

Letters to the Editor

Sir,

We read with interest the article by Coleman et al reporting on prognostic factors at the time of diagnosis of metastatic breast cancer. The factors which the investigators found are precisely those which we reported previously (Williams et al. 1986; Robertson et al. 1992). We are surprised that the authors appear unaware of this previous work as it has been widely presented in addition to being published. Blanco and colleagues also reported similar findings in this very journal in 1991 (Blanco et al. 1991).

The investigators in this case did not use Cox analysis, from which the β -values generated may be used to construct an index which prospectively places patients in different prognostic groups. Only by doing so can the work have any clinical application. Blanco found that the index which we had derived (Williams et al. 1986) and confirmed (Robertson et al. 1992) worked very well in his population (Blanco et al. personal communication). Having

identified independent factors, we wonder what is the value of this if one does not combine them into a clinically useful index.

JFR Robertson and RW Blamey, City Hospital, Hucknall Road, Nottingham NG5 1PB, UK

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Reply to the letter from Robertson to Blamey

Sir,

We are well aware of the prognostic factors in advanced breast cancer described by the Nottingham Group and many other centres around the world, but Robertson and Blamey appear to have missed the point of our publication. Our series relates specifically to breast cancer patients with bone as the first site of recurrence and contains 4–5 times the number of patients with this problem compared with the references cited by them. Our study investigates factors which may determine the subsequent clinical course of this specific subgroup and evaluates factors which predict for disease remaining confined to the skeleton. The aim of the study was to define patient groups who are mostly likely to develop skeleton-related events as their dominant clinical problem and, thus, benefit most from bisphosphonate treatment.

We did use the Cox regression analysis, but chose not to construct a prognostic index because the next stage of investigation is to correlate the exact number of skeleton-related events with the prognostic subgroups we have defined to determine whether these are indeed a greater clinical problem in those patients with bone-only disease and a prolonged survival. Only then can rational guidelines be made on the selection of patients for bisphosphonate treatment.

RE Coleman and RD Rubens, Department of Clinical Oncology, The University of Sheffield, Weston Park Hospital NHS Trust, Whitham Road, Sheffield S10 2SJ, UK

Ultraviolet radiation and cutaneous lymphoma

Sir,

Iscovich et al (1998) point to the immunosuppressive effect of ultraviolet radiation (UV) as a possible factor in the development of cutaneous lymphoma. However, they overlook the direct anti-neoplastic effect of UV-B on early stage cutaneous T-cell lymphoma (CTCL). The effectiveness of UV-B in the treatment of early stage CTCL, especially patch-stage mycosis fungoides (MF), is well documented (Hermann et al. 1995). The sun-protected regions, for example the bathing-trunk area and the female breasts,

are sites of predilection for lesions of MF. By contrast, the face and dorsa of the hands are relatively uncommon locations.

The authors use the term cutaneous lymphoma (CL) to include both MF and non-MF cutaneous lymphomas. They then compare the incidence of CL in Israel with that reported by Weinstock and Horm (1988) for the USA. However, the data of Weinstock and Horm refer specifically only to MF [including the Sezary syndrome (SS)]. In the registry for CL of the European Organization for Research and Treatment of Cancer (EORTC)

Cutaneous Lymphoma Project Group (Burg et al. 1998) involving 827 patients CTCL, which includes MF and SS, was four times as frequent as cutaneous B-cell (CBCL) lymphoma. This indicates that in the EORTC data non-MF CL comprises about 20% of all CLs. Over 700 patients with CL have been registered at the University of California, San Francisco CL, USA, clinic since 1971. Approximately 5–6% were of the non-MF type (unpublished data). Therefore, the comparison of Iscovich et al's (1998) data with that of Weinstock and Horm (1988) requires qualification.

The authors note that the incidence of CL in the USA rose from 1973 to 1984, '... and may have continued to rise (Weinstock, 1994; Koh et al. 1995).' However, I could find no data or statement in either of those two articles to support the suggestion of a continued increase in the incidence of CL since 1984. In fact, Koh et al (1995) state, 'However, preliminary analyses did not find that the crude incidence of MF continued to increase during the subsequent 6 years (MA Weinstock, unpublished data).'

Possible relationship of the apolipoprotein E (ApoE) $\epsilon 4$ allele to prostate cancer

Sir,

Mantzoros et al (1997) report that increased insulin-like growth factor 1 levels are a risk factor for prostate cancer. Another molecular marker, the apolipoprotein E (ApoE) $\epsilon 4$ allele, is a risk factor for Alzheimer's disease (Poirier et al. 1993) and might be a risk factor for prostate cancer as well.

Alzheimer's disease and prostate cancer share a common incidence pattern. Onset of Alzheimer's disease before age 60 is infrequent and caused by specific gene abnormalities. Prostate cancer is also rare in men before age 60, and there is generally a strong genetic component in these cases. As men get older, the prostate cancer incidence continues to increase, and the older cases do not generally have a family history (Stephenson, 1996). Like Alzheimer's disease, the supposition is that if men get old enough most will develop prostate cancer.

Among the three ApoE alleles, the $\epsilon 4$ allele confers the highest Alzheimer's disease risk. The $\epsilon 3$ allele is associated with less risk, and the $\epsilon 2$ allele appears to be protective. The $\epsilon 4$ – $\epsilon 4$ genotype (i.e. two $\epsilon 4$ alleles) confers the highest risk of all (Strittmatter and Roses, 1995).

The antioxidant activity of ApoE alleles protects cells in culture from oxidative damage. The $\epsilon 2$ allele is most protective, the $\epsilon 3$ allele less so, and the $\epsilon 4$ allele least protective of all (Miyata and Smith, 1996). The decreased antioxidant activity of $\epsilon 4$ could contribute to its association with Alzheimer's disease. Because antioxidants also protect against cancer (Duthie et al. 1996), the $\epsilon 4$ allele might predispose to the development of malignant disease.

In 35 men with prostate cancer, ApoE genotype was determined by polymerase chain reaction with a standard method (Slooter et al. 1997). The frequency of the $\epsilon 4$ allele was 0.24. This may be compared with a control $\epsilon 4$ allele frequency of 0.135 or 0.138, reported by Slooter et al (1997). The increased frequency of the $\epsilon 4$ allele in the prostate cancer cases resembles its increased frequency in dementia of 0.22 (Slooter et al. 1997).

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Hershel Zackheim, Department of Dermatology, University of California at San Francisco, Box 0316, San Francisco CA 9414 30316, USA

Furthermore, the two prostate cancer patients who were homozygous $\epsilon 4$ – $\epsilon 4$ were age 52 and 58 years, significantly younger than the average age (67 ± 5.7 years, mean \pm s.d.) of the 33 other patients ($P = 0.0248$, Mann–Whitney U test and Wilcoxon rank sum W -test corrected for ties). In Alzheimer's disease, the patients who are homozygous $\epsilon 4$ – $\epsilon 4$ also have the earliest disease onset (Blacker et al. 1997). Thus, further investigation of the possible relationship of ApoE to prostate cancer, and perhaps other forms of cancer, might be worthwhile.

S Lehrer, 30 West 60th Street, New York, NY 10023, USA

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