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MeCP2 Controls Excitatory Synaptic Strength by Regulating Glutamatergic Synapse Number

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SUMMARY

MeCP2 is a transcriptional repressor critical for normal neurological function. Prior studies demonstrated that either loss or doubling of MeCP2 results in postnatal neurodevelopmental disorders. To understand the impact of MeCP2 expression on neuronal function, we studied the synaptic properties of individual neurons from mice that either lack or express twice the normal levels of MeCP2. Hippocampal glutamatergic neurons that lack MeCP2 display a 46% reduction in synaptic response whereas neurons with doubling of MeCP2 exhibit a two-fold enhancement in synaptic response. Further analysis shows that these changes were primarily due to the number of synapses formed. These results reveal that MeCP2 is a key rate-limiting factor in regulating glutamatergic synapse formation in early postnatal development, and that changes in excitatory synaptic strength may underlie global network alterations in neurological disorders due to altered MeCP2 levels.

INTRODUCTION

Classic Rett syndrome (RTT) is a progressive childhood neurodevelopmental disorder due to loss of function mutations in the X-linked gene encoding the transcriptional repressor, methyl-CpG binding protein 2 (*MECP2*) (Amir et al., 1999). RTT is characterized by a period of apparently normal development for 6 to 18 months followed by regression and onset of a variety of neurological features including tremors, seizures, stereotypies, mental retardation, loss of motor skills, and autistic features (Hagberg et al., 1983; Rett, 1966). Mutations in *MECP2* also cause nonsyndromic mental retardation, mild learning disability, and classic autism (Carney et al., 2003; Couvert et al., 2001; Meloni et al., 2000; Orrico et al., 2000). Duplications spanning *MECP2* result in twice the endogenous protein levels (Van Esch et al., 2005) and cause mental retardation and progressive neurological symptoms with autistic features, seizures, and loss of motor skills in males (del Gaudio et al., 2006; Friez et al., 2006; Shi et al., 2005; Van Esch et al., 2005).

Mice either lacking MeCP2 (*Mecp2*^{Null/y}) (Chen et al., 2001; Guy et al., 2001) or carrying a truncated allele of MeCP2 (*Mecp2*^{308/y}) (Shahbazian et al., 2002) appear normal until 4–6 weeks of age, after which they display motor impairments, seizures, forepaw stereotypies,

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hypoactivity, and premature lethality. Strikingly, mice with twice the endogenous level of MeCP2 (*Mecp2^{Tg1}*) also appear normal until 10–12 weeks of age, after which they display forepaw stereotypies, impaired coordination, seizures, hypoactivity, and spasticity (Collins et al., 2004).

Electrophysiological studies of these mouse models showed impairments in long-term synaptic plasticity and excitatory drive. Reduced long-term potentiation (LTP) was observed in *Mecp2^{Null/y}* cortical slices (Asaka et al., 2006) and in *Mecp2^{308/y}* hippocampal slices (Moretti et al., 2006). Enhanced LTP was observed in *Mecp2^{Tg1}* hippocampal slices (Collins et al., 2004). Additionally, loss of MeCP2 results in reduced spontaneous activity in cortical slices due to a reduction in the size of spontaneous excitatory postsynaptic currents (EPSCs) (Dani et al., 2005). However, these studies did not reveal a mechanism by which MeCP2 regulates synaptic function at single-neuron and network levels.

In order to examine the physiological consequences of either loss or doubling of MeCP2, we utilized autaptic hippocampal neurons (Bekkers and Stevens, 1991) from *Mecp2^{Null/y}* (Guy et al., 2001) and *Mecp2^{Tg1}* mice to minimize the potential confounding effects of homeostatic processes. We discovered that MeCP2 regulates glutamatergic synaptic density in hippocampal neurons, providing a mechanism for the altered synaptic strength.

RESULTS

Loss or doubling of MeCP2 alter the magnitude of evoked EPSCs and frequency of spontaneous mEPSC events

To study the overall impact of MeCP2 levels on synaptic output, we examined action potential evoked excitatory postsynaptic currents (EPSCs) (see Experimental Procedures). Analysis of evoked EPSCs from *Mecp2^{Null/y}* neurons revealed a 46% reduction in the EPSC amplitude (Figures 1A and 1B) and from *Mecp2^{Tg1}* neurons revealed a 116% enhancement of the EPSC size (Figures 1A and 1C) compared to respective WT. These findings show that MeCP2 regulates the magnitude of synaptic output at a single cell level. The magnitude of the evoked EPSC depends on the postsynaptic response to the release of an individual vesicle (quantal size), the number of fusion competent vesicles (readily releasable pool, RRP), and the efficiency of the calcium-triggered fusion of synaptic vesicles (vesicular release probability, P_{vr}).

Quantal size depends on the amount of transmitters per vesicle and the postsynaptic receptor. To assess quantal size, we evaluated spontaneous non-calcium dependent neurotransmitter release in autaptic neurons, or miniature excitatory postsynaptic current (mEPSC) events (see Experimental Procedures). Our study revealed no significant differences in mEPSC amplitude and decay time constant for *Mecp2^{Null/y}* and *Mecp2^{Tg1}* neurons (Figures S2A–S2D), indicating that the amount of transmitter per vesicle and postsynaptic receptor responsiveness is unaltered. However, *Mecp2^{Null/y}* neurons showed a significant decrease in mEPSC frequency (Figures 1D and 1E) and *Mecp2^{Tg1}* neurons showed a significant increase in mEPSC frequency (Figures 1D and 1F) compared to respective WT. This indicates that the number of fusion competent vesicles may be affected upon loss or doubling of MeCP2.

Loss or doubling of MeCP2 alters the magnitude of the RRP without altering short-term plasticity

We measured RRP size by integrating the charge resulting from the pulsed application of hypertonic sucrose directly on the neuron and also computed the presynaptic P_{vr} to assess the relative efficiency of synaptic release (see Experimental Procedures). The data revealed a 41% reduction in RRP charge in *Mecp2^{Null/y}* (Figures 2A and 2C) and a 104% enhancement in RRP

charge in *Mecp2^{Tg1}* neurons (Figures 2B and 2D) without changes in P_{vr} (Figures 2E and 2F). Consistent with no change in P_{vr} , we found no difference in EPSC amplitude depression for both *Mecp2^{Null/y}* and *Mecp2^{Tg1}* neurons (Figures 2G and 2H) upon 10 Hz train stimulation (see Experimental Procedures). The effect of 10 Hz train stimulation reflects the efficiency of presynaptic calcium-triggered release (Schneppenburger et al., 1999; Zucker and Regehr, 2002). These findings reveal that loss or doubling of MeCP2 alters RRP size without affecting presynaptic calcium-dependent release efficiency.

Loss or doubling of MeCP2 does not alter synaptic release probability

RRP size depends on the number of fusion competent vesicles per synapse and the number of synapses per neuron. The number of fusion competent vesicles per synapse determines the efficiency of individual synapses to release a vesicle upon arrival of an action potential, or synaptic release probability (P_r). P_r can be measured using the MK801 blocking assay (Hessler et al., 1993; Rosenmund et al., 1993) (see Experimental Procedures). The blocking rate of the NMDA-EPSC amplitude with successive stimulations of the neuron is proportional to the synaptic release probability, P_r . Since, P_{vr} is unaltered in *Mecp2^{Null/y}* and *Mecp2^{Tg1}* neurons, P_r will directly reflect the number of fusion competent vesicles per synapse. We found that P_r is not significantly altered in *Mecp2^{Null/y}* and *Mecp2^{Tg1}* hippocampal glutamatergic neurons (Figures 2I and 2J) compared to respective WT. This study allowed us to conclude that the number of fusion competent vesicles per synapse in *Mecp2^{Null/y}* and *Mecp2^{Tg1}* neurons are similar to those of WT. This finding suggests that the observed alterations in the RRP charge upon either loss or doubling of MeCP2 are most likely due to changes in the number of glutamatergic synapses per neuron.

MeCP2 regulates glutamatergic synapse numbers

We used immunocytochemistry (see Experimental Procedures) to evaluate glutamatergic synaptic density in autaptic neurons. Using microtubule associated protein-2 (MAP2) as a dendritic marker; we found no changes in dendritic length and branchpoint complexity upon loss and doubling of MeCP2 during the first two weeks of neuronal development (Figures S3A and S3B). To ensure that all data are collected from glutamatergic neurons, we used vesicular glutamate transporter-1 (VGLUT1), specific to glutamatergic neurons for loading glutamate into synaptic vesicles, as a presynaptic marker (Bellocchio et al., 2000; Takamori et al., 2000), and postsynaptic density-95 (PSD95), involved in clustering postsynaptic NMDA receptors at glutamatergic synapse, as a postsynaptic marker (Cho et al., 1992; Kistner et al., 1993; Kornau et al., 1995; Niethammer et al., 1996).

First, we evaluated the density of VGLUT1 and PSD95 markers, and found that loss of MeCP2 results in a reduction in the density of both markers and that doubling of MeCP2 results in an increase in the density of both markers (Figures 3A–3C). Next, we examined the colocalization of VGLUT1 with PSD95 (VGLUT1-PSd95) to better assess the density of functional synapses and found that the rates of colocalization for both markers are reduced upon loss of MeCP2 and increased upon doubling of MeCP2 (Figures 3D–3F). The changes in overall density of both synaptic markers and the rates of colocalization between them contributes to a reduction of 39% and an increase of 60% of colocalized VGLUT1-PSD95 puncta density compared to WT upon loss or doubling of MeCP2, respectively.

Physiological and morphological phenotypes are restored in *Mecp2^{Null;Tg1}*

Collins et al showed behavioral rescue of the *Mecp2^{Null/y}* by restoring normal levels of MeCP2 using the human *MECP2* transgene, *Mecp2^{Null;Tg1}* (Collins et al., 2004). We asked whether the rescue could be detected at a cellular and physiological level by examining *Mecp2^{Null/y;Tg1}* neurons. Indeed, the amplitude of the EPSC, RRP size, P_{vr} , and mEPSC frequency, amplitude, and decay kinetics were all normalized in *Mecp2^{Null/y;Tg1}* neurons

(Figure 4A). Characterization of synaptic density revealed normalization of glutamatergic synaptic density (Figures 4B–4E). These findings show that restoring MeCP2 levels rescues excitatory synaptic strength and glutamatergic synaptic densities, which indicate that the effects of either loss or doubling of MeCP2 on glutamatergic synaptic density are specific to altered levels of the protein.

Loss or doubling of MeCP2 levels alter synapse numbers in *stratum radiatum* of hippocampal CA1

To examine glutamatergic synapse numbers *in vivo*, we performed quantitative VGLUT1 and MAP2 immunofluorescence studies in postnatal *stratum radiatum* (*Rad*) of hippocampal CA1 at two weeks, a crucial period of synaptogenesis *in vivo* (Harris et al., 1992), and five weeks, when symptoms begin to appear in *Mecp2^{Null/y}* mice (see Experimental Procedures). Strikingly, we found at two weeks that VGLUT1 intensity is reduced by 19% and increased by 80% upon loss and doubling of MeCP2, respectively (Figures 5A–5C and 5E). By five weeks, these changes are less apparent, especially in *Mecp2^{Null/y}* (Figures 5D and 5E). No significant differences in total MAP2 intensity for both *Mecp2^{Null/y}* and *Mecp2^{Tg1}* were observed at both time points (Figures 5A, 5B, and 5F–5H). These *in vivo* findings corroborate the autaptic neuron findings and reveal that levels of MeCP2 are critical for regulating glutamatergic synapse numbers during early postnatal development *in vivo*. Moreover, the data suggest that compensatory events occur over time to mask the early changes in synapse numbers.

DISCUSSION

Loss of function *MECP2* mutations cause RTT in females, and duplication of the *MECP2* locus leads to a progressive neurological syndrome in males. In this study we reveal how loss or doubling of MeCP2 levels impact neuronal function. First, we demonstrate that MeCP2 function is critical at a single neuron level. Second, we provide direct evidence that MeCP2 levels are critical for synapse formation in autaptic neurons and *in vivo*. Third, we uncover altered synapse number as the earliest morphological abnormality observed in mouse models of RTT and *MECP2* duplication syndrome. Our discovery that the *in vivo* changes in synapse numbers appear early in postnatal development but disappear over time, suggests that homeostatic compensatory changes occur in response to the early perturbation of synapse numbers. This finding highlights the importance of probing the pathogenesis of Rett syndrome and *MECP2* duplication disorders during the “pre-symptomatic” stage.

Synaptogenesis is a critical neuronal developmental process in the first two weeks of postnatal development *in vitro* (Rao et al., 1998) and *in vivo* (Harris et al., 1992). Our findings that glutamatergic synapses are altered in autaptic neurons and *in vivo* during the first two weeks of development indicate that MeCP2 regulates genes required for the initial formation of synaptic contacts. Whether MeCP2 also functions in regulating the maintenance of these synapses in association with neuronal activity remains to be elucidated. The finding that MeCP2 plays a critical function in regulating neuronal developmental processes during the first two postnatal weeks is consistent with recent postnatal restoration studies. These studies showed that neurological impairments associated with loss of MeCP2 can be reversed by postnatal restoration of MeCP2 levels (Giacometti et al., 2007; Guy et al., 2007). Interestingly, however, Giacometti et al reported that MeCP2 restoration between one to two weeks of age gave the best rescue (Giacometti et al., 2007), which is consistent with our finding that MeCP2 plays a critical role in regulating early neuronal development.

We find that alterations of synapse numbers occur prior to appreciable changes in dendritic complexity of hippocampal pyramidal neurons. This is consistent with neuropathological studies from postmortem Rett brains that did not find significant differences in dendrites of

hippocampal CA1 pyramidal neurons (Armstrong et al., 1995) but found reduced dendritic arborization only in the pyramidal neurons of layer III and V in frontal, motor and inferior temporal regions (Armstrong et al., 1995; Belichenko et al., 1997). In another study using rat hippocampal slice cultures, simplification of the dendritic complexity in the hippocampus was reported when using either shRNA-induced knockdown of MeCP2 or knockdown of MeCP2 concomitant with overexpression of wild-type MeCP2 (Zhou et al., 2006). These approaches lead to rapid postnatal changes in MeCP2 levels, raising the possibility that the acute changes in MeCP2 levels might contribute to the observed dendritic abnormalities. Recently, a study by Guy et al demonstrated that rapid restoration of MeCP2 function is detrimental to mice, highlighting the fact that neurons are very sensitive to acute changes in MeCP2 levels (Guy et al., 2007).

In examining mass cultured hippocampal neurons from *Mecp2^{Null/y}*, Nelson and colleagues used synaptophysin-1 (Syn1) as a synaptic marker and found no significant changes in synapse density (Nelson et al., 2006). Because Syn1 marks the synapses in both excitatory and inhibitory neurons, their study does not address whether the number of only excitatory glutamatergic synapses are altered. We used the synaptic markers VGLUT1 and PSD95, which are specific to glutamatergic synapses, in order to specifically examine excitatory glutamatergic synapse numbers. Importantly, we observed correlated reduction in evoked EPSC response, RRP charge, mEPSC frequency, and glutamatergic synaptic densities with loss of MeCP2. Our results are consistent with the general view that mEPSC events are derived from the same quanta composing the RRP and that these parameters correlate with synaptic densities (Groemer and Klingauf, 2007).

Although the functional analysis in the autaptic neuron showed no changes in release probability, short-term plasticity or postsynaptic strength, we cannot exclude the possibility that changes in these parameters occur during development *in vivo* and contribute to pathogenesis. Release probability and postsynaptic strength in neuronal networks can change in response to perturbations in excitatory synaptic strength (Davis, 2006; Turrigiano and Nelson, 2004). Such compensatory changes may be responsible for the observed changes in short-term plasticity in hippocampal slices from MeCP2 deficient mice that showed paired-pulse facilitation, an indicator of decreased presynaptic release probability, occurred only in symptomatic six to ten week old mice, but not in presymptomatic mice (Asaka et al., 2006). Asaka and colleagues' discovery that presynaptic release properties appear unaltered in slices from presymptomatic *Mecp2* null mice is consistent with our data in the autapse and support our conclusion that this is not an initial contributor to disease pathophysiology.

In sum, we provide direct evidence that MeCP2 levels are central and critical for synapse formation, that MeCP2 plays an important role at the level of a single neuron, and evidence for compensatory effects in response to the alterations in synapse number *in vivo*. There are two additional clinically relevant conclusions that derive from the findings in this study. First, both a decrease and an increase in synaptic number are associated with neurological disorders that share several features including autism spectrum phenotypes. Second, given the emerging evidence that several synaptic proteins are implicated in autism (Durand et al., 2007; Feng et al., 2006; Jamain et al., 2003; Zoghbi, 2003), it is possible that the MeCP2 targets regulating synapse numbers may be involved in autism pathogenesis. Altogether, these findings provide an important framework for investigating the pathogenesis of *MECP2* and autism spectrum disorders and a new avenue for exploring potential therapeutic interventions.

EXPERIMENTAL PROCEDURES

Animals and Neuronal Culture

Mecp2^{Null/y} male mice on a C57BLJ6 background, *Mecp2^{Tg1}* male mice on a FVB background, and *Mecp2^{Null/y;Tg1}* rescue mice obtained by breeding *Mecp2^{Null/+}* females to *Mecp2^{Tg1}* males were used in this study. All procedures to maintain and use these mice were approved by the Institutional Animal Care and Use Committee for Baylor College of Medicine and Affiliates.

For autaptic neuron studies, collagen/poly-D-lysine microislands were made on an agarose-coated glass coverslip using a custom-built stamp to achieve uniform size (~200 μm diameter) (Bekkers and Stevens, 1991; Pyott and Rosenmund, 2002). WT littermate control and test group were treated and examined in parallel. Hippocampal neurons from newborn mice were plated at 300/cm² density in a chemically defined medium (Neurobasal-A media supplemented with Glutamax and B-27; Invitrogen).

Electrophysiology of Autaptic Hippocampal Neurons

Only microislands containing a single neuron were used for the experiments. Whole-cell voltage-clamp recordings were performed between days 7–14 in vitro (DIV). Approximately equal numbers of neurons from the respective groups were measured in parallel. All data were acquired and analyzed blinded to genotype.

Neurons were clamped at -70 mV with an Axopatch 200B amplifier (Axon Instruments, Inc.) under control of Clampex 9.2 (Axon Instruments, Inc.). Data were acquired at 10 kHz and low-pass filtered at 5 kHz. Series resistance was compensated at 80% and only cells with series resistances below 10 M Ω were analyzed. Solutions were applied directly onto the neuron with a fast flow exchange microperfusion device (SF-77B, Warner Instruments, Inc.). The patch pipette internal solution contained (mM): 146 KCl, 17.8 HEPES, 1 EGTA, 0.6 MgCl₂, 4 ATP-Mg, 0.3 GTP-Na, 12 Phosphocreatine, and 50 U/ml Phosphocreatine kinase. Neurons were bathed in standard extracellular solution at 300 mOsm, pH 7.4, and containing (mM): 140 NaCl, 2.4 KCl, 10 HEPES, 10 glucose, 4 CaCl₂, and 4 MgCl₂. See Supplemental Experimental Procedures for details in acquiring EPSC, RRP, mEPSC, short-term plasticity, and MK801 data.

Data were analyzed with Axograph 4.9 or Axograph X (Molecular Devices and Axograph). Statistical significances were tested using Student's t-test and non-parametric Mann-Whitney test.

Immunocytochemistry and Image Acquisition of Autaptic Hippocampal Neurons

Neurons from the respective groups were fixed in parallel at DIV 7–10 with 4% paraformaldehyde and incubated overnight at 4°C with sheep anti-PSD-95 (1:200, Zymed), rabbit anti-VGLUT1 (1:1000, Synaptic Systems), and mouse anti-MAP2 (1:2000, Chemicon). All images were acquired and analyzed blinded to genotype. Images were acquired on a Zeiss 510 laser-scanning confocal microscope with settings to allow the pixel intensities to remain within the dynamic range. Measurements were made using ImageJ. VGLUT1 and PSD95 colocalized if markers directly overlapped or were closely apposed to each other. Statistical significances were tested using Student's t-test and nonparametric Mann-Whitney.

Immunohistochemistry and Image Acquisition of Hippocampal CA1

Two animals were fixed by transcardial perfusion with PBS-buffered 4% paraformaldehyde per genotype and time point. Coronal sections were obtained by sectioning on a Leica CM3050S cryostat at 40 μm for 2 weeks and 25 μm for 5 weeks. Sections were incubated for 48 hours at 4°C with rabbit anti-VGLUT1 (1:1000, Synaptic Systems) and mouse anti-MAP2

(1:2000, Chemicon). All images were acquired and analyzed blinded to genotype. Images were acquired on a Zeiss 510 laser-scanning confocal microscope with same settings for laser power and detector gain for test group and corresponding controls. Statistical analysis of the integrated intensity plot profiles was analyzed using Student's t-test.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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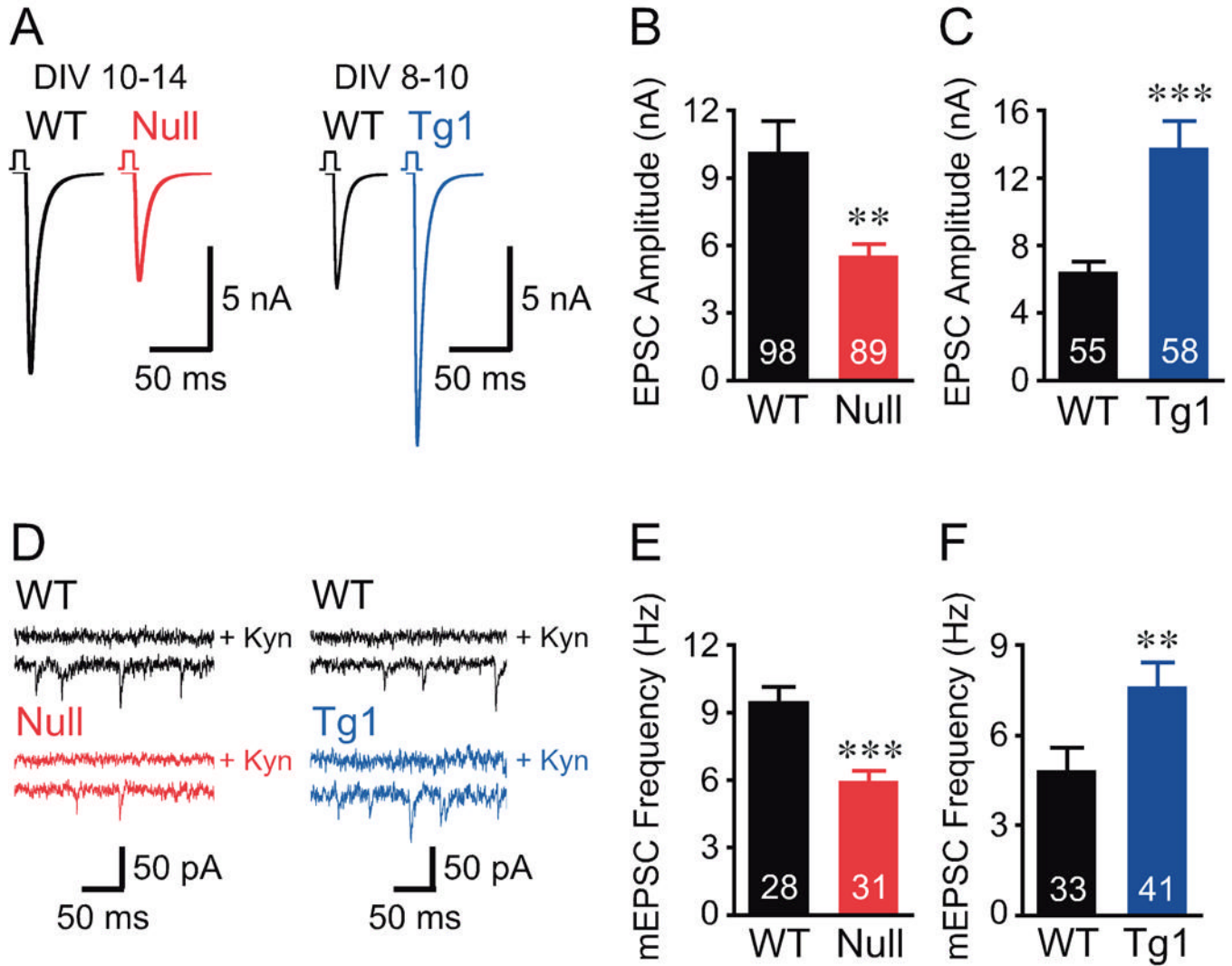


Figure 1. Loss or doubling of MeCP2 alter the magnitude of evoked EPSCs and frequency of spontaneous mEPSC events

(A) Mean action potential evoked EPSC trace from data shown in (B, C). Data collected at an earlier time point for *Mecp2^{Tg1}* neurons to reduce voltage clamp errors. (B, C) Bar graphs show EPSC amplitude. (D) Representative mEPSC traces with upper trace in the presence of 3 mM glutamate receptor blocker, kynurenic acid (Kyn). (E, F) Bar graphs show mEPSC frequency. Number of neurons analyzed (*n*) shown in the bars. Data shown as mean \pm SEM. ** $P < 0.01$, *** $P < 0.001$

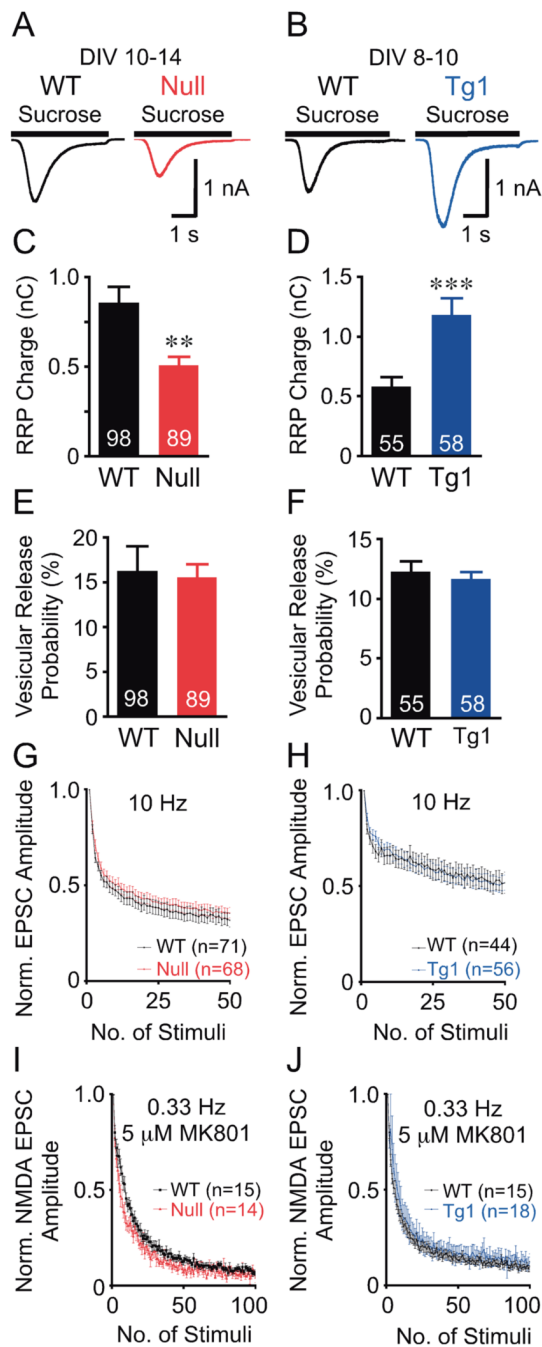


Figure 2. Loss or doubling of MeCP2 alter the magnitude of the RRP, without altering short-term plasticity and synaptic release probability

(A, B) Average current response to 4 s application of sucrose from data shown in (C, D). (C–F) Bar graphs show RRP size (C, D) and P_{vr} (E, F). Number of neurons analyzed (n) shown in the bars. (G, H) Normalized EPSC amplitude with train stimulation. (I, J) Normalized NMDA-EPSC amplitude with 5 μ M MK801. Data shown as mean \pm SEM. ** $P < 0.01$, *** $P < 0.001$

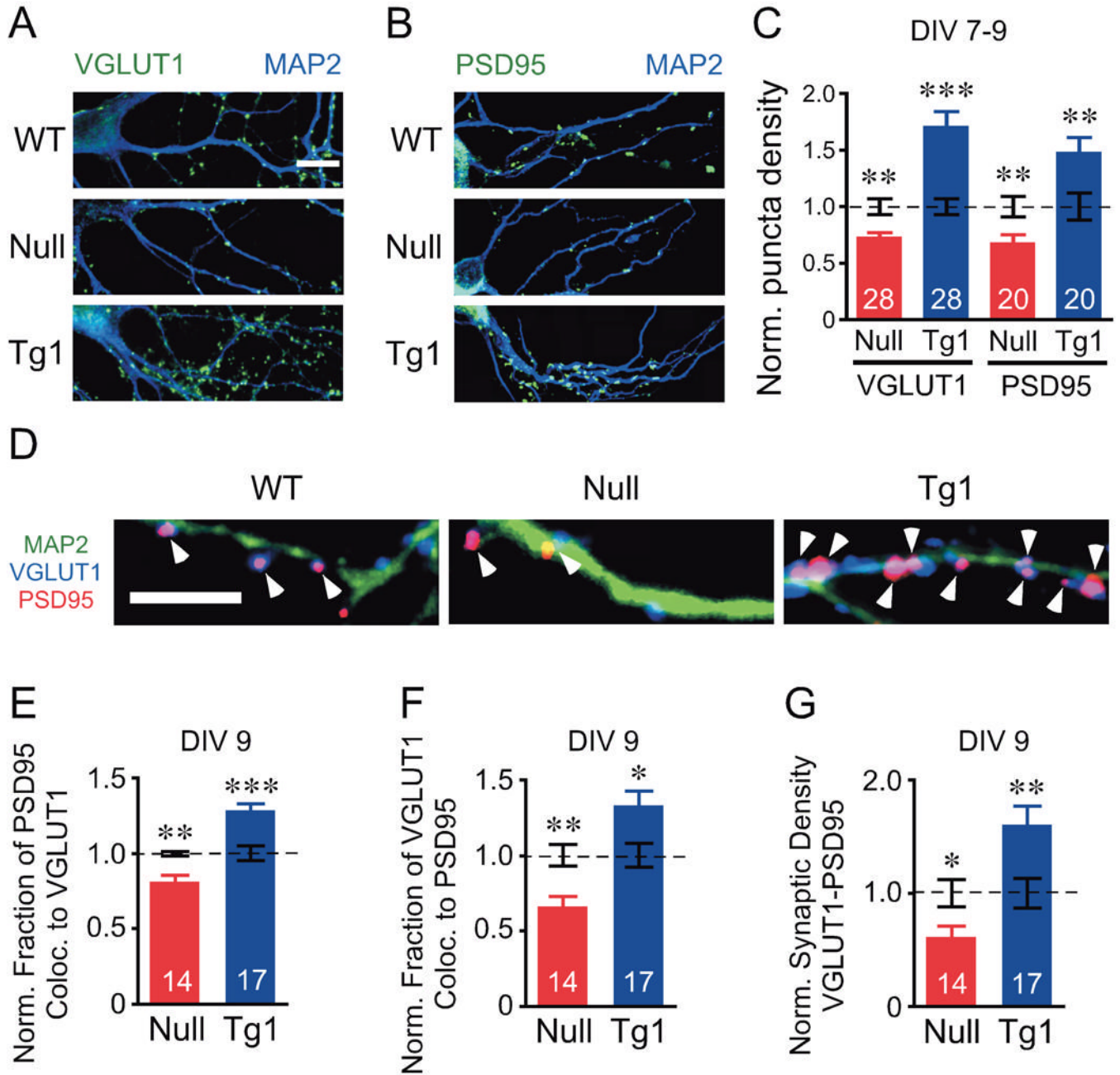


Figure 3. MeCP2 regulates glutamatergic synapse numbers

(A, B) Representative images of autaptic neurons show colocalization between MAP2 (green) and VGLUT1 (A, blue) or PSD95 (B, blue). Scale bar equals 10 μ m. (C) Bar graph shows synaptic density of each marker normalized to WT (dotted line). (D) Representative images showing colocalization of VGLUT1 (blue) and PSD95 (red), arrowheads, with MAP2 (green). Scale bar equals 5 μ m. (E–G) Bar graphs show fraction of colocalization for PSD95 (E) and VGLUT1 (F), and synaptic density of VGLUT1-PSD95 colocalized puncta (G). Number of neurons analyzed (*n*) shown in the bars is the same for WT and corresponding group. Data shown as mean \pm SEM normalized to WT (dotted line). * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$

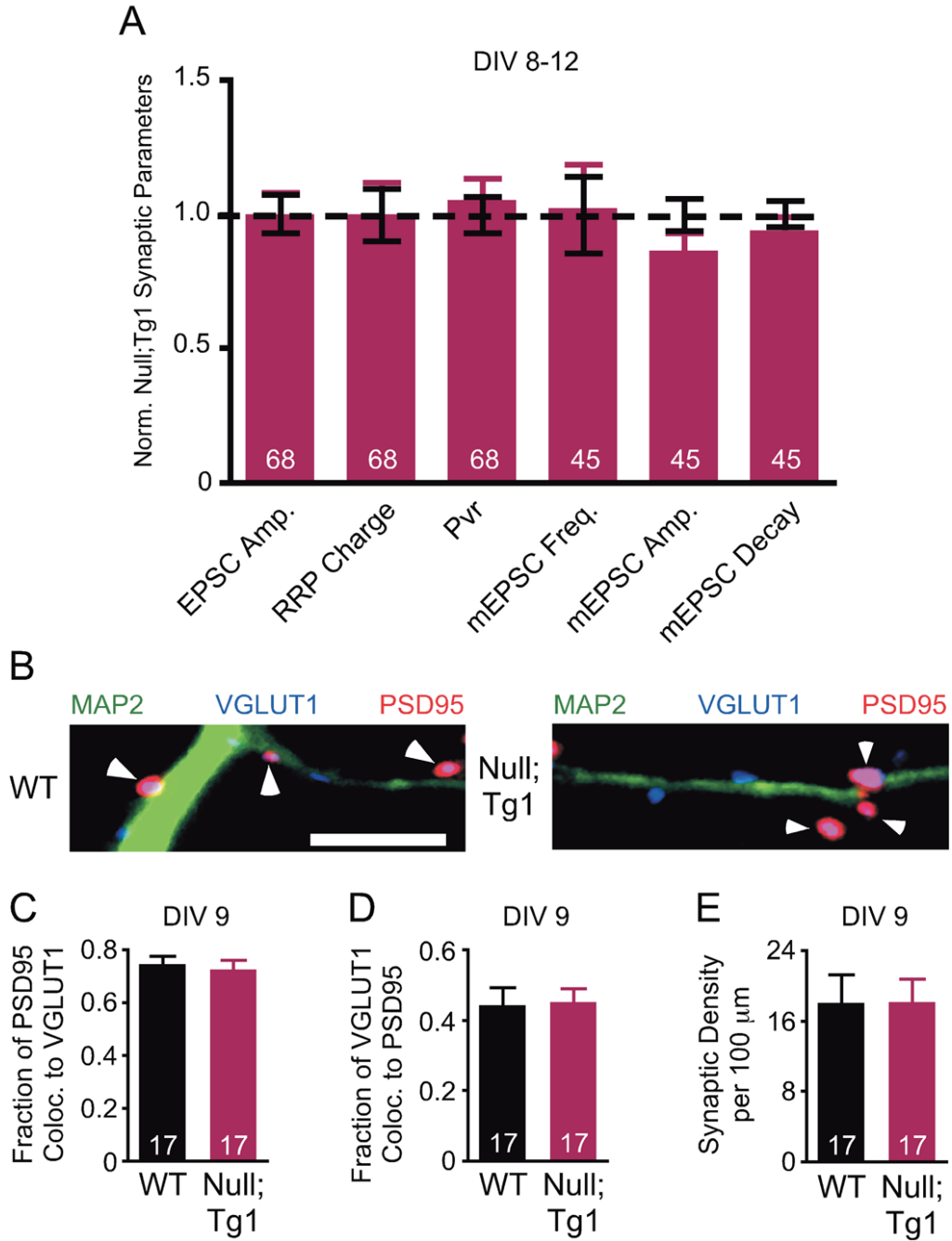


Figure 4. Physiological and morphological phenotypes are restored in *Mecp2*^{Null;Tg1}

(A) Bar graph shows EPSC amplitude, RRP charge and P_{vr} (WT, $n=65$) and mEPSC frequency, amplitude, and decay (WT, $n=48$) normalized to WT (dotted line). (B) Representative images showing colocalization of VGLUT1 (blue) and PSD95 (red), arrowheads, with MAP2 (green). Scale bar equals 5 μm . (C–E) Bar graphs show fraction of colocalization for PSD95 (C) and VGLUT1 (D), and synaptic density of VGLUT1-PSD95 colocalized puncta (E). Number of neurons (n) shown in the bars. Data shown as mean \pm SEM.

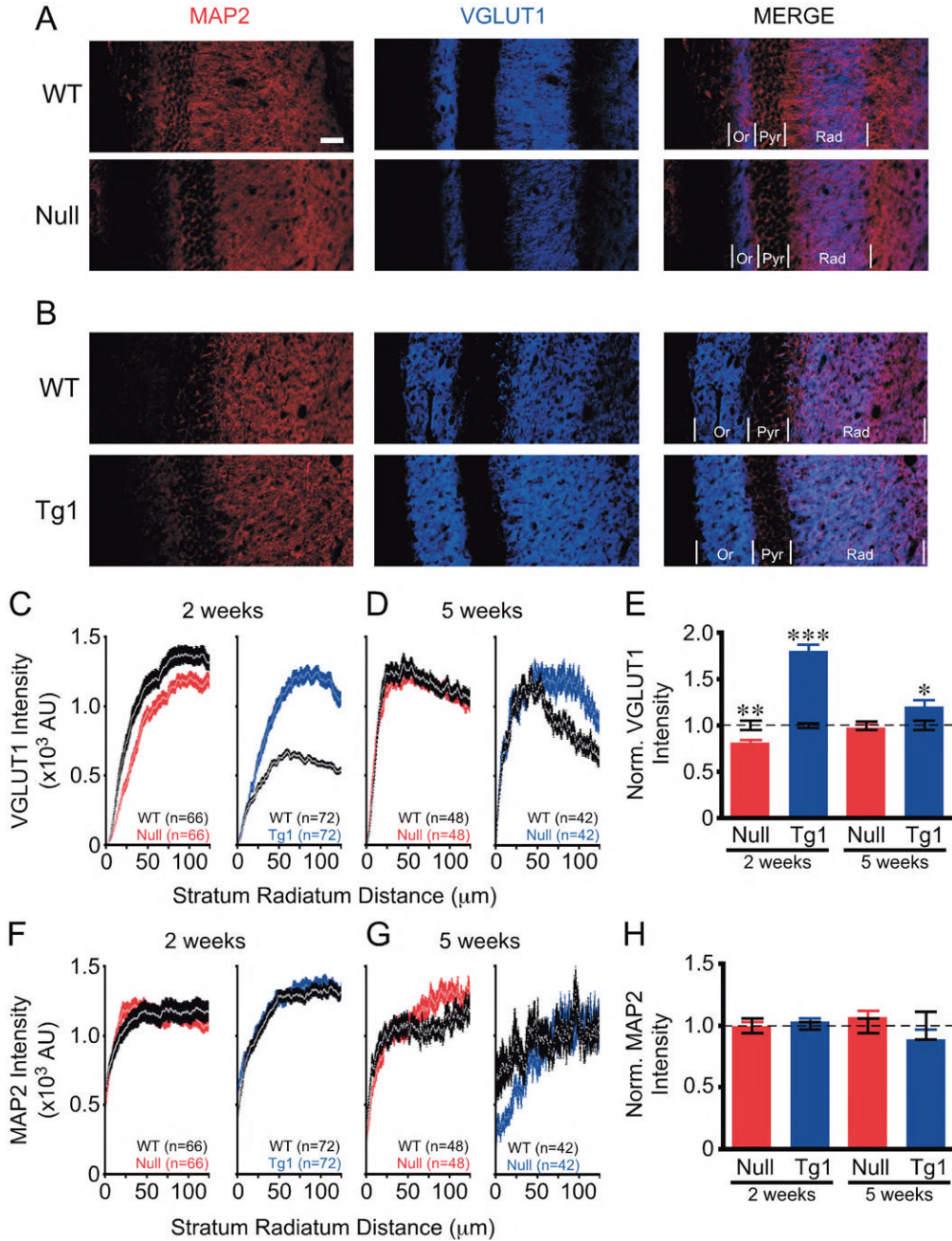


Figure 5. Loss of and doubling of MeCP2 levels lead to *in vivo* alterations in synapse numbers in stratum radiation of hippocampal CA1

(A, B) Representative images of hippocampal CA1 show MAP2 (red) and VGLUT1 (blue) at 2 weeks of age. Scale bar equals 50 μm . Or = stratum oriens. Pyr = stratum pyramidale. Rad = stratum radiatum. (C, D) Graphs show VGLUT1 intensity in Rad. (E) Bar graph shows VGLUT1 intensity normalized to WT (dotted line). (F, G) Graphs show MAP2 intensity in Rad. (H) Bar graph shows MAP2 intensity normalized to WT (dotted line). Number of sections analyzed (n) for bar graphs is shown in corresponding graphs. Data shown as mean \pm SEM. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$