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Fibroblast growth factor receptor 1 signaling in the osteo-chondrogenic cell lineage regulates sequential steps of osteoblast maturation

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Abstract

Mutations in *fibroblast growth factor receptors (Fgfrs) 1–3* cause skeletal disease syndromes in humans. Although these *Fgfrs* are expressed at various stages of chondrocyte and osteoblast development, their function in specific skeletal cell types is poorly understood. Using conditional inactivation of *Fgfr1* in osteo-chondrocyte progenitor cells and in differentiated osteoblasts, we provide evidence that FGFR1 signaling is important for different stages of osteoblast maturation. Examination of osteogenic markers showed that inactivation of FGFR1 in osteo-chondro-progenitor cells delayed osteoblast differentiation, but that inactivation of FGFR1 in differentiated osteoblasts accelerated differentiation. In vitro osteoblast cultures recapitulated the in vivo effect of FGFR1 on stage-specific osteoblast maturation. In immature osteoblasts, FGFR1 deficiency increased proliferation and delayed differentiation and matrix mineralization, whereas in differentiated osteoblasts, FGFR1 deficiency enhanced mineralization. Furthermore, FGFR1 deficiency in differentiated osteoblasts resulted in increased expression of *Fgfr3*, a molecule that regulates the activity of differentiated osteoblasts. Mice lacking *Fgfr1*, either in progenitor cells or in differentiated osteoblasts, showed increased bone mass as adults. These data demonstrate that signaling through FGFR1 in osteoblasts is necessary to maintain the balance between bone formation and remodeling through a direct effect on osteoblast maturation.

Keywords

Fibroblast growth factor receptor 1 (FGFR1); Skeletal development; Chondrocyte; Osteoblasts

Introduction

Mutations in *FGFRs* account for many of the craniosynostosis and chondrodysplasia syndromes in humans (Chen and Deng, 2005; Morriss-Kay and Wilkie, 2005; Ornitz, 2005; Ornitz and Marie, 2002). Although the vast majority of mutations that cause craniosynostosis syndromes are associated with *FGFR2*, a single missense mutation in *FGFR1* (P252R) can cause Pfeiffer syndrome and phenocopies several Pfeiffer syndrome mutations in *FGFR2* (Schell et al., 1995). The same mutation has also been identified in a single patient who presented with Jackson–Weiss syndrome (Roscioli et al., 2000), a mild craniofacial syndrome. Other missense mutations in *FGFR1* cause osteoglophonic dysplasia, a syndrome involving craniosynostosis, rhizomelic dwarfism and non-ossifying bone lesions

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(White et al., 2005). This genetic evidence establishes a role for *FGFR1* in skeletal development and suggests that *FGFR1*, *FGFR2* and *FGFR3* signaling pathways may have similar or redundant functions. In addition to premature fusion of cranial sutures, several of the classic craniosynostosis syndromes have associated phenotypes that affect long bone development in the appendicular skeleton. For example, Pfeiffer syndrome patients have characteristic broad thumbs and toes, and Apert syndrome patients have soft tissue and bony syndactyly (Wilkie et al., 2002). This suggests that *FGFR1* and *FGFR2* are important for early limb patterning and endochondral and intramembranous skeletal development.

Fgfrs 1–3 are expressed in the developing and mature skeleton in patterns suggestive of both unique and redundant function (Ornitz and Marie, 2002). In the developing growth plate, both *Fgfr1* and *Fgfr2* are expressed in condensing mesenchyme that will give rise to cartilage. *Fgfr2* remains expressed in reserve chondrocytes and appears to be down regulated in proliferating chondrocytes, whereas *Fgfr1* is expressed in hypertrophic chondrocytes. Later in development, *Fgfr1* and *Fgfr2* are both expressed in the perichondrium and periosteum, tissues that give rise to osteoblasts and cortical bone. In contrast to *Fgfr1* and *Fgfr2*, *Fgfr3* is prominently expressed in proliferating chondrocytes where it regulates cell growth and differentiation (Naski et al., 1998) and in differentiated osteoblasts where it regulates bone density and cortical thickness (Valverde-Franco et al., 2004; Xiao et al., 2004).

Activating mutations in *FGFR3* in humans and mice causes achondroplasia, whereas mice lacking *Fgfr3* (*Fgfr3*^{-/-}) showed skeletal overgrowth accompanied by increased chondrocyte proliferation and an expanded proliferating and hypertrophic chondrocyte zone (Chen et al., 1999; Colvin et al., 1996; Deng et al., 1996; Naski et al., 1998). The skeletal overgrowth is thought to result from failure of the growth plate to fully close. As adults, *Fgfr3*^{-/-} mice were osteopenic, suggesting a role for *FGFR3* signaling in differentiated, *Fgfr3*-expressing osteoblasts (Valverde-Franco et al., 2004).

Mice lacking *Fgfr2* (*Fgfr2*^{-/-}) die at embryonic day 10.5 (E10.5), prior to skeletal development (Xu et al., 1998). The contribution of *FGFR2* signaling to skeletal development has been clarified to some extent by using splice form-specific knockouts and conditional gene deletion approaches in mice. These studies demonstrated that *FGFR2* positively regulates bone growth and the anabolic function of osteoblasts. The resulting phenotype of mice lacking mesenchymal *Fgfr2* included skeletal dwarfism, decreased bone density, incomplete formation of the dorsal vertebrae and tarsal joint fusion (Eswarakumar et al., 2002; Yu et al., 2003).

Embryos lacking *Fgfr1* (*Fgfr1*^{-/-}) die shortly after gastrulation (Yamaguchi et al., 1994), necessitating a conditional knockout approach to address function later in development. Although the contribution of *Fgfr1* to specific skeletal lineages is not known, *Fgfr1* has recently been shown to be important for early limb bud development and distal skeletal patterning. *Fgfr1* is expressed in limb bud mesenchyme that gives rise to mesenchymal condensations and eventually to the chondrogenic and osteogenic lineage (Orr-Urtreger et al., 1991; Peters et al., 1992; Xu et al., 1999b). Hypomorphic alleles of *Fgfr1* or conditional inactivation of *Fgfr1* prior to limb bud initiation affects digital patterning and the formation of some skeletal elements (Li et al., 2005; Partanen et al., 1998; Verheyden et al., 2005). To address the role of *FGFR1* signaling specifically in the osteo-chondrocyte lineage, we have conditionally inactivated *Fgfr1* in osteo-chondro-progenitor cells and in differentiated osteoblasts. Here we provide in vivo and in vitro evidence that demonstrates multiple roles for *FGFR1* signaling in endochondral bone growth and remodeling. We demonstrate that loss of signaling through *FGFR1* results in a delay in terminal maturation of hypertrophic chondrocytes. In osteoblasts, we show that *FGFR1* signaling differentially regulates osteoblast growth and differentiation depending on the stage of osteoblast maturation.

Materials and methods

Mice

The conditional allele for FGFR1 has been previously generated and characterized (Pirvola et al., 2002). A null allele for FGFR1 (*Fgfr1*^{Δ/+}) was made by germline Cre-mediated excision of the floxed region of *Fgfr1*. *Col2*-Cre transgenic mice (Ovchinnikov et al., 2000) were used to inactivate *Fgfr1* in the osteo-chondrocyte lineage. Mice heterozygous for an *Fgfr1* null allele (*Fgfr1*^{Δ/+}) and heterozygous for Cre (*Col2*-Cre^{+/+}) were mated to mice homozygous for a floxed allele of *Fgfr1* (*Fgfr1*^{flox/flox}). Conditional knockout mice (*Fgfr1*^{Col2-cko}) with a genotype *Fgfr1*^{flox/Δ}, *Col2*-Cre^{+/+}, were born with a normal Mendelian frequency. To selectively inactivate the floxed allele of *Fgfr1* in differentiated osteoblasts, α 1(I)-collagen-Cre (*Col1-Cre*) transgenic mice (Dacquin et al., 2002) were mated to either *Fgfr1*^{flox/flox} or *Fgfr1*^{flox/Δ} mice to yield *Fgfr1*^{Col1-cko} conditional knockout mice. Both genotype combinations were used for different experiments and both yielded similar phenotypes.

Osteoblast and osteoclast cell culture

Osteoblasts were derived from long bones following a protocol similar to that used by Declercq et al. (2004). Briefly, femur and tibia from 1.5- to 3-month-old mice were separated from soft tissue, bone marrow was flushed out with PBS, and bones were washed several times in PBS. Bone chips were then incubated in α -minimal essential medium (α -MEM) containing 0.2 mg/ml bacterial collagenase (type 1, Sigma) for 30 min at 37°C with shaking. The medium was discarded and replaced with fresh medium containing collagenase and incubated for an additional 30 min. Released cells were collected after three collagenase digestions. Cells and digested bone pieces were collected by centrifugation and suspended in α -MEM containing 10% fetal bovine serum and antibiotics. Cells were then seeded onto 250 ml tissue culture flasks or 10 cm plates and allowed to proliferate to confluence. To measure cell proliferation, cells were trypsinized and 5000 cells were plated per well in a 96-well plate; medium was replaced with medium containing ³H-thymidine (1 μ Ci/well) for 4 h before lysis and harvest on glass fiber filters. Mineralization medium contained 50 μ g/ml ascorbic acid and 10 mM β -glycerophosphate.

Alkaline phosphatase activity in osteoblasts

Alkaline phosphatase enzymatic activity was measured using a colorimetric assay (Sigma FAST™-pNitrophenyl Phosphate tablets, N9389, Sigma) as described (Sugiyama et al., 2003). 10,000 cells per well were plated in a 24-well plate.

Alizarin red staining of mineralized osteoblast cultures

Cell cultures were washed with PBS and then fixed in 70% ethanol for 1 h. After fixation, cells were washed with water and stained with 0.4% Alizarin red (Sigma) for 15 min. Cells were then washed with water, dehydrated with 70% ethanol and dried. Quantification of mineral content was performed as described (Murshed et al., 2005). Bound dye was dissolved in 10% glacial acetic acid and measured at 405 nm.

β -Galactosidase staining

β -Galactosidase staining was performed as previously described (Yu et al., 2003) on whole embryos or frozen sections.

In situ hybridization

Plasmids used to generate riboprobes for in situ hybridization were from the following sources: *Ihh* (A. McMahon); *Pth1r* and *Opn* (H. Kronenberg); *Collagen X* (B. Olson); *Cbfa1/Runx2* (B. de Crombrughe), *Mmp9* (Z. Werb), *Trap* (Ek-Rylander et al., 1991), *Collagen I*

(Metsaranta et al., 1991), *Fgfr1* (Peters et al., 1992). Radioactive in situ hybridization was performed on paraffin embedded tissue as previously described (Xu et al., 1999a).

Immunohistochemistry

The following antibodies were used for immunostaining: FGFR1 (1:400, Santa Cruz), β -catenin (1:100, Santa Cruz), osteopontin (1:100, MPIIB10, Department of Biological Sciences, University of Iowa, Iowa City). The secondary antibodies used in immunofluorescence staining were mouse anti rabbit (1:100, Chemicon), goat anti mouse (1:200, Chemicon).

Bone morphometric analysis

Bone volume was estimated by tracing diaphyseal or trabecular bone areas on photographed histological sections using Canvas X software. Cell numbers were counted within a box drawn over comparable trabecular regions of control and conditional knockout embryos.

RNA isolation, cDNA synthesis and qRT-PCR analysis

RNA was isolated from three biological samples. Each sample consisted of one 250-ml tissue culture flask of long-bone-derived cells grown in mineralization media for 1–3 weeks. Total RNA was isolated from cell cultures or tissues using the RNeasyTM kit (Qiagen Inc.). Equal amounts of RNA were used to prepare cDNA with random hexamers and PCR amplification using the manufacturer's protocol (Invitrogen SuperScriptTM). qRT-PCR amplifications used the following set of primers:

Gapdh: F-5'-TGGCAAAGTGGAGATTGTTGCC-3';

R-5'-AAGATGGTGATGGGCTTCCCG-3';

mFgfr1IIIc: F-5' CACATCGAGGTGAACGGGAGTAAG-3'; and

R-5' CGCATCCTCAAAGGAGACATTCC-3'.

Fgfr2, *Fgfr3* and *Col1* primers were as described (Chikazu et al., 2000; Mathy et al., 2003; Saghizadeh et al., 2005). QRT-PCR analysis was performed using SYBR green (BioRad) and a BioRad iCycler. Standard PCR amplification conditions were as follows: *Gapdh*: (30 cycles, 94°C for 1 min, 55°C for 1 min, 72°C for 1.50 min). RT-PCR primers to detect the *Fgfr1* delta allele (Δ) were as described (Ohkubo et al., 2004).

Bone mass measurements by dual energy x-ray absorptiometry

Bone mineral density (BMD) was measured using dual-energy X-ray absorptiometry (DEXA) on whole mice not including the head, and analyzed on a PIXImus mouse densitometer (LUNAR Corp., Madison, Wisconsin).

Results

Expression of *Fgfr1* in developing bone

In developing long bones, *Fgfr1* is expressed in hypertrophic chondrocytes, in the perichondrium and in the trabecular region (primary spongiosa). To identify the specific cell types that express FGFR1, histology and immunohistochemistry were used to identify both cuboidal and spindle-shaped osteoblasts and corresponding FGFR1-expressing cells. Cuboidal osteoblasts are large differentiated cells that produce an extracellular matrix, and spindle-shaped osteoblasts are thin quiescent cells that line bone trabeculae (Hoshi et al., 1999; Zhang et al., 2003). At postnatal day 0 (P0), the trabecular region contained both large cuboidal cells and spindle-shaped cells (Figs. 1A–C). Similar to what was shown previously (Calvi et al.,

2003;Glass et al., 2005;Mansukhani et al., 2005;Zhang et al., 2003), both of these populations of cells express osteopontin and β -catenin (Figs. 1D–E'). Immunohistochemistry, with an antibody against the carboxy terminus of FGFR1, showed FGFR1 expression in a similar pattern to these osteoblast markers in both cuboidal and spindle-shaped osteoblasts (Figs. 1F and F'), demonstrating that FGFR1 is expressed in different stages of osteoblast maturation.

Conditional inactivation of *Fgfr1* in osteo-chondro-progenitor cell lineages

To address the role of FGFR1 in the chondrocyte and osteoblast lineages, a floxed allele of *Fgfr1* (Trokovic et al., 2003) was targeted with a *proa1(II) collagen-Cre (Col2-Cre)* transgene (Ovchinnikov et al., 2000). Type II collagen is an early marker of the mesenchymal condensation and, later in development, a specific marker for the chondrocyte lineage. Mating of *Col2-Cre* mice with ROSA26 reporter mice (R26R) (Soriano, 1999) activated β -galactosidase (β -gal) expression in both the chondrocyte and osteoblast lineages, but not in osteoclasts or bone marrow stroma (Fig. 2A, and data not shown) (Ovchinnikov et al., 2000).

To inactivate *Fgfr1* in the osteo-chondrocyte lineage, *Fgfr1 Δ ⁺,Col2-Cre/+* mice were mated to *Fgfr1^{flox/flox}* mice. Conditional knockout mice (*Fgfr1^{Col2-cko}*), born with a normal Mendelian frequency, were indistinguishable from wild-type littermates. Skeletal preparations of P0 mice revealed a rounded cranium but an otherwise normal appearing skeleton with no delay in the formation of ossification centers. The efficiency of *Col2-Cre* mediated *Fgfr1* gene deletion was analyzed by RNA in situ hybridization. Histological sections of the femur of *Fgfr1^{Col2-cko}* embryos showed loss of *Fgfr1* expression in hypertrophic chondrocytes and trace levels of expression in trabecular bone and in the periosteum (Figs. 2B and C), suggesting nearly complete inactivation of the *Fgfr1* gene in skeletal lineages.

Defects in growth plate development in *Fgfr1^{Col2-cko}* mice

To examine the growth plate of *Fgfr1^{Col2-cko}* mice, histological sections were prepared from E16.5–18.5 limbs. At E16.4, femur and tibia sections showed a ~60% increase (femur 58%, $P = 0.0001$, $n = 6$; tibia 68%, $P = 0.0003$, $n = 5$) in the height of the hypertrophic chondrocyte zone in *Fgfr1^{Col2-cko}* mice compared to littermate controls (Figs. 2D and E). No significant change was observed in the proliferating or prehypertrophic regions. The increased size of the hypertrophic zone seen in *Fgfr1^{Col2-cko}* embryos could result from increased differentiation, increased cell size or decreased loss of cells at the chondro-osseous junction. Histological sections suggested that cell size was not affected by loss of FGFR1 signaling. To examine chondrocyte differentiation, the expression of the parathyroid hormone receptor (*Pth1r*) and Indian hedgehog (*Ihh*) was examined by in situ hybridization. Both of these genes are expressed in pre-hypertrophic chondrocytes and define the pool of cells that is committed to hypertrophy. Similar levels of expression of *Pth1r* and *Ihh* were observed in *Fgfr1^{Col2-cko}* and control growth plates at E16.5 and at E18.5, suggesting that the rate of chondrocyte differentiation was not significantly affected (Figs. 2F–I, and data not shown). Chondrocyte proliferation, assessed by BrdU immunohistochemistry, showed no significant difference between *Fgfr1^{Col2-cko}* and control tibia (Figs. 2J and K) or femur (Supplementary Figs. 1A and B) growth plates at E18.5.

Delayed terminal differentiation of hypertrophic chondrocytes could also account for an increased hypertrophic chondrocyte zone. Type X collagen (ColX), a specific marker of the hypertrophic chondrocyte, was expressed at a similar intensity in both *Fgfr1^{Col2-cko}* and control growth plates at E16.5. However, in *Fgfr1^{Col2-cko}* growth plates, the area of expression was broader and ColX-positive cells were found ectopically located in the trabecular region (Figs. 3A and B). This suggested that the degradation of hypertrophic chondrocytes was delayed. Osteopontin (*Opn*) is expressed in distal hypertrophic zone chondrocytes and in osteoblasts (Lian et al., 1993). *Opn* expression at the chondro-osseous junction was significantly reduced in *Fgfr1^{Col2-cko}* embryos at E18.5 (Figs. 3C and D). This suggested that maturation of

hypertrophic chondrocytes and/or trabecular osteoblasts was delayed. The frequency of apoptotic cells (TUNEL labeling) in the distal hypertrophic regions was low at this stage of development but appeared similar in control and *Fgfr1^{Col2-cko}* growth plates (data not shown).

Vascular invasion of the hypertrophic zone is required for the influx of both osteoblasts and osteoclasts. Osteoclasts are necessary for cartilage matrix degradation, an initial step in bone marrow cavity formation. MMP9 and MMP13 are proteases that are required for this process (Ortega et al., 2004; Stickens et al., 2004; Vu et al., 1998). *Mmp9* is highly expressed in terminal hypertrophic chondrocytes, monocytes and in osteoclast/chondroclasts. *Mmp13* is expressed by terminal hypertrophic chondrocytes and osteoblasts. Mice lacking either *Mmp9* or *Mmp13* develop an expanded hypertrophic zone and *Mmp9* and *Mmp13* synergize with each other in this process (Stickens et al., 2004). In *Fgfr1^{Col2-cko}* embryos at E18.5, in situ hybridization analysis showed that *Mmp9* expression was reduced at the chondro-osseous junction (Figs. 3E and F). This was consistent with reduced expression of *Trap* (tartrate-resistant acid phosphatase) mRNA (Figs. 3G and H) and a 49% decrease in the number of cells positive for TRAP enzymatic activity in the femur diaphyses of E16.5 *Fgfr1^{Col2-cko}* embryos ($n = 3$, $P = 0.006$) (Supplementary Figs. 1C and D). The level of expression of *Mmp13* was similar in control and *Fgfr1^{Col2-cko}* embryos (data not shown). By postnatal day 14 (P14), the length of the hypertrophic chondrocyte zone returned to normal in *Fgfr1^{Col2-cko}* mice (data not shown). This transient expansion of the hypertrophic zone is similar to what has been seen in *Mmp9^{-/-}* and *Mmp13^{-/-}* mice (Stickens et al., 2004).

Fgfr1 regulates osteoblast function but not cell fate specification

Cbfa1/Runx2 is a transcription factor required for chondrogenesis and osteogenesis. *Cbfa1* is expressed in osteoprogenitor cells, prior to the earliest stages of ossification, in proliferating chondrocytes and in osteoblasts (Otto et al., 1997; Yoshida et al., 2002). Histological analysis of E16.5 *Fgfr1^{Col2-cko}* femurs showed normal levels of *Cbfa1* expression in chondrocytes and in periosteal and trabecular regions, indicating normal specification of the chondrocyte and osteoblast lineage (Figs. 3I and J). Interestingly, expression of Type I collagen, a marker of differentiating osteoblasts, was reduced in *Fgfr1^{Col2-cko}* embryos (Figs. 3K and L), suggesting a delay in osteoblast differentiation or an anabolic deficit in the osteoblast. Osteocalcin (*Oc*), a marker of differentiated osteoblasts, was expressed at very low levels in both control and *Fgfr1^{Col2-cko}* embryos at this stage, and no difference in expression could be detected (data not shown). However, by postnatal day 14, *Oc* expression was reduced in the secondary ossification center of *Fgfr1^{Col2-cko}* mouse femurs (Supplementary Figs. 1E and F).

Conditional inactivation of Fgfr1 in the osteoblast compartment

To assess the function of *Fgfr1* in differentiated osteoblasts that express type I collagen, an $\alpha 1$ (I)-collagen-*Cre* (*Coll-Cre*) transgenic line (Dacquin et al., 2002) was used to selectively inactivate the floxed allele of *Fgfr1*. *Coll-Cre* transgenic mice, when crossed with a β -galactosidase reporter line (*R26R*), showed β -gal activity in the periosteum and trabecular region, indicating that Cre activity was restricted to differentiated osteoblasts (Fig. 4A). Specificity of the *Fgfr1* gene deletion was demonstrated by genomic PCR, which showed the presence of a deleted *Fgfr1* allele (*Fgfr1 Δ*) in bone but not kidney tissue from *Fgfr1^{flox/flox}, Coll-Cre/+* mice (Fig. 4B). Immunohistochemical analysis of FGFR1 expression in trabecular bone also showed a reduction in FGFR1 staining intensity in *Fgfr1^{flox/\Delta}, Coll-Cre/+* conditional knockout (*Fgfr1^{Coll-cko}*) tissue compared to control tissue (Figs. 4C and D). To further examine *Fgfr1* gene inactivation in osteoblasts, cultured long-bone-derived osteoblasts were allowed to differentiate in vitro and were then analyzed for the *Fgfr1* gene deletion. The *Fgfr1 Δ* allele was detected in osteoblast cultures derived from *Fgfr1^{Coll-cko}* mice but not in osteoclast cultures derived from the same mice (Fig. 4E). RT-PCR analysis showed that mRNA containing the Cre-induced deletion was expressed in osteoblast cultures derived

from *Fgfr1^{Col2-cko}* mice but not from control *Fgfr1^{fllox/flox}* mice (Fig. 4F). Interestingly, higher levels of *Fgfr1^Δ* were detected in osteoblasts that were induced to differentiate with dexamethasone, consistent with expression of *Coll* in more differentiated osteoblasts.

Increased trabecular bone volume in *Fgfr1^{Col2-cko}* neonatal mice

Histological sections, prepared from the femur and tibia of neonatal mice, showed increased trabecular bone volume and a decreased marrow space in *Fgfr1^{Col2-cko}* embryos (Figs. 5A and B). Morphometric analysis of histological sections showed a 54% increase in the trabecular bone volume/total volume ratio in neonatal *Fgfr1^{Col2-cko}* mice (Fig. 5C). Examination of trabecular architecture showed decreased cartilage matrix and increased osteoid in *Fgfr1^{Col2-cko}* embryos. This suggested an enhanced mineralization of cartilage matrix and increased deposition of bone matrix in mice with *Fgfr1*-deficient osteoblasts. Consistent with this, von Kossa staining showed increased mineralization in the trabecular region of *Fgfr1^{Col2-cko}* mice compared to control mice (Figs. 5E and F). Morphometric analysis of *Fgfr1^{Col2-cko}* neonatal limbs showed a 52% reduction in the number of cuboidal-shaped osteoblasts in the trabecular region (Fig. 5D). At high magnification, these osteoblasts appeared to have an increased cytoplasmic area compared to wild-type osteoblasts (data not shown).

The observed increased trabecular bone volume could result from a combination of either increased deposition of bone matrix or decreased degradation and remodeling of bone. Because osteoclasts are essential for the bone remodeling process and are required to maintain the bone marrow cavity, we examined osteoclast number and morphology in bones from neonatal *Fgfr1^{Col2-cko}* embryos by staining for tartrate-resistant acid phosphatase (TRAP) activity. The number of TRAP-positive osteoclasts in *Fgfr1^{Col2-cko}* embryos was similar to that in wild-type embryos, suggesting normal numbers of osteoclast progenitor cells (Figs. 5G and H). However, in *Fgfr1^{Col2-cko}* embryos, TRAP-positive cells were smaller and more rounded, whereas in control embryos, these cells were larger, flattened and spread over bone spicules (Figs. 5G' and H'). Given that the *Coll-Cre* transgene showed no recombinase activity in cultured osteoclasts (Fig. 4E), the observed morphologic defect in osteoclast differentiation is likely to be secondary to FGFR1-dependent activities in osteoblasts.

To assess the extent of osteoblast maturation in control and *Fgfr1^{Col2-cko}* embryos, we introduced the R26R reporter allele into this genetic background. β -Gal staining acts as a marker to identify differentiated osteoblasts that have expressed *Coll-Cre*. In *Coll-Cre, R26R* mice, β -gal staining can be detected by postnatal day 5 (P5) in trabecular zone osteoblasts (Dacquin et al., 2002). Interestingly, whole-mount and histological sections of P0 femurs from *Fgfr1^{Col2-cko}, R26R* embryos showed an increase in the intensity of β -gal staining compared to that of femurs from *Coll-Cre, Fgfr1^{fllox/+}, R26R* control embryos (Figs. 5I–L). Because *Coll-Cre* should be inactivating, *Fgfr1* and activating *R26R* simultaneously only in differentiated osteoblasts, this observation suggests that differentiated osteoblasts lacking FGFR1 may enhance maturation of neighboring immature osteoblasts, thus increasing the number of cells expressing Cre recombinase. To further examine the effects of loss of FGFR1 on osteoblast maturation, we examined osteoblast maturation in vitro.

Osteoblast differentiation, in vitro

To examine the effect of FGFR1 on the ability of osteoblasts to differentiate in vitro, osteoblast cultures were prepared from the femur and tibia of 1.5- to 2-month-old wild-type and *Fgfr1* conditional knockout mice. Osteoblast cultures prepared from *Fgfr1^{Col2-cko}* mice showed a 39% increase in the rate of proliferation compared to cultures prepared from control mice (Fig. 6A). Furthermore, alkaline phosphatase activity was significantly lower in *Fgfr1^{Col2-cko}*-derived cultures (Fig. 6B). These data suggest that FGFR1 signaling normally acts to inhibit proliferation and enhance commitment to the osteoblast lineage in osteo-chondro-progenitor

cells. To assess the ability of FGFR1-deficient osteo-progenitor cells to differentiate and mineralize, cultures were treated with medium containing β -glycerophosphate and ascorbic acid. After three weeks in mineralization medium, mineralized bone nodules were identified by alizarin red staining. Consistent with delayed osteoblast maturation, Alizarin red binding was decreased by 3.3-fold in *Fgfr1^{Col2-cko}* cultures compared to control cultures (Figs. 6C–E).

In contrast to cultures prepared from *Fgfr1^{Col2-cko}* mice, cultures prepared from the femur and tibia of 1.5- to 2-month-old *Fgfr1^{Col1-cko}* mice showed similar levels of alkaline phosphatase activity and no change in the rates of proliferation after one week in culture. These data suggest that differentiation of osteo-chondro-progenitor cells were not affected by *Col1-Cre*, consistent with *Cre* expression only in differentiated osteoblasts. However, when *Fgfr1^{Col1-cko}* cultures were placed in mineralization medium for three weeks, alizarin red staining showed significantly more intense staining than control cells (2.3-fold increase in alizarin red binding) (Figs. 6F–H). These data indicate that once osteoblasts are induced to mature, inactivation of *Fgfr1* can further enhance their differentiation.

Osteoblast cultures lacking *Fgfr2* or *Fgfr3* show decreased mineralization (Valverde-Franco et al., 2004 and data not shown). *Fgfr3^{-/-}* cultures also showed increased expression of *Fgfr1* (Valverde-Franco et al., 2004). Another mechanism by which FGFR1 signaling could regulate osteoblast maturation could be by regulating the expression of *Fgfr2* and *Fgfr3*. We therefore examined the expression of *Fgfr2* and *Fgfr3* in *Fgfr1^{Col1-cko}* osteoblasts cultured under ossifying conditions. In cultures prepared from *Fgfr1^{Col2-cko}* mice, no significant change in the levels of expression of *Fgfr2* and *Fgfr3*, but a significant decrease in the level of *Col1* was observed (Fig. 6I). In cultures prepared from *Fgfr1^{Col1-cko}* mice, an increased level of expression of *Fgfr3* was observed (Fig. 6J). This is consistent with FGFR3 acting in differentiated osteoblasts to stimulate mineralization (Valverde-Franco et al., 2004).

Bone pathology during skeletal maturation

Histological analysis of the growth plate of P10 to P15 *Fgfr1^{Col1-cko}* animals showed a partial resolution of the trabecular bone overgrowth phenotype seen at earlier ages. However, the trabecular region remained disorganized with persistent islands of hypertrophic chondrocytes trapped within trabecular bone and vascular sinuses encroaching on the chondro-osseous junction (Figs. 7A and B). By P10, both control and *Fgfr1^{Col1-cko}* bones showed normalized osteoclast morphology, with multinucleated osteoclasts attached and spread out over trabeculae (data not shown). Examination of histological sections of femur and tibia of eight-month-old *Fgfr1^{Col1-cko}* mice showed increased trabecular bone compared to age matched control mice (Figs. 7C and D). Morphometric analysis of the femurs revealed a 3 ± 0.5 -fold increase in the trabeculae bone volume compared to control mice (Fig. 7E).

Histological analysis of femur and tibia sections of six month and older *Fgfr1^{Col2-cko}* mice showed increased cortical bone thickness compared to age-matched controls (Figs. 7F–H); however, the trabecular regions appeared normal. Radiological examination of *Fgfr1^{Col2-cko}* mice also showed increased cortical thickness of the femur and tibia (not shown). Consistent with increased cortical thickness, whole body bone mineral density (DEXA) was increased by 14% in female *Fgfr1^{Col2-cko}* mice compared to age matched controls (Fig. 7I).

Discussion

Mutations in FGFR1 that cause Pfeiffer syndrome, Jackson–Weiss syndrome and osteoglophonic dysplasia in humans (Roscioli et al., 2000; Schell et al., 1995; White et al., 2005) provide genetic evidence for a role for FGFR1 in skeletal development. To define the function of FGFR1 in chondrocytes and in early and late stages of osteoblast development, we have conditionally inactivated a floxed allele of *Fgfr1* in osteo-chondro-progenitor cells using

Col2-Cre and in differentiated osteoblasts using *Col1-Cre*. *Fgfr1^{Col2-cko}* mice developed defects in both chondrocytes and osteoblasts, whereas the phenotype of *Fgfr1^{Col1-cko}* mice was restricted to osteoblasts.

Although *Fgfr1^{Col2-cko}* mice developed an expanded hypertrophic chondrocyte zone, the precise role for FGFR1 signaling in the hypertrophic chondrocyte cannot be determined from these experiments because *Fgfr1* is expressed and inactivated in both chondrocytes and cells within the perichondrium and chondro-osseous junction. Nevertheless, the experiments shown here suggest that loss of FGFR1 signaling primarily affects hypertrophic chondrocytes by acting on the chondro-osseous junction to limit mechanisms that degrade hypertrophic chondrocytes. For example, *Fgfr1^{Col2-cko}* mice had decreased expression of MMP9 and decreased numbers of osteoclasts at the chondro-osseous junction, which could delay the degradation of hypertrophic chondrocytes (Ortega et al., 2004; Vu et al., 1998). Additionally, maturation of hypertrophic chondrocytes may also be delayed, as indicated by reduced expression of osteopontin. Interestingly, in mice in which *Fgfr2* was inactivated in a similar pattern with *Dermo1-Cre*, the hypertrophic chondrocyte zone was decreased at later stages of development (P7 versus E16.5), and osteoclast numbers at the chondro-osseous junction were increased (Eswarakumar et al., 2002; Yu et al., 2003). Thus, although acting most potently at different stages of skeletal development, FGFR1 and FGFR2 appear to have opposite effects on distal growth plate development. This could be due to differential activation of FGFR1 and FGFR2 by FGF ligands, differences in the strength or downstream components of the FGFR signals, or expression of FGFR1 and FGFR2 at different stages of osteoblast and chondrocyte development.

Fgfr regulation of osteoblast proliferation and differentiation

Inactivation of FGFR1 in immature osteoblasts (*Fgfr1^{Col2-cko}*) did not affect formation of osteoprogenitor cells, as indicated by normal levels of expression of *Cbfa1*, but did cause a delay in the maturation of osteoblasts, as shown by reduced expression of *type 1 collagen* and *osteopontin*. Consistent with this, osteoprogenitor cell cultures derived from cortical bone of *Fgfr1^{Col2-cko}* mice showed increased rates of proliferation and decreased differentiation (decreased alkaline phosphatase expression and delayed mineralization). These data suggest that FGFR1 signaling in the osteoprogenitor cell normally acts to suppress proliferation and stimulate differentiation (Fig. 8A). In contrast, when *Fgfr1^{Col1-cko}* osteoblasts were cultured under ossifying conditions, they showed accelerated differentiation, demonstrating that in differentiated osteoblasts, FGFR1 functions to suppress differentiation (Fig. 8B). Thus, FGFR1 signaling has stage-specific effects on osteoblast maturation.

Regulation of osteoclast activation by osteoblast-FGFR1 signaling

Osteoclasts must spread out and attach to bone matrix to carry out their normal catabolic function (Teitelbaum, 2000). The observation that osteoclasts are smaller and not spread out over bone trabeculae in neonatal *Fgfr1^{Col1-cko}* mice correlated with the observed increase in trabecular bone volume. This phenotype supports the hypothesis that *Fgfr1*-deficient osteoblasts cannot maintain normal osteoclast activity during this developmental period. We therefore hypothesized that FGFR1 signaling through the osteoblast must be involved in the regulation of osteoclastogenic cytokine production. Consistent with this, preliminary data shows that *Fgfr1^{Col1-cko}* osteoblast cultures express less RANKL (receptor activator of NF κ B ligand) and are not able to support osteoclastogenesis in *in vitro* co-culture. Further experiments will explore the stage-specific role of FGFR signaling in undifferentiated and differentiated osteoblasts' ability to produce RANKL and other cytokines that regulate osteoclast activity.

FGF signaling regulates bone growth

Increased anabolic activity in *Fgfr1^{Coll-cko}* osteoblasts was supported by the observation of increased numbers of β -gal-positive osteoblasts in *Fgfr1^{Coll-cko};R26R* embryos compared to *Coll-Cre;R26R* embryos. In contrast to mice lacking *Fgfr1*, mice lacking *Fgfr2* or *Fgfr3* became osteopenic as adults (Eswarakumar et al., 2002; Valverde-Franco et al., 2004; Yu et al., 2003). Thus, signaling through FGFR2 and FGFR3 acts to enhance bone formation. Consistent with this activity, osteoblast cultures derived from *Fgfr2^{Coll-cko}* mice or *Fgfr3^{-/-}* mice showed decreased mineralization when compared to control cultures (Valverde-Franco et al., 2004 and data not shown). The accelerated mineralization of *Fgfr1^{Coll-cko}* osteoblasts in culture may be further enhanced by increased expression and activity of *Fgfr3*.

The FGF ligands that signal to FGFR1 in osteoblasts are not known; however, three FGFs (FGFs 2, 9 and 18) are likely candidates for this role. FGF9 and FGF18 are expressed in the perichondrium/periosteum, and mice lacking these FGFs show delayed ossification during mid-gestation skeletogenesis (Colvin et al., 1999; Liu et al., 2002; Ohbayashi et al., 2002) (I. Hung, DMO, unpublished data). FGF2 is expressed in periosteal cells and osteoblasts (Hurley et al., 1999; Sabbieti et al., 1999) and adult *Fgf2^{-/-}* mice showed a loss of trabecular bone volume; however, no skeletal dysmorphology was reported in neonatal *Fgf2^{-/-}* mice (Montero et al., 2000). These observations suggest that FGFs 2, 9 and 18 may act alone or redundantly to regulate osteoblast activity and physiology and that FGFs 9 and 18 may constitute the predominant signals during embryonic development, whereas FGF2 may be more important during postnatal stages. Consistent with a role for FGF2 in more differentiated osteoblasts, bone marrow stromal cultures from *Fgf2^{-/-}* mice showed a significantly decreased ability to mineralize in vitro (Montero et al., 2000). The phenotypic similarities in *Fgf2^{-/-}* mice and *Fgfr3^{-/-}* mice suggest that FGF2 may signal through FGFR3 in osteoblasts to enhance mineralization.

The increased formation of bone at early ages and the increased number and rate of mineralization of differentiated osteoblasts could lead to the observed increase in bone volume observed in older mice. Furthermore, because in older mice chondrogenesis is not an active process and osteoblasts have progressed towards maturity, similarities between adult *Fgfr1^{Coll-cko}* and *Fgfr1^{Col2-cko}* mice suggest that the predominant role for FGFR1 signaling in mature bone is to decrease anabolic activity and slow terminal differentiation (mineralization) of osteoblasts (Fig. 8B). A component of this mechanism may be through suppression of FGFR3 expression.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgements

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Appendix A. Supplementary data

Supplementary data associated with this article can be found, in the online version, at doi:
10.1016/j.ydbio.2006.05.031.

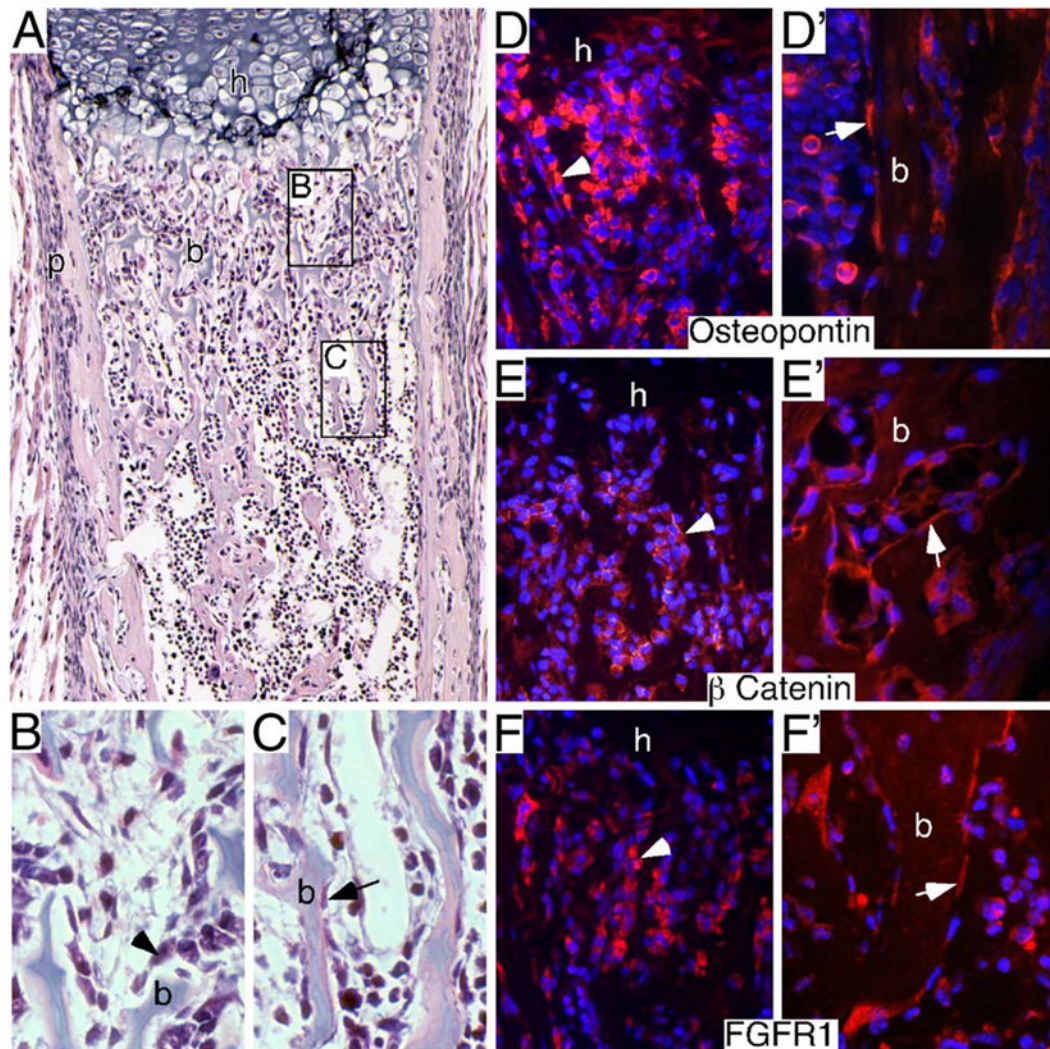


Fig 1. Identification of FGFR1-expressing osteoblast populations in developing endochondral bone. (A–C) Neonatal (P0) proximal femur histology stained with hematoxylin and eosin. Proximal (B) and distal (C) trabecular regions are shown at high magnification to identify cuboidal (arrowhead in panel B) and spindle-shaped (arrow in C) osteoblasts lining bone trabeculae. (D–F') Immunohistochemical identification of osteopontin, β -catenin and FGFR1 in proximal (D–F) and distal (D'–F') trabecular regions. Osteopontin immunohistochemistry (D and D') and β -catenin immunohistochemistry (E and E') identifying cuboidal osteoblasts (arrowhead) in proximal trabecular regions (D, E) and spindle-shaped osteoblasts (arrow) lining bone trabeculae in distal trabecular regions (D', E'). FGFR1 immunohistochemistry also identifies cuboidal cells in proximal trabecular regions (F) and spindle shaped cells lining trabeculae in distal trabecular regions (F'). A, 10 \times objective; B–F', 40 \times objective.

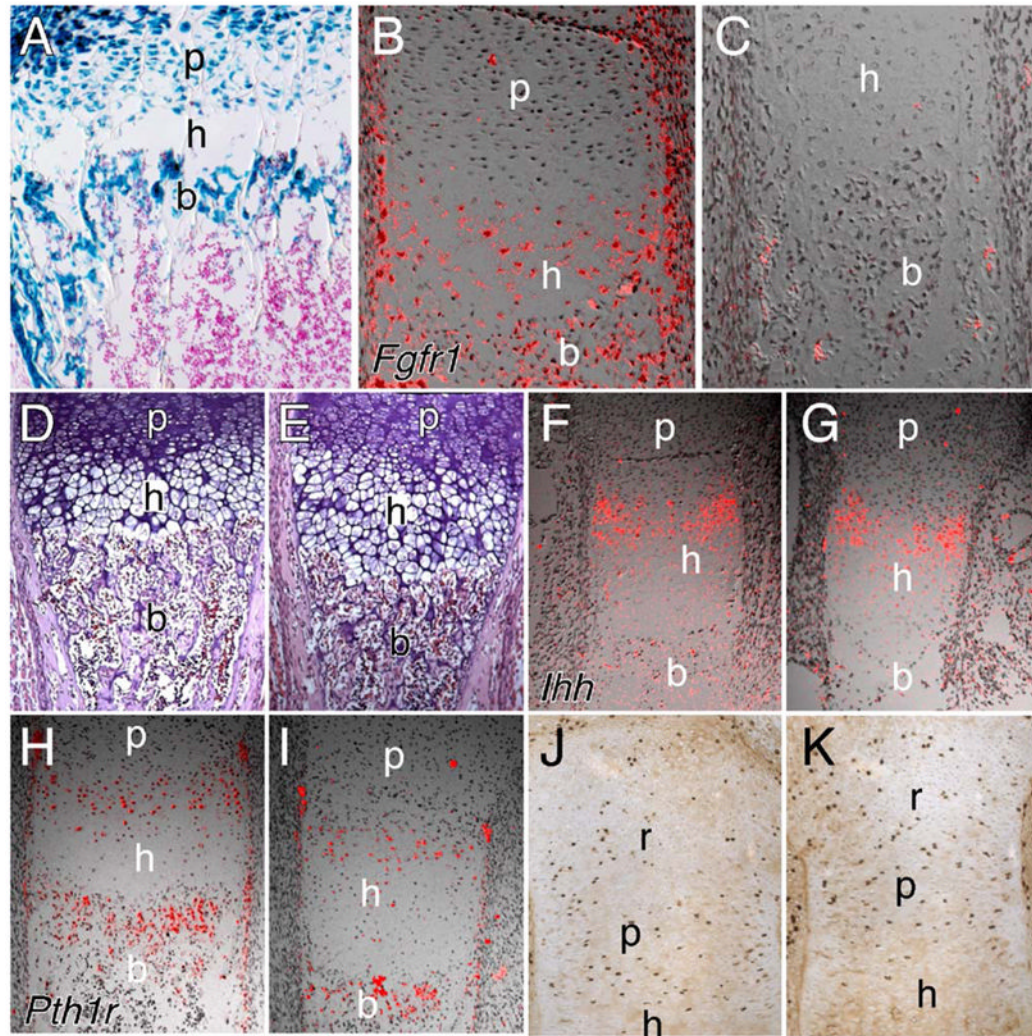


Fig 2. *Col2-Cre*-mediated inactivation of *Fgfr1*. (A) Histological section of the distal femur from a P10 *Col2-Cre, R26R* mouse showing X-gal staining in both chondrocytes and osteoblasts. (B, C) Expression of *Fgfr1* at E16.5 in the femur from a control (B) and an *Fgfr1^{Col2-cko}* (C) embryo showing loss of *Fgfr1* expression in hypertrophic chondrocytes, and reduced expression in perichondrial and trabeculae tissue. Note that *Fgfr1* expression is normally excluded from proliferating chondrocytes. (D, E) Hematoxylin and eosin-stained sections of femur from control (D) and *Fgfr1^{Col2-cko}* (E) embryos at E16.5 showing an expanded HC zone in the absence of *Fgfr1*. (F–I) Expression analysis of *Ihh* (F, G) and *Pth1r* (H, I) in the femur at E16.5. No significant difference in expression in control (F, H) and *Fgfr1^{Col2-cko}* (G, I) embryos was observed. (J, K) BrdU labeling of the proximal tibia at E18.5 showing no significant difference in proliferation in control (J) and *Fgfr1^{Col2-cko}* (K) embryos. A–C, J, K, 20× objective; D–I, 10× objective. r, reserve chondrocyte zone; p, proliferating chondrocyte zone; h, hypertrophic chondrocyte zone; b, trabecular bone.

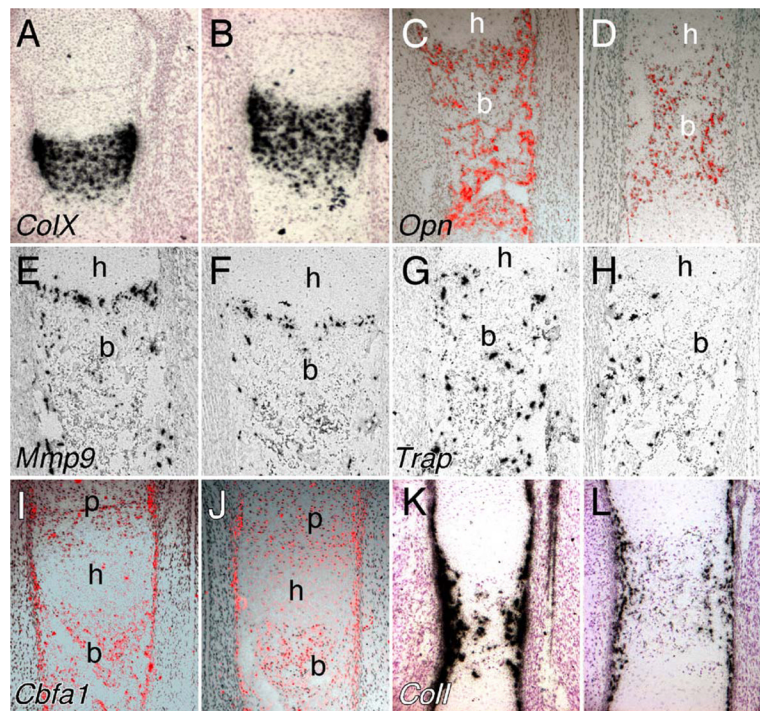


Fig 3. Development of the distal chondro-osseous junction of the femur of *Fgfr1^{Col2-cko}* mice at E16.5. (A, B) *Type X collagen* expression showing an expanded hypertrophic chondrocyte zone and *type X collagen*-expressing cells in the trabecular region CKO tissue (B). (C, D) *Osteopontin* expression is reduced in *Fgfr1^{Col2-cko}* femurs (D) indicating delayed osteoblast differentiation. *Mmp9* (E, F) and *Trap* (G, H) in situ hybridization showing reduced expression of both markers at the chondro-osseous junction in *Fgfr1^{Col2-cko}* femurs (F, H) compared to controls (E, G). (I–L) Expression of *Cbfa1* (I, J) and *type I collagen* (K, L), showing similar levels of expression of *Cbfa1* but reduced levels of expression of *type I collagen* in *Fgfr1^{Col2-cko}* femurs (J, L) compared to controls (I, K). (A–L) 10× objective. p, proliferating chondrocyte zone; h, hypertrophic chondrocyte zone; b, trabecular bone.

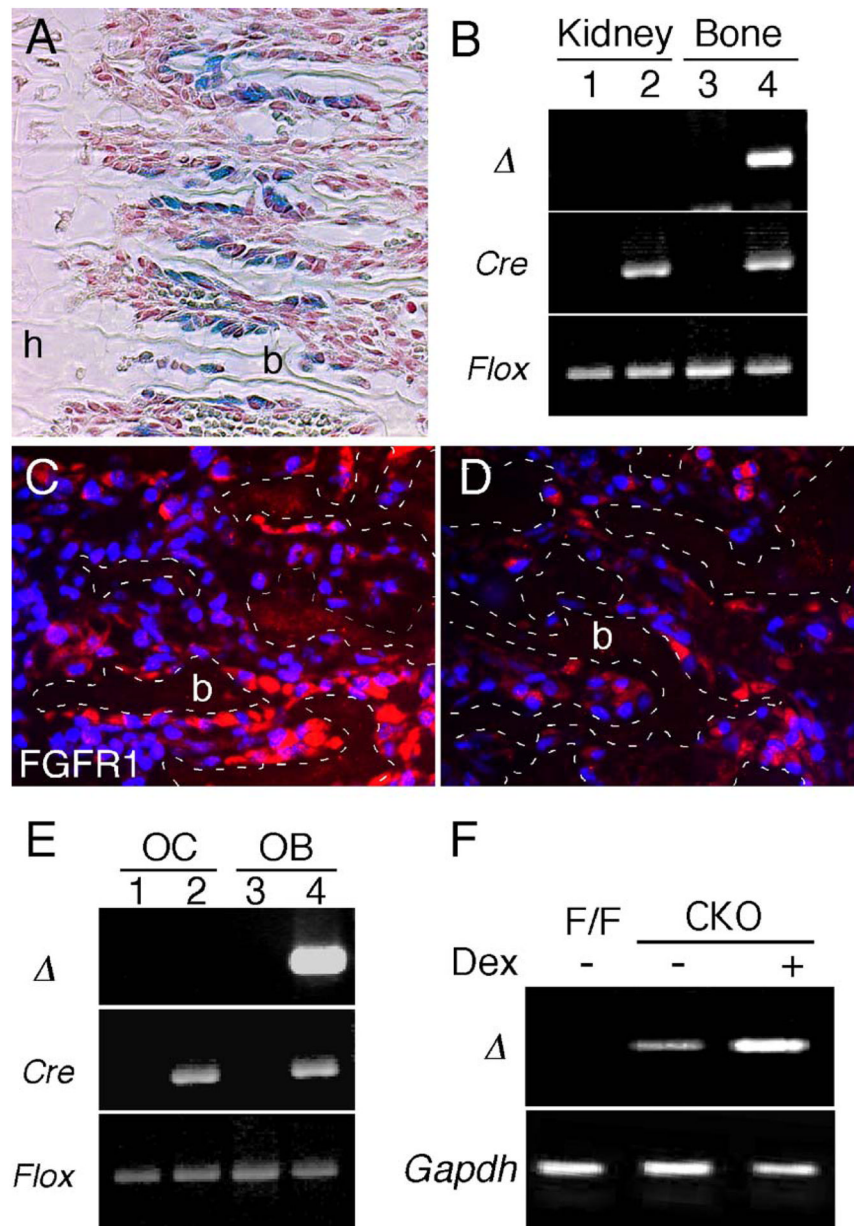


Fig 4. *Coll*-*Cre*-mediated inactivation of *Fgfr1*. (A) Histological section of the distal femur from a P7 *Coll-Cre*, *R26R* animal showing X-gal staining in osteoblasts lining trabecular bone. (B) Genomic PCR analysis showing *Cre*-mediated deletion of the *Fgfr1* floxed allele in two month-old *Fgfr1^{Coll-cko}* and control mice. PCR amplification of the deleted allele of *Fgfr1* (Δ) was detected in bone but not kidney from *Fgfr1^{Coll-cko}* mice (lanes 2 and 4). The *Fgfr1* (Δ) allele was not detected in the absence of *Cre* (lanes 1 and 3). (C, D) Immunohistochemical detection of FGFR1 in P0 *Fgfr1^{flox/flox}* (C) and *Fgfr1^{Coll-cko}* (D) femurs showing decreased expression in *Fgfr1^{Coll-cko}* tissue. Dotted lines outline trabecular bone (b). (E) Genomic PCR analysis of primary osteoclasts (OC, lanes 1 and 2) and osteoblasts (OB, lanes 3 and 4) showing *Cre*-mediated deletion of the *Fgfr1* floxed allele only in osteoblast cultures from *Fgfr1^{Coll-cko}* mice (lane 4). (F) RT-PCR analysis showing expression of the deleted *Fgfr1* allele (Δ) in *Fgfr1^{Coll-cko}*-derived osteoblasts (cko) but not in control (F/F) osteoblasts. Dexamethasone

(Dex)-treated *Fgfr1^{Coll-cko}* osteoblasts increased the level of *Fgfr1 Δ* expression. *Gapdh* expression was used as a control for cDNA synthesis and PCR amplification. A, C and D, 10 \times objective.

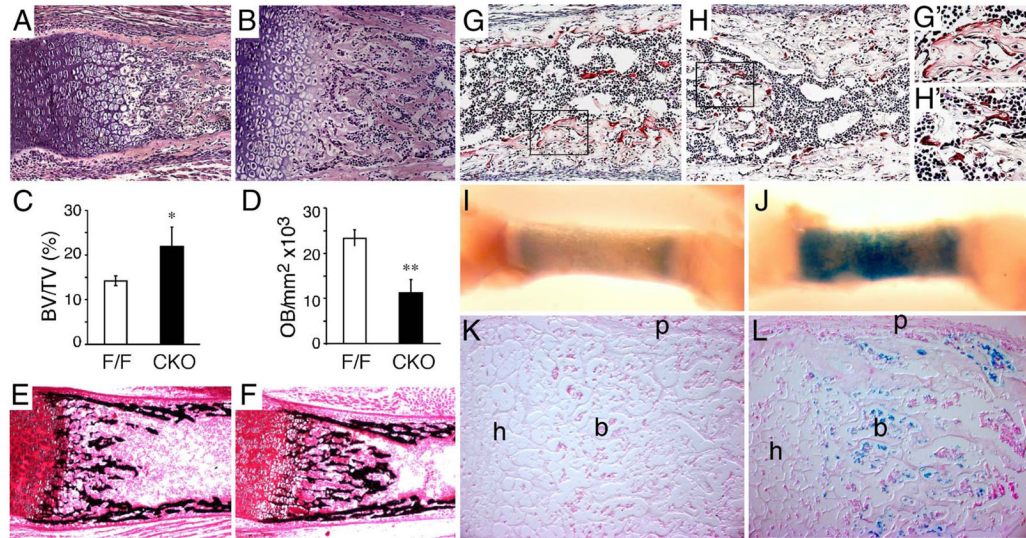


Fig 5.

Increased trabecular bone volume and enhanced osteoblast ossification in *Fgfr1^{Coll-cko}* mice. (A, B) Hematoxylin and eosin-stained sections of the distal femur at P0 mice showing increased trabecular bone in *Fgfr1^{Coll-cko}* (B) compared to control (A) mice. (C, D) Morphometric analysis of P0 mouse femur trabecular bone showing increased bone volume (BV) to total volume (TV) ratio and decreased number of cuboidal osteoblasts in *Fgfr1^{Coll-cko}* (CKO) compared to control (F/F) mice. * $P < 0.05$, ** $P = 0.004$. (E, F) Mineralization of the distal femur at P0 detected by von Kossa staining, showing increased mineralization in the trabecular region in *Fgfr1^{Coll-cko}* (F) compared to control (E) mice. (G, H) TRAP stain of distal femur sections from control mice showing osteoclasts spread over bone trabeculae in control bone (G, G') but appearing more rounded and less adherent in *Fgfr1^{Coll-cko}* bone (H, H'). (I–L) Detection of maturing osteoblasts with X-gal staining of P0 control (*Coll-Cre, R26R*) and *Fgfr1^{Coll-cko, R26R}* femur. (I, J) Whole-mount X-gal staining analysis showing intense staining in the trabeculae and cortical region in *Fgfr1^{Coll-cko}* femur. (K, L) Histological sections showing increased numbers of X-gal-positive osteoblasts in *Fgfr1^{Coll-cko}* (L) compared to control (K) femurs. A, B, E–H, 10× objective; K, L, G', H', 20× objective. h, hypertrophic chondrocyte zone; b, trabecular bone; p, periosteum.

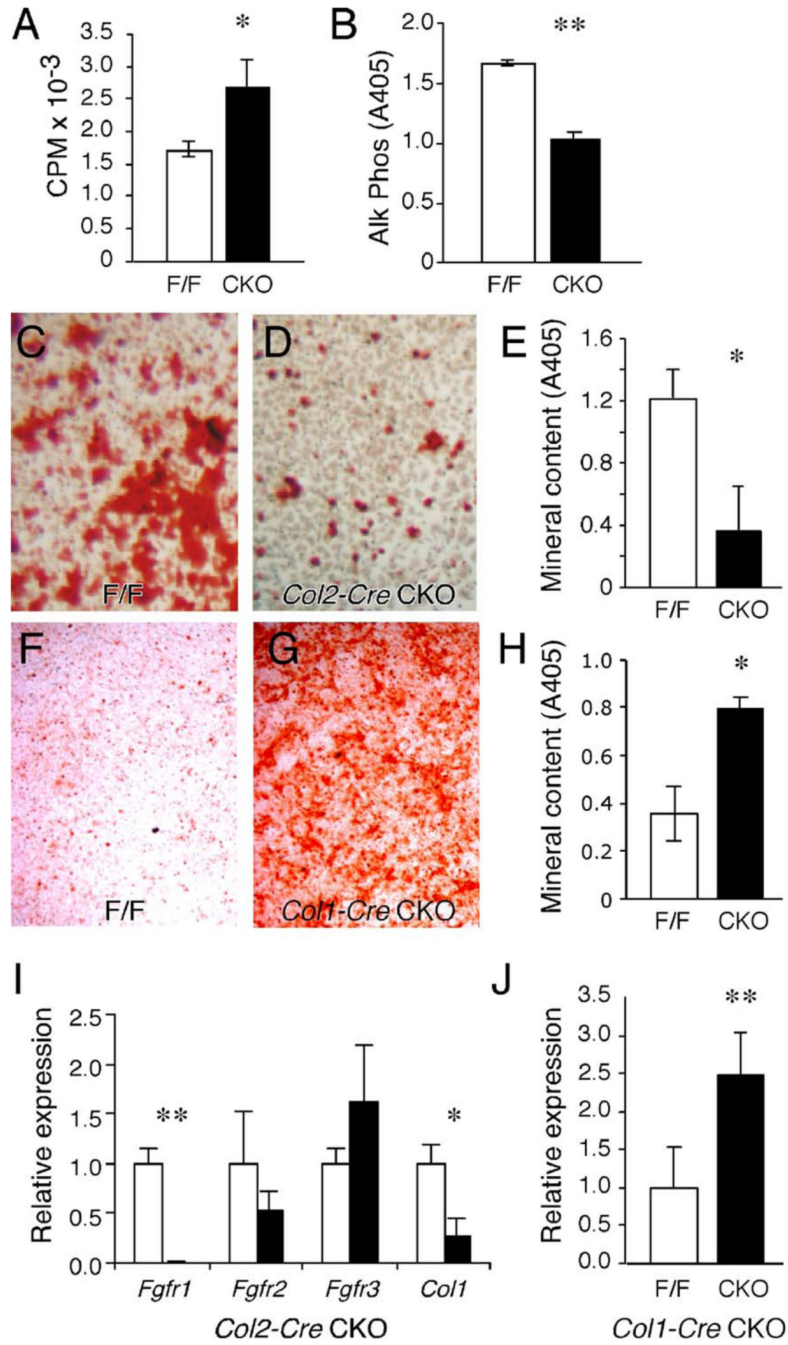


Fig 6. Growth and differentiation of osteoprogenitor cells in vitro. (A–E) Osteoprogenitor cell cultures derived from control and *Fgfr1^{Col2-cko}* long bones. (A) Cell proliferation, assessed by ³H-thymidine incorporation, is increased in *Fgfr1^{Col2-cko}* cells compared to control cells ($n = 3$, * $P = 0.02$). (B) Alkaline phosphatase activity is decreased in *Fgfr1^{Col2-cko}* cells compared to control cells ($n = 3$, ** $P < 0.001$). (C–E) Alizarin red staining of osteoprogenitor cells maintained in mineralization medium for 3 weeks showing fewer mineralized nodules in *Fgfr1^{Col2-cko}* cultures (D) compared to control cultures (C). (E) Quantification of the mineral deposition in *Fgfr1^{Col2-cko}* and control cultures ($n = 3$, * $P = 0.01$). (F–H) Alizarin red staining of osteoprogenitor cells derived from control and *Fgfr1^{Col1-cko}* long bones maintained in

mineralization medium for 3 weeks showing increased numbers of mineralized nodules in *Fgfr1^{Col1-cko}* cultures (F) compared to control cultures (G). (H) Quantification of the mineral deposition in *Fgfr1^{Col1-cko}* and control cultures ($n = 3$, * $P = 0.01$). (I) Quantitative RT-PCR analysis of osteoblast cultures maintained in mineralization medium for 1 week showing decreased expression of *Fgfr1* ($n = 3$, ** $P < 0.0001$) and *Coll* ($n = 3$, * $P < 0.01$) in *Fgfr1^{Col2-cko}* cultures (solid bars) compared to control cultures (open bars). (J) Quantitative RT-PCR analysis of osteoblast cultures maintained in mineralization medium for 2 weeks showing increased expression of *Fgfr3* in *Fgfr1^{Col1-cko}* cultures (solid bar) compared to control cultures (open bar) ($n = 4$, ** $P < 0.008$).

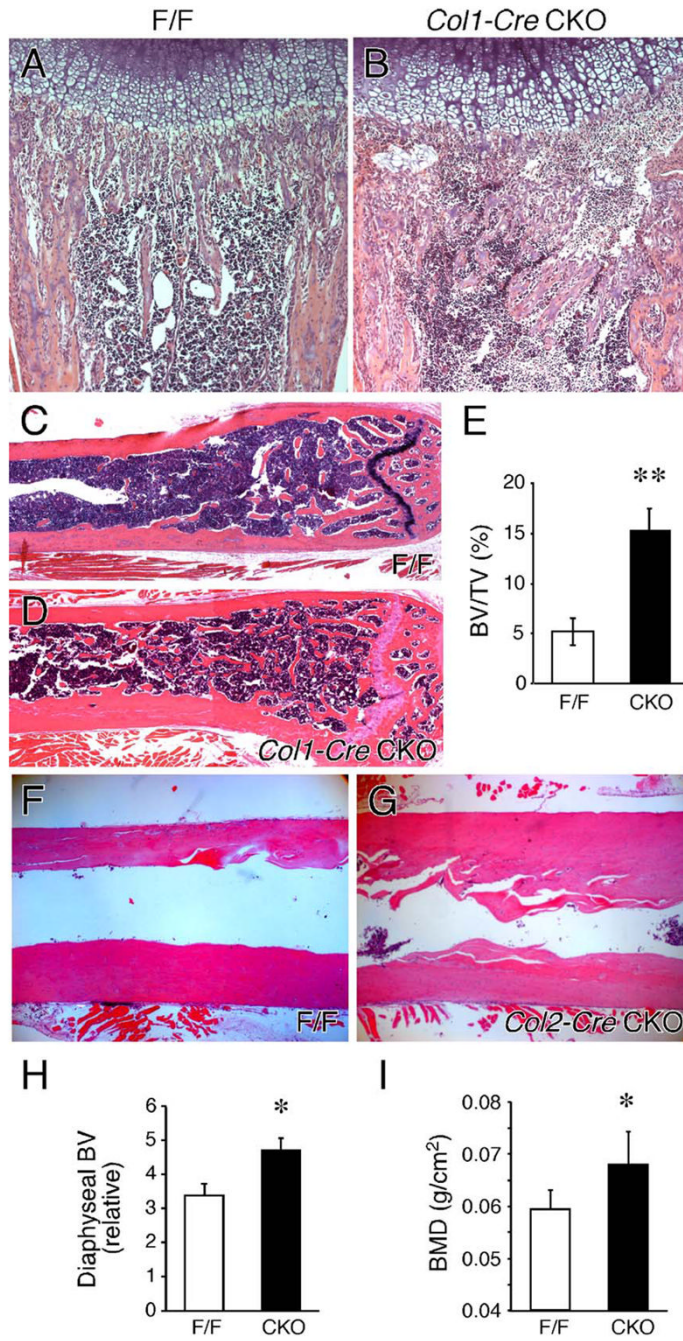


Fig 7. Skeletal maturation. (A, B) Hematoxylin and eosin-stained sections from control (A) and *Fgfr1^{Col1-cko}* (B) distal femurs at postnatal day 10 (P10) showing irregular formation of the trabecular region, ectopic islands of hypertrophic chondrocytes and the presence of vascular sinuses adjacent to the chondro-osseous junction in *Fgfr1^{Col1-cko}* tissue. (C–I) Increased bone formation in adult mice lacking *Fgfr1*. Histological sections of the distal femur of an eight-month-old control (C) and *Fgfr1^{Col1-cko}* (D) mouse. Increased trabecular bone formation and trabeculae-like structures lining the cortical bone are evident in *Fgfr1^{Col1-cko}* tissue. (E) Morphometric analysis of femur trabecular bone showing a 3 ± 0.5 -fold increase in the bone volume (BV) to total volume (TV) ratio in *Fgfr1^{Col1-cko}* (CKO) compared to control (F/F) mice

($n = 4$, $**P < 0.001$). Histological sections of the distal femur of a five-month-old control (F) and *Fgfr1^{Col2-cko}* (G) mouse showing increased cortical bone formation. (H) Morphometric analysis of the femur diaphysis showing a 40% increase in the diaphyseal bone volume (BV) in *Fgfr1^{Col2-cko}* (CKO) compared to control (F/F) mice ($n = 3$, $*P = 0.01$). (I) DEXA analysis showing a 14% increase in bone mineral density of *Fgfr1^{Col2-cko}* compared to control mice ($n = 5$, WT; $n = 6$, CKO, $*P = 0.02$). A and B, 10 \times ; C and D, 2.5 \times ; F and G, 4 \times .

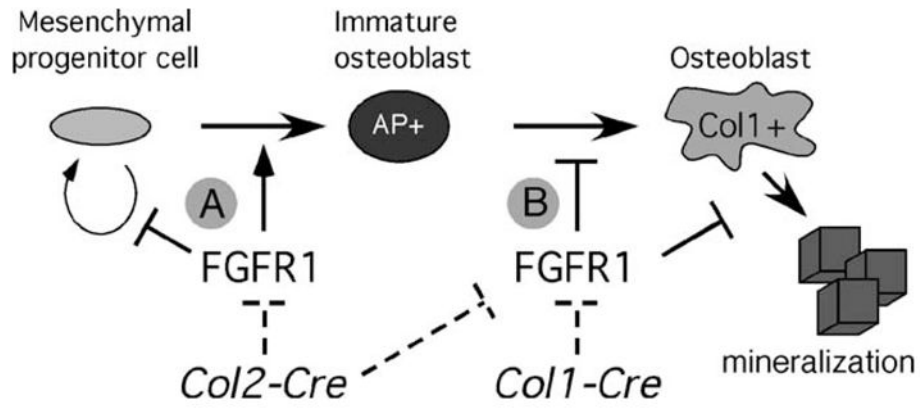


Fig 8. Model for FGFR1 regulation of osteoblast maturation. Inactivation of *Fgfr1* at different stages of osteoblast development was achieved by using two different Cre-expressing transgenic lines. *Col2-Cre* inactivates *Fgfr1* before commitment to the osteoblast lineage whereas *Col1-Cre* inactivates *Fgfr1* after commitment to the osteoblast lineage (dashed lines). (A) FGFR1 functions at early stages of osteoprogenitor development to inhibit cell proliferation and promote differentiation. (B) FGFR1 also functions in committed osteoblasts to prevent further differentiation and mineralization. AP, alkaline phosphatase; Col1, type I collagen.