

# Anatomy and cytology of the thymus in juvenile Australian lungfish, *Neoceratodus forsteri*

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## Abstract

The anatomy, histology and ultrastructure of the thymus of a dipnoan, the Australian lungfish, *Neoceratodus forsteri*, was studied by light and transmission electron microscopy. The thymic tissue showed clear demarcation into a cortex and medulla with ample vascularization. Large cells including foamy and giant multinucleated cells with periodic acid Schiff/Alcian blue positive staining properties were localized mainly in the medulla. The major cellular components were epithelial cells and lymphoid cells. The epithelial cells were classified by location and ultrastructure into six sub-populations: capsular cells, cortical and medullary reticular cells, perivascular endothelial cells, intermediate cells, nurse-like cells and Hassall-like corpuscles. Myoid cells were found mainly in the cortico-medullary boundary and medulla. Macrophages and secretory-like cells were also present. These findings will provide a base of knowledge about the cellular immune system of lungfish.

**Key words** anatomy; Australian lungfish; electron microscopy; Hassall's corpuscles; histology; myoid cells; *Neoceratodus forsteri*; thymus.

## Introduction

The thymus plays an important role in hosting and providing a suitable microenvironment for the development and production of functionally competent T lymphocytes. With its unique structure and function, the thymus has been a subject of intensive study for more than a century.

Phylogenetically, the first appearance of a true thymus is in elasmobranchs where it is located dorsal and medial to the gill arches (Beard, 1903). Agnathans appear to be devoid of a thymus, although hagfish do have lymphoid infiltration within the pharyngeal velar muscle (Riviere et al. 1975) and larval lampreys in the pharyngeal epithelium (Page & Rowley, 1982; Ardavin & Zapata, 1988). The morphology of the thymus from a wide variety of jawed vertebrates has been studied, including elasmobranchs (Zapata, 1980; Luer et al. 1995), teleosts (Zapata, 1981; Chilmonczyk, 1992; Romano et al. 1999a; Danilova et al. 2004; Bowden et al. 2005; Xie et al. 2006), amphibians (Sherill et al. 1972; Rafael, 1990), reptiles (Bockman & Winborn, 1967; Bianchi et al. 1990; Saad & Zapata, 1992), birds (Kendall, 1980; Fonfría et al. 1982) and mammals (Smith et al. 1958; Haelst, 1967; Bodey et al. 1987; Suster & Rosai, 1990).

A unique feature of the thymus is its cellular organization. Thymic epithelium shows sub-population heterogeneity in

both the capsule and the thymic interstitial components, which in turn form the three-dimensional framework of the thymus. Thymic epithelial cell sub-populations are distinguished by their location and function, which can vary even between different groups of jawed vertebrates. For example, only one type of thymic epithelial cell has been recognized in teleosts, such as *Rutilus rutilus* (Zapata, 1981) and *Stcyases sanguineus* (Gorgollon, 1983), whereas by using immunohistochemistry, epithelial cells in the thymus of rainbow trout, *Salmo gairdneri*, were differentiated into seven sub-populations (Castillo et al. 1990). In rat thymus, De Waal & Rademakers (1997) described four broad classes of epithelial cells using immunohistochemistry, which they were able to further sub-divide into four sub-populations of cortical epithelial cells and six sub-populations of medullary epithelial cells based on ultrastructure. Functionally, this heterogeneity is believed to be vital for the maturation of T lymphocytes in the thymus (Chilmonczyk, 1992).

Another interesting cellular component of the thymus is the myoid cell, which exhibit striation characteristic of skeletal muscles. Since their first description (Mayer, 1888), myoid cells have been found to vary considerably due to cell turnover in the thymus in different vertebrates (Bockman & Winborn, 1967; Raviola & Raviola, 1967; Töró et al. 1969; Nakamura et al. 1986; reviewed in Saad & Zapata, 1992).

The only major group in which the thymus has not been extensively examined is sarcopterygian fish, including lungfish. Lungfish have an interesting phylogenetic position. Increasingly, molecular evidence indicates that lungfish

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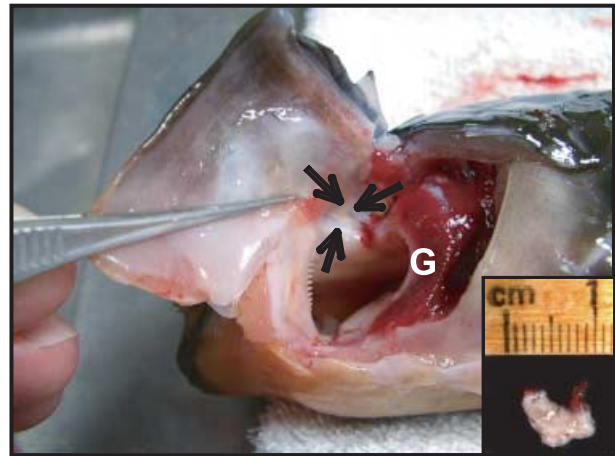
are the closest extant group of fish to tetrapods (Zardoya & Meyer, 1997; Joss, 1998). A recent molecular study utilized the DNA sequences of recombination activating genes, *RAG 1* and *RAG 2*, from all three families of lungfish, including the Australian lungfish *Neoceratodus forsteri*, as phylogenetic markers to elucidate the phylogeny of lungfish (Brinkmann et al. 2004). However, molecular information on the immune system of lungfish in general and on their thymus in particular is lacking. Our knowledge is limited to the structure of their immunoglobulins (Marchalonis, 1969; Ota et al. 2003; Ohta & Flajnik, 2006) and the fact that the thymus of the South American lungfish *Lepidosiren paradoxa* persists in adults (Mimura & Mimura, 1977). More recent studies have addressed the morphology of granulocytes in *L. paradoxa* (Bielek & Strauss, 1993) and white blood cells in *N. forsteri* (Ward, 1969; Hine et al. 1990a,b). The current study is the first detailed report addressing the anatomy, morphology and ultrastructure of the Australian lungfish thymus.

## Materials and methods

### Animals and tissue collection

Lungfish were raised in the Australian Lungfish Breeding Facility at Macquarie University, Sydney, Australia. Juveniles 2–4 years old (weights ranging from 250 to 300 g) were used to study the morphology, anatomy, histology and ultrastructure of the thymus. The fish were taken from large fibreglass holding tanks immediately prior to being anaesthetized in Clove oil (Sigma, St Louis, MO, USA) (1–3 mL in 5 L water for 7–10 min according to lungfish size) and euthenased by spinal severance (following approval by the Macquarie University Animal Ethics Committee, permit number 2006/015). The gill cavity was washed with tap water to remove any detritus and the thymus was immediately dissected. For light microscopy, samples of thymus were fixed in 0.1 M phosphate buffered 10% formalin and processed by standard histological procedures to obtain wax sections of 4–6 µm thickness. The sections were stained either with haematoxylin/eosin or with alcoholic periodic acid Schiff (PAS)/Alcian blue stain, counterstained with eosin. Control slides were treated with 100 units 1 mL<sup>-1</sup> salivary amylase (Sigma) for 2 h and a further 24 h at 37 °C in 0.1 M phosphate buffer prior to PAS/Alcian blue staining.

For electron microscopy, thymic tissues were dissected and directly fixed in a combination of 4% paraformaldehyde, 3% glutaraldehyde and 0.3 M sucrose in 0.1 M PIPES buffer (pH 7.2), followed by postfixation in 1% osmium tetroxide. Fixed tissues were dehydrated in a graded series of ethanol, infiltrated and subsequently embedded in LR-white resin. Semi-thin and ultra-thin sections were obtained using a Reichert Ultracut (Leica, Vienna, Austria) ultramicrotome. Semi-thin sections (1 µm thickness) were stained with methylene blue, whereas ultra-thin sections (50–60 nm thickness)



**Fig. 1** Lateral view of the branchial region of the Australian lungfish showing the anatomical dorsal location of the thymus (arrows) anterior to the most anterior gill arch (G). Insert shows a whole dissected gland.

were stained with saturated aqueous uranyl acetate and Reynold's lead citrate. Sections were examined using a Philips CM10 transmission electron microscope (Amsterdam, the Netherlands).

## Results

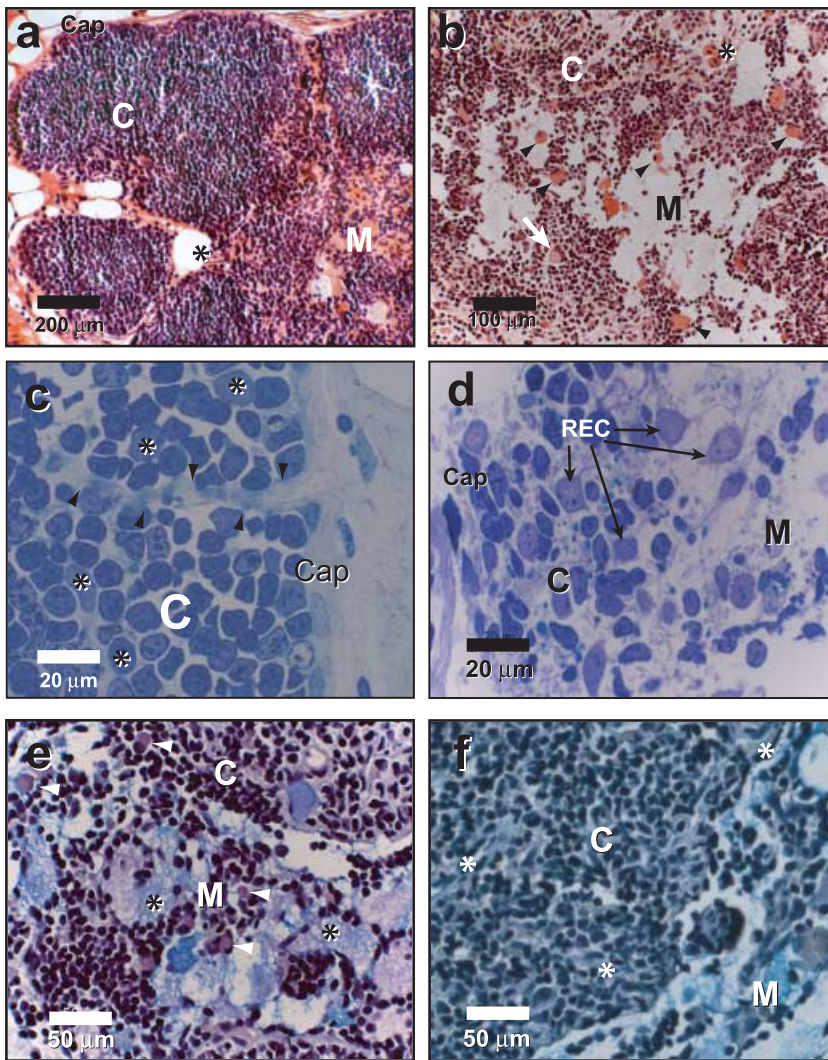
### Morphology and anatomy of the thymus

In juvenile *N. forsteri*, the thymus is a bilateral organ that lies anterior and dorsal to the most anterior gill arch. In some lungfish it extends ventrally to lie inside the opercular cartilage (inner thymus), delimited by connective tissue (Fig. 1). When freshly dissected, the thymus is a pale yellowish colour and measures 4–8 mm × 4 mm × 2 mm in lungfish weighing 250–300 g. The size varies between individual lungfish (3–12 mm × 3–5 mm × 1–3 mm) depending on fish length.

### Light microscopy

Thymus glands used in this study were sampled in different seasons. Notably, no histological differences were observed between any of these glands.

The thymus of *N. forsteri* is encapsulated within a single layer of epithelium delimited by connective tissue and partitioned into lobules that incompletely subdivide the thymus (Fig. 2a). Thymic tissue is tightly packed with lymphoid cells, which contain characteristically deeply stained nuclei and scant cytoplasm. The cellular components are demarcated into cortical and medullary areas, with thymocytes dense in the cortex and sparse in the medulla (Fig. 2a,b). Boundaries between the cortex and medulla are not sharply defined (Fig. 2b). The cortex is compartmentalized into lobules separated by trabeculae projecting from the capsular epithelium (Fig. 2c). Trabeculae may be composed of cords of epithelial cells, capillaries or fibrocytes.



**Fig. 2** Histology of the thymus of *N. forsteri*. (a, b) Paraffin-embedded cross-sections of thymus stained with haematoxylin/eosin. The thymus is demarcated into a cortex (C) and medulla (M) and delimited by a capsule (Cap in a). Note the presence of myoid cells in the medulla, and the cortico-medullary boundary (arrow heads in b). Giant multinuclear cell is indicated by an arrow in b) and blood vessels by an asterisk in (a) and (b). (c, d) LR white-embedded semi-thin sections of thymus stained with methylene blue showing trabeculae (arrows heads in c) originating from the capsule (Cap). Cortical reticular epithelial cells are indicated by an asterisk. In (d), REC form a meshwork with their cytoplasmic processes in the cortex (C) and medulla (M). (e, f) Paraffin-embedded cross-section of thymus stained with PAS/Alcian blue. Note the Alcian blue positively stained material in the medulla (M) interstitium and the cytoplasm of foamy cells (\* in e). Cells stained positively with PAS are indicated by arrowheads. (f) Tissue section treated with salivary amylase as a control. Cortex (C). Thymic blood vessels (\*).

Cortical and medullary epithelial cells form a network with their cytoplasmic processes that increase the area of interaction with thymocytes and support the movement of lymphoid cells (Fig. 2d).

In contrast to the cortex, the medulla had relatively few cells of both the lymphoid and epithelial type (Fig. 2b,d). Numerous myoid cells were mostly located at the cortico-medullary boundary and in the medullary region (Fig. 2b). Haematoxylin/eosin-stained sections had large unstained medullary areas (Fig. 2a,b). However, adjacent sections showed the same area to stain positively for mucin with PAS/alcian blue. Alcian blue-positive mucin was found both within cells and in the inter-cellular matrix (Fig. 2e). Interestingly, mucin in the medulla varied in acidity as indicated by staining patterns (Fig. 2e). Large and foamy, round or irregularly shaped cystic epithelial cells and mucus cells were also found in the medulla. They had peripheral single nuclei or were multinucleated, and contained large vacuoles or granules filling their cytoplasm (Fig. 2e). These cells were positively stained with Alcian blue. Cells staining positively with PAS were also localized

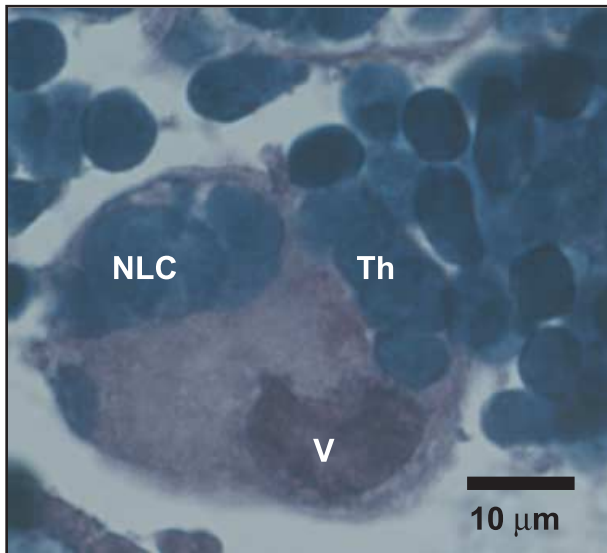
mainly in the medulla, but a few were present in the cortex (Fig. 2e). Analysis of serial sections which had been treated with salivary amylase revealed a negative PAS reaction in most of the cortical PAS-positive cells but not in others (Fig. 2f).

Numerous blood vessels penetrated the thymus (Fig. 2a,b,f), usually through trabeculae. They were separated from the thymic tissue by a single layer of epithelial cells. No lymph vessels were observed in the thymus. In both the cortex and medulla, cells including macrophages with varied cytoplasmic, granular and vacuolar contents were also observed. In light microscopy and semi-thin sections, thymic nurse cells were also observed containing numerous thymocytes with apparent vacuolar content (Fig. 3).

### Ultrastructure

Lymphoid cells were the predominant cellular component of *N. forsteri* thymus, varying in size from 4 to 9 µm (Fig. 4). Despite their size variation, these thymocytes share





**Fig. 3** Paraffin-embedded cross-section of thymus cortico-medullary area stained with haematoxylin/eosin. Nurse-like cell (NLC) is indicated. Note the aggregation of thymocytes (Th) and the prominent vacuolar content (V).

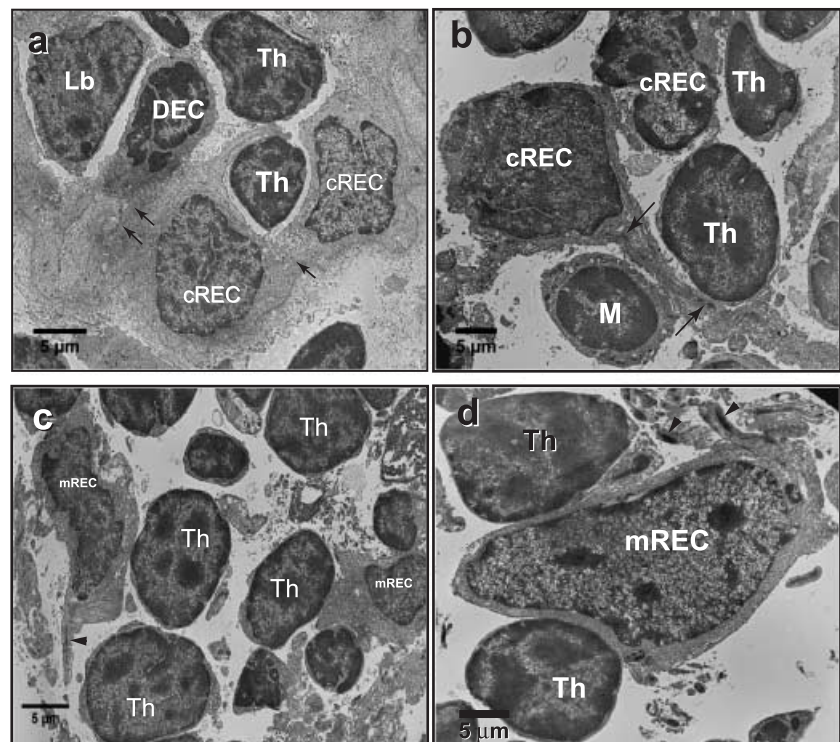
a characteristic feature of scant cytoplasm with a large nucleus, confirming the light microscope observation. The nuclei of thymocytes were darker (more electron dense) than the nuclei of other thymic cells. They were mostly non-lobed and roughly round in shape with heterochromatic chromatin, condensed and localized to the middle and inner side of the nuclear envelope. The nuclear envelope of some thymocytes showed indentations with some

pores. Prominent nucleoli were also observed. The scant cytoplasm of thymocytes contained few mitochondria but abundant free ribosomes. Lymphoid cells with sizes exceeding 10 µm are described as lymphoblasts. Some are smaller than thymocytes when viewed under transmission electron microscopy (Fig. 5b). This discrepancy is due to the plane of the section. These cells, characterized by euchromatic or slightly heterochromatic nuclei, had a lower nuclear/cytoplasmic ratio than thymocytes. They also frequently had prominent nucleoli and were most commonly found in the cortex (Fig. 4a). They were characterized by irregularities in their cytoplasmic membranes and by their sparse endoplasmic reticulum and small electron-lucent vesicles (Fig. 4a). Frequently, both large and small thymocytes were observed to be in close contact with cytoplasmic processes from reticular epithelial cells (Fig. 4) and other cellular components of the thymus, such as myoid cells (Fig. 6) and macrophages (Fig. 8).

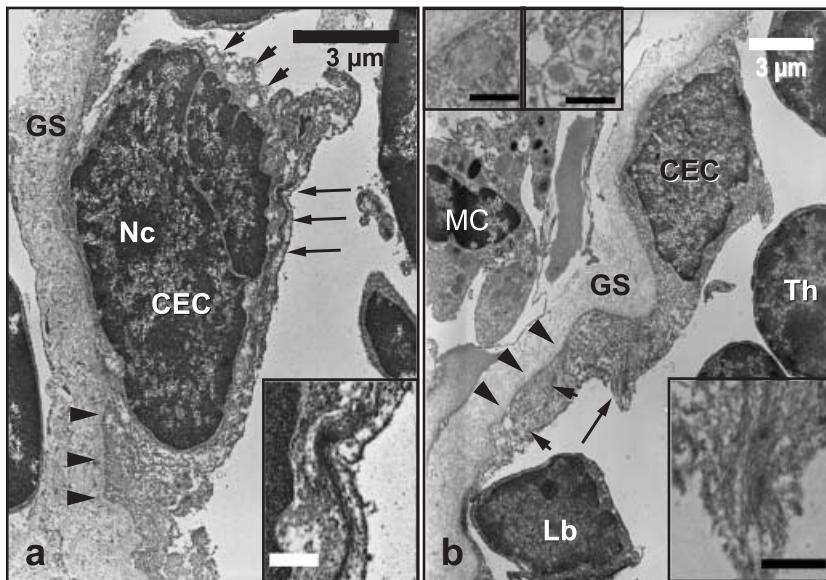
Thymic epithelial cells were also characterized in the *N. forsteri* thymus based on their location and ultrastructure. Six main sub-populations of thymic epithelial cells were distinguished: capsular, cortical and medullary reticular epithelial cells, perivascular endothelial cells, intermediate epithelial cells, nurse-like cells and Hassall-like corpuscles.

#### *Reticular epithelial cells (REC)*

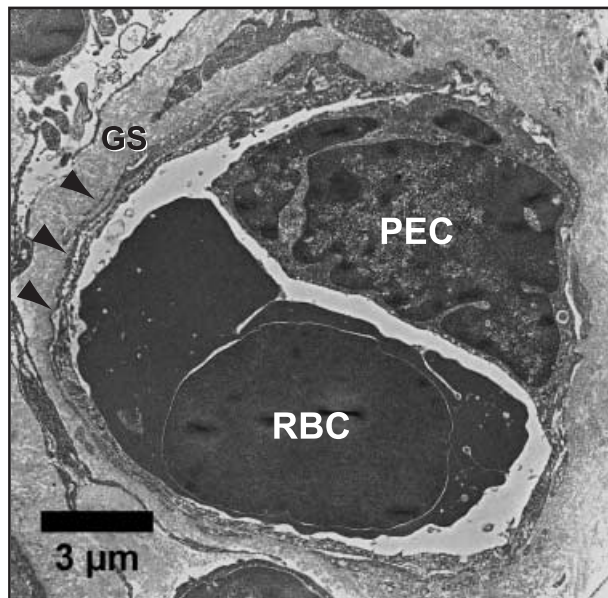
These cells were scattered throughout both the cortex and medulla forming a mesh with their dendrite-like cytoplasmic processes (Fig. 2d). These processes elongate to increase the contact area with lymphoid cells, which were frequently



**Fig. 4** Electron micrographs of the thymus of *N. forsteri*. (a) The thymic cortex showing a cluster of cortical reticular epithelial cells (cREC) joined by desmosomes (arrows). Lymphoblast (Lb) and thymocytes (Th) can be observed in contact with cREC and dark epithelial cells (DEC). (b) Long bundles of tonofilaments in the cytoplasmic process of a cREC (arrows). Note the contact between the cREC and both a thymocyte (Th) and a macrophage (M). (c, d) mREC in contact with thymocytes (Th). Note the arrangement of tonofilaments in thick bundles in the cytoplasm of mREC.



**Fig. 5** Electron micrographs of CEC. CEC are lying on the basal lamina membrane (arrowheads) and limited by ground substance material (GS). Bundles of tonofilaments (long arrows) are arranged along the cytoplasm membrane and both electron-lucent and centrally electron-dense vesicles (small arrows) can be seen. There is a prominent nucleolus (Nc) in the CEC in (a). A mast-like cell (MC), lymphoblast (Lb) and thymocyte (Th) can be seen in (b). Inserts to the lower right (a) and (b) show tonofilaments. Inserts to the upper left in (b) show vesicles. All insert scale bars = 1  $\mu$ m.



**Fig. 6** Electron micrograph showing cross-section of a blood capillary containing a red blood cell (RBC) next to a perivascular epithelial cell (PEC) surrounded by the basal lamina (arrowheads) and ground substance (GS).

observed in the vicinity of REC. The REC varied in size and in their electron densities and will be referred to as pale and dark epithelial cells (Fig. 4a). Pale REC were observed in both the cortex and medulla. Cortical REC varied in size from 8 to 12  $\mu$ m. They were irregular in shape and had long slender cytoplasmic processes that on occasion elongated to enclose thymocytes (Fig. 4a,b). A voluminous euchromatic nucleus was often located eccentrically. Dense chromatin was associated with the nuclear envelope. A prominent nucleolus was observed at the centre of the nucleus. The cytoplasm contained mitochondria that were

variable in size. Short profiles of smooth endoplasmic reticulum were observed along with free ribosomes in the cytoplasm. Tonofilaments were prominent, measuring  $\approx$  12–25 nm in diameter and forming bundles of diameter  $\approx$  40–250 nm in the cytoplasmic processes (Fig. 4b). Both electron-lucent and floccular vacuoles with diameters  $\approx$  200–700 nm were also observed. Adjacent REC were connected by desmosomes most frequently in the cortex (Fig. 4a).

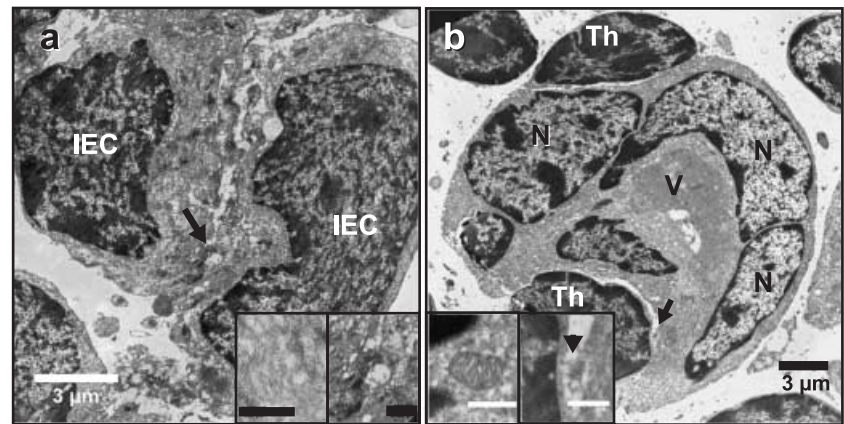
Dark REC were observed rarely and only in the cortex (Fig. 4a). In contrast to pale REC, dark REC did not have extended cytoplasmic processes. The nucleus was eccentric with high levels of electron-dense heterochromatin. Additionally, the mitochondria were distinctive with well developed tubular cristae. No vacuoles were observed in the cytoplasm.

Medullary REC were observed with both euchromatic and heterochromatic large voluminous irregular-shaped nuclei (Fig. 4c,d). The cytoplasm possessed few small mitochondria, a Golgi complex, short profiles of rough endoplasmic reticulum, tonofilaments and vesicles. The tonofilaments were abundant in the cytoplasm ( $\approx$  12 nm in diameter) and formed distinctive keratinized bundles near to both the cytoplasmic membrane and the nuclear envelope ( $\approx$  200–800 nm). Vesicles were variable in size ( $\approx$  250–500 nm) and had electron lucent contents.

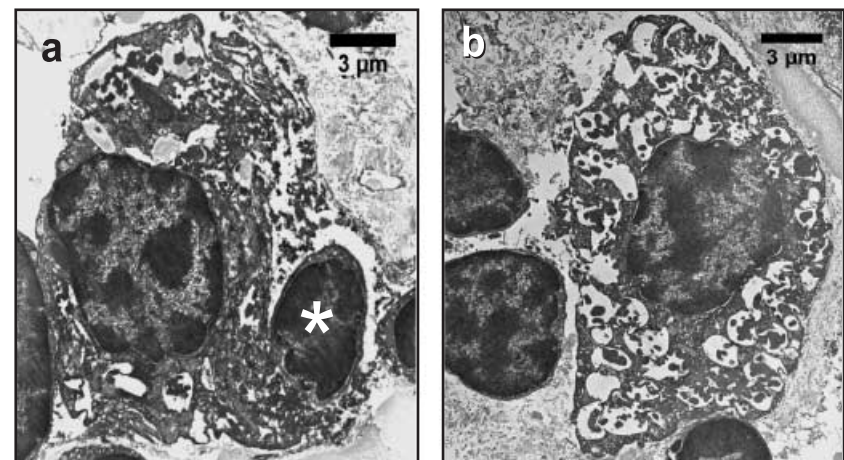
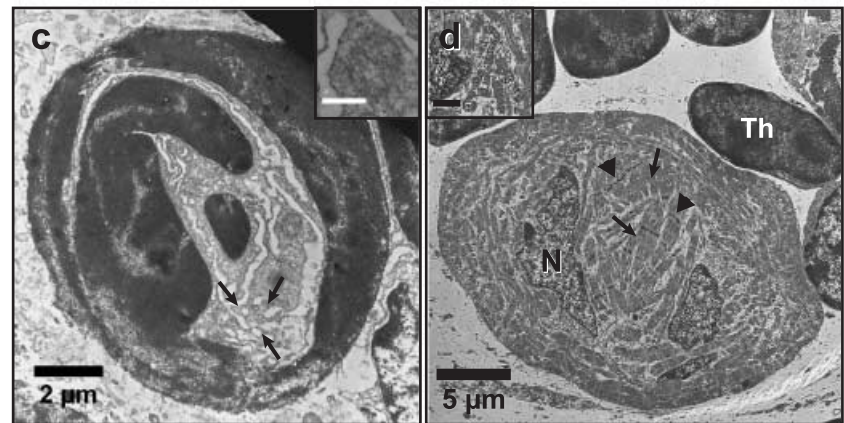
#### *Capsular epithelial cells (CEC)*

These single-layered epithelial cells were located in the outer area of the thymus and have spindle-like to ovoid shapes. CEC were delimited by a moderately dense basal lamina ( $\approx$  100 nm in thickness) and covered with a wide band of amorphous ground substance (Fig. 5a,b). The nuclei of a CEC could be euchromatic or heterochromatic with condensed heterochromatin close to the nuclear





**Fig. 7** Electron micrographs of the thymus of *N. forsteri*. (a) Two intermediate epithelial cells (IEC) joined by a desmosome (arrow and magnified in the right insert) and containing filamentous material in the cytoplasm (left insert). Inserts scale bars = 0.5  $\mu\text{m}$ . (b) A multinucleated (N) nurse-like cell internalizing a thymocyte (Th). Note the large vacuole in the cytoplasm (V). Right insert magnifies the area pointed by arrow clarifying one of the points of contact with the internalized thymocyte (arrowhead). Left insert shows well developed mitochondria in the cytoplasm of NLC. Inserts scale bars = 1  $\mu\text{m}$ . (c) A Hassall-like corpuscle with dilated membranes (arrows) and degenerated mitochondria (insert). Insert scale bar = 0.5  $\mu\text{m}$ . (d) A myoid cell in *N. forsteri* thymus. Note the irregular arrangement of myofibrils. Z-lines (arrowheads) and M-lines (arrows) are conspicuous. Clusters of rod-shaped mitochondria occur between myofibrils (insert). Inserts scale bar = 1  $\mu\text{m}$ .



**Fig. 8** Two forms of macrophages found in *N. forsteri* thymus. (a) Activated macrophage in the cortico-medullary boundary with a necrotic lymphocyte (\*) in the initial stage of degradation in the cytoplasm and extremely dilated cytoplasmic membranes. (b) Phagocytic cell in the medulla with vacuoles containing heterogeneous material.

envelope. The nucleolus was prominent. Their variably electron-dense cytoplasm had prominent tonofilaments ( $\approx 12$  nm in diameter) arranged in long, keratinized bundles ( $\approx 40$  nm in diameter) found along the cytoplasmic membrane and nuclear envelope with a length varying from 2.5–4  $\mu\text{m}$  (Fig. 5 inserts). Furthermore, the cytoplasm contained well-developed rough endoplasmic reticulum, a few small mitochondria, abundant free ribosomes, vesicles with electron lucent content and vesicles with electron-moderate density arranged centrally ( $\approx 200$ –1000 nm in

diameter) (Fig. 5b). CEC were connected to each other by desmosomes.

#### *Perivascular endothelial cells (PEC)*

These cells were observed as a single layer of cells that surrounded the thymic blood capillaries with their long cytoplasmic processes. They were bound by a basal lamina and ground amorphous substance which separated them from the thymic milieu by cytoplasmic extensions that penetrated the basal lamina and perivascular space

(Fig. 6). PEC had low to median nuclear and cytoplasmic electron-density. The nucleus was irregular with some lobulation and was either hetero- or euchromatic with the chromatin condensing near the nuclear envelope. Contained within the cytoplasm of PEC were mitochondria of differing size, profiles of smooth endoplasmic reticulum and a few free ribosomes. Tonofilaments were not scattered throughout the cytoplasm but tended to form small bundles. Many electron lucent vacuoles ( $\approx 50\text{--}650$  nm in diameter) were observed. Furthermore, granules with diameters ranging from  $0.5\text{--}1.0$   $\mu\text{m}$  and contents of moderate electron density were observed.

#### *Intermediate epithelial cells (IEC)*

A population of epithelial cells with a medium-pale electron density and irregular euchromatic nuclei containing 1–2 prominent nucleoli was frequently observed in the cortex, but rarely in the medulla (Fig. 7a). These cells had the characteristic features of IEC, such as amorphous cytoplasm with prominent microtubules, small mitochondria, few free ribosomes scattered throughout the cytoplasm, short profiles of smooth endoplasmic reticulum, inconspicuous bundles of filaments adjacent to the cytoplasmic membrane and vacuoles with contents ranging from electron lucent to medium electron density. In contrast to REC, IEC tended to aggregate and form cell-cell desmosome junctions as evidenced by the observation of tonofilament aggregations near the cytoplasmic membranes of IEC adjacent cells (Fig. 7a inserts).

#### *Thymic Nurse-like cells (NLC)*

This type of epithelial cells with moderate to pale electron density was restricted to the cortico-medullary boundary of the thymus (Fig. 7b). Their size ranged between 23 and 35  $\mu\text{m}$ . NLC contained thymocytes that were completely surrounded by the cytoplasm of the NLC. NLC had many large, irregular-shaped, euchromatic nuclei with their chromatin condensed around the nuclear envelope and a prominent nucleolus. The cytoplasm contained large rod-shaped mitochondria ( $\approx 1.0$   $\mu\text{m}$  in length and  $\approx 0.5$   $\mu\text{m}$  in diameter) with well developed cristae of mixed lamellar and tubular arrangement (Fig. 7b, left inset). Short profiles of smooth endoplasmic reticulum were also observed. Ribosomes and filamentous cytoplasmic structures in NLC were scant. NLC contained a large and single vacuolar inclusion ( $\approx 12$   $\mu\text{m}$  in diameter) of moderately electron dense heterogeneous material that appeared to contain digested cytoplasmic organelles such as mitochondria (Fig. 7b). Interestingly, these cells had no cell-cell tight junctions (i.e. desmosomes). Areas of contact between NLC and internalized thymocytes were also observed (Fig. 7b, right insert).

#### *Hassall-like corpuscles (HLC)*

In the thymus of juvenile *N. forsteri*, structures resembling Hassall's corpuscles were observed in both the deep cortex

and medulla (Fig. 7c). The size of these HLC was approximately  $8\text{--}20$   $\mu\text{m}$  in diameter. Mostly they consisted of 2–3 epithelial cells with heterochromatic nuclei aggregated in a corpuscle arrangement. The cytoplasmic debris contained mitochondria and filamentous material, dilated membranes of endoplasmic reticulum and a Golgi complex. Interestingly, HLC were devoid of keratinized structures. The cell membrane and nuclear envelope appeared 'hazy' and was apparently undergoing degeneration.

#### *Myoid cells*

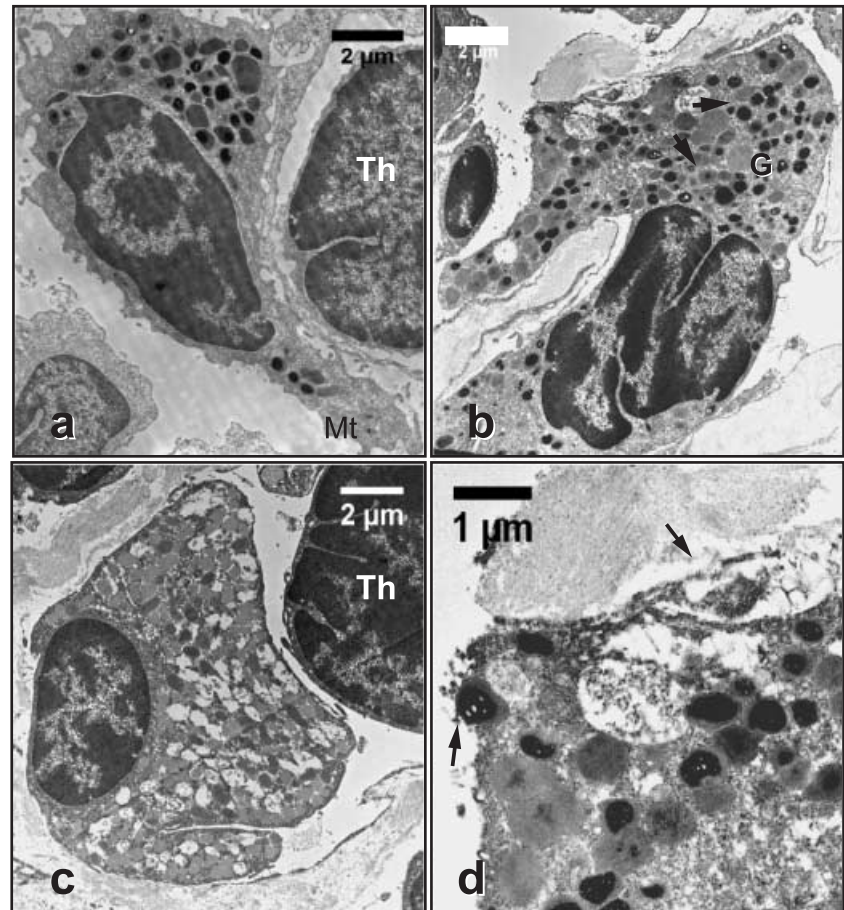
Myoid cells were large cells ( $\approx 30$   $\mu\text{m}$ ) with apparent high metabolic activity as evidenced by their euchromatic nuclei and well developed, rod-shaped mitochondria ( $\approx 200$  nm in diameter and  $> 1.5$   $\mu\text{m}$  in length) (Fig. 7d). Many free ribosomes were scattered in the cytoplasm. Myofibrils arranged haphazardly and many glycosomes ( $\approx 30$  nm) scattered in between the myofibrils were the most prominent constituents of the cytoplasm. Electron diffuse vacuoles were found between the myofibrils. No cell-cell junctions were observed linking myoid cells to other cells in the *N. forsteri* thymus, although thymocytes were usually observed adjacent to myoid cells.

#### *Macrophages*

Macrophages ranging from  $12\text{--}17$   $\mu\text{m}$  were scattered throughout both the cortex and medulla. The nucleus of this cell type was peripheral and often euchromatic with 1–3 prominent nucleoli. The chromatin was condensed toward the nuclear envelope. Two subpopulations of macrophages were detected: activated and non-activated. The cytoplasm of activated macrophages (Fig. 8a) contained extensive heterogeneous, apparently degenerating, material such as multivesicular inclusions, electron-dense bodies and even phagocytosed thymocytes. A well developed Golgi complex, large mitochondria, and dilated profiles of smooth endoplasmic reticulum adjacent to the nuclear envelope were also observed. Confirming the light microscopy observations, these cells were found in the medulla, and co-occurred with the large foamy cells that showed positive Alcian blue staining. Multinucleated giant cells with several peripherally arranged nuclei occurred in the same location (Fig. 2b). In contrast to activated macrophages, non-activated macrophages had microtubules and intermediate filaments in their cytoplasm (Fig. 8b). Moreover, vesicles containing floccular and median peripheral electron dense material were also present in these cells.

#### *Secretory-like cells (SLC)*

This population of cells had a distinct membrane-bound granular content with variable electron density. The nucleus was heterochromatic with chromatin condensed toward the nuclear envelope and there were prominent nucleoli. Depending on the granular size and content, two



**Fig. 9** Electron micrographs showing subpopulations of secretory-like cells (SLC) in the *N. forsteri* thymus. (a) Mast-like cell with electron-dense granules. Mitochondria (Mt). (b) SLC with granules of moderate to lucent electron densities. Note the presence of granules with moderate electron density and electron-dense centres (arrows). Golgi complex (G). (c) SLC with heterogeneous granules. Thymocyte (Th). (d) Close-up of secretory granules (arrows) from (b).

subpopulations of SLC were observed. The first subpopulation had mast cell properties with sizes varying between 7 to 10 μm (Fig. 9a,b). Their nuclei were large and could be oval, irregular or lobular in shape. The granules were variable in their size and electron density. Some granules were homogeneous and highly electron dense. They varied in size from 0.2–0.7 μm in diameter (Fig. 9a). Other granules were heterogeneous in that their content varied in electron density from moderate to high and sizes ranged from 0.3–1 μm in diameter (Fig. 9b). The moderately electron-dense granules are more electron dense in their centres. These cells also had some relatively large granules ( $\approx 1 \mu\text{m}$  in diameter) with a thread-like content. The cytoplasm of these SLC contained well developed mitochondria, a well developed Golgi complex, limited profiles of rough endoplasmic reticulum and many free ribosomes. Based on their similarities in granular content and cytoplasmic content, both cells in Fig. 9a and b may correspond to two different phases of maturity of the same cell lineage. The second sub-population of SLC had more than one type of granule ( $\approx 0.25\text{--}0.5 \mu\text{m}$  in diameter) with homogeneous contents varying from electron lucent to moderate electron density (Fig. 9c). Additionally, electron-lucent granules had floccular contents. Notably, granules of the same content tended to fuse and some of them could be

observed adjacent to the cytoplasmic membrane (Fig. 9d). Distinct profiles of rough endoplasmic reticulum were also observed with many free ribosomes.

## Discussion

This study presents the first detailed observations on the anatomy, histology and ultrastructure of the thymus of the lungfish, *N. forsteri*. The thymus of *N. forsteri* shares the general features present in the thymus of all jawed vertebrates. In juvenile lungfish, the thymus is generally located superficially (sometimes more deeply) dorsolateral to the first gill arch. This anatomical location is similar to that described by many investigators in other fish species, both elasmobranch (Zapata, 1980; Luer et al. 1995) and teleost (Gorgollon, 1983; Chilmoneczyk, 1992; Romano et al. 2000; Wyffels et al. 2005).

Thymus histology in *N. forsteri* does not appear to be affected by seasonal changes. Seasonal variations in thymic histology and function have been observed in gobiid fishes (Tamura & Homma, 1977) but not in trout (Tatner & Manning, 1983) or catfish (Ellsaesser et al. 1988).

The thymus of *N. forsteri* is lobulated, which again is a characteristic shared with many other fish such as the elasmobranchs, *Raja eglanteria*, *Raja clavata* and



*Carcharhinus plumbeus* (Zapata, 1980; Luer et al. 1995), and to a lesser extent in teleosts (Chilmonczyk, 1992). Lobulation, however, does appear to be a more general pattern for thymic structure in tetrapods, as it has also been found in reptiles (Saad & Zapata, 1992) and, with a more discrete pattern of lobulation, in birds (Kendall, 1980). The thymus of *N. forsteri* is also clearly demarcated into a cortex and medulla. Although this histological arrangement is not such a common pattern in teleosts (Chilmonczyk, 1992), it is commonly present in elasmobranchs (Fange & Sundell, 1969; Zapata, 1980; Pulsford et al. 1984; Luer et al. 1995; Wyffels et al. 2005) and many tetrapods (Bockman & Winborn, 1967; Rafael, 1990; Suster & Rosai, 1990; Saad & Zapata, 1992; Schuurman et al. 1997).

In the thymus of *N. forsteri*, vascularization was observed in the parenchyma with cytoplasmic extensions penetrating the basal lamina, and a perivascular space separating the vessels from the thymic parenchyma. Bearman et al. (1975) have also reported the presence of similar perivascular spaces, and Weiss (1963) found similar cytoplasmic extensions through the basal lamina in the mouse thymus. Our observations indicate that the intravascular content is isolated from the thymic milieu by perivascular endothelial cells (PEC), as indicated by the continuity of PEC that surround the blood vessels. This suggests the presence of a thymic blood barrier in *N. forsteri*. However, a previous scanning electron microscope study on rat thymus found interruptions in the PEC basal lamina, suggesting that the thymic blood barrier may have some sort of permeability (Hwang et al. 1974). Furthermore, Chilmonczyk (1983) observed fenestrated endothelial cell cytoplasm and a discontinuous layer of epithelial cells surrounding the thymic capillaries of rainbow trout. By contrast, our transmission electron microscope observations on *N. forsteri* thymic vasculature found no interruptions in either the PEC or the basal lamina. Other studies which support a structurally complete thymic–blood barrier are those by Bearman et al. (1975) on human thymus, and numerous other studies on reptiles (reviewed by Saad & Zapata, 1992), the elasmobranch, *Scyliorhinus canicula* L. (Pulsford et al. 1984), and the teleosts *R. rutilus* (Zapata, 1981) and *Siniperca chuatsi* (Xie et al. 2006). Bearman et al. (1975) suggested that the discrepancy between the transmission and the scanning electron microscopy observations pertaining to a thymic–blood barrier could be due to the two-dimensional nature of transmission electron microscopy. Confirmation of this interpretation is provided by the continuity of thymic blood vessels in *N. forsteri* when transmission electron microscope images of different planes of thymic vessels are considered (data not shown).

As in all of the jawed vertebrates studied, the basic cellular component of *N. forsteri* was the epithelial cells that make the framework for the maturation of T lymphocytes, the latter being the other prominent

constituent. The ultrastructural characteristics of thymocytes observed in *N. forsteri*, i.e. thin rim cytoplasm and few mitochondria, are similar to those observed in many other species (Murray et al. 1965; Bockman & Winborn, 1967; Kendall, 1980; Chilmonczyk, 1992). These similarities extend also to the lymphocytes observed in the blood of both the lungfish *N. forsteri* (Ward, 1969; Hine et al. 1990b) and *Lepidosiren paradoxa* (Ribeiro et al. 2007). Other thymic cellular components are macrophages, myoid cells and mast cells (Murray et al. 1965; Fange & Sundell, 1969; Gorgollon, 1983; Chilmonczyk, 1992). This framework is limited by the capsule from which trabeculae or septa penetrate into and compartmentalize the thymic parenchyma. Similar histological patterns have been described by many investigators for many different species (Kendall, 1981; Rafael, 1990; Chantanachookhin et al. 1991; Saad & Zapata, 1992).

Our findings indicate the presence of PAS and Alcian blue positively stained cells and material in the intercellular matrix predominantly in the medulla. The presence of this material suggests that these cells have a dynamic secretory function with the presence of glycosylated mucoid moieties in their secretions. These secretions could be mediators of a breakdown process taking place mainly in the medulla, as they are observed in association with foamy cells. These latter cells have been proposed to be phagocytic in other species (Loewenthal & Smith, 1952; Henery, 1966). Interestingly, the persistence of PAS positively stained material after digestion with salivary amylase has distinguished two types of epithelial cells in the thymic cortex by their different glycosylation pathways. The presence of cytoplasmic material stained by PAS/Alcian blue has been reported previously in the Loricariidean catfish, *Harttia* sp. (Savino & Santa-Rosa, 1982) and in rainbow trout, *S. gairdneri* (Chilmonczyk, 1983). Moreover, Loewenthal & Smith (1952) demonstrated an increase in the numbers of PAS positively stained large foamy cells in the mouse thymus as an indication of aging. Since our study looked only at juvenile lungfish, we cannot comment on any age-dependent feature, but we can say that in juvenile lungfish there is an acidic mucin moiety that is mainly restricted to the medulla.

The *N. forsteri* thymus showed the presence of a peri-epithelial ground substance surrounding the basal lamina of both CEC and PEC. Such ground substance surrounding PEC has been reported in human thymic vasculature (Bearman et al. 1975), rat thymus (Haelst, 1967) and in the teleost *Siniperca chuatsi* (Xie et al. 2006). The function of the peri-epithelial ground substance is still unknown. Kameya & Watanabe (1965) proposed that these structures may function as a barrier. Haelst (1967) has demonstrated that the ground substance present between rat thymic basal membranes contains collagen fibres. Moreover, Karttunen (1987) has shown that the thymic basement membranes themselves undergo dilation in patients with

myasthenia gravis and the perivascular space was most prominent in young adults. The same investigator has shown that perivascular basement membranes are composed of laminin and type IV collagen. In addition to the PEC, the presence of such ground substance outside the basal lamina of CEC in the thymus of *N. forsteri* could play an important role in controlling the thymic micro-environment and the trafficking of thymocytes, as it does in lymph nodes (Fossum & Ford, 1985).

Ultrastructural analysis of epithelial cells in the thymus of *N. forsteri* revealed the presence of several subpopulations, based on their location, morphology and ultrastructure. There are general common features present in all thymic epithelial cell sub-populations, such as the irregularity and the lobulation of the nucleus, and the presence of tonofilaments. Although there is no universal nomenclature and classification of epithelial cell types in the thymus, many authors have observed the zonation of the thymus into cortex and medulla in many different species and have also reported the presence of epithelial sub-populations restricted to particular areas, including a layer of connective tissue or epithelium limiting the thymus [designated in this work as capsular epithelial cells (CEC)] and cortical and medullary reticular epithelial cells (cREC and mREC, respectively) (Bockman & Winborn, 1967; Kendall, 1980; Pulsford et al. 1984; Rafael, 1990; Saad & Zapata, 1992; Vicente et al. 1996; De Waal & Rademakers, 1997; Romano et al. 1999a). The morphology and ultrastructure of CEC in the lungfish thymus is similar to that in sharpsnout seabream, *Diplodus puntazzo* (Romano et al. 1999a), *Cyprinus carpio* (L.) (Romano et al. 1999b) and the rat (De Waal & Rademakers, 1997). Although the presence of tonofilament bundles in CEC is not a major observation in other species, the presence of distinct bundles of tonofilaments in the cytoplasm of CEC, cREC and mREC is a distinctive feature of these types of epithelial cells in the thymus of *N. forsteri*. The precise function of the tonofilaments is not clear, but their position in the cytoplasm suggests that they are mainly associated with tension resistance and maintaining the three-dimensional structure of epithelial cells (Bozzola & Russell, 1999). This, in turn, is important for maintaining the three-dimensional shape of the thymus and supporting maturation of the T lymphocytes.

Intermediate epithelial cells (IEC) were mainly localized in the cortex, whereas they have been reported by De Waal & Rademakers (1997) to be localized in both the cortex and medulla of rat thymus. IEC are believed to contribute mainly to the formation of thymic nurse cells (Kendall, 1991; Boyd et al. 1993), which in *N. forsteri* are restricted to the cortico-medullary border. Transitional forms of IEC that would mediate the formation of NLC have not been observed in the thymus of *N. forsteri*.

Thymic nurse cells (TNC) in general are multicellular complexes of epithelial and lymphoid cells in which the

thymocytes are completely enclosed by vacuoles in the cytoplasm of the epithelial cells (Flano et al. 1996; Pezzano et al. 2001). Functionally, TNC are believed to provide an isolated micro-environment for thymocyte-positive selection (Romano et al. 1999a; Xie et al. 2006). Since their first description in 1980 (Wekerle et al. 1980), TNC have attracted the interest of many developmental immunologists and have now been observed in many species. In mammals they have a cortical localization (reviewed by De Waal & Rademakers, 1997), whereas they occur in the inner zone of the trout thymus (Flano et al. 1996) and are localized to the cortico-medullary boundary in sharpsnout seabream, *D. puntazzo* (Romano et al. 1999a). Ultrastructurally, and in agreement with our observation, Wekerle et al. (1980) showed the presence of multinucleated TNS in mice, and Flano et al. (1996) have shown the presence of different types of vacuolation in trout TNC. Our observation of both large vacuoles that contain cellular debris and the signs of lysis in internalized thymocytes suggests that the NLC observed in *N. forsteri* thymus could be sites of digestion and clearance of thymic, developmentally unwanted thymocytes. This is in agreement with the other observations that TNC may function in the clearance of apoptotic thymocytes to prevent accumulation of cellular debris (Aguilar et al. 1994; Hiramane et al. 1996; Pezzano et al. 2001).

Hassall's corpuscles have been observed previously in the thymus of tetrapods (Haelst, 1967; Kendall, 1980, 1981). Many investigators have proposed that they function to accumulate unwanted epithelial cells and thymocytes that have combined with Hassall's corpuscle-centric macrophages (Blau, 1967; Kendall, 1981; Fishelson, 2006). In the thymus of elasmobranchs, Zapata (1980) reported the absence of Hassall's corpuscles in *R. clavata* and *Torpedo marmorata*. Moreover, Luer et al. (1995) observed structures resembling Hassall's corpuscles in sexually mature *R. eglanteria* and *C. plumbeus*. In the teleost thymus, Hassall's corpuscles are rarely found (reviewed in Gorgollon, 1983; Romano et al. 1999a). However, the presence of primitive structures resembling Hassall's corpuscles formed by apposition of two or more hypertrophied medullary epithelial cells has been observed in some teleosts (Hafter, 1952; Gorgollon, 1983). A recent report indicates a significant increase in numbers of Hassall's corpuscles in the thymus of cardinal fish (Apogonidae, Teleostei) as a result of environmental pollution (Fishelson, 2006). The same investigator suggests that they could be used as pathological biomarkers for environmental stress. In contrast, Saad & Zapata (1992) state that Hassall's corpuscles are lacking in the reptilian thymus and they explain their presence in lower vertebrates as clusters of medullary epithelial cells or modified epithelial cysts. When adding the latter observation to those for teleosts, the Hassall-like corpuscles (HLC) in *N. forsteri* thymus could be explained as primitive or newly forming HLC. This is because the HLC

we observed are small in size, devoid of keratinization and lack thymocytes and macrophages in their centres, unlike the human thymus where Hassall's corpuscles are large and composed of keratinized epithelial cells and thymocytes (Suster & Rosai, 1990). The presence of HLC could be related to age, so that more complex Hassall's corpuscles may occur in the thymus of older *N. forsteri*, which have not yet been examined.

Since their first description in frog thymus (Mayer, 1888), myoid cells have long been known to be widely distributed in the thymus of vertebrates (Raviola & Raviola, 1967; Sugimura, 1972; Kendall, 1980; Saad & Zapata, 1992; Bowden et al. 2005). The presence of myoid cells in the cortico-medullary border and the medullary region of the *N. forsteri* thymus supports the ontogenic and morphologic similarities between lower and higher vertebrates. Like elasmobranchs (Zapata, 1980), myoid cells in *N. forsteri* are devoid of cell-cell junctions such as desmosomes. In *N. forsteri*, myoid cells seem to be present only in their mature morphology. Origins of myoid cells have been discussed in many previous reports. Their ontogeny could be intrathymic, as evidenced by desmosomes connecting immature myoid cells to REC in some species (Henery, 1966; Raviola & Raviola, 1967; Töró et al. 1969). On the other hand, thymic myoid cells might have a separate origin. A study using quail-chick chimeras has shown that the neural crest is the origin of myoid cells in birds (Nakamura et al. 1986). Morphological and ultrastructural observations on the thymic myoid cells of *N. forsteri* favours the latter proposal but it still needs to be supported by further studies addressing the ontogeny of thymic myoid cells. A number of myoid cells were observed to be in contact with thymocytes in the thymus of *N. forsteri*, which may indicate a role in thymocyte maturation. Their exact functional significance remains a matter of speculation given that they are neither connected to myoneural junctions nor possess direct neuromuscular contacts (Töró et al. 1969; Chilmonczyk, 1992).

It is well established that macrophages are a common component of the thymus in all vertebrates (Kendall, 1981; Pulsford et al. 1991; Chilmonczyk, 1992; Saad & Zapata, 1992). In addition to their regulatory roles they mainly function in eliminating incompetent, apoptotic cells and cellular debris in the thymic milieu (Pulsford et al. 1991). The activated population of macrophages observed in this study of the *N. forsteri* thymus seems to be correlated to lipid-laden foamy cells similar to those observed by Loewenthal & Smith (1952) in mouse thymus. Loewenthal & Smith (1952) showed that these cells react positively with PAS stain as do the macrophages in the lungfish thymus. Milićević et al. (1987) observed that the cytoplasmic inclusions of cortico-medullary macrophages contain polysaccharides, which would explain their PAS positivity. Martin (1981) on the other hand found them to contain abundant enzymes (Milićević & Milićević, 1985). Kendall

(1981) proposed that the numbers of macrophages may be correlated with age-related involution of the thymus. Additionally, Milićević et al. (1987) suggested that the presence of dilated, vacuolar cytoplasmic inclusions, which in turn mimic accumulations of endogenous material, confirm that these cells could have a thymocyte regulatory role in addition to their phagocytic function. This is in agreement with our findings that the cytoplasm of activated macrophages possesses a markedly dilated Golgi complex and endoplasmic reticulum. Multinucleated giant cells observed in the *N. forsteri* thymus have also been observed in sole (teleost) thymus (Pulsford et al. 1991), the thymus of the amphibian, *Bufo calamita* (Barrutia et al. 1989), cultures derived from human thymic tissue and in age-related involuting thymuses (reviewed in Pulsford et al. 1991). It is well known that macrophages under the influence of certain culture conditions can differentiate into several types of cells including multinucleated giant cells (McInnes & Rennick, 1988). Peritoneal macrophages from *N. forsteri* (Hine et al. 1990b) and exudate macrophages from *L. paradoxa* (Ribeiro et al. 2007) have been reported to have many membrane projections, a large cytoplasm to nucleus ratio and vacuoles. This observation would indicate that the thymic macrophages in *N. forsteri* may have a role in the inflammation response.

The presence of mast cells and excretory-like cells is common in the vertebrate thymus and is mainly related to thymic endocrine function (Ledouarin & Jotereau, 1981; Chilmonczyk, 1983; Saad & Zapata, 1992). Moreover, results of a study on chicken embryonic thymus have shown that the thymus is a site of mast cell development with a medullary localization (Crivellato et al. 2005). Taken together, the observation of PAS-positive cells and the ultrastructural observation of secretory-like cells (Fig. 9d) strongly suggests the presence of an endocrine function for the *N. forsteri* thymus. These secretory-like cells have not been identified frequently in teleosts (Zapata, 1981), although some authors observed vacuolated thymic epithelial cells or PAS-positive cytoplasm content in the teleost thymus (reviewed in Zapata, 1981; Savino & Santa-Rosa, 1982). The observation of different patterns of thymic secretory-like cells in *N. forsteri* supports the idea that these cells may represent different sub-populations with the possibility of different regulatory functions (Rafael, 1990).

The presence of HLC, multinuclear giant cells and foamy cells in the thymus of juvenile *N. forsteri* (2–4 year old lungfish) could be signs of the beginning of an age-related involution process. However, the domination of both connective and adipose tissue, usually associated with a decrease in lymphoid cell numbers in other fishes (reviewed in Sailendri & Muthukkaruppan, 1975; Chilmonczyk, 1992), was not observed in any of the lungfish used in this study. Nevertheless, lungfish are a long-lived species (mature at 15–25 years, with a life span that may exceed



100 years) and an older lungfish may show adipose tissue domination in its thymus. Thymus involution is phylogenically consistent (Manning, 1981). Usually the thymus grows rapidly in young animals to reach its maximum function and size during sexual maturation. After that, the thymus starts involuting slowly without completely disappearing (reviewed in Torroba & Zapata, 2003). In contrast, in some long-lived species, such as carp and some primitive sharks, the thymus does not appear to involute at all (Good et al. 1966). Since *N. forsteri* is a very long-lived species, it is likely that it could have an age-persistent thymus. This has been observed in the South American lungfish, *L. paradoxa* (Mimura & Mimura, 1977).

The above discussion of the thymus of the Australian lungfish, *Neoceratodus forsteri*, is aimed at providing a basic framework for further investigation. It will be important to make similar observations on older fish to resolve the question of age-related involution. It will also be important to determine when the thymus first starts to develop and to define its ontogenic trajectory. Following this work, it may be possible to determine the function of each of the cell types described here in order to better understand how the thymus of higher vertebrates has evolved.

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