAMs, such as P/E-selectin, α_4 -integrin and L-selectin (Johnston *et al.*, 1997; Ley *et al.*, 1998), which may be differentially affected by PDE4 inhibitors. While endothelial P/E-selectin or neutrophil α_4 -integrin are reduced (Blease *et al.*, 1998; Sanz *et al.*, 2002; Sullivan *et al.*, 2004 and this study), neutrophil L-selectin may be augmented (Berends *et al.*, 1997). These findings, together with the observation on the complete inhibition of LPS-induced rolling by either L-selectin or α_4 -integrin antibodies (in the absence of P-selectin) (Johnston *et al.*, 1997), may explain the reduced potency but unchanged efficacy of roflumilast to reduce LPS-induced leukocyte rolling.

Strikingly, roflumilast diminished LPS-induced plasma $\text{TNF}\alpha$ increase in Sprague-Dawley rats with approximately the same potency (Bundschuh *et al.*, 2001) as observed for inhibition of LPS-induced leukocyte adhesion and emigration in the current study. Therefore, part of the effects displayed by roflumilast may be due to its rapid inhibition of LPS-induced increase of plasma $\text{TNF}\alpha$ *in vivo*.

In rodents, PDE4 inhibitors may stimulate the hypothalamic-pituitary-adrenal axis. Thus, an increase in endogenous corticosterone plasma levels may, in part, account for the anti-inflammatory effects of PDE4 inhibitors. In mice, plasma corticosterone rose by approximately four- to sixfold

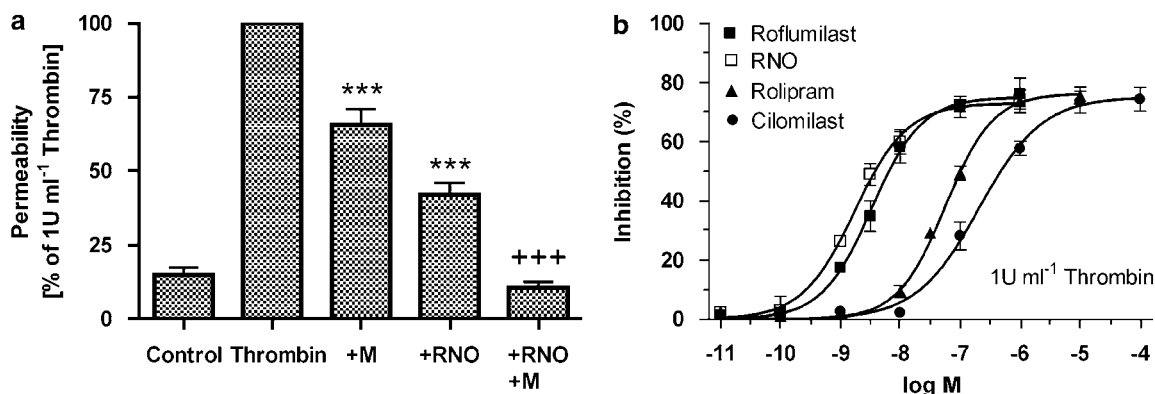


Figure 8 Thrombin-induced macromolecule permeability of HUVEC monolayers was regulated by PDE4 inhibitors. HUVEC cultured on polycarbonate filters in Transwells were preincubated with PDE4 inhibitors ($10 \text{ pM}\text{--}1 \mu\text{M}$ roflumilast, roflumilast N-oxide (RNO), $100 \text{ pM}\text{--}10 \mu\text{M}$ rolipram, $100 \text{ pM}\text{--}100 \mu\text{M}$ cilomilast), or $10 \mu\text{M}$ motapizone (M), and stimulated with 1 U ml^{-1} thrombin. Horseradish peroxidase ($5 \mu\text{g ml}^{-1}$) was added to the upper wells and permeation of the marker protein into the lower wells was assessed after 60 min. (a) Effects of $1 \mu\text{M}$ roflumilast N-oxide, or $10 \mu\text{M}$ motapizone. Results are related to macromolecule permeation with 1 U ml^{-1} thrombin defined as 100% for each individual experiment and given as means \pm s.e. mean from five experiments in triplicates. *** $P < 0.001$ compared to thrombin alone; +++ $P < 0.001$ compared to thrombin + M, (b) PDE4 inhibitors concentration-dependently reduced thrombin-induced macromolecule permeability of HUVEC monolayers. Data from four experiments in triplicate are summarized as means \pm s.e. mean of percent inhibition of permeability in the presence of thrombin alone. HUVEC, human umbilical vein endothelial cells; PDE4, phosphodiesterase 4.

after 30 min rolipram administration. The reduction of the LPS-induced TNF α release in an *ex vivo* whole-blood assay or the ovalbumin-induced pulmonary eosinophilic infiltration by the PDE4 inhibitor was partially reversed by a glucocorticoid receptor antagonist (Pettipher *et al.*, 1997; Kung *et al.*, 2000). In rats, rolipram rapidly (20 min after i.p. injection) and dose-dependently augmented serum corticosterone levels (Kumari *et al.*, 1997). It is therefore possible that the reduction of LPS-induced leukocyte–endothelial cell interactions in the mesenteric postcapillary venules by roflumilast may be attributed, in part, to an increase of serum corticosterone levels. Notwithstanding that, roflumilast and roflumilast N-oxide directly reduced adherence of PMNL to activated HUVEC *in vitro*.

Given that PDE4 inhibitors attenuate fMLP-, leukotriene B₄- or platelet-activating factor-stimulated upregulation of PMNL surface CD11b (Derian *et al.*, 1995; Sato *et al.*, 2002; Meliton *et al.*, 2006 and this study) and considering that endothelial cells activated by cytokines upregulate surface β_2 -integrin on neutrophils (Kuijpers *et al.*, 1991; Simon *et al.*, 2000), it is proposed that roflumilast N-oxide prevented adherence of resting PMNL to activated endothelial cells by inhibiting the upregulation of PMNL surface β_2 -integrin. In agreement with this, roflumilast N-oxide or rolipram reduced fMLP-induced PMNL adherence to resting HUVEC with comparable potency and efficacy (Jones *et al.*, 2005 and this study). ADA reversed the inhibition of PMNL adherence to TNF α -activated HUVEC by roflumilast N-oxide and compromised the potency of the PDE4 inhibitor to reduce fMLP-induced surface CD11b on human neutrophils in agreement with earlier studies (Derian *et al.*, 1995; Wollner *et al.*, 1993). Endothelial cells and neutrophils by themselves are strong producers of adenosine that may reinforce the effects of PDE4 inhibitors (Sullivan *et al.*, 2001). These observations suggest that the capacity of roflumilast N-oxide to efficiently reduce neutrophil β_2 -integrin expression or adherence to endothelial cells may be confined to areas of (neutrophilic) inflammation where adenosine concentrations are reported to be high (10–100 μ M) (Hasko and Cronstein, 2004). In contrast, in non-inflamed areas where local adenosine concentrations are low (<1 μ M) (Hasko and Cronstein, 2004), the PDE4 inhibitor may be less potent.

Neither roflumilast nor roflumilast N-oxide (up to 1 μ M) affected baseline adherence of resting PMNL to unstimulated HUVEC (data not shown). It was shown recently that incubation of HUVEC with roflumilast over 24 h augments baseline IL-8 release, indicating that the PDE4 inhibitor may activate HUVEC. However, this increased IL-8 release was not observed with roflumilast up to 1 μ M (that is at concentrations selectively inhibiting PDE4) but occurred at 10 and 100 μ M of the compound (McCluskie *et al.*, 2006). At these high concentrations (that is 5000- and 50 000-fold higher than therapeutic plasma levels of roflumilast and roflumilast N-oxide in humans; Bethke *et al.*, 2007), the compound loses its selectivity as an inhibitor of PDE4.

In agreement with previous findings (Pober *et al.*, 1993; Morandini *et al.*, 1996; Bleas *et al.*, 1998), dual-selective inhibition of PDE4 and PDE3 reduced HUVEC E-selectin expression by approximately 80%. Motapizone (10 μ M), with only approximately 20% inhibition by itself, was synergistic

in combination with 1 μ M roflumilast N-oxide, where the latter did not affect E-selectin mRNA or protein on its own, reflecting the co-expression of PDE3 and PDE4 in HUVEC (Seybold *et al.*, 2005).

In inflammation, a myriad of mediators directly or indirectly foster endothelial permeability and consequently extravasation of fluids and protein into the extravascular compartment. It is well known that cAMP protects the integrity of the endothelial barrier that is impaired in the presence of thrombin. Recent studies have shown that both protein kinase A and the 'exchange protein directly activated by cAMP' (Epac) are critical components in the reduction of endothelial permeability by cAMP (Cullere *et al.*, 2005; Fukuhara *et al.*, 2005; Kooistra *et al.*, 2005; Birukova *et al.*, 2007). Epac-1/Rap1 but also protein kinase A activate Rac, crucial to the provision of an array of cytoskeletal effectors, finally resulting in an improved endothelial barrier. Other mechanisms such as protein kinase A-dependent myosin light chain kinase (MLCK) phosphorylation and RhoA inactivation are also involved in cAMP-dependent protection of the endothelial barrier (Birukova *et al.*, 2007). Consequently, previous investigations have shown that the PDE4 inhibitors rolipram or piclamilast reduce histamine-induced microvascular leakage in guinea pig airways (Ortiz *et al.*, 1993; Raeburn *et al.*, 1994). In our study, roflumilast efficiently suppressed histamine-induced rat mesenteric microvascular permeability *in vivo*. In fact, among all the *in vivo* functions explored in this study, microvascular permeability exhibited the highest sensitivity for inhibition by roflumilast. *In vitro*, roflumilast N-oxide potently diminished thrombin-induced endothelial permeability. The ability of PDE4 and PDE3 inhibitors to protect endothelial barrier integrity *in vitro* is broadly corroborated by previous studies (Suttorp *et al.*, 1993, 1996; Draijer *et al.*, 1995). It is possible that promoting endothelial barrier integrity by PDE4 inhibitors may potentially contribute to reducing airway oedema in asthma, alveolar oedema in acute lung injury or to mitigating vascular remodelling.

The potencies (IC₅₀) of roflumilast N-oxide or roflumilast compared to rolipram or cilomilast to reduce adherence of PMNL to HUVEC, neutrophil surface CD11b, E-selectin expression and HUVEC permeability are summarized in Table 2 and for comparison, the IC₅₀ for inhibition of PDE4 catalytic activity from human neutrophil extracts (Hatzelmann and Schudt, 2001) are given. For CD11b, IC₅₀ values in the absence of plasma proteins, as shown in Table 2, were estimated from those obtained in the whole-blood assay, considering the following fractions unbound to human plasma: roflumilast 1.1%, roflumilast N-oxide 3.4% (Hauns *et al.*, 2006), rolipram 22%, cilomilast 6% (Hatzelmann and Schudt, 2001). Roflumilast N-oxide and roflumilast reduced endothelial cell and neutrophil functions with IC₅₀ ~0.5–6.2 nM, which is comparable to their previously reported potency to inhibit PDE4 as well as inflammatory cell functions (Hatzelmann and Schudt, 2001). In addition, plasma concentrations of roflumilast and roflumilast N-oxide required for inhibition of leukocyte adhesion or endothelial permeability by roflumilast in rats *in vivo* (estimated from ID₅₀) were in the same range as those inhibiting the corresponding endothelial and neutrophil

functions *in vitro*. Roflumilast and roflumilast N-oxide were more potent than rolipram and cilomilast in affecting the investigated endothelial cell functions and endothelial-PMNL adhesion. Cilomilast was the least potent of the four PDE4 inhibitors tested in our assays. This illustrates the higher capacity of roflumilast and its active metabolite to reduce PDE4 activity over rolipram or cilomilast.

In conclusion, by extending earlier investigations that characterized the anti-inflammatory potential of roflumilast, the current study has revealed the capacity of this PDE4 inhibitor to potently suppress the leukocyte-endothelial cell interactions and the increased endothelial permeability that are hallmarks of chronic inflammation *in vivo* and *in vitro*.

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Conflict of interest

This research was supported in part by ALTANA Pharma AG, a member of the Nycomed group, Konstanz, Germany.

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