

Sphingosine Synergistically Stimulates Tumor Necrosis Factor α -induced Prostaglandin E₂ Production in Human Fibroblasts

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Summary

Sphingosine is a biologically active derivative of sphingomyelin. It affects diverse cellular functions and its mechanism(s) of action is poorly defined. Tumor necrosis factor α (TNF α) has recently been shown to rapidly induce sphingomyelin turnover, implicating this metabolic pathway in TNF α signal transduction. Because TNF α is known to induce prostaglandin E₂ (PGE₂) production in human fibroblasts, we tested the effect of sphingosine on TNF α -induced PGE₂ production. We found that sphingosine enhanced TNF α -induced PGE₂ production by as much as 18-fold over TNF α alone. Sphingosine appeared to stimulate TNF α -induced PGE₂ production independent of TNF α -mediated interleukin 1 (IL-1) production, because anti-IL-1 antibodies and IL-1 receptor antagonist protein (IRAP) did not inhibit TNF α -induced PGE₂ production or the stimulatory effect of sphingosine. TNF α stimulated PGE₂ production to the same degree in normal and protein kinase C (PKC) downregulated cells in the presence and absence of sphingosine, indicating that neither TNF α nor sphingosine require active PKC to elicit their respective effects. The sphingosine analogues stearylamine and stearyl-D-sphingosine had little or no effect on TNF α -mediated PGE₂ production, supporting a specific role for sphingosine in the activation process. Short-term (1 min) exposure of cells to sphingosine dramatically increased TNF α -induced PGE₂ production. A potential mechanism by which sphingosine could increase TNF α -induced PGE₂ production involves enhancement of phospholipase A₂ (PLA₂) and/or cyclooxygenase (Cox) activity, the rate-limiting enzymes in PGE₂ production. We found that both TNF α and sphingosine alone enhanced these enzymatic activities, and that sphingosine additively increased the effect of TNF α on phospholipase A₂ activity. It appears that sphingosine affects TNF α -induced PGE₂ production via a mechanism that is independent of PKC involvement, and that sphingosine may function as an endogenous second messenger capable of modulating the responsiveness of the cell to external stimuli.

Sphingosine, a metabolite of sphingomyelin turnover (1), can elicit a variety of cellular responses including inhibition of growth factor action (2, 3), modulation of receptor function (4–6), inhibition of platelet and neutrophil function (7, 8) and calmodulin dependent enzymes (9), antagonism of phorbol ester induced responses (10–12), and promotion of antitumor activity (1, 13). Many of the effects of sphingosine appear to be a direct consequence of the inhibition of protein kinase C (PKC)¹ activity (7, 8, 10, 11), a key regulatory enzyme involved in signal transduction in a variety of physiological processes (14, 15). Although the full range of

biochemical targets for sphingosine has yet to be identified, several PKC-independent mechanisms for sphingosine action have been recognized (16–18). The diverse effects of sphingosine suggest that it may act as an endogenous modulator of cell function, a second messenger molecule, generated as a result of agonist-stimulated sphingolipid turnover (1). However, the mechanism(s) of sphingosine action and those signal transduction pathways that it modulates are not well defined.

TNF α is a pluripotent cytokine secreted by macrophages in response to a variety of inflammatory agents (19). It has a broad range of *in vivo* activities as demonstrated by its ability to affect the growth, differentiation, and function of virtually every cell type investigated (20, 21). Cellular responses to TNF α are triggered by interaction of TNF α with high-affinity cell surface receptors (22, 23). Although sensitivity to TNF α can be modulated by regulation of receptor expres-

¹ Abbreviations used in this paper: Cox, cyclooxygenase; IRAP, IL-1 receptor antagonist protein; PGE₂, prostaglandin E₂; PKC, protein kinase C; PLA₂, phospholipase A₂.

sion, TNF α responsiveness appears to be largely determined at the post-receptor level. Several lines of evidence suggest the participation of protein kinases in TNF α signal transduction (24, 25), and other findings support protein kinase-independent mechanisms (26, 27). Recently, TNF α has been shown to stimulate sphingomyelin metabolism, suggesting that this pathway may be an important signaling mechanism mediating some of the many actions of TNF α (28).

IL-1 and TNF α are known to elicit similar responses in a variety of cell types, including stimulation of prostaglandin E₂ (PGE₂) production (29, 30). Both cytokines are elaborated by mononuclear cells in response to the same stimuli. They have similar functional profiles, molecular weights, and ionic characteristics (31–34), and further, TNF α can itself induce the production of IL-1 (35). Thus, specific responses of fibroblasts to these cytokines are sometimes difficult to differentiate. We show here that sphingosine stimulates TNF α -mediated PGE₂ production via a PKC-independent pathway, at least in part, by stimulating phospholipase A₂ (PLA₂) activity. TNF α -mediated IL-1 production does not appear to be involved in the process. Our observation that very short exposure of cells to sphingosine is sufficient to maximally stimulate TNF α -mediated PGE₂ production, together with the previous observation that TNF α rapidly induces the metabolism of sphingomyelin, is consistent with the concept that sphingolipid metabolites may play an important role as endogenous second messengers in regulating the ability of cells to respond to TNF α and, most likely, to other cytokines.

Materials and Methods

Cytokine Preparations and Antibodies. Sphingosine from bovine brain sphingomyelin was purchased from Sigma Chemical Co., (St. Louis, MO), and recombinant TNF α was from R & D Systems (Minneapolis, MN). mAbs to IL-1 α and IL-1 β were obtained from R & D Systems, and IRAP (36) was the generous gift of Dr. Daniel E. Tracey of The Upjohn Company (Kalamazoo, MI). PMA, stearoyl-D-sphingosine, and stearylamine were all obtained from Sigma Chemical Co. [³H]PGE₂ was purchased from New England Nuclear (Boston, MA). PGE₂ antisera were obtained from Advanced Magnetics, Inc. (Cambridge, MA).

Fibroblasts Cell Lines and Culture. Six different human foreskin fibroblast lines were employed in these studies. Human foreskin fibroblasts were obtained and cultured as previously described (18). Where indicated cells were treated with growth factors, anti-IL-1 α and anti-IL-1 β mAbs (10 and 100 μ g/ml, respectively), IRAP (1 ng/ml), PMA (100 nM final in DMSO), or aliphatic amines (10 μ M), along with the appropriate vehicle controls. Sphingosine was always added as a complex with BSA, which was prepared by incubating equimolar amounts of BSA and sphingosine in Tris buffer (pH 7.4) for 1 h at 37°C. Incubations typically lasted 24 h after which time the media were collected and assayed for PGE₂ by RIA. The effects of sphingosine and TNF α on cell viability were assessed by trypan blue exclusion. At 10 μ M sphingosine and 1 ng/ml TNF α , neither cell morphology nor viability was affected during the course of the experiments described.

PGE₂ RIA. This assay is based upon the competition of cold (sample PGE₂) with labeled PGE₂ for anti-PGE₂-antibody binding sites as previously described (18). The culture media were harvested from cells treated as indicated, and a 10- μ l aliquot was added to

RIA assay buffer (0.1 mM phosphate buffer, pH 7.4, containing 0.9% sodium chloride, 0.1% sodium azide, and 0.1% gelatin). The sample was then mixed with the appropriate amount of labeled tracer and reconstituted antiserum. The mixture was allowed to equilibrate at room temperature for 1 h and then incubated overnight at 4°C. Assay tubes were then placed in an ice bath, and 1 ml of a cold charcoal-dextran suspension was added. After a 15-min incubation, the tubes were centrifuged at 2,200 g for 10 min at 4°C; the supernatants were decanted into scintillation vials and counted using liquid scintillation. Percent binding was compared against a standard curve, and the amount of PGE₂ in the sample was calculated.

PKC Downregulation. Confluent fibroblast cultures were pretreated with 1 μ M PMA for 24 h at 37°C. After this treatment, the cells were washed three times with Eagle's minimal essential medium (EMEM), and 0.5 ml fresh EMEM containing 1% FCS was added. The cells were then treated as indicated and PGE₂ was measured as described above.

PLA₂ Assay. The assay used to measure PLA₂ activity in cell extracts is a modification of a procedure previously described by Ballou, et al. (37–39). Briefly, confluent fibroblast monolayers from six-well plates were washed several times with 2 ml of 100 mM Tris, pH 7.0. The cells were scraped from the plate in 120 μ l of the same buffer, sonicated for 15 s, and centrifuged at 15,000 g for 15 min. The pellet was discarded and the supernatant fraction kept on ice until assayed for PLA₂ activity. Each assay contained 40 μ l of the supernatant fraction (~50 μ g of protein), 1-palmitoyl-2-[1-¹⁴C]arachidonylphosphatidylcholine (50,000 cpm in 5 μ l DMSO), and 1 mM CaCl₂. The assay was initiated by adding 10 μ l of a reaction mixture such that the final concentration of each component was as described above. Tubes were mixed by vortex and incubated in a 37°C water bath for 30 min. The reaction was stopped by the addition of 50 μ l of ethanol containing 2% acetic acid. Each tube was mixed by vortex and 50 μ l was applied to a silica gel G TLC plate and developed in ethyl acetate/acetic acid (99:1). As indicated for certain experiments, cells were pretreated with TNF α and/or sphingosine for 18 h before preparation of the extract.

Cox Assay. The procedure for obtaining the cell extract was the same as for the PLA₂ assay. Each Cox assay contained 40 μ l of the cell extract and 1 μ M epinephrine/1 mM phenol in 100 mM Tris (pH 8.5). The reaction was initiated by adding 10 μ l 1 mM arachidonic acid in ethanol to each tube. The reaction was allowed to proceed for 15 min at 37°C and stopped by the addition of 10 μ l 25 mM FeCl₂·4H₂O. Then, the samples were stored at -20°C until PGE₂ was measured by RIA as described above.

Statistical Analysis. Student's *t* test was used for all statistical analyses.

Results

Sphingosine Potentiates TNF α -induced PGE₂ Production in Human Fibroblasts. In a series of experiments we evaluated the effect of TNF α and sphingosine on PGE₂ production in human fibroblasts. In six cell lines tested, we consistently observed a dramatic increase in the amount of PGE₂ produced in response to TNF α if sphingosine was also present. Fig. 1 shows that at 10 μ M sphingosine, approximately 18-fold more PGE₂ was produced in response to 1 ng/ml TNF α than in the absence of sphingosine. Sphingosine alone had comparatively little effect on PGE₂ production at any con-

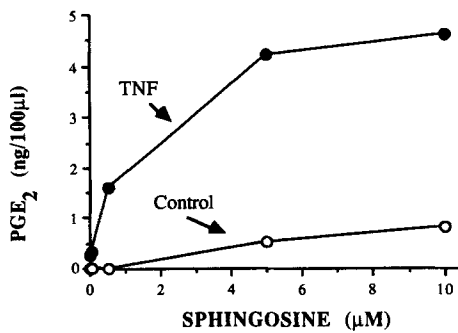


Figure 1. Spingosine potentiates TNF α -induced PGE₂ production. Confluent human foreskin fibroblasts were treated with TNF α (1 ng/ml) and the indicated concentrations of spingosine. PGE₂ was measured by RIA as described in Materials and Methods. The results are expressed as ng of PGE₂ produced per 100 μ l. Similar results were obtained in two additional experiments. Standard deviations between duplicate assays for each experimental treatment were less than 5%.

centration tested. TNF α -mediated PGE₂ production increased as a function of spingosine concentration. However, concentrations of spingosine over 25 μ M were cytotoxic, as previously reported (18). Although we observed some degree of quantitative variability with respect to PGE₂ production among the cell lines examined, the combination of TNF α and spingosine invariably resulted in a synergistic increase of PGE₂ production. In a series of six separate experiments each using a different fibroblast cell line, we observed a spingosine-mediated increase in TNF α -induced PGE₂ production ranging from 3.5- to 17.7-fold over TNF α levels alone. The lowest mean increase (3.5-fold) induced by TNF α and spingosine over TNF α controls was statistically significant (Student's *t* test, *p* < 0.005).

IRAP and Anti-IL-1 Antibodies Do Not Inhibit TNF α /Spingosine Synergy. TNF α has been shown to induce IL-1 synthesis by certain target cells (35). Therefore, to rule out potential effects of IL-1 on TNF α -mediated PGE₂ production, we tested the effects of spingosine and TNF α in the presence of neutralizing IL-1 (α and β) mAbs and IRAP. We added IRAP (1 ng/ml), which blocks the action of IL-1 by binding to IL-1 receptors with about the same affinity as IL-1 (36), anti-IL-1 α (10 μ g/ml), and anti-IL-1 β (100 μ g/ml), an amount that totally blocked the effect of exogenously added IL-1 (1 ng/ml) on PGE₂ production (data not shown). Fig. 2 shows that when IRAP or anti-IL-1 antibodies are added to the incubation medium, TNF α -induced PGE₂ production remains stimulated by spingosine. Control assays containing combinations of anti-IL-1, IRAP, spingosine, and each alone, resulted in no effect on basal PGE₂ production. Thus, spingosine and TNF α appear to increase PGE₂ production in human fibroblasts independent of IL-1 effects, although we cannot rule out the potential effects of intracellular IL-1.

The Effect of Spingosine on PMA and TNF α -Mediated PGE₂ Production After PKC Downregulation. Many effects of spingosine (7, 8, 10, 11) and TNF α (24, 25) appear to be a direct consequence of PKC inhibition or activation, respectively. PMA is a potent activator of PKC (15); however,

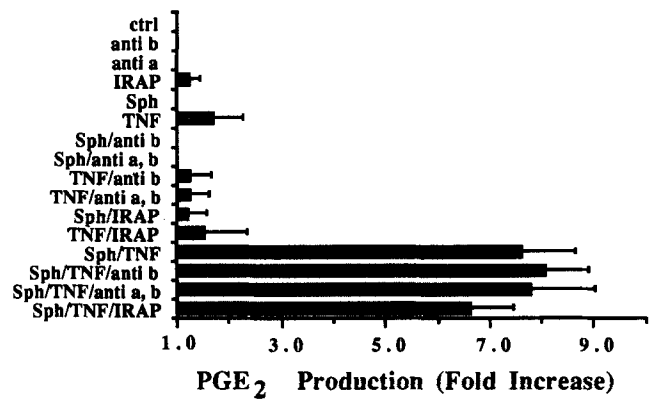


Figure 2. IRAP and mAbs against IL-1 do not inhibit TNF α -induced PGE₂ production. Confluent fibroblast cultures (24-well) were treated as indicated. After 24 h PGE₂ was measured by RIA as described in Materials and Methods. Untreated control PGE₂ levels were normalized to 1.0, and the fold stimulation by each treatment was calculated. Each value is the mean of three additional experiments from two identically treated wells \pm SD. The concentration of each addition was: anti-IL-1 β , 100 μ g/ml; anti-IL-1 α , 10 μ g/ml; IRAP, 1 ng/ml; spingosine, 10 μ M; TNF α , 1 ng/ml.

prolonged exposure to PMA downregulates PKC activity in human cells (40, 41). Therefore, we compared the effects of spingosine and TNF α on PGE₂ production in normal and PKC-deficient cells. Fig. 3 shows that TNF α alone stimulates PGE₂ production equally in control and PKC downregulated cells. As expected, PMA stimulates PGE₂ production in normal cells but not in cells with downregulated PKC activity. Interestingly, the combination of PMA and spingosine, both of which stimulated some PGE₂ alone, resulted

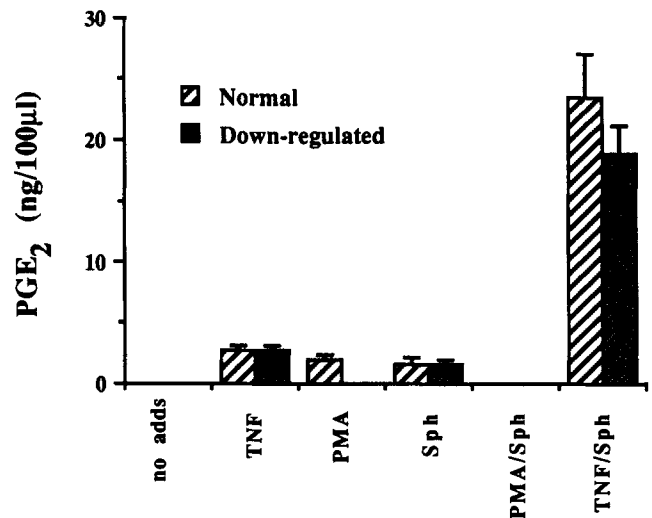


Figure 3. The effect of TNF α , PMA, and spingosine on PGE₂ production in normal and PKC downregulated fibroblasts. Confluent fibroblast cultures were pretreated with 1 μ M PMA for 24 h. Cells were then thoroughly washed and incubated with the following additions for 24 h: PMA, 100 nM; TNF α , 1 ng/ml; spingosine, 10 μ M. PGE₂ was measured by RIA as described in Materials and Methods. The results are expressed as nanograms of PGE₂ produced per 100 μ l. Each value represents the mean \pm SD of three experiments from identically treated duplicate wells.

in no PGE₂ production, perhaps because of their documented opposing effects on PKC activity. Sphingosine dramatically enhanced TNF α -induced PGE₂ production in normal cells, and this effect was not significantly decreased in cells with downregulated PKC activity, suggesting that in this case sphingosine provides a metabolic signal to the cell that enhances TNF α -mediated PGE₂ production independent of any effects that sphingosine may have on PKC activity.

Specificity of the Sphingosine Effect. To determine the specificity of the stimulatory effect of sphingosine on TNF α -mediated PGE₂ production, we tested the ability of two sphingosine analogues, stearoyl-D-sphingosine and stearylamine, to modulate TNF α -mediated PGE₂ production. Stearoyl-D-sphingosine lacks a free amino group and stearylamine has an alkyl chain length similar to sphingosine, but lacks both hydroxyl groups. Fig. 4 shows that in comparison to the ability of sphingosine to strongly potentiate TNF α -mediated PGE₂ production, stearylamine has some stimulatory effect, and stearoyl-D-sphingosine does not show any synergy with TNF α .

Time Course of Sphingosine-mediated Potentiation of TNF α -induced PGE₂ Production. To examine the temporal relationship between sphingosine treatment and its stimulatory effect on TNF α -induced PGE₂ production, we incubated cells with sphingosine for the times indicated in Fig. 5, washed them with fresh culture media, and then treated them with TNF α (1 ng/ml) for 24 h. Fig. 5 shows that the effect of sphingosine on TNF α -mediated PGE₂ production is extremely rapid. After only a 1-min exposure to sphingosine, TNF α -mediated PGE₂ production was enhanced to 90% of maximal and to 100% after a 5-min exposure. TNF α -mediated PGE₂ production decreased after 1 h preincubation with sphingosine, and longer pre-incubations resulted in progressively lower levels of PGE₂, returning to basal levels after 24 h of exposure to sphingosine. These results indicate that

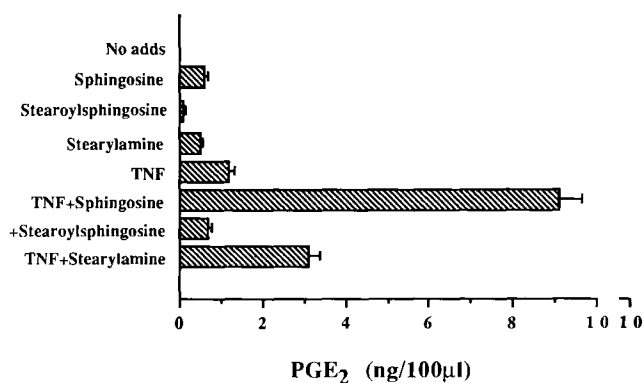


Figure 4. The effect of TNF α , sphingosine, sphingosine analogues, on PGE₂ production. Confluent cultures of human fibroblasts were treated as indicated. After 24 h PGE₂ was measured by RIA as described in Materials and Methods. The results are expressed as nanograms of PGE₂ produced per 100 μ l. Each value is the mean \pm SD of three experiments from identically treated duplicate wells. The concentration of each addition was: TNF α , 1 ng/ml; sphingosine, 10 μ M; stearylamine, 10 μ M; stearoyl-D-sphingosine, 10 μ M.

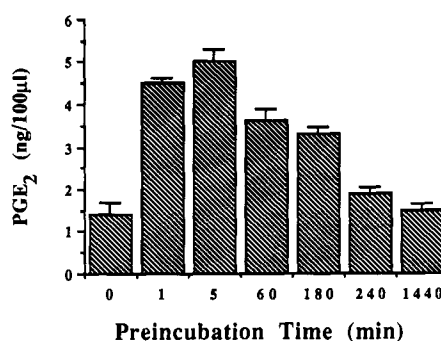


Figure 5. The effect of sphingosine pretreatment on TNF α -mediated PGE₂ production. Confluent fibroblast cultures were exposed to sphingosine (10 μ M) for the times indicated. Each well was then extensively washed to remove any remaining sphingosine. Each well was then treated with TNF α (1 ng/ml). Control wells were treated with sphingosine or TNF α alone and with sphingosine/TNF α combination. After 24 h PGE₂ production was measured as described in Materials and Methods. The results are expressed as nanograms of PGE₂ produced per 100 μ l. Each value represents the mean of triplicate assays from two separate wells \pm SD. PGE₂ production was 0.4 \pm 0.14 ng/100 μ l in control wells treated with sphingosine alone, 1.4 \pm 0.28 ng/100 μ l in wells treated with TNF α alone (time zero) and 5.7 \pm 0.14 ng/100 μ l in wells treated with sphingosine and TNF α at the same time.

the effects of sphingosine on TNF α -induced PGE₂ production are rapidly manifested and relatively transient. The transient nature of the sphingosine effect may be due to its rapid metabolism to an inactive metabolite by the cell.

The Effect of TNF α and Sphingosine on PLA₂ and Cox Activity in Human Fibroblasts. Cytokine-induced PGE₂ production in human fibroblasts is regulated by the availability of arachidonic acid, released from phospholipids by the action of PLA₂, and on its conversion to PGE₂ by Cox (42). To directly assess the effect of sphingosine and TNF α on PLA₂ and Cox activity, we prepared an extract from sonicated fibroblasts using untreated cells and cells treated for 18 h with TNF α , sphingosine or both. Fig. 6 shows that PLA₂ activity in cells pretreated with sphingosine (10 μ M) and/or TNF α (1 ng/ml) is significantly higher than basal PLA₂. Moreover, PLA₂ activity derived from cells pretreated with both sphingosine and TNF α is significantly higher than in cells pretreated with TNF α alone ($p < 0.05$). Similarly, Cox activity is significantly higher in cells treated with sphingosine and TNF α when compared with the activity measured in untreated cells ($p < 0.001$), but not when compared with activity in cells treated with TNF α alone.

Discussion

Sphingolipids have been implicated in modulating many diverse cellular processes, including cellular communication, transformation, proliferation, differentiation, and receptor function (1, 43, 44). The mechanism(s) of action and the signal transduction pathways modulated by these complex lipids remain poorly understood. Although much evidence suggests that sphingosine is a potent inhibitor of PKC activity (1, 13), other studies indicate that sphingosine has bio-

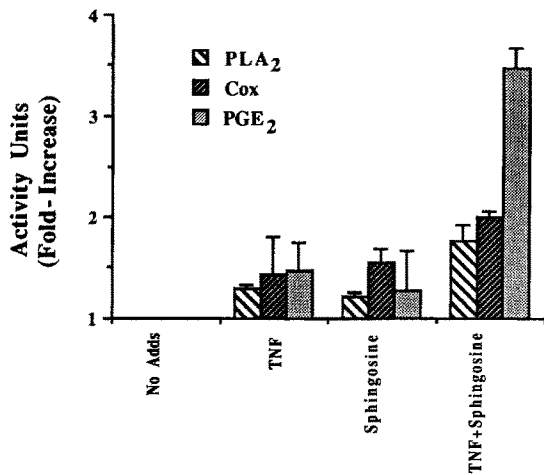


Figure 6. The effect of TNF α and sphingosine on Cox and PLA₂ activities. PLA₂ and Cox activities were measured as described in Materials and Methods. PGE₂ production was measured by RIA. Confluent cultures of human fibroblasts were pretreated with TNF α and/or sphingosine for 18 h before preparation of the supernatant fraction. The concentration of each addition was: TNF α , 1 ng/ml; sphingosine 10 μ M. Untreated control PLA₂, Cox, and PGE₂ levels were normalized to 1.0, and the fold stimulation by each treatment was calculated. Each value is the mean of three experiments from two identically treated wells \pm SD.

logical effects which are, at least in part, independent of the PKC pathway (4, 5, 16, 18). Thus, caution has been urged in the use of sphingosine as a reagent to inhibit PKC and further, the possibility that sphingosine may not be a physiological modulator of PKC activity must be considered. The findings presented here suggest that sphingosine may be involved in modulating the responsiveness of the cell to TNF α . Sphingosine has also been implicated as a modulator of the actions of epidermal growth factor (4), IL-1 (18), and most likely, other cytokines yet to be identified.

Sphingomyelin turnover involves the hydrolysis of sphingomyelin to ceramide and phosphorylation by a neutral sphingomyelinase. Some have suggested that this is an important biochemical pathway in regulating a variety of cell functions (45). It has been demonstrated recently that TNF α causes an early and reversible sphingomyelin hydrolysis in HL-60 cells accompanied by the concomitant generation of ceramide that subsequently downregulates mRNA production for the *c-myc* protooncogene (28). A variety of other biologically active sphingolipid metabolites, such as sphingosine (4, 18) and sphingosine-1-phosphate (43) are also produced during sphingomyelin turnover. Further, sphingosine may be converted to ceramide or sphingosine-1-phosphate, thus complicating determination of the specific effects of these compounds. Clearly, each of these metabolites may modulate a wide variety of cellular responses including the ability of certain inflammatory cytokines to induce PGE₂ production as shown here.

The ability of TNF α to affect the growth, differentiation, and various other functions of virtually every cell type investigated, appears to be largely determined at the postreceptor level. However, little is known about the precise intracellular pathways which mediate TNF α signal transduction. The effect

of TNF α on PKC activation is controversial but several reports suggest that PKC activation may play a major role in TNF α signal transduction in some (24, 25, 34), but not all target cells (26). With respect to transcriptional control, the relationship between TNF α and the activation or repression of specific genes remains to be elucidated. In certain cell types (Jurkat and K562), TNF α activates transcription factor NF κ B via a PKC-independent pathway (27), further indicating that TNF α signal transduction does not necessarily require the involvement of PKC.

The fact that TNF α and IL-1 share many functional characteristics (including the stimulation of PGE₂ production) led us to test the effect of sphingosine on TNF α -mediated PGE₂ production in order to determine whether similar mechanisms were involved in TNF α - and IL-1-induced PGE₂ production. Recently we showed that sphingosine greatly potentiates IL-1-mediated PGE₂ production in human fibroblasts independent of PKC activation (18). In fact, the downregulation of PKC activity by prolonged exposure to PMA (40, 41) mimicked the effect of sphingosine, suggesting that active PKC may actually inhibit IL-1-mediated PGE₂ production, and that the stimulatory effect of sphingosine on IL-1-mediated PGE₂ production was due in part to its ability to inhibit PKC activity. Conversely, with respect to sphingosine and TNF α , the inhibition of PKC activity by prolonged exposure to PMA had no effect on TNF α -mediated PGE₂ production in the presence or absence of sphingosine. These findings clearly suggest that some factor, or factors, not involving the PKC pathway, are responsible for the potentiation of TNF α -mediated PGE₂ production by sphingosine.

The synergistic behavior of sphingosine and TNF α on PGE₂ production appears to be independent of the potential effects of TNF α -induced IL-1 synthesis. Anti-IL-1 α , and anti-IL-1 β antibodies and IRAP did not inhibit TNF α -induced PGE₂ production or the stimulatory effect of sphingosine, yet they completely blocked the effects of exogenously-added IL-1. Together, these results support the conclusion that TNF α acts independently of TNF α -mediated IL-1 production, not only because the effects of sphingosine and TNF α are manifested quite rapidly but because, as previously shown, the time course of IL-1-mediated PGE₂ production in cells preincubated with sphingosine (18) differs significantly from that of TNF α . Whereas sphingosine exhibits a rapid, transient effect on TNF α -induced PGE₂ production, its effect on IL-1 mediated PGE₂ production was less rapid, but more sustained. This difference may be because although TNF α seems to act entirely independently of PKC, IL-1 mediated PGE₂ production may be downregulated by active PKC, and the inhibition of PKC by sphingosine requires a longer period of time to achieve (18). Clearly, sphingosine potentiates PGE₂ production in response to TNF α or IL-1. However, the mechanism of sphingosine action appears to differ depending upon the external stimulus. Thus, the effects of sphingosine on cytokine-mediated PGE₂ production are complex and cannot be attributed to any single biochemical event or process.

The precise mechanism by which sphingosine potentiates

TNF α -induced PGE₂ production remains unclear. Previous data obtained in studies using IL-1- and sphingosine-treated fibroblasts showed that PLA₂ activity derived from these cells was significantly higher than that detected in extracts obtained from cells treated with IL-1 or sphingosine alone (18). Recently, it has been reported that both TNF α and IL-1 increase PLA₂ mRNA levels and secretion of PLA₂ from the cell (46). We show here that TNF α and sphingosine significantly increase endogenous PLA₂ activity over TNF α levels. While IL-1 has been shown to induce the synthesis of Cox (42), similar studies using TNF α have not been reported. The data presented here indicate that TNF α alone significantly increases Cox activity compared to control levels but sphingosine only slightly enhances the TNF α effect on Cox activity. On the basis of observations such as these, and because increased PGE₂ production is likely to be dependent upon increased PLA₂ and Cox activities, we hypothesize that TNF α and sphingosine synergistically stimulate PGE₂ production in human fibroblasts, at least in part, by increasing arachidonic acid mobilization via TNF α and sphingosine-enhanced PLA₂ activity, providing more substrate (arachidonic acid) for conversion to PGE₂ by Cox. Even slight in-

creases in PLA₂ and/or Cox activity could account for the observed increase in PGE₂ production in response to TNF α and sphingosine because end product (PGE₂) is allowed to accumulate over a relatively long period of time (24 h).

The finding that sphingosine dramatically potentiates TNF α -mediated PGE₂ production could be very important relative to our understanding of the pathophysiologic mechanisms that mediate a variety of inflammatory processes. The role of PGE₂, and other prostanoids, in inflammation is well established and its effects are known to include the mediation of pain, vasodilation, increased vascular permeability, and alterations in immune cell functions. Because sphingosine, and perhaps other sphingolipid metabolites, can so profoundly enhance cytokine-induced PGE₂ production, it is interesting to speculate that the elevated levels of PG production commonly associated with inflammatory disorders such as rheumatoid arthritis may not result from the overproduction of inflammatory cytokines by mononuclear cells, but rather, from increased sphingomyelin turnover in the target cell which can dramatically potentiate the response of the cell to otherwise normal levels of cytokine.

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