

Rapid Report

Fundamental calcium release events revealed by two-photon excitation photolysis of caged calcium in guinea-pig cardiac myocytes

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1. In cardiac muscle, 'Ca²⁺ sparks' have been proposed to underlie Ca²⁺-induced Ca²⁺ release (CICR), and to result from openings of clusters of Ca²⁺ channels (ryanodine receptors; RyRs) located in the sarcoplasmic reticulum membrane.
2. To investigate the elementary nature of these Ca²⁺ signals directly, a diffraction-limited point source of Ca²⁺ was created in single cardiac myocytes by two-photon excitation photolysis of caged Ca²⁺. Simultaneously, concentration profiles of released Ca²⁺ were imaged at high temporal and spatial resolution with a laser-scanning confocal microscope.
3. This approach enabled us to generate and detect photolytic Ca²⁺ signals that closely resembled the Ca²⁺ sparks occurring naturally, not only in amplitude and size, but also in their ability to trigger additional Ca²⁺ sparks or Ca²⁺ waves.
4. Surprisingly, at low photolytic power minuscule events with estimated Ca²⁺ release fluxes 20–40 times smaller than those calculated for a typical Ca²⁺ spark were directly resolved. These events appeared to arise from the opening of a more limited number of RyRs (possibly one) or from RyRs exhibiting a different gating mode and may correspond to the elusive 'Ca²⁺ quark'.
5. The Ca²⁺ quark represents the fundamental Ca²⁺ release event of excitable cells implementing hierarchical Ca²⁺ signalling systems with Ca²⁺ release events of various but distinct amplitude levels (i.e. Ca²⁺ quarks, Ca²⁺ sparks and full cellular Ca²⁺ transients).
6. A graded recruitment of nanoscopic Ca²⁺ release domains (i.e. Ca²⁺ quarks) exhibiting variable degrees of spatial coherence and coupling may then build up intermediate Ca²⁺ signalling events (i.e. Ca²⁺ sparks). This mechanism suggests the existence of Ca²⁺ sparks caused by gating of a variable fraction of RyRs from within an individual cluster. Additional

In cardiac muscle, the Ca²⁺ signal activating contraction is initiated by Ca²⁺ influx via L-type Ca²⁺ channels. In most species, this trigger signal is amplified severalfold by CICR from the sarcoplasmic reticulum (SR; Fabiato, 1985). With the recent discovery of subcellularly localized SR Ca²⁺ release events (Ca²⁺ sparks; Cheng, Lederer & Cannell, 1993; Lipp & Niggli, 1994) a model for CICR was proposed in which a variable number of functionally independent SR Ca²⁺ release units could be recruited by L-type Ca²⁺ channels via a local control mechanism. This mechanism relies on nanodomains around the cytosolic opening of single voltage-operated Ca²⁺ channels (Stern 1992; Cannell, Cheng & Lederer, 1994,

1995; López-López, Shacklock, Balke & Wier, 1994; Niggli & Lipp, 1995; Lipp & Niggli, 1996a).

Although this model could account for a large number of experimental findings, some features are not yet defined due to a lack of experimental data. For example, information about the microarchitecture of the functionally important proteins in the cardiac diadic junction is scarce (Protasi, Sun & Franzini-Armstrong, 1996), particularly for mammalian species. This information would be pertinent to answer the question of how many SR Ca²⁺ release channels may contribute to a Ca²⁺ spark and whether this number is invariant under all conditions. Variability in the number (or

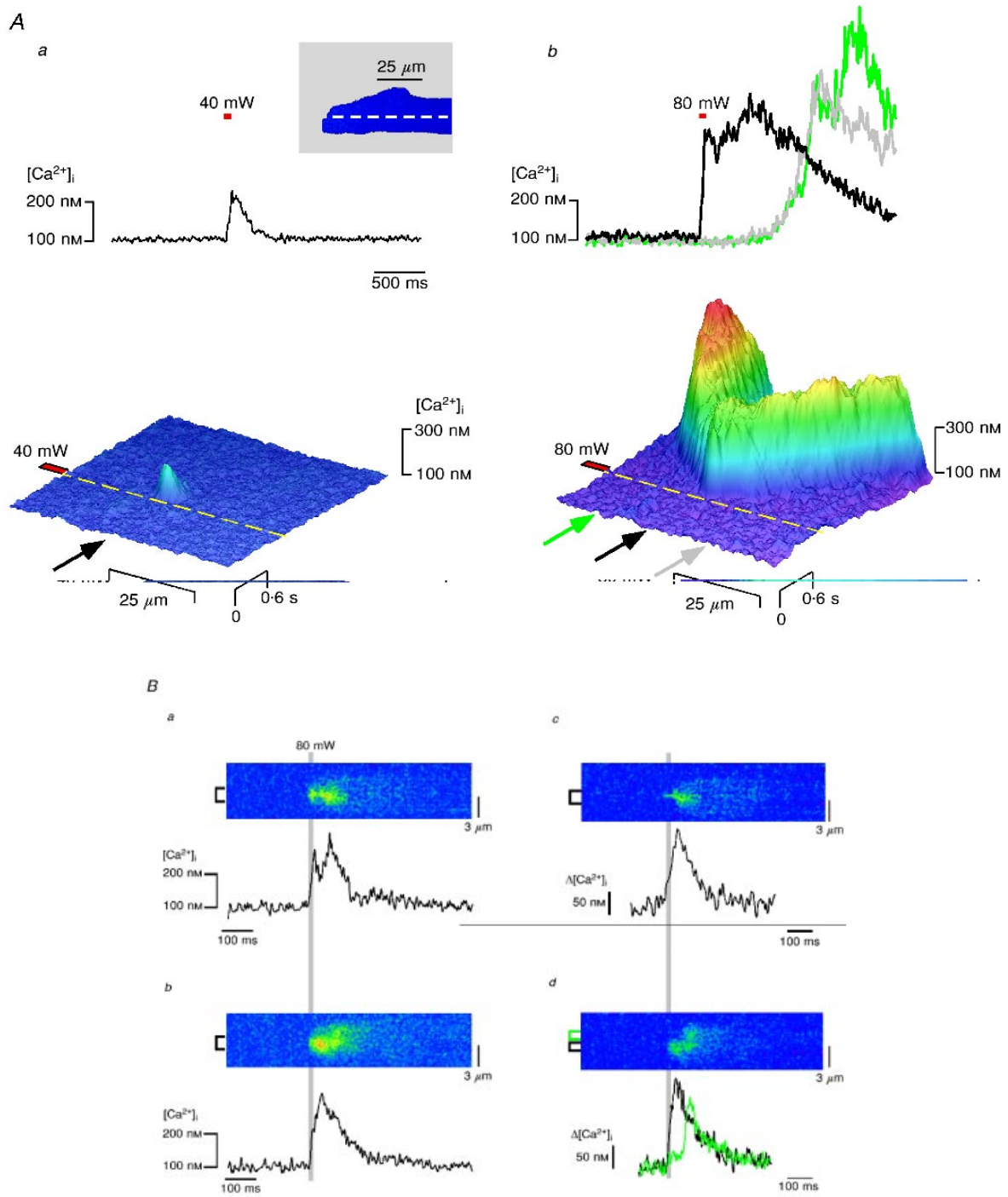


Figure 1. Two-photon photolysis (TPP) can trigger Ca^{2+} sparks and propagating Ca^{2+} waves
 A, TPP at 40 mW (50 ms, red bar) excitation resulted in a photolytic signal similar to a Ca^{2+} spark (a). Increasing the photolytic laser power to 80 mW (duration, 50 ms) triggered regenerative CICR from the SR

gating) of Ca²⁺ release channels could provide an explanation for the observation of SR Ca²⁺ release with distinct spatial features. For example, UV flash photolysis of caged Ca²⁺ was found to generate homogeneous Ca²⁺ release from the SR without detectable Ca²⁺ sparks and we proposed that a Ca²⁺ release event smaller than a spark may exist – the Ca²⁺ quark (Lipp & Niggli, 1996*b*). A similar homogeneous type of Ca²⁺ release has also been reported when SR Ca²⁺ release was triggered by Na⁺ current (Niggli & Lipp, 1996) and in skeletal muscle under conditions where CICR was inhibited (Shirakova & Rios, 1997; see also Lipp & Bootman, 1997). Theoretically, the minimal local control unit would correspond to an individual L-type Ca²⁺ channel associated with a single Ca²⁺ release channel (RyR) of the SR, both coupled by a nanodomain of Ca²⁺ signalling (i.e. the ‘Ca²⁺ synapse’ model (Stern, 1992)) but other arrangements may also be possible. For example, an L-type Ca²⁺ channel could control a cluster of SR Ca²⁺ release channels (‘cluster bomb’ model; Stern, 1992), either because of an ultrastructural clustering of RyRs or because of the spatially limited Ca²⁺ concentration domain around the cytosolic mouth of the L-type Ca²⁺ channel.

In the present study we tried to more directly probe the elementary nature of cardiac Ca²⁺ release events by combining laser-scanning confocal detection of Ca²⁺ release events and diffraction limited two-photon excitation photolysis of DM-nitrophen.

METHODS

Two-photon photolysis

A mode-locked Ti:sapphire laser (Mira 9000F, Coherent, Santa Clara, CA, USA) pumped by an argon laser at 8 W (Innova 310; Coherent, Santa Clara, CA, USA) was used to yield two-photon photolysis (TPP) of caged Ca²⁺ in a volume smaller than a femtolitre (Denk, 1994). The power of the Ti:sapphire laser (wavelength 705 nm, pulse duration 75 fs, repetition rate 80 MHz) was adjusted by a polarizing filter to the desired input energy measured at the microscope. The pulse duration was optimized by compensating for group-velocity dispersion with a pair of prisms (Soeller & Cannell, 1996). Attenuation within the microscope optics was measured to be 50% at the back focal plane of the objective. We estimate the power on the preparation to be around 10–25% of the power measured on the optical table and given in the figures. Please note that most of the excitation power is not absorbed by the cell, because it represents red light. Only at the focal point does significant two-photon absorption by DM-nitrophen occur. In experiments where DM-nitrophen was loaded with Mg²⁺ instead of Ca²⁺, no signals could be observed during TPP, indicating that the absorption of

energy does not lead to artifacts, and that the responses are specific for Ca²⁺ (Ellis-Davies, DelPrincipe, Egger & Niggli, 1998). On the vibration-isolated optical table (Newport; Irvine, CA, USA) the stationary red laser beam was combined parafocally and coaxially with the visible pathway of the scanning system using a customized dichroic mirror reflecting > 620 nm while still exhibiting low harmonic reflectance from 400 to 600 nm (Chroma Technologies, Brattleboro, VT, USA). Both laser beams were then guided to the preparation in a standard epi-illumination arrangement using the camera port of the inverted microscope (Nikon Diaphot; Nikon, Kusnacht, Switzerland). The confocal microscope (MRC-1000, Bio-Rad, Glattbrugg, Switzerland) was used simultaneously in the line-scan mode to follow the subcellular distribution of Ca²⁺ concentration with high temporal and spatial resolution. Fluo-3 was excited with the 488 nm line of an air-cooled argon laser (Bio-Rad) attenuated to 50 μW. Two-photon excitation of fluo-3 was determined to be negligible at 705 nm and the power levels used for TPP. For further analysis the confocal images were transferred onto computers (Apple Macintosh PowerPC 8100/100) running a customized version of NIH-Image (NIH, Bethesda, MA, USA). Raw fluorescence values were converted into Ca²⁺ concentrations by applying the self-ratio method, assuming a K_d of fluo-3 for Ca²⁺ of 400 nM. The volume of the photolytic excitation point-spread function (PSF) was estimated by determining the fluorescence PSF in indo-1 (FWHM for x, y, z : 710 × 710 × 1200 nm). Please note that the size of the TPP trigger signals is always considerably larger than the excitation PSF because photoreleased Ca²⁺ can diffuse several micrometres away from the point source.

Preparation and solutions

Guinea-pigs were killed by cervical dislocation after stunning. Single, isolated ventricular myocytes were prepared using a standard enzymatic procedure. Composition of the experimental superfusion solution was (mM): 135 NaCl, 4 KCl, 2 CsCl, 2 CaCl₂, 10 glucose, 10 Hepes; pH 7.4. Composition of the pipette filling solution was (mM): 115 potassium aspartate, 10 TEA-Cl, 5 KCl, 4 NaCl, 15 Hepes, 4 K₂-ATP, 0.1 fluo-3, 0.25 CaCl₂, 1 reduced glutathione (GSH), 1 Na₄-DM-nitrophen; pH 7.2. All experiments were carried out at 20–23 °C. In the presence of DM-nitrophen, the decay of all Ca²⁺ sparks is slowed ~6-fold. The Ca²⁺ dissociation from DM-nitrophen is very slow (0.4 s⁻¹; Ellis-Davies, Kaplan & Barsotti, 1996). The slow decay may result from transient binding of the released Ca²⁺ to unphotolysed and Ca²⁺-free DM-nitrophen that is itself immobilized. Please note that 1 mM DM-nitrophen does not interrupt E–C coupling or CICR (Lipp & Niggli, 1996*a*). In addition, the Ca²⁺ buffering effect of 1 mM DM-nitrophen is expected to be quite small since at 100 nM resting [Ca²⁺]_i this high affinity caged compound ($K_d \approx 5$ nM) is almost saturated with Ca²⁺.

Voltage-clamp protocol

Between experiments, the cells were held at a resting potential of –75 mV. Unless noted otherwise, a train of ten pre-pulses to +5 mV was applied to load the SR with Ca²⁺. This protocol was immediately followed by an experimental potential of –50 mV,

as a Ca²⁺ wave (*b*) propagating in both directions of the cell (enlarged part of the myocyte is shown in the inset with position of scanned line). *Ba* and *b* show representative line scans and traces of Ca²⁺ transients elicited by TPP (2 out of 25 consecutive traces). Traces were averaged from a subcellular region indicated by the brackets. The SR Ca²⁺ release component corresponding to Ca²⁺ sparks triggered by the photolytic signal was visualized by subtracting an image recorded in 20 mM caffeine (not shown) from *a* and *b*, yielding the difference images *c* and *d*, respectively. Note that for *d* two locations along the scanned line were averaged, the black at the point of the photolysis and the green slightly beside the point of photolysis to indicate the spatially separated Ca²⁺ release signal at this subcellular location.

during which the photolytic pulses were applied (~ 2 s after the last conditioning pulse).

RESULTS

In the present study we used two-photon excitation photolysis (TPP) of caged compounds to generate spatially confined photolytic trigger signals for CICR without involving the L-type Ca^{2+} channels. Figure 1*Aa* shows a localized Ca^{2+} signal that was generated by creating a diffraction-limited point source of Ca^{2+} lasting 50 ms inside a guinea-pig ventricular myocyte (diameter of Ca^{2+} source $\approx 0.7 \mu\text{m}$ full width at half-maximal amplitude (FWHM)). DM-nitrophen was used as a caged Ca^{2+} compound while the resulting Ca^{2+} signal was recorded with fluo-3 and a laser-scanning confocal microscope in the line-scan mode. The Ca^{2+} signals elicited by TPP had many of the spatial and temporal characteristics that are the hallmark of spontaneous Ca^{2+} sparks (Cheng *et al.* 1993; Lipp & Niggli, 1994) or Ca^{2+} sparks triggered by single L-type Ca^{2+} channels (Cannell *et al.* 1995; López-López, Shacklock, Balke & Wier, 1995).

The initial question therefore was: are we actually able to trigger CICR, or does the observed signal simply reflect the photorelease of Ca^{2+} from the caged compound? Increasing the photolytic laser power from 40 to 80 mW initiated a larger local signal that was immediately followed by a Ca^{2+} wave propagating in both directions of the cell (Fig. 1*Ab*). This observation confirmed that we were indeed able to initiate CICR by TPP in cells exhibiting a marked regenerativity of the CICR (Takamatsu & Wier, 1990; Trafford, O'Neill & Eisner, 1993; Lipp & Niggli, 1994). In the subsequent experiments the cells were maintained at a defined SR Ca^{2+} load by applying a pre-pulse protocol consisting of ten voltage-clamp steps at 1 Hz to elicit a train of L-type Ca^{2+} currents. In cells conditioned with this protocol we could initially observe two different types of Ca^{2+} release signals during and after TPP of DM-nitrophen. (i) In a large number of successive line scans obtained from a given cell, the photolytic Ca^{2+} signal was sometimes followed by a Ca^{2+} spark that could be separated from the photolytic trigger by spatial and temporal criteria (see Fig. 1*B*). The

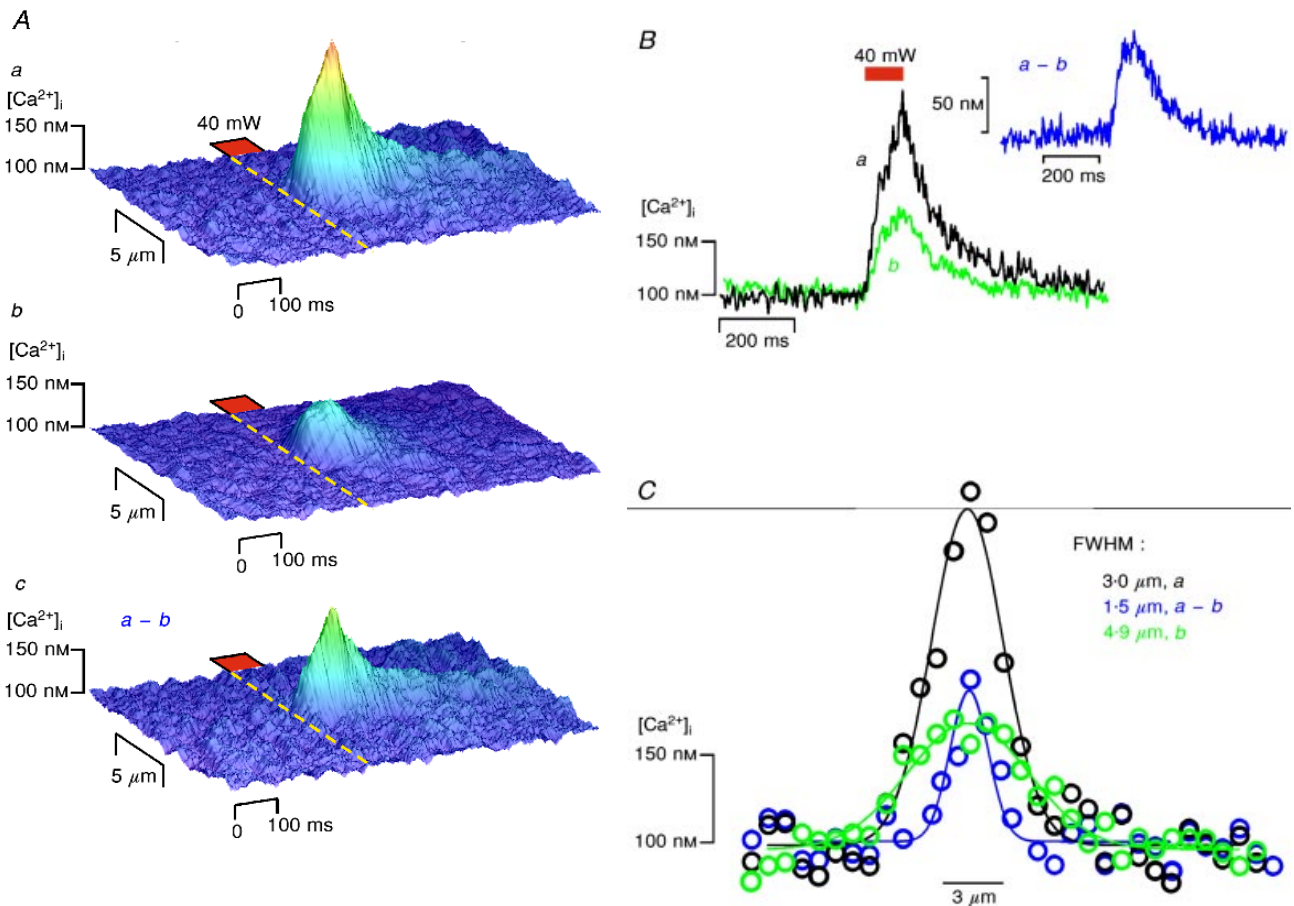


Figure 2. A photolytic Ca^{2+} signal can trigger Ca^{2+} release components smaller than Ca^{2+} sparks

Aa shows a Ca^{2+} signal generated by TPP at 40 mW (duration, 80 ms). Application of 20 mM caffeine reduced the Ca^{2+} transient significantly (*Ab*). Line tracings derived from the individual Ca^{2+} transients are illustrated in *B*. The small caffeine-sensitive component arising from CICR is shown in *Ac* and in the inset of *B*, labelled *a-b*. The spatial spreading of the three events is compared in *C*.

lateral distance between the photolytic signal and the triggered Ca²⁺ spark was usually less than 1 μm and the delays ranged from 10 to 100 ms. In examples where the Ca²⁺ transients occurred clearly spatially separated from the photolytic locations (see Fig. 1*Bd*), small Ca²⁺ release signals (such as e.g. the subsparks described by Parker, Zang & Wier, 1996) may be the underlying events. (ii) More frequently, the TPP signal did not trigger any obvious Ca²⁺ release that could be separated based on spatial or temporal features. However, it was conceivable that even in these highly localized signals the CICR process contributed a sizable amount of Ca²⁺. Indeed, when such cells were pre-exposed to 20 mM caffeine to deplete the SR of Ca²⁺, a significant and reversible reduction of the Ca²⁺ signal was observed, suggesting substantial local amplification of the TPP signal by CICR (Fig. 2). The amplitude of the CICR component shown in Fig. 2*Ac* and the trace labelled *a–b* in *B* was < 75 nM. This release component (i.e. the caffeine-sensitive signal) was quite variable (ranging from 20 and 60% of the total amplitude in different experiments). Interestingly, the event attributable to CICR was

considerably smaller in amplitude than a typical Ca²⁺ spark. Control experiments were performed to show that a caffeine-sensitive signal component was not present in cells pretreated with 10 μM ryanodine, excluding the possibility of an interaction between caffeine and the fluorescent indicator fluo-3. In addition, these control experiments revealed that the signal without CICR (i.e. the photolytic trigger signal) was very reproducible without noticeable variation in amplitude and duration (data not shown). In addition to the smaller amplitude the caffeine-sensitive difference signal also exhibited less spatial spreading (FWHM ≈ 1.5 μm) than a typical Ca²⁺ spark and than the TPP signal itself (FWHM ≈ 4.9 μm). Two mechanisms may contribute to this observation: (i) the TPP-induced point source of Ca²⁺ is spatially less confined than the locally triggered CICR process; and (ii) Ca²⁺ re-uptake into the SR at the border zone of the Ca²⁺ spark can restrict the signal under control conditions (Gomez, Cheng, Lederer & Bers, 1996) a mechanism that is short-circuited by the open RyRs in the presence of caffeine. Please also note that the spatial spreading of the trigger signal covers a larger range than the

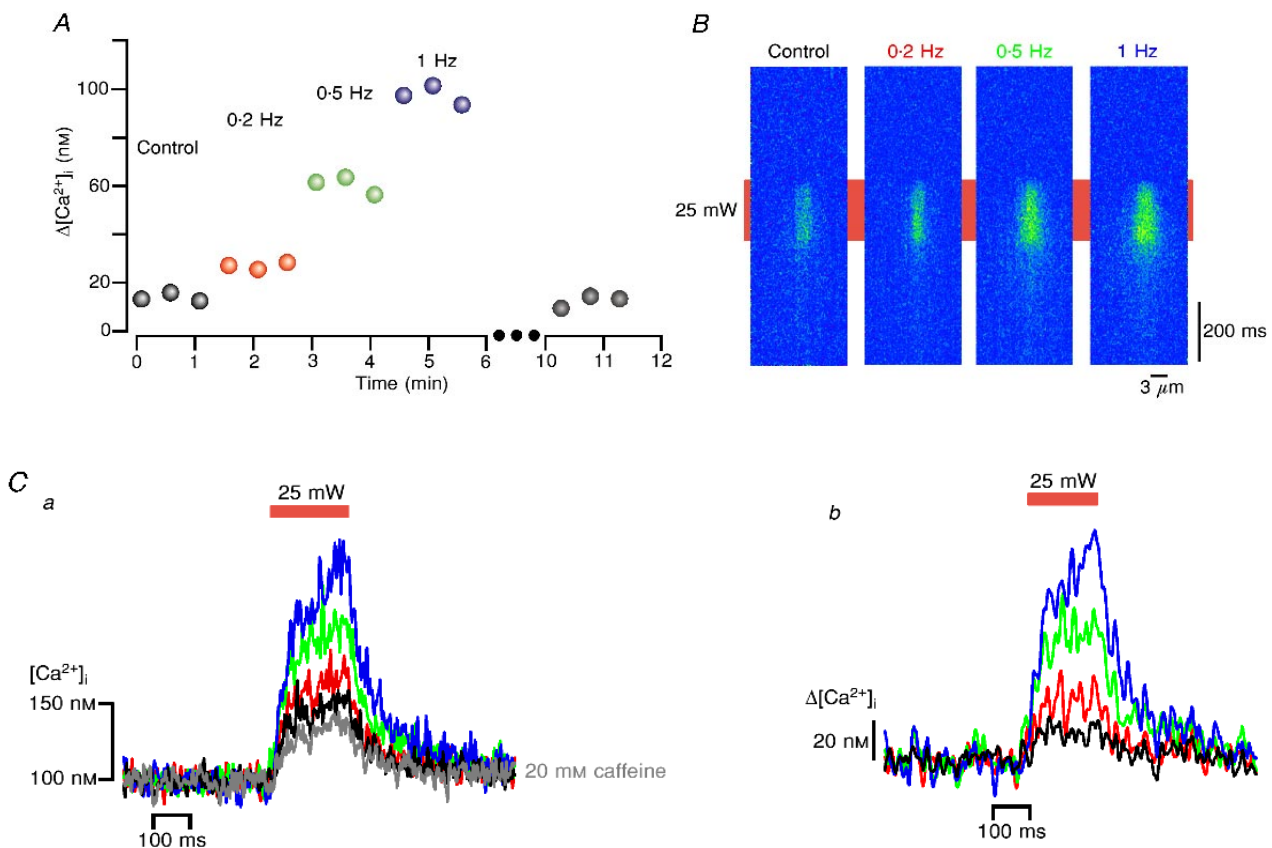


Figure 3. SR Ca²⁺ release depends on SR Ca²⁺ load

A summarizes the time course of the caffeine-sensitive component during the entire experiment. *B* shows representative original line scans. Trains (duration, 10 s) of L-type Ca²⁺ currents were elicited at the frequency indicated in *A* and *B* to load the SR with Ca²⁺. Even without a pre-pulsing, the Ca²⁺ signal generated by TPP (25 mW, 200 ms) (*Ca*) contained a caffeine-sensitive component (*Cb*) with an amplitude of ~20 nM. Successive elevation of the SR Ca²⁺ load resulted in larger Ca²⁺ release signals up to ~120 nM.

photolytic point source itself because Ca^{2+} ions rapidly diffuse away from the source. In any case, the detection of a small caffeine-sensitive component indicates that TPP can trigger local CICR, possibly involving release events that are smaller than a Ca^{2+} spark, both in terms of amplitude and spatial spread.

This interpretation was confirmed with experiments designed to investigate the dependence of TPP-induced Ca^{2+} release on SR Ca^{2+} load (see Fig. 3). The SR Ca^{2+} load was varied by incrementing the frequency of depolarizations during the loading protocol. TPP was activated with a low-power laser pulse of longer duration to avoid triggering of Ca^{2+} sparks. Under control conditions (no voltage-clamp depolarizations) a Ca^{2+} signal rising to about 140 nM was observed. Even this small signal comprised a caffeine-sensitive component

(shown in Fig. 3*Cb* and plotted in 3*A*). Increasing the frequency of the pre-pulses led to a gradual increase of the caffeine-sensitive component up to a $\Delta[\text{Ca}^{2+}]$ of ~ 100 nM (at 1 Hz). This 6-fold increase of the CICR component may result from two mechanisms: (i) a larger Ca^{2+} release flux via RyRs as a consequence of the elevated Ca^{2+} load in the stores (Isenberg & Han, 1994; Spencer & Berlin, 1995), and (ii) a recruitment of further Ca^{2+} release channels from within a cluster of RyRs, notably without triggering Ca^{2+} sparks. Caffeine application after these experiments revealed an increase in the SR Ca^{2+} load from rest to 1 Hz loading by a factor of only ~ 2.2 (not shown). Therefore, the 6-fold enhancement of the SR Ca^{2+} release is not only due to an increase of the single channel current, but rather due to a gradual recruitment of additional Ca^{2+} quarks.

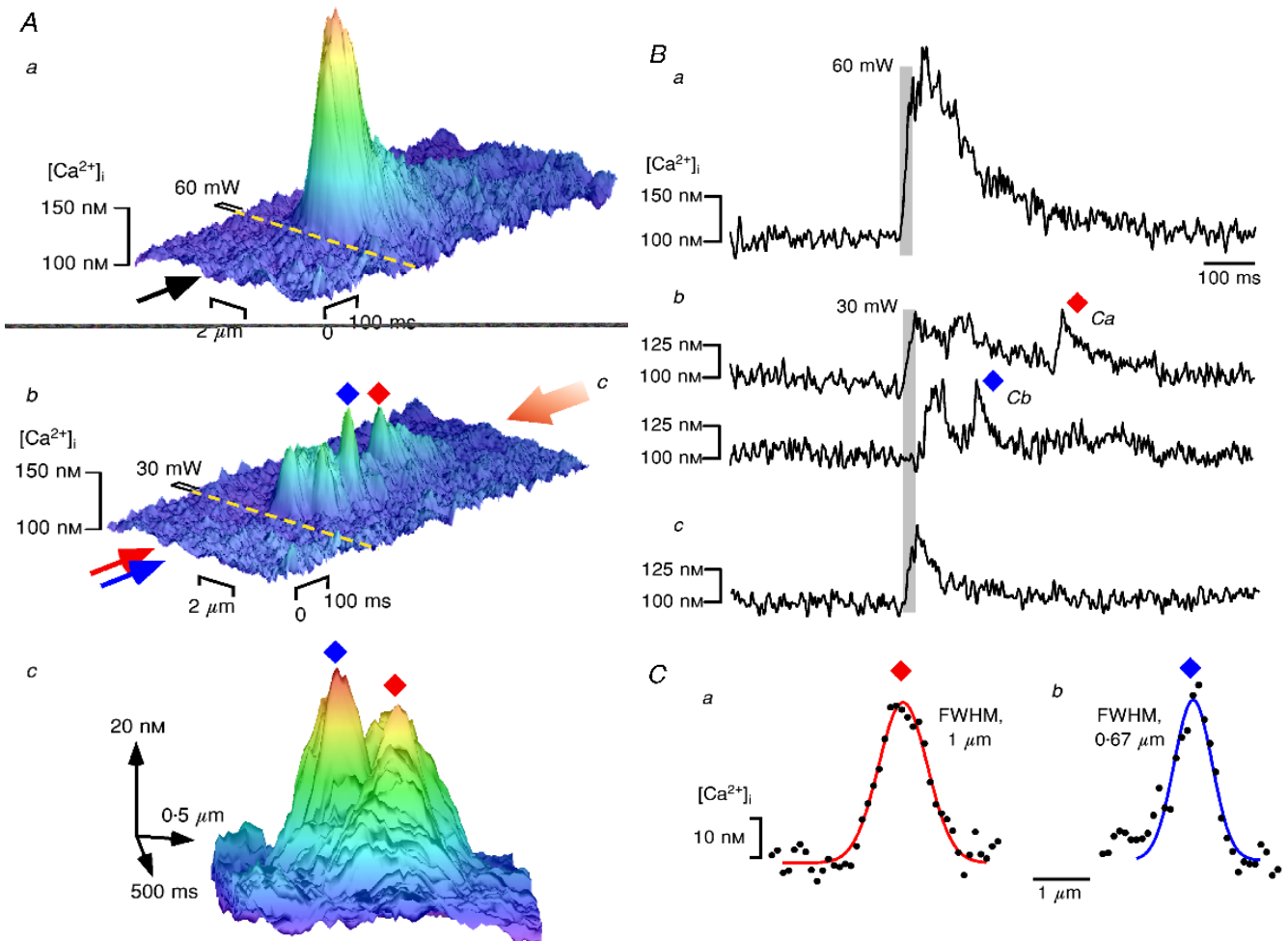


Figure 4. Ca^{2+} quarks triggered by TPP

Aa shows Ca^{2+} signal triggered by TPP at 60 mW (duration, 25 ms), most likely containing a CICR component. Uncaging of DM-nitrophen slightly below threshold (30 mW) for SR Ca^{2+} release was followed by several tiny Ca^{2+} transients (*Ab*). A view from the end of the trace (in the direction of the large red arrow) is depicted in *Ac* to emphasize the spatial separation ($0.4 \mu\text{m}$) of the small Ca^{2+} release events. *Ba* shows the time course of the Ca^{2+} signal at 60 mW while *Bb* demonstrates $[\text{Ca}^{2+}]_i$ at the location of photolysis (upper trace, red diamond) and $\sim 0.5 \mu\text{m}$ beneath this location (lower trace, blue diamond). *Bc* illustrates the TPP signal in the presence of 20 mM caffeine. The spatial characteristics of fundamental Ca^{2+} release signals are shown in more detail in *C*. The average distance between the Ca^{2+} quarks triggered by TPP was $\sim 0.4 \mu\text{m}$ while the average amplitude of Ca^{2+} quarks was ~ 37 nM ($n = 25$ quarks, recorded from 4 cells).

A possible and intriguing explanation for the surprisingly small size of the caffeine-sensitive TPP component would be the existence of an elementary Ca²⁺ signalling event smaller than a Ca²⁺ spark. These events could correspond to the proposed but as of yet unresolved Ca²⁺ quarks, defined as openings of single SR Ca²⁺ release channels (Lipp & Niggli, 1996*b*). With an estimated amplitude of 20–50 nM for $\Delta[\text{Ca}^{2+}]$ it appeared within the realm of possibilities to resolve these minuscule events in the noise of confocal line-scan images. With the assumption that the size of the CICR signal may depend not only on the SR Ca²⁺ load but also on the amplitude and spatiotemporal characteristics of the trigger signal, we attempted to directly trigger such small events by reducing the laser power to the threshold of CICR. Starting at 60 mW (duration, 25 ms) of TPP power, a local Ca²⁺ signal was triggered that closely resembled a Ca²⁺ spark (Fig. 4*Aa* and *Ba*), indicating that the chosen subcellular location was indeed able to generate CICR as Ca²⁺ sparks. Lowering the power to 30 mW resulted in an initial signal that was below threshold for CICR, as confirmed by the absence of caffeine sensitivity (not shown). However, this sub-threshold trigger for spark generation was followed by a flurry of minuscule Ca²⁺ release events with amplitudes of ~ 40 nM for $\Delta[\text{Ca}^{2+}]$ in this cell. Of these small Ca²⁺ signals, twenty-five were resolved in only nine out of twenty line scans performed under similar conditions in four different cells. Please note that these events could only be elicited by TPP in a narrow power range below threshold for Ca²⁺ sparks. Since the TPP-induced Ca²⁺ responses were variable from trace to trace (see also Fig. 1*B*), the small events could not be triggered in a predictable fashion. On average, the amplitude of these small events was 37 ± 6 nM (mean \pm s.e.m., $n = 25$ events recorded from 4 different cells). In addition to the smaller amplitude, the spatial spreading of these events was ~ 2 times less than what is typically observed for a Ca²⁺ spark, indicating that the cytosolic volume occupied by the event is ~ 8 -fold smaller (Fig. 4*C*; mean FWHM 0.85 ± 0.2 μm , $n = 25$ events). It is important to note that the same Ca²⁺ release site within the cell can either give rise to a spark when stimulated with a large TPP trigger, or produce minuscule events when triggered with low photolytic powers. Although the small events were separated by ~ 0.4 μm (Fig. 4*Ab* and *Ac*), they clearly originated from distinct release sites within the diameter of the Ca²⁺ spark that was triggered at the higher photolytic power. This spatial separation indicates that the small events are not just downscaled versions of Ca²⁺ sparks. An analysis was performed to compare Ca²⁺ sparks and the small events by estimating the Ca²⁺ release flux for both signals. Release flux (J) during Ca²⁺ release signals was estimated as $J = B\Delta[\text{Ca}^{2+}]Vt^{-1}$ where B is the buffering capacity of the cytosol (taken to be 100), $\Delta[\text{Ca}^{2+}]$ is the amplitude of the signal, t is the rise time and V the volume occupied by the event. With these assumptions, the average equivalent ionic current was calculated to be 100–200 fA. Since the small Ca²⁺ signals are near the optical resolution limit, our calculations would tend to overestimate the volume

governed by these events. Deconvolution of the recorded detection PSF (FWHM for x , y , z : $290 \times 290 \times 900$ nm) would indicate a FWHM of ~ 400 nm for the smallest Ca²⁺ signalling events. From these calculations we conclude that the release flux of the small events was at least ~ 20 – 40 times smaller than during a typical Ca²⁺ spark, again suggesting that they may represent a completely different entity and another elementary Ca²⁺ release event. The two categories of elicited release events are therefore not a property of the cell or the particular subcellular region, but result from the different amplitudes of the two trigger signals. Presumably, these Ca²⁺ quarks can also occur spontaneously and may occasionally be present in records showing no obvious Ca²⁺ sparks. However, the reliability of detection has been recognized to decline dramatically for very small events and such events would most likely be missed, but due to the two-photon excitation photolysis we know when and where to look for such signals and we can identify them.

DISCUSSION

The concept of Ca²⁺ sparks has been helpful to untangle a paradox of CICR that has puzzled researchers for many years, the problem being how a regenerative but also graded amplification of the cellular Ca²⁺ signal could be accomplished while still preventing the rise of cytosolic Ca²⁺ from becoming entirely self-sustaining. Such a positive feedback mechanism would lead to uncontrolled regenerative and all-or-none behaviour of the CICR. This apparent paradox was explained with Ca²⁺ sparks that were only triggered by the local rise of $[\text{Ca}^{2+}]_i$ in the nanodomain around the cytosolic opening of L-type Ca²⁺ channels. The regenerative would thus be limited to a particular Ca²⁺ spark site. However, with the discovery of smaller events we are now faced with a similar paradox, albeit on a much smaller spatial scale. How can subpopulations of RyRs, possibly even single channels, generate Ca²⁺ signals without triggering their neighbours? Under what conditions do they trigger neighbours to elicit 'spontaneous' Ca²⁺ sparks? A reasonable possibility is that the spatial coherence of Ca²⁺ signalling is quite variable not only in the micrometre range, but also on the nanometre scale of the diadic cleft. From the experimental observation of subcellular Ca²⁺ waves in single cells we know that the range of spatial coherence between Ca²⁺ release units can span at least the distance corresponding to the sarcomere length (~ 1.8 μm) under conditions of elevated Ca²⁺ load and increased SR Ca²⁺ release flux. Much less is known, however, of whether and how the Ca²⁺ sparks are coupled by the CICR mechanism under conditions of normal SR Ca²⁺ load.

Interestingly, it has been reported that two release sites can be coherent over a distance corresponding to ~ 600 nm, giving rise to resolvable double release events when scanned in the transverse direction of the cell (Parker, Zang & Wier, 1996). It is perfectly conceivable that the size of the actual release site (i.e. the number and gating of participating

RyRs) not only depends on the precise subcellular microarchitecture in the junctional region but also on functional properties of the signalling system including the SR Ca^{2+} load and spatiotemporal features of the trigger signal itself. This behaviour could then give rise to Ca^{2+} release signals of various sizes. In the nanometre domain of the diadic cleft, extremely brief openings during rapid gating of RyRs may lead to significant Ca^{2+} release from the SR without reaching the high Ca^{2+} concentrations in the diadic cleft to trigger Ca^{2+} release from neighbouring channels. Mathematical simulations of Ca^{2+} concentration changes in this space indicate that the peak $[\text{Ca}^{2+}]$ is only reached several hundred microseconds after opening of the channel (Soeller & Cannell, 1997). Since gating of the RyRs may be much faster *in situ* than in bilayer experiments, the recently reported low and high open-probability gating modes of the RyR may offer another possibility to resolve the new paradox (Zahradnikova & Zahradnik, 1996). In addition, the complex 3-dimensional shape of the RyR foot structure in the diadic cleft may contain molecular pockets with preferential access for Ca^{2+} entering from the sarcolemma or leaving the SR. It may be possible that these extremely rapid events taking place in nanoscopic spaces exhibit properties that can no longer be adequately modelled by simple diffusion of Ca^{2+} . Future models of these signalling events may need to consider the 3-dimensional spatial features of the proteins and the free space as well as electrodiffusion and other electrostatic interactions of Ca^{2+} in the diadic cleft (Soeller & Cannell, 1997).

With the discovery of Ca^{2+} sparks and quarks, the search for elementary Ca^{2+} release events substantially widened our knowledge about Ca^{2+} signalling on the cellular level. These findings are not unique to excitable cells; analogous Ca^{2+} signalling events have also been found in non-excitabile cells such as *Xenopus* oocytes (Parker, Choi & Yao, 1996) and HeLa cells (Bootman, Niggli, Berridge & Lipp, 1997). In the heart, the interplay of these Ca^{2+} signalling events on different levels of a hierarchical Ca^{2+} signalling system (Niggli & Lipp, 1995; Lipp & Niggli, 1996a; Lipp & Bootman, 1997) may be relevant in the understanding of how submicroscopic disturbances of this communication pathway can lead to impaired cardiac function in pathological heart conditions (Gomez *et al.* 1997). Thus, to comprehensively appreciate all aspects of CICR and Ca^{2+} signalling we need to understand how the individual RyR channels co-operatively interact and 'talk' to each other. Their language is CICR, but we also need to consider and appreciate the subtleties of their dialects that may vary considerably depending on the subcellular microenvironment of the involved SR Ca^{2+} release channels and on the functional state of the cell.

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