SYMPOSIUM REPORT

Roles of phospholipase C β and NMDA receptor in activity-dependent endocannabinoid release

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Endocannabinoids are released from postsynaptic neurons, activate presynaptic cannabinoid receptors and cause various forms of short-term and long-term synaptic plasticity throughout the brain. Using hippocampal and cerebellar neurons, we have revealed that endocannabinoid release can be induced through two different pathways. One is independent of phospholipase $C\beta$ (PLC β) and driven by Ca²⁺ elevation alone (Ca²⁺-driven endocannabinoid release, CaER), and the other is PLC β -dependent and driven by activation of $G_{q/11}$ -coupled receptors (receptor-driven endocannabinoid release, RER). CaER is induced by activation of either voltage-gated Ca²⁺ channels or NMDA receptors. RER is functional even at resting Ca²⁺ levels (basal RER), but markedly enhanced by a small Ca²⁺ elevation (Ca²⁺-assisted RER). In Ca²⁺-assisted RER, PLC β serves as a coincidence detector of receptor activation and Ca²⁺ elevation. We have also demonstrated that Ca²⁺-assisted RER is essential for the endocannabinoid release triggered by synaptic activity. Our anatomical data show that a set of receptors and enzymes required for RER are well organized so that the excitatory input can trigger RER effectively. Certain forms of spike-timing-dependent plasticity (STDP) are reported to depend on endocannabinoid signalling. The NMDA receptor and PLC β might play key roles in the endocannabinoid-dependent forms of STDP as coincidence detectors with different timing dependences.

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Our knowledge of the endocannabinoid system has been rapidly expanded in the last several years. In 2001, it was first demonstrated that endocannabinoids work as a retrograde messenger in the CNS and contribute to activity-dependent modulation of synaptic transmission (Kreitzer & Regehr, 2001; Maejima *et al.* 2001; Ohno-Shosaku *et al.* 2001; Wilson & Nicoll, 2001). Since then, the endocannabinoid-mediated retrograde modulation has been reported in various brain regions (Chevaleyre *et al.* 2006; Hashimotodani *et al.* 2007*b*). It is now known that the endocannabinoid signal contributes to many forms of short-term and long-term synaptic plasticity throughout the brain (Gerdeman & Lovinger, 2003; Chevaleyre *et al.* 2006; Hashimotodani *et al.* 2007*b*).

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In this report, we focus on molecular mechanisms underlying endocannabinoid release induced by synaptic activities.

Induction of endocannabinoid release

Endocannabinoids are produced on demand and released from postsynaptic neurons. The released endocannabinoids travel backward across the synapse, activate presynaptic CB1 cannabinoid receptors (CB1Rs) and cause suppression of neurotransmitter release. Endocannabinoid release can be induced through two different pathways. One is driven by Ca^{2+} elevation alone (Ca^{2+} -driven endocannabinoid release, CaER). The other is driven by activation of $G_{q/11}$ -coupled receptors (receptor-driven endocannabinoid release, RER).

CaER contributes to depolarization-induced transient suppression of synaptic transmission, which is known as

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DSI for inhibitory synapse (Llano et al. 1991; Pitler & Alger, 1992) and DSE for excitatory synapse (Kreitzer & Regehr, 2001). DSI/DSE is induced postsynaptically by strong depolarization (e.g. to 0 mV for 5 s), and expressed presynaptically as a transient reduction of transmitter release. Therefore, involvement of some retrograde signal was proposed. In 2001, it was revealed that endocannabinoids serve as a retrograde messenger in DSI/DSE (Kreitzer & Regehr, 2001; Ohno-Shosaku et al. 2001; Wilson & Nicoll, 2001). Induction of 'pure' DSI/DSE, which is induced by depolarization alone without any simultaneous activation of G_{a/11}-coupled receptors, requires a large increase in intracellular Ca²⁺ concentration (to a micromolar range) (Brenowitz & Regehr, 2003; Maejima et al. 2005), which is primarily caused by Ca2+ influx through voltage-gated Ca2+ channels. Later studies demonstrated that the 'pure' DSI/DSE is phospholipase $C\beta$ (PLC β) independent (Hashimotodani et al. 2005; Maejima et al. 2005). In addition to depolarization, activation of NMDA-type glutamate receptors also induces a transient suppression of synaptic transmission in a Ca²⁺- and CB1R-dependent manner (Ohno-Shosaku et al. 2007). We showed that this suppression is caused by Ca²⁺ inflow into postsynaptic neurons through NMDA receptors and not through voltage-gated Ca²⁺ channels activated secondarily by NMDA receptor-induced local depolarization (Ohno-Shosaku *et al.* 2007). Therefore, NMDA receptors can take the place of voltage-gated Ca^{2+} channels for CaER. Molecular mechanisms of CaER still remain to be elucidated.

RER was first reported in a study showing that postsynaptic activation of type 1 metabotropic glutamate receptor (mGluR1) induced CB1R-dependent retrograde suppression of synaptic transmission in the cerebellum (Maejima et al. 2001). Since this discovery, RER was found to be induced in various brain regions by activation of G_{a/11}-coupled receptors, such as group I mGluRs (mGluR1/5) (Varma et al. 2001; Ohno-Shosaku et al. 2002; Galante & Diana, 2004; Kushmerick et al. 2004; Narushima et al. 2006), M_1 and/or M_3 muscarinic acetylcholine receptors (Kim et al. 2002; Fukudome et al. 2004; Narushima et al. 2007; Newman et al. 2007), orexin receptor (Haj-Dahmane & Shen, 2005) and oxytocin receptor (Oliet et al. 2007). Molecular mechanisms of RER have been elucidated by using pharmacological and genetic tools. Figure 1 shows a current model for RER. Activation of $G_{q/11}$ -coupled receptors stimulates PLC β and yields diacylglycerol (DAG). DAG is then converted by DAG lipase (DAGL) to 2-arachidonoylglycerol (2-AG), one of the two major endocannabinoids. This model is supported by studies showing prevention of RER by



Figure 1. Models of basal receptor-driven endocannabinoid release (RER) and Ca²⁺-assisted RER

A, at basal Ca²⁺ levels, strong activation of G_{q/11}-coupled receptors (e.g. mGluR1/5, M₁/M₃) stimulates PLC β through G $\alpha_{q/11}$. PLC β hydrolyses phosphatidylinositol 4,5-bisphosphate into diacylglycerol and inositol 1,4,5-trisphosphate. Diacylglycerol is then hydrolysed to 2-arachidonoylglycerol (2-AG) by diacylglycerol lipase (DAGL). 2-AG is released and activates presynaptic CB1 cannabinoid receptors, leading to the suppression of neurotransmitter release. *B*, when activation of G_{q/11}-coupled receptors coincides with Ca²⁺ increase through Ca²⁺-permeable channels (e.g. voltage-gated Ca²⁺ channel, NMDA receptor), PLC β activation is enhanced. In this condition, 2-AG production can be induced even by weak activation of G_{q/11}-coupled receptors, which is subthreshold for basal RER.

pharmacological inhibition of PLC or DAGL (Melis et al. 2004; Haj-Dahmane & Shen, 2005; Maejima et al. 2005; Safo & Regehr, 2005; Hashimotodani et al. 2007c; Newman et al. 2007; Straiker & Mackie, 2007; Uchigashima et al. 2007) and absence of RER in PLC β 1- or PLC β 4-deficient mice (Hashimotodani et al. 2005; Maejima et al. 2005). RER was originally thought to be Ca²⁺ independent, because RER was functional even under the conditions that prevent Ca²⁺ elevation ('basal RER', Fig. 1A) (Maejima et al. 2001). However, our later studies have revealed that RER is highly sensitive to the Ca²⁺ level of the postsynaptic neuron and is markedly enhanced by a small Ca²⁺ elevation to a physiological (submicromolar) range ('Ca²⁺-assisted RER', Fig. 1B) (Hashimotodani et al. 2005; Maejima et al. 2005). We have also demonstrated that PLC β plays a key role as a Ca²⁺ sensor for 'Ca²⁺-assisted RER' (Hashimotodani et al. 2005; Maejima et al. 2005), which is briefly described in the following section.

Mechanisms of Ca²⁺-assisted RER

To determine the role of PLC β in endocannabinoid release, we used cultured hippocampal neurons and monitored the endocannabinoid release by measuring cannabinoid-sensitive synaptic currents (Hashimotodani et al. 2005). We found that RER mediated by muscarinic receptors or group I mGluRs (I-mGluRs) was absent in mutant mice lacking PLC β 1, which is the predominant isoform in the forebrain including hippocampus (Watanabe et al. 1998) among the four isoforms of the PLC β family (PLC β 1–4). This PLC β 1-dependent RER was augmented by increasing the postsynaptic Ca²⁺ concentration. We measured PLC β 1 activity in intact neurons by using the exogenous TRPC6 channel, a member of the canonical transient receptor potential family. Because the TRPC6 channel is activated by intracellular DAG, we used it as a biosensor for the PLC product DAG. Large inward currents were induced by activation of the G_{a/11}-coupled receptors in hippocampal neurons expressing TRPC6 channels, but not in control neurons. These currents were also negligible in TRPC6-expressing neurons from the PLC β 1-deficient mice, indicating that the receptor-driven TRPC6 current reflects PLC β 1 activity. By measuring the TRPC6 current at different Ca²⁺ levels, we found that the receptor-driven PLC β 1 activation showed a similar Ca²⁺ dependence to that of the receptor-driven endocannabinoid release (Fig. 2). These results indicate that PLC β 1 is most effectively activated when Ca²⁺ elevation and G_{q/11}-coupled receptor activation coincide, and contributes to 'Ca²⁺-assisted RER'.

We drew a similar conclusion from a study on mouse cerebellar slices (Maejima *et al.* 2005). We made whole-cell recordings from Purkinje cells (PCs) and examined their excitatory synapses arising from climbing fibres (CFs) and parallel fibres (PFs). We sampled PCs from the rostral half of the cerebellum where PLC β 4 is the predominant isoform in PCs (Watanabe *et al.* 1998). We found that the mGluR1-driven endocannabinoid release depended on postsynaptic Ca²⁺ levels within a physiological range, and that the enhancement of endocannabinoid release by the combination of depolarization (Ca²⁺ elevation) and mGluR1 activation was abolished in PLC β 4-deficient mice. These results indicate that PLC β 4 plays a key role in Ca²⁺-assisted RER in the cerebellum.

It has been reported that endocannabinoid release is markedly facilitated when depolarization and G_{q/11}-coupled receptor activation is combined in various brain regions, including the hippocampus (Varma et al. 2001; Kim et al. 2002; Ohno-Shosaku et al. 2002, 2003), neocortex (Fortin et al. 2004), cerebellum (Maejima et al. 2005) and striatum (Narushima et al. 2007). This phenomenon has often been described as 'enhancement of DSI/DSE by receptor activation', which gives a false impression that the 'pure' DSI/DSE mechanism (CaER) is enhanced by receptor activation. However, there is no experimental evidence for the enhancement of CaER by receptor activation. Our results indicate rather that the enhanced DSI/DSE includes two distinct components, namely 'pure' DSI/DSE caused by CaER and the component caused by Ca²⁺-assisted RER (Maejima et al. 2005). The 'enhancement of DSI/DSE by receptor activation' can be explained largely, if not totally, by the addition of Ca²⁺-assisted RER to CaER.

Physiological significance of Ca²⁺-assisted RER

Using mouse cerebellar slices, we also examined the role of Ca²⁺-assisted RER in the endocannabinoid release triggered by synaptic activity. Repetitive stimulation of PFs (10 pulses at 100 Hz) induced a transient suppression of transmission at PF-PC synapses. This suppression was blocked by a selective mGluR1 antagonist, CB1R antagonists, and postsynaptic injection of 30 mM BAPTA. The suppression was also abolished in the slices prepared from PLC β 4-deficient mice. These results indicate that Ca²⁺-assisted RER involving the mGluR1–PLC β 4 cascade is essential for effective endocannabinoid release by PF activity. Furthermore, we demonstrated by biochemical analysis that combined weak mGluR1 activation and mild depolarization in PCs effectively produces 2-AG, whereas either stimulus alone does not produce detectable 2-AG. Several other studies also reported the data suggesting a major contribution of Ca²⁺-assisted RER to short-term retrograde suppression triggered by synaptic activities (Brown et al. 2003; Melis et al. 2004; Brenowitz & Regehr, 2005).

Ca²⁺-assisted RER might also play a role in integrating different synaptic inputs. We have reported recently that

DSI is constantly enhanced by tonic activation of the M_1 muscarinic receptor in the striatum (Narushima *et al.* 2007). In the striatal medium spiny (MS) neurons, the M_1 receptor is tonically activated by ambient acetylcholine that is released from tonically active cholinergic interneurons. The tonic activation of M_1 receptor–PLC β cascade, which is insufficient to induce endocannabinoid release, makes the neurons ready to respond to upcoming depolarization, which will be caused by glutamatergic input under physiological conditions, and to release endocannabinoids. Therefore, it is expected that MS neurons can integrate glutamatergic and cholinergic inputs and regulate the function of cannabinoid-sensitive presynaptic terminals through Ca²⁺-assisted RER.

Arrangement of endocannabinoid signalling molecules

Anatomical studies have elucidated the subcellular distributions of endocannabinoid signalling molecules including mGluR1 α , mGluR5, M₁ muscarinic receptor, G $\alpha_{q/11}$, PLC β s, DAGL α , monoacylglycerol lipase (MAGL) and CB1R. In general, the elements involved in endocannabinoid production are co-localized on postsynaptic sites (Lujan *et al.* 1996; Tanaka *et al.* 2000; Yoshida *et al.* 2006; Narushima *et al.* 2007; Uchigashima *et al.* 2007), whereas CB1R, and MAGL which degrades 2-AG and terminates the retrograde endocannabinoid signal (Dinh *et al.* 2002; Hashimotodani *et al.* 2007; Joshima *et al.* 2002; Gulyas



Figure 2. Intracellular Ca^{2+} dependence of RER and PLC β 1-mediated TRPC6 activation driven by muscarinic activation

A, simultaneous whole-cell voltage clamp recordings were made from neuron pairs in rat hippocampal culture. The presynaptic neurons were stimulated and cannabinoid-sensitive IPSCs were recorded from the postsynaptic neurons dialysed with the solutions containing 30 mM BAPTA with the indicated pCa levels. Examples representing the effects of 2-AG (30 nM) and oxotremorine-M (oxo-M, 0.3 μ M) at the four different pCa levels. IPSC traces acquired at the indicated time points are shown on the right. *B*, averaged data for oxo-M-induced suppression of IPSC at four different pCa levels buffered with 10–30 mM BAPTA or 10 mM EGTA. C and *D*, rat cultured hippocampal neurons expressing exogenous TRPC6 were dialysed with 10 mM BAPTA-containing solutions with the indicated pCa levels. Sample traces (*C*) and averaged amplitudes (*D*) of oxo-M (3 μ M)-induced currents at the four different pCa levels. In the summary bar graphs (*D*), the amplitudes were normalized to the values for pCa 6. (Modified from Hashimotodani *et al.* 2005, with permission.)

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et al. 2004). The fine arrangement of these elements is, however, unique to each brain region.

In hippocampal pyramidal neurons, mGluR5, $G\alpha_{q/11}$ and DAGL α are distributed in postsynaptic spines (Lujan *et al.* 1996; Tanaka *et al.* 2000; Yoshida *et al.* 2006). CB1R is expressed at low levels on excitatory presynaptic terminals that face the DGL α -expressing spine heads (Katona *et al.* 2006; Yoshida *et al.* 2006), and expressed at high levels on cholecystokinin-positive inhibitory terminals that face the somatodendritic surface lacking DAGL α . In cerebellar PCs, mGluR1 α , G $\alpha_{q/11}$ and PLC β 4 are all concentrated at the perisynaptic region of spine heads (Baude *et al.* 1993; Tanaka *et al.* 2000; Nakamura *et al.* 2004). However, DAGL α is not found on spine heads and necks, and is highly concentrated at the base of spine neck and somatodendritic surface (Yoshida *et al.* 2006). Therefore, DAG should travel from spine heads to the bases of spine necks to be converted to 2-AG. This distance between PLC β 4 and DAGL α might be physiologically significant, considering that DAG also

Figure 3. Schematic drawings showing the molecular, anatomical and physiological organization for endocannabinoid signalling of the three cell types in the brain

A, in the Purkinje cell, diacylglycerol lipase- α (DAGL α) is densely concentrated at the base of spine neck. DAG produced at spine head diffuses to the base of spine neck and is converted to 2-arachidonoylglycerol (2-AG) by DAGLa. Released 2-AG activates CB1 cannabinoid receptors (CB1R) located on perisynaptic region of the parallel fibre (PF) terminal or nearby inhibitory terminal (In). B, in the hippocampal CA1 pyramidal cell, DAGL α is distributed in the spine head and neck. At this site, 2-AG is produced and travels to activate CB1R located on both excitatory (Ex) and cholecystokinin-positive inhibitory (CCK-In) terminals. The density of CB1R is low at the excitatory terminal, and high at the CCK-positive inhibitory terminal. PCD, Purkinje cell dendrite; PyD, pyramidal cell dendrite; PV-In, parvalbumin-positive inhibitory terminal. C, in the striatal medium spiny neuron, coincidental depolarization and mGluR5 activation are essential for PLC β 1/DAGL α -mediated production of 2-AG to induce retrograde suppression of corticostriatal synapse, because of low CB1 levels in excitatory corticostriatal afferents. This mGluR5-driven Ca²⁺-assisted RER is further facilitated with the aid of M₁, while M₁ activation alone fails to trigger 2-AG production because of its sparse distribution in the spines. This modulation will lead to the suppression of the hyperactivity of the medium spiny neuron (MSN). At MSN–MSN and parvalbumin (PV) interneuron–MSN synapses, which show high density of CB1R, both mGluR5 and M1 can induce RER because of their widespread somatodendritic distributions. This retrograde suppression will lead to the increase of the excitability and striatal output of the MSN. (Modified from Yoshida et al. 2006 and Uchigashima et al. 2007, with permission.)



functions as an activator for PKC γ , which plays a crucial role in motor coordination and synapse elimination in PCs (Chen *et al.* 1995; Kano *et al.* 1995). CB1R is accumulated at the perisynaptic region of PF terminals and inhibitory presynaptic terminals (Kawamura *et al.* 2006; Yoshida *et al.* 2006). In striatal MS neurons, mGluR5 and DAGL α are widely expressed on the extrasynaptic somatodendritic surface, and their densities are highest in spines (Uchigashima *et al.* 2007). In contrast to mGluR5, the M₁ receptor is sparse in spines and shows widespread somatodendritic distribution (Narushima *et al.* 2007). CB1R is expressed at high levels on inhibitory presynaptic terminals of parvalbumin-positive interneurons and MS neurons and at low levels on excitatory corticostriatal afferents (Uchigashima *et al.* 2007).

These anatomical data are largely consistent with our electrophysiological data. As a whole, a set of receptors and enzymes required for RER are closely localized so that the glutamatergic (and/or cholinergic) activity can trigger 2-AG production effectively (Fig. 3). 2-AG is then released and travels some distance to presynaptic terminals expressing CB1R. The density of CB1R is high at inhibitory and low at excitatory terminals, as if the spatial disadvantage of inhibitory terminals, which are located far from the 2-AG production site, is compensated by increasing the sensitivity to 2-AG (Fig. 3).

Roles of two coincidence detectors, $PLC\beta$ and NMDA receptor

Based on our experimental data, we can speculate on the mechanisms of endocannabinoid-mediated synaptic plasticity. In Ca²⁺-assisted RER, PLC β functions as a coincidence detector of G_{q/11}-coupled receptor activation and Ca²⁺ elevation (Hashimotodani et al. 2007a). If firing of presynaptic neurons activates postsynaptic I-mGluR and postsynaptic spikes induce Ca²⁺ elevation through voltage-gated Ca^{2+} channels, PLC β can detect a certain timing of presynaptic and postsynaptic spikes. Indeed, involvement of the endocannabinoid signal in spike-timing-dependent plasticity (STDP) has been suggested at several types of synapses in the sensory cortex (Sjostrom et al. 2003; Bender et al. 2006; Nevian & Sakmann, 2006). At these synapses, long-term potentiation (LTP) is induced when presynaptic firing repeatedly precedes postsynaptic firing by 0-20 ms (pre-post timing), whereas long-term depression (LTD) is induced by their repeated firings in an inverse order (post-pre timing). This post-pre timing-dependent LTD (LTD_{post-pre}) was reported to depend on CB1R, I-mGluR and voltage-gated Ca²⁺ channels but not on postsynaptic NMDA receptors (Bender et al. 2006; Nevian & Sakmann, 2006). These data suggest the possibility that $PLC\beta$ might function as a post-pre timing detector in these endocannabinoid-mediated forms of LTD_{post-pre}.

Recently, we demonstrated that NMDA receptors can take the place of voltage-gated Ca²⁺ channels in both CaER and Ca²⁺-assisted RER by using cultured hippocampal neurons (Ohno-Shosaku et al. 2007). The NMDA receptor is the best known coincidence detector, and is generally thought to be able to detect a pre-post timing. Interestingly, it was recently reported in interneurons of dorsal cochlear nucleus that LTD was induced by a pre-post timing protocol (Tzounopoulos et al. 2007), which usually induces LTP in the sensory cortex. This pre-post timing-dependent LTD (LTD_{pre-post}) was shown to be expressed presynaptically, and depend on postsynaptic Ca2+ elevation, postsynaptic NMDA receptors and presynaptic CB1R, but not on I-mGluRs (Tzounopoulos et al. 2007). These data suggest that the NMDA receptor might contribute to LTD_{pre-post} by functioning as a pre-post timing detector and inducing CaER.

These results suggest that $PLC\beta$ and the NMDA receptor may function differently in different central synapses as a coincidence detector for activity-dependent endocannabinoid release.

Conclusions

The endocannabinoid signal plays an essential role in many forms of synaptic plasticity. Generation of the endocannabinoid signal is finely regulated by neural activities through multiple mechanisms, which involve voltage-gated Ca²⁺ channels, NMDA receptors, I-mGluRs, M_1/M_3 muscarinic receptors, PLC β s and DAGL. These molecules are well organized so that neural activities can trigger the endocannabinoid release effectively. Among these signalling molecules, NMDA receptors and PLC β can function as coincidence detectors of presynaptic and postsynaptic activities. Recent studies suggest that these molecules might play a key role as timing detectors in endocannabinoid-dependent STDP. Under physiological conditions, the endocannabinoid release might be induced by more complicated patterns of neural activities. The physiological significance of these two coincidence detectors in various forms of synaptic plasticity remains to be elucidated.

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