# A kinetic study of  $\beta$ -lactoglobulin amyloid fibril formation promoted by urea

## DAIZO HAMADA<sup>1,2,3</sup> AND CHRISTOPHER M. DOBSON<sup>2,4</sup>

<sup>1</sup>Division of Physical Chemistry, Institute for Protein Research, Osaka University, 3-2 Yamadaoka, Suita, Osaka 565-0871, Japan

<sup>2</sup>Oxford Centre for Molecular Sciences, New Chemistry Laboratory, University of Oxford, South Parks Road, Oxford OX1 3QT, UK.

(RECEIVED May 30, 2002 ; FINAL REVISION July 15, 2002 ; ACCEPTED July 17, 2002)

## **Abstract**

The formation of fibrillar aggregates by  $\beta$ -lactoglobulin in the presence of urea has been monitored by using thioflavin T fluorescence and transmission electron microscopy (TEM). Large quantities of aggregated protein were formed by incubating  $\beta$ -lactoglobulin in 3–5 M urea at 37°C and pH 7.0 for 10–30 days. The TEM images of the aggregates in 3–5 M urea show the presence of fibrils with diameters of 8–10 nm, and increases in thioflavin T fluorescence are indicative of the formation of amyloid structures. The kinetics of spontaneous fibrillogenesis detected by thioflavin T fluorescence show sigmoidal behavior involving a clear lag phase. Moreover, addition of preformed fibrils into protein solutions containing urea shows that fibril formation can be accelerated by seeding processes that remove the lag phase. Both of these findings are indicative of nucleation-dependent fibril formation. The urea concentration where fibril formation is most rapid, both for seeded and unseeded solutions, is ∼5.0 M, close to the concentration of urea corresponding to the midpoint of unfolding (5.3 M). This result indicates that efficient fibril formation involves a balance between the requirement of a significant population of unfolded or partially unfolded molecules and the need to avoid conditions that strongly destabilize intermolecular interactions.

**Keywords:** Amyloid fibril; kinetics; β-lactoglobulin; thioflavin T; electron microscope; MALDI-TOF mass

It is now well established that under physiologic conditions proteins assume native folds that are unique to their amino acid sequences. But it is also clear that proteins are highly prone to form a variety of aggregated structures in vitro. Such aggregates can accumulate in biological environments giving rise to pathological conditions (Hurtley and Helenius 1989; Dobson 1999, 2001; Ellgaard et al. 1999). One particularly important example of these phenomena involves the formation of specific aggregates called amyloid fibrils. Such aggregates were first recognized in tissue taken from a patient suffering from Alzheimer's disease (Virchow 1853), but have now been observed in some 20 diseases including type II diabetes and the spongiform encephalopathies such as Creutzfeldt-Jakob disease (Tan and Pepys 1994; Kelly 2002). Moreover, it has been shown recently that many proteins and short peptides—whether or not they are known to be involved in disease—can be transformed in vitro into fibrillar aggregates identical to those associated with disease by searching for appropriate conditions (Dobson 1999, 2001). In general, experiments show that such transformations into fibrils occur under conditions that

Reprint requests to: Daizo Hamada, Department of Developmental Infectious Diseases, Research Institute and Osaka Medical Center for Maternal and Child Health, 840 Murodo-cho, Izumi, Osaka 594–1011, Japan; e-mail: daizo@lab.mch.pref.osaka.jp; fax: +81-(0)725-57-3021. <sup>3</sup>

<sup>&</sup>lt;sup>3</sup>Present address: Department of Developmental Infectious Diseases, Research Institute and Osaka Medical Center for Maternal and Child Health, 840 Murodo-cho, Izumi, Osaka 594–1011, Japan. <sup>4</sup>

<sup>&</sup>lt;sup>4</sup>Present address: Department of Chemistry, University of Cambridge, Lensfield Road, Cambridge CB2 1EW, UK.

*Abbreviations:* NMR, nuclear magnetic resonances; TEM, transmission electron microscopy; ANS, 1-anilino-8-naphthalene sulfonic acid;  $\beta$ -LG, -lactoglobulin; thioT, thioflavin T; MALDI, matrix associate laser disorption; TOF, time of flight;  $d^{-1}$ , day <sup>-1</sup>.

Article and publication are at http://www.proteinscience.org/cgi/doi/ 10.1110/ps.0217702.

unfold the protein at least partially, but still favor the formation of noncovalent interactions within the ensemble of denatured conformations (Chiti et al. 1999, 2000; Bellotti et al. 2000; Liu et al. 2000; McParland et al. 2000; Fändrich et al. 2001).

Although there are differences in detail between the various morphologies observed for specific amyloid fibrils, analysis of their structures using a range of techniques including X-ray fiber diffraction and electron microscopy reveals common properties of the underlying structure. In particular, the fibrils usually have a diameter ranging from 5 to 20 nm (Vallat et al. 1979; Winer et al. 1979; Merz et al. 1983; Prusiner et al. 1983; Connors et al. 1985), a cross structure consisting of a core of  $\beta$ -strands (Kirshchner et al. 1987), along with an affinity to bind a range of dyes such as thioflavin T (thioT) (Naiki et al. 1989) and Congo red (Klunk et al. 1999; Westermark et al. 1999). Experimental data also indicate that the formation of amyloid fibrils is a nucleation-dependent process in which initial species produced by the association of specific regions of denatured proteins plays an important role in initiating the process (Jarrett and Lansbury 1993; Lomakin et al. 1996, 1997; Naiki and Nakakuki 1996; Perutz and Windle 2001). The experimental studies suggest that the ability to form amyloid fibrils is a common property of polypeptide chains, although the intrinsic propensities of sequences of amino acids to do so under given conditions will vary widely (Chiti et al. 2002). This observation is potentially of great importance to understand the evolved properties of native proteins, including their folding behavior, and the mechanism in which misfolding and aggregation are normally avoided in correctly functioning living systems (Dobson 2001; Bucciantini et al. 2002).

Bovine  $\beta$ -lactoglobulin ( $\beta$ -LG) is one of the major components of the whey of cow's milk. The protein assumes a dimeric structure at neutral pH, but dissociates into monomers at an acidic pH. The conformation of the protein at both neutral and acidic pH has been determined by X-ray crystallography (Brownlow et al. 1997; Qin et al. 1998, 1999) and NMR spectroscopy (Kuwata et al. 1999; Uhrinova et al. 2000). The structures at the different pH values possess the same basic topology, having nine antiparallel  $\beta$ -strands and one short and one long  $\alpha$ -helix at the carboxyl terminus (Fig. 1). Although the biological function of  $\beta$ -LG is still unknown, the protein has the ability to bind to extended hydrophobic compounds such as retinol (Dodin et al. 1990; Dufour et al. 1991; Hambling et al. 1992). Interestingly, the amino acid sequence suggests a significant propensity for  $\alpha$ -helical structure despite the highly  $\beta$ -rich fold (Nishikawa and Noguchi 1991). In accord with this observation, an early intermediate state of the protein during refolding has been found to form non-native  $\alpha$ -helical structures (Hamada et al. 1996; Kuwajima et al. 1996; Hamada



Fig. 1. Schematic representation of the native structure of bovine  $\beta$ -LG drawn using WebLab Viewer Lite, Molecular Simulations Inc. (San Diego, CA). The  $\beta$ -strands and  $\alpha$ -helices are colored in cyan and red, respectively.

and Goto 1997) in the vicinity of the amino-terminal region of the sequence, a region corresponding to the A-strand in the native structure (Kuwata et al. 2001).

The  $\beta$ -LG is known to form gels in solution under various conditions in which the protein is likely to be at least partially unfolded, for example, at high temperatures (Langton and Hermansson 1992; Bauer et al. 1998; Relkin et al. 1998), under high hydrostatic pressure (Zasypkin et al. 1996; Dumay et al. 1998), or in the presence of chemical denaturants (Katsuta et al. 1997; Dufour et al. 1998; Renard et al. 1999). Because the gels formed under certain conditions have different characters, there has been increasing interest in the utilization of  $\beta$ -LG gels to improve the quality of food products (Smithers et al. 1996). Importantly, similar gelation phenomena have been observed for several proteins under conditions where amyloid fibrils are formed (Charge et al. 1995; Guijarro et al. 1998; Chiti et al. 1999, 2000; Goda et al. 2000). Furthermore, electron micrographs of heat-induced gels of  $\beta$ -LG indicate the existence of network structures composed of long filaments with diameters of 4–10 nm (Hermansson 1986; Langton and Hermansson 1992; Kavanagh et al. 2000).

In the present work, we show that fibrillar structures can be readily formed by incubating bovine  $\beta$ -LG in the presence of urea at pH 7.0 and 37°C for 10–30 days. Transmission electron microscopy (TEM) of the solutions reveals the existence of well-defined fibrils with diameters of 8–10 nm. The solutions enhance the fluorescence of thioT, indicative of the presence of amyloid structures. Furthermore, the addition of aliquots of solutions containing preformed fibrils (i.e., seeding) dramatically reduces the lag time for the initiation of fibril formation and promotes fibril growth. The results indicate that bovine  $\beta$ -LG is converted into amyloid structures by incubating the protein under conditions where the protein is substantially unfolded but the formation of noncovalent interactions within the ensemble of denatured protein molecules is permitted.

## **Results**

## *Urea-induced unfolding of* β-lactoglobulin

It has been established for a number of proteins that formation of amyloid fibrils occurs in the region of the protein unfolding transition (Stevens et al. 1995; Guijarro et al. 1998; Chiti et al. 1999, 2000; Bellotti et al. 2000; Liu et al. 2000; McParland et al. 2000; Fändrich et al. 2001). Therefore, we explored possible conditions for the conversion of -LG into ordered aggregates by monitoring the urea unfolding transition of  $\beta$ -LG using intrinsic tryptophan fluorescence at pH 7.0 and 37°C.

For  $\beta$ -LG at a concentration of 0.05 mg/mL, a cooperative transition with a midpoint at a urea concentration of 3.1  $\pm$  0.1 M was obtained by monitoring the fluorescence intensity at 343 nm (Fig. 2A, circles). This value is significantly lower than the midpoint of the transition  $(5.3 \pm 0.1)$ M) obtained from the plot of the peak position of these spectra as a function of urea concentration (Fig. 2B, triangles). The difference in the transition midpoints obtained by fluorescence intensity and peak position suggests that at least one conformational species, other than the native dimer or the fully unfolded state, is present under at least some denaturing conditions.

As discussed,  $\beta$ -LG assumes a dimeric structure at a neutral pH. There is, therefore, a possibility that the dimer can be dissociated by an increase in urea concentration into either native or at least only partially unfolded monomers before the formation of fully unfolded structures. In comparison with the unfolding transition observed at a  $\beta$ -LG concentration of 0.05 mg/mL, the transition observed by the change in fluorescence intensity at 343 nm for the solution containing 1 mg/mL of  $\beta$ -LG is shifted to a much higher urea concentration. In contrast, no significant shift could be observed for the transition curve obtained from the change in the position of the fluorescence maximum. This difference suggests that the transition detected by the change in fluorescence intensity, which occurs at a lower urea concentration, is the result of the dissociation of the native dimer into native monomers, whereas the transition revealed by the shift of the peak position corresponds to unfolding of such monomers into partially or fully unfolded species (Fig. 2).

The hydrophobic dye ANS shows an intense fluorescence signal at ∼480 nm when it binds to exposed hydrophobic clusters on the surface of partially folded intermediate states of proteins (Semisotnov et al. 1987). In contrast, significant fluorescent changes are rarely observed for ANS molecules in the presence of native or fully unfolded proteins. Exceptionally, native  $\beta$ -LG stimulates an increase in ANS fluorescence due to its intrinsic property to bind to hydrophobic molecules (Collini et al. 2000). Nevertheless, ANS binding can detect the presence of a partially folded intermediate



**Fig. 2.** Urea-induced unfolding of  $\beta$ -LG at pH 7.0 and 37°C. (*A*) Data obtained by monitoring the fluorescence intensity at 343 nm in the presence of 0.05 ( $\circ$ ) or 1.0 ( $\Box$ ) mg/mL of  $\beta$ -LG. The ordinate is the relative value to the fluorescence of unfolded protein in 8.0 M urea. (*B*) Data obtained by monitoring the frequency shift of the fluorescence maximum in the presence of 0.05 ( $\triangle$ ) and 1.0 ( $\nabla$ ) mg/mL of  $\beta$ -LG, and the fluorescence intensity of ANS ( $\diamond$ ) in the presence of 0.05 mg/mL of  $\beta$ -LG. (*C*) Fractions of native dimeric, native monomeric, and unfolded states as a function of urea concentration in the presence of 1 mg/mL of  $\beta$ -LG. The curves were drawn using the parameters shown in the text.

with non-native  $\alpha$ -helical structure during the folding and unfolding of this protein at pH 2.0 (D. Hamada and Y. Goto, unpubl.).

In the present work, it has been found that the fluorescence intensity of ANS decreases with increasing concentration of urea (Fig. 2B). The transition midpoint obtained by monitoring this fluorescence change is highly consistent with the unfolding curve obtained from the shift of the intrinsic tryptophan fluorescence peak. This observation suggests that the dissociation of ANS from  $\beta$ -LG occurs when the protein transforms into its fully unfolded state at high urea concentrations. Although ANS may affect the equilibrium among conformational states, it is rather likely that ANS stabilizes the partially folded states, if it exists, relative to the native state. It is, therefore, highly unlikely that a significant amount of a partially folded species is populated during the urea unfolding of  $\beta$ -LG at pH 7.0 and 37°C. The same conclusion has been drawn from the analysis of far- and near-UV circular dichroism spectra during unfolding of  $\beta$ -LG by urea at pH 7.0 and 25 $\degree$ C (M. Yagi, K. Sakurai, and Y. Goto, pers. comm.).

According to these observations, the unfolding transition of  $\beta$ -LG by urea are considered in the following scheme:

$$
N_{\text{dimer}} \stackrel{K_{\text{DM}}}{\rightleftharpoons} 2N_{\text{monomer}} \stackrel{K_{\text{MU}}}{\rightleftharpoons} 2U
$$

#### **Scheme 1.**

where  $N_{dimer}$ ,  $N_{monomer}$ , and U refer to the native dimeric, native monomeric, and unfolded states. On the basis of this scheme, the parameters for urea unfolding of  $\beta$ -LG are estimated and they are  $\Delta G_{\text{DM,0}} = 50.3 \pm 0.3$  (kJ/mol);  $m_{DM} = 4.9 \pm 0.1$  (kJ/mol/M);  $\Delta G_{MUL0} = 20.1 \pm 2.4$  (kJ/ mol);  $m_{\text{MI}} = 3.8 \pm 0.4$  (kJ/mol/M). Importantly, the  $m_{\text{MI}}$ value obtained here at neutral pH was relatively consistent with the value  $(5.0 \pm 0.1 \text{ kJ/mol/M})$ ; Apenten 1998) obtained at pH 3.0, where the protein predominantly stabilizes the native monomer. This further supports the idea that the conformational state that accumulates during the transition of  $\beta$ -LG induced by urea is likely to be the native monomer.

## *Spontaneous fibril formation in urea solutions*

The  $\beta$ -LG solutions containing a variety of concentrations of urea were incubated at 37°C and the existence of amyloid fibrils was probed by TEM and thioT fluorescence.

When solutions of the protein containing 3–5 M urea were incubated for periods of 10–30 days, opalescent precipitates became visible, and the presence of fibrillar aggregates was shown by TEM (Fig. 3). The electron micrographs reveal that these aggregates are unbranched, twisted fibrils with diameters of 8–10 nm (Table 1), comparable to the diameters of typical amyloid fibrils (4–20 nm) (Vallat et

Table 1. *Diameters of spontaneously formed*  $\beta$ -LG fibrils

Urea concentration (M)	Diameter of fibrils <sup>a</sup> (nm)
3.0	$9.30 \pm 1.41$
	$15.90 \pm 1.67^{\rm b}$
4.0	$9.50 \pm 1.21$
5.0	$8.23 \pm 2.06$

<sup>a</sup> Determined from the diameters at more than 100 randomly selected sections of different fibrils.

<sup>b</sup> Average diameter of the minor population of the thicker fibrils shown in Fig. 3.

al. 1979; Winer et al. 1979; Merz et al. 1983; Prusiner et al. 1983; Connors et al. 1985; Chamberlain et al. 2000). Interestingly, micrographs of the fibrils formed in 3 M urea indicate the presence of some thicker fibrils, with diameters of 15 nm, relative to those formed at the higher urea concentrations.

The solutions containing the fibrils exhibited an increase in thioT fluorescence indicative of the formation of amyloid structures (Fig. 4A). No significant increase in thioT fluorescence was, however, observed for solutions containing 0–2 M urea even after 70 days of incubation. At the protein concentrations used in these experiments  $(1 \text{ mg/mL})$ ,  $\beta$ -LG assumes the native dimer structure at 0–2 M urea, whereas it dissociates into the native monomers at 2–4 M urea before the formation of fibrils (see Fig. 2C). Therefore, it appears that the presence of the native dimer can efficiently prevent the formation and extension of fibril nuclei. This result is consistent with the observation that the stabilization of the native tetramer by substrate binding inhibits the formation of transthyretin fibrils (Miroy et al. 1996).

For the samples in 3–7 M urea, plots of thioT fluorescence as a function of incubation time produce sigmoidal curves showing a clear lag phase (Fig. 4B). Similar kinetic behavior has been found to occur for many amyloidogenic proteins (Jarrett and Lansbury 1993; Lomakin et al. 1996; Naiki and Nakakuki 1996; Perutz and Windle 2001). Im-



**Fig. 3.** TEM images of aggregates formed by incubating  $\beta$ -LG for 30 days at 37°C in (*A*) 3.0, (*B*) 4.0, (*C*) 5.0 M urea at pH 7.0. The scale bars represent 100 nm.



**Fig. 4.** Increases in thioT fluorescence upon binding to aggregates of -LG. (*A*) The fluorescence intensity of thioT versus urea concentration. (*B*) ThioT fluorescence at  $0 \, (\infty)$ , 3 ( $\circlearrowright)$ ), 4 ( $\Box$ ), 5 ( $\triangle$ ), 6 ( $\triangledown$ ) and 7 ( $\diamondsuit$ ) M urea as a function of incubation time. Inset of *B* is the expansion to represent the data at 0, 6, and 7 M urea.

portantly, the urea concentrations showing the largest increase of thioT fluorescence (Fig. 4A) are low (3–5 M) in comparison with the transition region for urea unfolding monitored by intrinsic tryptophan fluorescence (3–7 M) (see Fig. 2). Below the transition region  $\langle$  <3 M urea), the formation of aggregates is efficiently suppressed. Above the transition region where the protein begins to unfold (>3 M urea), the formation of fibrils is clearly observed. As the urea concentration increases, the rate and yield of fibril formation initially increase, reflecting the greater population of unfolded molecules able to aggregate. Above 5 M urea, however, both the rate and yield of fibril formation decrease substantially, a result that can be explained by the increased ability of urea to solvate the unfolded state. This result supports the idea that the fibrillogenesis of proteins is inhibited when noncovalent interactions are destabilized within the ensemble of unfolded structures (Chiti et al. 1999, 2000).

The sigmoidal curves such as these shown in Figure 4B were analyzed by nonlinear least squares curve-fitting to a stretched exponential function:  $F = F^{\infty} + \Delta F \exp(-[k_{sp} \cdot t]^n)$ (Alvarez et al. 1991; Morozova-Roche et al. 1999; Jund et al. 2000). In this equation, *F*,  $F^{\infty}$ , and  $\Delta F$  are the observed fluorescence intensity at time *t*, the final fluorescence intensity, and the fluorescence amplitude, respectively.  $k_{\rm{sp}}$  is the rate of spontaneous fibril formation. Although the interpretation of the parameters involved in this equation is not straightforward, these parameters are useful in empiric descriptions of complex reactions whose kinetics are not easily modeled (Morozova-Roche et al. 1999; Jund et al. 2000). For example, when the *n* value is close to 1, the curve can be expressed by a single exponential function with a rate constant of  $k_{\rm sp}$ . For  $0 < n < 1$ , the kinetics can be approximated to multiple exponential functions indicative of multiple events. On the other hand, for  $n > 1$ , the curves represent a sigmoidal transition with an initial lag phase, suggestive of the involvement of intermediate species. The inverse of the rate constant  $k_{\rm sp}$  gives the relaxation time, that is, the time when the 1/e (∼36.8%) of the reaction is completed (where e is Euler's constant). For  $n > 1$ , a reaction becomes more cooperative as the value of *n* increases.

The  $\Delta F$ ,  $k_{\rm{sn}}$ , and *n* values determined in this way for the different urea concentrations are shown in Figure 5. Values of *n* more than 5 were obtained for all the samples showing a significant increase of thioT fluorescence; this result in-



**Fig. 5.** Kinetic parameters for spontaneous fibril formation by  $\beta$ -LG. The data were fitted to stretched exponential functions  $F = F \infty + \Delta F$  exp (−[*k*sp · *t*] *n* ). (*A*) Rate constant (*k*sp) versus (urea). (*B*) Exponent (*n*) versus (urea). (*C*) Amplitude  $(\Delta F)$  versus (urea).

dicates the presence of a lag phase and the relatively high cooperativity of the growth phase that follows. The maximum  $k_{\rm SD}$  value (0.058 d<sup>-1</sup>) was found for the fibril growth in 5.0 M urea. This concentration of urea is close to the midpoint (5.3 M) of the unfolding transition of the monomeric species shown in Figure 2. Thus, at this concentration of urea, there is a substantial population of unfolded protein molecules in which the polypeptide chain is exposed so as to permit efficient aggregation. At higher urea concentrations, the urea molecules can solvate the denatured state and destabilize aggregated species. This effect is likely to reduce significantly the propensity for fibril formation.

The amplitude  $(\Delta F)$  of the fluorescence can indicate the approximate quantity of fibrils formed in each solution, because fluorescence intensity is associated with fibril formation and is unlikely to vary substantially with urea concentration under these conditions. As in the case for the  $k_{\rm sn}$ value, the absolute value of  $\Delta F$  is maximum in solutions containing 5.0 M urea. The differences in  $\Delta F$  for the solutions containing varying urea concentrations suggests that the system is fairly closely balanced between polymerization and depolymerization. Interestingly, the plot of  $k_{\rm sn}$  versus  $\Delta F$  is approximately linear, with a correlation coefficient of 0.94 (Fig. 6). Although a range of factors (e.g., the rates of fibril nucleation, extension, and depolymerization) will affect  $k_{sp}$ , it appears to be primarily influenced by the length of the lag phase. As the latter reflects the rate of nucleation in the nucleation-dependent conversion process, the correlation found in Figure 6 implies that the total amount of protein molecules converted into the fibrils increases when the rate of nucleation becomes more rapid. Such a result may reflect the increased probability of the formation of organized fibrils rather than amorphous aggregates.



**Fig. 6.** Rate constant of spontaneous fibril formation  $(k_{\rm sn})$  versus the final quantity of protein incorporated into fibrils  $(\Delta F)$ . Experimental data are represented by circles. The line corresponds to the best fit of experimental data to a straight line.

### *The effect of seeding on the kinetics of fibril formation*

Experimental data for other proteins suggest that the reaction associated with amyloid formation can be approximated by a nucleation-dependent model and that the reaction can be decomposed into at least two steps, namely the nucleation and the extension processes (Jarrett and Lansbury 1993; Lomakin et al. 1996, 1997; Naiki and Nakakuki 1996). This idea is supported by observations that the addition of preformed fibrils (seeds) promotes the fibril extension reaction. If the nucleation step has been achieved by the seeding process, provided that the lag phase has been completely abolished, the seeding experiments can provide information concerning the intrinsic rate of extension of fibrils under different conditions. To explore a further aspect of the process of fibril formation by  $\beta$ -LG, the effects of seeding on the kinetics were examined.

In agreement with the nucleation model, the initial lag time for  $\beta$ -LG fibrillogenesis was found to be significantly diminished when seeding was carried out with aliquots of the solutions incubated at the various concentrations of urea (Fig. 7A). In contrast to the results for spontaneous fibrillogenesis, small but distinctive increases in thioT fluorescence could be monitored even for the solutions containing low concentrations of urea (0–2 M); this finding suggests that spontaneous formation of fibrils can occur under these conditions, but at a very slow rate. The experimental data, therefore, suggest that the conversion of soluble  $\beta$ -LG into amyloid fibrils in urea proceeds, as in other cases, according to a nucleation-dependent manner. Under ideal conditions, the rate of fibril extension can be obtained by fitting the data to a single exponential function (Naiki and Gejyo 2000). However, the kinetics shown here, even after seeding, are relatively slow and there could be a contribution to the extension kinetics from spontaneously formed nuclei, particularly at the later stage of fibrillogenesis. Therefore, to provide a more accurate description of the rate of intrinsic fibril extension, the initial slope for the reaction  $(dF/dt)$ <sub>*t* = 0</sub> was considered in our analysis.

Figure 7B shows a plot of  $(dF/dt)$ <sub>*t* = 0</sub> determined from the rates of fibril formation measured by thioT fluorescence under the seeding conditions as a function of the urea concentration. In this situation, the value of  $(dF/dt)$ <sub>*t* = 0</sub> correlates well with the rate of fibril extension. The intrinsic extension rate can be seen to become faster with increasing urea concentrations up to 5 M, but then to decrease as the urea concentration is increased. Interestingly, logarithms of  $(dF/dt)$ <sub>t = 0</sub> in both the acceleratory and deceleratory regions are approximately linearly dependent on the urea concentration. The results of seeding experiments also indicate that the maximum rate of fibril extension is obtained under conditions where the rate of fibril nucleation is optimum (i.e., ∼5 M urea) (Figs. 4 and 7). In Figure 8, the values of  $(dF/dt)$ <sub>t = 0</sub> for the seeding experiment are plotted against



**Fig. 7.** Seeding effects on fibril extension monitored by thioT fluorescence. (*A*) ThioT fluorescence intensity as a function of time. Data were obtained at  $0 \, (\infty)$ , 1  $(\oplus)$ , 2  $(\boxplus)$ , 3  $(\odot)$ , 4  $(\Box)$ , 5  $(\triangle)$ , 6  $(\triangledown)$ , and 7  $(\diamond)$ M urea. (*B*) Initial rates of fibril extension  $(dF/dt)$ <sub>*t* = 0</sub> in the seeding experiments, as described in the text, as a function of these urea concentrations.

the  $k_{\rm{sp}}$  values obtained for spontaneous fibrillogenesis. The plot shows a high correlation between these parameters (the correlation coefficient is 0.96), indicating that the two processes are closely related.

#### *Analysis of the protein in the fibrils*

It has previously been shown that the formation of a misfolded dimer containing non-native intermolecular disulfide bonds plays a role in the thermally induced aggregation of -LG (Shimada and Cheftel 1989).The protein contains five cysteine residues, one of which is free (C121) and the other four are involved in the formation of two disulfide bridges  $(C66-C160$  and  $C102-C124$ ) (see Fig. 1) (Brownlow et al. 1997). To examine whether such dimeric species are involved in the fibril formation by  $\beta$ -LG in the presence of urea, and more generally to probe for any degradation of the

protein molecules during the time taken for fibril formation to occur, we used matrix associate laser disorption-time of flight (MALDI-TOF) mass spectrometry to characterize  $\beta$ -LG after its extraction from the fibrillar structures.

To find conditions where  $\beta$ -LG incorporated into the fibrils formed in 5 M urea could be solubilized, we tested a range of denaturants including 8 M urea, 8 M guanidium hydrochloride, and  $95\%$  (v/v) acetonitrile/H<sub>2</sub>O containing 0.05% trifluoroacetic acid; only the acetonitrile/ $H_2O$  mixture was found to dissolve the fibrils and then only to a limited extent. The mass spectrum obtained for the protein solubilized using this procedure shows the presence of a single species with a molecular mass of  $18,432.3 \pm 9.2$  daltons. This value is close to the molecular mass of monomeric  $\beta$ -LG (18,463.2  $\pm$  9.2 daltons) determined from a reference spectrum of native  $\beta$ -LG in water. Thus, it is unlikely that any misfolded dimeric species play a significant role in fibril formation by  $\beta$ -LG in the presence of urea, or that any significant degradation of the protein takes place during this process.

## **Discussion**

An increasing body of evidence suggests that the ability to form amyloid fibrils is a generic property of polypeptide chains, although the propensity of different proteins and of different regions of proteins to form such structures varies substantially (Dobson 1999, 2001). Therefore, if a given polypeptide is incubated under appropriate conditions, it should be possible to promote its conversion into amyloid fibrils. An important, but by no means sufficient, characterization of such conditions is likely to be that the native structure of a globular protein is substantially destabilized.



**Fig. 8.** Comparison of the rate of fibril formation for unseeded  $(k_{\text{sn}})$  and seeded  $(dF/dt)$ <sub>t = 0</sub> solutions. Experimental data are represented by circles. The continuous line corresponds to the best fit of experimental data to a straight line.

The present results for  $\beta$ -LG support this idea and indicate that controlled variation of the concentrations of common chemical denaturants such as urea can be a valuable approach to find the appropriate conditions under which fibrils are formed. A range of urea concentrations could be identified such that large quantities of bovine  $\beta$ -LG fibrils were formed. These fibrils were shown to be amyloid in character from their appearance in TEM images, and from their ability to enhance the fluorescence intensity of thioT.

Fibril formation was found to be particularly rapid in the transition region for the unfolding of  $\beta$ -LG by urea, probably due to the increased population of unfolded protein molecules. However, the rate of formation decreased more than 5 M urea, although the population of unfolded protein molecules increased (Fig. 2C). This observation can be attributed to the need for a high population of unfolded proteins for aggregation to occur and for these unfolded molecules to interact strongly with each other. The former property increases with the concentration of a denaturant such as urea, whereas the latter decreases (Chiti et al. 1999; Bellotti et al. 2000). It is, however, still unclear which conformational species is a direct precursor for fibril formation. There is a possibility for the involvement of partially folded species that accumulates only to a small amount. Such conformational species is more likely to be stabilized under the conditions where the unfolded state is populated and still promote the protein aggregation. As with other amyloid fibrils, the rate of formation was found to be promoted by the addition of preformed fibrils, a finding indicative of a nucleation-dependent process. The present results indicate further that the rate of nucleation correlates well with the rate of fibril extension, a finding suggesting that the interactions required for the nucleation event of fibrillogenesis are similar to those required for fibril extension.

Polymorphism of the structural morphology of amyloid fibrils has been demonstrated for several proteins (Ionescu-Zanetti et al. 1999, Chamberlain et al. 2000; Zurdo et al. 2001). Consistent with these studies, different morphologies were found for fibrils formed at the various urea solutions. In addition, the existence of a variety of network structures composed of filaments with diameters ranging from 4 to 10 nm has been reported for heat-induced  $\beta$ -LG gels (Hermansson 1986; Langton and Hermansson 1992; Kavanagh et al. 2000). Such polymorphism in the fibril structures formed from a single protein could be caused by differences in the number of protofilaments assembled into the mature fibrils. It could also, however, result from the incorporation in different regions of the sequence of the polypeptide chain with various types of fibrils. Although this latter possibility cannot be eliminated at this stage, the fact that the addition of fibrils formed at 5.0 M urea to the protein solutions at other concentrations of urea successfully promoted fibril extension suggests that the regions of the amino acid sequence that are incorporated into the core region of fibrils

are essentially the same in the solutions at different urea concentrations.

## **Summary**

The present results indicate that amyloid fibril formation by bovine  $\beta$ -LG is promoted under conditions where significant accumulation of unfolded proteins occurs, but is inhibited under conditions where higher denaturant concentrations destabilize intermolecular interactions. These experimental data support strongly the hypothesis that the ability to form amyloid fibrils is an intrinsic property of polypeptide chains, although the propensity to form such fibrils is strongly dependent on the amino acid sequence, and as demonstrated clearly here, on the solution conditions under which the proteins are incubated.

## **Materials and methods**

#### *Chemicals and EM grids*

The A variant of bovine  $\beta$ -LG was purchased from Sigma (St. Louis, MO). Other chemicals of reagent grade were purchased from Nacalai Tesque, Inc. (Kyoto, Japan). The polyvinylformalcarbon-coated 200-mesh copper grids (200-A) were obtained from Oken Shoji Co.,Ltd. (Tokyo, Japan).

#### *Preparation of seeding solutions*

Fibrils for seeding experiments were prepared by centrifuging protein solutions (1 mg/mL) in 5.0 M urea containing fibrils at 20,000 *g* for 10 min. The pellets were resuspended in water and centrifuged again, and the process repeated twice. The resulting precipitates were resuspended in distilled water, and used for seeding experiments. The amount of protein incorporated into fibrils was determined by measuring the weight of dried protein in the tube after lyophilizing aliquots of the solutions.

#### *Urea unfolding by tryptophan and ANS fluorescence*

All experiments were carried out in 10 mM sodium phosphate buffer at pH 7.0 and 37°C. The fluorescence intensity of either tryptophan or ANS was monitored using a F4500 fluorimeter (Hitachi, Tokyo, Japan). For intrinsic tryptophan fluorescence, protein solutions of 0.05 or 1 mg/mL with varying concentrations of urea were excited at 290 nm and the fluorescence at 300–400 nm was monitored. For ANS-binding analysis, solutions of  $5 \mu M$  ANS in  $0.05$  mg/mL  $\beta$ -LG and various concentrations of urea were excited at 398 nm and the fluorescence intensity at 500–600 nm was monitored. For each experiment, the protein sample was incubated for 5 min at 37°C before taking the measurement.

## *Analysis of the unfolding transitions*

The unfolding transition of  $\beta$ -LG by urea are considered to follow the scheme 1. Thus, the fractions of  $\rm N_{dimer}, N_{monomer},$  and U  $(f$  D, *f* M, and *f* U, respectively) can be expressed as:

$$
f_D = 2 \cdot \alpha \cdot K_{\text{DM}} \cdot K_{\text{MU}}^2 \cdot f_U^2 \tag{1}
$$

$$
f_{\rm M} = K_{\rm MU} \cdot f_{\rm U} \tag{2}
$$

$$
f_U = \frac{-(1 + K_{\text{MU}}) + \sqrt{(1 + K_{\text{MU}})^2 + 8 \cdot \alpha \cdot K_{\text{DM}} \cdot K_{\text{MU}}^2}}{4 \cdot \alpha \cdot K_{\text{DM}} \cdot K_{\text{MU}}^2}
$$
(3)

where  $\alpha$  is the total protein concentration (M) in the solution.

Provided that the free energy differences between the dimeric and monomeric native states ( $\Delta G_{DM}$ ) and between the monomeric native and unfolded states  $(\Delta G_{\rm MU})$  are dependent on urea concentration, they can be expressed as:

$$
\Delta G_{\text{DM}} = \Delta G_{\text{DM},0} - m_{\text{NM}} \text{[urea]}
$$
 (4)

$$
\Delta G_{\text{MU}} = \Delta G_{\text{MU},0} - m_{\text{MU}} \text{[urea]}
$$
 (5)

where  $\Delta G_{\text{DM},0}$  and  $\Delta G_{\text{MU},0}$  are  $\Delta G_{\text{DM}}$  and  $\Delta G_{\text{MU}}$  in the absence of urea,  $m_{DM}$  and  $m_{MU}$  are the measures of cooperativity of transitions between the dimeric and monomeric native states and between the monomeric native and unfolded states, respectively.  $\Delta G_{\text{DM},0}$ ,  $\Delta G_{\text{MU},0}$ ,  $m_{\text{DM}}$ , and  $m_{\text{MU}}$  were calculated by full deconvolution of all the tryptophan fluorescence spectra obtained at different urea concentrations according to the functions shown in eqs. 1–5.

## *Thioflavin T assay*

Solutions (1.2 mL) of 1 mg/mL protein and various concentrations of urea were prepared in 1.5-mL plastic tubes with lids, and the tubes were then tightly sealed to prevent evaporation. The samples were placed in an air incubator at 37°C. For each incubation time,  $40$ - $\mu$ L aliquots of the solutions were taken and mixed with 360  $\mu$ L of 5  $\mu$ M thioT solution in 10 mM sodium phosphate buffer at pH 7.0. The fluorescence at 465–665 nm was monitored using 5-mm cuvettes. The excitation wavelength was 450 nm. A stretched exponential function, expressed as  $F = F^{\infty} + \Delta F \exp(-[k_{sp} \cdot t]^n)$ , was used in the curve-fitting analysis of the kinetics of spontaneous fibril formation determined from thioT fluorescence. The  $k_{\rm sn}$ and *n* values are the rate constant  $\text{day}^{-1}$ ) and heterogeneity parameter, respectively (Morozova-Roche et al. 1999; Jund et al. 2000). The  $F \infty$  and  $\Delta F$  values are the fluorescence intensity at the end of reaction and the amplitude change during the reaction. For the seeding experiments,  $10 \mu g$  of aliquots of preformed fibrils were added to the protein solutions (1 mg/mL) containing various amounts of urea. The initial rates of fibril extension were determined to eliminate possible errors due to spontaneous nucleation.

#### *TEM imaging*

TEM images of samples showing a typical fluorescence increase by thioT were acquired with a JEM 1010 or JEM-1200EX II transmission electron microscope (JEOL, Tokyo, Japan). The acceleration voltage was 80 or 85 kV. The samples were negatively stained by either uranium acetate or phosphotungstate.

#### *Mass spectroscopy*

Mass spectra of resolubilized fibrils formed by  $\beta$ -LG were obtained using a Voyager DE MALDI-TOF mass spectrometer from PerSeptive Biosystems (Framingham, Massachusetts, USA).

Sinapinic acid was used to form the matrix complex. Fibrils prepared as described above were resolubilized using 95% acetonitrile/5%  $H_2O$ , containing 0.05% trifluoroacetic acid.

#### **Acknowledgments**

We thank Dr. Shingo Takagi for his assistance in the TEM study and Prof. Saburo Aimoto and Dr. Takashi Higurashi for performing the MALDI-TOF mass spectrometry experiments. We also acknowledge Prof. Yuji Goto for his valuable comments on this work. DH was supported by a JSPS Postdoctoral Fellowships for Research Abroad at the beginning of this work in Oxford and is currently supported by JSPS Research Fellowships for Young Scientists (PD). This is a contribution from the Oxford Centre for Molecular Sciences, which is funded by BBSRC, EPSRC. and MRC. The research of CMD is supported in part by a Programme Grant from the Wellcome Trust.

The publication costs of this article were defrayed in part by payment of page charges. This article must therefore be hereby marked "advertisement" in accordance with 18 USC section 1734 solely to indicate this fact.

#### **References**

- Alvarez, F., Alegría, A., and Colmenero, J. 1991. Relationship between the time-domain Kohlraush-Willams-Watts and frequency-domain Havriliak-Nagami relaxation functions. *Phys. Rev. B* **44:** 7306–7312.
- Apenten, R.K.O. 1998. Protein stability function relations:  $\beta$ -Lactoglobulin-A sulphydryl group reactivity and its relationship to protein unfolding stability. *Int. J. Biol. Macromol.* **23:**, 19–25.
- Bauer, R., Hansen, S., and Øgendal, L. 1998. Detection of intermediate oligomers, important for the formation of heat aggregates of  $\beta$ -lactoglobulin. *Int*. *Dairy J.* **8:** 105–112.
- Bellotti, V., Mangione, P., and Merlini, G. 2000. Review: Immunoglobulin light chain amyloidosis—the archetype of structural and pathogenic variability. *J. Struct. Biol.* **130:** 280–289.
- Brownlow, S., Morais Cabral, J.H., Cooper, R., Flower, D.R., Yewdall, S. J., Polikarpov, I., North, A.C., and Sawyer, L. 1997. Bovine  $\beta$ -lactoglobulin at 1.8 Å resolution—still an enigmatic lipocalin. *Structure* **5:** 481–495.
- Bucciantini, M., Giannoni, E., Chiti, F., Baroni, F., Formigli, L., Zurdo, J., Taddei, N., Ramponi, G., Dobson, C.M., and Stefani, M. 2002. Inherent toxicity of aggregates implies a common mechanism for protein misfolding diseases. *Nature* **416:** 507–511.
- Chamberlain, A.K., MacPhee, C.E., Zurdo, J., Morozova-Roche, L.A., Hill, H.A.O., Dobson, C.M., and Davis, J.J. 2000. Ultrastructural organization of amyloid fibrils by atomic force microscopy. *Biophys. J.* **79:** 3282–3293.
- Charge, S.B., de Koning, E.J., and Clark, A. 1995. Effect of pH and insulin on fibrillogenesis of islet amyloid polypeptide in vitro. *Biochemistry* **34:** 14588–14593.
- Chiti, F., Webster, P., Taddei, N., Clark, A., Stefani, M., Ramponi, G., and Dobson, C.M. 1999. Designing conditions for in vitro formation of amyloid protofilaments and fibrils. *Proc. Natl. Acad. Sci.* **96:** 3590–3594.
- Chiti, F., Taddei, N., Bucciantini, M., White, P., Ramponi, G., and Dobson, C.M. 2000. Mutational analysis of the propensity for amyloid formation by a globular protein. *EMBO J.* **19:** 1441–1449.
- Chiti, F., Taddei, N., Baroni, F., Capanni, C., Stefani, M., Ramponi, G., and Dobson, C.M. 2002. Kinetic partitioning of protein folding and aggregation. *Nature Struct. Biol.* **9:** 137–143.
- Collini, M., D'Alfonso, L., and Baldini, G. 2000. New insight on  $\beta$ -lactoglobulin binding sites by 1-anilinonaphthalene-8-sulfonate fluorescence decay. *Protein Sci.* **9:** 1968–1974.
- Connors, L.H., Shirahama, T., Skinner, M., Fenves, A., and Cohen, A.S. 1985. In vitro formation of amyloid fibrils from intact  $\beta$ 2-microglobulin. *Biochem. Biophys. Res. Commun.* **131:** 1063–1068.
- Dobson, C.M. 1999. Protein misfolding, evolution and disease. *Trends Biochem. Sci.* **24:** 329–332.

<sup>———. 2001.</sup> The structural basis of protein folding and its links with human disease. *Philos. Trans. Biol. Sci.* **356:** 133–145.

Dodin, G., Andrieux, M., and Kabbani, A. 1990. Binding of ellipticine to

-lactoglobulin. A physico-chemical study of the specific interaction of an antitumor drug with a transport protein. *Eur. J. Biochem.* **193:** 697–700.

- Dufour, E., Marden, M.C., and Haertle, T. 1991. B-Lactoglobulin binds retinol and protophophyrin IX at two different binding sites. *FEBS Lett.* **277:** 223–226.
- Dufour E., Robert, P., Renard, D., and Llamas, G. 1998. Investigation of  $\beta$ -lactoglobulin gelation in water/ethanol solutions. *Int. Dairy J.* **8:** 87–93.
- Dumay, E.M., Kalichevsky, M.T., and Cheftel, J.C. 1998. Characteristics of pressure-induced gels of  $\beta$ -lactoglobulin at various times after pressure release. *Food Sci. Technol.* **31:** 10–19.
- Ellgaard, L., Molinari, M., and Helenius, A. 1999. Setting the standards: Quality control in the secretary pathway. *Science* **286:** 1882–1888.
- Fändrich, M., Fletcher, M.A., and Dobson, C.M. 2001. Amyloid fibrils from muscle myoglobin. *Nature* **410:** 165–166.
- Goda, S., Takano, K., Yamagata,Y., Nagata, R., Akutsu, H., Maki, S., Namba, K., and Yutani K. 2000. Amyloid protofilament formation of hen egg lysozyme in highly concentrated ethanol solution. *Protein Sci.* **9:** 369–375.
- Guijarro, J.I., Sunde, M., Jones, J.A., Campbell, I.D., and Dobson, C.M. 1998. Amyloid fibril formation by SH3 domain. *Proc. Natl. Acad. Sci.* **95:** 4224– 4228.
- Hamada, D. and Goto, Y. 1997. The equilibrium intermediate of  $\beta$ -lactoglobulin with non-native helical structure. *J. Mol. Biol.* **269:** 479–487.
- Hamada, D., Segawa, S., and Goto, Y. 1996. Non-native  $\alpha$ -helical intermediate in the refolding of  $\beta$ -lactoglobulin, a predominantly  $\beta$ -sheet protein. *Nature Struct. Biol.* **3:** 868–873.
- Hambling, S.G., McAlpine, A.S., and Sawyer, L. 1992.  $\beta$ -Lactoglobulin. In *Advanced dairy chemistry* (ed. Fox, P.F.), vol. 1, pp. 140–190. Elsevier Applied Science, UK.
- Hermansson, A.-M. 1986. Water and fat-holding. In *Functional properties of food macromolecules* (eds. J.R. Michell, and D.A. Ledward), pp. 273–314. Elsevier Applied Science, UK.
- Hurtley, S.M. and Helenius, A. 1989. Protein oligomerization in the endoplasmic reticulum. *Annu. Rev. Cell. Biol.* **5:** 277–307.
- Ionescu-Zanetti, C., Khurana, R., Gillespie, J.R., Petrick, J.S., Trabachino, L.C., Minert, L.J., Carter, S.A., and Fink, A.L. 1999. Monitoring the assembly of Ig light-chain amyloid fibrils by atomic force microscopy. *Proc. Natl. Acad. Sci.* **96:** 13175–13179.
- Jarrett, J.T. and Lansbury P.T. Jr. 1993. Seeding "one-dimensional crystallization" of amyloid: A pathogenic mechanism in Alzheimer's disease and scrapie? *Cell* **73:** 1055–1058.
- Jund, P., Jullien, R., and Campbell, I. 2000. Random walks on fractals and stretched exponential relaxation. *Phys. Rev.* **63:** 036131.
- Katsuta, K., Hatakeyama, M., and Hiraki, J. 1997. Isothermal gelation of proteins. 1. Urea-induced gelation of whey proteins and their gelling mechanism. *Food Hydrocolloids* **11:** 367–372.
- Kavanagh, G.M., Clark, A.H., and Ross-Murphy, S.B. 2000. Heat-induced gelation of globular proteins: part 3. Molecular studies on low pH  $\beta$ -lactoglobulin gels. *Int. J. Biol. Macromol.* **28:** 41–50.
- Kelly, J.W. 2002. Towards an understanding of amyloidogenesis. *Nature Struct. Biol.* **9:** 323–325.
- Kirschner, D.A., Inouye, H., Duffy, L.K., Sinclair, A., Lind, M., and Selkoe, D.J. 1987. Synthetic peptide homologous to B protein from Alzheimer disease forms amyloid-like fibrils in vitro. *Proc. Natl. Acad. Sci.* **84:** 6953–6957.
- Klunk, W.E., Jacob, R.F., and Mason, P. 1999. Quantifying amyloid by Congo red spectral shift assay. *Method Enzymol.* **309:** 285–305.
- Kuwajima, K., Yamaya, H., and Sugai, S. 1996. The burst-phase intermediate in the refolding of  $\beta$ -lactoglobulin studied by stopped-flow circular dichroism and absorption spectroscopy. *J. Mol. Biol.* **264:** 806–822.
- Kuwata, K., Hoshino, M., Forge, V., Era, S., Batt, C.A., and Goto, Y. 1999. Solution structure and dynamics of bovine  $\beta$ -lactoglobulin A. *Protein Sci.* **8:** 2541–2545.
- Kuwata, K., Shastry, R., Cheng, H., Hoshino, M., Batt, C.A., Goto., Y., and Roder, H. 2001. Structural and kinetic characterization of early folding events in β-lactoglobulin. *Nature Struct. Biol.* 8: 151-155.
- Langton, M. and Hermansson, A.M. 1992. Fine-stranded and particulate gels of -lactoglobulin and whey protein at varying pH. *Food Hydrocolloids* **6:** 523–539.
- Liu, K. Cho, H.S., Lashuel, H.A., Kelly, J.W., and Wemmer, D.E. 2000. A glimpse of a possible amyloidogenic intermediate of transthyretin. *Nature Struct. Biol.* **7:** 754–757.
- Lomakin, A., Chung, D.S., Benedek, G.B., Kirschner, D.A., and Teplow, D.B. 1996. On the nucleation and growth of amyloid  $\beta$ -protein fibrils: detection of nuclei and quantitation of rate constants. *Proc. Natl. Acad. Sci.* **93:** 1125–1129.
- Lomakin, A., Teplow, D.B., Kirschner, D.A., and Benedek, G.B. 1997. Kinetic

theory of fibrillogenesis of amyloid  $\beta$ -protein. *Proc. Natl. Acad. Sci.* 94: 7942–7947.

- Merz, P.A., Wisniewski, H.M., Somerville, R.A., Bobin, S.A., Masters, C.L., and Iqbal, K. 1983. Ultrastructural morphology of amyloid fibrils from neuritic and amyloid plaques. *Acta Neuropathol. (Berl)* **60:** 113–124.
- McParland, V.J., Kad, N.M., Kalverda, A.P., Brown, A., Kirwin-Jones, P., Hunter, M.G., Sunde, M., and Radford, S.E. 2000. Partially unfolded states of  $\beta$ 2microglobulin and amyloid formation in vitro. *Biochemistry* **39:** 8735–8746.
- Miroy, G.J., Lai, Z., Lashuel, H.A., Peterson, S.A., Strang, C., and Kelly, J. 1996. Inhibiting transthyretin amyloid fibril formation via protein stabilization. *Proc. Natl. Acad. Sci.* **93:** 15051–15056.
- Morozova-Roche, L.A., Jones, J.A., Noppe, W., and Dobson, C.M. 1999. Independent nucleation and heterogeneous assembly of structure during folding of equine lysozyme. *J. Mol. Biol.* **289:** 1055–1073.
- Naiki, H. and Gejyo, F. 2000. Kinetic analysis of amyloid fibril formation. *Methods Enzymol.* **309:** 305–318.
- Naiki, H. and Nakakuki, K. 1996. First-order kinetic model of Alzheimer's -amyloid fibril extension in vitro. *Lab. Invest.* **74:** 374–383.
- Naiki, H., Higuchi, K., Hosokawa, M., and Takeda, T. 1989. Fluorometric determination of amyloid fibrils *in vitro* using the fluorescent dye, thioflavin T1. *Anal. Biochem.* **177:** 244–249.
- Nishikawa, K. and Noguchi, T. 1991. Predicting protein secondary structure based on amino acid sequence. *Methods Enzymol.* **202:** 21–24.
- Perutz, M.F. and Windle, A.H. 2001. Cause of neural death in neurodegenerative diseases attributable to expansion of glutamine repeats. *Nature* **412:** 143–144.
- Prusiner, S.B., McKinley, M.P., Bowman, K.A., Bolton, D.C., Bendheim, P.E., Groth, D.F., and Glenner, G.G. 1983. Scrapie prions aggregate to form amyloid-like birefringent rods. *Cell* **35:** 349–358.
- Qin, B.Y., Bewley, M.C., Creamer, L.K., Baker, H.M., Baker, E.N., and Jameson, G.B. 1998. Structural basis of the Tanford transition of bovine -lactoglobulin. *Biochemistry* **37:** 14014–14023.
- Qin, B.Y., Bewley, M.C., Creamer, L.K., Baker, E.N., and Jameson, G.B. 1999. Functional implications of structural differences between variants A and B of bovine β-lactoglobulin. *Protein Sci*. 8: 75-83.
- Relkin, P., Launay, B., and Liu, T.-X. 1998. Heat- and cold-setting gels of -lactoglobulin solutions. A DSC and TEM study. *Thermochemica Acta* **308:** 69–74.
- Renard, D., Lefebvre, J., Robert, P., Llamas, G., Dufour, E., and Dufour, E. 1999. Structural investigation of  $\beta$ -lactoglobulin gelation in ethanol/water solutions .*Int. J. Biol. Macromol.* **26:** 35–44.
- Semisotnov, G.V., Rodionova, N.A., Kutyshenko, V.P., Ebert, B., Blank, J., and Ptitsyn, O.B. 1987. Sequential mechanism of refolding of carbonic anhydrase B. *FEBS Lett.* **224:** 9–13.
- Shimada, K. and Cheftel, J.C. 1989. Sulfhydryl group/disulfide bond interchange reactions during heat-induced gelation of whey protein isolate. *J. Agricul. Food Chem.* **37:** 161–168.
- Smithers, G.W., Ballard, F.J., Copeland, A.D., De Silva, K.J., Dionysius, D.A., Francis, G.L., Goddard, C., Grieve, P.A., McIntosh, G.H., Mitchell, I.R., Pearce, R.J., and Regester, G.O. 1996. New opportunities from the isolation and utilization of whey proteins. *J. Dairy Sci.* **79:** 1454–1459.
- Stevens, P.W., Raffen, R., Hanson, D.K., Deng, Y.L., Berrios-Hammond, M., Westholm, F.A., Murphy, C., Eulitz, M., Wetzel, R., and Solomon, A. 1995. Recombinant immunoglobulin variable domains generated from synthetic genes provide a system for in vitro characterization of light-chain amyloid proteins. *Protein Sci.* **4:** 421–432.
- Tan, S.Y. and Pepys, M.B. 1994. Amyloidosis. *Histopathology* **25:** 403–414.
- Uhrinova, S., Smith, M.H., Jameson, G.B., Uhrin, D., Sawyer, L., and Barlow, P.N. 2000. Structural changes accompanying pH-induced dissociation of the -lactoglobulin dimer. *Biochemistry* **39:** 3565–3574.
- Vallat, M., Vallat, J.M., Loubet, R., Leboutel, M.J., and Loubet, A. 1979. Conjunctival biopsies in diffuse amyloid. *J. Fr. Ophtalmol.* **2:** 275–278.
- Virchow, R. 1853. Über eine im Gehirn und Rückenmark des Menschen aufgefundene Substanz mit der chemischen Reaktion der Cellulose. *Virchows Arch.* **6:** 135–138.
- Westermark, G.T., Johnson, K.H., and Westermark, P. 1999. Staining methods for identification of amyloid in tissue. *Method Enzymol.* **309:** 3–25.
- Winer, R.L., Wuerker, R.B., Erickson, J.O., and Cooper, W.L. 1979. Ultrastructural examination of urinary sediment. Value in renal amyloidosis. *Am. J. Clin. Pathol.* **71:** 36–39.
- Zasypkin, D.V., Dumay, E., and Cheftel, J.C. 1996. Pressure- and heat-induced gelation of mixed  $\beta$ -lactoglobulin/xanthan solutions. *Food Hydrocolloids* **19:** 203–211.
- Zurdo, J., Guijarro, J.I., Jimenez, J.L., Saibil, H.R., and Dobson, C.M. 2001. Dependence on solution conditions of aggregation and amyloid formation by an SH3 domain. *J. Mol. Biol.* **311:** 325–340.