

## REVIEW

# GPR119, a novel G protein-coupled receptor target for the treatment of type 2 diabetes and obesity

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GPR119 is a G protein-coupled receptor expressed predominantly in the pancreas ( $\beta$ -cells) and gastrointestinal tract (enteroendocrine cells) in humans. De-orphanization of GPR119 has revealed two classes of possible endogenous ligands, *viz.*, phospholipids and fatty acid amides. Of these, oleoylethanolamide (OEA) is one of the most active ligands tested so far. This fatty acid ethanolamide is of particular interest because of its known effects of reducing food intake and body weight gain when administered to rodents. Agonists at the GPR119 receptor cause an increase in intracellular cAMP levels via  $G_{\alpha s}$  coupling to adenylate cyclase. *In vitro* studies have indicated a role for GPR119 in the modulation of insulin release by pancreatic  $\beta$ -cells and of GLP-1 secretion by gut enteroendocrine cells. The effects of GPR119 agonists in animal models of diabetes and obesity are reviewed, and the potential value of such compounds in future therapies for these conditions is discussed.

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**Abbreviations:** GIP, gastric inhibitory polypeptide/glucose-dependent insulinotropic peptide; GLP-1, glucagon-like peptide-1; GSIS, glucose-stimulated insulin secretion; LPC, lysophosphatidylcholine (1-alkyl-sn-glycero-3-phosphocholine) OEA, oleoylethanolamide

## Introduction

One of the reasons for the growing public health concern over the rapidly increasing prevalence of obesity in Westernized society and in some developing countries (Stein and Colditz, 2004) is its association with the growing incidence of type II diabetes, a combination of conditions often accompanied by increased cardiovascular risk factors (Bailey, 2005). Much effort among health-care providers and pharmaceutical companies is now focused on the discovery of new treatments that alleviate this medical problem.

As part of this effort, the G-protein-coupled receptor GPR119 has recently attracted attention because of evidence from *in vitro* systems and animal models that its modulation may produce favourable effects on glucose homeostasis, food intake/body weight gain and possibly also  $\beta$ -cell preservation. In other words, GPR119 modulators may influence parameters related to both diabetes and obesity.

The aim of this review is to summarize currently available information on the biology of GPR119, including tissue

localization, possible endogenous ligands, biological functions and potential value as a therapeutic target. Literature concerning synthetic, small-molecule ligands of GPR119 has recently been reviewed by Fyfe *et al.* (2007a).

## The GPR119 receptor

GPR119 was described by Fredriksson *et al.* (2003) as a class 1 (rhodopsin-type) orphan G-protein-coupled receptor having no close primary sequence relative in the human genome. Independently, GPR119 has been studied and described in the literature under various synonyms including SNORF25 (Bonini *et al.*, 2001, 2002), RUP3 (Jones *et al.*, 2004), GPCR2 (Takeda *et al.*, 2002), 19AJ (Davey, 2004), OSGPR116 (Griffin, 2006) and glucose-dependent insulinotropic receptor (Chu *et al.*, 2007b, c). Isoforms of GPR119 have been identified in a number of mammalian species, including rats, mice, hamsters, chimpanzees, rhesus monkeys, cattle and dogs. Fredriksson *et al.* (2003) describe the rat isoform of GPR119 (accession number AY288429) as being 133 amino acids longer than the mouse and human receptors (468 vs 335 amino acids). In contrast, Bonini *et al.* (2001, 2002) (accession number AR240217) and Ohishi *et al.* (2003) give identical sequences for the rat receptor, which are 335 amino acids in length and have 96% amino-acid identity with mouse GPR119. Therefore, it appears likely that the

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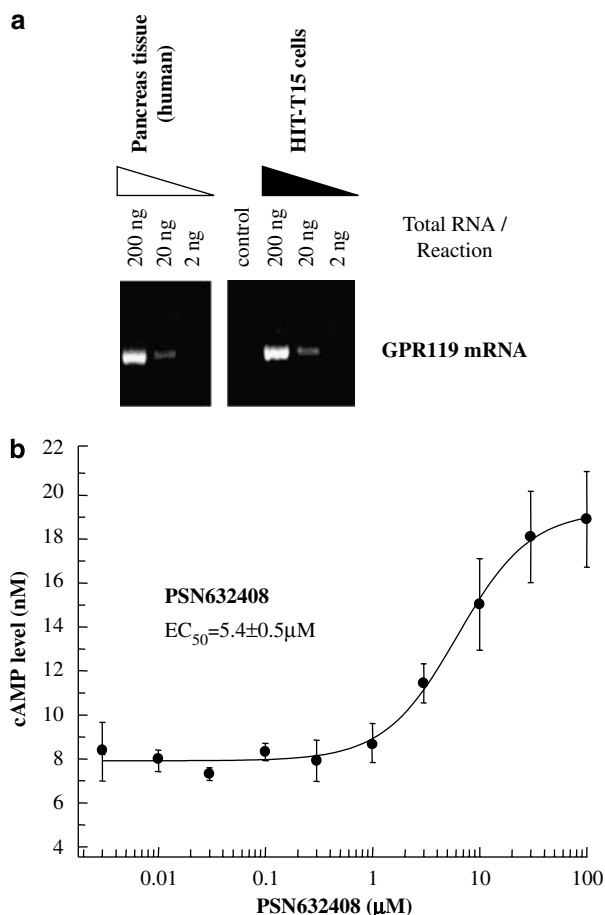
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additional C-terminal sequence reported by Fredriksson *et al.* (2003) may be an artefact. Phylogenetic analysis by Fredriksson *et al.* (2003) assigned GPR119 to a new subgroup within the bioamine receptors. In contrast, homology clustering analysis by Griffin (2006) showed the closest relatives of GPR119 to be the cannabinoid receptors.

Several studies have evaluated the tissue distribution of GPR119 expression using quantitative real-time PCR or hybridization analysis. The pancreas (Figure 1a) and fetal liver have been consistently identified as major sites of mRNA expression in human tissues, with expression also being seen in the gastrointestinal tract in some studies (Bonini *et al.*, 2001; Jones *et al.*, 2004; Soga *et al.*, 2005; Griffin, 2006). Bonini *et al.* (2001, 2002) detected GPR119 mRNA in most of the rat and mouse tissues examined, with the pancreas and gastrointestinal tract appearing as major sites of expression. In contrast to human tissues, high levels of expression were seen in many areas of the rat brain, including cerebellum, cerebral cortex, choroid plexus, dorsal

root ganglion, hippocampus and hypothalamus. Jones *et al.* (2004) reported strong GPR119 expression in rat pancreas and hypothalamus, while rat pancreatic expression was confirmed by Soga *et al.* (2005). GPR119 mRNA expression in isolated pancreatic islets has been reported by Jones *et al.* (2004), Soga *et al.* (2005) and Chu *et al.* (2007a). By using *in situ* hybridization and immunofluorescent staining with a GPR119-specific antiserum (showing predominant colocalization of GPR119 with insulin), Chu *et al.* (2007a) concluded that  $\beta$ -cells are the main site of GPR119 expression in the rodent islet. However, receptor expression in a subset of  $\alpha$ -cells or in other islet cell types could not be ruled out. Evidence of GPR119 expression in  $\beta$ -cell-derived insulinoma cell lines, such as HIT-T15 (Figure 1a; Chu *et al.*, 2006, 2007a; Fyfe *et al.*, 2006, 2007b), NIT-1, MIN6 and RIN5 (Soga *et al.*, 2005), is consistent with the  $\beta$ -cell being a site of expression within the pancreatic islet. Contrary evidence has been presented by Sakamoto *et al.* (2006), where immunofluorescence studies with an anti-peptide antiserum revealed the pancreatic polypeptide-secreting cells as the only site of GPR119 expression in mouse and rat islets. Chu *et al.* (2006) have confirmed the expression of GPR119 mRNA in the colon and small intestine of mouse using an RNase protection assay and also demonstrated its presence in the mouse enteroendocrine, L-cell-derived, GLUTag cell line (Drucker *et al.*, 1994) by northern blot. The latter finding has been independently confirmed using PCR by Fyfe *et al.* (2007b). Whether GPR119 is expressed in any other intestinal cell types is unknown at present.

Cells transfected with GPR119 show an increase in constitutive intracellular cAMP levels (Bonini *et al.*, 2001; Ohishi *et al.*, 2003; Chu *et al.*, 2007a), implying that the receptor functions via coupling to  $G_{\alpha s}$ , which leads to the stimulation of adenylate cyclase. In support of these data, potential endogenous ligands (see 'De-orphanization of GPR119') and synthetic small-molecule agonists of GPR119 (Figure 1b; Ohishi *et al.*, 2003; Jones *et al.*, 2004; Fyfe *et al.*, 2006, 2007b; Overton *et al.*, 2006; Chu *et al.*, 2007a) have been shown to increase cAMP concentrations in cells expressing GPR119 either endogenously or following stable or transient transfection. Furthermore, Chu *et al.* (2007a) have demonstrated that GPR119 exhibits poor coupling efficiency to  $G_{\alpha i}$  and  $G_{\alpha q}$ , indicating a selective interaction with  $G_{\alpha s}$ .



**Figure 1** The hamster insulinoma cell line HIT-T15 as a model of insulin-secreting pancreatic  $\beta$ -cells (data kindly provided by Dr J White, (OSI) Prosidion). (a) Expression of GPR119 mRNA in pancreatic tissue and HIT-T15 cells, detected by reverse transcription-PCR using primers representing sequences showing 100% identity between human, rat and mouse GPR119 genes, is shown. (b) Intracellular cyclic AMP levels in HIT-T15 cells treated for 30 min with the GPR119 agonist PSN632408 are shown (Overton *et al.*, 2006). cAMP was determined using the Perkin Elmer AlphaScreen cAMP kit.

## De-orphanization of GPR119

The first molecule to be described as a potential endogenous ligand of GPR119 was all-*trans* retinoic acid (Bonini *et al.*, 2001). Treatment of GPR119-transfected Cos-7 cells with all-*trans* retinoic acid was reported to produce a dose-dependent increase in intracellular cAMP (EC<sub>50</sub> = 909 nM,  $E_{max}$  = 202% of basal). However, Griffin (2006) and colleagues were unable to detect any activity for all-*trans* retinoic acid (concentration range 10 nM–10  $\mu$ M) in a  $G_{\alpha 16}$ -driven reporter assay using human embryonic kidney cells transiently expressing GPR119.

A number of phospholipid molecules have been reported to act as GPR119 agonists. Bonini *et al.* (2002) indicated that

platelet-activating factor (1-*O*-alkyl-2-acetyl-sn-glycero-3-phosphocholine) and lyso-platelet activating factor (1-*O*-alkyl-sn-glycero-3-phosphocholine) both raised cAMP levels in Chinese hamster ovary cells stably expressing GPR119. Soga *et al.* (2005) identified five phospholipids (the oleoyl, stearoyl and palmitoyl forms of lysophosphatidylcholine (LPC), lysophosphatidylethanolamine and lysophosphatidyl-inositol) that produced elevated cAMP levels in rat hepatoma cells stably expressing GPR119, but were unable to confirm the activity of lyso-platelet activating factor reported by Bonini *et al.* (2002). The action of oleoyl LPC as a GPR119 agonist has been confirmed in a yeast-based reporter assay by Overton *et al.* (2006). Moreover, LPC has been reported to stimulate insulin release from neonatal rat islet cells (Fujimoto and Metz, 1987), and a possible role for GPR119 in this effect is suggested by its  $\beta$ -cell localization.

Because of the remote sequence relationship between GPR119 and the cannabinoid receptors, for which the fatty acid ethanolamide anandamide (arachidonyl ethanolamide) is an endogenous ligand, a series of related fatty acid amides was tested for agonist activity in a yeast reporter assay (Griffin, 2006; Overton *et al.*, 2006). Although anandamide exhibited only minimal activity at GPR119, ethanolamides bearing less unsaturated fatty acid moieties showed superior activities, with oleoylethanolamide (OEA) being the most efficacious agonist tested. Treatment with OEA was shown to stimulate cAMP production in stably transfected and endogenous GPR119-expressing cell lines (Fyfe *et al.*, 2006; Overton *et al.*, 2006). The identification of OEA as a potential endogenous ligand for GPR119 was of particular interest, since this compound has been reported to produce a number of pharmacological effects in rodent studies, including reduction of food intake and body weight gain through activation of peroxisome proliferator-activated receptor  $\alpha$  (Rodriguez de Fonseca *et al.*, 2001; Fu *et al.*, 2003), modifying feeding behaviour and motor activity through activation of the transient receptor potential vanilloid type 1 receptor (Proulx *et al.*, 2005) and increasing fatty acid uptake by adipocytes and enterocytes through increased fatty acid translocase expression (Yang *et al.*, 2007). It has been suggested that the reported effects of OEA on feeding may be mediated in part by GPR119 in view of the gastrointestinal localization of this receptor (Overton *et al.*, 2006; Fyfe *et al.*, 2007b; see 'GPR119 agonists and obesity').

The endovanilloid compounds *N*-oleoyldopamine and olvanil have recently been described as GPR119 agonists with *in vitro* potencies similar to that of OEA (Chu *et al.*, 2007c). These three compounds are the most potent natural GPR119 agonists reported so far, and are hence the best candidates for endogenous ligands, although they are less potent and selective than the natural ligands identified for many GPCRs. Nevertheless, they may accumulate locally at high concentrations *in vivo*, for instance, in the case of OEA, in the small intestine, which is known to be a site of its synthesis (Rodriguez de Fonseca *et al.*, 2001) and also of high GPR119 expression. It is of course possible that further potential endogenous ligands remain to be identified.

## GPR119 agonists and glucose homeostasis

The expression of GPR119 in pancreatic islet  $\beta$ -cells led to the hypothesis that this receptor could play a role in the modulation of insulin secretion. In principle, a molecule acting via GPR119 to raise intracellular cAMP concentrations in pancreatic  $\beta$ -cells would be expected to potentiate glucose-stimulated insulin secretion (GSIS) in a manner analogous to that of the incretin hormones glucagon-like peptide-1 (GLP-1) and gastric inhibitory polypeptide/glucose-dependent insulinotropic peptide (GIP), which also act via  $G_{\alpha s}$ -coupled,  $\beta$ -cell receptors (Furman *et al.*, 2004). The insulinotropic actions of GPR119 agonists have been revealed in a number of *in vitro* systems. For instance, Soga *et al.* (2005) demonstrated that oleoyl LPC enhanced GSIS from both the perfused rat pancreas and the NIT-1 mouse  $\beta$ -cell line. The insulinotropic effects of oleoyl LPC were attenuated in the presence of either an adenylate cyclase inhibitor or a GPR119-selective siRNA. Lan *et al.* (2007) reported that oleoyl LPC potentiated GSIS by mouse pancreatic islets, in contrast to islets from GPR119-deficient mice, where no insulin secretion was seen. Chu *et al.* (2007a) showed enhancement of GSIS in HIT-T15 (hamster insulinoma) cells and in isolated rat and mouse islets using the selective small-molecule GPR119 agonist AR231453. No effect of this compound could be seen in islets isolated from GPR119-deficient mice.

The presence of GPR119 in the enteroendocrine GLUTag cell line noted above (Chu *et al.*, 2006; Fyfe *et al.*, 2007b) suggests that intestinally expressed receptor may also be involved in glucose homeostasis via the modulation of incretin hormone release. GLUTag cells are known to secrete the incretin hormone GLP-1, and they respond to the signals controlling GLP-1 release in a similar manner to primary intestinal L cells (Brubaker *et al.*, 1998). Small-molecule GPR119 agonists have been shown to elevate cAMP levels and stimulate GLP-1 secretion from GLUTag cells. Moreover, they increase plasma GLP-1 levels acutely when administered to rodents (Chu *et al.*, 2006; Fyfe *et al.*, 2007b). Furthermore, a small-molecule GPR119 agonist has been reported to stimulate the release of both GLP-1 and GIP in wild-type, but not GPR119-deficient, mice (Chu *et al.*, 2007b). This result suggests that GPR119 may be expressed in GIP-secreting K cells, but this has not yet been demonstrated directly. Hence, GPR119 agonists might exert a twofold effect in lowering blood glucose, acting directly at the pancreatic  $\beta$ -cell to promote GSIS and, indirectly, via the enteroendocrine cells, by stimulating the release of the incretin hormones GLP-1 and GIP, which are powerful anti-hyperglycaemic agents (Drucker, 2001; Meier *et al.*, 2002a; Gromada *et al.*, 2004). It should be noted that, while part of the mechanism of GLP-1-dependent blood glucose lowering may depend on a direct insulinotropic effect on the  $\beta$ -cell, GLP-1 also exerts its actions by suppressing meal-associated glucagon secretion and regulating delivery of food to the gut by reducing gastric motility (see reviews by Holst and Deacon, 2005; Holst, 2006; Drucker, 2006, 2007).

Several studies have reported that small-molecule GPR119 agonists can suppress glucose excursions when administered during oral glucose tolerance tests in both normoglycaemic

and hyperglycaemic rodent models (Ohishi *et al.*, 2003; Jones *et al.*, 2004; Chu *et al.*, 2006, 2007a; Fyfe *et al.*, 2007b). The anti-hyperglycaemic actions of GPR119 agonists were lost in GPR119-deficient mice (Chu *et al.*, 2007a). The ability of GPR119 agonists to improve glycaemic control was reduced following either intraperitoneal or intravenous administration of glucose (Chu *et al.*, 2007a; Fyfe *et al.*, 2007b). This implies that little of the effect seen in the oral glucose tolerance test may be achieved by direct stimulation of GSIS at the pancreatic  $\beta$ -cell, and suggests incretin mediation of the response.

agonists inhibit gastric emptying and suppress food intake upon acute dosing to rats, with no indication of drug-induced malaise or conditioned taste aversion (Fyfe *et al.*, 2006, 2007b; Overton *et al.*, 2006). The hypophagic actions of GPR119 agonists lead to reduced weight gain, fat pad masses and plasma leptin/triglyceride levels when administered sub-chronically in rodent models of obesity (Fyfe *et al.*, 2006, 2007b; Overton *et al.*, 2006). The testing of potent, selective agonists for food intake and body weight effects in GPR119-deficient mouse models has not been reported so far.

### GPR119 agonists and obesity

As noted above, the idea that GPR119 modulation might provide the basis for an anti-obesity therapy was first suggested by the effects of its endogenous ligand, OEA, on feeding and body weight (Overton *et al.*, 2006). Lan *et al.* (2007), however, reported that OEA was able to suppress food intake to a similar extent in both wild-type and GPR119-deficient mice. Nevertheless, as OEA is a relatively non-selective and low-potency GPR119 agonist, it is conceivable that its GPR119-specific effects would be masked in such a model.

The demonstration that GPR119 agonists stimulate the release of GLP-1 lends further credence to these agents having an effect on body weight, since GLP-1 is known to cause gastric deceleration and increase satiety, phenomena that lead to reduced caloric intake and weight loss in both animal models and human subjects (Meier *et al.*, 2002b; Zander *et al.*, 2002; Nielsen 2005). Possibly as a result of their effects on GLP-1 secretion, selective small-molecule GPR119

### Possible applications to drug discovery

Current publicly available data on the effects of GPR119 agonists in animal models indicate that they could prove valuable agents for the treatment of type 2 diabetes and obesity by improving glucose homeostasis while concurrently limiting food intake and body weight gain. Although the details of their mechanism of action are not yet understood fully, it appears that their ability to stimulate GLP-1 secretion from intestinal L-cells may be important for these observed effects, as summarized in Figure 2.

Modulation of the GLP-1 receptor has attracted much attention as a means of improving glycaemic control in type 2 diabetes patients (see reviews from Holst and Deacon, 2005; Drucker, 2006, 2007; Holst, 2006). Such treatments have the advantage of minimizing the risk of hypoglycaemia, since the actions of GLP-1 are glucose-dependent and diminish as blood glucose levels are normalized. As GLP-1 is rapidly rendered inactive by the dipeptidyl peptidase IV enzyme, current approaches fall into two classes: (a)

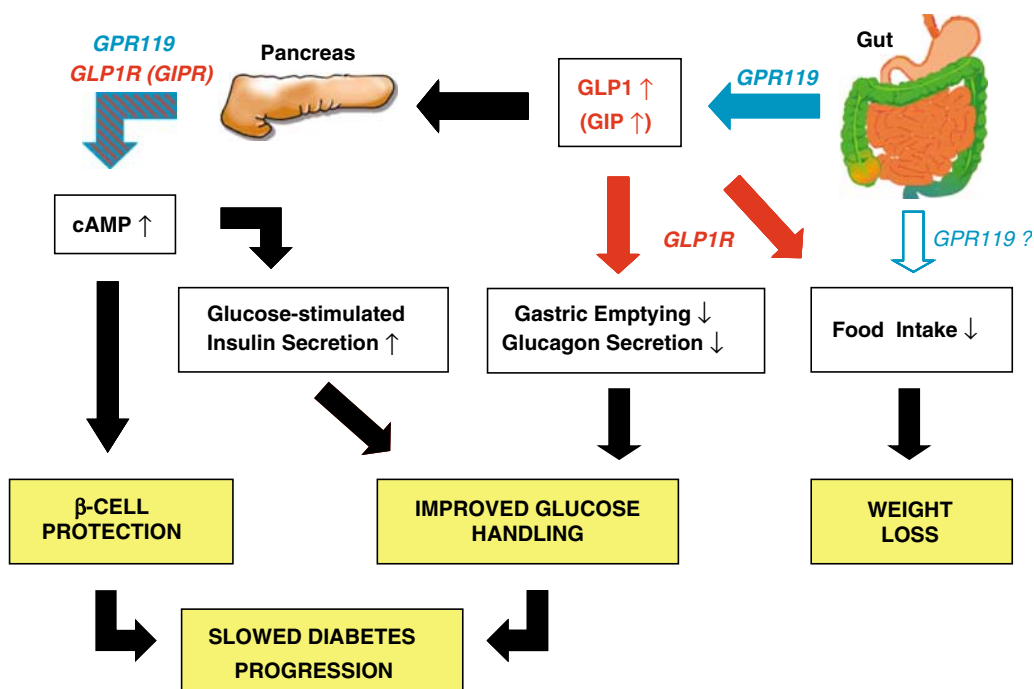


Figure 2 Proposed mechanisms of GPR119 agonist action. See text for further explanation.

injection of an 'incretin mimetic', that is, a peptidic GLP-1 receptor agonist resistant to degradation by dipeptidyl peptidase IV and (b) inhibition of dipeptidyl peptidase IV to preserve endogenous GLP-1 in its active form. While treatment with dipeptidyl peptidase IV inhibitors appears to have no effect on body weight, the injectable incretin mimetics have been demonstrated to produce weight loss in addition to their effects on glycaemic control (Nielsen, 2005). This combination of actions could be of particular therapeutic value, since weight loss is known to be beneficial in the control of type II diabetes and is difficult to achieve during treatment with many other glucose-lowering agents (Bailey, 2005). Using a GPR119 agonist to stimulate secretion of endogenous GLP-1 may provide a third approach, giving improved glycaemic control and associated weight loss through an oral dosing regime. The ability of GPR119 agonists to elicit GIP secretion (Chu *et al.*, 2007b) could be of limited therapeutic value during the initial stages of treatment, since type 2 diabetic patients are generally GIP-resistant (Nauck *et al.*, 1993). However, it has recently been reported that  $\beta$ -cell responsiveness to GIP is enhanced with improving blood glucose control (Højberg *et al.*, 2007), so one could envisage GIP secretion gaining more pharmacological importance as chronic treatment with a GPR119 agonist progresses.

Administration of GLP-1 or one of its mimetics has been shown to promote the preservation or expansion of  $\beta$ -cell mass and to delay the development of diabetes in animal models (Brubaker and Drucker, 2004), although not yet in human subjects. This effect may be partly the result of improved glycaemic control. However, elevated intracellular cAMP levels have been shown to protect  $\beta$ -cells from 2-deoxy-D-ribose-induced oxidative damage (Koh *et al.*, 2005) and lipid-induced apoptosis (Kwon *et al.*, 2004). As GPR119 agonists raise cAMP levels in the  $\beta$ -cell, there is potential for these agents to exert a beneficial effect on disease progression beyond what could be achieved by improving glucose homeostasis alone. The concomitant increase in circulating GLP-1, itself capable of raising  $\beta$ -cell cAMP levels, might contribute to such an effect.

Much progress has been made in the discovery of potent, selective, small-molecule agonists of GPR119 with drug-like properties and oral activity in appropriate animal models (Fyfe *et al.*, 2007a), of which one, APD668, has so far entered into the clinic (Mealy and Lupone, 2006). The value of GPR119 agonists as a new class of therapeutics for type II diabetes and associated obesity is therefore likely to be determined within the next few years.

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## Conflict of interest

The authors state no conflict of interest

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