

# Ethanol induces fluid hypersecretion from guinea-pig pancreatic duct cells

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Ethanol is the leading cause of pancreatitis; however, its cellular effects are poorly understood. We examined the direct effects of ethanol in the concentration range 0.1–30 mM, i.e. relevant to usual levels of drinking, on fluid secretion from guinea-pig pancreatic duct cells. Fluid secretion was continuously measured by monitoring the luminal volume of interlobular duct segments isolated from the guinea-pig pancreas.  $[Ca^{2+}]_i$  was estimated by microfluorometry in duct cells loaded with fura-2. Ethanol at 0.3–30 mM significantly augmented fluid secretion stimulated by physiological (1 pM) or pharmacological (1 nM) concentrations of secretin. It augmented dibutyryl cAMP-stimulated fluid secretion but failed to affect spontaneous or acetylcholine-stimulated secretion. Ethanol at 1 mM shifted the secretin concentration–fluid secretion response curve upwards and raised the maximal secretory response significantly by 41%. In secretin-stimulated ducts, 1 mM ethanol induced a transient increase in  $[Ca^{2+}]_i$  that was dependent on the presence of extracellular  $Ca^{2+}$ . Ethanol failed to augment secretin-stimulated secretion from ducts pretreated with an intracellular  $Ca^{2+}$  buffer (BAPTA) or a protein kinase A inhibitor (H89). In conclusion, low concentrations of ethanol directly augment pancreatic ductal fluid secretion stimulated by physiological and pharmacological concentrations of secretin, and this appears to be mediated by the activation of both the intracellular cAMP pathway and  $Ca^{2+}$  mobilization.

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Alcoholic beverages are commonly consumed with meals. Their abuse causes a variety of cellular dysfunctions and diseases in many organ systems. The acute effects of ethanol depend on its blood concentration, which may vary depending on the amount of ethanol ingested, body mass, drinking style and type of meal, which may affect the gastric emptying, absorption and metabolism of ethanol. A pint of beer may increase blood ethanol levels by up to 5 mM (Laurence & Bennett, 1987). The objective effects of ethanol on the central nervous system, such as flicker fusion, appear in the range 4–6 mM. The effects on behaviour become evident at around 10 mM. More than 50% of people are grossly intoxicated at around 30 mM. Loss of consciousness occurs at around 60 mM and death certainly occurs at levels over 100 mM (Deitrich & Harris, 1996).

In the exocrine pancreas, ethanol is the most common cause of acute and chronic pancreatitis; however, its effects on acinar and duct cell functions are poorly understood (Singh & Simsek, 1990; Niebergall-Roth *et al.* 1998). Many investigators examined the direct effects of ethanol on

acinar cells and found that very high concentrations of ethanol are required to observe measurable effects (Singh & Simsek, 1990; Niebergall-Roth *et al.* 1998). For example, 600 mM ethanol inhibited cholecystokinin-stimulated enzyme secretion from isolated rat pancreatic acini (Tachibana *et al.* 1996). Only a few investigators have examined the effects of ethanol on duct cells. Combination of aspirin and ethanol (20 mM) increased the permeability of ductal epithelium to  $Cl^-$  and  $HCO_3^-$  in the main pancreatic duct of the cat (Reber *et al.* 1993). However, the effects of ethanol on smaller (intra- or interlobular) pancreatic ducts, where most of the  $HCO_3^-$  and water are secreted (Case & Argent, 1993), have not yet been examined. In order to understand the cellular action of ethanol, we have examined the direct effects of ethanol on fluid secretion from isolated interlobular ducts (Ishiguro *et al.* 1998; Suzuki *et al.* 2001). It was surprising to find that low concentrations of ethanol, relevant to blood levels observed after occasional social drinking, strongly augmented ductal fluid secretion stimulated by both physiological (1 pM) and pharmacological (1 nM) concentrations of secretin.

## METHODS

The following study was approved by the Ethical Committee of Nagoya University on Animal Use for Experiment.

### Isolation and culture of interlobular ducts

Female Hartley guinea-pigs (~350 g) were killed by cervical dislocation. Interlobular ducts of the pancreas were isolated as described previously (Ishiguro *et al.* 1996). The body and tail of the pancreas were removed and digested with collagenase and hyaluronidase. Interlobular duct segments (diameter, 100–150  $\mu\text{m}$ ) were microdissected under a dissection microscope using sharpened needles. The duct segments were cultured at 37 °C in 5%  $\text{CO}_2$  in air for 3 h.

### Solutions

The standard Hepes-buffered solution contained (mM): NaCl 140, KCl 5,  $\text{CaCl}_2$  1,  $\text{MgCl}_2$  1, D-glucose 10 and Hepes 10, and was

equilibrated with 100%  $\text{O}_2$ . The standard  $\text{HCO}_3^-$ -buffered solution contained (mM): NaCl 115, KCl 5,  $\text{CaCl}_2$  1,  $\text{MgCl}_2$  1, D-glucose 10 and  $\text{NaHCO}_3$  25, and was equilibrated with 95%  $\text{O}_2$ -5%  $\text{CO}_2$ . The osmolality of both solutions was ~290 mosmol  $\text{kg}^{-1}$ . The  $\text{Ca}^{2+}$ -free  $\text{HCO}_3^-$ -buffered solution was prepared by replacing  $\text{CaCl}_2$  with 0.2 mM EGTA. The solutions were adjusted to pH 7.4 at 37 °C.

### Measurement of the fluid secretory rate

During the short-term culture both ends of the interlobular duct segments sealed spontaneously thus isolating the luminal space from the bathing medium. The cultured ducts were stored at 4 °C in the standard Hepes-buffered solution prior to use. The fluid secretory rate into the closed luminal space was measured by a method described previously (Ishiguro *et al.* 1998; Suzuki *et al.* 2001; Szalmay *et al.* 2001). The ducts were attached to the glass coverslips pretreated with Cell-Tak (Becton Dickinson Labware, Bedford, MA) and were superfused at 37 °C on the stage of an inverted microscope. The bright-field images of the duct were obtained at 1 min intervals using a CCD camera. In order to determine the fluid secretory rate, the initial values for the length ( $L_0$ ), diameter ( $2R_0$ ) and image area ( $A_0$ ) of the duct lumen were measured in the first image of the series. The initial volume ( $V_0$ ) of the duct lumen was calculated, assuming cylindrical geometry, as  $\pi R_0^2 L_0$ . The values of  $L_0$ ,  $R_0$  and  $V_0$  of the ducts used for experiments were  $308 \pm 9 \mu\text{m}$ ,  $70 \pm 3 \mu\text{m}$  and  $5.6 \pm 0.5 \text{ nl}$ , respectively ( $n = 72$ , mean  $\pm$  S.E.M.). The luminal surface area of the epithelium was taken to be  $2\pi R_0 L_0$ . In subsequent images of the series, the luminal image area ( $A$ ) was expressed as relative area ( $A/A_0$ ). Relative volume ( $V/V_0$ ) was estimated from relative area assuming  $V/V_0 = (A/A_0)^{3/2}$ . The rate of fluid secretion was calculated at 1 min intervals from the increment in duct volume and expressed as the secretory rate per unit luminal area of epithelium ( $\text{nl min}^{-1} \text{mm}^{-2}$ ). The validity of this method in the presence of 1 mM ethanol was confirmed by repetitive injections of 0.5 nl of the buffer into the duct lumen using a nanolitre-syringe driver (Sutter Instruments, Novato, CA, USA) as described previously (Ishiguro *et al.* 1998). The relationships between the cumulative injected volume and the calculated increase in volume in the absence and presence of ethanol were identical.

### Measurement of intracellular $\text{Ca}^{2+}$ concentration

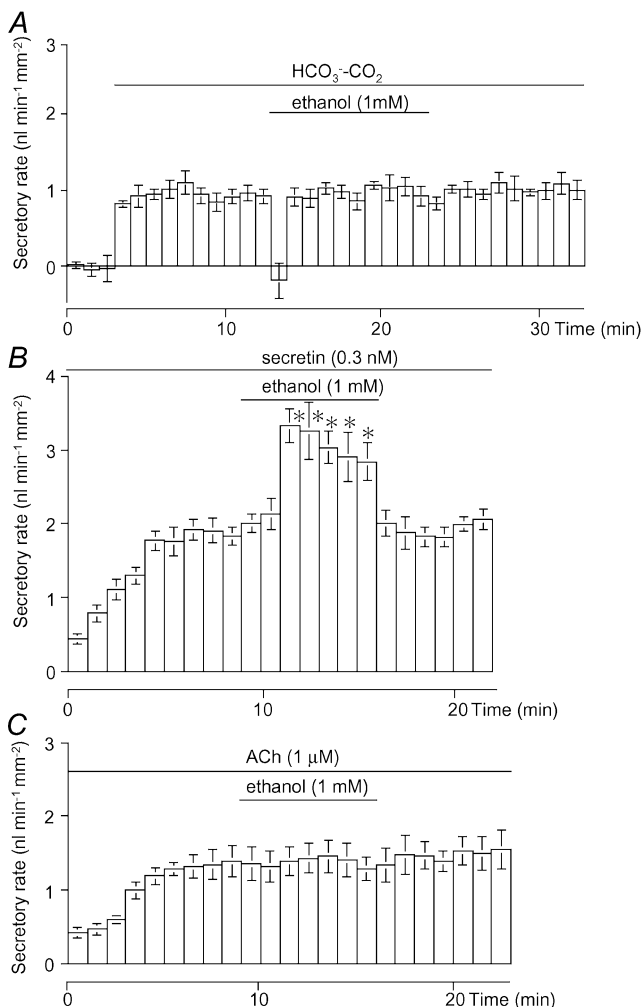
Intracellular free  $\text{Ca}^{2+}$  concentration ( $[\text{Ca}^{2+}]_i$ ) was estimated by microfluorometry in duct cells loaded with fura-2 as previously described (Ko *et al.* 1999). The cultured duct segments were incubated for 90 min at room temperature with the acetoxymethyl ester form of fura-2 (fura-2 AM; 3  $\mu\text{M}$ ). Microfluorometry was performed on a small area of the ductal epithelium (10 to 20 cells) illuminated alternately at 340 and 380 nm. The fluorescence intensities ( $F_{340}$  and  $F_{380}$ ) were measured at 510 nm. Changes in  $[\text{Ca}^{2+}]_i$  are presented as changes in the  $F_{340}/F_{380}$  fluorescence ratio.

### Materials

Secretin was obtained from the Peptide Institute (Minoh, Osaka, Japan); fura-2 AM from Dojindo Laboratories (Kumamoto, Japan); the acetoxymethyl ester form of 1,2-bis(*O*-amino phenoxy)ethane-*N,N,N',N'*-tetraacetic acid (BAPTA AM) from Molecular Probes (Eugene, OR, USA); H89 from LKT Laboratories (St Paul, MN, USA); and acetylcholine (ACh), thapsigargin and dibutyryl cyclic AMP (dbcAMP) from Sigma (St Louis, MO, USA).

### Statistics

Data are presented as means  $\pm$  S.E.M. Tests for statistically significant differences were made with Student's *t* test for paired data or by



**Figure 1.** Effects of ethanol on spontaneous fluid secretion (A;  $n = 5$ ), secretin (0.3 nM)-stimulated secretion (B;  $n = 6$ ) and ACh (1  $\mu\text{M}$ )-stimulated secretion (C;  $n = 4$ ) from interlobular duct segments isolated from guinea-pig pancreas superfused with the standard  $\text{HCO}_3^-$ - $\text{CO}_2$ -buffered solution. Values are means  $\pm$  S.E.M. \* Significant differences ( $P < 0.05$ ) from control levels before the application of ethanol (1 mM).

Effects of 1 mM of ethanol on spontaneous fluid secretion (A;  $n = 5$ ), secretin (0.3 nM)-stimulated secretion (B;  $n = 6$ ) and ACh (1  $\mu\text{M}$ )-stimulated secretion (C;  $n = 4$ ) from interlobular duct segments isolated from guinea-pig pancreas superfused with the standard  $\text{HCO}_3^-$ - $\text{CO}_2$ -buffered solution. Values are means  $\pm$  S.E.M. \* Significant differences ( $P < 0.05$ ) from control levels before the application of ethanol (1 mM).

analysis of variance followed by Tukey's *post hoc* procedure for unpaired multiple comparison.

## RESULTS

### Effects of ethanol on spontaneous ( $\text{HCO}_3^-$ -dependent) fluid secretion

Isolated interlobular ducts, superfused with  $\text{HCO}_3^-$ - $\text{CO}_2$ -free Hepes-buffered solution, produced little fluid secretion ( $-0.02 \pm 0.03 \text{ nl min}^{-1} \text{ mm}^{-2}$ ,  $n = 5$ , Fig. 1A). When the bath solution was switched to the standard  $\text{HCO}_3^-$ - $\text{CO}_2$ -buffered solution, the fluid secretory rate increased to  $0.95 \pm 0.07 \text{ nl min}^{-1} \text{ mm}^{-2}$ . When 1 mM ethanol was added to the bath, the fluid secretion transiently stopped for a period of 1 min but recovered to steady levels ( $0.98 \pm 0.08$ ) in the next 1 min period. The addition of 1 mM mannitol, a relatively impermeant molecule compared with ethanol, induced net fluid absorption ( $-0.30 \pm 0.08 \text{ nl min}^{-1} \text{ mm}^{-2}$ ) in the first minute. The secretion then gradually returned to steady state levels in about 7 min. Thus the initial transient inhibition appears to be induced by an osmotic effect of ethanol that completely offsets the osmotic gradient created by net  $\text{HCO}_3^-$  transport into the duct lumen. The osmotic equilibrium is probably achieved in the next minute by a rapid diffusion of ethanol into the lumen.

### Effects of ethanol on secretin-stimulated fluid secretion

In the presence of  $\text{HCO}_3^-$ - $\text{CO}_2$ , a submaximal concentration of secretin (0.3 nM) increased ductal fluid secretion to  $1.75 \pm 0.10 \text{ nl min}^{-1} \text{ mm}^{-2}$  ( $n = 6$ , Fig. 1B). Ethanol (1 mM) increased fluid secretion by  $76 \pm 13\%$  to  $3.08 \pm 0.19 \text{ nl min}^{-1} \text{ mm}^{-2}$  ( $n = 6$ ). When ethanol was removed from the perfusate, the fluid secretory rate showed a quick and complete recovery.

### Effects of ethanol on acetylcholine-stimulated fluid secretion

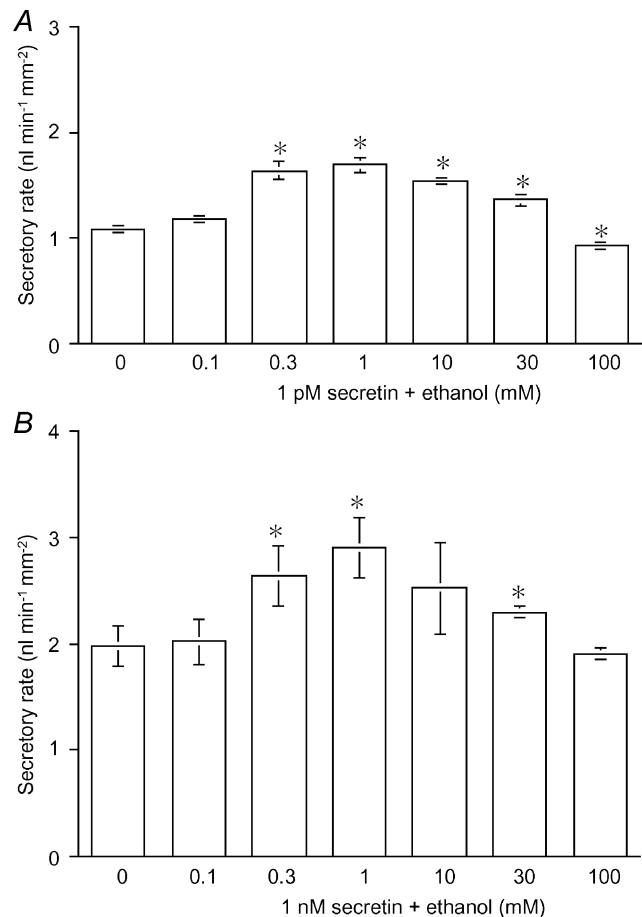
Acetylcholine (ACh) induces fluid secretion via the elevation of intracellular  $\text{Ca}^{2+}$  in pancreatic duct cells (Ashton *et al.* 1993). ACh (1  $\mu\text{M}$ )-stimulated fluid secretion ( $1.42 \pm 0.04 \text{ nl min}^{-1} \text{ mm}^{-2}$ ,  $n = 4$ ) was not affected by 1 mM ethanol (Fig. 1C).

### Relationship between ethanol concentration and fluid secretion

In order to identify the concentration range of ethanol that affects fluid secretion, ethanol (0.1–100 mM) was added to the bath during stimulation with either a physiological (1 pM) or pharmacological (1 nM) concentration of secretin (Fig. 2A and B). Ethanol in the range 0.3–30 mM significantly augmented the secretin-stimulated fluid secretion. Ethanol at 1 mM augmented fluid secretion stimulated by 1 pM and 1 nM of secretin by 55% and 46%, respectively. Ethanol at 100 mM significantly ( $P < 0.05$ ) inhibited the secretory response to 1 pM secretin by about 15% (Fig. 2A) but did not affect the secretion stimulated by 1 nM secretin (Fig. 2B).

### Effects of ethanol on the relationship between secretin concentration and fluid secretion

As shown in Fig. 3A, fluid secretion in response to 0.1 and 1 pM secretin was not significantly different from spontaneous secretion ( $0.82 \pm 0.14 \text{ nl min}^{-1} \text{ mm}^{-2}$ ,  $n = 4$ ). Secretin at 10 and 100 pM significantly ( $P < 0.01$ ) increased the secretory rate to  $1.34 \pm 0.07$  and  $1.95 \pm 0.10 \text{ nl min}^{-1} \text{ mm}^{-2}$ , respectively. In the presence of 1 mM ethanol, the fluid secretion response to secretin ( $10^{-12}$ – $10^{-7}$  M) significantly ( $P < 0.01$ ) increased (Fig. 3B and C). Ethanol (1 mM) augmented the maximal secretory response to secretin significantly ( $P < 0.01$ ) by 41% from  $2.28 \pm 0.09$  to  $3.21 \pm 0.07 \text{ nl min}^{-1} \text{ mm}^{-2}$ . As summarized in Fig. 3D, application of 0.3 nM secretin plus 1  $\mu\text{M}$  ACh elicited an additive response ( $2.08 \pm 0.20 \text{ nl min}^{-1} \text{ mm}^{-2}$ ) compared to that of each stimulant alone. In contrast, the combination of 0.3 nM secretin and 1 mM ethanol induced a much larger response ( $3.08 \pm 0.19 \text{ nl min}^{-1} \text{ mm}^{-2}$ ) than the maximal secretory response to secretin alone (Fig. 3D).



**Figure 2. Effects of ethanol concentration on fluid secretion stimulated by high and low concentrations of secretin**

Effects of ethanol concentration on fluid secretion stimulated by 1 pM (A) and 1 nM (B) secretin in the presence of  $\text{HCO}_3^-$ - $\text{CO}_2$ . Values are means  $\pm$  S.E.M. of 4–6 experiments. \* Significant differences ( $P < 0.05$ ) from control (without ethanol).

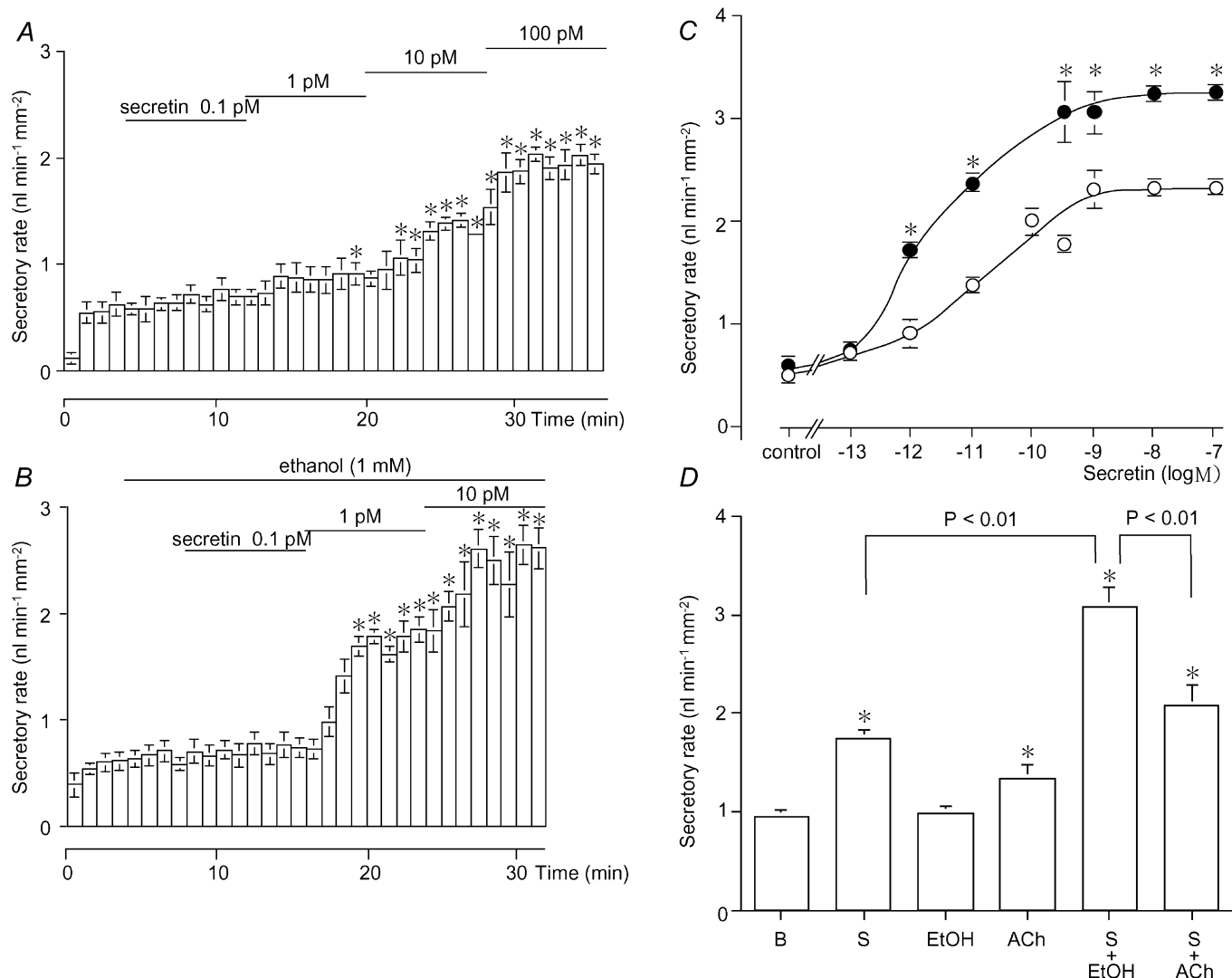
### Effects of ethanol on cAMP-stimulated fluid secretion

Secretin is believed to induce fluid secretion by elevating intracellular cyclic AMP. Ethanol was applied during stimulation with dbcAMP to investigate the cellular mechanism for the stimulatory effect of ethanol (Fig. 4A). Ethanol (1 mM) significantly ( $P < 0.01$ ) augmented dbcAMP (0.5 mM)-stimulated fluid secretion ( $1.47 \pm 0.20 \text{ nl min}^{-1} \text{ mm}^{-2}$ ,  $n = 7$ ) to  $2.19 \pm 0.23 \text{ nl min}^{-1} \text{ mm}^{-2}$ . Pancreatic ducts pre-treated with H89 (30  $\mu\text{M}$ ), an inhibitor of protein kinase A, failed to respond to 1 nM secretin (Fig. 4B). The secretory rate remained at the spontaneous

levels ( $0.74 \pm 0.10 \text{ nl min}^{-1} \text{ mm}^{-2}$ ,  $n = 5$ ) and was not affected by 1 mM ethanol.

### Effects of ethanol on $[\text{Ca}^{2+}]_i$

In unstimulated ducts, the application of 1 mM ethanol had no effect on  $[\text{Ca}^{2+}]_i$ , while 10  $\mu\text{M}$  ACh induced a sustained increase in  $[\text{Ca}^{2+}]_i$  (Fig. 5A). During the stimulation with secretin (1 nM), ethanol (1 mM) increased  $[\text{Ca}^{2+}]_i$  transiently (Fig. 5B). When ACh was applied before ethanol treatment, the  $[\text{Ca}^{2+}]_i$  response was similar. The threshold concentration of ethanol to cause an effect was 0.3 mM (Fig. 5C). Ethanol at 0.3–10 mM induced a significant



**Figure 3. Effects of 1 mM ethanol on the secretin concentration–fluid secretion relationship**

The concentrations of secretin ( $10^{-13}$ – $10^{-10}$  M) were sequentially increased in the absence (A;  $n = 4$ ) or presence (B;  $n = 5$ ) of 1 mM ethanol. \* Significant differences ( $P < 0.05$ ) from control (without secretin). C, concentration–response curve of the pooled data in the absence (○) and presence (●) of 1 mM ethanol. \* Significant differences ( $P < 0.05$ ) from the respective controls (without ethanol). D, effects of 0.3 nM secretin (S,  $n = 6$ ), 1 mM ethanol (EtOH,  $n = 5$ ), 1  $\mu\text{M}$  ACh ( $n = 10$ ), 0.3 nM secretin + 1 mM ethanol (S + EtOH,  $n = 6$ ) and 0.3 nM secretin + 1  $\mu\text{M}$  ACh (S + ACh,  $n = 5$ ) on fluid secretion. \* Significant differences ( $P < 0.05$ ) from spontaneous basal secretion in the presence of  $\text{HCO}_3^-$ – $\text{CO}_2$  (B,  $n = 5$ ). Values are means + S.E.M.

( $P < 0.05$ )  $[Ca^{2+}]_i$  response, but the response was not dependent on concentration. The  $[Ca^{2+}]_i$  response was no longer detected at 100 mM ethanol. Secretin at sub-maximal concentrations ( $< 1$  nM) alone had no effect on  $[Ca^{2+}]_i$  (Fig. 5D), while, in the presence of 1 mM ethanol, it evoked a change in  $[Ca^{2+}]_i$  after a lag period of 1–2 min (Fig. 5E), which probably reflects the time to produce a sufficient amount of cAMP for activating ethanol-dependent  $Ca^{2+}$  entry. As with secretin, the stimulation of ducts with dbcAMP (0.5 mM) alone had no effect on  $[Ca^{2+}]_i$  (Fig. 5F). Ethanol (1 mM) induced a transient increase of  $[Ca^{2+}]_i$  during the stimulation with dbcAMP (Fig. 5F), which is similar to the response observed in secretin-stimulated ducts (Fig. 5B). The removal of extracellular  $Ca^{2+}$  abolished the  $[Ca^{2+}]_i$  response to ethanol (Fig. 5G). Thapsigargin (1  $\mu$ M; an inhibitor of the  $Ca^{2+}$ -ATPase of the endoplasmic reticulum) evoked a sustained increase in  $[Ca^{2+}]_i$  in secretin-stimulated ducts. In the presence of thapsigargin, ethanol (1 mM) caused an additional small increase in  $[Ca^{2+}]_i$  (Fig. 5H).

### Effects of ethanol on fluid secretion in BAPTA-loaded ducts

To examine the role of intracellular  $Ca^{2+}$  in the augmentation of secretin-stimulated fluid secretion by ethanol, the duct segments were pre-incubated with 10  $\mu$ M BAPTA AM for 30 min (Zhao *et al.* 1994). ACh (1  $\mu$ M) failed to stimulate fluid secretion in the ducts loaded with BAPTA (Fig. 6A), indicating that changes in  $[Ca^{2+}]_i$  were effectively buffered using this protocol. In these ducts, secretin (1 nM) stimulated fluid secretion to  $1.97 \pm 0.12$  nl min<sup>-1</sup> mm<sup>-2</sup> ( $n = 5$ , Fig. 6B), a value comparable to that observed in non-loaded ducts (Fig. 2B). Ethanol (1 mM) failed to augment secretin-stimulated secretion from the ducts loaded with BAPTA (Fig. 6B).

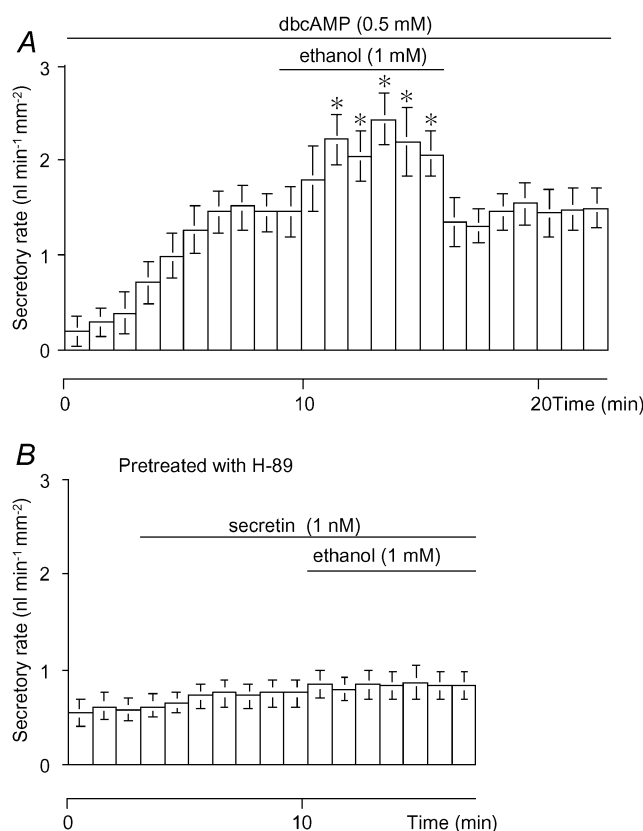
## DISCUSSION

### Direct stimulatory effects of ethanol on ductal fluid secretion

In the present study we examined, for the first time, the direct effects of ethanol on fluid secretion from interlobular duct cells, where most water is secreted in the guinea-pig pancreas. Our major finding is that ethanol at concentrations relevant to usual levels of drinking (0.3–30 mM) augmented ductal fluid secretion stimulated by physiological (1–10 pM) as well as maximal (100 nM) concentrations of secretin. However the augmentation disappeared at the lethal blood level of ethanol (100 mM). The onset and disappearance of the action of ethanol was fairly rapid and completely reversible. Ethanol *in vivo* is oxidized to acetaldehyde primarily by hepatic alcohol dehydrogenase 2 (ADH2) (Yoshida *et al.* 1991). Therefore it appears that ethanol at lower concentrations acts directly on isolated duct cells. However, we cannot exclude the possibility that very small amounts of metabolites of

ethanol produced by other ADH isozymes present in duct cells may play some role when the ethanol level exceeds 20 mM.

Effects of acute administration of ethanol on pancreatic exocrine secretion *in vivo* have been investigated in various species including man (Singh & Simsek, 1990; Hajnal *et al.* 1990; Niebergall-Roth *et al.* 1998). Oral or intragastric administration of ethanol stimulates pancreatic  $HCO_3^-$  and protein secretion when the gastric content is allowed to enter the duodenum, which suggests that increased gastric acid secretion mediates the stimulation of the pancreas. It has been demonstrated that intravenous administration of ethanol inhibits pancreatic secretion. However, doses of ethanol used previously were relatively high (20–100 mM) (Deitrich & Harris, 1996). Sarles and colleagues observed either a stimulation or an inhibition depending on the blood alcohol levels in conscious dogs (Kubota *et al.* 1983; Noel-Jorand & Sarles, 1983). Blood ethanol concentration less than 1 g l<sup>-1</sup> (20 mM) augmented secretin-stimulated fluid and protein secretion, while

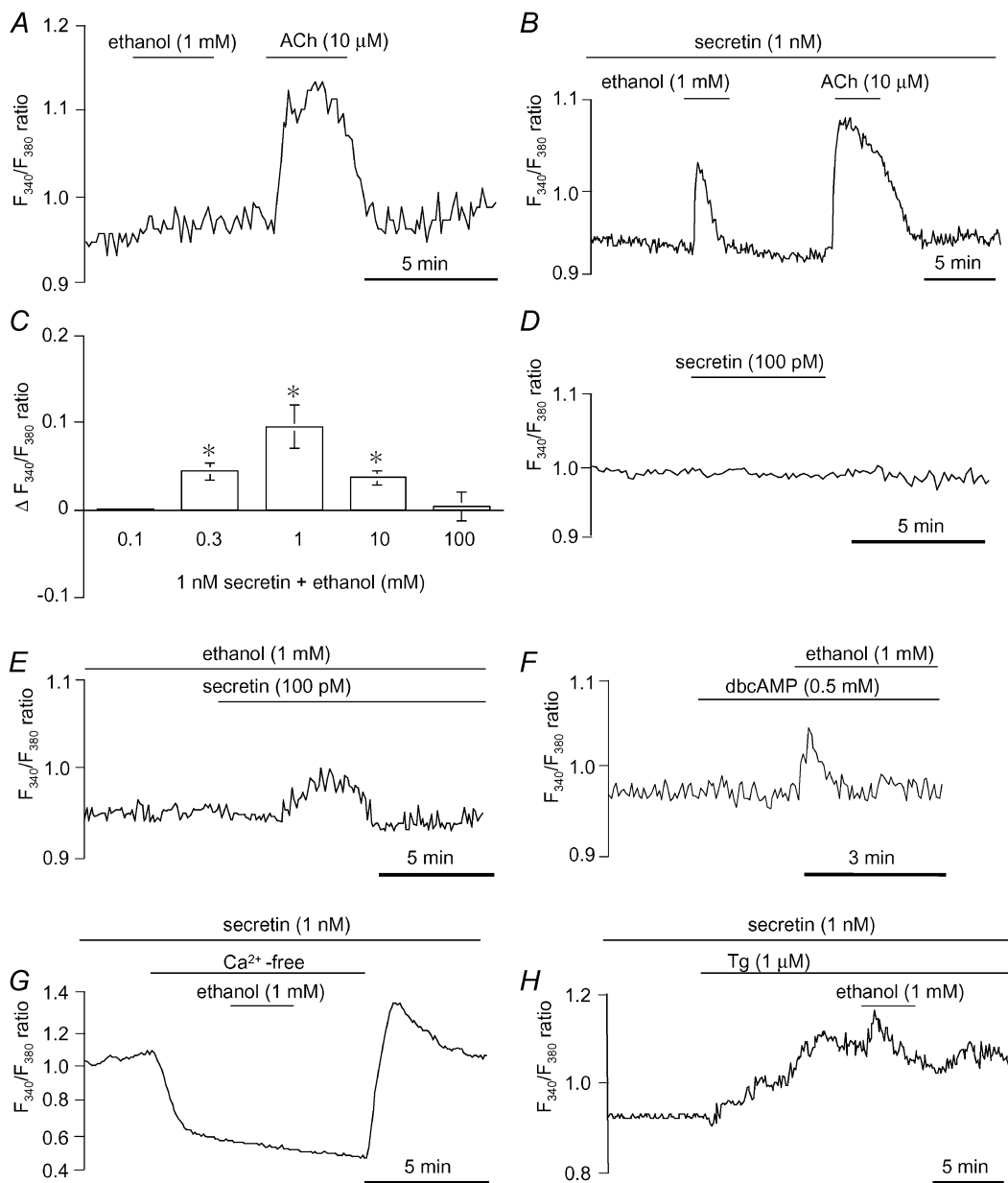


**Figure 4. Effects of ethanol on fluid secretion stimulated by dbcAMP, or by secretin following preincubation with H89**

A, effects of 1 mM ethanol on fluid secretion stimulated by 0.5 mM dbcAMP ( $n = 7$ ). B, effects of 1 mM ethanol on fluid secretion stimulated by 1 nM secretin in ducts preincubated with 30  $\mu$ M H89 for 30 min just before experiments began ( $n = 5$ ). Values are means  $\pm$  S.E.M. \* Significant differences ( $P < 0.05$ ) from control levels before the application of ethanol (1 mM).

ethanol concentration above  $1 \text{ g l}^{-1}$  inhibited secretion. The involvement of the vagus nerves was suggested because the stimulatory effect was inhibited by atropine. The present observation that ethanol in the range  $0.3\text{--}30 \text{ mM}$  augmented secretin-stimulated ductal fluid secretion (Fig. 2) is in good agreement with the earlier

observations *in vivo*. This direct stimulatory effect on the duct cells is probably responsible for the alcohol-induced fluid and bicarbonate secretion that remained after administration of pentolinium, a ganglionic blocker (Noel-Jorand & Sarles, 1983).



**Figure 5.** Effects of ethanol on intracellular  $\text{Ca}^{2+}$  concentration shown as changes in fura-2 fluorescence ratio ( $F_{340}/F_{380}$ ) in guinea-pig pancreatic duct cells

A and B, effects of  $1 \text{ mM}$  ethanol and  $10 \mu\text{M}$  ACh on  $[\text{Ca}^{2+}]_i$  in unstimulated (A) and secretin ( $1 \text{ nM}$ )-stimulated (B) ducts. C, effects of ethanol concentration ( $0.1\text{--}100 \text{ mM}$ ) on  $[\text{Ca}^{2+}]_i$  (means  $\pm$  S.E.M. of change in fluorescence ratio ( $\Delta F_{340}/F_{380}$  ratio;  $n = 4$ ) in ducts stimulated with  $1 \text{ nM}$  secretin. \* Significant differences ( $P < 0.05$ ). D and E, effects of  $100 \text{ pM}$  secretin on  $[\text{Ca}^{2+}]_i$  in the absence (D) and presence (E) of  $1 \text{ mM}$  ethanol. F, effects of  $1 \text{ mM}$  ethanol on  $[\text{Ca}^{2+}]_i$  in dbcAMP ( $0.5 \text{ mM}$ )-stimulated ducts. G, effects of  $1 \text{ mM}$  ethanol on  $[\text{Ca}^{2+}]_i$  in secretin ( $1 \text{ nM}$ )-stimulated ducts superfused with  $\text{Ca}^{2+}$ -free solution. H, effects of  $1 \text{ mM}$  ethanol on  $[\text{Ca}^{2+}]_i$  in secretin ( $1 \text{ nM}$ )-stimulated ducts in the presence of  $1 \mu\text{M}$  thapsigargin (Tg). Each trace is representative of 4 experiments.

### Activation of the cAMP pathway is required for ethanol-induced fluid secretion

The ductal system of the exocrine pancreas produces a  $\text{HCO}_3^-$ -rich fluid secretion in response to stimuli including secretin and ACh. The epithelial cells lining intra- or interlobular pancreatic ducts are the major sites of  $\text{HCO}_3^-$  secretion (Case & Argent, 1993). Secretin stimulates  $\text{HCO}_3^-$  secretion via elevation of intracellular cAMP concentration. We found that ethanol strongly augmented secretin-stimulated fluid secretion. However, it failed to affect basal or ACh-stimulated secretion, indicating that activation of the cAMP pathway is required for ethanol-induced fluid secretion. Indeed, ethanol enhanced fluid secretion in the presence of dbcAMP, a membrane-permeant analogue of cAMP (Fig. 4A). Furthermore, the augmentation of secretin-stimulated fluid secretion by ethanol was abolished by pretreatment with a protein kinase A inhibitor H89 (Fig. 4B). The minimal concentration of secretin required for ethanol-induced secretion was very low. A concentration of secretin as low as 1 pM, which by itself had a marginal stimulatory effect, significantly increased secretion (Fig. 3). Fasting levels of secretin have been reported in the range 1–5 pM (Chang & Chey, 1980). Ingestion of a meal raised plasma secretin levels to a peak of 10 pM (Gyr *et al.* 1984). Thus, physiological levels of secretin are sufficient to cause ethanol-induced fluid secretion.

### $\text{Ca}^{2+}$ mobilization is required for ethanol-induced fluid secretion

In the present study we have demonstrated that ethanol induced a transient  $\text{Ca}^{2+}$  influx in secretin-stimulated ducts probably via the activation of  $\text{Ca}^{2+}$  channels (Fig. 5G). At submaximal concentrations of secretin,  $\text{Ca}^{2+}$  influx was observed only in the presence of 0.3–10 mM ethanol (Fig. 5B and E). Acute exposure to ethanol (42 mM) activated an L-type  $\text{Ca}^{2+}$  channel (McArdle *et al.* 1992). A combined application of ethanol (4.4 mM) and  $\text{H}_2\text{O}_2$  (10  $\mu\text{M}$ ) activated a ryanodine receptor/ $\text{Ca}^{2+}$ -release channel in skeletal muscle (Oba *et al.* 2000). It is not known why ethanol failed to induce  $\text{Ca}^{2+}$  influx in unstimulated ducts (Fig. 5A). The  $\text{Ca}^{2+}$  influx pathway activated by ethanol may also be regulated by cAMP as reported in other cell types (Gray *et al.* 1998). It is unlikely that secretin or ethanol increased the driving force for  $\text{Ca}^{2+}$  rather than activating an entry channel. In ducts filled with  $\text{HCO}_3^-$ -rich fluid, secretin did not affect the membrane potential (Ishiguro *et al.* 2002) and ethanol induced a small depolarization (authors' unpublished data). In the present study, pretreatment with BAPTA AM inhibited ACh-stimulated fluid secretion (Fig. 6A) and, as expected, the secretory response to secretin was unaffected by the presence of BAPTA (Fig. 6B). Since ethanol (1 mM) failed to augment secretin-stimulated fluid secretion when changes in  $[\text{Ca}^{2+}]_i$  were buffered with BAPTA, the transient  $\text{Ca}^{2+}$  influx must be necessary for ethanol-induced fluid secretion. In fact 100 mM ethanol, which failed to affect

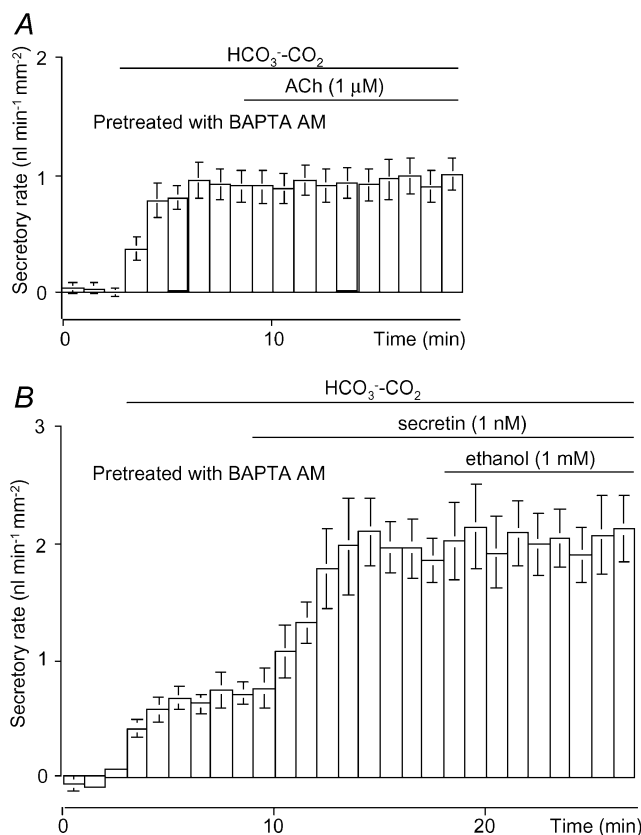
$[\text{Ca}^{2+}]_i$  (Fig. 5C), also failed to increase fluid secretion (Fig. 2). How a transient increase in  $[\text{Ca}^{2+}]_i$  leads to the sustained increase of fluid secretion remains to be elucidated.

### Ethanol augments the maximal rate of secretin-stimulated fluid secretion

Secretin at concentrations of  $10^{-8}$ – $10^{-7}$  M evoked the maximal fluid secretory response (Fig. 3C). Ethanol (1 mM) significantly augmented the maximal secretory responses to secretin by as much as 40%. The magnitudes of augmentation, i.e. the difference between the secretory rates with and without ethanol, appear to be similar irrespective of the concentration of secretin in the range  $10^{-12}$ – $10^{-7}$  M. Thus the action of ethanol is not to shift the secretin concentration–fluid secretion response curve to the left but to elevate it, resulting in the augmentation of the maximal secretory response.

### Cellular mechanisms for ethanol-induced fluid hypersecretion

The activation of the cAMP pathway and the transient  $\text{Ca}^{2+}$  entry triggered by ethanol were two crucial events for the



**Figure 6. Effects of ethanol on fluid secretion from ducts loaded with BAPTA**

Ducts were pre-incubated with 10  $\mu\text{M}$  BAPTA AM for 30 min. A, 1  $\mu\text{M}$  ACh was applied to the BAPTA-loaded ducts ( $n = 4$ ). B, the BAPTA-loaded ducts were first stimulated with 1 nM secretin and then 1 mM ethanol was added ( $n = 5$ ). Values are means  $\pm$  S.E.M.

induction of fluid hypersecretion. Both fluid hypersecretion and the transient  $\text{Ca}^{2+}$  increase by ethanol were observed in dbcAMP-stimulated as well as in secretin-stimulated ducts. Several lines of evidence indicate that there is no interaction between the calcium and cAMP pathways at the level of intracellular messenger production (Stuenkel & Hootman, 1990; Evans *et al.* 1996). Therefore it appears that the augmentation effect of ethanol probably occurs downstream of intracellular messenger generation. The augmentation of the maximal response to secretin (Fig. 3C), in which a generation of cAMP is maximally stimulated, is consistent with this interpretation.

In rat and guinea-pig pancreatic duct cells cholinergic stimulation activates  $\text{Ca}^{2+}$  influx via  $\text{Ca}^{2+}$  channels (Stuenkel & Hootman, 1990; Hug *et al.* 1996). The  $\text{Ca}^{2+}$  ionophore, ionomycin, mimicked the effect of ACh on  $[\text{Ca}^{2+}]_i$  and on fluid secretion from rat pancreatic duct cells (Ashton *et al.* 1993). When a  $\text{Ca}^{2+}$ -mediated secretagogue is combined with a cAMP-mediated secretagogue, the protein secretory response from pancreatic acinar cells is greater than the additive response to the two individual responses in the guinea-pig, rat and mouse (Williams & Blevins, 1993). This potentiation was also observed when receptors were bypassed by the use of the  $\text{Ca}^{2+}$  ionophore and cAMP derivatives. However, as in rat pancreatic ducts (Evans *et al.* 1996), a simultaneous application of ACh and secretin failed to induce a potentiating effect (Fig. 3D). In contrast, a combination of secretin and ethanol elicited a much larger response than the combination of secretin and ACh, which excludes the possibility that ethanol potentiates fluid secretion by releasing ACh from residual nerves.

In the central nervous system the effects of ethanol are generally attributed to its direct action on neurotransmitter-gated ion channels (Little, 1999). Lower concentrations of ethanol (< 10 mM) have highly selective effects on certain target ion channels. For example, the nicotinic ACh receptor channel is modulated by 0.1 mM ethanol (Nagata *et al.* 1996). As in the central nervous system, low concentrations of ethanol (< 1 mM) had a significant and reversible effect on ductal fluid secretion. Furthermore, the onset and disappearance of the effect were rapid after the application and removal of ethanol from the superfusate. As ethanol can readily enter the intermolecular sites of ion channels, it may modify intermolecular forces and bonds that are important for the channel function (Naruse *et al.* 1999). Water follows the osmotic gradient created by the net movement of  $\text{Cl}^-$  and  $\text{HCO}_3^-$  via aquaporin water channels (AQP1) present in the apical and basolateral membranes of duct cells (Ko *et al.* 2002; Furuya *et al.* 2002). Therefore, ethanol might have caused ductal fluid hypersecretion by directly modifying activities of cAMP-regulated ion channel, such as the

cystic fibrosis transmembrane conductance regulator (CFTR), or other ion transporters that play a pivotal role in pancreatic fluid secretion (Case & Argent, 1993; Lee *et al.* 1999; Ishiguro *et al.* 2000; Choi *et al.* 2001). The channel molecule responsible for  $\text{Ca}^{2+}$  entry may be the site of ethanol action. The TRPV family of proteins regulated by intracellular lipid ligands (Benham *et al.* 2002) are possible candidates as ethanol can activate the vanilloid receptor-1 and thereby enhance the  $\text{Ca}^{2+}$  response to capsaicin (Trevisani *et al.* 2002). However these possibilities remain speculative until the exact site of action is elucidated.

### A possible pathophysiological implication of ethanol-induced augmentation of secretion

Lower concentrations (5%, v/v) of ethanol in the stomach stimulate gastric acid secretion (Lenz *et al.* 1983). When gastric acid enters the duodenum, it stimulates pancreatic fluid and bicarbonate secretion by releasing secretin from the duodenal mucosa. As discussed above, in the presence of 1 mM ethanol, i.e. a concentration found after usual levels of social drinking, a physiological concentration of secretin (1–10 pM) causes a significant increase of pancreatic fluid secretion from interlobular ducts. Although it is not known whether ethanol induces pancreatic fluid secretion in humans, pancreatic duct cells of guinea-pigs have similar physiological characteristics to those of humans (Case & Argent, 1993). Therefore, our data together with the earlier observation in dogs (Kubota *et al.* 1983; Noel-Jorand & Sarles, 1983) suggest that a small volume of alcoholic beverages may augment pancreatic fluid secretion. In the presence of a highly viscous pancreatic juice, protein plug or intraductal stones, ethanol-induced fluid hypersecretion would elevate the intraductal pressure in the proximal part of the duct, leading to oedema formation around acini. This possibility can explain the apparent lack of the threshold dose of alcohol that induces pancreatitis (Sarles, 1992) but requires further verification.

In conclusion, we have shown in isolated guinea-pig pancreatic ducts that low concentrations of ethanol, relevant to usual levels of drinking, strongly augments fluid secretion stimulated by physiological as well as maximal concentrations of secretin. The augmentation by ethanol appears to be mediated by both the intracellular cAMP pathway and  $\text{Ca}^{2+}$  mobilization, but the exact mechanisms remain to be studied.

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