

## Topical Review

# Elasticity in extracellular matrix 'shape modules' of tendon, cartilage, etc. A sliding proteoglycan-filament model

J. E. Scott

Department of Chemical Morphology, Manchester University Medical School, Manchester M13 9PT, UK

Connective tissues (CTs), which define bodily shape, must respond quickly, robustly and reversibly to deformations caused by internal and external stresses. Fibrillar (elastin, collagen) elasticity under tension depends on molecular and supramolecular mechanisms. A second intra-/inter-molecular pair, involving proteoglycans (PGs), is proposed to cope with compressive stresses. PG interfibrillar bridges ('shape modules'), supramolecular structures ubiquitously distributed throughout CT extracellular matrices (ECMs), are examined for potential elastic properties. L-iduronate residues in shape module decoran PGs are suggested to be molecular springs, cycling through alternative conformations. On a larger scale, anionic glycosaminoglycan (AGAG) interfibrillar bridges in shape modules are postulated to take part in a sliding filament (dashpot-like) process, which converts local *compressions* into disseminated *tensile* strains. The elasticity of fibrils and AGAGs, manifest at molecular and larger-scale levels, provides a graduated and smooth response to stresses of varying degrees. NMR and *rheo* NMR, computer modelling, electron histochemical, biophysical and chemical morphological evidence for the proposals is reviewed.

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**Correspondence** J. E. Scott: Department of Chemical Morphology, Manchester University Medical School, Oxford Road, Manchester M13 9PT, UK. Email: jescott@fs1.scg.man.ac.uk

### Elastic deformation

Central functions evolved within reproducible permanent shapes defined by the CTs (skin, cartilage, etc.). CTs maintain shape flexibly, elastically absorbing deformations caused by movement, respiration, etc. and contact with the environment. CT mechanical properties are expressible in terms of springs and dashpots (e.g. Viidik, 1973). The challenge is to relate engineering concepts to tissue chemical morphology. Supramolecular organisations attract growing interest. In particular the shape modules (Scott & Thomlinson, 1998, see below), ubiquitous building blocks in all animal CTs, attract a fresh analysis of tissue mechanics. Are stability and flexibility reconcilable at the molecular level?

CT ECMs cope with tensile and compressive mechanical stresses. Tension is transmitted and resisted by protein (collagen, elastin) fibres. Compression is opposed by water-soluble AGAGs, e.g. chondroitin sulphate (CS) because they tend to swell in solution (a) entropically, as do all polymers in good solvents, (b) electrostatically by mutual repulsion of their many charges and (c) by Donnan osmotic pressure of the polyanionic AGAG counterions (Scott, 1975). AGAGs inflate interfibrillar spaces, forming channels through which small water-soluble molecules move.

Mechanical properties correlate with concentrations and proportions of fibrous protein and carbohydrate AGAG in the tissue, from the vitreous humor of the eye, a weak gel containing < 1% by weight of fibres and AGAG, to the toughest tendons, with over 70% fibre. Harder tissues such as cartilage and corneal stroma contain much expansile AGAG, like car tyres inflated to a high pressure.

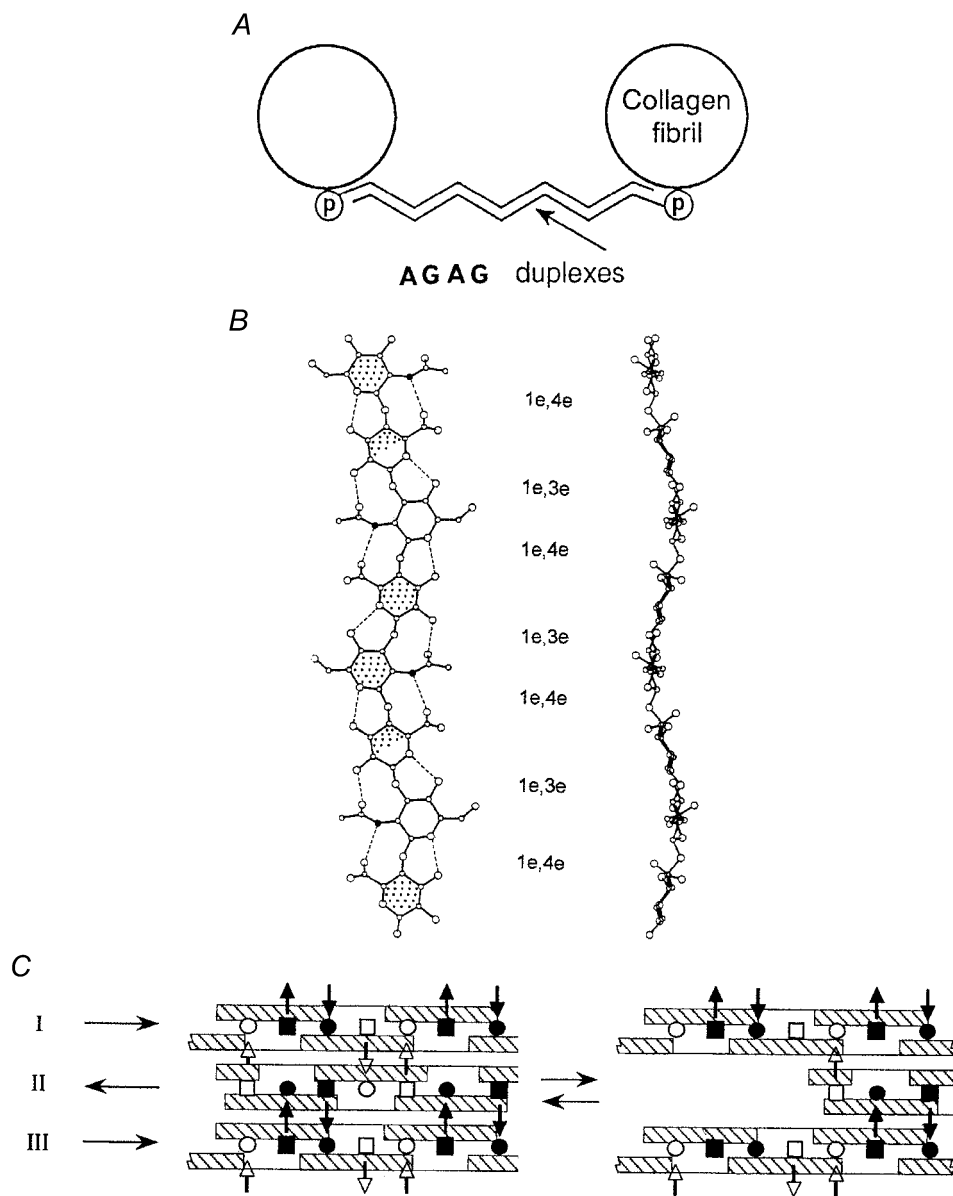
The expansile role was proved by precipitating AGAGs *in the tissues* (e.g. cartilage (Sokoloff, 1963) and cornea (Hedbys, 1961)) and then demonstrating that turgor and elasticity were thereby lost. Precipitated AGAG occupies much smaller volumes than dissolved AGAG, effectively removing the AGAG from the tissue.

Water entrained in AGAG domains was proposed to translocate reversibly like shock absorber fluid (Scott, 1975) but the tissue elements that accommodate displaced water and return it quickly and precisely to its origin *post* deformation were not identifiable. The fibrils and AGAGs must possess (or be part of) structures with intrinsic elasticity. Mechanisms involving collagen and elastin fibrils are known, but AGAG molecular and supramolecular features that may confer elasticity are uncharted

### Fibril-proteoglycan organisation and shape modules

The above scheme poses two questions: (a) how do ECMs maintain their shape-defining organisation against mechanical stress and (b) how do PGs regain their size, shape and position after compression/decompression? Robust interfibrillar connections must hold the fibrils

together against AGAG swelling pressure and there must be stable PG-fibril relationships, since if PGs moved with fluid flows the tissue shape would vary with its stress history. It was suggested that PGs were trapped in critically sized spaces in the fibrillar meshwork (Scott, 1975), but there is no evidence for such stable, precise organisations.



**Figure 1**

**A**, the shape module. Antiparallel proteoglycan AGAG aggregates (shown as duplexes) link collagen fibrils (in section); (p), proteoglycan protein (Scott, 1992a). **B**, plan (left) and elevation of two-fold helices preferred (in solution) by shape module AGAGs (chondroitins, keratans) and HA (Scott, 1995) in which all glycosidic bonds are equatorial 1–3, 1–4 and hydrophobic patches (stippled) are identically placed, as are the waves and inter-residue H-bonds (dotted lines). Filled circles, N atoms. Hyaluronan (HA) is illustrated. **C**, side views of tertiary structures of AGAGs with twofold helical secondary structures as in **B**. Hydrophobic patches (cross-hatched) form hydrophobic bonds and acetamido-NH (■, □) H-bonds to carboxylate (●, ○) on the adjacent AGAG. Filled symbols are below, and open symbols above, the plane of the diagram. The waves shown in **B** complement each other in these antiparallel aggregates. Arrows on the left indicate reducing end direction (Scott & Heatley, 1999). Lateral displacement of chain II with respect to chains I and III caused by movement apart of the shape module fibrils (**A**, above) is reversible, driven by the energy gain in reforming the broken hydrophobic and H-bonds.

The PGs themselves perform these tasks. Using Cupromeronic blue to demonstrate tissue polyanions by electron microscopy (Scott, 1985), AGAG bridges were demonstrated (Scott, 1988) orthogonally spanning collagen fibrils in tendons, skin, and other ECMs in many species. AGAG chain lengths determine interfibrillar gap widths (Scott, 1992a). The AGAGs belong to PGs termed decorins (Ruoslahti, 1988) (now decoran, Liebecq, 1997), because they decorate the collagen fibril. PG bridges probably orient the fibrils, since they are the only observable regular interfibrillar connections. They are part of shape modules (Fig. 1A)(Scott & Thomlinson, 1998), so-called because of their tissue-organising function. Shape modules were lacking in ECMs produced by cultured cells from a human foetus unable to express the decoron gene. Consequently ECM organisation was totally deranged (Scott *et al.* 1998).

Electron histochemistry revealed four PG-binding sites per collagen fibril D period (~65 nm), at the a, c, d, and e bands (Scott, 1988) (Fig. 2). The amount of bound PG per gram of tissue depends on the number of sites occupied by PG per fibril unit. Decorans in tendons, corneal stroma, etc. bind at the d and e bands. Bands a and c are occupied by keratan sulphate (KS)-conjugated PGs in corneal

stroma. Consequently more polyanion is attached to collagen fibrils in cornea than in tendon, giving more swelling pressure and a stiffer structure.

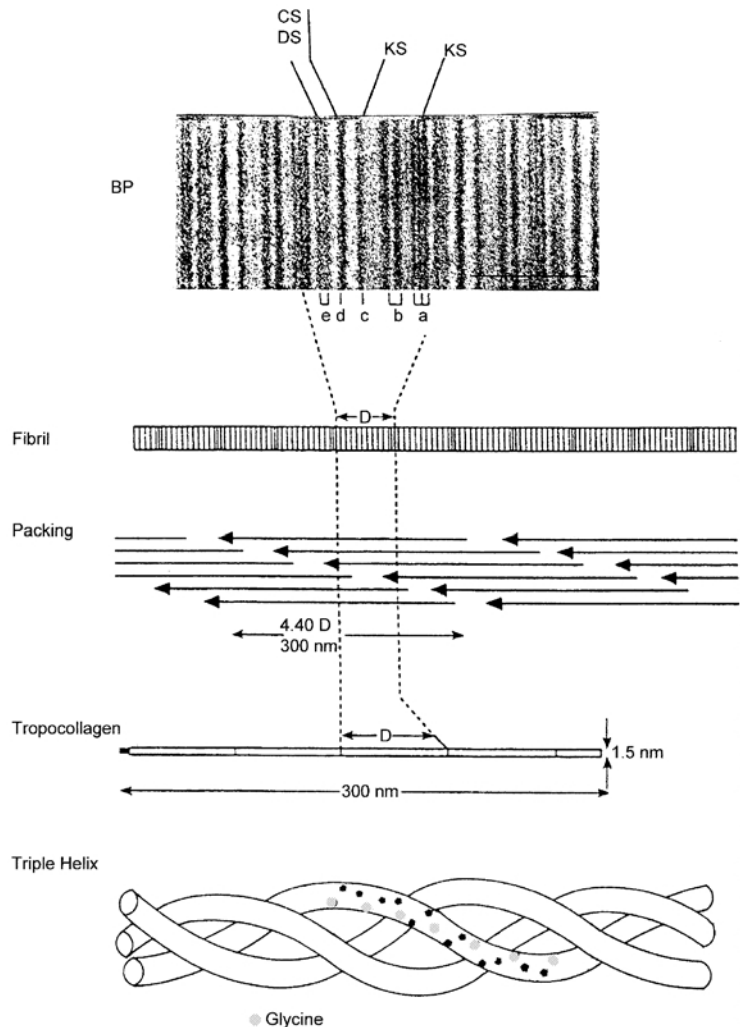
**Shape module structure**

Decorans are horseshoe-shaped leucine-rich-repeat ~45 kDa proteins (decorons) to which a dermochondan sulphate (DS) AGAG chain is linked near the N-terminal (Scott, 1996). AGAGs of the keratan and chondroitin families are attached to similar proteins in lumican, fibromodulan, etc. Decoran binds non-covalently to collagen fibrils (Scott, 1988) and its covalently linked DS chain stretches across to a neighbouring collagen fibril, duplexing head-to-tail (antiparallel) with a DS chain from decoran attached to that fibril, thereby producing an interfibrillar bridge (Fig. 1A) (Scott, 1991). Since the AGAGs link identical D period (e.g. d/e) bands, they hold packages of fibrils in a strikingly parallel alignment, oriented in register. Until shape modules were seen there was no explanation for this in-register parallel order.

Biochemical evidence from tissues (Scott *et al.* 1997) and on isolated decoran and reconstituted fibrils of type I collagen (Yu *et al.* 1993) confirmed the positions of the binding sites and that decoron associates with specific

**Figure 2. Collagen fibril structure and PG-fibril interactions**

Triple-helical tropocollagen packs spontaneously into a quarter-staggered array in the fibril, on the surface of which bands of polar and non-polar amino acids show up after e.g.  $UO_2^{2+}$  staining as a-e bar codes (BP, banding pattern). Each a-e repetition is a D period, in which four PG binding sites at the d, e (decoran) and a, c (KS PGs) bands are located (Scott, 1988).



**Table 1. Aggregating ECM anionic glycosaminoglycans**

	Techniques demonstrating aggregation	References
Self-aggregation		
Hyaluronan	a, b, c, d	Scott, 1991; Scott <i>et al.</i> 1992; Scott & Heatley, 1999; Scott <i>et al.</i> 2003.
Keratan sulphate	e	Pfeiler, 1988.
Chondroitin	a	Scott <i>et al.</i> 1992.
Chondroitin-6-sulphate	a, b	Scott <i>et al.</i> 1992.
Dermochondan sulphate	b, e, f, g	Ward <i>et al.</i> 1987; Fransson & Coster, 1979; Fransson <i>et al.</i> 1979.
Heteroaggregation		
Hyaluronan/chondroitin-6-sulphate	f, g	Nishimura <i>et al.</i> 1998; Sabaratnam <i>et al.</i> 2002.
Non-aggregating ECM anionic glycosaminoglycans		
Chondroitin-4-sulphate	a, b, c	Scott, 1992a,b; Scott <i>et al.</i> 2003.
Highly sulphated AGAGs	a, b	Scott, 1992a.
a, computer simulation; b, rotary-shadowing electron microscopy; c, electron histochemistry; d,NMR; e, gel chromatography; f, light scattering; and g, viscometry.		

amino acid sequences at these positions (Scott & Glanville, 1993).

Decoran DS chains spontaneously aggregate in solution (Fransson, 1976), antiparallel, as shown by electron microscopy (Ward *et al.* 1987). This interaction underpins the AGAG bridges, and together with evidence of PG protein–collagen association (above), suggests the shape module structure in Fig. 1A.

### The protein fibrils (collagen and elastin)

Collagen (characterised by a tripeptide repeating unit, gly–X–Y rich in hydroxyproline) is produced in genetically distinct forms, of which types I, II and III are relevant. Type I collagen ('collagen vulgaris'), the major protein in the body, predominates in skin, bone, corneal stroma, etc., whereas the distributions of types II and III collagen are more restricted. Spontaneous specific aggregation of the long (300 nm) thin (1.5 nm) triple helical collagen molecules produces fibrils, subsequently stabilised by enzymatically induced covalent crosslinks (Fig. 2). Collagen fibrils in tendon (type I collagen) are packets of helically wound protofibrils of 10–15 nm diameter (Scott, 1990), which in cartilage are aligned along the fibril (type II collagen) axis (Marchini & Ruggeri, 1984). AGAGs occur axially and regularly between protofibrils (Scott, 1990).

Tendon collagen fibres stretch elastically to strains of ~10%, beyond which irreversible damage occurs. Unstretched tendon has an ordered structure characterised by transverse bands in transmitted polarised visible light with periodicities of  $\leq 100$  microns, possibly due to crimps in fibre bundles (Gathercole & Keller, 1991), for which, however, there is no simple chemical or physical explanation. This pattern disappears reversibly at ~5% strain, suggesting elastic rearrangements of fibrils. X-ray

diffraction patterns of unstretched tendon sharpen under tension, indicating increased supramolecular order. Helicoid protofibrils within tendon fibrils may stretch elastically to a parallel arrangement (cf. Castellani *et al.* 1983), possibly after crimp straightening.

Fibrils which are not birefringent or containing helicoid protofibrils, e.g. as in cartilage (Marchini & Ruggeri, 1984; Gathercole & Keller, 1991) are either not elastic, or an unidentified mechanism for reversible deformation is available to them.

Tensile stresses change the morphology of collagen aggregates rather than the shapes of collagen molecules.

The elastin *molecule* (tropoelastin), however, is elastic. It is a coiled 68 kDa protein with a high content of hydrophobic amino acids. Tropoelastin aggregates to fibrils, later stabilised by cross-linking via a lysyl-oxidase-dependant process, analogous to that undergone by collagen. Elastin elongates and straightens under tension ( $\leq 200\%$ ), exposing hydrophobic surfaces to the aqueous environment and losing entropy from the coiled configuration. Both events are energetically unfavourable. Re-coiling is driven by release of this energy. Stretched elastin stores energy which is utilised e.g. in smoothing out blood flow pulsation in arteries.

Elastin and collagen fibres work in tandem. Elastin resistance is supplemented, and superseded, as strain increases within a collagen fibril framework, which determines the maximum reversible deformation. Collagen fibrils are disseminated throughout the animal world. Elastin is one of a group of elastomeric proteins (e.g. resilin) of differing compositions and sizes, with restricted distributions (e.g. in chordates, insects, etc.).



Whereas collagen fibrils associate specifically with decorans, thereby fundamentally affecting ECM elasticity (see below), no evidence of regular, specific PG–elastin fibril association has been seen.

### AGAG interfibrillar bridges

Shape module stability and elasticity depend on the structure of the AGAG bridges. AGAG chains aggregate – despite strong electrostatic mutual repulsion – via van der Waals forces, hydrogen bonding and hydrophobic bonding, which require close approach of the participants, complementary shapes and secondary structures. ECM AGAGs (CS, DS, KS and HA) all have 1:3, 1:4  $\beta$ -linked (1e3e, 1e4e) polymer backbones (Fig. 1). HA is prototypical. It has one primary structure, which is independent of molecular mass, compared with CS, DS and KS where patterns of sulphation provide for over 16 different disaccharides. A modest chain-length of 30 disaccharides therefore could encompass  $16^{30}$  different molecules, a figure which rises exponentially if epimerisation of some of the sugars occurs, as in DS (Scott, 1995).

The many similarities of these AGAGs relate to their roles in shape modules. In solution they prefer to take up flat, tape-like twofold helical configurations, as shown by NMR (Hounsell, 1989; Scott *et al.* 1995) and confirmed by modelling and computer simulation (Moulabbi *et al.* 1997). Both faces of the tape are identical but antiparallel, interacting exactly similarly, but oriented at 180 deg to each other. HA, KS, and CS twofold helices have repeated hydrophobic patches on each face, which can take part in hydrophobic bonding (Fig. 1B).

HA, CS, KS and DS form homo- and hetero-aggregates (Scott, 1992b) (Table 1). HA self-aggregation is stabilised by hydrophobic and H-bonding between anti-parallel twofold helices in sterically-demanding complementarity. The hydrogen donors (acetamido-NH) and acceptors (carboxylates) were identified by  $^{13}\text{C}$  NMR and modelling (Scott & Heatley, 1999) (Fig. 1C).

Salient features of the HA tertiary structure extrapolate to the other AGAGs. DS aggregates dissociate in 1M urea solution, suggesting involvement of H-bonds (Fransson, 1976). DS aggregation in dimethylsulphoxide solution was much reduced by competing lipids, implying disruption of hydrophobic DS–DS interactions (Scott *et al.* 1995).

Stability after chemical treatments *in the tissues* of AGAG bridges visualised by electron histochemistry – crucially the disruptive effects of urea in the presence of non-ionic detergent, which were much greater than either separately – was compatible with postulated hydrophobic- and H-bonded DS aggregates (Scott & Thomlinson, 1998).

The results of gel chromatography of KS (Pfeiler, 1988) and light scattering studies on DS (Fransson *et al.* 1979)

implied that both formed duplexes. DS chains from cornea and cirrhotic liver ECMs are homodisperse (Stuhlsatz *et al.* 1993), allowing aggregation without loose ends in AGAG bridges (Fig. 1A).

### Elastic interfibrillar bridges

Shape modules occur at ~60 nm intervals along collagen fibrils (Fig. 2). Their numerous Lilliputian AGAG ropes hold the Gulliverian tissue together. AGAG bridge lengths cannot be immutable, since stresses would then be transmitted inelastically, risking rupture of shape modules. Irreversible damage would occur during tissue swelling if the bridges were inelastic, and cornea, for example, swells reversibly over a considerable range (Fatt, 1978). AGAG bridges must deform elastically in their shape-maintaining physiology. Intra- and inter-molecular mechanisms are proposed.

### Intramolecular elasticity of L-iduronate

Four sugars present in ECM AGAGs, viz. galactose (KS), *N*-acetylglucosamine (HA), *N*-acetylgalactosamine (DS and CS) and glucuronate (DS, HA and CS) are stable C1 chair conformers in physiological conditions. C1, the unfolded form of the pyranose ring, cannot stretch because of tight packing of ring carbons and oxygen therein. Extended chains of HA, CS and KS therefore transmit and resist tensile stresses with minimal elongation. The fifth sugar, L-iduronate (IdoUA), characteristic of DS, differs markedly from GlcUA, its C5 epimer in CS and HA, in taking up alternative conformations (C1, 1C and  $^2\text{S}_0$ ; Fig. 3A) with minimal energy exchange, as shown by NMR spectroscopy and computer simulations (Casu *et al.* 1988)). This plasticity permits DS and heparin to interact with e.g. periodate (Scott *et al.* 1995) and antithrombin (Hricovini *et al.* 2001) in ways not available to GlcUA-containing AGAGs. C1 IdoUA is extended, but 1C and  $^2\text{S}_0$  are more compact and AGAG chains containing them are shorter (Fig. 3A). A pull across the pyranose ring along the glycosidic bonds on the chain axis would convert the compact conformers into extended C1, elongating the molecule (Fig. 3B). Since compact conformers are preferred over C1 in water (Casu *et al.* 1988), the chain would shorten to the original length on removal of tension, i.e. the process would be elastic. A small stress could produce a 5–10% strain. An analogous increase in compact forms in DS was seen by NMR when the mutual repulsion of anionic charges, which elongates the chain (the electroviscous effect), was diminished by addition of electrolyte (Casu, 1993) – a direct demonstration of intramolecular AGAG elasticity.

This ‘reversible deformation under tensile stress’ function (i.e. IdoUA as a spring) has not been proposed previously and the appropriate *rheo* NMR experiment (cf. Fischer *et al.* 2002) remains to be done, but it throws light on DS mechanics. Ratios of IdoUA/GlcUA in DS vary without obvious reason from ~10% to over 90% depending on the

tissue. The proposed elastic function implies that this ratio should be higher in more flexible tissues and indeed, skin and tendon have higher ratios than rigid cornea and articular cartilage.

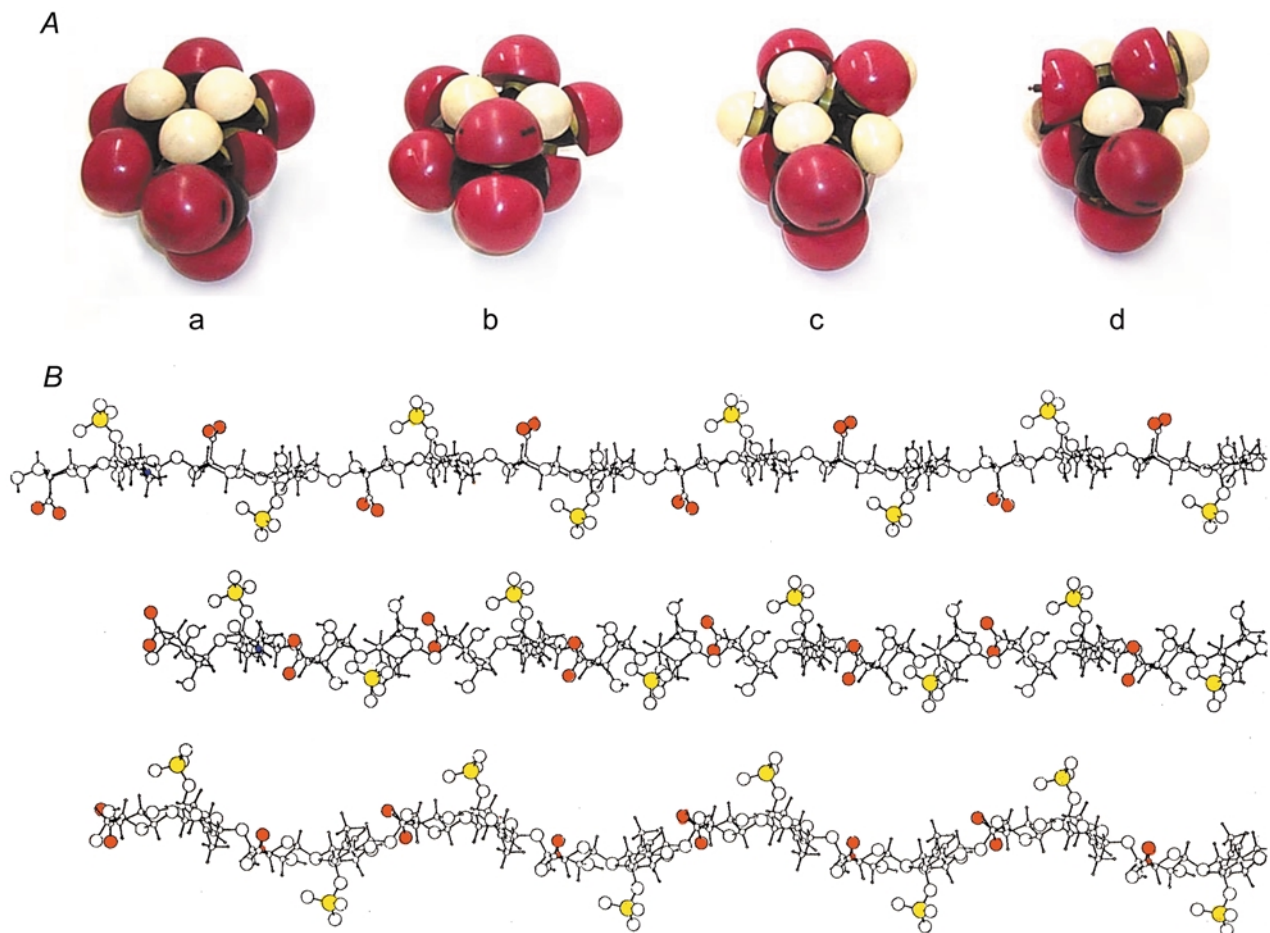
This mechanism allows quick, low-energy and small elastic adjustments, but big deformations occur during vigorous movement and hard contacts. Corneal stroma can swell fivefold, reversibly (Fatt, 1978). Larger-scale processes must cope with such eventualities.

### The sliding filament model

It is proposed that reversible longitudinal slippage within shape module AGAG bridges sustains mechanical stresses elastically (Figs 1C and 4). Reversible interactions between AGAGs are optimised (the minimum energy situation) when all available binding sites (hydrophobic and hydrogen bonds) are engaged. The AGAG tertiary structure therefore reverts to this situation, *post* stress, if it can (Figs 1C and 4).

Avidity between AGAG chains is a cooperative phenomenon, depending on the number  $N$  of interacting segments, which contribute  $N$  individual energies to the total interaction. A sliding filament gives up energy of interaction as it engages with shorter lengths of its partner(s) after slippage. This energy is recovered when the chains re-engage over their whole length, on release of stress.

Measures of individual contributions from computer simulations serve as a basis for comparison between AGAGs according to their interactive capacity. Equilibria between e.g HA, KS and DS monomers and aggregates, observed by NMR, gel chromatography and light scattering, respectively, (see Table 1) suggest that most or all of the AGAG is in the aggregated form and that an equilibrium constant for DS ( $10^4$ ; Fransson *et al.* 1979) is compatible with the modes of binding (hydrophobic and hydrogen bonding) discussed in this paper.



**Figure 3**

A, Courtauld space-filling models of (a) GlcUA, (b) IdoUA C1, (c) IdoUA <sup>2</sup>S<sub>0</sub> and (d) IdoUA 1C, carboxylate at bottom. Red, oxygen; white, hydrogen. The DS longitudinal axis runs left–right through the equator of each. c) and d) are the more compact on this axis. B, elevation views of stick-and-ball models of twofold helical DS homopolymers comprising exclusively: top, <sup>4</sup>C<sub>1</sub> IdoUA; middle, <sup>1</sup>C<sub>4</sub> IdoUA; bottom, <sup>2</sup>S<sub>0</sub> IdoUA. Carboxylate oxygens in red and sulphate ester sulphur in yellow. Drawn using Artist for QUANTA programme (cf. Scott *et al.* 1992). Compact IdoUAs confer shorter chain lengths (middle and bottom) for the same number of sugar units. Under tension these could elongate to longer (top) configurations.

This model predicts that strains are irreversible if overlaps between chains decrease beyond a critical level. In fact excessive swelling in, for example, corneal stroma is irreversible (Fatt, 1978)

This mechanism is particularly relevant during compressive stress. Movement of aqueous fluid under pressure reversibly stretches AGAG strain-bearers distant from the stress (Fig. 4). Compressive stresses are thereby converted into tensile stresses throughout the tissue. The IdoUA spring could absorb small deformations according to this scheme, prior to slippages of AGAG chains.

This model of elasticity resembles the sliding-filament model of muscle contraction, except that initial movement in the ECM is passive, with energy being released on the restoration.

If, in engineering terms, IdoUA is a spring, the sliding AGAG filament resembles a dashpot.

### Reversible deformation in AGAG tertiary structures

Deformation must be completely reversible on releasing the stress. HA behaviour in aqueous solution suggests that this is so. The HA tertiary structure has an NMR signature, the broadening of the  $^{13}\text{C}$ -acetamido C=O signal, due to hindered rotation of the H-bonded acetamido-NH (Fig. 1C). Changes to the tertiary structure are followed (Scott & Heatley, 2002) by monitoring the breadth of this resonance. The tertiary structure is reversibly disrupted by cycling between alkaline and neutral pHs, by heating and/or cooling and by shear stress (Fischer *et al.* 2002). Solution viscosity drops and rapidly recovers as the

intervention ceases. The broad C=O NMR signal sharpens with disaggregation ('denaturation') and then broadens when conditions return to physiological (i.e. the tertiary structure 'renatures'). The shear stress data are directly relevant to the sliding filament hypothesis, implying that H-bonded structures are disrupted by shear and that they reform completely after shearing. HA tertiary structures in streptococcal capsules may help to maintain chains of bacteria against mechanical activity by their host (Scott *et al.* 2003).

Similar behaviour is postulated for AGAGs in shear-stressed shape modules. DS solution viscosity drops at high shear and recovers at low shear (Fransson *et al.* 1979), as do HA solutions, but there are no NMR data implicating specific DS-DS binding.

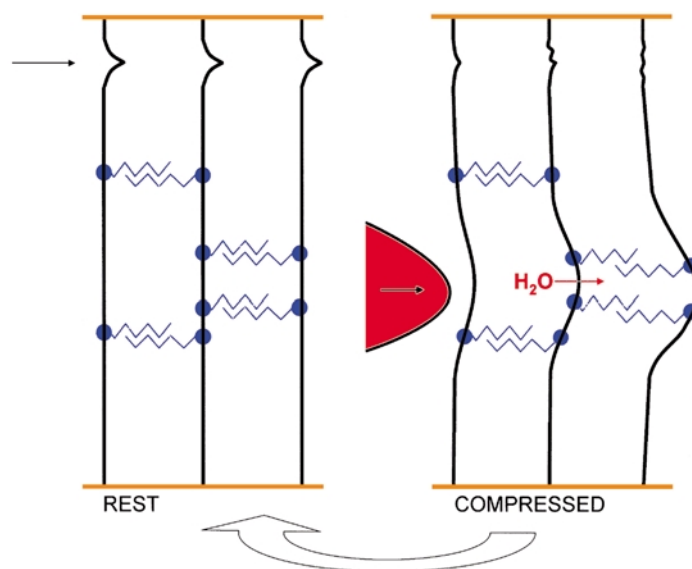
### Sulphation and aggregation

Although DS properties (antiparallel duplexing, hydrophobic and H-bonding in aggregates) are appropriate to AGAG bridges, important questions posed by sulphation and epimerisation require further discussion before applying the HA analogy in entirety to DS.

Mutual electrostatic repulsion of AGAGs is outweighed by hydrophobic and hydrogen bonding – as in the DNA double helix. Electrostatic repulsion between AGAGs increases on addition of sulphate ester groups, which also sterically hinder approach of other AGAGs when suitably placed. It was calculated that HA and chondroitin-6-sulphate (CS6) could self-aggregate and aggregate with

**Figure 4**

Scheme of reversible deformation involving shape module AGAG reversible slippage (right), which converts local compression into delocalised tensile deformation (right). Collagen fibrils (vertical black) are bridged by shape modules, antiparallel AGAG chains (zigzags) covalently linked to PG protein (filled circles) which bind to fibrils at specific binding sites (see Fig. 2). The arrow (top left) indicates a functional crimp, which however cannot be equated with a known primary or secondary structure (see text). Orange horizontal lines indicate ECM into which the fibrils are anchored. Left half, 'REST' diagrams the positions of the AGAG chains, fibrils, etc. in an unstressed ECM. Right half, 'COMPRESSED' shows a compressive force (as a red probe pressing in the direction of the arrow) impacting on the ECM. The collagen fibril crimp yields under the impact and tissue  $\text{H}_2\text{O}$  is displaced into neighbouring spaces where it exerts pressure along the AGAG aggregates, causing slippage between the aggregate participants and unwinding of the fibril crimp. Open arrow, from right to left at bottom, indicates reversal of the slippage and crimp distortion to the resting state on removal of the compressive stress, contingent on the return to the original position of the tissue  $\text{H}_2\text{O}$  (see text). Not to scale.





each other but that chondroitin-4-sulphate (CS4) could not (Scott *et al.* 1992) because of the steric and electrostatic hindrance offered by 4-sulphate groups, which cluster along the centre line of 2-fold helical CS4. The sulphates of CS6 are at the periphery of the 2-fold helix, where their charge is disseminated and steric hindrance to close packing of the tape-like polyanions is minimised. These predictions were validated by electron microscopy (Scott *et al.* 1992, 2003), gel exclusion chromatography and viscometry (Nishimura *et al.* 1998) (Table 1). HA-CS6 interactions have a role in synovial physiology (Sabaratnam *et al.* 2002).

Some DS sequences are 6-sulphated (Roughley & White, 1989), potentially aggregating like CS6. DS 4-sulphate groups are close to the polymer axis and on both sides of the 2-fold helix in the fully sulphated form. Aggregation should be difficult, as for CS4. Since DS aggregation has been observed in a variety of conditions (Fransson, 1976), either the electrostatic and/or steric hindrance posed by equatorial C4 sulphate groups is reduced or short range attractions are stronger. Hydrophobic bonding probably decreases in sulphated DS, since sulphation is linked to epimerisation and the 1C and <sup>2</sup>S<sub>0</sub> epimers have smaller hydrophobic patches (Fig. 3A) than GlcUA, with CHs oriented equatorially at the rim of the tape and replaced by axial OH groups on the interacting tape face. Where in GlcUA there was a hydrophobic patch of 3CHs, in 1C IdoUA there are polar OHs, ruling out hydrophobic bonding at that point. Possibly the axial OH groups participate in additional intermolecular H-bonding.

DS sulphation is sometimes very low (Laurent & Anseth, 1961; Stuhlsatz *et al.* 1993) to the point of qualifying as 'chondroitin' (Davidson & Meyer, 1954) and these structures would aggregate easily, like HA which is non-sulphated. DSs with 50% regular 4-sulphation (i.e. alternate non-sulphated disaccharides) have the sulphate groups on one face of the tape-like 2-fold helix (Fig. 1B). Computation showed that aggregation can take place on the non-sulphated face (Scott *et al.* 1992). This mechanism could operate for porcine corneal DS, which contains considerable amounts of a tetrasaccharide with alternating non-sulphated and sulphated disaccharides and a net sulphation of ≤ 50% (Stuhlsatz *et al.* 1993). Aggregation occurred more readily when ~50% of the uronate was IdoUA, implying sulphation of ~50%. This degree of regular sulphation would allow duplex formation and duplexes were indeed indicated by light scattering (Fransson *et al.* 1979).

DS may aggregate in several ways to form bridges, producing structures with different mechanical properties in different ECMs. Precise modelling, as of HA and CS6, has not been done, because of the complications of multiple conformer shapes and ignorance of where these shapes are localised within the polymer.

## Cartilage aggrecan

The characteristic cartilage PG (aggrecan) has many AGAG chains attached to its protein core, equivalent to a multiplicity of decorans in parallel. Aggrecans could form numerous antiparallel AGAG duplexes. Aggregating CS6, KS and undersulphated CS chains are present in aggrecan and aggrecan does self-aggregate (Sheehan *et al.* 1978). Since aggrecan is multivalent, it can aggregate in three dimensions, resulting in dense and highly cooperative structures able to undergo elastic deformation, distributed among many aggrecan molecules. Heavy forces could be supported, as in knee joint cartilages, which are rich in aggrecan.

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