

A human mutation in *Phox2b* causes lack of CO₂ chemosensitivity, fatal central apnea, and specific loss of parafacial neurons

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Edited by Lynn T. Landmesser, Case Western Reserve University, Cleveland, OH, and approved December 10, 2007 (received for review September 27, 2007)

Breathing is maintained and controlled by a network of neurons in the brainstem that generate respiratory rhythm and provide regulatory input. Central chemoreception, the mechanism for CO₂ detection that provides an essential stimulatory input, is thought to involve neurons located near the medullary surface, whose nature is controversial. Good candidates are serotonergic medullary neurons and glutamatergic neurons in the parafacial region. Here, we show that mice bearing a mutation in *Phox2b* that causes congenital central hypoventilation syndrome in humans breathe irregularly, do not respond to an increase in CO₂, and die soon after birth from central apnea. They specifically lack *Phox2b*-expressing glutamatergic neurons located in the parafacial region, whereas other sites known or supposed to be involved in the control of breathing are anatomically normal. These data provide genetic evidence for the essential role of a specific population of medullary interneurons in driving proper breathing at birth and will be instrumental in understanding the etiopathology of congenital central hypoventilation syndrome.

brainstem | congenital central hypoventilation syndrome | neurodegenerative disease | respiration

Breathing is an integrated motor behavior that is driven by a respiratory rhythm generator located in the ventrolateral medulla. Stimulatory inputs from chemoreceptors that monitor CO₂ and O₂ in the blood provide a tonic drive to breathe and adapt it to exercise and the environment (1). There is general agreement that the main receptors sensing O₂ are located in the carotid body (CB), whereas responsiveness to CO₂/pH is mainly mediated by chemoreceptors in the brainstem. However, the nature of the primary central CO₂ sensors has not been firmly established. There also is disagreement as to whether central chemoreception is mediated by a small number of dedicated cells or is a widely distributed function of respiratory neurons. Nevertheless, a number of studies agree on the point that the essential CO₂ sensors are located close to the surface of the ventrolateral medulla (1). There are two main contenders for this role: serotonergic (5HT) medullary raphe neurons (2, 3) and the retrotrapezoid nucleus (RTN), a group of glutamatergic neurons located near the medullary surface ventral to the facial nucleus (nVII) (4, 5). The RTN neurons receive input from O₂-sensitive receptors in the CB via the nucleus of the solitary tract (nTS) and connect to the respiratory centers in the lower medulla (6, 7). Thus, they are in a position to integrate metabolic information on blood gases and to transmit this information to the respiratory centers. The RTN, which is mainly defined in the adult, overlaps anatomically with a potential oscillator network identified in neonates called the parafacial respiratory group (pFRG) (8, 9). It is still unclear to what extent both neuronal groups, collectively referred to as RTN/pFRG, are functionally and anatomically distinct.

Congenital central hypoventilation syndrome (CCHS) is a life-threatening genetic disease whose defining symptoms consist of respiratory arrest during sleep and a blunted or, in severe cases, an absent response to hypercapnia (10–12). The disease typically manifests itself at birth by hypoventilation or periods of apnea during sleep, but severely affected infants will never breathe properly whatever their state of arousal (10). Thus, understanding the molecular and cellular underpinnings of CCHS offers the promise of illuminating the mechanisms that are essential for CO₂ sensitivity and, more generally, proper breathing at birth. CCHS is known to be caused by heterozygous mutations of the PHOX2B transcription factor, mainly expansions of a polyalanine (polyAla) tract (13–15). The respiratory symptoms of CCHS patients point to a defect in the metabolic regulation of breathing and have been attributed to a failure of central chemosensory integration (11, 12), but the neural structures affected by the disease have remained obscure. Most infants with CCHS have no pathological lesions that are thought to be causal, although a bewildering variety of structures have been reported abnormal in some individuals (16–18).

To produce an animal model of CCHS in which to study the anatomical and physiological basis of the disorder, we have introduced into the mouse the most frequent *PHOX2B* mutation found in CCHS. As with the human patients, the mutant pups do not respond to hypercapnia, and they die soon after birth from central apnea. They specifically lack a population of glutamatergic *Phox2b*-expressing neurons in the RTN/pFRG region. This result strongly supports an essential role of these cells in sensing CO₂. In addition, the mutants have an irregular and slowed-down breathing pattern providing genetic evidence for the importance of the RTN/pFRG neurons for regular breathing at birth.

Results

Breathing Defects in *Phox2b*^{27Ala/+} Mice. We have generated mice that bear the most frequent of the CCHS-causing mutations (14, 15), a +7 Alanine expansion of the 20-residues polyAla tract (the *Phox2b*^{27Ala} allele) by a knock-in approach (Fig. 1A). The heterozygous *Phox2b*^{27Ala/+} offspring of the chimeric founders were born in Mendelian proportions (37 of 74 offspring of a chimera giving 100% transmission), but they suffered from gasping behavior and cyanosis and died in the first hours after birth from respiratory failure (Fig. 1B). Plethysmographic recordings performed immediately after delivery showed a range of phenotypes in mutant pups breathing

Author contributions: V.D. and N.R. contributed equally to this work; J.-F.B. and C.G. contributed equally to this work; V.D. and N.R. designed research; V.D., N.R., D.T., and V.V. performed research; J.A., J.G., J.-F.B., and C.G. analyzed data; and C.G. wrote the paper.

The authors declare no conflict of interest.

This article is a PNAS Direct Submission.

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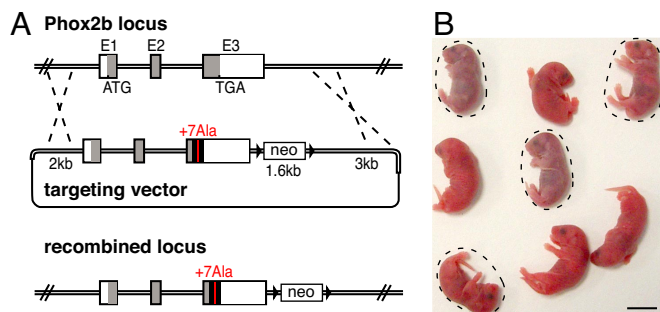


Fig. 1. Generation of *Phox2b*^{27Ala/+} mutants. (A) Schematic representation of the wild-type *Phox2b* locus, the targeting vector, and the recombined locus. E1, exon 1; E2, exon 2. With the coding regions in gray, the human DNA fragment is highlighted in black, and the extended polyAla tract is in red. neo, neomycin resistance cassette; black triangles, *loxP* sites. (B) Offspring of a founder chimera immediately after birth. Mutants are encircled. (Scale bar: 1 cm.)

normal air. Three of 18 mutants analyzed ventilated only by intermittent gasping. The remaining mutants showed a continuum of phenotypes, some breathing quite rhythmically but at a slower rate, whereas the breathing of others was chaotic and interrupted by periods of apnea (Fig. 2A). As a consequence, the mean respiratory minute volume (VE) measured during apnea-free periods of fairly eupnoic pups was depressed in the mutants (Fig. 2B). When quantified by measuring the variability of interbreath intervals, breathing irregularity, expressed as the percent coefficient of variance, was found to be significantly greater for mutant than for wild-type pups [$73 \pm 7\%$ and $56 \pm 4\%$, respectively, during the first 5 min in normal air ($P = 0.026$); $101 \pm 10\%$ and $65 \pm 4.4\%$, respectively, during the last 5-min period of the recording ($P = 0.003$; mean \pm SEM)]. Short apneic episodes also occurred in wild-type neonates, but they were more frequent and lasted longer in the mutants, resulting in a 6.5-fold higher total apnea duration (Fig. 2A and C). Fully penetrant was a lack of the normal response to hypercapnia (i.e., an increase in both respiratory frequency and amplitude), indicating that central chemoreception was defective (Fig. 2A and D). By contrast, the newborn mutants appeared histopathologically normal by gross inspection, and their body weight and temperature did not differ significantly from that of the wild-type pups (data not shown). Thus, *Phox2b*^{27Ala/+} mice resemble severe cases of CCHS and share the cardinal symptom of the disease, a lack of response to hypercapnia.

Specific Loss of Parafacial Interneurons in *Phox2b*^{27Ala/+} Mice. The severe phenotype suggested to us that an important respiratory center was defective in the mutants. Given that the mutant allele is expressed from the *Phox2b* locus, the location of the defect should be sought primarily in *Phox2b*-expressing structures, although we cannot exclude that *Phox2b*-negative respiratory neurons are secondarily affected by a non-cell-autonomous mechanism. Excellent candidates were the *Phox2b*-expressing glutamatergic (*vGlut2*⁺) neurons robustly activated by hypercapnia that have recently been identified in the RTN/pFRG region of the adult rat (7). Accordingly, we identified neurons coexpressing *Phox2b* and *vGlut2* in newborn mice at a similar location close to the medullary surface, ventral and caudal to nVII. In newborn [postnatal day 0 (P0)] *Phox2b*^{27Ala/+} mutants, these cells were severely depleted (Fig. 3A and B). For quantification, we separated the *Phox2b*⁺*vGlut2*⁺ RTN/pFRG cells into two groups that we could anatomically distinguish: those ventral to nVII and those forming a compact group immediately caudal to it. Their numbers were reduced by 77% and 54%, respectively (Fig. 3G). Prompted by previous work suggesting that neurokinin-1 receptor (NK1R)-positive neurons in the RTN participate in CO₂ sensitivity (4), we examined NK1R expression. In newborn mutants, the NK1R immunoreactivity

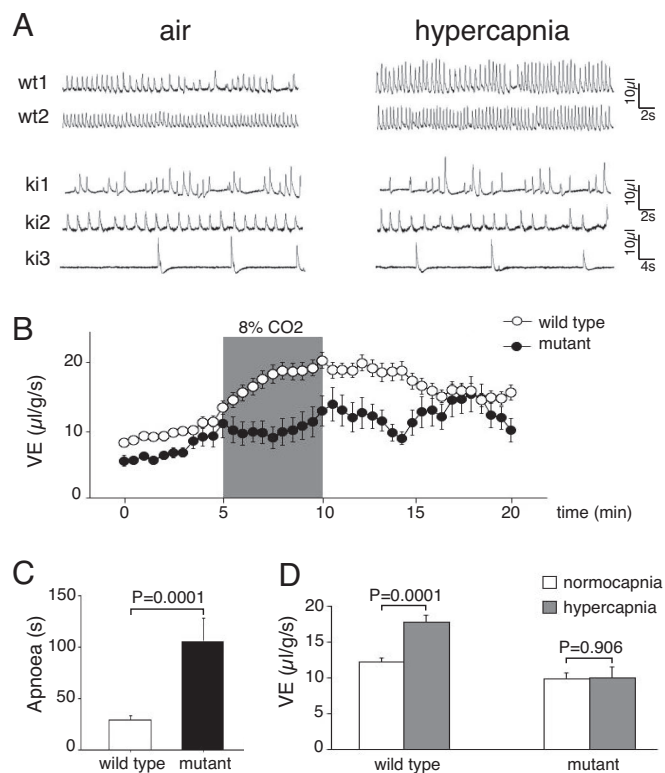


Fig. 2. Disrupted breathing in *Phox2b*^{27Ala/+} mice. (A) Representative examples of plethysmographic recordings of wild-type (wt) and *Phox2b*^{27Ala/+} (ki) littermates breathing normal or hypercapnic air during the first 20 min after delivery. (B) Ventilatory (VE) tracings of *Phox2b*^{27Ala/+} (black dots) pups and their wild-type (white dots) littermates breathing air or hypercapnic mixture (8% CO₂; shaded area). Periods of apnea and animals respiring mainly by gasps were excluded from the analysis. Each dot represents the mean \pm SEM over a 30-sec period ($n = 15$ and $n = 43$ for mutant and wild-type pups, respectively) (when no bar is visible, it was smaller than the diameter of the dot). Baseline ventilation in air was depressed in the mutants, which did not increase VE during hypercapnia. Ventilation increased in both mutant and wild-type pups during the first 5 min in normal air because of increases in tidal volume and breathing frequency. Numerous mechanisms that operate immediately after delivery may account for this phenomenon. Among these mechanisms, the increase in lung compliance secondary to liquid resorption is accompanied by a progressive increase in tidal volume. Also in human infants, breathing becomes progressively more rapid and deeper after the first breaths (50). (C) Total apnea duration (sec) summed over the 5-min period in air for wild-type ($n = 43$) and *Phox2b*^{27Ala/+} ($n = 15$) pups, excluding those that respirated only by gasping (mean \pm SEM). (D) Average VE for wild-type ($n = 43$) and *Phox2b*^{27Ala/+} ($n = 15$) pups breathing normal or hypercapnic air. Normocapnic values were calculated as the mean value over the first 5 min and the last 5 min of the recording to take into account the overall increase in VE. Hypercapnic VE values were calculated as the mean values over the last 3 min of hypercapnic exposure. In contrast to wild-type pups, the mutants did not significantly increase their ventilation in response to elevated pCO₂.

normally highly concentrated at the medullary surface was almost abrogated, and very few *Phox2b*;NK1R-double-positive cells remained (Fig. 3C and D). To exclude that the defect was secondary to hypoxia experienced after birth, we investigated whether the RTN/pFRG might be defective already in the embryo. We identified RTN/pFRG neurons by double staining for NK1R and *Phox2b* because *vGlut2* expression was weak before birth. At embryonic day 15.5 (E15.5), NK1R immunoreactivity was already severely curtailed in the RTN/pFRG (Fig. 3E and F), but was preserved at other locations (data not shown). The number of cells double-positive for NK1R and *Phox2b* was reduced by 70%, both ventral

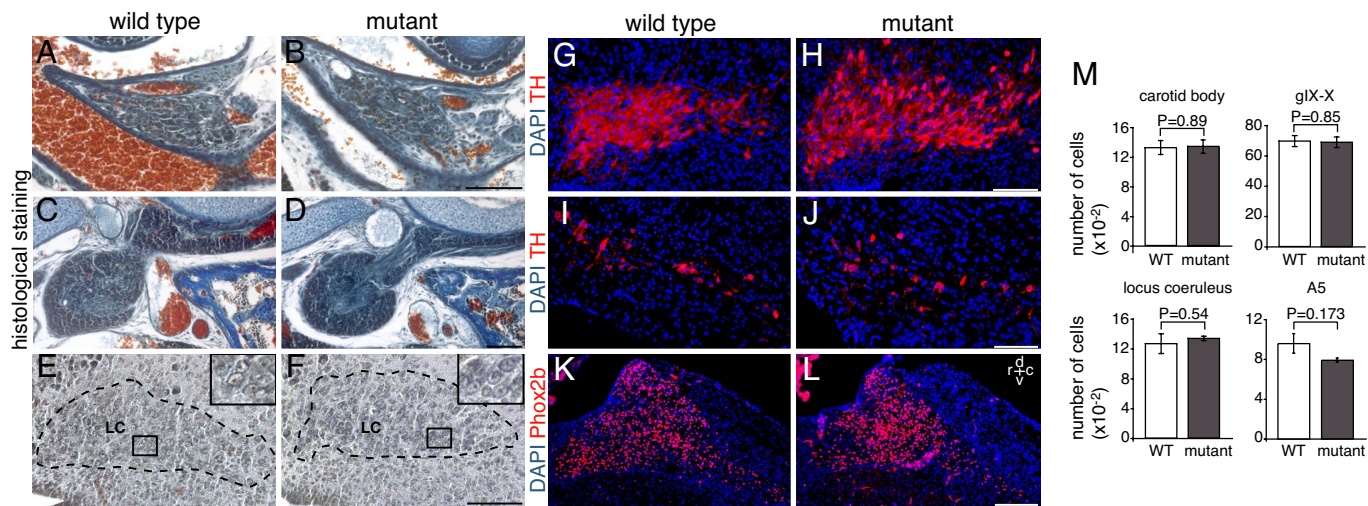


Fig. 4. Analysis of structures that depend on *Phox2b* for proper development and are involved in respiratory control in *Phox2b*^{27Ala/+} and *Phox2b*^{+/+} neonates. (A–D) The CB is preserved in newborn mutants (A and B), as is the petrosal/nodose (gIIX/X) ganglionic complex (C and D). (E–F) The LC appears normal by histology (E and F) and TH immunohistochemistry (G and H) in the mutants. In E and F, the LC is encircled by a dashed line. (Insets) Enlargements of the framed areas showing the typical large LC neurons that were counted. (I and J) The noradrenergic neurons of the A5 cell group are detected in similar numbers by TH immunohistochemistry in wild-type and mutant neonates. (K and L) As assessed by *Phox2b* immunohistochemistry, the nTS is not detectably altered in *Phox2b*^{27Ala/+} mutants. Sagittal sections are shown (Scale bars: B, D, F, H, and J, 0.1 mm; L, 0.2 mm.) (M) Counts of glomus cells in the CB, of gIIX/X and LC neurons, and of A5 cells. The estimated cell number per animal is given (mean ± SEM for three pups of each genotype).

appeared normal, and their respiratory failure has been ascribed to the disruption of the preBötC (33). The absence of BDNF also results in depressed and irregular breathing (34), which can be attributed to impaired peripheral chemoreception, although a loss

of A5 neurons also has been described (35). In *Phox2a*, *BDNF*, or *MafB* mutants, the respiratory responses to pO₂ are altered, but a blunted response to hypercapnia indicative of impaired central chemosensitivity was not reported for any of the mutants.

CCHS provides an experiment of nature, which has the potential to resolve some of the uncertainties that surround the control of breathing in the perinatal period. To produce an authentic model of CCHS, we generated mice bearing the most frequent CCHS-causing mutation. The *Phox2b*^{27Ala/+} mice reproduce the phenotype of severe cases of CCHS and a key symptom of the disease, a defective response to hypercapnia. They thus represent a valid model of CCHS for future mechanistic studies. We searched for anatomical defects in the structures that have been implicated in the control of respiration. The only alteration we found in the mutants was the depletion of a set of interneurons in the RTN/pFRG region, a previously proposed principal site of CO₂ sensitivity (4, 5). Thus, the respiratory failure of *Phox2b*^{27Ala/+} pups is most easily explained by the loss of *Phox2b*-expressing RTN/pFRG interneurons, although we cannot exclude more subtle functional deficits at other sites involved in respiratory control. These data, by guiding anatomical and imaging studies in the patients, may lead to the identification of the human equivalent of the RTN/pFRG, which still needs to be defined. Moreover, our mouse mutants will enable us to study the developmental history of the demise of the RTN/pFRG neurons and the reason for their vulnerability. In fact, the reasons for the selective vulnerability of some neuronal types and the resistance of others that also express the mutant protein are not understood for any of the polyAla expansion disorders (36, 37). Finally, because heterozygous *Phox2b*-null mutants have only a mild and transient breathing defect (38), the results at hand demonstrate already that the respiratory failure of *Phox2b*^{27Ala/+} mutants and by extrapolation of CCHS patients is caused by a toxic gain of function or a dominant-negative effect, not by haploinsufficiency.

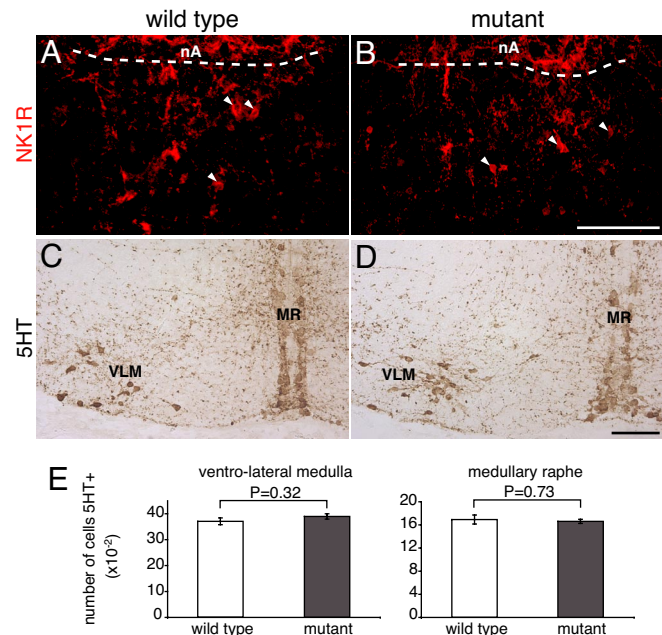


Fig. 5. Analysis of the preBötC and of 5HT neurons. (A and B) The preBötC complex was visualized by NK1R immunohistochemistry on sagittal sections of *Phox2b*^{27Ala/+} and *Phox2b*^{+/+} neonates. The arrowheads point to NK1R⁺ cell bodies. A dashed line delimits the caudal border of the nA. (Scale bar: 0.1 mm.) (C and D) The medullary 5HT neurons were visualized by 5HT immunocytochemistry on coronal sections of E15.5 *Phox2b*^{27Ala/+} and *Phox2b*^{+/+} embryos. MR, medullary raphe; VLM, ventrolateral medulla. (E) Quantification of 5HT neurons. The number of 5HT-expressing cells per animal did not differ significantly between *Phox2b*^{27Ala/+} and wild-type embryos (mean ± SEM for three pups of each genotype).

Role of Parafacial Neurons in Respiratory Control. The location and phenotype of the neurons that are the central CO₂ sensors and primary respiratory rhythm generators *in vivo* are still a matter of debate. The RTN and pFRG are two groups of neurons in the parafacial region that have been functionally defined as chemosen-

Leica DMRXA2 microscope and Leica QFluoro software and were processed by Adobe Photoshop (Adobe Systems).

ACKNOWLEDGMENTS. We thank P. Guyenet (University of Virginia, Charlottesville, VA) for the *vGlut2* probe, H. Enomoto (RIKEN Center for Developmental Biology, Hyogo, Japan) for anti-Phox2b antibodies, B. Matrot and G. Vardon for developing the plethysmographic system, and S. Dauger for help with experiments. The *Phox2b*^{27Ala} chimeras were produced at the

Mouse Clinical Institute (Illkirch, France) with funds from the GIS "Maladies Rares" (J.A.). This work was supported by the Agence Nationale de la Recherche (J.-F.B. and J.A.), the Fondation pour la Recherche Médicale (J.F.-B. and D.T.), the Association Française contre les Myopathies (C.G.), the Chancellerie des Universités de Paris (Legs Poix) (J.G.), the Association pour la Recherche sur le Cancer (V.D.), the Société de Pneumologie de Langue Française, the Association Française du Syndrome d'Ondine, and Fondation Garches (N.R.).

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