

## RESEARCH PAPER

## Mechanisms underlying the anti-inflammatory activity and gastric safety of acemetacin

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**Background and purpose:** Acemetacin is regarded as a pro-drug of indomethacin and induces significantly less gastric damage but the reasons for this greater gastric safety of acemetacin are unclear. The anti-inflammatory effects of acemetacin have been attributed, at least in part, to its hepatic biotransformation to indomethacin. The aim of this study was to determine the effects of acemetacin and indomethacin in an *in vivo* model of acute inflammation and to examine the importance of biotransformation of acemetacin (to indomethacin) to its anti-inflammatory actions.

**Experimental approach:** The zymosan airpouch model was used in rats. Indomethacin or acemetacin (2.7–83.8  $\mu\text{mol kg}^{-1}$ ) were administered orally or directly into the pouch. Leukocyte infiltration, prostaglandin (PG) E<sub>2</sub> and leukotriene (LT) B<sub>4</sub> levels in exudates, and whole blood thromboxane (TX) B<sub>2</sub> synthesis were measured.

**Key results:** Acemetacin was rapidly converted to indomethacin after its administration. Both acemetacin and indomethacin elicited comparable, dose-dependent reductions of leukocyte infiltration and of PGE<sub>2</sub> and TXB<sub>2</sub> synthesis. However, indomethacin induced more gastric damage than acemetacin and elevated LTB<sub>4</sub> production in the airpouch.

**Conclusions and implications:** The similar effects of acemetacin and indomethacin on leukocyte infiltration and PG synthesis are consistent with rapid biotransformation of acemetacin to indomethacin. Some of this biotransformation may occur extra-hepatically, for instance in inflammatory exudates. Acemetacin probably exerts actions independent of conversion to indomethacin, given the different effects of these two drugs on LTB<sub>4</sub> production. Such differences may contribute to the relative gastric safety of acemetacin compared to indomethacin.

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**Keywords:** inflammation; NSAID; acemetacin; indomethacin; cyclooxygenase; gastric ulcer; prostaglandin; thromboxane; leukotriene; leukocyte infiltration

**Abbreviations:** AUC, area under the curve; COX, cyclooxygenase; ELISA, enzyme-linked immunosorbent assay; HPLC, high-performance liquid chromatography; NSAID, non-steroidal anti-inflammatory drug

## Introduction

Non-steroidal anti-inflammatory drugs (NSAIDs) are widely employed as analgesic and anti-inflammatory agents, but their use is significantly limited by their propensity to induce ulceration and bleeding in the gastrointestinal tract (Wallace, 1997; Schoenfeld *et al.*, 1999). Selective cyclooxygenase (COX)-2 inhibitors produce less gastrointestinal bleeding and ulceration than conventional NSAIDs, but this benefit may be offset by significant increases in renal and cardiovascular adverse events associated with their use (Zarraga and Schwarz, 2007). Thus, safer alternatives are required. It is well known that non-selective NSAIDs produce their anti-inflammatory and analgesic effects through inhibition of COX-2 and, in some cases, COX-1 (Wallace *et al.*, 1998).

Acemetacin may represent a useful alternative to conventional NSAIDs for the treatment of inflammation and pain. It is a carboxymethyl ester derivative of indomethacin (Boltze *et al.*, 1980; Jacobi and Dell, 1980), an NSAID with modest selectivity for COX-1 (Warner *et al.*, 1999). Acemetacin is often referred to as a pro-drug of indomethacin, possibly explaining why it produces less gastric damage than indomethacin (Bori-Segura *et al.*, 2002; Chou and Tsai, 2002). However, Tavares and Bennett (1993) demonstrated that, *in vitro*, acemetacin inhibited prostaglandin (PG) synthesis in human leukocytes or gastric mucosa in a concentration-dependent manner that did not differ markedly from the inhibition observed with indomethacin. These observations suggested that either acemetacin itself can inhibit COX activity, or acemetacin was converted into indomethacin in the presence of leukocytes or gastric mucosal tissue. The pharmacological profile of acemetacin remains incomplete, particularly with respect to its gastric-sparing properties and its ability to exert anti-inflammatory

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activities independent of conversion into indomethacin. Thus, the aim of this study was to characterize the anti-inflammatory effects of both orally and locally administered acetaminophen, its effects on COX-1 and COX-2 activity and the relationship of these activities with its bioconversion into indomethacin.

## Methods

### Animals

All experimental protocols were approved by the Animal Care Committee of the University of Calgary, and the experiments were performed in accordance with the guidelines of the Canadian Council on Animal Care. The minimum sample size per group was five.

Male Wistar rats (175–200 g) were obtained from Charles River Laboratories (Montreal, Quebec, Canada) and were housed in the Animal Care Facility at the University of Calgary. Rats were fed standard laboratory chow and tap water *ad libitum*.

### Zymosan airpouch model

Rats were deprived of food, but not water, for 18–20 h prior to experiments. The airpouch was induced as described previously (Edwards *et al.*, 1981; Wallace *et al.*, 1999). Briefly, 20 ml of air was injected subcutaneously on the back of the rats. Additional injections of 10 ml of air were performed 2, 5 and 6 days after the first injection. Twenty-four hours after the last injection of air, 1 ml of either saline or a 1% ( $wv^{-1}$ ) solution of zymosan was injected into the pouch. All of the injections were performed under halothane anaesthesia. Six hours after zymosan injection, rats were anaesthetized with sodium pentobarbital (60 mg  $kg^{-1}$  intraperitoneal), and blood was drawn from the inferior vena cava for measurement of whole blood thromboxane  $B_2$  (TXB<sub>2</sub>) synthesis, as an index of COX-1 activity (Wallace *et al.*, 1999). Immediately thereafter, 1 ml of heparinized saline was injected into the pouch. The airpouch was carefully opened by a small incision. The exudate was collected, the volume measured and an aliquot used to quantify leukocyte numbers using a Sysmex KX-21N haematology analyzer. An aliquot was applied to a glass slide and stained with Wright's stain to determine the relative numbers of different leukocyte subtypes. The exudate was centrifuged at 1000g for 10 min. The supernatant was collected and stored at  $-80^{\circ}C$  for measurement of prostaglandin  $E_2$  (PGE<sub>2</sub>) and leukotriene  $B_4$  (LTB<sub>4</sub>) using commercially available enzyme immunoassay kits. An additional aliquot of airpouch exudate was stored for subsequent measurement of indomethacin and acetaminophen concentrations by high-performance liquid chromatography.

One hour prior to zymosan injection into the airpouch, rats were treated with vehicle (5% sodium bicarbonate), acetaminophen or indomethacin (2.7, 8.3, 27.9 or 83.8  $\mu mol kg^{-1}$ ), either orally or by direct injection into the pouch. Six hours after zymosan injection, the exudate and whole blood were collected, as described above.

In another set of experiments, exudate samples were collected at 0, 1, 2, 3, 4, 6, 12, 24 or 36 h after injection of zymosan into the airpouch.

### Gastric damage and prostaglandin synthesis

Groups of at least five rats were given acetaminophen or indomethacin orally (8.3, 27.9 and 83.8  $\mu mol kg^{-1}$ ). Control rats received the vehicle (5% sodium bicarbonate). Three hours later, the rats were killed with an overdose of sodium pentobarbital. The stomach was removed and the extent of haemorrhagic damage was scored by an observer unaware of the treatments the rats had received. The length (in mm) of all haemorrhagic lesions was measured and a gastric damage score was calculated for each stomach by summing these values (Wallace *et al.*, 2000). A sample of the corpus region of the stomach was excised, weighed and added to a tube containing 1 ml of sodium phosphate buffer (10 mM; pH 7.4). The tissue was minced with scissors for 30 s, then placed in a shaking water bath (37  $^{\circ}C$ ) for 20 min. The samples were centrifuged (9000g) for 1 min, the supernatant was snap frozen and then stored at  $-80^{\circ}C$ . The concentration of PGE<sub>2</sub> in the supernatants was determined by enzyme-linked immunosorbent assay.

### Whole-blood thromboxane synthesis

Blood was collected from untreated rats and dispensed in 500  $\mu l$  aliquots into glass tubes containing indomethacin (0.1–10  $\mu M$ ), the same concentrations of acetaminophen, or vehicle. The blood was incubated at 37  $^{\circ}C$  for 45 min, then centrifuged at 9000g for 3 min. TXB<sub>2</sub> concentrations in the supernatants were measured by enzyme-linked immunosorbent assay.

### High-performance liquid chromatography analysis samples

Acetaminophen and indomethacin concentrations in plasma and exudate were determined by reverse-phase high-performance liquid chromatography with ultra violet detection. Briefly, 100  $\mu l$  of plasma was spiked with 67.716  $\mu M$  of carbamazepine (internal standard) and 1100  $\mu l$  of methanol was added to extract the drugs by vortex agitation during 1 min at maximum speed, then samples were centrifuged. An aliquot (60  $\mu l$ ) of supernatant was injected into the chromatographic system equipped with a Novapak C-18 column (150  $\times$  3.9 mm ID, particle size 4  $\mu m$ , Waters Assoc., Milford, MA, USA) eluted with a mobile phase consisting of a mixture of 0.025 M phosphate buffer (pH 6.0) with methanol, 45:55  $v v^{-1}$  at constant flow (1.0 ml  $min^{-1}$ ) at room temperature. The effluent from the column was monitored spectrophotometrically at 260 nm. Retention times were 2.30, 4.25 and 5.10 min for internal standard, indomethacin and acetaminophen respectively.

This method permits simultaneous determination of acetaminophen and indomethacin concentrations. The limit of detection of both compounds was 0.64  $\mu g ml^{-1}$ , and the quantification limit was 1.27  $\mu g ml^{-1}$ . Sensitivity was the same for both compounds as they exhibit similar spectrophotometric properties. The method was linear in the range of 1.27–102  $\mu g ml^{-1}$  ( $r^2$  of 0.9998 for indomethacin and 0.9995 for acetaminophen). At concentrations of 3.8, 19.1 and 76.5  $\mu g ml^{-1}$ , the coefficient of variability was less than 13% for acetaminophen and less than 11% for indomethacin.

### Plasma acetaminophen and indomethacin profile after oral or subcutaneous administration of acetaminophen

Polyethylene catheters were implanted into the caudal artery to collect blood samples, as described previously (Rivera-Espinosa *et al.*, 2003). Acetaminophen ( $83.8 \mu\text{mol kg}^{-1}$ ) suspended in 0.5% carboxymethyl cellulose ( $4 \text{ ml kg}^{-1}$ ) was then administered orally or subcutaneously. Blood samples ( $200 \mu\text{l}$ ) were drawn prior to and at 0.08, 0.16, 0.25, 0.33, 0.5, 0.75, 1, 2, 4, 8, 10, 24, 27 and 30 h after drug administration. The dose used for this pharmacokinetic study was selected because it was the highest dose administered for the COX-1- and COX-2-inhibition experiments. Plasma was obtained by whole blood centrifugation ( $1000 g$  for 10 min), and plasma samples were stored at  $-80^\circ\text{C}$  until analysis was performed.

### Statistical analysis

All data are expressed as mean  $\pm$  s.e.m. Comparisons among groups were made using a one-way analysis of variance followed by the Newman-Keuls test or using a Student's *t*-test, when appropriate. Values of  $P < 0.05$  were considered to show significant differences between means.

### Materials

Indomethacin, acetaminophen, zymosan and carbamazepine were obtained from Sigma Aldrich (St Louis, MO, USA). The enzyme-linked immunosorbent assay kits for measuring  $\text{PGE}_2$ ,  $\text{LTB}_4$  and  $\text{TXB}_2$  were obtained from Cayman Chemical Co. (Ann Arbor, MI, USA).

## Results

### Time course of leukocyte infiltration, and $\text{PGE}_2$ and $\text{LTB}_4$ synthesis

Administration of zymosan into the airpouch resulted in substantial infiltration of leukocytes, peaking at 6 h (Figure 1). Most of the leukocytes were neutrophils ( $94.4\% \pm 0.87$ ) and lymphocytes ( $5.2\% \pm 0.82$ ).  $\text{PGE}_2$  levels in exudates were maximal between 4 and 6 h after zymosan injection and declined gradually thereafter. The highest levels of  $\text{LTB}_4$  in the exudates occurred between 3 and 4 h after zymosan administration, decreasing to near-basal levels by 12 h. For the subsequent studies of the effects of acetaminophen and indomethacin, we selected the 6 h post-zymosan time point.

### Acetaminophen reduces acute inflammation with the same potency as indomethacin

Acetaminophen and indomethacin inhibited zymosan-induced leukocyte infiltration into the airpouch to a similar extent. A significant effect was seen with lower doses when given directly into the airpouch than with oral administration, although a clearer dose-response relationship was seen with oral administration (Figure 2).

Acetaminophen and indomethacin significantly inhibited whole blood  $\text{TXB}_2$  synthesis (COX-1; Figure 3) and reduced exudate  $\text{PGE}_2$  levels (COX-2; Figure 4), irrespective of the

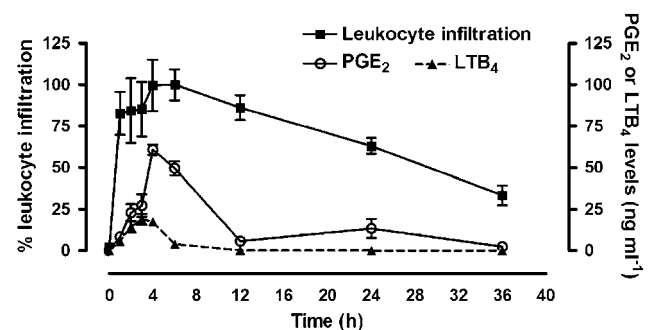
route of administration of the drugs. With the lowest doses of acetaminophen, given orally, there was less inhibition of  $\text{TXB}_2$  and  $\text{PGE}_2$  synthesis than was seen with the same doses of indomethacin. Both drugs produced a profound inhibition of  $\text{PGE}_2$  synthesis when they were administered locally (Figure 4).

### Acetaminophen and indomethacin differentially affect $\text{LTB}_4$ synthesis

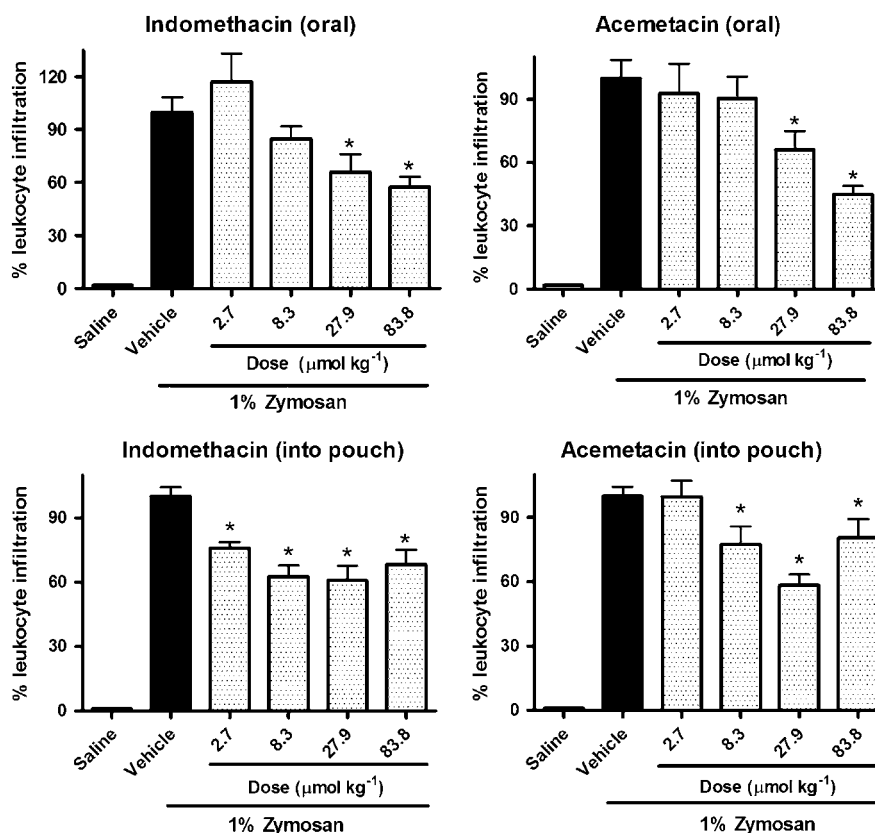
In contrast to their effects on COX products, the effects of acetaminophen and indomethacin on  $\text{LTB}_4$  levels in the exudate were quite different. Orally administered indomethacin significantly increased  $\text{LTB}_4$  levels in the exudate (by up to fivefold) at all but the highest dose tested. In contrast,  $\text{LTB}_4$  synthesis was not affected by orally administered acetaminophen (Figure 5). When given directly into the airpouch, indomethacin significantly increased  $\text{LTB}_4$  synthesis only at the lowest dose tested, while acetaminophen significantly increased  $\text{LTB}_4$  synthesis only at the highest dose tested (Figure 5).

### Transformation of acetaminophen to indomethacin in rat airpouch exudates

Acetaminophen and indomethacin were quantified in exudates collected 7 h after administration of the drugs directly into the pouch or given orally. Acetaminophen was not detected in the exudate. The concentrations of indomethacin in the exudate were similar when acetaminophen or indomethacin was administered via either route (Table 1). The concentration of indomethacin in the exudate increased in a dose-dependent manner after either oral or local administration of either drug (data not shown). These observations suggest that acetaminophen is completely biotransformed to indomethacin, possibly in part within the airpouch. To further examine this possibility, we performed a pilot study as follows: acetaminophen ( $100 \mu\text{g ml}^{-1}$ ) was incubated in airpouch exudate or rat plasma for 45 min at  $37^\circ\text{C}$ , then acetaminophen and indomethacin were quantified by high-performance liquid chromatography. Within this short time frame, we found that only a modest amount of indomethacin was detectable



**Figure 1** Leukocyte infiltration,  $\text{PGE}_2$  and  $\text{LTB}_4$  after zymosan injection into the airpouch. Leukocyte infiltration is expressed as a percentage of the maximal effect, which occurred at 6 h after zymosan administration. Five rats per group.  $\text{LTB}_4$ , leukotriene  $\text{B}_4$ ;  $\text{PGE}_2$ , prostaglandin  $\text{E}_2$ .



**Figure 2** Percentage of leukocyte infiltration in rat airpouch exudate following a single oral or local administration of indomethacin or acemetacin. Data are expressed as mean  $\pm$  s.e.m. \* $P < 0.05$  vs vehicle; five rats per group.

in plasma and exudate ( $1.3 \pm 0.1$  and  $2.2 \pm 0.1 \mu\text{g ml}^{-1}$ , respectively).

The pharmacokinetic profile of acemetacin was examined following oral or subcutaneous (s.c.) administration at a dose of  $83.8 \mu\text{mol kg}^{-1}$  (Figure 6). The plasma levels of indomethacin derived from acemetacin were similar for both routes of administration. For example, the area under the curve values were the same:  $1193 \pm 51 \mu\text{g h ml}^{-1}$  for oral administration and  $1115 \pm 64 \mu\text{g h ml}^{-1}$  for s.c. administration. When plasma acemetacin was measured, a clear difference in pharmacokinetic profile was seen. After s.c. administration, the area under the curve was significantly greater than when acemetacin was given orally (Table 2). In addition,  $C_{\text{max}}$  was significantly greater after s.c. acemetacin administration than when it was given orally.

#### Gastric damage and prostaglandin synthesis

Orally administered indomethacin elicited the formation of extensive haemorrhagic erosions in the stomach, which increased in severity in a dose-dependent manner (Figure 7). Acemetacin caused significantly less gastric damage than indomethacin. Across the range of doses tested, both indomethacin and acemetacin significantly suppressed gastric  $\text{PGE}_2$  synthesis. For example, indomethacin at a dose of  $8.3 \mu\text{mol kg}^{-1}$  reduced gastric  $\text{PGE}_2$  synthesis from  $17.4 \pm 3.2 \text{ pg mg}^{-1}$  (in vehicle-treated controls) to  $5.0 \pm 1.1 \text{ pg mg}^{-1}$ ,

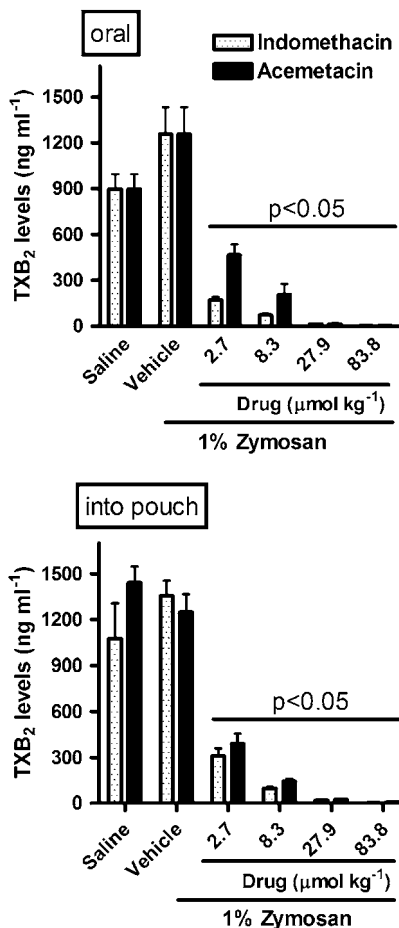
while an equimolar dose of acemetacin reduced gastric  $\text{PGE}_2$  synthesis to  $4.4 \pm 1.1 \text{ pg mg}^{-1}$ . Across the full range of doses shown in Figure 7, there was no significant difference between the extent of inhibition of gastric  $\text{PGE}_2$  synthesis by acemetacin and indomethacin.

#### Whole-blood thromboxane synthesis

As shown in Figure 8, indomethacin concentration-dependently reduced  $\text{TXB}_2$  synthesis in rat whole blood. In this assay, the  $\text{TXB}_2$  is derived almost entirely from platelets (Wallace *et al.*, 1998). In contrast, acemetacin did not affect  $\text{TXB}_2$  synthesis at any of the concentrations tested (up to  $10 \mu\text{M}$ ).

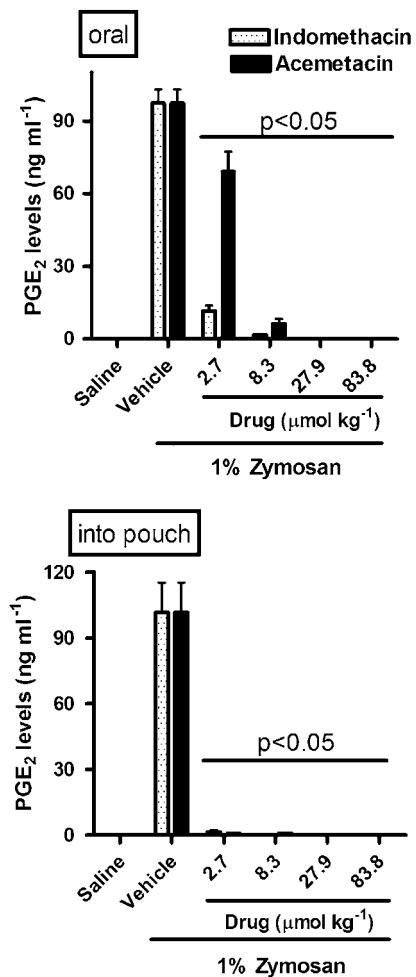
## Discussion and conclusions

Indomethacin is a very potent anti-inflammatory drug used for treating painful conditions such as arthritis and gout. However, like other NSAIDs, its use is limited by a relatively high incidence of adverse effects, the most common of which are gastrointestinal ulceration and bleeding (Wallace, 1997). The anti-inflammatory properties of acemetacin, a carboxymethyl ester of indomethacin (Notarianni and Collins, 1987; Jones *et al.*, 1991), have been characterized in many studies, including kaolin-induced oedema in mice



**Figure 3** Cyclooxygenase-1 activity, assayed as TXB<sub>2</sub> levels, in rat whole blood following a single oral or local (into airpouch) dose of indomethacin or acemetacin. Data are expressed as mean  $\pm$  s.e.m.  $P < 0.05$  vs vehicle, as indicated by bar; five rats per group. TXB<sub>2</sub>, thromboxane B<sub>2</sub>.

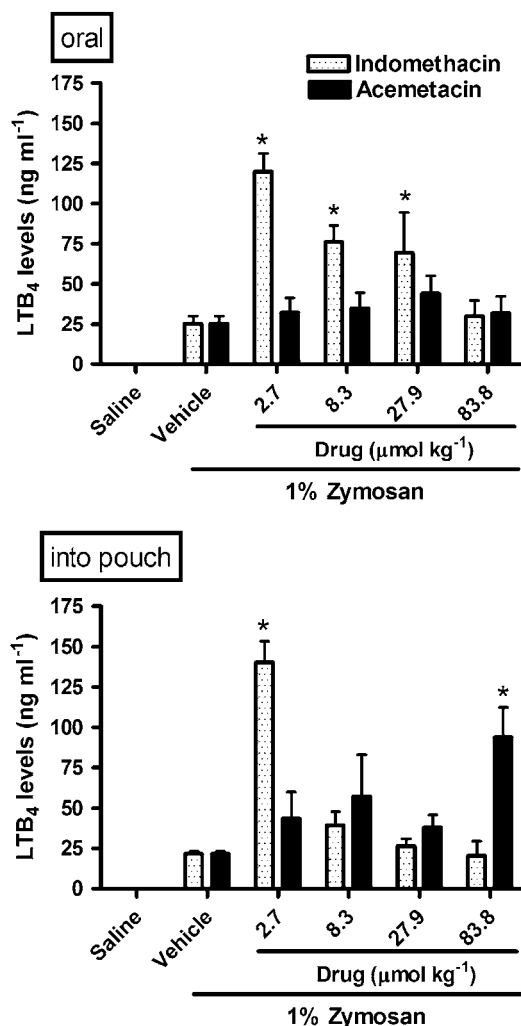
(Jacobi *et al.*, 1980). In clinical studies, acemetacin exhibits comparable anti-inflammatory efficacy to indomethacin, but with better gastric tolerance (Bori-Segura *et al.*, 2002; Chou and Tsai, 2002). The reasons for the greater gastric safety of acemetacin relative to that of indomethacin are not clear. One possibility is that acemetacin has less capacity to suppress gastric PG synthesis than indomethacin. Indeed, acemetacin may itself be inactive as a COX inhibitor, with the inhibition occurring only after bioconversion into indomethacin. Based on *in vitro* studies of acemetacin and indomethacin, Tavares and Bennett (1993) concluded that acemetacin was capable of suppressing COX-1 and COX-2 activity, and was suggested to be 'anti-inflammatory in its own right'. In the present study, we directly compared the anti-inflammatory properties of acemetacin to equimolar doses of indomethacin in the zymosan airpouch model in rats. When injected directly into the airpouch, acemetacin exhibited similar anti-inflammatory effects as indomethacin (that is, reduction of leukocyte infiltration and suppression of COX-2-dependent PGE<sub>2</sub> synthesis). While this might be taken as evidence for acemetacin exerting anti-inflammatory effects independent of bioconversion into indomethacin, we



**Figure 4** Cyclooxygenase-2 activity, assayed as PGE<sub>2</sub> levels, following a single oral or local (into airpouch) dose of indomethacin or acemetacin. Data are expressed as mean  $\pm$  s.e.m. Bar shows  $P < 0.05$  vs corresponding indomethacin group; five rats per group. PGE<sub>2</sub>, prostaglandin E<sub>2</sub>.

observed that bioconversion of acemetacin into indomethacin occurs rapidly within the inflammatory exudate. On the other hand, the markedly different effects of acemetacin and indomethacin on LTB<sub>4</sub> production in the airpouch suggest that the actions of acemetacin cannot be completely attributed to effects secondary to its bioconversion into indomethacin. We also observed that acemetacin produced significantly less gastric damage than indomethacin, and this occurred despite similar inhibition of gastric PG synthesis.

The airpouch model is a well-established tool for studying inflammation. It is a simple model that allows for measurement of several parameters of inflammation (Ferrandiz and Foster, 1991; Payá *et al.*, 1997). When inflammation is induced in an airpouch by injection of zymosan, elevated eicosanoid synthesis can be detected within the first hour (Payá *et al.*, 1997). The PGE<sub>2</sub> that is produced in response to zymosan is derived almost entirely from COX-2 (Wallace *et al.*, 2007). As shown in the present study, one can also monitor the resolution of inflammation in the airpouch



**Figure 5** LTB<sub>4</sub> levels in rat airpouch exudates following a single oral or local (into airpouch) administration of indomethacin or acetaminophen. Data are expressed as mean ± s.e.m. \**P* < 0.05 vs vehicle; five rats per group. LTB<sub>4</sub>, leukotriene B<sub>4</sub>.

**Table 1** Indomethacin levels in inflammatory exudate

Drug/route of administration	Exudate indomethacin concentration (μg ml <sup>-1</sup> )
Indomethacin (oral)	8.71 ± 2.03
Acemetacin (oral)	10.29 ± 2.49
Indomethacin (into pouch)	16.87 ± 4.44
Acemetacin (into pouch)	13.21 ± 2.97

Indomethacin or acetaminophen (83.8 μmol kg<sup>-1</sup>) was administered orally or by injection into the airpouch. One hour later, zymosan was injected into the airpouch. Exudates were collected 6 h after zymosan administration. Data are expressed as mean ± s.e.m., with five rats per group.

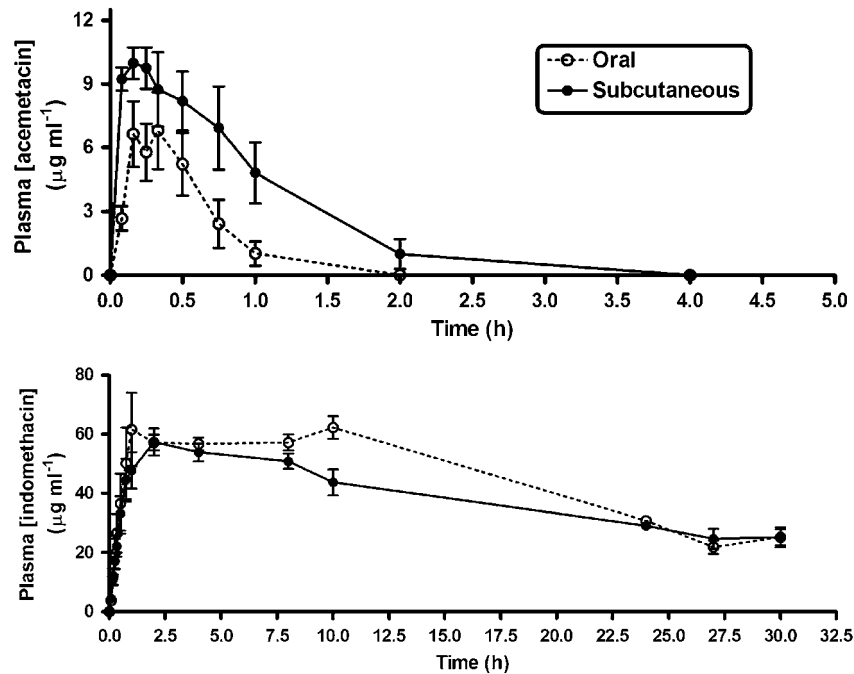
model; thus, exudate levels of PGE<sub>2</sub> and LTB<sub>4</sub> had recovered to control levels by 36 h after the injection of zymosan. As reported by others, the resolution of inflammation in this model could be driven by the generation of anti-inflammatory substances, such as PGD<sub>2</sub>, lipoxins and resolvins (Gilroy *et al.*, 1999; Serhan *et al.*, 2007).

Biotransformation of acetaminophen to indomethacin occurs rapidly, whether administered orally or subcutaneously. We

observed a very low rate of conversion of acetaminophen into indomethacin *in vitro* in inflammatory exudates and plasma, and such conversion also appeared to be marginal when acetaminophen was incubated with blood for a short period of time (that is, no inhibition of TXB<sub>2</sub> synthesis during a 45-min exposure to acetaminophen). Nevertheless, the similar suppression of COX-1 and COX-2 *in vivo* by acetaminophen and indomethacin, along with the pharmacokinetic data demonstrating rapid conversion of the former into the latter, does support a rapid biotransformation process. Indeed, 7 h after acetaminophen administration into the airpouch, there was no detectable acetaminophen, but levels of indomethacin were comparable to those observed when an equimolar dose of indomethacin was injected directly into the pouch. There is evidence in the literature to suggest that acetaminophen has anti-inflammatory effects independent of its bioconversion into indomethacin. For example, Tavares and Bennett (1993) reported comparable inhibition of gastric PG synthesis and human leukocyte PG synthesis (assumed to be via COX-2) by acetaminophen and indomethacin. One cannot, however, rule out the possibility that some conversion of acetaminophen into indomethacin occurred in these assay systems.

Pro-drugs of NSAIDs are generally thought to cause less gastric damage by virtue of producing less inhibition of gastric PG synthesis, which occurs primarily via COX-1. The *in vitro* experiments with whole blood in the present study clearly demonstrate an inability of acetaminophen to inhibit COX-1 in platelets. On the other hand, we observed comparable inhibition of gastric PG synthesis 3 h after oral administration of acetaminophen vs indomethacin. Of course, it is possible that the onset of the inhibition of gastric PG synthesis may have been delayed somewhat after acetaminophen administration, although the pharmacokinetic studies suggest that conversion of acetaminophen into indomethacin occurs within an hour. Nevertheless, endothelial injury in the gastric microcirculation can be detected as early as 15 min after administration of indomethacin, a time when significant suppression of gastric PG synthesis has already been achieved (Wallace *et al.*, 1990). Haemorrhagic erosions, such as those scored in the present study, take longer to develop fully. A delay in the onset of inhibition of gastric PG synthesis could, therefore, translate into a reduction of macroscopically visible haemorrhagic erosions.

One of the more surprising observations in the present study was that indomethacin produced radically different effects on LTB<sub>4</sub> levels in the airpouch from those of acetaminophen, particularly after direct injection of the drugs into the airpouch. It is not clear if this difference is related to differential effects on the synthesis or catabolism of LTB<sub>4</sub>, although several previous studies have noted elevated leukotriene synthesis *in vitro* and *in vivo* when PG synthesis is suppressed by drugs such as indomethacin (Ham *et al.*, 1983; Salmon *et al.*, 1983; Robinson *et al.*, 1986). The underlying mechanism for this effect is not clear, but may be related to a shunting of arachidonate metabolism to lipoxygenase pathways, when COX is inhibited, or to removal of the suppressive effects of PGs on leukotriene synthesis (Ham *et al.*, 1983). Only with the highest dose of acetaminophen was an indomethacin-like elevation of LTB<sub>4</sub> synthesis seen.



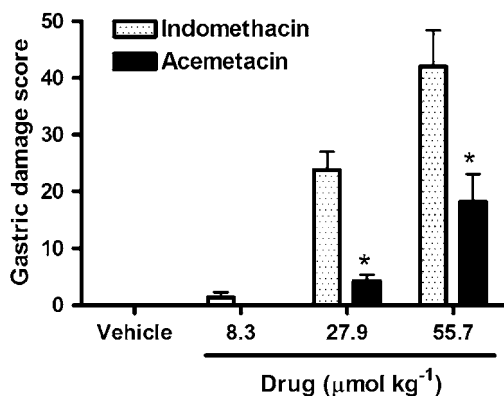
**Figure 6** Plasma acemetacin (top panel) and indomethacin (bottom panel) concentrations following a single oral or subcutaneous dose of acemetacin ( $83.8 \mu\text{mol kg}^{-1}$ ). Data are expressed as mean  $\pm$  s.e.m. Eight rats per group.

**Table 2** Pharmacokinetics of acemetacin

Drug measured	Route of administration of acemetacin	$T_{\text{max}}$ (h)	$C_{\text{max}}$ ( $\mu\text{g ml}^{-1}$ )	AUCt ( $\mu\text{g h ml}^{-1}$ )
Acemetacin	Oral	$0.28 \pm 0.04$	$5.93 \pm 1.11$	$4.88 \pm 1.08$
Acemetacin	Subcutaneous	$0.18 \pm 0.04$	$10.44 \pm 1.09^*$	$10.83 \pm 2.11^*$
Indomethacin	Oral	$8.50 \pm 0.73$	$64.40 \pm 3.72$	$1193 \pm 51.32$
Indomethacin	Subcutaneous	$2.16 \pm 0.40^*$	$61.42 \pm 5.47$	$1115 \pm 63.66$

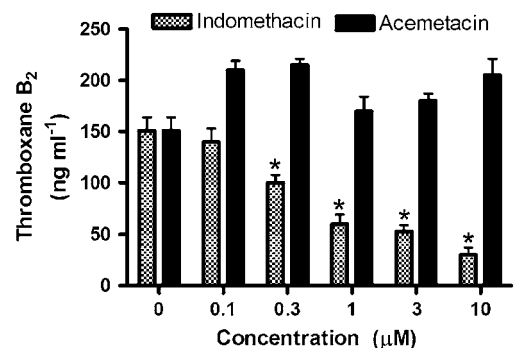
Pharmacokinetic parameters for acemetacin and indomethacin were measured in plasma samples collected 5 min to 30 h after oral or subcutaneous administration of acemetacin ( $83.8 \mu\text{mol kg}^{-1}$ ). Data are presented as mean  $\pm$  s.e.m. with eight rats per group.  $C_{\text{max}}$  is the maximal plasma concentration,  $T_{\text{max}}$  is the time to reach  $C_{\text{max}}$ , and AUC is the area under the plasma-against-time curve.

\* $P < 0.05$  (Student's *t*-test) compared to the group given acemetacin orally.



**Figure 7** Gastric damage score 3 h after oral administration of indomethacin or acemetacin. Data are expressed as mean  $\pm$  s.e.m. \* $P < 0.05$  vs corresponding dose of indomethacin; five rats per group.

This observation is significant for at least two reasons. First, it is consistent with the notion that acemetacin acts independently of its conversion into indomethacin. Second,



**Figure 8** Inhibition of whole-blood thromboxane  $B_2$  synthesis *in vitro* by indomethacin and acemetacin. \* $P < 0.05$  vs the group that did not receive either drug; five rats per group).

it presents another possible mechanism to explain the reduced gastric-damaging effects of acemetacin vs indomethacin. Several previous studies have suggested a role for  $\text{LTB}_4$  in the pathogenesis of NSAID-induced gastric injury (Vaananen *et al.*, 1992; Asako *et al.*, 1992a; Kirchner *et al.*,

1997). For example, indomethacin was shown to increase LTB<sub>4</sub> synthesis in mesenteric venules and this contributed significantly to the increase in leukocyte adherence that was induced by this NSAID (Asako *et al.*, 1992a). This increase in leukocyte adherence has been observed following administration of many different NSAIDs, including selective COX-2 inhibitors (Asako *et al.*, 1992b; Wallace *et al.*, 1993; Muscara *et al.*, 2000), and has been shown to be a critical step in the pathogenesis of NSAID-induced gastric damage. Indeed, prevention of NSAID-induced leukocyte adherence to the vascular endothelium or immunodepletion of circulating neutrophils prevented NSAID-induced gastric damage (Wallace *et al.*, 1990, 1991). Inhibitors of LTB<sub>4</sub> synthesis were also shown to significantly diminish NSAID-induced leukocyte adherence and gastric damage (Vaananen *et al.*, 1992; Asako *et al.*, 1992a; Kirchner *et al.*, 1997). Thus, the absence of an increase in LTB<sub>4</sub> synthesis following acemetacin administration (except at a very high dose), in contrast to the large increase in LTB<sub>4</sub> synthesis following indomethacin administration, could be a significant factor contributing to the gastric safety of acemetacin.

In summary, acemetacin exhibited anti-inflammatory efficacy and potency similar to that of indomethacin in the zymosan airpouch model of inflammation. It has been suggested by others that acemetacin exhibits similar anti-inflammatory effects as celecoxib, with comparable gastric safety (Leeb *et al.*, 2004). However, the results of the present study demonstrate that, unlike celecoxib (at recommended anti-inflammatory doses), acemetacin potently inhibits COX-1 *in vivo* (to the same extent as, and most likely due to its bioconversion into, indomethacin). Our results confirm that acemetacin is rapidly biotransformed to indomethacin (Jones *et al.*, 1991), and further demonstrate that this occurs extrahepatically, although to a limited extent, in the plasma and in inflammatory exudates. Nevertheless, we observed an important difference in activity between acemetacin and indomethacin; acemetacin (except at a very high dose) did not cause an increase in LTB<sub>4</sub> synthesis, as was observed with indomethacin. This may provide an important clue for the mechanism underlying the gastric safety of acemetacin vs indomethacin, given that NSAID-induced gastric damage has been attributed, in part, to LTB<sub>4</sub>-mediated events in the gastric microcirculation.

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## Conflict of interest

The authors state no conflict of interest.

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