Influence of verapamil on tachycardia-induced alterations of PP1 and PP2A in rabbit atrium

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BACKGROUND: Long-term atrial fibrillation changes in many regulatory and structural processes may result in stabilization of the arrhythmia. There is evidence that decreased amplitude of L-type Ca²⁺ current – probably a key mechanism of atrial remodelling – resulting from changes in expression of regulatory proteins is at least jointly responsible.

OBJECTIVES: To assess the expressions of protein phosphatases PP1 and PP2A, as well as the effect of verapamil pretreatment (VPT), in the early phases of atrial fibrillation in a rabbit model.

METHODS: Four groups, each consisting of six animals, were studied: 'not paced, no drug' group; 'paced, no drug' group (rapid atrial pacing [RAP] 600 beats/min for 24 h); 'not paced, verapamil' (NPV) group (duration of VPT was seven days, verapamil 7.5 mg/kg was

A trial fibrillation (AF) is the most common sustained arrhythmia in humans (1), characterized by a variety of electrophysiological, mechanical and structural alterations caused by the arrhythmia itself (2). This process is termed 'atrial remodelling in AF' as described by Wijffels et al (3). Electrophysiological alterations of ionic current level are well studied; for example, during experimental and clinical AF, L-type Ca²⁺ current (I_{Ca,L}) amplitude decreases (4-7).

On the one hand, multiple findings suggest that the down-regulation of $I_{Ca,L}$ is transcription-mediated (8-10), and on the other hand, several groups report that there is no change in messenger RNA or protein expression (11,12).

A recent study by Christ et al (13) shows increased protein phosphatase expression in patients with chronic AF (13). Because balanced activity between phosphorylating protein kinases (protein kinase A, protein kinase C, $Ca^{2+}/calmodulin-dependent$ kinase II) (14,15) and dephosphorylating protein phosphatases (PP1 and PP2A) (16) is responsible for the actual amplitude of basal $I_{Ca,L}$, this relationship could be an additional explanation for the consistent finding of AF-induced reduction of $I_{Ca,L}$ amplitude.

Using a rapid atrial pacing (RAP) model of experimental AF (RAPMAF), Bosch et al (5) showed that electrophysiological changes induced by RAP in a rabbit's atrium could be observed after a few hours and to a similar extent as in the chronic state. administered every 12 h); and 'paced, verapamil' (PV) group (pacemaker stimulation after VPT). Protein expression was evaluated by Western blot analysis.

RESULTS: RAP resulted in an augmented (32%) PP1 expression (not paced, no drug group versus paced, no drug group). The increase in PP1 expression was prevented with VPT (NPV group versus PV group). Expression of PP2A was not influenced by RAP. However, VPT led to an increase of PP2A expression (16%) after RAP (NPV group versus PV group).

CONCLUSIONS: Fortified expression of protein phosphatases might be – besides transcriptional downregulation of channel subunits – another important cause of reduced L-type Ca^{2+} current after RAP. Blocking L-type Ca^{2+} channels with verapamil to prevent tachycardia-induced changes of PP1 expression might be expedient.

Key Words: Atrial fibrillation; Atrial remodelling, L-type Ca²⁺ channel; PP1; PP2A

The present study examined potential changes in protein expression of protein phosphatases PP1 and PP2A after short-term RAP.

If changes in protein phosphatase expression were an additional explanation for reduced $I_{Ca,L}$ amplitude, circumventing these alterations might be therapeutically useful. Therefore, the effect of verapamil on the expression of PP1 and PP2A, before and after RAP, was studied.

METHODS

All animal care procedures were in accordance with the institutional guidelines of the University of Tübingen, Tübingen, Germany. Animals were instrumented as described previously (5). Altogether, 24 animals were used. Rabbits were randomly divided into four groups of six animals each. Animals in the 'not paced, no drug' (NPND) group received atrial pacemaker probes, but no atrial stimulation was applied. After successful lead implantation, RAP was applied in the 'paced, no drug' (PND) group. The 'not paced, verapamil' (NPV) group was treated similar to the NPND group but with additional verapamil pretreatment (VPT) (subcutaneous injection of verapamil 7.5 mg/kg, dissolved in isotonic NaCl, was administered every 12 h for seven days). Finally, the 'paced, verapamil' (PV) group was treated similar to the PND group but with additional verapamil medication (dosage was the same as in the NPV group).

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Figure 1) Expression of protein phosphatases PP1 and PP2A (catalytic alpha [α] subunits) with and without rapid atrial pacing. **Top** Ordinate indicates relative optical density (OD), determined by comparing the absolute OD of the band with the OD of the housekeeping protein glyceraldehyde-3-phosphate dehydrogenase (GAPDH). Beneath the graph are the tabulated data. **Bottom** Representative Western blots of each group. NPND Not paced, no drug; NS Not significant; PND Paced, no drug

Removal of the heart and sample preparation were performed as described previously (5).

Protein concentration was determined by a modified Lowry assay. Proteins were fractionated on 8% sodium dodecyl sulphate polyacrylamide gels and transferred to polyvinylidene fluoride membranes (Amersham Biosciences, Germany) according to standard protocols. Commercialized antibodies were used to detect the catalytic α subunit of PP1 (Sigma, USA), the catalytic α subunit of PP2A (Pharmingen, Germany) and glyceraldehyde-3-phosphate dehydrogenase (Biotrend, Germany). Protein bands were visualized with horseradish peroxidase-conjugated antirabbit immunoglobulin G (Dako, Germany) and antimouse immunoglobulin G (Sigma, Germany) by enhanced chemiluminescence reagents and Hyperfilm enhanced chemiluminescence (Amersham Biosciences, Germany). The films were densitometrically evaluated using 'Quantity One' software (Bio-Rad Laboratories, Germany). The expressions of PP1 α and PP2A α were normalized to that of glyceraldehyde-3-phosphate dehydrogenase as a standard.

Data analysis

In each animal, protein measurements were repeated three times, and the average value and SEM were calculated. Data are expressed as mean \pm SEM. Statistical comparisons between groups were performed by one-way ANOVA. A two-tailed P<0.05 was considered to be statistically significant.



Figure 2) Expression of protein phosphatases PP1 and PP2A (catalytic alpha [α] subunits) after verapamil pretreatment with and without rapid atrial pacing. Top Ordinate indicates relative optical density (OD), determined by comparing the absolute OD of the band with the OD of the housekeeping protein glyceraldehyde-3-phosphate dehydrogenase (GAPDH). Beneath the graph are the tabulated data. Bottom Representative Western blots of each group. NPV Not paced, verapamil; NS Not significant; PV Paced, verapamil

RESULTS

Differences in expression of PP1 α und PP2A α between the NPND and PND groups are shown in Figure 1. RAP led to a 32% increase (P=0.031) of PP1 α expression, whereas no significant change of PP2A α expression (P=0.901) was observed.

Figure 2 shows the differences in expression of PP1 α and PP2A α between the NPV and PV groups. After VPT, augmentation of PP1 α expression after RAP was absent; no significant change (P=0.50) was observed. However, after VPT a significant increase (16%; P=0.033) of PP2A α expression (NPV versus PV) was observed after RAP.

DISCUSSION

Effects of RAP on expression of PP1 and PP2A

Phosphorylation and dephosphorylation are key mechanisms for the functional regulation of L-type Ca²⁺ channels. The aim of the present study was to evaluate whether decreased $I_{Ca,L}$ amplitude in the early phases of AF in the RAPMAF is accompanied by alterations of these mechanisms. In the heart, PP1 and PP2A counteract phosphorylation of L-type Ca²⁺ channels by protein kinase A and protein kinase C, respectively (14-16).

We showed that even in the early phases of RAP there are changes in protein expression of phosphatases: after 24 h, expression of the catalytic α subunit of PP1 is upregulated, whereas no significant changes of the α subunit of PP2A are observed.

These results indicate that upregulation of PP1 α might be part of the pathomechanisms in the very early phases of atrial remodelling and a mechanism for rapid downregulation of L-type Ca²⁺ channels, which is caused by AF-induced intracellular Ca²⁺ overload. It was reported that the activity of several kinases and phosphatases depend on intracellular Ca²⁺ concentration (17-19).

Christ et al (13) found that augmented expression of the catalytic subunit of PP2A was associated with no changes in PP1 expression (α subunit). They concluded that diminished phosphorylation of L-type Ca²⁺ channels was at least jointly responsible for decreased I_{Ca,L} amplitude in patients with chronic AF.

In the RAPMAF, 24 h of RAP led to diminished $I_{\rm Ca,L}$ with associated changes in protein and messenger RNA expression (5). Our results – comparable with those from human chronic AF (hCAF) – suggest that decreased phosphorylation of L-type Ca²⁺ channels due to increased expression of protein phosphatases is at least partly responsible for the diminished current amplitude.

The protein expressions of protein phosphatases in hCAF and RAPMAF are oppositional: on the one hand, there is an upregulation of PP1 α with no change of PP2A α (RAPMAF), and on the other hand, no change of PP1 α is associated with an increase of catalytic subunit PP2 γ (hCAF) (3).

There is a large variety of species-specific denotation of respective protein phosphatases (16). Ono and Fozzard (20) demonstrated that in rabbit hearts, PP1 interacts with the phosphorylation site of the L-type Ca^{2+} channel, mediating the closing rate of the channel, whereas PP2A interacts with the site of the L-type Ca^{2+} channel that adjusts the probability of the channel opening. The former mechanism is of greater importance for regulation of current amplitude in rabbits. Therefore, it seems possible that both – apparently different – changes of expression (hCAF versus RAPMAF) are concepts of the same remodelling processes caused by rapid atrial frequencies in different species.

Another explanation for this oppositional observation might be different time points of examination, because atrial remodelling is a fluent, time-dependent process (3). In our study, we examined early phases of remodelling, whereas chronic AF was studied by Christ et al (13).

Effects of verapamil on expression of PP1 and PP2A with and without RAP

In our second experimental setting, we examined the effect of VPT on protein phosphatase expression.

As indicated in Figure 2, there was no statistically significant difference in PP1 α expression between the NPV and PV groups; therefore, verapamil obviously prevents atrial tachycardia-induced changes of PP1 α expression (NPND group versus PND group).

However, we also showed that VPT and subsequent RAP elevates PP2A α expression, even though that increase was less pronounced (16%; P=0.033). Because PP1 has more influence on I_{Ca,L} amplitude than PP2A in rabbits (see above), this observation is probably of minor importance.

We also previously showed that VPT prevented expected reductions in $I_{Ca,L}$ amplitude caused by RAP in rabbit atrium (21). Because we were able to show that verapamil affects protein phosphatase expression, we cannot exclude the possibility that the prevention of pacing-induced PP1 upregulation is –

besides probable direct effects of verapamil on Ca^{2+} channel subunits – at least partly responsible for this observation.

Besides the effects on L-type Ca²⁺ channel regulation, increased activity of phosphatases may be associated with augmented dephosphorylation of other proteins. Electromechanical coupling is of special interest in this regard. Because contractile dysfunction promotes atrial blood clots, improvement of atrial contraction by blockade of phosphatases could lead to a decreased risk of thromboembolism in patients with intermittent AF.

In summary, according to our data, the isolated effects of verapamil on protein phosphatases make this drug a candidate for the treatment of AF; thus, a key mechanism of atrial remodelling (reduction of $I_{Ca,L}$) can be prevented and the beneficial effects of contractile function can be expected.

Potential limitations

Verapamil leads to multiple alterations of atrial electrophysiology; therefore, the beneficial isolated effect of VPT on protein phophatases might be diminished. Results of clinical studies (22-24) that evaluated the prevention of postoperative AF by verapamil were contradictory.

Changes in atrial refractory period and inducibility of AF were diminished by VPT in several experimental models of AF (25-28) and humans (29). Simultaneously, two other studies showed a loss of effect of verapamil after longer periods of atrial tachycardias (30,31). Even more controversially, verapamil leads to increased duration of AF both in goats and in humans (32,33).

Additionally, only early phases (24 h) of atrial remodelling were examined in the present study, and changes might not represent clinicial AF in all aspects.

Further experiments with sustained atrial pacing are needed to ascertain whether verapamil treatment either leads only to a delay of tachycardia-induced atrial remodelling or can diminish long-term pathophysiological alterations. In addition, effects of VPT on many other mechanisms that maintain AF need to be studied.

CONCLUSIONS

In the present study, we showed that fortified expression of protein phosphatases might be – besides transcriptional down-regulation of channel subunits – another important cause of reduced $I_{Ca,L}$ in the early phases of AF.

Alterations in the expression of protein phosphatases by VPT were affected beneficially. Therefore, the use of verapamil to prevent tachycardia-induced changes might be expedient. However, verapamil leads to multiple alterations in atrial electrophysiology; hence, the significance of the benefits of this isolated effect of verapamil on protein phosphatases remains unknown.

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