# The effects of cosolutes on protein dynamics: The reversal of denaturant-induced protein fluctuations by trimethylamine *N*-oxide

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# Abstract

The protein stabilizing effects of the small molecule osmolyte, trimethylamine *N*-oxide, against chemical denaturant was investigated by NMR spin-relaxation measurements and model-free analysis. In the presence of 0.7 M guanidine hydrochloride increased picosecond-nanosecond dynamics are observed in the protein ribonuclease A. These increased fluctuations occur throughout the protein, but the most significant increases in flexibility occur at positions believed to be the first to unfold. Addition of 0.35 M trimethylamine *N*-oxide to this destabilized form of ribonuclease results in significant rigidification of the protein backbone as assessed by <sup>1</sup>H-<sup>15</sup>N order parameters. Statistically, these order parameters are the same as those measured in native ribonuclease indicating that TMAO reduces the amplitude of backbone fluctuations in a destabilized protein. These data suggest that TMAO restricts the bond vector motions on the protein energy landscape to resemble those motions that occur in the native protein and points to a relation between stability and dynamics in this enzyme.

Keywords: guanidine; protein dynamics; protein stability; NMR spin-relaxation; TMAO

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Many organisms produce and accumulate small organic solutes to counteract the effects of environmental stresses. Such inhospitable living conditions can include high temperature, pressure, salt, and dehydration. One such solute, trimethylamine *N*-oxide, (TMAO; Scheme 1) provides protection to proteins against the effects of chemical denaturant, high pressures, and high temperatures (Yancey et al. 2002; Somero 2003; Yancey 2005).

In the enzymes ribonuclease A (RNase A) (Yancey and Somero 1979) and lysozyme (Arakawa and Timasheff



Scheme 1. Chemical structure of trimethylamine N-oxide.

1985), TMAO was shown to increase the midpoint of the thermal unfolding profile. Other protective properties of TMAO include the ability to counteract the deleterious effects of urea as probed by enzyme assays (Yancey and Somero 1979; Palmer et al. 2000) and protein folding studies (Yancey and Somero 1979; Lin and Timasheff 1994). Alexandrescu and coworkers have shown that TMAO increases the protection of amide protons from exchange with solvent by solution NMR hydrogen exchange (HX) experiments (Jaravine et al. 2000). HX experiments on RNase A in urea solutions (Qu and Bolen

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*Abbreviations:* CD, circular dichroism spectroscopy; Gdn, guanidine hydrochloride; MALDI-TOF, matrix assisted laser desorption ionization time of flight; RNase A, bovine pancreatic ribonuclease A; TMAO, trimethylamine *N*-oxide.

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2003) suggest that TMAO suppresses the native-state protein fluctuations, thereby dampening the increased motional amplitude caused by denaturant (Wang and Bolen 1997; Qu and Bolen 2003). These results suggest that TMAO directly impacts protein dynamics. In contrast, phosphorescent lifetime and quenching experiments indicate that 1.8 M TMAO does not affect the dynamics of the native protein fold (Gonnelli and Strambini 2001). Thus, there remains some uncertainty as to the role of TMAO on protein stability and dynamics. The stability of proteins depends on the difference in free energy between the native and denatured states, and it is thought that the action of TMAO results in differential stabilizations of the native and denatured states (Lin and Timasheff 1994).

Computational and physical methods have also been used to investigate the mode of action of TMAO on protein stability. Densimetry studies showed that the chemical potential changes of a protein in denaturant alone or in denaturant + TMAO are the same, indicating that TMAO acts independently of denaturant and does not affect the binding of denaturant to proteins (Lin and Timasheff 1994). Other work has demonstrated that TMAO exerts its effect primarily through changes in solvent hydrogen bonding and by unfavorable interactions between TMAO and the amide moiety of proteins (Wang and Bolen 1997; Zou et al. 2002; Bennion and Daggett 2004; Athawale et al. 2005; Esposito and Daggett 2005). However, a somewhat different picture emerged from recent solution NMR experiments that suggest that a hydrated form of TMAO may interact with the peptide backbone (Hovagimyan and Gerig 2005). Thus, there is not complete consensus on the mechanism of TMAO action. Because organisms produce TMAO and chemically similar molecules as a general stress response, their effects would be expected to be general and not specific to any particular protein or nucleic acid.

Here, we use a well-characterized system to probe the effects of TMAO on protein dynamics using solution NMR techniques. NMR spin-relaxation experiments can provide a unique glimpse at protein motions. In particular, analysis of the N<sup>H</sup> order parameter ( $S^2$ ) can reveal important information about the distribution of conformational states including the amplitude and timescale of backbone fluctuations. The backbone dynamics of native RNase A in buffer, in the presence of guanidine (Gdn) hydrochloride (RNase A/Gdn) and in the presence of Gdn and TMAO (RNase A/Gdn/TMAO), were investigated by solution NMR spin-relaxation experiments.

# Results

#### Circular dichroism spectroscopy

The effects of an increase in temperature on the secondary structure of RNase A were detected from 29°C-80°C by monitoring the molar ellipticity at 222 nm (Fig. 1). In phosphate buffer (pH 6.4) the RNase A melting temperature ( $T_m$ ) is 62.9°C. In the presence of 700 mM Gdn, the  $T_m$  decreases to 48°C. Addition of 350 mM TMAO to this solution raises the  $T_m$  by >2°C to 50.2°C. The magnitude and trend of these effects are similar to those observed with RNase A and with other proteins (Yancey and Somero 1979; DeKoster and Robertson 1997; Poklar et al. 1999).

#### NMR spin-relaxation

In this study, TMAO and Gdn have little effect on the RNase A resonance positions similar to observations with cold-shock protein A (Jaravine et al. 2000). Therefore, the assignment of all resonances in RNase A could be determined in the presence of solutes by monitoring the peak positions during titration of Gdn or TMAO into the RNase A solution.

Motions of the N-H bond vector at discrete frequencies, which modulate the <sup>15</sup>N chemical-shift anisotropy (CSA) and <sup>1</sup>H-<sup>15</sup>N dipolar interaction, will result in decay (relaxation) of nonequilibrium nuclear magnetization (Abragam 1961). Therefore, there is a direct linkage between protein dynamics and NMR spin-relaxation. Protein motion at these frequencies is commonly described by the spectral density function  $J(\omega)$ , which relates the frequency of these motions to the measured NMR relaxation rates (Abragam 1961). The amplitudes and timescales of these protein motions are described by the model-free formalism, which models the spectral density function as (Lipari and Szabo 1982a,b; Clore et al. 1990)

$$J(\omega) = \frac{2}{5} \left[ \frac{S^2 \tau_m}{1 + (\omega \tau_m)^2} + \frac{\left(1 - S_f^2\right) \tau_f'}{1 + \left(\omega \tau_f'\right)^2} + \frac{\left(S_f^2 - S^2\right) \tau_s'}{1 + \left(\omega \tau_s'\right)^2} \right]$$
(1)



**Figure 1.** Thermal denaturation of RNase A. The molar ellipticity at 222 nm was monitored by circular dichroism spectroscopy for 20  $\mu$ M native RNase A ( $\bullet$ ), 15  $\mu$ M RNase A + 700 mM guanidine hydrochloride ( $\mathbf{V}$ ), and 20  $\mu$ M RNase A + 700 mM guanidine hydrochloride + 350 mM TMAO ( $\mathbf{\Phi}$ ).

in which  $\tau'_{f} = \tau_{e}\tau_{m}/(\tau_{e}+\tau_{m}), \tau'_{s} = \tau_{s}\tau_{m}/(\tau_{s}+\tau_{m}), \tau_{m}$  is the isotropic rotational correlation time of the macromolecule,  $\tau_e$  is the effective correlation time for fast (<200 psec) internal motions, and  $\tau_s$  the correlation time for slow (~nsec) motions ( $\tau_e < \tau_s < \tau_m$ ). Corrections for nonisotropic macromolecular tumbling, in most cases, are readily implemented (Woessner 1962; Lee et al. 1997).  $S^2 = S_f^2 S_s^2$  is the square of the generalized order parameter that characterizes the amplitude of internal motions, and  $S_f^2$  and  $S_s^2$  are the order parameters for internal dynamics on the fast and slow time scales, respectively. The order parameter describes the amplitude of bond vector motions in the time range from picoseconds to nanoseconds and has values from 0 for unrestricted motions to 1 indicating a static bond vector in the molecular reference frame. Consequently, measurement of <sup>15</sup>N longitudinal and transverse relaxation rates in combination with the <sup>1</sup>H-<sup>15</sup>N heteronuclear NOE allows sampling of the spectral density function and thus amplitudes and time scales of protein motion can be determined.

<sup>15</sup>N-longitudinal and transverse relaxation rates and the <sup>1</sup>H-<sup>15</sup>N heteronuclear NOE were determined for RNase A, RNase A + 700 mM Gdn (RNase A/Gdn), and RNase A + 700 mM Gdn + 350 mM TMAO (RNase A/Gdn/ TMAO) at 600 MHz and 300 K. For the RNase A backbone, the average relaxation rates for nonproline residues with good resolution and signal-to-noise values are  $R_1 = 1.64 \pm 0.08 \text{ sec}^{-1}$  (n = 99);  $R_2 = 9.77 \pm 2.39 \text{ sec}^{-1}$ (n = 98), and NOE = 0.782  $\pm$  0.044 (n = 94). In the presence of 700 mM Gdn,  $R_1 = 1.57 \pm 0.07 \text{ sec}^{-1}$ (n = 97);  $R_2 = 9.27 \pm 1.29 \text{ sec}^{-1}$  (n = 93) and NOE =  $0.724 \pm 0.068$  (*n* = 92). When both 700 mM Gdn and 350 mM TMAO are added to the RNase A solution, the spin-relaxation values are  $R_1 = 1.35 \pm 0.10$  $\sec^{-1}(n = 97), R_2 = 11.38 \pm 2.39 \sec^{-1}(n = 96), \text{ and}$ NOE =  $0.758 \pm 0.075$  (n = 96). The residue specific values are shown in Figure 2.

## Model-free protein dynamics

The model-free analysis of the NMR spin-relaxation data provides information on the overall rotational properties of RNase A as well as information on the internal backbone dynamics within the molecular reference frame. For RNase A, RNase A/Gdn, and RNase A/Gdn/TMAO the average rotational correlation times,  $\tau_m$ , determined from the model free analysis of the NMR relaxation data are 6.65  $\pm$  0.01, 6.83  $\pm$  0.01, and 8.49  $\pm$  0.02 nsec. The value of 6.65 nsec for native RNase A is in good agreement with values previously determined in this lab of 6.61 nsec (Kovrigin et al. 2003). The increase in  $\tau_m$  with added Gdn and TMAO is consistent with the increase in solution viscosity of these samples caused by the addition of cosolute. At the RNase



**Figure 2.** Residue-specific NMR spin-relaxation rates. Longitudinal ( $R_1$ ) (A) and transverse ( $R_2$ ) (B) relaxation rates and the steady-state heteronuclear NOE (C) are shown as a function of the RNase A primary sequence for native RNase A (black circles), RNase A + 700 mM guanidine hydrochloride (red circles), and RNase A + 700 mM guanidine hydrochloride + 350 mM TMAO (blue circles). The location of secondary structure elements is shown at the *top* of the figure.

A concentrations used in these studies, no evidence of protein aggregation is observed (data not shown). In all cases, the spin-relaxation was best fit in the context of an axially symmetric rotational diffusion tensor with values of  $D_{\parallel}/D_{\perp} = 0.84 \pm 0.01$ ,  $0.87 \pm 0.01$ , and  $0.89 \pm 0.01$  for RNase A, RNase A/Gdn, and RNase A/Gdn/TMAO, respectively, and are similar to values previously determined (Cole and Loria 2002, 2003; Kovrigin et al. 2003).

The results of the model-free analysis for RNase A are shown in Figure 3. The overall average order parameter ( $\pm$ SD) for RNase A in each cosolute is  $S^2 = 0.868 \pm 0.042$ (n = 91), 0.831  $\pm$  0.047, (n = 91), and 0.858  $\pm$  0.061 (n = 86) for RNase A, RNase A/Gdn, and RNase A/Gdn/ TMAO, respectively. The residue-specific values are provided in the Supplemental Material. Amino acid residues with the same motional model, under the different solution conditions, have significant correlations in their corresponding  $S^2$  values. For RNase A and RNase A/Gdn, the correlation coefficient is 0.88 (n = 40); for RNase A and



**Figure 3.** Residue specific order parameters  $(S^2)$ . (A-C)  $S^2$  values as a function of RNase A primary sequence for native RNase A (black circles), RNase A + 700 mM guanidine hydrochloride (red circles), and RNase A + 700 mM guanidine hydrochloride + 350 mM TMAO (blue circles). The location of secondary structure elements is shown at the *top* of the figure. Black, blue, and red horizontal dashed lines show the proteinwide average  $S^2$  value for native, RNaseA/Gdn/TMAO, and RNase A/Gdn samples, respectively.

RNase A/Gdn/TMAO, r = 0.76 (n = 51), and for RNase A/Gdn/TMAO and RNase A/Gdn, the correlation coefficient is 0.77 (n = 43).

For all residues in which model-free analysis could be performed, a *t*-test comparison of  $S^2$  values for RNase A and RNase A/Gdn (t = 9.40, dof = 81, p < 0.0001) indicate that the difference in  $S^2$  values is significant from zero. Comparison of  $S^2$  for RNase A and RNase A/Gdn/ TMAO gives t = 1.97, dof = 78, p = 0.053, and therefore these differences are not different from zero at the strict 95% level. Further comparison between RNase A/Gdn and RNase A/Gdn/TMAO (t = 4.02, dof = 82, p = 0.0001) indicates statistically significant differences in the internal dynamics parameters. Thus, native RNase A and RNase A/Gdn/TMAO have similar dynamics parameters and both are significantly different from RNase A in the presence of 700 mM guanidine hydrochloride alone.

Further dissection of  $S^2$  values by RNase A secondary structure shows a similar trend as that observed for the  $S^2$  values for the enzyme as a whole (Table 1), that is, the enzyme experiences increased backbone flexibility in the presence of guanidine-HCl, whereas TMAO partially reverses this trend, resulting in dynamics more similar to native RNase A. A t-test of these 2° structure order parameters shows that there are significant differences  $(p \le 0.05)$  for loop2,  $\alpha$ 3, loop5, and  $\beta$ 6 (Table 2) between RNase A and RNase A/Gdn. At  $p \le 0.10$  an additional three  $2^{\circ}$  structure elements ( $\alpha 1$ ,  $\beta 1$ , and  $\beta 4$ ) can be considered to be statistically different from each other for these two solution conditions. In contrast, comparison of RNase A and RNase A/Gdn/TMAO at the 2° structure level shows no significant differences from zero for these order parameters (Table 2).

In addition to the increase in flexibility of RNase A in guanidinium hydrochloride, a significant number of residues (n = 41) require the model-free models 2, 4, or 5 for proper fitting. A common feature of models 2, 4, and 5 is the inclusion of the  $\tau_e$  term to account for additional picosecond time-scale motions (Lipari and Szabo 1982a, b). These residues include A6, F8, S16, S22, Q28, S32, R33, T36, K37, R39, C40, K41, V43, N44, T45, E49, Q55, A56, V57, Q60, V63, C65, C72, Y76, S77, M79, S80, D83, E86, T87, S90, C95, A96, I106, I107, G112, N113, V116, H119, A122, and S123 (Fig. 4), whereas in native RNase A, only A19, E49, and N113 require a  $\tau_e$  term in the model-free analysis. In RNase A/Gdn, all of these residues have  $\tau_e$  values ranging between 22 psec for C65 and 130 psec for S16 with the exception of G112 ( $\tau_e$  value of 1700  $\pm$  700 psec). The addition of TMAO results in a significant decrease in the number of residues (n = 19) requiring a  $\tau_e$  term (Fig. 4C) relative to the RNase A/Gdn sample. These residues are A5, S16, S22, K37, R39, K41, T45, V47, E49, N67, T70, T78, T87, K91, Y97, G112, N113, Y115, and S123. Again, these data are consistent with TMAO acting to reverse the non-native protein dynamics caused by the denaturant, guanidine.

The extent of microsecond–millisecond ( $\mu$ s–ms) protein conformational exchange motion manifests, in the model-free analysis as an exchange term,  $R_{ex}$  (models 3 and 4). There are no significant differences in the protein sites experiencing conformational exchange in native, Gdn, and Gdn/TMAO samples of RNase A. Twenty-one residues in native RNase A experience conformational exchange, consistent with previous observations (Cole and Loria 2002, 2003; Beach et al. 2005; Kovrigin and Loria 2006a,b). In RNase A/Gdn and RNase A/Gdn/TMAO there are 17 and 10 residues, respectively, that undergo conformational exchange motion at similar amino acid sites

2° Structure (residues)	RNase A	n	RNase A / 700 mM Gdn-HCl	n	RNase A / 700 mM Gdn-HCl / 350 mM TMAO	
α1 (4–12)	0.894 (0.020)	8	0.866 (0.033)	8	0.876 (0.039)	7
L1 (13–24)	0.888 (0.029)	5	0.822 (0.045)	7	0.852 (0.114)	6
α2 (25–32)	0.896 (0.017)	7	0.878 (0.025)	7	0.886 (0.033)	7
L2 (33-42)	0.876 (0.040)	8	0.828 (0.055)	8	0.848 (0.063)	8
β1 (43-47)	0.885 (0.063)	4	0.834 (0.039)	5	0.852 (0.083)	5
α3 (51–63)	0.910 (0.032)	8	0.853 (0.027)	6	0.896 (0.048)	7
L4 (64–71)	0.864 (0.016)	7	0.847 (0.018)	6	0.850 (0.024)	4
β4 (79–86)	0.856 (0.030)	5	0.829 (0.026)	7	0.857 (0.057)	5
L5 (87–96)	0.836 (0.021)	6	0.798 (0.030)	6	0.822 (0.055)	6
β5 (97–111)	0.853 (0.021)	11	0.841 (0.043)	8	0.847 (0.032)	9
β6 (116–123)	0.868 (0.036)	5	0.820 (0.034)	6	0.846 (0.064)	6

**Table 1.** Average  $S^2$  values for secondary structure elements

Standard deviations are listed in parentheses.

as native RNase A. Many of these seemingly unaccounted for differences in sites in conformational exchange are the result of residues in RNase A/Gdn and RNase A/Gdn/TMAO that are broad and have low signal-to-noise, which is characteristic of conformational exchange motion, and were therefore not analyzed further. Consequently, conformational exchange motion appears to not be affected by the presence of these cosolutes.

## Discussion

## Protein dynamics and stability

There is great interest in the physicochemical factors that determine protein stability and those that modulate protein dynamics. Forces (stabilizing) that protect proteins from denaturation may or may not be distinct from those forces that rigidify the protein. For example, some

crystallographic studies have identified thermophilic proteins as possessing smaller Debye-Waller factors than their mesophilic counterparts, suggesting a link and inverse correlation between thermal stability and protein dynamics (Vihinen 1987). In addition, there have been a number of studies, both experimental and computational, that provide a correlation for (Wagner and Wuthrich 1979; Lazaridis et al. 1997; Tang and Dill 1998; Zavodszky et al. 1998; Svingor et al. 2001; Tsai et al. 2001) or show no evidence for (Colombo and Merz 1999: Fitter and Heberle 2000: Hernandez et al. 2000: Fitter et al. 2001; Grottesi et al. 2002) a link between dynamics and stability. In general, the results of this work supports an inverse correlation between protein dynamics and stability, though the increase in protein rigidity with TMAO in the presence of guanidine must be considered in light of the slight (2°C increase) in  $T_{\rm m}$  that is measured by CD spectroscopy.

Table 2. t-Test results for secondary structure elements

2° Structure (residues)		RNase A /	RNaseA/G <sup>a</sup>	l	RNase A / RNaseA/G+T <sup>b</sup>			
	$\overline{\Delta}$	dof	t	р	$\overline{\Delta}$	dof	t	р
α1 (4–12)	0.028	7	1.90	0.10	0.016	6	1.13	0.30
L1 (13-24)	0.032	3	1.80	0.17	0.020	3	0.45	0.68
α2 (25–32)	0.018	6	1.76	0.13	0.009	6	0.74	0.49
L2 (33-42)	0.047	7	4.68	0.002	0.027	7	1.66	0.14
β1 (43-47)	0.062	3	2.78	0.07	0.028	3	0.50	0.65
α3 (51–63)	0.052	8	4.21	0.03	0.0039	8	0.36	0.73
L4 (64–71)	0.018	5	1.49	0.20	0.0003	3	0.02	0.98
β4 (79–86)	0.031	4	2.59	0.06	0.001	4	0.11	0.92
L5 (87–96)	0.036	4	6.18	0.003	0.003	4	0.14	0.89
β5 (97–111)	0.017	7	1.59	0.16	0.009	8	0.66	0.53
β6 (116–123)	0.043	4	6.29	0.003	0.036	4	2.17	0.11

<sup>a</sup>t-Test results for comparison of native RNase A and RNase A/Gdn.

<sup>b</sup>t-Test results for comparison of native RNase A and RNase A/Gdn/TMAO.  $\overline{\Delta}$  is the mean difference between the data sets, *dof* are the degrees of freedom, *t* is the *t*-value, and *p* is the probability.



**Figure 4.** Structural context of RNase A backbone dynamics. Residues in RNase A in which an internal correlation time ( $\tau_e$ ) is part of the model-free dynamics analysis are colored red on the illustration of RNase A. (*A*) Data for native RNase A, (*B*) RNase A + 700 mM guanidine hydrochloride + 350 mM TMAO, and (*C*) RNase A + 700 mM guanidine hydrochloride. The two panels in *C* are related by 180° rotation. For aid in viewing, selected residues are labeled with the one-letter amino acid code; in *A*, 2° structure elements are identified to orient the reader. Residues in gray are those that were not analyzed, including proline, overlapped residues, or those with low signal-to-noise values. The figure was prepared with the program MacPyMOL (DeLano 2005).

# CD spectroscopy

As expected, submolar amounts of guanidinium hydrochloride have a small but detectable effect on the melting transition of RNase A, and in molar ratios of 2:1 denaturant to TMAO this effect is partially reversed. However, it should be noted that at the temperature of these NMR experiments (300 K), RNase A exists in essentially the fully folded, native conformation under all conditions used in this study (Udgaonkar and Baldwin 1990; Qu and Bolen 2003). The native state is populated to >99.5% under all conditions investigated here (Qu and Bolen 2003). Thus, measured changes in protein dynamics can be considered to occur within the native-state ensemble. The native conformation is also supported by the nearly identical <sup>1</sup>H-<sup>15</sup>N HSQC experiments under the various solution conditions (data not shown).

## RNase A/Gdn

The addition of 700 mM Gdn to RNase A resulted in a decrease in average order parameters for the N-H bond

vector from  $S^2 = 0.868$  for native RNase A to  $S^2 = 0.831$  for RNase A in denaturant. These effects occur throughout the RNase A structure, thereby indicating a global effect of the denaturant on protein dynamics. Because the N-H order parameter is directly related to the backbone conformational entropy (Akke et al. 1993; Li et al. 1996; Yang and Kay 1996), these data indicate that at nondenaturing concentrations Gdn acts to increase the backbone entropy relative to the native state of RNase A. If this bond vector motion is modeled assuming diffusion in a cone, then the relation between  $S^2$  and the semi-angle,  $\theta$  for motion in this cone is given by (Lipari and Szabo 1982a)

$$S^{2} = \left[0.5\cos\theta(1+\cos\theta)\right]^{2} \tag{2}$$

Applying this relation to the RNase A order parameters indicates a modest increase in average motional amplitude from 17.5° for native RNase A to 20° for RNase A/Gdn. The increase in  $S^2$  values to 0.858 upon TMAO addition to the RNase A/Gdn solution gives an average

bond vector amplitude of 18°, nearly that of native RNase A. These data indicate that the amplitude of bond vector motions in native RNase A and RNase A/Gdn/TMAO are nearly identical.

Though the effects of Gdn on RNase dynamics are global, the most statistically significant increases in psecnsec dynamics occur in loop2, loop5,  $\alpha$ 3, and  $\beta$ 6 (Fig. 5). Moreover, three amino acid residues show large  $(\Delta S^2 = S^2_{apo} - S^2_{Gdn} > 0.1)$  increases in dynamics upon the addition of Gdn: V43,  $\Delta S^2 = 0.125$ ; V57,  $\Delta S^2 = 0.138$ ; and G112,  $\Delta S^2 = 0.138$ . Valine 57 is in the middle of  $\alpha$  helix 3 and has its amide nitrogen hydrogen bonded to the carbonyl oxygen of V54. V43 is positioned at the N terminus of  $\beta$ 1 and G112 is located in the loop connecting  $\beta 5$  and  $\beta 6$ , with both of these residues having solvent-exposed amide nitrogen atoms. Interestingly, G112 is located in the loop that facilitates formation of the C-domain swapped dimer in RNase A (Liu et al. 2001). These three regions of enhanced dynamics (loop2, loop5,  $\alpha$ 3, and  $\beta$ 6) are solvent exposed, thereby indicating that the primary effects of low concentrations of denaturant occur on the surface of the protein, suggesting that backbone fluctuations that lead to local unfolding may be the first step in unfolding of the entire enzyme. Several residues in these regions have been shown by hydrogen exchange experiments to be some of the first regions to undergo unfolding including N34, V43, S59, and K91 (Juneja and Udgaonkar 2002). In somewhat of a contrast, other experiments indicate that N34, V43, and S59 are weakly protected from exchange in an early folding intermediate (Udgaonkar and Baldwin 1990). In addition, the N-terminal,  $\alpha 1$  region is shown to be formed last during folding and is one of the first regions to become destabilized in the unfolding process (Udgaonkar and Baldwin 1990; Houry and Scheraga 1996; Juneja and Udgaonkar 2002). The studies described



**Figure 5.** Guanidine-induced changes in protein backbone dynamics. Regions of RNase A in which backbone dynamics show the largest statistical difference from native RNase A (by *t*-test,Table 2) are colored black. Statistically significant differences are those in which p < 0.05 (Devore 2000). The figure was prepared with the program MacPyMOL (DeLano 2005).

in this work, at low denaturant concentration, indicate small differences (p = 0.01) in psec-nsec dynamics in  $\alpha$ 1 between native and RNase A/Gdn and, therefore, may report on motional processes different from those sampled by hydrogen exchange measurements.

An interesting feature that emerged from these dynamics studies is the increased number of amino acid sites that experience additional picosecond fluctuations in the presence of Gdn (Fig. 4). These picosecond motions, characterized by a  $\tau_e$  term, cluster together in the RNase A structure, suggesting that the model-free analysis is capturing real changes in protein dynamics and that these fluctuations are structurally correlated. For example, residues comprising two of the four disulfide bonds (C95-C40 and C65-C72) in RNase A possess additional picosecond dynamics. Residues I106, I107, A122, S123, C72, and C65 are located near each other on adjacent B-sheets (Fig. 4C). Additionally, B5 (97-111) and B6 (116–123) pack onto  $\alpha$ 3 (51–63), and residues in each of these secondary structure elements experience additional picosecond dynamics. This is also the case of adjacent  $\beta$  strands 1 and 4 and loops 2 and 5. Finally, whereas the  $S^2$  values in  $\alpha 1$  did not indicate that Gdn had a significant effect on the amplitude of motion relative to native RNase A (vide supra), several residues in  $\alpha 1$  for the RNase A/ Gdn sample also require  $\tau_e$  in the model-free fitting. These Gdn-induced effects observed here may indicate a correlation between instability and increased dynamics. fact, previous studies suggest that In this N-terminal region is a site of instability and potentially one of the first regions of RNase A to unfold (Udgaonkar and Baldwin 1990; Houry and Scheraga 1996; Juneja and Udgaonkar 2002). These additional picosecond motions observed in the presence of Gdn suggest a hierarchical mechanism in which very fast native-state bond vector motions increase in amplitude and begin to sample additional conformational substates.

## RNase A/Gdn/TMAO

As noted, osmolytes such as TMAO should exert their stabilizing effects in a general way because their role is to stabilize many distinct cellular proteins (Yancey 2001). In organisms that produce TMAO to counteract the effects of chemical denaturant, the ratio of denaturant to TMAO is typically 2:1 and the absolute concentrations are found to be <1 M (Yancey 1994, 2001; Yancey et al. 2001). Therefore, in this NMR work similar conditions were used. As shown in Tables 1 and 2 and Figure 3, TMAO effects changes in protein dynamics caused by Gdn to render them statistically indistinguishable from native RNase A. This is somewhat at odds with the work of Gonnelli and Strambini, in which, based on phosphorescence lifetime measurements with apoazurin, alcohol

dehydrogenase, alkaline phosphatase, and glyceraldehyde-3-phosphate dehydrogenase, they observe no effect of TMAO on the internal dynamics of these proteins (Gonnelli and Strambini 2001). This contrasting view of the effects of TMAO may be due to the much different time scale that is probed by the phosphorescence and NMR techniques or by the limited site resolution of phosphorescence measurements. Moreover, our results clearly show significant effects on protein dynamics caused by TMAO and are in agreement with other experimental and theoretical studies, indicating that TMAO reverses the effects of chemical denaturants by decreasing the fluctuations of the native state (Jaravine et al. 2000: Ou and Bolen 2003: Bennion and Daggett 2004: Gahl et al. 2004). However, the NMR spin-relaxation experiments described here provide two additional important pieces of information that complement and add to the experimental studies noted above. First, these NMR spin-relaxation experiments typically allow analysis of significantly more residues than other methods and thus result in a more complete dynamics picture. Second, motions over a large time window (psec-msec) can be examined by these experiments, thereby providing additional insight on the types of protein motions involved.

For example, as demonstrated in Figure 4C, in the presence of guanidine the dynamics description of 41 residues requires the inclusion of an internal correlation time  $\tau_e$ , whereas in native RNase A there are only three  $\tau_e$  requiring residues and in the RNase A/Gdn/TMAO sample this number is 19.  $\tau_e$  in the model-free formalism suggests the presence of additional internal motion occurring on a timescale from 20 to 200 psec. Of these 41 sites in both the native and Gdn/TMAO RNase A samples, all but nine (K37, R39, K41, T45, E49, T87, G112, N113, and S123) are best described by models not containing  $\tau_e$ , indicating that for these 32 residues the internal correlation time is very fast (<20 psec) in the native and Gdn/TMAO RNase A forms. TMAO reverses the effects of guanidine by reducing the amplitude of fluctuations as measured by the NMR order parameters and causes a reduction in the number of residues experiencing internal motions on the  $\tau_e$  time scale (20 psec  $< \tau_{\rm e} < \tau_{\rm m}$ ).

These studies demonstrate that TMAO restricts the increase in conformational space sampled by the N-H bond vectors in the presence of guanidine hydrochloride alone. Thus, TMAO causes more restricted, native-like protein fluctuations, possibly limiting access to higher energy conformational substates that would ultimately lead to protein denaturation. Several of the protein sites experiencing this TMAO-induced reversal of dynamics reflect those identified by hydrogen exchange experiments (Idiyatullin et al. 2003), which occurs on a much slower time scale, suggesting that NMR spin-relaxation experiments are a useful and complementary tool for

studying protein stability. The nearly uniform nature of the effects on protein dynamics and NMR chemical shifts caused by TMAO argues against specific protein binding (Lin and Timasheff 1994; Zou et al. 2002). Finally, these NMR experiments are independent of the mechanism of amide hydrogen exchange with solvent and, therefore, their interpretation is often more straightforward.

# Materials and methods

## Protein preparation

The plasmid (pBXR) encoding RNase A was a gift from Professor Ronald T. Raines (University of Wisconsin-Madison). <sup>15</sup>N-labeled RNase A was expressed and purified from *Escherichia coli* strain BL21 (DE3) as described previously (Cole and Loria 2002). The <sup>15</sup>N-labeled RNase A sample used here was provided by Dr. Evgenii Kovrigin (Yale University). RNase A was judged pure by SDS-PAGE and MALDI-TOF mass spectrometry. The concentration of RNase A was determined using a molar extinction coefficient,  $\varepsilon_{278} = 9800 \text{ M}^{-1} \text{ cm}^{-1}$  (Anderson et al. 1968). Trimethylamine *N*-oxide (TMAO) and guanidine hydrochloride (Gdn) were purchased from Sigma-Aldrich and were of the highest purity available. Concentrations of these cosolutes were determined gravimetrically. All reference to the RNase A three-dimensional structures are based on the X-ray crystal structure 7RSA (Wlodawer et al. 1988).

## Circular dichroism spectroscopy

For CD experiments, [RNase A] = 20 or 15  $\mu$ M in 10 mM potassium phosphate buffer (pH 6.4). In the temperaturedependent studies, guanidine hydrochloride (Gdn) and/or trimethylamine *N*-oxide (TMAO) were included in this buffer at the noted concentrations. In all cases, blanks were run with identical buffer components excluding RNase A. Melting profiles were determined by monitoring the change in molar ellipticity at 222 nm between 302 and 353 K (29°C–81°C). The temperature was increased at a rate of 1°C/min with data acquisition for 5 sec at each temperature on an Aviv CD spectrometer. All melting curves were performed in triplicate and the values were averaged.

## NMR spectroscopy

For NMR experiments, [RNase A] = 0.65 mM in 5 mM MES buffer (pH 6.4) and 10% D<sub>2</sub>O. NMR experiments were performed on either a Varian Inova 600 or Varian Unity+ 600 MHz instruments. The temperature was calibrated prior to each experiment at 300 K using 100% methanol as a standard. The <sup>1</sup>H carrier frequency was set to the water resonance and the <sup>15</sup>N frequency was set to 120 ppm. All experiments were collected using gradient-selected sensitivity-enhanced pulse sequences (Kay et al. 1992; Kördel et al. 1992; Palmer et al. 1992; Skelton et al. 1993) with 128  $t_1$  increments and 2k points in the direct dimension with spectral widths of 1800 and 9000 Hz, respectively. The data were zero filled prior to Fourier transformation. A Kaiser window (Cavanagh et al. 1996) was applied to the  $t_1$  dimension with Lorentz-to-Gauss resolution enhancement in  $t_2$ . All NMR were processed using

NMRPipe (Delaglio et al. 1995) and visualized with Sparky (T.D. Goddard and D.G. Kneller, University of California, San Francisco). Peak heights were determined from  $3 \times 3$  grids centered on the peak maximum.

For the  $R_1$  and  $R_2$  relaxation rate measurements, each experiment was preceded by a 2.7-sec recycle delay. Relaxation delays for the  $R_1$  experiments were 2 (×2), 102, 222, 357, 512, 692, 912 (×2), and 1202 msec. The  $R_2$  experiments were acquired with relaxation delays of 0 (×2), 10, 22, 38 (×2), 70, 92, 122, and 162 msec. All relaxation data was fit with a single exponential decay function to obtain the relaxation rates using Curvefit (http://cpmcnet.columbia.edu/dept/gsas/biochem/ labs/palmer/software.html). <sup>1</sup>H(<sup>15</sup>N) 90° pulse lengths (microseconds) for the RNase A, RNase A/700 mM Gdn-HCl, and RNase A/700mM Gdn-HCl/350 mM TMAO samples were 9.5 (37.5), 14.0 (37.3), and 12.5 (38.0), respectively. The heteronuclear NOE effect was measured using interleaved experiments with and without proton saturation pulses with 10-sec recycle delays.

#### Model-free dynamics analysis

Amide backbone dynamics were characterized by fitting the experimentally determined  $R_1$ ,  $R_2$ , and NOE to each of five spectral density models with the corresponding free parameters (Lipari and Szabo 1982a,b; Clore et al. 1990).

$$\frac{\text{model 1}}{R_{ex}}, S^2; \frac{\text{model 2}}{S}, S^2, \tau_e; \frac{\text{model 3}}{S}, S^2, R_{ex}; \frac{\text{model 4}}{S}, S^2, \tau_e,$$

$$R_{ex}; \frac{\text{model 5}}{S_f}, S_f^2, S^2, \tau_e$$
(3)

in which  $S^2$  is the generalized order parameter,  $S_f^2$  is the order parameter for motion with a correlation time faster than 10-20 psec,  $R_{ex}$  is the contribution due to conformational exchange motion ( $\tau_c \sim \mu$ sec-msec), and  $\tau_e$  is the internal correlation time (20 psec  $< \tau_e < 200$  psec). Motional parameters were determined using the program FAST-model free (Cole and Loria 2003) interfaced with Model-Free 4.1 (http://cpmcnet.columbia.edu/ dept/gsas/biochem/labs/palmer/software.html). The statistical criteria used for model selection is as described by Mandel et al. (1995). Prior to model fitting, the RNase A rotational diffusion tensor was estimated from  $R_2/R_1$  ratios and the program pdbinertia (http://cpmcnet.columbia.edu/dept/gsas/ biochem/labs/palmer/software.html) using the crystal structure of RNase A (7RSA), in which hydrogens had been added and the molecule minimized to <0.1 kcal energy difference using the minimize routine in the program TINKER v4.2. For the modelfree analysis, the N-H bond length was assumed to be 1.02 Å and the <sup>15</sup>N chemical-shift anisotropy was assumed to be axially symmetric with a value of -160 ppm. Other aspects of the model-free fitting are as described previously (Cole and Loria 2003; Kovrigin et al. 2003).

## **Electronic supplemental material**

Supplemental material contains the NMR spin-relaxation rates and the results of model free analysis.

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