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## Phospholipase A<sub>2</sub>-Catalyzed Hydrolysis of Plasmalogen Phospholipids in Thrombin-Stimulated Human Platelets

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### Abstract

In the present study, phospholipase A<sub>2</sub> (PLA<sub>2</sub>)-catalyzed hydrolysis of platelet membrane phospholipids was investigated by measuring PLA<sub>2</sub> activity, phospholipid hydrolysis, arachidonic acid release and choline lysophospholipid production in thrombin-stimulated human platelets. Thrombin-stimulated platelets demonstrated selective hydrolysis of arachidonylated plasmenylcholine and plasmenylethanolamine, with little change in diacyl phospholipids. Accelerated plasmalogen hydrolysis was accompanied by increased arachidonic acid and thromboxane B<sub>2</sub> release and increased lysoplasmenylcholine production. Thrombin stimulation caused an increase in PLA<sub>2</sub> activity measured in the cytosolic fraction with plasmenylcholine only; no increase in activity was measured with phosphatidylcholine. No change in membrane-associated PLA<sub>2</sub> activity was observed with either substrate tested. Pretreatment with the Ca<sup>2+</sup>-independent PLA<sub>2</sub>-selective inhibitor, bromoenol lactone, inhibited completely any thrombin-stimulated phospholipid hydrolysis. Thus, thrombin stimulation of human platelets activates a cytosolic PLA<sub>2</sub> that selectively hydrolyzes arachidonylated plasmalogen phospholipids.

### Introduction

Thrombin stimulation of human platelets results in the release of arachidonic acid from membrane phospholipids that is further metabolized by cyclooxygenase and lipoxygenase enzymes resulting in the generation of biologically active eicosanoids, including thromboxane A<sub>2</sub> (TxA<sub>2</sub>). The cleavage of arachidonic acid from the *sn*-2 position of membrane phospholipids is mediated by the action of phospholipase A<sub>2</sub> (PLA<sub>2</sub>). Multiple classes of PLA<sub>2</sub> may be involved in arachidonic acid and TxA<sub>2</sub> production in human platelets. Platelets contain a 14-kDa secretory PLA<sub>2</sub> (sPLA<sub>2</sub>) that requires millimolar Ca<sup>2+</sup> concentrations for activity and has a broad specificity towards phospholipids with different fatty acyl chains and polar headgroups [1]. However, inhibition of this sPLA<sub>2</sub> activity was not found to block arachidonic acid production in thrombin-stimulated platelets [1]. Additionally, a cytosolic PLA<sub>2</sub> (cPLA<sub>2</sub>) that requires micromolar concentrations of intracellular Ca<sup>2+</sup> for translocation to membrane phospholipids has been demonstrated in human platelets [2]. In response to thrombin stimulation, platelet cPLA<sub>2</sub> is phosphorylated and activated by p38 MAP kinase [3]. To date, there is little evidence for the involvement of a Ca<sup>2+</sup>-independent PLA<sub>2</sub> (iPLA<sub>2</sub>) in human platelets. However, Lehr and Griessbach [4] have recently reported a decrease in arachidonic acid production in 12-*O*-tetradecanoylphorbol-13-acetate stimulated platelets pretreated with the iPLA<sub>2</sub> inhibitor bromoenol lactone (BEL). In addition, both TxA<sub>2</sub> and

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arachidonic acid release was observed in collagen stimulated platelets isolated from cPLA<sub>2</sub><sup>-/-</sup>/sPLA<sub>2</sub>-IIA<sup>-/-</sup> mice, suggesting the involvement of another PLA<sub>2</sub> isoform possibly iPLA<sub>2</sub> [5].

The most extensively studied iPLA<sub>2</sub> isoform to date is an 85 kDa protein that was first identified and characterized in P388D<sub>1</sub> macrophages and has been designated iPLA<sub>2</sub>β [6]. More recently, a novel membrane-associated iPLA<sub>2</sub> (iPLA<sub>2</sub>γ) has been identified. Homology between iPLA<sub>2</sub>β and iPLA<sub>2</sub>γ is confined to the ATP binding motif, the serine lipase site (GXSTG) and a region of nine amino acids for which, as yet, there is no known functional significance [7]. In several studies, both iPLA<sub>2</sub>β and iPLA<sub>2</sub>γ have demonstrated selectivity for plasmalogen phospholipid substrates [7-9]. A significant amount of arachidonic acid is found in plasmenylethanolamine in human platelets and generation of lysoplasmenylethanolamine has been observed in human platelets stimulated with collagen or U46619 (a TxA<sub>2</sub> mimetic) [10, 11]. Since no plasmalogen selectivity has been demonstrated for cPLA<sub>2</sub>, this study was undertaken to determine whether the iPLA<sub>2</sub> isoforms contribute to plasmalogen phospholipid metabolism following thrombin stimulation in human platelets.

## Methods

### Preparation of Platelets

Blood from healthy volunteers was drawn into 0.109M trisodium citrate anticoagulant. Platelet-rich plasma was prepared by centrifuging the whole blood at room temperature for 15 mins at 100 × g. The plasma was gently removed from the precipitated cells and centrifuged at 2000 × g for 20 mins. Platelets were washed and suspended in 140 mM NaCl, 27 mM KCl, 1 mM MgCl<sub>2</sub>, 5.5 mM glucose, 10 mM HEPES, 1.2 mM CaCl<sub>2</sub> immediately prior to stimulation. Platelets were incubated with inhibitors at 37°C where indicated and then incubated with thrombin. For measurement of cellular phospholipids, lysophospholipid and arachidonic acid production, reactions were terminated by the addition of ice-cold methanol and chloroform. For measurement of PLA<sub>2</sub> activity and immunoblots, reactions were terminated by the addition of 5 mM EGTA, 1 mM dithiothreitol and 10% glycerol, followed by sonication.

### Extraction, separation and analysis of phospholipids (□ in Figure 1)

Cellular phospholipids were extracted from washed platelets by the method of Bligh and Dyer at 0-4°C. The chloroform layer was dried under N<sub>2</sub> and the lipid residue resuspended in chloroform: methanol 1:1 v/v. Phospholipids were separated into different classes on an Ultrasphere-Si (5 μm silica), 4.6 × 250 mm high pressure liquid chromatography (HPLC) column (Beckmann Instruments, Fullerton, CA) using gradient elution with a mobile phase comprised of hexane/isopropanol/water [12].

Individual choline and ethanolamine glycerophospholipid molecular species were isolated by reverse phase HPLC on an Ultrasphere ODS (5 μm, C-18) column, 4.6 × 250 mm (Beckmann Instruments, Fullerton, CA) using a gradient elution system with a mobile phase comprised of acetonitrile/methanol/ water with 20 mM choline chloride [13]. Quantification of individual phospholipid molecular species was achieved by determination of lipid phosphorus in reverse phase HPLC column effluents by the method of Itaya and Ui [14].

### Measurement of choline lysophospholipids (□ in Figure 1)

Choline lysophospholipid measurement was made using a modification of a radiometric assay method described previously [15]. The procedure involves the extraction of lipids from the platelets by the method of Bligh & Dyer [16], followed by the separation of the lysophospholipids from other phospholipids by HPLC. The purified lysophosphatidylcholine (LPC) and lysoplasmenylcholine (LPlasC) fractions as well as known amounts of LPC and

LPlasC standards were then acetylated with [<sup>3</sup>H]-acetic anhydride using 0.33 M dimethylaminopyridine as a catalyst. The acetylated lysophospholipid was then separated by thin layer chromatography and radioactivity quantified by liquid scintillation spectrometry. Standard curves were constructed and LPC and LPlasC levels were derived for all samples and normalized according to protein content as described previously [15].

### Measurement of arachidonic acid release (□ in Figure 1)

Platelet-rich plasma was incubated at 37°C with 5 µCi [<sup>3</sup>H] arachidonic acid for 18 hours. This incubation resulted in greater than 80% incorporation of radioactivity into the platelets. Of the total incorporated radioactivity, 31±2% was incorporated into ethanolamine phospholipids and 52±3% was incorporated into choline phospholipids. Following incubation, unincorporated [<sup>3</sup>H] arachidonic acid was removed by washing the platelets twice with Tyrode's solution containing 3.6% bovine serum albumin. At the end of the stimulation period, lipids were extracted using the method of Bligh and Dyer [16], and separated by thin layer chromatography on channeled Silica Gel G plates. The area corresponding to [<sup>3</sup>H] arachidonic acid was scraped and the radioactivity determined by liquid scintillation counting. The amount of [<sup>3</sup>H] arachidonic acid was expressed as a percentage of the total radioactivity incorporated into the platelet phospholipids.

### Measurement of thromboxane B<sub>2</sub> production (□ in Figure 1)

Thromboxane B<sub>2</sub> production was measured by enzyme-linked immunosorbent assay using an immunoassay kit (R&D Systems Inc., Minneapolis, MN).

### Measurement of PLA<sub>2</sub> activity (□ in Figure 1)

Following stimulation, platelets were sonicated on ice three times for 10 seconds and the sonicate centrifuged at 14,000 × g for 10 minutes. The supernatant was then centrifuged at 100,000 × g for 60 minutes to separate the membrane fraction (pellet) from the cytosolic fraction (supernatant). Phospholipase A<sub>2</sub> activity in subcellular fractions was assessed by incubating enzyme with 100 µM (16:0,[<sup>3</sup>H]18:1) plasmenylcholine or phosphatidylcholine in assay buffer containing 10 mM Tris, 10% glycerol, pH = 7.0 with either 4 mM EGTA or 10 mM Ca<sup>2+</sup> at 37°C for 5 minutes in a total volume of 200 µl. Synthesis of radiolabeled phospholipid substrates has been described previously [8]. Reactions were terminated by the addition of butanol and released radiolabeled fatty acid was isolated by thin layer chromatography on channeled Silica Gel G plates using petroleum ether/diethyl ether/acetic acid (70/30/1, v/v) and subsequent quantification by liquid scintillation spectrometry. Protein content of each sample was determined by the Lowry method utilizing freeze dried bovine serum albumin (Bio-Rad Laboratories) as the protein standard as described previously [17].

### Immunoblot Analysis of PLA<sub>2</sub>

Following initial sonication of the platelet suspension, 1 mM sodium orthovanadate, 2 mM phenylmethylsulfonyl fluoride, 20 µg/ml leupeptin, 10 µg/ml aprotinin, and 5 µg/ml pepstatin A were added. Cells were sonicated on ice and centrifuged at 14,000 × g @ 4°C for 10 min to remove cellular debris and nuclei. Cytosolic and membrane fractions were separated by centrifuging the supernatant at 100,000 × g for 60 min. The pellet was resuspended in lysis buffer containing (in mmol/liter) HEPES 20 (pH 7.6), sucrose 250, dithiothreitol 2, EDTA 2, EGTA 2, β-glycerophosphate 10, sodium orthovanadate 1, phenylmethylsulfonyl fluoride 2, leupeptin 20 µg/ml, aprotinin 10 µg/ml and pepstatin A 5 µg/ml and washed twice to minimize contamination of the membrane fraction with cytosolic protein. The final pellet was resuspended in lysis buffer containing 1% Triton X-100. Protein (total protein, cytosol or membrane) was mixed with an equal volume of SDS sample buffer and heated at 95°C for 5 mins prior to loading onto a 10% polyacrylamide gel (Bio-Rad, Richmond, CA). Protein was

separated by SDS/PAGE transferred to nitrocellulose membranes (Bio-Rad) at 100 V for 1 hour. Non-specific sites were blocked with Tris Buffered Saline containing 0.05% (v/v) Tween-20 (TBST) and 5% (w/v) nonfat milk and the blocked membrane incubated with antibodies to Ca<sup>2+</sup>-independent PLA<sub>2</sub> beta (Cayman Chemical) or gamma (Aves, custom antibodies), both 1:1000 dilution. After washing, membranes were incubated with horseradish peroxidase-conjugated secondary antibodies (1:10000 dilution) and regions of antibody binding detected using enhanced chemiluminescence (Amersham, Arlington Heights, IL) and exposure to film (Hyperfilm, Amersham)

## Results

The major phospholipid classes in human platelets were found to be choline and ethanolamine glycerophospholipids and sphingomyelin (Table 1). Plasmalogen phospholipids account for the majority of ethanolamine glycerophospholipids ( $55.2 \pm 1.5\%$ , Table 1), but are less abundant in choline glycerophospholipids ( $10.3 \pm 1.0\%$ , Table 1). Plasmalogen phospholipids were not detected in phosphatidylserine or phosphatidylinositol. Alkylacyl glycerophospholipids accounted for approximately 1% of ethanolamine and choline glycerophospholipids (Table 1). Separation and identification of individual molecular species demonstrated that  $41.2 \pm 3.2\%$  of identifiable choline and  $66.4 \pm 2.6\%$  of ethanolamine glycerophospholipids were arachidonylated at the *sn*-2 position (Table 2). Comparison of arachidonylated species to total species in each subclass demonstrated that 58% of plasmalogens and 38% of diacyl species in choline glycerophospholipids contained arachidonic acid at the *sn*-2 position, demonstrating a selective enrichment of arachidonate in plasmalogen phospholipids (Table 2). This enrichment is not as dramatic in ethanolamine glycerophospholipids, where 60% of diacyl and 70% of plasmalogens are arachidonylated (Table 2).

A significant decrease in plasmenylcholine (PlsCho) was observed when human platelets were stimulated with thrombin with no corresponding decrease in phosphatidylcholine (PtdCho) (Table 2). Thrombin stimulation also resulted in a significant decrease in arachidonylated plasmenylethanolamine (PlsEtn) species with a smaller but significant decrease in (16:0, 20:4) phosphatidylethanolamine (PtdEtn) (Table 2). Thus, the production of free arachidonic acid in thrombin-stimulated human platelets is primarily released from the *sn*-2 position of plasmalogen phospholipids.

Cytosolic and membrane-associated PLA<sub>2</sub> activity in unstimulated human platelets was measured using (16:0, [<sup>3</sup>H]18:1) plasmenylcholine and phosphatidylcholine substrates in the absence and presence of Ca<sup>2+</sup>. Although PLA<sub>2</sub> activity was measurable in the absence of Ca<sup>+</sup>, it was increased by the addition of 1 mM Ca<sup>2+</sup> to the assay buffer in both cytosolic and membrane fraction (Table 3). To determine the role of plasmalogen-selective iPLA<sub>2</sub> isoforms in thrombin-stimulated human platelets, we measured PLA<sub>2</sub> activity in the absence of Ca<sup>2+</sup> in subsequent studies. Thrombin stimulation of human platelets resulted in a significant increase in cytosolic PLA<sub>2</sub> activity when measured using (16:0, [<sup>3</sup>H]18:1) plasmenylcholine substrate; the ED<sub>50</sub> of the concentration-response curve was  $0.02 \pm 0.01$  IU/ml thrombin. The increase in cytosolic PLA<sub>2</sub> activity occurred within 1 min thrombin stimulation and remained elevated over 15 mins (Figure 1, filled circles). No increase in cytosolic PLA<sub>2</sub> activity was measured using (16:0, [<sup>3</sup>H]18:1) phosphatidylcholine (Figure 1, open squares) demonstrating iPLA<sub>2</sub> selectivity for plasmalogen substrates. No change in iPLA<sub>2</sub> activity was measured in the membrane fraction of thrombin-stimulated platelets with either substrate (data not shown). Although PLA<sub>2</sub> activity could be detected in the absence of Ca<sup>2+</sup> in our assay system, platelets suspended in a Ca<sup>2+</sup>-free buffer and stimulated with thrombin demonstrated no increase in PLA<sub>2</sub> activity or arachidonic acid release (data not shown) indicating that thrombin-stimulated PLA<sub>2</sub> activity in the intact platelet requires the presence of extracellular Ca<sup>2+</sup>.

To determine whether the accelerated hydrolysis of membrane plasmalogen phospholipids and increased iPLA<sub>2</sub> activity in thrombin-stimulated platelets was accompanied by an accumulation of membrane phospholipid metabolites, measurements of free arachidonic acid, TxB<sub>2</sub> (the stable metabolite of TxA<sub>2</sub>) and choline lysophospholipid (lysoplasmemylcholine, LPLsCho and lysophosphatidylcholine, LPC) production were performed. Human platelets stimulated with thrombin (0.05 IU/ml) demonstrated a significant increase in free arachidonic acid (Figure 2A, filled circles) and thromboxane B<sub>2</sub> (Figure 2B, filled circles) release that remained elevated over controls for at least 10 min. A time-dependent increase in LPLsCho (Figure 3A, filled circles) was observed with no increase in LPC (Figure 3A, open squares). After 2 min thrombin stimulation, arachidonoylated plasmemylcholine content in human platelets decreased by 2.6 nmol/mg protein ( $3.8 \pm 0.5$  to  $1.2 \pm 0.3$  nmol/mg protein, Table 2) whereas LPLsCho content increased by 1.5 nmol/mg protein (Figure 3) at the same time interval, suggesting that a significant proportion of LPLsCho catabolized following production. There is no evidence of reacylation of lysoplasmemylcholine in thrombin-stimulated platelets, since total plasmemylcholine content decreases after thrombin stimulation (Table 2). Although we did not measure lysoplasmemylethanolamine production in these experiments, we did measure a decrease in arachidonoylated plasmemylethanolamine ( $9.7 \pm 0.3$  nmol/mg protein in unstimulated cells to  $5.9 \pm 0.6$  nmol/mg protein, Table 2) after thrombin stimulation. This decrease was not accompanied by a corresponding increase in any other ethanolamine phospholipid molecular species, suggesting that reacylation does not occur in ethanolamine glycerophospholipids.

To determine whether the accelerated membrane phospholipid hydrolysis was mediated via iPLA<sub>2</sub> activity, platelets were incubated with 1  $\mu$ M BEL (a selective inhibitor of iPLA<sub>2</sub>) [18] for 30 min prior to thrombin stimulation. Pretreatment with BEL significantly decreased basal PLA<sub>2</sub> activity measured in the cytosol using both plasmemylcholine and phosphatidylcholine substrates (Figure 1, dotted lines). The thrombin-induced increase in PLA<sub>2</sub> activity measured using plasmemylcholine was also inhibited completely by BEL pretreatment (Figure 1, dotted lines). Inhibition of cytosolic PLA<sub>2</sub> activity with BEL inhibits completely thrombin-stimulated LPLsCho production (Figure 3B, open bars), arachidonic acid release (Figure 2A, open triangles) and TxB<sub>2</sub> production (Figure 2B, open triangles). Additionally, pretreatment with BEL blocked thrombin-induced plasmemylcholine and plasmemylethanolamine hydrolysis (data not shown).

To further support the role of iPLA<sub>2</sub> as an important mediator of membrane phospholipid hydrolysis we performed immunoblot analysis to determine the subcellular localization of iPLA<sub>2</sub> $\beta$  and iPLA<sub>2</sub> $\gamma$  in human platelets. We detected immunoreactive bands using an antibody to iPLA<sub>2</sub> $\beta$  at 50kD and iPLA<sub>2</sub> $\gamma$  at 55 and 60 kD (Figure 4). The majority of immunoreactive protein for both isoforms was detected in the cytosol (Figure 4). A recent manuscript has described the selective inhibition of iPLA<sub>2</sub> $\beta$  and iPLA<sub>2</sub> $\gamma$  using the S- and R-enantiomers of BEL respectively [19]. We incubated the cytosolic fraction from human platelets with increasing concentrations of (R)-BEL, (S)-BEL or racemic BEL for 10 minutes prior to assay of iPLA<sub>2</sub> activity (Figure 5). Significant inhibition of iPLA<sub>2</sub> activity was observed with concentrations of (R)-BEL greater than 1  $\mu$ M, but no significant inhibition of activity was observed with (S)-BEL at concentrations as high as 10  $\mu$ M (Figure 5). These data suggest that iPLA<sub>2</sub> $\gamma$  is the isoform that contributes to the majority of calcium-independent PLA<sub>2</sub> activity in human platelets.

Thus, thrombin stimulation of human platelets results in a significant increase in iPLA<sub>2</sub> $\gamma$ -catalyzed plasmalogen phospholipid hydrolysis, resulting in increased release of free arachidonic acid and TxA<sub>2</sub> accompanied by an increase in LPLsCho production.

## Discussion

In this study, we have demonstrated measurable PLA<sub>2</sub> activity in the absence of Ca<sup>2+</sup> in the cytosol of human platelets that is largely due to the presence of iPLA<sub>2</sub>γ. This isoform has recently been identified and characterized [7] and has been found to be uniquely sensitive to (R)-BEL [19]. Human iPLA<sub>2</sub>γ has multiple alternative start sites for translation resulting in functional PLA<sub>2</sub>γ proteins with MW of 63-, 74-, 77- and 88-kDa [7]. Initially, the subcellular localization of iPLA<sub>2</sub>γ was assumed to be peroxisomal due to the presence of a C-terminal-SKL sequence [7] and recent studies have confirmed that the peroxisomal iPLA<sub>2</sub>γ is the 63-kDa protein [20,21]. In contrast, other recent studies have demonstrated higher molecular weight forms of iPLA<sub>2</sub>γ are present in rat heart mitochondria [22] and we have demonstrated that the 88-kDa iPLA<sub>2</sub>γ isoform is present in rabbit heart and kidney ER and mitochondria [23].

Thrombin stimulation of human platelets has been demonstrated to result in activation of cPLA<sub>2</sub> leading to an increase in arachidonic acid release. Two synergistic pathways for cPLA<sub>2</sub> activation have been implicated; increased cytosolic Ca<sup>2+</sup> results in translocation of cPLA<sub>2</sub> to the membrane, and p38 MAP kinase phosphorylates the serine residues on the enzyme [2,3,24]. Activation of both pathways is required for arachidonic acid liberation from membrane phospholipids in response to thrombin stimulation. Platelets are also a source of the group II sPLA<sub>2</sub> [25], however, inhibition of this PLA<sub>2</sub> isoform did not block arachidonic acid release in thrombin-stimulated platelets [1]. To date, Ca<sup>2+</sup>-independent PLA<sub>2</sub> (iPLA<sub>2</sub>) has been thought to be a redundant enzyme in human platelets [5]. Using an antibody to iPLA<sub>2</sub>β, we detected an immunoreactive band at a lower molecular weight than would be expected for this isoform, suggesting that this protein is truncated in platelets. In addition, incubation of platelet cytosolic protein with (S)-BEL did not significantly decrease iPLA<sub>2</sub> activity. Taken together, these data suggest that platelet iPLA<sub>2</sub>β is an inactive protein. The characterization of recently discovered iPLA<sub>2</sub> isoforms, such as iPLA<sub>2</sub>γ, now suggest that this class of PLA<sub>2</sub>s may play a greater role in platelet function than has been previously appreciated.

The majority of previous studies where direct measurements of platelet cPLA<sub>2</sub> activity are made in response to thrombin stimulation use (16:0, [<sup>14</sup>C]20:4) phosphatidylcholine as substrate. In these studies, we were not able to detect thrombin-stimulated increases in PLA<sub>2</sub> activity in platelet cytosol using (16:0, [<sup>3</sup>H]18:1) phosphatidylcholine as substrate. We measured significant increases in cytosolic PLA<sub>2</sub> activity in response to thrombin stimulation when using (16:0, [<sup>3</sup>H]18:1) plasmalogen; this is the first study to demonstrate a preference for plasmalogen phospholipids in human platelets. A preference for plasmalogen substrates has been demonstrated previously in sheep platelets where a cytosolic PLA<sub>2</sub> showed substantial preference for ether-linked phospholipid substrates [26]. Membrane phospholipids are categorized into classes, based on the polar headgroup, subclasses, based on the nature of the covalent linkage to the sn-1 position, and molecular species, based on individual aliphatic constituents attached to the sn-1 and sn-2 positions (Figure 7). Plasmalogen phospholipids contain a vinyl ether linkage at the sn-1 position of the glycerol backbone (Figure 7). The significance of a plasmalogen selective iPLA<sub>2</sub> in platelets is not completely understood at this time. However, preferential plasmalogen hydrolysis appears to be directly involved in thromboxane A<sub>2</sub> generation in human platelets.

Stimulation of human platelet with thrombin results in significant lysoplasmenyethanolamine (LPIsEtn) production (11), providing evidence that a plasmalogen-selective PLA<sub>2</sub> may be activated. To date, the only PLA<sub>2</sub> isoforms that have demonstrated plasmalogen selectivity are Ca<sup>2+</sup>-independent [27]. Although we did not measure LPIsEtn in this study, we did measure a significant increase in LPIsCho production in thrombin stimulated platelets (Figure 3). This was accompanied by a significant decrease in arachidonylated plasmenylcholine (Table 2).

Thrombin stimulation resulted in a significant decrease in arachidonylated PlsEtn (Table 2) suggesting that LPlsEtn accumulation would occur. Selective hydrolysis of plasmalogen phospholipids has been demonstrated in human platelets stimulated with collagen and U46619 (a  $\text{TxA}_2$  mimetic) [10,11]. Following thrombin stimulation, we observed a significant decrease in arachidonylated PlsCho with no change in arachidonylated PtdCho. Similarly, 95% of the decrease in arachidonylated ethanolamine glycerophospholipids occurred from PlsEtn. From these data, we can conclude that the majority of arachidonic acid released from thrombin stimulated human platelets is released from plasmalogens.

Although  $\text{PLA}_2$  activity has been observed previously in platelets and there is evidence that  $\text{PLA}_2$ -catalyzed plasmalogen hydrolysis occurs in response to thrombin [10,11], it was surprising to observe that platelet  $\text{PLA}_2$  activity and arachidonic acid release was inhibited completely by BEL pretreatment since BEL does not significantly inhibit  $\text{cPLA}_2$  [18]. Previous studies that have studied  $\text{cPLA}_2$  activation in thrombin stimulated platelets have commonly used concentrations of thrombin at 1 to 2 IU/ml [3,24,28]. We constructed a concentration-response curve to thrombin and observed significant increases in  $\text{PLA}_2$  activity at concentrations of thrombin greater than 0.005 IU/ml (data not shown). The  $\text{ED}_{50}$  was found to be 0.02 IU/ml and maximal  $\text{PLA}_2$  activity was observed at 0.5 IU/ml (data not shown). Interestingly,  $\text{iPLA}_2$  activity decreased when concentrations of thrombin greater than 0.5 IU/ml were used. Human platelets express both protease-activated receptor (PAR)-1 and PAR-4 on their surface [29]. PAR-1 mediates activation of human platelets at low thrombin concentrations, whereas PAR-4 can only mediate platelet activation at higher thrombin concentrations [29]. The presence of the two receptors may allow thrombin to activate distinct signaling pathways, suggested by the fact that there are differences in G protein coupling between the two receptors [30,31]. We suggest that PAR-1 may be coupled to  $\text{iPLA}_2$  whereas PAR-4 may be coupled to  $\text{cPLA}_2$  in human platelets and that the use of a lower concentration of thrombin in this study may cleave PAR-1 selectively. This may explain why we failed to observe  $\text{cPLA}_2$ -catalyzed membrane phospholipid hydrolysis as evidenced by the inhibition of phospholipid metabolite production using BEL.

Although our data suggest that  $\text{iPLA}_2\gamma$  is a major contributor to plasmalogen phospholipid hydrolysis in thrombin-stimulated platelets, we also determined that the presence of extracellular  $\text{Ca}^{2+}$  was required for thrombin-stimulated  $\text{iPLA}_2$  activation. This suggests that a  $\text{Ca}^{2+}$ -dependent step may exist in the signaling process between PAR and  $\text{iPLA}_2$  activation. In previous studies, we have demonstrated that  $\text{iPLA}_2$  in ventricular myocytes and endothelial cells is dependent upon protein kinase C (PKC) activity (32,33). If a  $\text{Ca}^{2+}$ -dependent PKC phosphorylates  $\text{iPLA}_2\gamma$  in platelets, this may explain our observation of the lack of  $\text{iPLA}_2$  activation by thrombin-stimulated platelets suspended in a  $\text{Ca}^{2+}$ -free buffer.

In conclusion, low concentrations of thrombin activate a cytosolic  $\text{iPLA}_2$  that hydrolyzes plasmalogen phospholipids in human platelets resulting in production of arachidonic acid,  $\text{TxA}_2$  and LPlsCho. This is the first study to describe a signaling role for  $\text{iPLA}_2\gamma$  in platelets and represents a novel therapeutic avenue for manipulation of platelet function.

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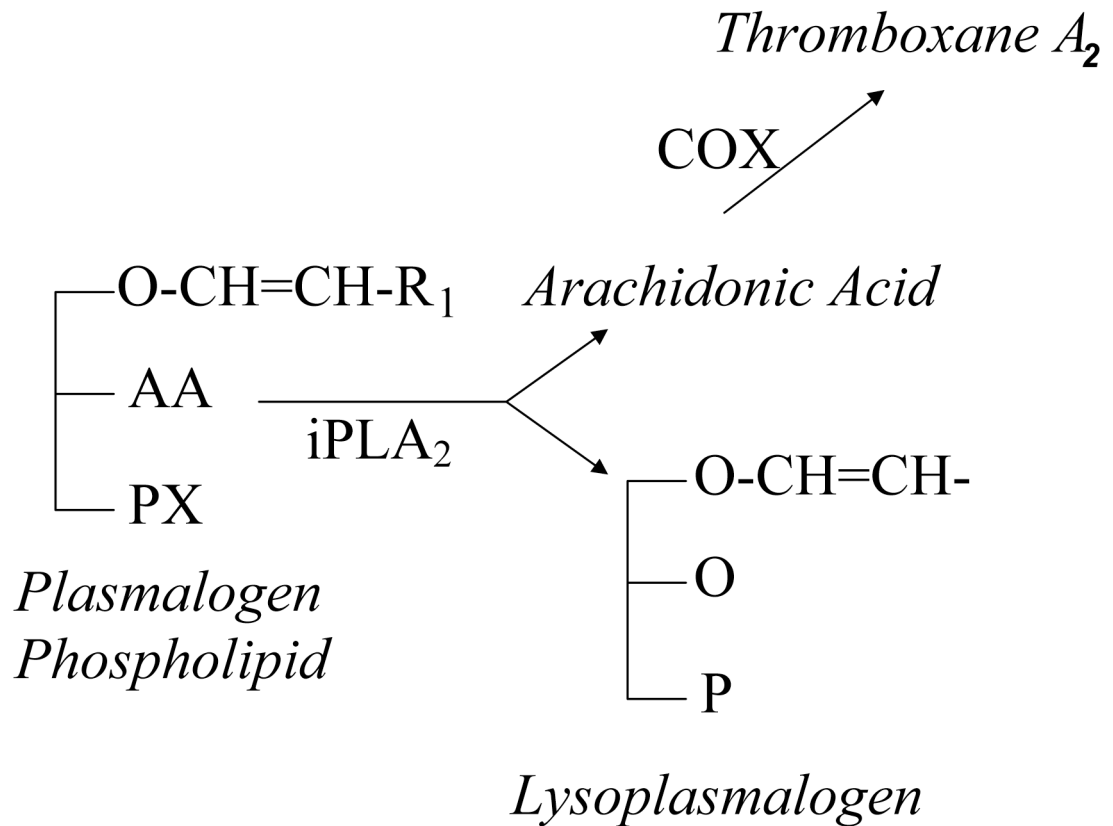
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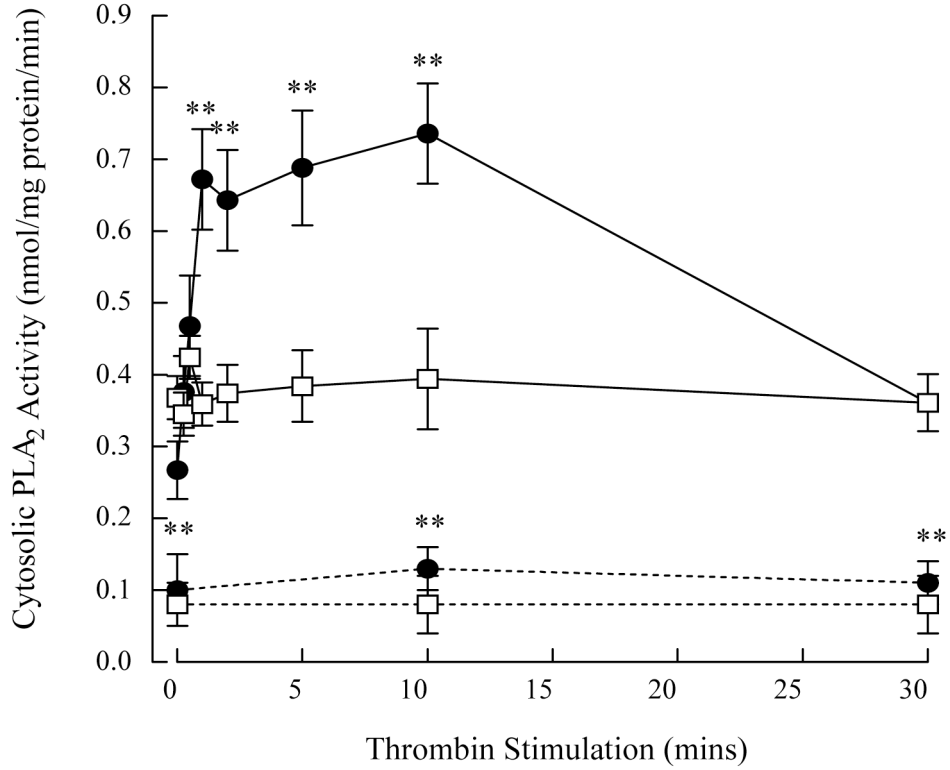
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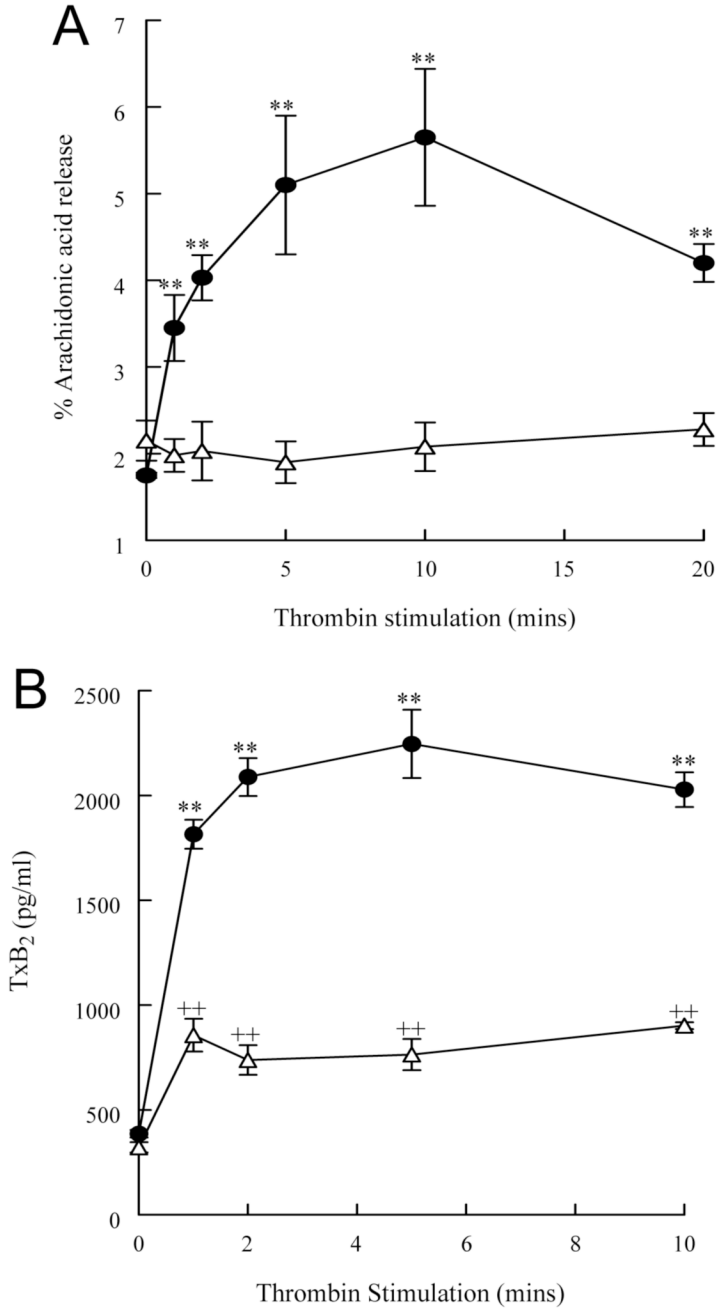
**FIGURE 1.**

Membrane plasmalogen phospholipids (①) are hydrolyzed at the *sn*-2 position by iPLA<sub>2</sub> (⑤), resulting in the stoichiometric production of a lysoplasmalogen (②) and a free fatty acid (in this case, arachidonic acid, AA, ③). In platelets, AA can be further metabolized to thromboxane A<sub>2</sub> (④).

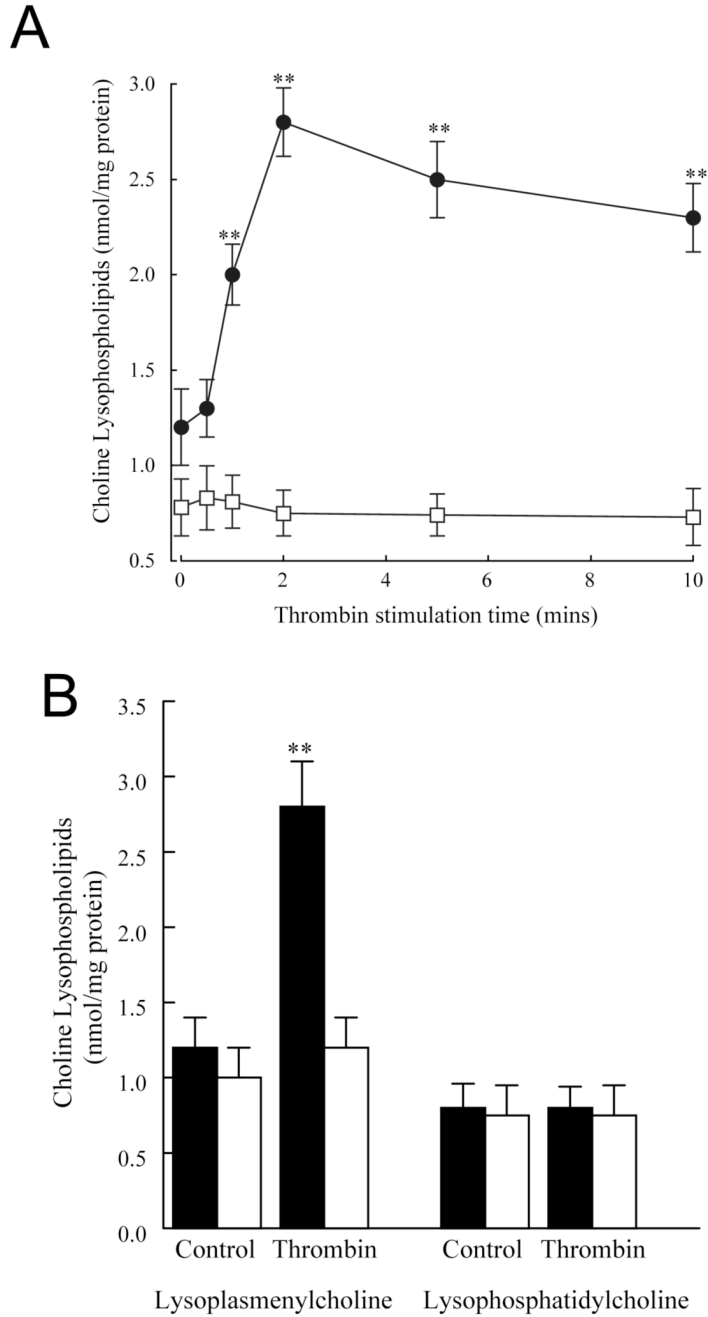


**FIGURE 2.**

Thrombin stimulation (0.05 IU/ml) increases cytosolic PLA<sub>2</sub> activity in human platelets when measured using (16:0, [<sup>3</sup>H]18:1) plasmalogen substrate (filled circles, solid lines) but not when measured using phosphatidylcholine substrate (open squares, solid lines). Pretreatment of platelets with bromoenol lactone (1 μM, 10 mins) decreased cytosolic PLA<sub>2</sub> activity under both basal and thrombin stimulated platelets measured using both plasmalogen (filled circles, broken lines) and phosphatidylcholine substrates (open squares, broken lines). Values represent means ± SEM of independent results derived from 8 separate platelet isolates. \*\*p<0.01 when compared with untreated platelets.

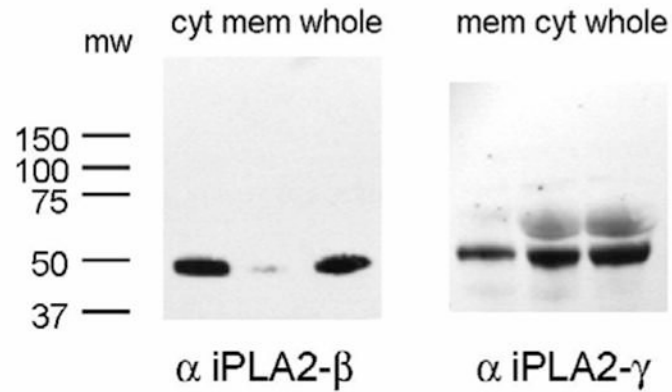
**FIGURE 3.**

Thrombin stimulation (0.05 IU/ml, filled circles) of human platelets results in a time dependent increase in free arachidonic acid (Panel A) and thromboxane B<sub>2</sub> (TxB<sub>2</sub>, Panel B) release. The increase in arachidonic acid and xB<sub>2</sub> in thrombin-stimulated platelets is inhibited by pretreatment with bromoenol lactone (open triangles, 1  $\mu$ M, 10 mins). Values represent means  $\pm$  SEM of independent results derived from 6 separate platelet isolates. \*\*p<0.01 when compared with controls, ++p<0.01 when compared with both untreated control and thrombin-stimulated values.

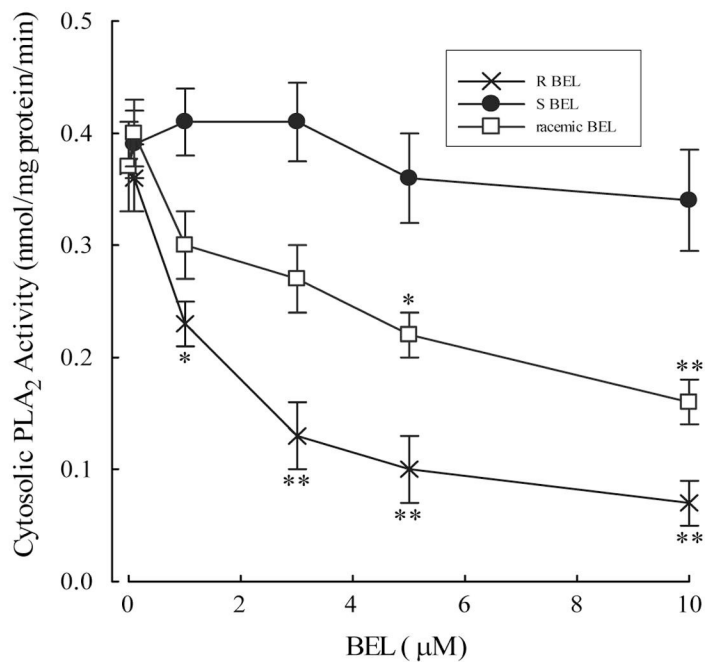


**FIGURE 4.**

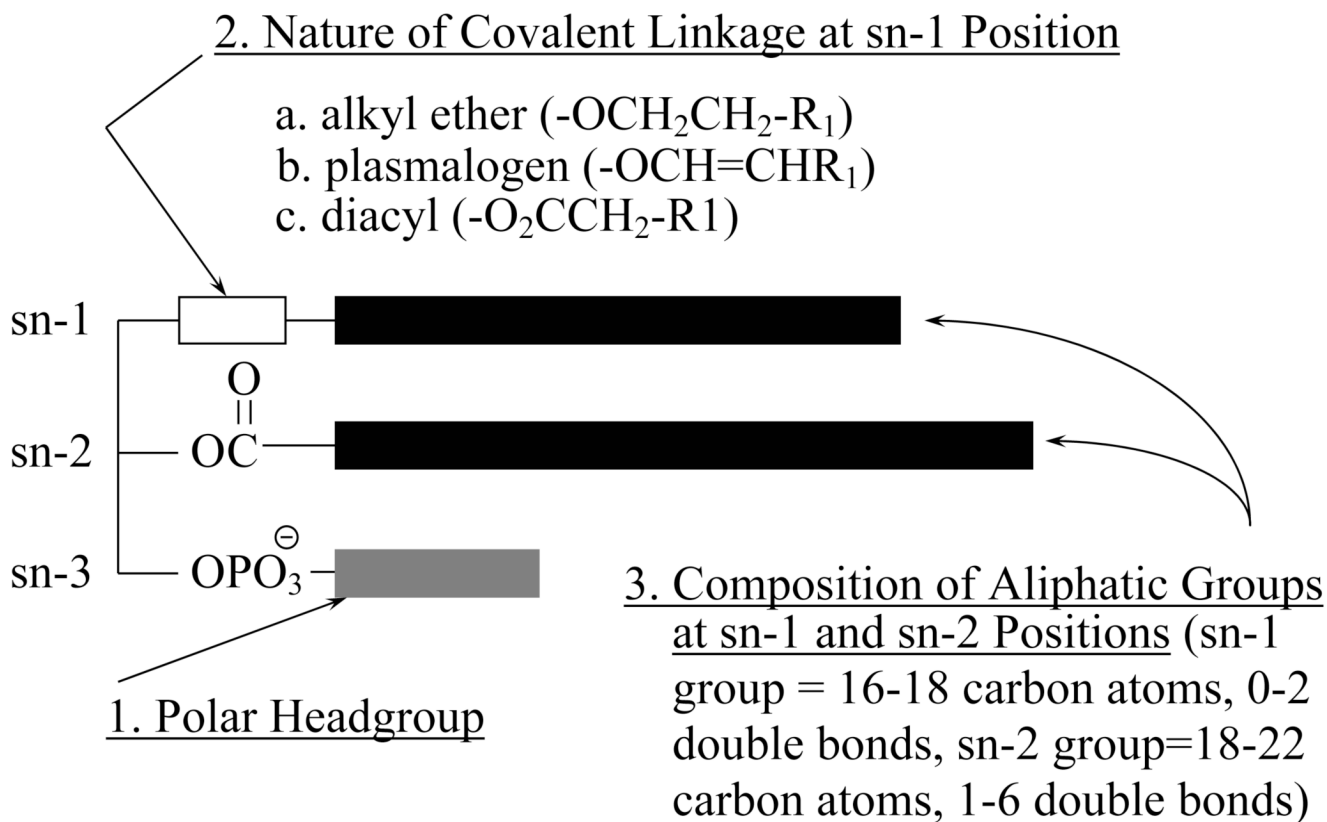
Thrombin stimulation (0.05 IU/ml) of human platelets results in a time-dependent increase in lysoplasmeylcholine (LPIsCho, filled circles in Panel A and filled bars in Panel B) with no corresponding increase in lysophosphatidylcholine (open squares in Panel A and filled bars in Panel B). The increase in LPIsCho in thrombin-stimulated platelets is inhibited completely by pretreatment with bromoenol lactone (1  $\mu$ M, 10 mins, open bars in Panel B). Values represent means  $\pm$  SEM of independent results derived from 6 separate platelet isolates. \*\* $p < 0.01$  when compared with controls.

**FIGURE 5. Immunoblot with PLA<sub>2</sub> isoforms**

Immunoblot analysis of human iPLA<sub>2</sub>-beta (left) and -gamma (right) in cytosolic and membrane subcellular fractions and whole platelets. Proteins were separated by SDS-PAGE and transferred to nitrocellulose. Membranes were probed with anti-iPLA<sub>2</sub>-beta or-gamma antibodies (1:1000 dilution) and incubated with horseradish peroxidase-linked secondary antibodies (1:10,000 dilution). Immunoblots were detected with enhanced chemiluminescence and exposure to film for 5 minutes.



**FIGURE 6.** Inhibition of cytosolic PLA<sub>2</sub> activity with (R)-BEL (selectively inhibits iPLA<sub>2</sub>γ), (S)-BEL (selectively inhibits iPLA<sub>2</sub>β) and racemic BEL for 10 minutes prior to assay of PLA<sub>2</sub> activity using (16:0, [<sup>3</sup>H]18:1) plasmacylcholine substrate in the presence of 4 mM EGTA. \*p<0.05, \*\*p<0.01 when compared to untreated PLA<sub>2</sub> activity.

**FIGURE 7.**

Diagrammatic representation of the structure of membrane phospholipids. Membrane phospholipids are categorized into classes, based on the polar headgroup (1); subclasses, based on the nature of the covalent linkage to the sn-1 position (2); and molecular species, based on individual aliphatic constituents attached to the sn-1 and sn-2 positions (3).



TABLE 1

Phospholipid classes in human platelets

Phospholipid Class	nmol phospholipid/mg protein <sup>d</sup>	Total Phospholipid <sup>b</sup>	Plasmalogen Content <sup>c</sup>	Alkylacyl Content <sup>d</sup>
CGP	36.5 ± 1.9	33.8 ± 1.5%	10.3 ± 1.0%	0.3 ± 0.1%
EGP	26.1 ± 1.5	24.2 ± 1.4%	55.2 ± 1.5%	1.1 ± 0.1%
PI	6.6 ± 0.5	6.1 ± 0.6%	ND	
PS	13.2 ± 1.2	12.2 ± 1.2%	ND	
Sphing	25.6 ± 2.2	23.7 ± 1.8%	ND	

Values represent the mean ± SEM of separate measurements obtained using human platelets from six different donations. Abbreviations used: CGP, choline glycerophospholipids; EGP, ethanolamine glycerophospholipids; PI, phosphatidyl inositol; PS, phosphatidyl serine; ND, not detected.

<sup>a</sup>Phospholipid classes were isolated by gradient elution HPLC and quantified by microphosphate assay.

<sup>b</sup>Values are expressed as a percentage of the total phospholipid phosphorus content (108 ± 3 nmol/mg protein).

<sup>c</sup>Plasmalogen content was determined by GLC analysis of the dimethylacetal derivatives expressed as a percentage of the total phospholipid class

<sup>d</sup>Alkylacyl glycerophospholipid content was determined by quantitation of lipid phosphorus in the lysophospholipid fraction remaining after sequential, exhaustive acid- and base-catalyzed hydrolysis and expressed as a percentage of the total phosphorus content of the corresponding phospholipid class.

**TABLE 2**

Composition of choline and ethanolamine glycerophospholipid molecular species in unstimulated and thrombin stimulated (0.05 IU/ml, 5 mins) human platelets. Values are expressed in nmol/mg protein and represent mean  $\pm$  SEM for platelets obtained from 8 different volunteers.

Composition	Control	Thrombin
<i>Choline glycerophospholipid molecular species</i>		
<b>(16:0, 20:4) PlsCho</b>	<b>3.8 <math>\pm</math> 0.5</b>	<b>1.2 <math>\pm</math> 0.3</b>
<b>(16:0, 18:2) PlsCho</b>	<b>1.2 <math>\pm</math> 0.2</b>	<b>0.2 <math>\pm</math> 0.1</b>
(16:0, 22:6) PtdCho	1.8 $\pm$ 0.2	1.6 $\pm$ 0.2
(16:0, 20:4) PtdCho	6.4 $\pm$ 0.9	5.9 $\pm$ 0.4
(18:0, 20:4) PtdCho	6.5 $\pm$ 0.7	6.7 $\pm$ 0.3
(18:1, 20:4) PtdCho	3.3 $\pm$ 0.3	3.2 $\pm$ 0.1
(18:2, 20:4) PtdCho	0.5 $\pm$ 0.3	0.6 $\pm$ 0.2
(16:0, 18:3) PtdCho	0.8 $\pm$ 0.1	0.9 $\pm$ 0.2
(16:0, 18:2) PtdCho	9.9 $\pm$ 0.7	9.7 $\pm$ 0.6
(18:0, 18:2) PtdCho	5.7 $\pm$ 0.5	5.6 $\pm$ 0.4
(18:2, 18:2) PtdCho	1.6 $\pm$ 0.2	1.6 $\pm$ 0.1
(16:0, 18:1) PtdCho	7.1 $\pm$ 0.3	6.8 $\pm$ 0.3
<i>Ethanolamine glycerophospholipid molecular species</i>		
<b>(16:0, 20:4) PlsEtn</b>	<b>3.4 <math>\pm</math> 0.4</b>	<b>2.0 <math>\pm</math> 0.2</b>
<b>(18:0, 20:4) PlsEtn</b>	<b>5.2 <math>\pm</math> 0.4</b>	<b>3.4 <math>\pm</math> 0.2</b>
<b>(18:1, 20:4) PlsEtn</b>	<b>1.1 <math>\pm</math> 0.2</b>	<b>0.5 <math>\pm</math> 0.2</b>
(18:0, 18:2) PlsEtn	1.1 $\pm$ 0.1	1.4 $\pm$ 0.3
(18:1, 18:2) PlsEtn	2.2 $\pm$ 0.2	2.2 $\pm$ 0.3
(18:0, 18:1) PlsEtn	0.9 $\pm$ 0.2	0.5 $\pm$ 0.2
<b>(16:0, 20:4) PtdEtn</b>	<b>1.0 <math>\pm</math> 0.1</b>	<b>0.5 <math>\pm</math> 0.1</b>
(18:0, 20:4) PtdEtn	5.7 $\pm$ 0.5	6.0 $\pm$ 0.5
(18:1, 20:4) PtdEtn	0.6 $\pm$ 0.2	0.9 $\pm$ 0.2
(18:2, 20:4) PtdEtn	0.2 $\pm$ 0.1	0.2 $\pm$ 0.1
(16:0, 18:3) PtdEtn	0.1 $\pm$ 0.1	0.1 $\pm$ 0.1
(18:1, 18:3) PtdEtn	0.1 $\pm$ 0.1	0.1 $\pm$ 0.1
(16:0, 18:2) PtdEtn	1.4 $\pm$ 0.2	1.1 $\pm$ 0.2
(18:0, 18:2) PtdEtn	1.4 $\pm$ 0.2	1.0 $\pm$ 0.2
(18:2, 18:2) PtdEtn	0.1 $\pm$ 0.1	0.1 $\pm$ 0.1
(16:0, 18:1) PtdEtn	1.1 $\pm$ 0.2	1.3 $\pm$ 0.2
(18:0, 18:1) PtdEtn	0.3 $\pm$ 0.1	0.3 $\pm$ 0.1

Individual phospholipid molecular species were isolated by reverse phase HPLC and identified as described under Materials and Methods. The composition of individual molecular species is described by the shorthand notation (a:b, c:d) where a and c represent chain length and b and d represent the number of carbon-carbon double bonds for the aliphatic groups at the *sn*-1 and *sn*-2 positions. PlsCho = plasménylcholine; Ptd = phosphatidylcholine; PlsEtn = plasményethanolamine; PtdEtn = phosphatidylethanolamine.

**TABLE 3**

Phospholipase A<sub>2</sub> activity (nmol-mg protein<sup>-1</sup>.min<sup>-1</sup>) in membrane and cytosolic subcellular fractions from human platelets measured using plasmenylcholine or phosphatidylcholine substrates in the absence (4 mM EGTA) or presence (1 mM Ca<sup>2+</sup>) of calcium. Values represent mean ± SEM for separate measurements from 4 different cell isolations.

Cell Fraction	Substrate <sup>a</sup>	EGTA	Ca <sup>2+</sup>
Membrane	Plasmenylcholine		
	16:0, [ <sup>3</sup> H]18:1	1.13±0.16	1.77±0.15
	16:0, [ <sup>3</sup> H]20:4	3.21±0.19	5.23±0.26
	Phosphatidylcholine		
Cytosol	16:0, [ <sup>3</sup> H]18:1	1.09±0.19	2.03±0.33
	16:0, [ <sup>3</sup> H]20:4	3.11±0.26	4.03±0.26
	Plasmenylcholine		
	16:0, [ <sup>3</sup> H]18:1	0.33±0.09	0.39±0.05
	16:0, [ <sup>3</sup> H]20:4	0.74±0.12	0.88±0.13
	Phosphatidylcholine		
	16:0, [ <sup>3</sup> H]18:1	0.31±0.03	0.43±0.05
	16:0, [ <sup>3</sup> H]20:4	0.77±0.08	0.92±0.15

<sup>a</sup> substrate composition is represented as a:b, c:d where a:b and c:d represent the chain length: number of double bonds for the aliphatic groups at the *sn*-1 and *sn*-2 positions, respectively, of the corresponding phospholipid substrate molecule.