Conformational change of erythroid α -spectrin at the tetramerization site upon binding β -spectrin

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Abstract

We previously determined the solution structures of the first 156 residues of human erythroid α -spectrin (Sp α I-1–156, or simply Sp α). Sp α consists of the tetramerization site of α -spectrin and associates with a model β -spectrin protein (Sp β) with an affinity similar to that of native α - and β -spectrin. Upon $\alpha\beta$ -complex formation, our previous results indicate that there is an increase in helicity in the complex, suggesting conformational change in either Sp α or Sp β or in both. We have now used isothermal titration calorimetry, circular dichroism, static and dynamic light scattering, and solution NMR methods to investigate properties of the complex as well as the conformation of $Sp\alpha$ in the complex. The results reveal a highly asymmetric complex, with a Perrin shape parameter of 1.23, which could correspond to a prolate ellipsoid with a major axis of about five and a minor axis of about one. We identified 12 residues, five prior to and seven following the partial domain helix in Sp α that moved freely relative to the structural domain in the absence of $Sp\beta$ but when in the complex moved with a mobility similar to that of the structural domain. Thus, it appears that the association with $Sp\beta$ induced an unstructured-tohelical conformational transition in these residues to produce a rigid and asymmetric complex. Our findings may provide insight toward understanding different association affinities of $\alpha\beta$ -spectrin at the tetramerization site for erythroid and non-erythroid spectrin and a possible mechanism to understand some of the clinical mutations, such as L49F of α -spectrin, which occur outside the functional partial domain region.

Keywords: erythroid spectrin; αβ-complex; tetramer; prolate ellipsoid

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Spectrin isoforms are major proteins in the membrane (cyto)skeleton that play fundamental roles in cells (Goodman et al. 1981; Beck and Nelson 1998; Goodman 1999; Gascard and Mohandas 2000; Kordeli 2000; Bennett and Baines 2001; Beck 2005; Broderick and Winder 2005). One of the most fundamental functions of these proteins is spectrin "self-association": two heterodimers ($\alpha\beta$) associating to form a functional tetramer ($\alpha\beta$)₂ (DeSilva et al. 1992; Speicher et al. 1993). Tetramer formation involves association of the N-terminal region of the α -subunit (α N-region) with the C-terminal region of the β -subunit (β C-region) (DeSilva et al. 1992). Several hereditary hemolytic anemia diseases involve mutations in erythroid spectrin that destabilize its

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Abbreviations: α N-region, N-terminal region of the α -subunit; β C-region, C-terminal region of the β -subunit; CD, circular dichroism; CLEANEX-PM, phase-modulated CLEAN chemical exchange; D, translational self-diffusion coefficient; *F*, Perrin shape parameter; HSQC, 2D-heteronuclear single quantum correlation; ITC, isothermal titration calorimetry; K_d, dissociation constant; M_w, weight-average molar mass; PBS, 5 mM phosphate buffer containing 150 mM NaCl at pH 7.4; PBS6.5, 5 mM phosphate buffer containing 150 mM NaCl at pH 6.5; R_g, the radius of gyration; R_H, hydrodynamic radius; Sp α , erythroid Sp α II-1-156; Sp α II, non-erythroid Sp α II-1-147; Sp β , erythroid Sp β I-1898-2083; TROSY, transverse relaxation optimized spectroscopy; [θ], mean residue ellipticity.

tetramers, resulting in low levels of spectrin tetramers and high levels of dimers (Delaunay and Dhermy 1993). Most of the mutations occur within the proposed binding regions (the partial domains) of α - and β -spectrin. However, a few clinical mutations are outside these functional regions.

Despite the functional importance of spectrin isoforms in general, and of the tetramerization regions in particular, solution structures have not been forthcoming. This is presumably due to experimental difficulties in studying the spectrin molecule owing to its size, structural flexibility, high helical content, and the presence of stronger dimerization interactions (Begg et al. 2000; Harper et al. 2001; Bignone and Baines 2003) at the end of the α - and β -subunits opposite to the tetramerization site. We and other researchers have used recombinant proteins of spectrin fragments extensively as model systems for specific regions, such as the tetramerization regions, to study their structures and functions in spectrin (DeSilva et al. 1992; Ursitti et al. 1996; Kusunoki et al. 2004; Mehboob et al. 2005; Salomao et al. 2006). As shown in this study, even smaller spectrin fragments are difficult to study experimentally.

Based on early sequence homology studies (Speicher and Marchesi 1984) and other experimental evidence (DeSilva et al. 1992; Begg et al. 2000; Harper et al. 2001), it has long been suggested that both α N- and β Cregions of erythroid spectrin consist of partial domains, with a single helix for the α N-region and two helices for the β C-region, and that the association of these partial domains (helical bundling) leads to the formation of tetramers.

However, the only structure of the tetramerization regions that has been determined experimentally is that of the first 156-amino acid region of the erythroid α -spectrin (Sp α I-1–156), which we determined by NMR methods (Park et al. 2003), showing that the partial domain consists of a helix at residues 21–45. No NMR or X-ray structure is available for the partial domain of the β C-region. Our recent spin label EPR studies show a helical conformation within the β C-region (Mehboob et al. 2005), supporting the earlier prediction of helical conformation, but the helical boundaries within the partial domain are not yet defined. Some of the experimental difficulty in studying structures of these smaller model proteins is due to their low solubility in buffers under conditions of physiological relevance.

The solution NMR structure of the recombinant protein that consists of the first 156 residues of α -spectrin shows that residues 1–20, 46–52, 82–87, 119–122, and 154–156 are in unstructured conformations. As mentioned above, residues 21–45 form the first helix (Helix C', the partial domain), while residues 53–81 (Helix A₁), residues 88–118 (Helix B₁), and residues 123–153 (Helix C₁) form the

three helices of the first triple-helical bundle structural domain (Park et al. 2003). The structure of the first domain is similar in helical lengths and in specific molecular interactions, but it is not identical to previously published structures of other structural domains from Drosophila (Yan et al. 1993) and chicken brain spectrin (Grum et al. 1999; Kusunoki et al. 2004). These differences may be highly significant in determining the different functions of different structural domains, or of the same domain but of different isoforms. For example, despite the sequence homology of erythroid and non-erythroid α -spectrin at the tetramerization site, their association affinities with the same B-partner (SpBI-1898-2083) are different (Mehboob et al. 2001, 2003). In general, the association affinity of non-erythroid α - and β -spectrin is much stronger than that of erythroid spectrin (Speicher et al. 1993; Ursitti et al. 1996; Begg et al. 1997; Bignone and Baines 2003).

Our previous studies have shown a 10% increase in helical content in the complex of Sp β I-1898–2083 (Sp β) (Mehboob et al. 2001), yet the details of conformational change(s) are not known. (For simplicity, we will represent Sp α I-1–156 as Sp α and Sp β I-1898–2083 as Sp β below.)

In this study, we have used circular dichroism, isothermal titration calorimetry, static and dynamic light scattering, and solution NMR methods to study the hydrodynamic properties and the dynamics/conformation of Sp α in the Sp α -Sp β complex. We found that, upon addition of Sp β , (1) there was a general 10%–15% increase in helicity, (2) a highly asymmetric complex was formed, and (3) ~12 residues in Sp α , five residues prior to and seven residues following Helix C' (the partial domain helix), undergo dynamic changes, presumably due to local conformational changes, from a disordered to a rigid helical conformation.

Results

Binding affinity

We measured the dissociation equilibrium constant (K_d) for the Sp α -Sp β complex under the same conditions as NMR samples at pH 6.5 and 20°C and obtained an average value of 1.03 \pm 0.06 μ M (n = 3) (Fig. 1A), with an n value of 0.82 \pm 0.01, a ΔH° value of -118 ± 1 kJ/mol, a ΔS° of -282 ± 4 J/mol-K, and a ΔG° of -34 ± 0.1 kJ/mol. These values are very similar to those we previously observed at pH 7.4 and 25°C (Mehboob et al. 2001).

Concentrations of free Sp α in mixtures of 0.40 mM Sp α and different concentrations of Sp β were calculated from this K_d value. For Sp α (0.40 mM) with a 1.4 molar excess of Sp β (NMR sample conditions), only ~0.5% of Sp α remained in the free state and 99.5% was associated with Sp β (Fig. 1A, inset).



Figure 1. Isothermal titration calorimetric measurements—raw data (*top*) and fitted curve (*bottom*)—for Sp α or Sp α II and Sp β association. Each injection of Sp α was 8 μ L except for the first, which was 5 μ L. Time intervals between injections were 20 min except for the first, which was 12 min. The first injection point was typically not used due to the loss of sample from the syringe needle to the sample cell. (*A*) Sp α and Sp β ; (*B*) Sp α II and Sp β . Calculated amounts of free Sp α in mixtures of Sp α (0.40 mM, same as that used in NMR samples) and various amounts of Sp β , using the K_d value obtained from ITC measurements, are shown in the *inset* of *A*.

The K_d value obtained for the complex of Sp β with Sp α II-1-147 was 4.2 nM ($\Delta G^\circ = -47.7$ kJ/mol) under the same conditions, indicating a much tighter binding for the Sp α II-Sp β complex than for the Sp α -Sp β complex (Fig. 1B). Sp α II-1-147 consists of the first 147 residues of non-erythroid α -spectrin and is highly homologous to Sp α I-1-156.

Secondary structure

The $[\theta]_{222}/[\theta]_{208}$ ratio is sensitive to inter-helical interactions and has been used to distinguish between associated helices, which exhibit values ≥ 1 , and nonassociated helices, which exhibit values $\sim 0.8-0.9$ (Mehboob et al. 2001). The average value for $[\theta]_{222}/[\theta]_{208}$ was 0.92 for Sp α samples and 0.95 for Sp β samples, consistent with the presence of one nonassociated helix in Sp α and two in Sp β samples at pH 6.5, similar to findings at pH 7.4 (Mehboob et al. 2001). However, the value for samples consisting of Sp α -Sp β mixtures was 1.01, indicating that the pairing of the previously unpaired helices in Sp α and in Sp β occurred upon complex formation, again similar to results observed at pH 7.4 (Mehboob et al. 2001). More interestingly, the average value of $[\theta]_{222}$ at pH 6.5 was $-20.3 \text{ deg} \cdot \text{cm}^2 \cdot \text{dmol}^{-1}$ for Sp α , $-20.1 \text{ deg} \cdot \text{cm}^2 \cdot \text{dmol}^{-1}$ for Sp β , and $-24.9 \times 10^3 \text{ deg} \cdot \text{cm}^2 \cdot \text{dmol}^{-1}$ for the Sp α -Sp β complex (Fig. 2), corresponding to helical contents of 56% for Sp α , 56% for Sp β , and 69% for the complex. Thus, the helical content increased ~13% in the complex at pH 6.5 and 20°C (NMR sample conditions), similar to the observations at pH 7.4 and 25°C (Mehboob et al. 2001).

Molecular weight, hydrodynamic radius, and molecular shape of complex

The weight-average molar mass (M_w) of Sp α was 18.1 kDa (Fig. 3, dotted line), as determined by small-angle laser light-scattering measurements. For mixtures of Spa and Sp β (molar excess), the major peak (>70%) (Fig. 3, solid line) corresponded to a $M_{\rm w}$ of 42.5 kDa, a value very similar to the expected molecular mass for the $Sp\alpha$ - $Sp\beta$ complex (40.7 kDa for a total of 342 amino acid residues from Sp α and Sp β , plus two residues remaining from thrombin cleavage for each protein). A small peak ($\sim 20\%$ peak intensity) at 24.5 kDa was from excess SpB in the sample. Prior to the major peak, the two small peaks at 1.4 MDa and 145 kDa (with <10% peak intensities) were assumed to be from oligomeric forms of the complex. These results showed that $\sim 88\%$ of the complex was monomeric at a concentration of ~0.3 mM. We also found that the $M_{\rm w}$ for Sp α II was 17.8 kDa.

We obtained the hydrodynamic radius ($R_{\rm H}$), the radius of a hard sphere that diffuses at the same rate as the protein, from dynamic light-scattering measurements for Sp α , Sp α II, and the Sp α -Sp β complex. $R_{\rm H}$ is affected by the $M_{\rm w}$, shape, and hydration of the protein. The $R_{\rm H}$ was 2.6 nm for Sp α alone, 3.0 nm for Sp α II, and 3.7 nm for the complex. The $R_{\rm H}$ value for the complex was larger than that of BSA (3.2 nm). It is interesting to note that the radius of gyration from small-angle X-ray scattering



Figure 2. CD spectra of Sp α (10 μ M), Sp β (10 μ M), and a mixture of Sp α (5 μ M) and Sp β (5 μ M) in PBS, pH 6.5, at 20°C. Ellipticity (θ , mdeg) values from raw CD spectra were converted to mean residue ellipticity ([θ], deg·cm² · dmol⁻¹) values.



Figure 3. Chromatograms of Sp α alone (thick dotted line) and of the Sp α -Sp β complex (thick solid line). In both samples, the concentration for Sp α was 0.3 mM. In the complex, the concentration for Sp β was 0.39 mM. A sample (100 µL) was injected onto a YMC Diol-200 (8.0 × 300 mm) column and eluted with PBS, pH 6.5, at a rate of 0.7 mL/min. Mass values from amino acid sequences are 18.6 kDa for Sp α , 22.1 kDa for Sp β , and 40.7 kDa for the complex. Measured M_w values are 18.1 kDa for Sp β , and 40.7 kDa for the complex. The value for residual Sp β is 24.5 kDa. The two peaks with M_w of ~1.4 mDa and 145 kDa are likely to be oligomers of the complex. $R_{\rm H}$ tracings of Sp α alone (thin dotted line) and of the complex (thin solid line) are also shown.

measurements was 2.45 nm for Sp α and 2.95 nm for Sp α II, with a R_g ratio $(R_g^{Sp\alpha}/R_g^{Sp\alpha II})$ of 0.83 (Mehboob et al. 2003), where R_g is the mass-weighted mean-square distance from the center of mass to every atom in the protein. The R_H ratio $(R_H^{Sp\alpha}/R_H^{Sp\alpha II})$ was 0.87.

We modeled Spa, SpaII, and the complex as prolate ellipsoids, each with a major axis a and a minor axis b. An anisotropic model (prolate ellipsoid) has been shown to fit the data significantly better than an isotropic model (Mackay et al. 1996). To calculate the Perrin shape parameter for the complex (F^{cx}) , we used the shape information determined by small-angle X-ray scattering measurements for Sp α and Sp α II (Mehboob et al. 2003) to estimate $(a/b)_{Sp\alpha}$ as 2.3 and $(a/b)_{Sp\alpha II}$ as 3.2, where F is the ratio of the translational frictional coefficient of an ellipsoid (f) to that of a sphere with equal volume (f_{sph}) (Cantor and Schimmel 1987). The calculated value for $f^{\text{Sp}\alpha}/f^{\text{Sp}\alpha\text{II}}$ was 0.95, and the experimentally determined k was 0.92 (see Materials and Methods). With these values, F^{cx} was calculated to be 1.23, which corresponds to an a/b ratio of 4.7, indicating a highly asymmetric shape. It should be noted that $Sp\alpha II$ was used here as a reference system for the ratio calculation simply because its shape was known and its sequence is similar to that of Sp α I. Other proteins with known shape may also be used.

The translational self-diffusion coefficient (D) from pulsed-field gradient spin echo NMR experiments is often

used to assess the oligomeric status and the shape of molecules to be studied by NMR for structural determination (Altieri et al. 1995) and was previously measured for free Sp α (Park et al. 2000). Figure 4A shows that *D* for Sp α alone was 0.96 \pm 0.04 \times 10⁻¹⁰ m²/sec, which agreed well with previous measurements on Sp α (Park et al. 1999, 2000). The *D* for the complex was 0.53 \pm 0.04 \times 10⁻¹⁰ m²/sec. Since the diffusion coefficient and mass are related (Tanahatoe and Kuil 1997), our value of 0.53 \times 10⁻¹⁰ m²/s for the complex corresponded to a



Figure 4. (A) Translational diffusion coefficient measurement using PFG-NMR, at 800 MHz, for Spa alone (0.20 mM; open squares) and the complex (1:1 molar ratio, each at 0.20 mM; solid squares) in PBS at pH 6.5 and 20°C, with S/S_0 as normalized signal intensity, γ as proton gyromagnetic ratio, G as field gradient strength, δ as gradient pulse duration, and Δ as diffusion delay. The diffusion coefficients were calculated from the negative of the slopes using the equation $\ln(S/S_0) = -D(\gamma G\delta)^2(\Delta - \delta/3)$. Published results for Sp α (Park et al. 2000) are shown as \times symbols, with lysozyme as a dashed line and carbonic anhydrase as a dotted-dashed line. The coefficient value for Sp α was 0.96 \times 10⁻¹⁰ m²/s, and that for the Sp α -Sp β complex was 0.53×10^{-10} m²/s. (B) Translational diffusion coefficient value for the complex, when compared with other globular proteins, corresponded to a protein of ~86 kDa. (C) An axial ratio a/b of 5.3 was obtained from the plot of *a/b* values of prolate ellipsoid versus translational diffusion coefficient values. D values for a prolate ellipsoid with different axial ratio values, and thus different Perrin shape parameter *F*, were calculated for a protein with M_w of 42.5 kDa, using the following quation: $D/D^{\text{BSA}} = [F/(M_w)^{1/3}]/[F^{\text{BSA}}/(M_w^{\text{BSA}})^{1/3}]$, with $D^{\text{BSA}} = 0.53 \times 10^{-10} \text{ m}^2/\text{s}$, $F^{\text{BSA}} = 1$, and $M_w^{\text{BSA}} = 67 \text{ kDa}$ (Gribbon and Hardingham 1998).

globular molecule with a mass of ~86 kDa (Fig. 4B). Published values (Gribbon and Hardingham 1998) of 1.08×10^{-10} m²/s for lysozyme (14.3 kDa), 0.81×10^{-10} m²/s for carbonic anhydrase (29 kDa), and 0.58×10^{-10} m²/s for bovine serum albumin (67 kDa) were used for Figure 4B. The coefficients calculated for a prolate ellipsoid with various values for the Perrin shape parameter *F*, using BSA (*a/b* = 1) as a reference, showed that the measured *D* for the complex corresponded to an axial ratio of 5.3 (Fig. 4C). This value agreed well with the value of 4.7 derived from the $R_{\rm H}$ values measured by dynamic light-scattering methods.

Thus, our results from static and dynamic light-scattering measurements, as well as from pulsed-field gradient spin echo NMR measurements, showed that the $Sp\alpha$ - $Sp\beta$ complex was in monomeric form at a concentration as high as 0.3 mM and was highly asymmetric, corresponding to a prolate ellipsoid with an axial ratio of ~5.

Dynamics and conformation of $Sp\alpha$ in $Sp\alpha$ -Sp β complex

In our previous NMR studies at 600 MHz, 149 residues out of 153 (156 less the P5, P15, and P84 residues) of Sp α residues were assigned (Park et al. 1999, 2000, 2003).

The current HSQC of free ¹⁵N-Sp α (Fig. 5A) and the TROSY of ²H,¹⁵N-Sp α (Fig. 5C) at 900 MHz were essentially identical to those obtained at 600 MHz, making signal identification for this study relatively straightforward. In free Sp α samples, the TROSY signal intensities/amplitudes (Fig. 6, open symbols) for those residues previously identified as being in unstructured regions that sandwich helices (residues 1–20, 46–52, 82–87, 119–122, and 154–156) were relatively high, while the intensities for those in helical regions, consisting of Helix C', the partial domain (residues 21–45), Helix A₁ (residues 53–81), Helix B₁ (residues 88–118) and Helix C₁ (residues 123–153) in the first structural domain (Park et al. 2003), were relatively low.

Upon addition of 1.4 molar excess of unlabeled Sp β to Sp α , much-simplified HSQC (Fig. 5B) and TROSY spectra (Fig. 5D) were obtained. The number of scans was 20 times more than those for samples of free Sp α in HSQC and four times more in TROSY (see Materials and Methods). The TROSY signal intensities for residues 1–14 remained relatively high (Fig. 6, closed symbols), while the intensities for the residues in the two disordered loop regions within the helical bundle structural domain were relatively lower. However, even with four times



Figure 5. HSQC spectra of ¹⁵N-labeled Sp α alone (0.30 mM, 8 scans) (*A*) and in the presence of molar excess, unlabeled Sp β (160 scans) (*B*). TROSY-HSQC of ¹⁵N,²H-labeled Sp α alone (0.30 mM, 16 scans) (*C*), and Sp α (0.30 mM) in the presence of molar excess unlabeled Sp β (64 scans) (*D*). All samples were in PBS, pH 6.5. NMR spectra were taken at 20°C on a Bruker 900-MHz spectrometer. A total of 1536 × 256 complex points were acquired with sweep widths of 12,626 × 3283 Hz in the direct and indirect dimensions, respectively.



Figure 6. TROSY-HSQC signal intensity of the Sp α residues without (open symbols, 16 scans) and with Sp β (closed symbols, 64 scans). See Figure 5C and D, for spectra and sample conditions.

more scans, we were unable to detect signals for residues in helices C', A₁, B₁, and C₁. Interestingly, the signal intensities for residues 16–20 and 46–52 were very low or not observed. In free Sp α , their intensities were relatively high and were similar to those of residues 1–14, as these residues are in the unstructured regions.

A more systematic monitoring of the signal intensity reduction of Sp α was obtained by titrating ¹⁵N-Sp α with unlabeled Sp β . HSQC spectra of the titration showed that the normalized signal intensities of residues 1–12 in the unstructured region remained about the same throughout the titration (Fig. 7A, top). In addition, the intensities of residues 83 and 87 in the loop region (residues 82–87) remained about the same in these samples, whereas the intensities of residues 85 and 86 decreased steadily upon addition of Sp β . Residue 84 is a proline. The signals for residues in short loops (residues 119–122 between Helix B₁ and Helix C₁ and 154–155 at the end of the structural domain) decreased similarly to those of residues 85 and 86.

The intensity decreases for residues 13 (8.32/117.50 ppm), 14 (8.13/110.24 ppm), and 156 (7.51/125.70 ppm) were also quite similar to those for residues 85 and 86. However, these three residues also appeared as new peaks upon addition of Sp β , with the peak positions shifted very slightly from the original peaks (Fig. 8). The total signal intensities of these three residues decreased less rapidly than the decrease of free Sp α species in solution (Fig. 7A, bottom).

Signal intensity for the remaining residues (residues 16–82 and 88–155) decreased rather uniformly (Fig. 7B) and correlated *quantitatively* to the amounts of free Sp α in the samples calculated from ITC data (Fig. 1). It is

interesting to note that a K_d value of $\sim 1 \ \mu M$ was obtained from the HSQC titration results, in good agreement with that obtained by ITC measurements.

We observed no increase in the line widths of signals from residues in free $Sp\alpha$ during the titration.

We also compared the HSQC spectra of Sp α II to the spectra of its tightly associated Sp α II-Sp β complex (the association affinity was 250-fold higher than that of Sp α -Sp β complex). Similar to the Sp α -Sp β complex, only a few Sp α II peaks were detectable in the spectrum of the Sp α II-Sp β complex when compared to the free Sp α II spectrum (data not shown; at this time, we do not have residue assignments for Sp α II.).

For the HSQC signal broadening in the complex, there are generally two intermediate timescale exchanges that could be induced by the binding: intramolecular exchange and intermolecular exchange (Lu et al. 2006). Intramolecular exchange can certainly induce generalized conformational changes of residues not directly involved in binding interactions through, for example, an allosteric mechanism (Lu et al. 2006). However, this mechanism does not apply to our system. If intramolecular exchange were the main mechanism of signal decay, then we would have to assume that there were similar "degrees" of exchange throughout the helical regions because their signal decay patterns are very uniform among the residues.



Figure 7. Normalized HSQC intensity (nNH_{ij}) ; see Materials and Methods) of all detectable signals for residues 1–156 of Sp α in mixtures with Sp β /Sp α molar ratios of 0.1, 0.2, 0.3, 0.5, 0.75, and 1.4. Calculated amounts of free Sp α in each mixture, shown as a dotted line in panel *A* and as a thick black line in panel *B*, are from Figure 1 *inset*. Signals for residues with no detectable chemical shift changes upon addition of Sp β are shown as open symbols in the *top* of panel *A* for residues 1–12 except P5 (symbol: \bigcirc), and residues 83–87 except P84 (symbol: \triangle) and in panel *B* for residues 16–82 and 88–155. Those with slight chemical shift changes upon addition of Sp β (residues 13, 14, and 156) (*bottom* of panel *A*) are shown with open symbols for signals at chemical shifts of free state (13f, 14f, and 156f) and with closed symbols for total signals (13T, 14T, and 156T).



Figure 8. Overlapping HSQC spectra for Spα (light) and Spα–Spβ complex (dark, with peaks numbered 1–4, 6–14, 83, 85, 87, and 156) at 900 MHz. The spectra of ¹⁵N-Spα (0.40 mM) in PBS at pH 6.5, with 95% H₂O and 5% ²H₂O, were accumulated for eight scans (20 min). Spectra of ¹⁵N-Spα, or SpαII, with excess unlabeled Spβ (0.56 mM to give Spβ/Spα molar ratios of 1.4) were accumulated for 160 scans (6.7 h). Peaks 13, 14, and 156 in complex were shifted slightly. Most of the signals observed in samples of Spα alone were not detected in samples of the Spα–Spβ complex.

If we assume residues in the unstructured region underwent structural transition, then the equivalent degree of transitions for helical residues, or helical-to-unstructured transitions, should be present. However, this is not consistent with our CD results that showed increased helicity upon binding, and it would also contradict the general consensus that the triple-helical bundle is retained in the $Sp\alpha$ - $Sp\beta$ complex. This analysis suggests that intramolecular exchange is an unlikely mechanism.

The 1 μ M binding affinity implies that the intermolecular interaction is in slow exchange, assuming diffusion-limited association, and suggests that the intermolecular intermediate timescale exchange is not responsible for HSQC line broadening. This is consistent with the fact that the Sp α II–Sp β complex, which exhibits a 4 nM dissociation constant further favoring the slow exchange region, exhibits similar line-broadening patterns. Thus, we believe that the most likely mechanism for the HSQC line broadening is due to asymmetric rigid body rotation of the complex.

Results from phase-modulated CLEAN chemical exchange experiments for free ¹⁵N-Sp α samples showed the backbone NH solute–solvent exchange signals from residues 1–18 (excluding P5 and P15), 45–52, 81, 83–96 (excluding P84 and except 91), and 121–122 (Fig. 9). These are residues in the unstructured regions with observable solute–solvent exchange signals. For Sp α in complex, residues 1–14 showed CLEANEX-PM signals

(Fig. 9), indicating that, in the complex, these residues remained unstructured and without backbone hydrogen bonding, whereas residues 16-20 and 46-52 were no longer similar to the residues 1-14 but were more like those in helical regions.

Discussion

We previously determined the NMR solution structure of a recombinant protein derived from the sequence of the first 156 residues of human erythrocyte α -spectrin (Sp α I-1-156, or Spa) (Fig 10). This protein consists of the region responsible for α -spectrin associating with its partner, B-spectrin, to form functional tetramers and exhibits an association affinity with B-spectrin similar to that of the intact full-length α -spectrin (Mehboob et al. 2003). The NMR structure shows a total of 40 residues (residues 1-20, 46-52, 82-87, 119-122, and 154-156) in unstructured regions and a total of 116 residues in helices, in between the unstructured regions, with residues 21-45 forming the first helix (Helix C', often called the partial domain of α -spectrin), and residues 53–81, 88–118, and 123-153 forming the three helices of the first triplehelical bundle structural domain (helices A₁, B₁, and C₁) (Park et al. 2003), with a helical content of \sim 74%. Thus, $Sp\alpha$ is a highly helical protein molecule. One of the most unexpected and interesting features in this protein is the independent mobility of the partial domain Helix C' relative to the first structural domain (the triple-helical bundle), due to an unstructured, and thus a very flexible junction region between Helix C' and the first structural



Figure 9. Normalized CLEANEX-PM signal intensities of ¹⁵N-Sp α (0.25 mM) and of Sp α -Sp β mixtures (1:1.4 molar ratio). The spin-locking field was 5.0 kHz. Three different mixing times (75, 100, and 150 ms) were used, and no significant differences were observed. Accumulation time was 64 scans for Sp α and 160 scans for Sp α -Sp β mixture samples.



Figure 10. NMR structure of Sp α (Protein Data Bank: 10WA) (*left*), showing the regions prior to (dashed-line square) and following (solid-line square) Helix C' in an unstructured conformation, and a model structure of Sp α in Sp α -Sp β complex (*right*), showing the regions prior to (dashed-line square) and following (solid-line square) Helix C' in a helical conformation. A prolate ellipsoid model, with a major (long) axis of ~5 and a minor (short) axis of 1, was used to represent a rigid and asymmetric shape of the complex.

domain. The flexibility of this junction region may be an important characteristic of erythroid spectrin, since it may contribute to the relatively low binding affinity with $Sp\beta$ in erythroid spectrin (μ M range), as compared to that of non-erythroid spectrin (nM range) (Mehboob et al. 2005).

Our CD studies have shown an increase in helical content in the Sp α -Sp β complex at pH 7.4 (Mehboob et al. 2001), although the details of the conformational change(s) are not known. In this study, CD data at pH 6.5 showed an increase of $\sim 10\%$ in the helical content in the complex, similar to that observed at pH 7.4. The helicity values from CD studies are obtained from the commonly used value of $[\theta]_{222}$ at $-36,000 \text{ deg} \cdot \text{cm}^2 \cdot \text{dmol}^{-1}$ as 100%helicity (see Materials and Methods). For $Sp\alpha$ alone, the helical content from CD measurements was 56%, whereas the more accurate value from NMR is 74%, yielding a conversion factor of 74/56. The helical content of the complex, from CD measurements, increased to 69%. If it is assumed that the helices in the complex are similar to those in free Sp α , then the CD helical content of 69% would correspond to an NMR content of $\sim 91\%$, or ~ 30 residues in the complex being unstructured. Since $Sp\alpha$ alone has 40 residues in a non-helical conformation, it is possible that all the changes occurred in $Sp\alpha$. Of course, it is equally possible that changes occurred in both Spa and Sp β . Since no structural information for Sp β is available at this time, it is not possible to speculate how many of these residues are from $Sp\alpha$ and how many from Sp β . However, our results show that at least 12 residues from Spa are involved in disordered-to-helical conformational changes.

Hydrodynamic studies indicated that the complex was monomeric and exhibited a highly asymmetric shape at a concentration of 0.30 mM in PBS at pH 6.5. When modeled with a prolate ellipsoid, its major axis would be about five times longer than the minor axis (Fig. 10).

In principle, since we already have the NMR assignments for the Sp α residues, it should be relatively simple to determine specific residues/regions undergoing conformational change(s) upon binding $Sp\alpha$ by monitoring Sp α with TROSY-HSQC methods in Sp α -Sp β complex. TROSY selects only one of the four transitions-the one that is insensitive to Brownian motion in a high magnetic field. The optimal frequency for the TROSY effect is calculated to be near 1000 MHz (Pervushin et al. 1997). Thus, our 900-MHz spectra should be near ideal for structural studies of proteins with rather high $M_{\rm w}$. However, the solubilities of Sp α , Sp β , and Sp α –Sp β complex were relatively low for NMR measurements of such asymmetric molecules. To avoid aggregation, we used samples with concentrations at or below 0.30 mM. Many signals were not detectable in the complex at these concentrations, even with 64 scans (four times more than for samples with $Sp\alpha$ alone at the same concentration). Additional data accumulation led to aggregate formation in samples due to the long observation time. However, despite the low solubility and asymmetric shape of the complex molecules, we clearly observed dramatic spectral changes for 12 residues in Sp α that provide useful information related to conformation changes in Spa upon binding Spβ.

Our results showed that, upon complex formation, seven residues prior to Helix C' and five following Helix C' in the unstructured region of free Sp α exhibited NMR properties different from those of other unstructured residues in the complex. Instead, their NMR properties were more similar to those previously identified as being in a helical conformation. Therefore these are likely to be residues that underwent conformational changes upon binding to Sp β . A particularly interesting change was observed for residues 46–52, the junction region between Helix C', and the structural domain. An unstructured to helical conformational change in the junction region would restrict the motion of Helix C', making the complex more rigid and highly asymmetric.

One may argue that, in the complex, the five residues at positions 16–20 (KVLET) and seven residues at positions 46–52 (GQKLEDS) flanking both ends of Helix C' (Fig. 10). exhibit restricted motions simply due to sidechain interactions with those in Sp β rather than being due to helix formation. There are two positively charged side chains (K16 and K48) and three negatively charged side chains (E19, E50, and D51) in these 12 residues that may interact with the side chains in Sp β , as shown in our published working model of Sp β (Mehboob et al. 2001). However, it is not clear why the side chains of the first 15 residues (MWQFPKETVVESSGP), also consisting of positively and negatively charged side chains, would not also interact with the side chains of $Sp\beta$ to become "rigid" residues in the complex, thus producing signals broadened beyond detection. Thus, the possibility that only residues 16–20, and not residues 1–12, exhibit restricted motions simply due to side-chain interactions with $Sp\beta$ appears low.

Based on the published helix-propensity scale (Pace and Scholtz 1998), we obtained the free energy required to form a helical conformation for residues 16–20 as 8.95 kJ/mol (1.79 kJ/mol per residue) and for residues 46–52 as 14.43 kJ/mol (2.06 kJ/mol per residue). However, based on the same scale, it would take 51.98 kJ/mol (3.47 kJ/mol per residue) for residues 1–15 to form a helical conformation. Thus, it is energetically more likely for residues 16–20 and 46–52 to convert to a helical structure than for residues 1–15 to do so.

The possibility that the unstructured regions may convert to structured/helical regions (Fig. 10) is intriguing. Numerous examples have shown disorder-order transitions in proteins. For example, the CREB kinaseinducible activation domain is unstructured in solution and undergoes an α -helix folding transition on binding to its coactivator CBP (Hua et al. 1998), and the unstructured 15-amino acid S-peptide forms a helix when it binds to S-protein (Goldberg and Baldwin 1999). Generally, the potential advantages for disorder-order transitions in proteins are numerous (Uversky 2002). For the Spa and Spβ system, a disorder-order transition may provide a modulation in the thermodynamics of $Sp\alpha$ -Sp β association. The nonerythroid Spa (SpaII) associates with SpB with much higher affinity, with a K_d of $\sim 0.004 \ \mu$ M, than the micromolar K_d of Sp α and Sp β , or a ΔG° difference of \sim 13.7 kJ/mol. This free-energy difference is similar to the free-energy difference to form α -helical segments in these two isoforms. There are only two amino acid differences in these two regions (prior to and following Helix C'), with P15 in Sp α and V6 for Sp α II, and 46G for Sp α and 37R for Sp α II (note: Sequence numbering differs by 9 between Spa and SpaII). Both proline and glycine exhibit low helix propensities (Pace and Scholtz 1998), and the ΔG° for converting P and G from unstructured to helical is 4.16 kcal/mol (using 3.16 kcal/mol for P and 1.00 kcal/mol for G from published work of Pace and Scholtz [1998]), whereas the ΔG° for converting V and R from unstructured to helical is 0.82 kcal/mol (using 0.61 kcal/mol for V and 0.21 kcal/mol for R). Thus the $\Delta\Delta G^{\circ}$ is 3.34 kcal/mol, or 13.96 kJ/mol. It is intriguing to speculate that the lower affinity in $Sp\alpha$ -Sp β association, when compared with $Sp\alpha II - Sp\beta$, is due to the free energy needed to convert the previously nonhelical segments to helical segments in Sp α , and that this free energy is not necessary in SpaII due to its sequence difference that gives it a higher helical propensity.

It is also interesting to note that, although residues 46– 52 are in the unstructured region in free Sp α , and were not generally expected to be involved in the binding of its β -partner, mutations at some of these positions (such as G46V, K48R, and L49F) are hematologically critical (Gallagher and Forget 1996). Our results suggest that, for mutant L49F (with ΔG° for converting from unstructured to helical being 0.21 kcal/mol for L and 0.54 kcal/ mol for F), it is not energetically favorable to convert the region of residues 46–52 from disordered to helical conformation, and thus it exhibits a decreased $\alpha\beta$ association affinity to give low levels of tetramers. Other mechanisms would apply to G46V and K48R mutants since these mutations make the disordered-to-helical conformation changes easier, based on helical propensity.

In summary, this study showed that Helix C' in Sp α no longer moved independently in the Sp α -Sp β complex due to conformational changes of residues flanking the two ends of Helix C', that converted them from an unstructured to a helical conformation upon association with β -spectrin. The relatively low affinity in erythroid α and β -spectrin association, as compared to nonerythroid spectrin association, is likely due, at least in part, to the unstructured regions flanking the partial domain helix in α -spectrin. Our studies also provide a mechanism for explaining why patients with L49F mutation have low concentrations of spectrin tetramers.

Materials and Methods

Spectrin recombinant proteins

SpαI-1–156 (Spα), ¹⁵N-labeled Spα (¹⁵N-Spα), ¹⁵N- and ²H-labeled Spα (¹⁵N,²H-Spα), and SpβI-1898–2083 (Spβ) were expressed and purified as before (Mehboob et al. 2001; Park et al. 2003). Individual proteins, in 5 mM phosphate buffer containing 150 mM NaCl (PBS) at pH 7.4 (PBS7.4), were purified to at least 95% purity, as indicated by SDS gel electrophoresis results. Protein masses from a high-resolution/ high mass accuracy LTQ-FT mass spectrometer showed about 99% ¹⁵N labeling in ¹⁵N-Spα samples and 70% ²H labeling of CH groups in ¹⁵N,²H-Spα samples.

A new protein (Sp α II) consisting of the first 147 residues of brain α -spectrin, derived from Sp α II-1–149 (Mehboob et al. 2003), was also labeled with ¹⁵N for hydrodynamic and NMR measurements.

It is important to note that all samples were prepared in PBS at pH 6.5, which was more desirable for NMR measurements than pH 7.4. Due to the lower solubility of Sp β at pH 6.5, and the lower solubility of Sp β than of the Sp α -Sp β complex, the complex samples at ~0.3 mM were prepared by mixing Sp α and Sp β at lower concentrations (Sp α at ~0.02 mM and Sp β at different molar ratios) in PBS at pH 7.4, then dialyzing overnight in PBS at pH 6.5, and concentrating to higher, desirable concentrations. No precipitation was observed in samples during or after experimental measurements. All samples were also checked for degradation by SDS gel electrophoresis before and after experiments and for oligomerization by light-scattering

methods (see below). Only data from samples with identical before-and-after gel patterns (no degradation) and without any oligomers after experiments were used.

Isothermal titration calorimetry (ITC)

ITC measurements were performed with samples in PBS at pH 6.5 (PBS6.5) at 20°C using a VP-ITC unit (MicroCal) as described elsewhere (Mehboob et al. 2003). Multiple (usually 25–30) injections of 8 μ L of Sp α (0.31 mM) were introduced into the sample cell containing Sp β (1.45 mL at 0.014 mM). For Sp α II and Sp β titration, the concentration for Sp α II was 0.025 mM and that for Sp β was 0.0023 mM. Data were analyzed with the Origin software provided by MicroCal, using a single binding site model to give values of K_d , n, ΔH° , ΔS° , and ΔG° .

Circular dichroism (CD)

Samples of Sp α (0.01 mM), Sp β (0.01 mM), and a mixture of Sp α (0.005 mM) and Sp β (0.005 mM) in PBS at pH 6.5 were used for CD measurements at 20°C, with a JASCO 810 CD spectrometer. Ellipticity (θ , mdeg) values from CD spectra were converted to mean residue ellipticity ($[\theta]$, deg·cm²·dmol⁻¹) values. Helicities were then calculated from the [θ] values at 222 nm ($[\theta]_{222}$), using a value of $-36,000 \text{ deg·cm}^2 \cdot \text{dmol}^{-1}$ as 100% helicity (Mehboob et al. 2001). The [$\theta]_{222}/[\theta]_{208}$ ratios for all three samples were also obtained to determine the presence or absence of paired helices (Mehboob et al. 2001).

Static and dynamic light scattering

A setup for both static and dynamic light-scattering measurements (PD2000 system, Precision Detectors, Inc.) with a sizeexclusion column (YMC Diol-200) was used to study the molecular size and shape of Sp α at 0.30 mM, alone, and with a molar excess of Sp β . Light intensity scattered at 90° and refractive index signals of each sample (100 µL) were measured, and the weight-average molar mass (M_w) values were calculated. The hydrodynamics' radii (R_H) of Sp α and of the complex were obtained, with the instrument operating in the flow mode and using the dynamic light-scattering photon detector, from the decay time of the autocorrelation function of the scattered light.

With the $R_{\rm H}$ values of Sp α , Sp α II, and the complex, and by modeling these asymmetric proteins as prolate ellipsoids, we calculated the Perrin shape parameter (*F*), and thus the values for the major (*a*) and minor (*b*) axes, of the complex (using Equations 10–19a in Cantor and Schimmel 1987). The Perrin shape parameter is the ratio of the frictional coefficient of an ellipsoid (*f*) to that of a sphere with equal volume ($f_{\rm sph}$) (Cantor and Schimmel 1987), and *f* is proportional to $R_{\rm H}$. Hydrodynamic properties depend on hydration, shape, temperature, viscosity of the solution, etc. However, assuming these factors were the same for the systems 1 and 2, then $f^{-1}/f^2 = kR_{\rm H}^{-1}/R_{\rm H}^{-2}$, where *k* is 1 if all experimental uncertainties for related parameters were the same; otherwise, the *k* value would be determined experimentally. From the published shape of Sp α and Sp α II, as determined by small-angle X-ray scattering measurements (Mehboob et al. 2003), we estimated $(a/b)_{\rm Sp}\alpha$ as 2.3 (Fig. 10), which gave a value of $F^{\rm Sp}\alpha$ II as 1.13. $F^{\rm Sp}\alpha/F^{\rm Sp}\alpha$ III = 1.06/1.13 = 0.94.

NMR samples

NMR samples were prepared in PBS at pH 6.5, with 95% H_2O and 5% D_2O (Park et al. 1999, 2000, 2002, 2003). NMR samples containing labeled or unlabeled Sp α and Sp β were mixed with Sp α (~0.02 mM) and Sp β (at different molar ratios) in PBS at pH 7.4, then dialyzed overnight in PBS at pH 6.5, and concentrated to higher, desirable concentrations. As indicated above, only data from samples with identical before-and-after gel patterns (no degradation) and without any oligomers after NMR runs were used.

Translational self-diffusion coefficient measurements

Samples of Sp α (0.25 mM), alone or with equimolar Sp β , were used. The spectra were obtained with a Bruker 800-MHz instrument (AVANCE) at 20°C as before (Park et al. 2000) to give the translational self-diffusion coefficients of Sp α , with and without Sp β . The value for Sp α only was compared with our published value (0.96 $\times 10^{-10}$ m²/s) (Park et al. 2000).

Theoretical translational diffusion coefficients for a prolate ellipsoid with a particular M_w value but with several different axial ratios were calculated, using the equation $D/D_{BSA} = [F/(M_w)^{1/3}]/[F_{BSA}/(M_{w-BSA})^{1/3}]$ where D is the diffusion coefficient and F is the Perrin shape parameter for ellipsoids (Cantor and Schimmel 1987).

HSQC, TROSY-HSQC, and CLEANEX-PM experiments

All spectra were obtained on a Bruker 900-MHz spectrometer (AVANCE), equipped with an ATM (automatic tuning and matching) triple-resonance probe.

¹H, ¹⁵N Transverse relaxation-optimized spectroscopy (TROSY-HSQC, or simply TROSY) experiments at 20°C were carried out on ${}^{2}H$, ${}^{15}N$ -Spa (0.30 mM), alone or with a 1.4 molar excess of unlabeled SpB. TROSY spectra were accumulated with 16 scans (1.8 h) for Sp α and 64 scans for the complex. A total of 1536 \times 256 complex points were acquired with sweep widths of 12,626 imes3283 Hz in the direct and indirect dimensions, respectively. All spectra were collected with a recycle delay of 1 s. ¹H, ¹⁵N-HSQC experiments at 20°C were carried out as before (Park et al. 1999, 2000, 2002, 2003) on samples 1–7, with sample 1 being 15 N-Sp α alone (Sp β /Sp α molar ratio of 0) and samples 2–7 being ^{15}N -Sp α titrated with unlabeled Sp β , with molar ratios of 0.1, 0.2, 0.3, 0.5, 0.75, and 1.4, respectively. The final concentrations of 15 N-Sp α in all samples were 0.30 mM. The accumulation time for HSQC spectra ranged from 20 min (eight scans) for sample 1 to 6.7 h (160 scans) for sample 7.

Phase-modulated CLEAN chemical exchange (CLEANEX-PM) (Hwang et al. 1998) experiments, with ¹⁵N-Sp α at 0.25 mM, were carried out on samples 1 (Sp α alone) and 7 (Sp α with 1.4 molar excess Sp β). Three different mixing times (75, 100, and 150 ms) were used; however, no systematic differences were observed. The spin-locking field was 5.0 kHz. The accumulation time for CLEANEX-PM was ~3 h (64 scans) for sample 1 and ~7.5 h (160 scans) for sample 7.

All raw data were processed by NMRPipe (Delaglio et al. 1995) and further analyzed with either NMRDraw of NMRPipe or NMRView (Johnson and Blevins 1994). Assignments of ¹⁵N-Sp α resonances obtained previously (Park et al. 2003) were used. The raw HSQC signal intensities of each residue in each of the 7 samples (NH_{*ii*}, where *i* is the residue number, 1-156, and j is the sample number, 1–7) were obtained. Since instrumental factors such as shimming and tuning may affect NH_{ii} values, the NH_{ii} values of sample *j* were normalized. We first obtained an average value of the intensities of residues 1-10 in sample j $[A_i = (1/10) \sum \text{NH}_{ij}$, with i = 1-10]. Since the intensities of residues 1-10 remained similar for all seven samples (see discussion below), the average value of these intensities in a sample was used as a reference value for the intensities of other residues in that sample. So for sample j, the NH_{ij} values were first "formatted" with A_j to give $fNH_{ij} = NH_{ij}/A_j$, with i = 1-156, and then normalized to give $nNH_{ij} = fNH_{ij}/fNH_{i1}$ for j = 2-7, where fNH_{i1} were the values of sample 1.

The intensity values obtained in CLEANEX-PM experiments were simply normalized with the number of scans, 64 scans for Sp α and 160 scans for the Sp α -Sp β complex, for easy comparison.

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