

Detection of Diarrheagenic *Escherichia coli* by Use of Melting-Curve Analysis and Real-Time Multiplex PCR[∇]

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Diarrheagenic *Escherichia coli* strains are important causes of diarrhea in children from the developing world and are now being recognized as emerging enteropathogens in the developed world. Current methods of detection are too expensive and labor-intensive for routine detection of these organisms to be practical. We developed a real-time fluorescence-based multiplex PCR for the detection of all six of the currently recognized classes of diarrheagenic *E. coli*. The primers were designed to specifically amplify eight different virulence genes in the same reaction: *aggR* for enteroaggregative *E. coli*, *st1a/st1b* and *lt* for enterotoxigenic *E. coli*, *eaeA* for enteropathogenic *E. coli* and Shiga toxin-producing *E. coli* (STEC), *stx*₁ and *stx*₂ for STEC, *ipaH* for enteroinvasive *E. coli*, and *daaD* for diffusely adherent *E. coli* (DAEC). Eighty-nine of ninety diarrheagenic *E. coli* and 36/36 nonpathogenic *E. coli* strains were correctly identified using this approach (specificity, 1.00; sensitivity, 0.99). The single false negative was a DAEC strain. The total time between preparation of DNA from *E. coli* colonies on agar plates and completion of PCR and melting-curve analysis was less than 90 min. The cost of materials was low. Melting-point analysis of real-time multiplex PCR is a rapid, sensitive, specific, and inexpensive method for detection of diarrheagenic *E. coli*.

Escherichia coli strains associated with diarrhea have been classified into six groups, based on clinical, epidemiological, and molecular criteria. These *E. coli* strains are commonly isolated from children with gastroenteritis in the developing world. Recent data suggest that these strains are common in the United States in children less than 5 years of age with acute diarrhea (10, 17). However, diarrheagenic *E. coli* strains are not routinely sought as stool pathogens in clinical laboratories. Some of these pathogens respond to antimicrobial agents, while for others (e.g., Shiga toxin-producing *E. coli* [STEC]), antibiotics should be avoided. Because the time frame in which treatment choices must be made is short, there is a need for a rapid, sensitive, and inexpensive detection technique. We have developed a monochromatic, fluorescence-based real-time PCR procedure to simultaneously identify eight virulence genes associated with the six classes of diarrheagenic *E. coli*. In this assay, the post-PCR products are identified based on melting-point curve analysis. This assay is simple, rapid, inexpensive, and reliable. It is suitable for use in clinical laboratories as well as research facilities.

MATERIALS AND METHODS

Bacterial strains. One hundred twenty-six *E. coli* strains (Table 1) were analyzed, including strains representing all six of the currently recognized classes of diarrheagenic *E. coli* as well as commensal organisms. The prototypical strains, used in laboratories worldwide, included enterotoxigenic *E. coli* (ETEC) H10407; enteropathogenic *E. coli* (EPEC) 2348/69; STEC strains H30, HW1, and 86-24; and enteroaggregative *E. coli* (EAEC) strains O42 and 221. Addi-

tional strains were from our previous clinical studies (8, 9, 13, 14) or were provided by Herbert L. DuPont and Zhi Dong Jiang (ETEC and EAEC isolates from ill travelers to Mexico), Mitch Cohen (diffusely adherent *E. coli* [DAEC] isolates from children with diarrhea in Cincinnati, OH), Guillermo Ruiz-Palacios (EPEC isolates from children in Mexico City), or Thomas Whittam (STEC Center at Michigan State University). The category of each diarrheagenic *E. coli* strain had previously been determined based on DNA probe, PCR, tissue culture, or toxin assays at the laboratory which provided the strains. The *E. coli* collection of reference (ECOR) strains studied included all of the human isolates from the ECOR collections (20). These strains, representing the diversity of human *E. coli*, included each of the major phylogenetic groups (A, B1, B2, and D). They had originally been isolated from healthy individuals or from women with urinary tract infections (ECOR strains 11, 14, 40, 48, 50, 56, 60, 62, 64, 71, and 72). Three of the ECOR strains are known to have virulence genes that have been associated with illness: ECOR 8 is an EAEC strain on the basis of its adherence pattern and its aggregative-adherence-probe positivity (12); ECOR 50 and ECOR 64 are known to be PCR positive for *afa* and *draBC*, markers of Dr adhesin-positive strains, including DAEC strains, as well as some urinary tract pathogens (11). Thus, these three strains were included with the pathogens as EAEC, DAEC, and DAEC, respectively, rather than being considered commensals. In total, there were 12 ETEC, 13 EAEC, 7 EPEC, 12 enteroinvasive *E. coli* (EIEC), 12 DAEC, 34 STEC, and 36 commensal ECOR strains studied.

DNA isolation. *E. coli* strains were subcultured from frozen or peptone stocks onto MacConkey agar plates, utilizing quadrant streaking methods to produce isolated colonies. These strains were then placed in an incubator for culture at 37°C. After overnight incubation, a single colony was carefully removed from the plate by using a sterile toothpick to avoid agar contamination, an important cause of erratic amplification. Crude lysates were prepared and used directly as a template for the PCR. DNA was extracted by boiling a single colony in 50 µl of PCR- or molecular-grade water for 5 min, followed by centrifugation at 14,000 rpm for 10 min. Two microliters of this lysate was used as a template with a 23-µl PCR master mix to make a 25-µl total reaction volume.

Primer design. The primers were designed to detect eight different virulence genes simultaneously in a single reaction (Table 2). The primers were designed so that amplicons having melting temperatures (T_m s) ranging from 77°C to 95°C, with more than 1°C between each peak, would be produced. The primers designed in this study were fashioned in a “bottom up” paradigm. We targeted the amplicon T_m as the first parameter, seeking appropriate primer sequences to amplify unique regions in a given virulence gene that would produce an amplicon of the desired T_m . Sequences of each gene were examined for features such as areas of high or low GC content, size, and identity among reported BLAST

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TABLE 1. *E. coli* strains evaluated in the real-time multiplex PCR assay system

Strains	
Nonpathogenic ECOR 1, 2, 4, 5, 6, 9, 10, 11, 12, 13, 14, 15, 24, 28, 35, 36, 38, 39, 40, 41, 42, 43, 48, 49, 51, 53, 54, 55, 56, 59, 60, 61, 62, 63, 71, 72	
DAEC 2R57, 3M35, 4W25, 4W42, 4W72j, 5019, 6C61, 6L33, 6V48, 4B78, ECOR 50 ^a , ECOR 64 ^a	
EIEC 14NLF, 17NLF, 18NLF, 1LF, 20LF, 213, 21LF, 2LF, 40, 5LF, 64, 9LF	
ETEC H10407, ETEC1, ETEC13, ETEC2, ETEC3, ETEC30, ETEC4, ETEC46, ETEC5, ETEC52, ETEC53, ETEC6	
EPEC EPEC56, EPEC19, 2348/69, EPEC7041-3, EPEC7140-3, EPEC7185-3, EPEC7236	
EAEC 042, 221, EAEC1, EAEC2, EAEC3, EAEC4, EAEC5, EAEC6, EAEC7, EAEC8, EAEC9, EAEC10, ECOR 8 ^a	
STEC H30, 1018, 266A1, 304786, 3153-86, 3288-85, 86-24, 91-8026, 91-8120, BA2, E1057, 8607, 1387, 1391, 3067, 4270, 4909, 5992, 7697, 7926, 7931, 7960, 8023, 8101, 8645, 8969, 6315, 8641, 8087, 7936, 6315, 1393, HSC-10, HW1	

^a ECOR strains known to be pathogens are listed in the appropriate categories.

sequences for the target gene. These areas were analyzed by an oligonucleotide property calculator (<http://www.basic.northwestern.edu/biotools/oligocalc.html>) which uses the nearest-neighbor method to predict the amplicon T_m . After selection of areas likely to produce amplicons with the desired T_m , primers were designed using the Primer3 program (http://frodo.wi.mit.edu/cgi-bin/primer3/primer3_www.cgi). All primers were synthesized by Sigma Genosys (Houston, TX). These primers were then sequentially added to the mix to determine their actual T_m s as well as to determine whether nonspecific primer amplification occurred in the presence of other oligonucleotide primers. Primer concentrations were then optimized to produce melting curves of similar peak heights (areas under the curve) between products and across a series of dilutions to simulate the various concentrations of template DNA extracted from the crude lysate preparation.

PCR conditions. Initially, we evaluated previously reported multiplex assays (15, 24, 26, 29) to determine whether they would work well in a real-time PCR. Nonspecific amplification or interference with new primers made most of the primers in these assays problematic. We sequentially eliminated primers and eventually were able to use several previously described primers in our system (Table 2). PCR was performed using a PTC-200 thermal cycler and real-time fluorescence monitoring by a Chromo 4 optical detector (MJ Research/Bio-Rad, Hercules, CA). Each multiplex PCR assay was performed with a final reaction volume of 25 μ l, containing 0.5 U Phusion polymerase (Finnzyme OY, Espoo, Finland), in high-fidelity Phusion buffer with final concentrations of 200 μ M deoxynucleoside triphosphates and 4 mM MgCl₂. The primers were used at final concentrations of 0.04 to 0.56 μ M (Table 2). Sybr green I (Cambrex Bio Science, Rockland, ME) was diluted as recommended by the manufacturer. The hot-start technique was used to prevent nonspecific amplification. The amplification cycles consisted of incubation at 98°C for 50 s, 60°C for 20 s, 72°C for 30 s, and 75°C for 1 s. After 25 cycles, a melting curve with a ramp speed of 2.5°C/s between 73°C and 95°C was determined with a reading every 0.2°C using fluorescence of Sybr green. Melting peaks were automatically calculated by Opticon Monitor software (Bio-Rad, Hercules, CA), which, after subtracting background fluorescence from a set of water blanks, plotted the negative derivative of fluorescence with respect to temperature ($-dF/dT$ versus T). Representative strains of each diarrheagenic *E. coli* group were analyzed by agarose gel electrophoresis (2.0% agarose gels) to ensure that no unwanted bands were seen and that the predicted product size was found. To determine machine-to-machine variability, the T_m s for the control

TABLE 2. Primers for multiplex real-time PCR for diarrheagenic *E. coli* genes^a

Gene	Orientation ^b	Primer sequence (5'→3')	Final concn (μ M)	Amplicon size (bp)	Amplicon T_m (mean \pm SD)	Source or reference
<i>eaeA</i>	F	ATGCTTAGTGCTGGTTTAGG	0.56	248	83.4 \pm 0.08	29
	R	GCCTTCATCATTTTCGCTTTC	0.56			
<i>aggR</i>	F	CGAAAAAGAGATTATAAAAAATTAAC	0.44	100	77.2 \pm 0.26	This study
	R	GCTTCCTTCTTTTGTGTAT	0.44			
<i>daaD</i>	F	TGAACGGGAGTATAAGGAAGATG	0.50	444	93.2 \pm 0.38	This study
	R	GTCCGCCATCACATCAAAA	0.50			
<i>ipaH</i>	F	GTTTCCTTGACCGCCTTTCCGATACCGTC	0.04	619	90.9 \pm 0.15	24
	R	GCCGGTCAGCCACCCTCTGAGAGTAC	0.04			
<i>stIa</i>	F	TTTCCCCTCTTTTAGTCAGTCAA	0.26	159		
<i>stIb</i>	F	TGCTAAACCAGTAGAGTCTTCAAAA	0.26	138	80.6 \pm 0.23	This study
<i>st</i>	R	GCAGGATTACAACAATTACAGCAG	0.26			
<i>stx</i> ₁	F	CTGGATTTAATGTCGCATAGTG	0.12	150	87.0 \pm 0.13	15
	R	AGAACGCCCACTGAGATCATC	0.12			
<i>stx</i> ₂	F	GGCACTGTCTGAAACTGCTCC	0.08	255	89.1 \pm 0.34	
	R	TCGCCAGTTATCTGACATTCTG	0.08			
<i>lt</i>	F	TCTCTATGTGCATACGGAGC	0.36	322	85.8 \pm 0.18	26
	R	CCATACTGATTGCCGCAAT	0.36			

^a T_m data are based on evaluation of 90 diarrheagenic *E. coli* strains. EPEC strains are *eaeA* positive and *stx* negative; STEC strains are usually *eaeA* positive and *stx*₁ and/or *stx*₂ positive; EAEC strains are *aggR* positive; DAEC strains are *daaD* positive; EIEC strains are *ipaH* positive; ETEC strains are *st* and/or *lt* positive.

^b F, forward; R, reverse.

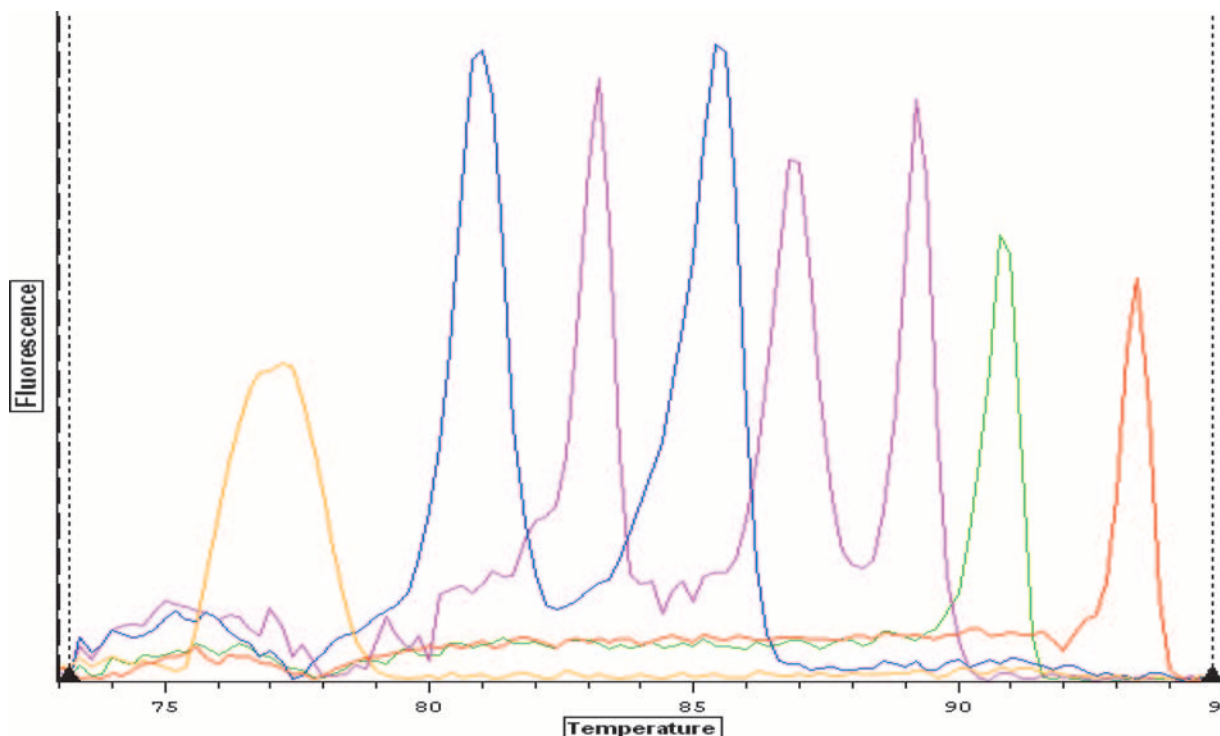


FIG. 1. Real-time PCR simultaneously detects eight different diarrhegenic *E. coli* virulence genes. Data from individual tubes, each containing an EAEC, ETEC, EPEC, STEC, EIEC, or DAEC strain, are shown in a single figure so that the separation between individual amplicon melting curves is illustrated (from left to right: *aggR*, *st*, *eaeA*, *lt*, *stx*₁, *stx*₂, *ipaH*, and *daaD*). The y axis (fluorescence) represents the negative derivative of fluorescence over temperature versus temperature.

strains were determined with an iCycler iQ (Bio-Rad, Hercules, CA) as well as with the PTC-200 thermal cycler with the Chromo 4 optical detector (MJ Research/Bio-Rad, Hercules, CA).

RESULTS

We evaluated three enzymes: (i) Phusion (Finnzymes, Finland) (Phusion hot-start DNA polymerase), a *Pyrococcus*-like enzyme with a processivity-enhancing domain; (ii) Amplitaq gold (Applied Biosystems, Foster City, CA), a recombinant form of *Taq* DNA polymerase lacking endonuclease and 3'-to-5' exonuclease activities but having a 5'-to-3' exonuclease activity (this is provided as an inactive enzyme, requiring heat activation to regenerate polymerase activity); and (iii) *Thermus brockianus* DNA polymerase from a Dynamo Sybr green quantitative PCR kit (Finnzymes, Finland). Of these, Phusion was the only enzyme that gave reliably reproducible amplification.

After optimization of the primer sequences and concentrations to be used in the multiplex PCR, we arrived at a set of primers that reliably (89/90 strains) amplified the relevant diarrhegenic *E. coli* genes in strains previously characterized as diarrhegenic *E. coli* (specificity, 1.00; sensitivity, 0.99). On an individual-gene basis, the sensitivity and specificity were 1.00 for all genes tested except *daaD*, which was detected in 11/12 strains expected to be positive and not detected in any of the 114 strains expected to lack this gene and be negative (sensitivity, 0.92; specificity, 1.00). The single DAEC strain that was negative in this assay was rechecked for an adherence pattern and confirmed to be diffusely adherent (data not shown).

There were no false positives; in no case (0/126) did a peak occur at a melting point inconsistent with the strain genotypes.

The T_m s of the amplicons are spaced such that the identification of multiple samples on a single graph is unambiguous. The spacing between peaks for each gene is shown in Fig. 1. Remarkably little variation in intensity and T_m was observed among the different strains tested (T_m means \pm standard deviations are given in Table 2). The amplitudes of the melting curves were quite similar for all strains in each category as well. The individual peaks were symmetric, with the exception of *E. coli* strains that were *lt* positive, which frequently gave asymmetric peaks. The individual strains run are shown in Fig. 2, demonstrating the overlap and reproducibility of the assay for specific genes. Figure 2 also shows that DAEC strains give either of two closely spaced peaks well separated from the closest gene (*ipaH*). The dual closely spaced peaks noted for this gene are due to the fact that *daaD* has two major variants found in the sequences ($n = 30$) currently in GenBank. These variants are predicted to produce amplicons of nearly identical sizes, with GC content percentages that are slightly different. For example, the two organisms showing the greatest dissimilarity (only 92% identical) in GenBank, DAEC5 (accession number AY525520.1) and DAEC1 (accession number EU010380.1), would be predicted to produce amplicons of 371 and 372 bases, with GC contents of 60% and 58%, respectively. The predicted T_m difference for these amplicons is 1°C; the actual T_m difference observed for the DAEC peaks is 0.73°C. Analysis with agarose gel confirmed that the amplicons repre-

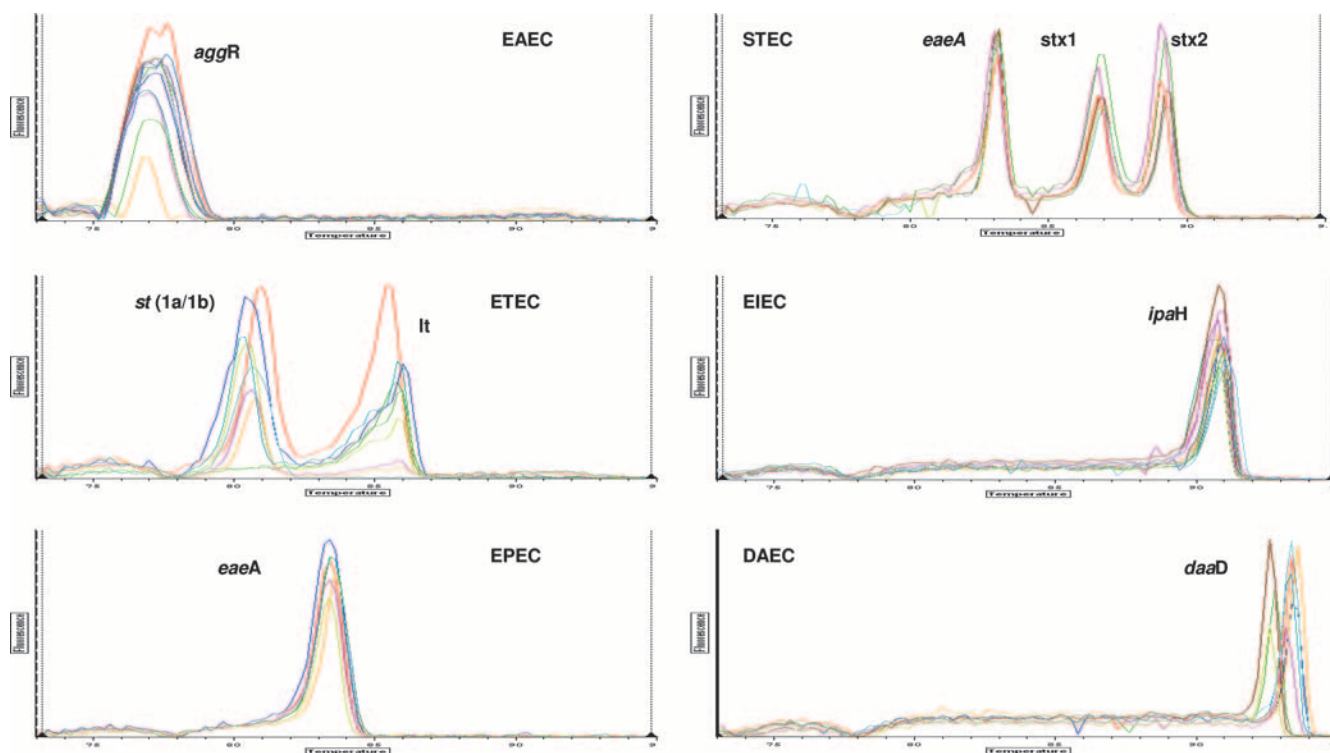


FIG. 2. Melting curves of diarrheagenic *E. coli*. Curves are superimposed for assays of multiple strains of diarrheagenic *E. coli* to show the reproducibility of given pathotypes. The y axis (fluorescence) represents the negative derivative of fluorescence over temperature versus temperature.

sented on the melting-curve graph were indeed of the correct molecular weights expected based on the primer sequences (Fig. 3).

Although the studies shown were done with single colonies, we also evaluated results with five colonies. When two different types of diarrheagenic *E. coli* were present, the assay consistently detected both (data not shown). Thus, the assay could conveniently be used for screening of five colonies simultaneously.

Machine-to-machine variability was determined in 59 separate assays that used representative strains for each *E. coli* category. The T_m measurements (means \pm standard deviations) with the iCycler iQ were as follows: for *aggR*, $77.1 \pm 0.7^\circ\text{C}$; for *st*, $81.4 \pm 0.3^\circ\text{C}$; for *eaeA*, $83.9 \pm 0.3^\circ\text{C}$; for *lt*, $85.9 \pm 0.3^\circ\text{C}$; for *stx*₁, $87.4 \pm 0.3^\circ\text{C}$; for *stx*₂, $89.6 \pm 0.3^\circ\text{C}$; for *ipaH*, $91.5 \pm 0.3^\circ\text{C}$; and for *daaD*, $93.8 \pm 0.4^\circ\text{C}$. Thus, the peaks could be easily separated and individual strains distinguished despite small machine-to-machine variations in T_m compared to the T_m values shown in Table 2 for 90 diarrheagenic *E. coli* strains.

The total time between preparation of DNA from *E. coli* colonies on agar plates and completion of PCR and melting-curve analysis was less than 90 min. The cost of materials was under \$2 per sample analyzed.

DISCUSSION

In recent years, multiplex PCR assays have been developed to detect virulence factors for diarrheagenic *E. coli*. These

assays target common genes for most but not all of the currently recognized classes of diarrheagenic *E. coli* or require additional steps (4, 5, 6, 15, 25–28, 30). Traditional PCR methods require amplification in a thermocycler followed by product separation by gel electrophoresis (19) or fluorescent capillary electrophoresis (7), time-consuming and laborious processes. However, as shown here, the products of PCR can also be practically detected by using a DNA binding dye, such as Sybr green, in a multiplex format. Real-time PCR offers the advantage of being a faster, more robust assay because it does not require post-PCR procedures to detect amplification products.

The assay that we describe is unique in the number of different genes recognized in a single reaction. Careful selection and testing of primers allowed this approach to be successful. The choice of some individual genes for amplification deserves comment. The EAEC strains were first identified by tissue culture assays, and subsequently, a variety of genes have been associated with this phenotype and with clinical illness. We chose to amplify *aggR* because it may well be the most reliable indicator of a truly pathogenic EAEC strain (16, 22, 23, 31). For STEC, the toxin genes were chosen because of their central role in hemolytic uremic syndrome and hemorrhagic colitis and because risk of complications is related to toxin type, with Stx2 being more virulent. For EPEC and STEC, *eaeA* was chosen because of its central role in pathogenesis. The variations in intimin sequence could be problematic, but we were able to design primers that worked well. However, this assay system does not discriminate between typical and atypical

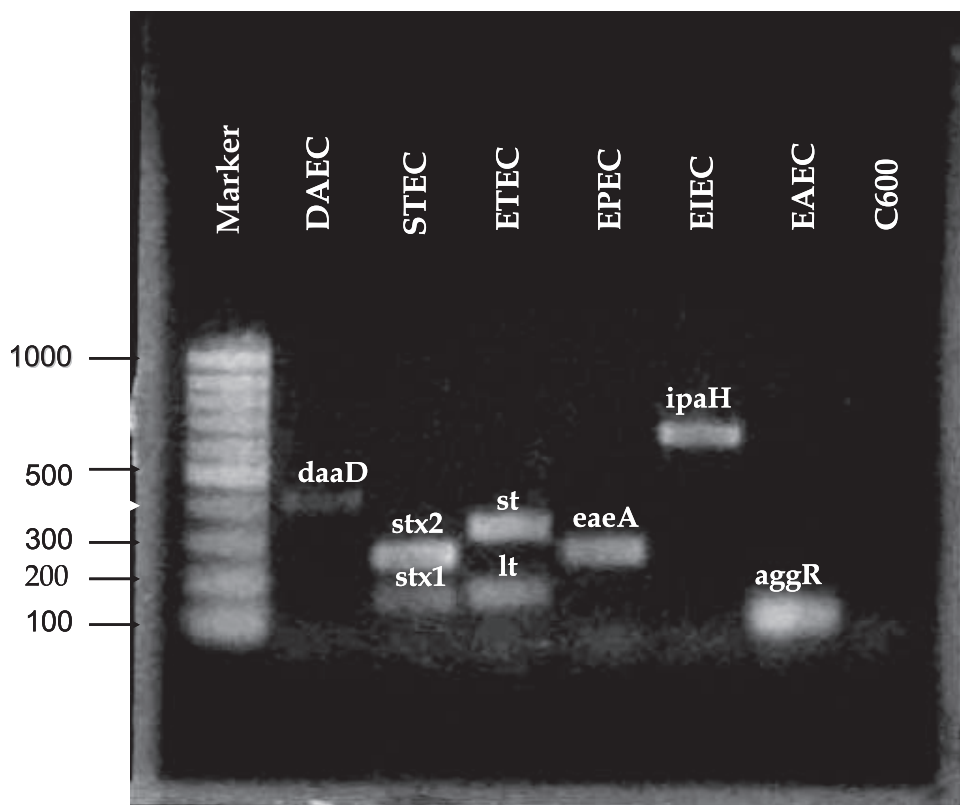


FIG. 3. Agarose gel of amplicons from the multiplex real-time PCR. The molecular weight ladder is shown in lane 1; strain identification and amplicons are shown in lanes 2 to 7; nonpathogenic *E. coli* is shown in lane 8.

EPEC. We were unable to add a ninth gene (*bfpA* [bundle-forming pilus]) to the mix because there was inadequate space between peaks for one more gene; we had higher-priority genes. Thus, the classification of an *eaeA*-positive and *stx*₁- and *stx*₂-negative strain based on this assay should be “EPEC” rather than “classic” EPEC, pending the use of separate primers for *bfpA* or a tissue culture assay. However, a screen for all EPEC strains is appropriate since atypical EPEC strains (lacking *bfpA*) are also pathogens (1–3, 18, 21). For DAEC, *daaD* was chosen because the BLAST data indicated that it was better conserved than the other closely linked genes related to the Dr adhesin phenotype and it had a melting point that was useful for this scheme. In several cases, primers that had single-nucleotide mismatches needed to be used as a compromise to best amplify known variants. However, a single internal mismatched base in the primers was well tolerated. For example, all of the *E. coli* O157:H7 strains reliably amplified *eaeA*, which in the case of O157:H7 has a gamma allele of this gene despite the fact that there is a 1-base mismatch in the forward primer that we used for *eaeA*. Of interest, this assay also allows rapid presumptive identification of nonlactose fermenters as “*Shigella*/EIEC,” since both *Shigella* spp. and EIEC have the *ipaH* gene and are detected with this assay; *Salmonella* strains were negative because they lack *ipaH* (data not shown). A weakness of this or any multiplex assay is that important new variants of virulence genes may fail to amplify with the primers described. A second weakness is that we were unable to adapt the assay directly to fresh stool samples.

In testing strains on another real-time PCR machine, we found that T_m s were very similar but not identical to those that we describe. The peaks were still well separated so that strains could easily be correctly categorized. However, obviously it is prudent to standardize this assay by using control strains in each laboratory.

The primer sets used in this study were designed with a robust assay in mind. The sequences from the virulence genes that are amplified in this multiplex PCR are from highly conserved regions of the genes, and thus, the assay has a low risk of false negatives related to genotypic variation within the different pathotypes. This assay represents a simple, rapid, sensitive, and inexpensive system for the practical presumptive detection of diarrheagenic *E. coli* in clinical laboratories. It is practical for use in clinical settings in both developed and many underdeveloped areas.

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