

# Area under the curve of methotrexate and creatinine clearance are outcome-determining factors in primary CNS lymphomas

AJM Ferreri<sup>\*,1</sup>, E Guerra<sup>2</sup>, M Regazzi<sup>3</sup>, F Pasini<sup>4</sup>, A Ambrosetti<sup>5</sup>, A Pivnik<sup>6</sup>, A Gubkin<sup>6</sup>, A Calderoni<sup>7</sup>, M Spina<sup>8</sup>, A Brandes<sup>9</sup>, F Ferrarese<sup>10</sup>, A Rognone<sup>1</sup>, S Govi<sup>1</sup>, S Dell'Oro<sup>1</sup>, M Locatelli<sup>2</sup>, E Villa<sup>1</sup> and M Reni<sup>1</sup>

<sup>1</sup>Department of Radiochemotherapy, San Raffaele H Scientific Institute, Via Olgettina 60, Milan 20132, Italy; <sup>2</sup>Laboratorio di Standardizzazione per la Chimica Clinica, San Raffaele H Scientific Institute, Milan, Italy; <sup>3</sup>Department of Pharmacology, I.R.C.C.S. Policlinico San Matteo, University of Pavia, Italy; <sup>4</sup>Divisione Clinicizzata di Oncologia Medica, Ospedale Civile Maggiore, Verona, Italy; <sup>5</sup>Divisione di Ematologia, Policlinico G. B. Rossi, Verona, Italy; <sup>6</sup>Hematological Center of Russian Academy of Medical Sciences, Hematology and Intensive Care Department, Moscow, Russia; <sup>7</sup>Institut für Medizinische Onkologie Inselspital, Bern, Switzerland; <sup>8</sup>Divisione di Oncologia Medica 'A', Centro di Riferimento Oncologico, Istituto Nazionale Tumori, Aviano, Italy; <sup>9</sup>Department of Medical Oncology, Azienda Ospedale-Università, Padova, Italy; <sup>10</sup>Divisione di Radioterapia, Ospedale Regionale di Treviso, Treviso, Italy

Although high-dose methotrexate (HD-MTX) is the most effective drug against primary CNS lymphomas (PCNSL), outcome-determining variables related to its administration schedule have not been defined. The impact on toxicity and outcome of the area under the curve ( $AUC_{MTX}$ ), dose intensity ( $DI_{MTX}$ ) and infusion rate ( $IR_{MTX}$ ) of MTX and plasmatic creatinine clearance ( $CL_{crea}$ ) was investigated in a retrospective series of 45 PCNSL patients treated with three different HD-MTX-based combinations. Anticonvulsants were administered in 31 pts (69%). Age >60 years, anticonvulsant therapy, slow  $IR_{MTX}$  ( $\leq 800 \text{ mg m}^{-2} \text{ h}^{-1}$ ), and reduced  $DI_{MTX}$  ( $\leq 1000 \text{ mg m}^{-2} \text{ wk}^{-1}$ ) were significantly correlated with low  $AUC_{MTX}$  values. Seven patients (16%) experienced severe toxicity, which was independently associated with slow  $CL_{crea}$ . A total of 18 (40%) patients achieved complete remission after chemotherapy, which was independently associated with slow  $CL_{crea}$ . In all, 22 patients were alive at a median follow-up of 31 months, with a 3-year OS of  $40 \pm 9\%$ ; slow  $CL_{crea}$  and  $AUC_{MTX} > 1100 \mu\text{mol h l}^{-1}$  were independently associated with a better survival. Slow  $CL_{crea}$  and high  $AUC_{MTX}$  are favourable outcome-determining factors in PCNSL, while slow  $CL_{crea}$  is significantly related to higher toxicity.  $AUC_{MTX}$  significantly correlates with age, anticonvulsant therapy,  $IR_{MTX}$ , and  $DI_{MTX}$ . These findings, which seem to support the choice of an MTX dose  $\geq 3 \text{ g m}^{-2}$  in a 4–6-h infusion, every 3–4 weeks, deserve to be assessed prospectively in future trials. MTX dose adjustments in patients with fast  $CL_{crea}$  should be investigated.

British Journal of Cancer (2004) 90, 353–358. doi:10.1038/sj.bjc.6601472 www.bjancer.com

© 2004 Cancer Research UK

**Keywords:** primary central nervous system lymphoma; methotrexate; plasmatic clearance; dose intensity; area under the curve; chemotherapy

High-dose methotrexate (HD-MTX) is the most effective drug against primary central nervous system lymphomas (PCNSL) (Reni *et al*, 1997; Ferreri *et al*, 2002b). Any chemotherapy regimen without HD-MTX is associated with outcomes no better than those obtained with radiotherapy (RT) alone in these malignancies (Schultz *et al*, 1996; O'Neill *et al*, 1999; Mead *et al*, 2000), while the survival benefit of the addition of other drugs to HD-MTX remains a matter of debate (Reni *et al*, 2001; Ferreri *et al*, 2002b). In spite of its central role in PCNSL treatment, the optimal dose, administration schedule, and dose timing of MTX have not been clearly defined. Moreover, contrary to what is observed in other malignancies in which MTX plays a crucial role, such as acute leukaemia (Evans *et al*, 1986) and osteosarcoma (Graf *et al*, 1994; Delepine *et al*, 1995; Bacci *et al*, 1998), where a significant association between MTX parameters and outcome has been reported, the impact on toxicity and outcome of MTX administration schedule has not been investigated in PCNSL.

The analysis of some MTX parameters, such as the area under the curve ( $AUC_{MTX}$ ), dose, dose intensity ( $DI_{MTX}$ ), and infusion

rate ( $IR_{MTX}$ ), as well as the plasmatic creatinine clearance ( $CL_{crea}$ ) could allow us to identify subgroups of patients with increased risk of severe toxicity or disappointing outcome, as well as to define the optimal MTX administration schedule against PCNSL. This paper reports the analysis of the impact on toxicity and outcome of the above-mentioned variables in a retrospective multicentre series of 45 immunocompetent patients with PCNSL treated with HD-MTX-based primary chemotherapy.

## PATIENTS AND METHODS

### Study population

A questionnaire requesting epidemiological, clinical, histopathological, therapeutic, and survival data of immunocompetent patients with PCNSL treated with primary chemotherapy containing HD-MTX ( $\geq 1 \text{ g m}^{-2}$ ), followed or not followed by RT, was sent to the seven participating centres. In particular, the questionnaire included body weight and body surface area, creatinine clearance, theoretical and really administered dose of MTX, duration of infusion, timing dose, and MTX serum levels at 0, 24, 48, and 72 h. The use of anticonvulsants, type and dose, was also analysed

\*Correspondence: Dr AJM Ferreri; E-mail: andres.ferreri@hsr.it  
Revised 1 October 2003; accepted 13 October 2003

considering the capacity of some of these drugs to interfere with MTX metabolism (Jacobs *et al*, 1976). This study conformed to the tenets of the Declaration of Helsinki and all the patients accessioned provided signed informed consent to the treatment. This consent extended to the use of biological, histopathological, radiological, biochemical, and clinical data for scientific purposes.

**MTX variables**

CL<sub>crea</sub> value, determined before the start of chemotherapy, was obtained by the formula of Cockcroft and Gault (1976):

$$CL_{crea} (ml\ min^{-1}) = \frac{(140 - age) \times body\ weight}{creatinine\ serum\ level \times 72}$$

CL<sub>crea</sub> value in females was considered as 85% of the value for males.

The MTX variables investigated were AUC<sub>MTX</sub>, dose, DI<sub>MTX</sub>, and IR<sub>MTX</sub>. The individual AUC<sub>MTX</sub> (μmol h l<sup>-1</sup>) related to the first course of chemotherapy was determined according to a one-compartment model by using the statistical population pharmacokinetic program P-PHARM-Version 3 (InnaPhase, 77420 Champs-sur-Marne, France), considering MTX dosage and serum levels at 0, 24, 48, and 72 h after drug infusion for calculation. DI<sub>MTX</sub>, expressed as mg m<sup>-2</sup> wk<sup>-1</sup>, was calculated by the Hryniuk method (Hryniuk and Goodyear, 1990). This was a ratio between the total dose of MTX administered (mg m<sup>-2</sup>) and the treatment duration expressed in days divided by 7. Treatment duration was calculated from the first day of the first course to the 22nd or 29th day of the last course (respectively for regimens administered every 3 or 4 weeks) (Hryniuk and Goodyear, 1990). The IR<sub>MTX</sub>, expressed as mg m<sup>-2</sup> h<sup>-1</sup>, was defined as the MTX dose (mg m<sup>-2</sup>) administered per hour during the first chemotherapy course.

**Statistical considerations**

Correlations between AUC<sub>MTX</sub> and the other variables were analysed by the Spearman test. The impact of studied variables on severe toxicity and complete response rate was analysed by logistic regression. Severe toxicity was defined by the onset of one of two major events: toxic death or interruption of chemotherapy due to toxicity. Complete response was defined as the disappearance of all evidence of lymphoma.

CL<sub>crea</sub>, AUC<sub>MTX</sub>, DI<sub>MTX</sub>, and IR<sub>MTX</sub> were firstly analysed as continuous variables; then, quartiles values were applied as cutoff to differentiate the risk groups (categorical variables): lower quartile for CL<sub>crea</sub> (85 ml min<sup>-1</sup>) and upper quartile for DI<sub>MTX</sub> (1000 mg m<sup>-2</sup> wk<sup>-1</sup>), for AUC<sub>MTX</sub> (1100 μmol h l<sup>-1</sup>), and for IR<sub>MTX</sub> (800 mg m<sup>-2</sup> h<sup>-1</sup>).

Survival curves were generated by the Kaplan–Meier method. The overall survival (OS) was calculated from diagnosis to the date of death or the last date of follow-up. Impact on survival of clinical and therapeutic variables was evaluated through the log-rank test.

The independent prognostic value of variables was analysed using Cox proportional hazard model. All the probability values were two-sided. All the analyses were carried out using the Statistica 4.0 statistical package for Windows (Statsoft Inc, 1993, Tulsa, OK 74104, USA).

**RESULTS**

**Study group**

The study group consisted of 45 patients treated between 1995 and 2001 (Calderoni and Aebi 2002; Pasini *et al*. 2002; Ferreri *et al*. 2002a). Patients' characteristics and extent of disease at diagnosis are summarised in Table 1. Chemotherapy regimens and MTX administration schedules are reported in Table 2. All patients were treated with adequate pre-MTX hydration, urinary alkalisation, and escalated leucovorin dosages according to MTX serum levels. Dehydration, aciduria, renal or cardiac dysfunction, pleural effusion, or gastrointestinal tract obstruction were excluded before commencing treatment in all cases. Post-chemotherapy RT, which

**Table 1** Patients' characteristics and extension of disease at diagnosis

	Entire series
No.	45
Median age (range)	54 (25–76)
> 70 years	2 (4%)
Males	29 (64%)
<i>Performance status (ECOG score)</i>	
0–1	19 (42%)
2	13 (29%)
3	11 (24%)
4	2 (4%)
Prior cancer <sup>a</sup>	2 (4%)
<i>Histotype (REAL/WHO Classification)</i>	
Diffuse large B-cell lymphoma	42 (93%)
Anaplastic large-cell Ki1 lymphoma	1 (2%)
Unclassified	2 (4%)
High LDH serum level <sup>b</sup>	13/38 (34%)
Intraocular disease <sup>b</sup>	1/40 (3%)
Positive CSF cytology examination <sup>b</sup>	2/27 (7%)
Elevated CSF protein levels <sup>b,c</sup>	13/19 (68%)
Multiple lesions <sup>b</sup>	25/45 (56%)
Involvement of deep structures <sup>b,d</sup>	25/44 (57%)

CSF = cerebrospinal fluid. <sup>a</sup>Prior cancers: renal cell carcinoma and Waldenstrom's macroglobulinaemia. <sup>b</sup>Ratio between the number of positive cases and the number of assessed patients. <sup>c</sup>The cutoff to define normal CSF protein levels was 45 mg dl<sup>-1</sup> in patients ≤60 years and 60 mg dl<sup>-1</sup> in patients >60 years. <sup>d</sup>Deep structures of the brain: basal ganglia, corpus callosum, brain stem, and cerebellum. ECOG = Eastern Cooperative Oncology Group; LDH = Lactic Dehydrogenase; REAL = Reversed European American lymphoma.

**Table 2** Chemotherapy regimens

Regimen	No. of patients	MTX dose (mg m <sup>-2</sup> )	MTX infusion (h)	MTX dose day	Other drugs	i.t. CHT	Planned no. of courses	Courses every weeks
MTX alone (Calderoni and Aebi, 2002)	10	1000–3000	4	1 and 7	—	Yes/no	2–3	4
MATILDE (Ferreri <i>et al</i> , 2002a)	11	3500	3 <sup>a</sup>	1	AraC 2 g m <sup>-2</sup> × 2 d 2 IDA 15 mg m <sup>-2</sup> × d 1 TTP 25 mg m <sup>-2</sup> × d 3	No	3	4
MTX+AraC (Pasini <i>et al</i> , 2002)	24	1000–2000 <sup>b</sup>	24	1	AraC 2 g m <sup>-2</sup> × 2 d 2–3	no	3	3

MTX = methotrexate; i.t. CHT = intrathecal chemotherapy; AraC = cytarabine; IDA = idarubicin; TTP = thiotepa. <sup>a</sup>Infusion preceded by an initial MTX bolus. <sup>b</sup>Four patients received 3500–8000 mg m<sup>-2</sup> in 24-h infusion. DI<sub>MTX</sub> (mean ± s.d.) of the used chemotherapy regimens were 1638 ± 1642, 844 ± 180, and 780 ± 1080 mg m<sup>-2</sup> week<sup>-1</sup> (P = 0.01), respectively, for HD-MTX alone, MATILDE, and MTX+Ara-C combination.

consisted of whole-brain irradiation, followed or not followed by a tumour-bed boost, was planned in all cases, but it was in fact performed as part of the first-line therapy in 31 patients, with median brain and tumour-bed doses of  $36 \pm 5$  and  $42 \pm 9$  Gy, and as part of salvage therapy in six cases. Anticonvulsants were administered in 31 patients (69%), and consisted of phenobarbital ( $100\text{--}150\text{ mg d}^{-1}$ ) in 27 cases, hydantoin ( $100\text{--}300\text{ mg d}^{-1}$ ) in two cases and carbamazepine ( $400\text{--}800\text{ mg d}^{-1}$ ) in two cases.

### MTX parameters

The mean value  $\pm$  s.d. of CL<sub>crea</sub> was  $119 \pm 57\text{ ml min}^{-1}$ . The mean value  $\pm$  s.d. of AUC<sub>MTX</sub> was  $731 \pm 525\text{ }\mu\text{mol h l}^{-1}$ . Patients  $\leq 60$  years old displayed a faster CL<sub>crea</sub> (mean  $\pm$  s.d.:  $118 \pm 38$  vs  $94 \pm 28\text{ ml min}^{-1}$ ;  $P=0.01$ ), and a higher AUC<sub>MTX</sub> ( $846 \pm 562$  vs  $502 \pm 359\text{ }\mu\text{mol h l}^{-1}$ ;  $P=0.02$ ) with respect to patients  $>60$ . According to the PS, patients with an ECOG score of 3–4 displayed a similar CL<sub>crea</sub> ( $100 \pm 28$  vs  $112 \pm 35\text{ ml min}^{-1}$ ;  $P=0.17$ ) and a similar AUC<sub>MTX</sub> ( $1397 \pm 1208$  vs  $1238 \pm 836\text{ }\mu\text{mol h l}^{-1}$ ;  $P=0.53$ ) with respect to patients with a PS of 0–2. The mean value  $\pm$  s.d. of DI<sub>MTX</sub> was  $992 \pm 1140\text{ mg m}^{-2}\text{ week}^{-1}$ . Seven patients (16%) received only one course of chemotherapy (severe toxicity in five, no response in two), 16 (36%) received two, 14 (31%) received three, and eight (18%) received more than three courses. No difference in the used MTX dose according to age or PS was observed; the proportion of patients  $\leq 60$  years old and  $>60$  treated with a dose  $>3\text{ g m}^{-2}$  was similar (47 vs 47%,  $P=0.99$ ); 53% of patients with PS 0–2 and 31% of patients with PS 3–4 received an MTX dose  $>3\text{ g m}^{-2}$  ( $P=0.19$ ). No cases of reduction of more than 25% of the MTX dose in further courses with respect to the planned dose were observed. The MTX dose of the further courses was increased by more than 25% with respect to the MTX dose of the first course in three (7%) cases. The mean value  $\pm$  s.d. of IR<sub>MTX</sub> during the first chemotherapy course was  $475 \pm 423\text{ mg m}^{-2}\text{ h}$ . This parameter remained unmodified during further courses in all cases.

### AUC<sub>MTX</sub>-determining variables

Variables significantly correlated with the AUC<sub>MTX</sub> are reported in Table 3. Anticonvulsant use and age correlated inversely with AUC<sub>MTX</sub>, while a direct correlation between AUC<sub>MTX</sub> and IR<sub>MTX</sub> and DI<sub>MTX</sub> was observed. No correlation with sex, performance status (PS), and CL<sub>crea</sub> was observed. Patients treated with MATILde chemotherapy regimen achieved significantly higher AUC<sub>MTX</sub> values.

### Severe toxicity

The predictive value of MTX variables on severe toxicity was analysed considering toxic death ( $n=2$ ) and interruption of chemotherapy due to toxicity ( $n=5$ ) as events. Severe toxicity consisted of pulmonary thromboembolism in two cases (lethal in both), sepsis in two, acute renal failure in one, and persistent grade IV thrombocytopenia in two. These events were observed during the first two courses of chemotherapy. As reported in Table 4, CL<sub>crea</sub> was independently associated with severe toxicity; a significantly higher toxicity rate was observed in patients with a CL<sub>crea</sub>  $\leq 85\text{ ml min}^{-1}$ . Importantly, a DI<sub>MTX</sub>  $>1000\text{ mg m}^{-2}/\text{week}$ , and an AUC<sub>MTX</sub>  $>1100\text{ }\mu\text{mol h l}^{-1}$  were not related to a higher toxicity.

### Objective response

After primary chemotherapy, 18 patients (40%) achieved a complete remission and 16 (36%) a partial response (overall response rate = 76%); four patients (9%) had stable disease, five (11%) experienced progressive disease, and two (4%) died of toxicity. As reported in Table 4, a slow CL<sub>crea</sub> ( $\leq 85\text{ ml min}^{-1}$ ) was

**Table 3** Correlations between AUC<sub>MTX</sub> and the other analysed variables

Variables	Subgroups	No.	AUC <sub>MTX</sub> (mean $\pm$ s.d. $\mu\text{mol h l}^{-1}$ )	P
Age	$\leq 60$ years	30	$846 \pm 562$	0.02
	$> 60$ years	15	$502 \pm 359$	
Sex	Females	16	$540 \pm 398$	0.08
	Males	29	$837 \pm 562$	
PS	0–1	19	$927 \pm 614$	0.08
	2–4	26	$589 \pm 405$	
Anticonvulsants	No	14	$1028 \pm 662$	0.04
	Yes	31	$598 \pm 394$	
IR <sub>MTX</sub> ( $\text{mg m}^{-2}\text{ h}^{-1}$ )	$\leq 800$	33	$635 \pm 564$	0.003
	$> 800$	12	$996 \pm 274$	
DI <sub>MTX</sub> ( $\text{mg m}^{-2}\text{ week}^{-1}$ )	$\leq 1000$	33	$559 \pm 392$	0.0003
	$> 1000$	12	$1206 \pm 567$	
CL <sub>crea</sub> ( $\text{ml min}^{-1}$ )	$\leq 85$	12	$604 \pm 434$	0.35
	$> 85$	33	$778 \pm 553$	
Chemotherapy regimen	HD-MTX	10	$857 \pm 658$	0.008
	MATILde	11	$1043 \pm 240$	
	MTX+AraC	24	$536 \pm 491$	

PS = performance status according to the ECOG score.

significantly and independently associated with a higher complete remission rate.

### Overall survival

A total of 26 patients experienced failure: early progression of the disease in nine cases, relapse after initial response (complete and partial) in 15 and toxic death in two cases, with a 2-year failure-free survival of  $50 \pm 8\%$ . In all, 22 patients are alive (19 NED) at a median follow-up of 31 months (range 4–72 months), with a 3-year OS of  $40 \pm 9\%$ . The cause of death was lymphoma in 20 cases, acute toxicity in two, and unrelated disorder in one.

Univariate analyses showed that patients with a slow CL<sub>crea</sub> ( $\leq 85\text{ ml min}^{-1}$ ) survived longer than patients with a fast CL<sub>crea</sub> ( $> 85\text{ ml min}^{-1}$ ), with 3-year OS values of  $88 \pm 13$  and  $25 \pm 9\%$  ( $P=0.0005$ ), respectively (Figure 1). Patients treated with an AUC<sub>MTX</sub>  $>1100\text{ }\mu\text{mol h l}^{-1}$  survived significantly longer than patients treated with lower levels (3-year OS:  $78 \pm 12$  vs  $32 \pm 9\%$ ;  $P=0.05$ ) (Figure 2). The use of anticonvulsants and IR<sub>MTX</sub> was not associated with survival, and no significant difference in the efficacy of the used chemotherapy regimens was observed. Multivariate analysis (Table 5) confirmed the independent prognostic value of CL<sub>crea</sub> and AUC<sub>MTX</sub>.

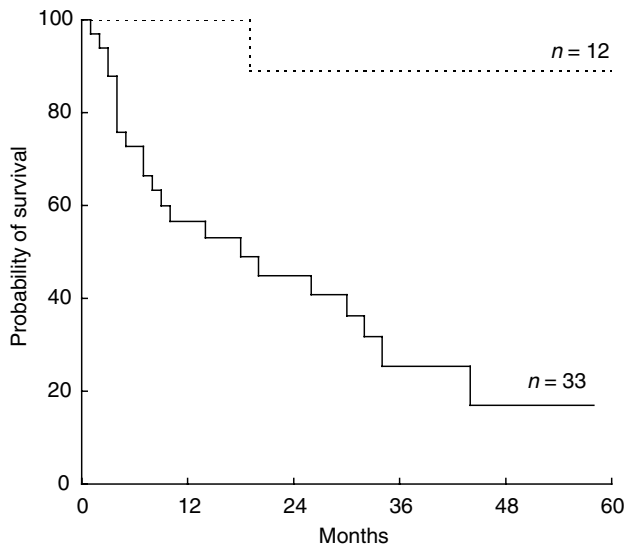
### DISCUSSION

The present study focused on the impact on toxicity and outcomes of CL<sub>crea</sub>, AUC<sub>MTX</sub>, DI<sub>MTX</sub>, and IR<sub>MTX</sub> in a multicentre retrospective series of 45 immunocompetent patients with PCNSL. This series is representative of PCNSL patients currently treated with HD-MTX-based chemotherapy, since it displays similar median age, PS distribution, histotypes, and ocular and meningeal infiltration rates with respect to more comprehensive unselected

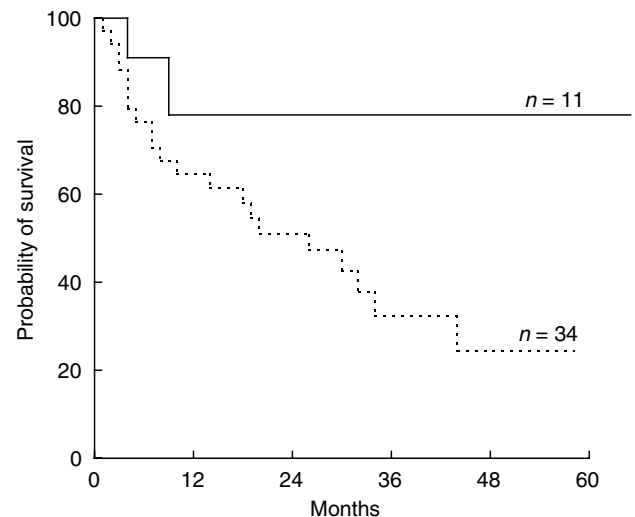
**Table 4** Logistic regression: variables correlated to severe toxicity (n = 7) and complete remission rate (n = 18) after primary chemotherapy

Variables	Subgroups	No.	Severe toxicity	P	Complete response	P
Age	≤ 60 years	30	3 (10%)	0.28	11 (37%)	0.26
	> 60 years	15	4 (27%)		7 (46%)	
PS	0–1	16	2 (13%)	0.14*	10 (62%)	0.19
	2–4	29	5 (17%)		8 (28%)	
Anticonvulsants	No	14	1 (7%)	0.97	6 (43%)	0.51
	Yes	31	6 (19%)		12 (39%)	
IR <sub>MTX</sub> (mg m <sup>-2</sup> h <sup>-1</sup> )	≤ 800	33	4 (12%)	0.11	15 (45%)	0.49
	> 800	12	3 (33%)		3 (25%)	
DI <sub>MTX</sub> (mg m <sup>-2</sup> week <sup>-1</sup> )	≤ 1000	33	6 (18%)	0.48	14 (42%)	0.52
	> 1000	12	1 (8%)		4 (33%)	
CL <sub>crea</sub> (ml min <sup>-1</sup> )	≤ 85	12	4 (33%)	0.05	8 (67%)	0.02
	> 85	33	3 (9%)		10 (30%)	
AUC <sub>MTX</sub> (μmol h l <sup>-1</sup> )	≤ 1100	34	6 (17%)	0.45	14 (41%)	0.95
	> 1100	11	1 (9%)		4 (36%)	
Chemotherapy regimen	HD-MTX	10	0 (0%)	0.25	2 (20%)	0.08
	MATILde	11	3 (27%)		3 (27%)	
	MTX+AraC	24	4 (17%)		13 (54%)	

HD-MTX = high-dose methotrexate. \*The incidence of severe complications was significantly higher in patients with a PS > 2 with respect to the others (4/1 vs 9%, P = 0.002). An additional logit analysis with patients grouped according to PS ≤ 2 vs > 2 confirmed the independent association between toxicity and CL<sub>crea</sub>.



**Figure 1** OS curves for patients grouped according to the CL<sub>crea</sub>. Patients with a slow CL<sub>crea</sub> (≤ 85 ml min<sup>-1</sup>; dotted line) showed a better OS with respect to patients with a fast CL<sub>crea</sub> (> 85 ml min<sup>-1</sup>; continued line).



**Figure 2** OS curves for patients grouped according to the AUC<sub>MTX</sub>. Patients treated with an AUC<sub>MTX</sub> > 1100 μmol h l<sup>-1</sup> (continued line) showed a significantly better survival with respect to those treated with an AUC<sub>MTX</sub> ≤ 1100 μmol h l<sup>-1</sup> (dotted line).

retrospective series (Ferreri *et al*, 2002b), and to the largest published prospective trials (O'Brien *et al*, 2000; Deangelis *et al*, 2002). A clear relationship between the studied variables and therapeutic outcome is difficult to establish, considering the multitude of other factors, such as protein binding, membrane transport, dihydrofolate reductase levels, tissue distribution, or concurrent drugs, which may also influence the efficacy of MTX. Nevertheless, as has been reported for other malignancies (Evans

*et al*, 1986; Graf *et al*, 1994; Delepine *et al*, 1995; Bacci *et al*, 1998), the characterisation of the MTX variables investigated could be useful to identify different risk groups and to define the optimal administration schedule of this drug in PCNSL patients.

HD-MTX is the most effective drug against PCNSL; any regimen without this drug is associated with outcomes which are no better than with RT alone (Schultz *et al*, 1996; O'Neill *et al*, 1999; Mead *et al*, 2000). When used as primary treatment, alone or combined

**Table 5** Multivariate analysis: impact on overall survival of studied variables

Variables	Subgroups	Odds ratio (CI 95%)	P
Age	Continuous variable	1.06 (1.01–1.11)	0.04
PS	0–2    3–4	2.55 (1.92–7.02)	0.05
Anticonvulsant	No    Yes	1.46 (0.28–7.53)	0.65
IR <sub>MTX</sub> (mg m <sup>-2</sup> h <sup>-1</sup> )	≤800    >800	0.51 (0.11–2.49)	0.41
DI <sub>MTX</sub> (mg m <sup>-2</sup> week <sup>-1</sup> )	≤1000    >1000	3.38 (0.53–4.98)	0.21
CL <sub>crea</sub> (ml min <sup>-1</sup> )	≤85    >85	6.01 (3.04–9.77)	0.005
AUC <sub>MTX</sub> (μmol h l <sup>-1</sup> )	≤1100    >1100	0.11 (0.01–0.77)	0.03
Cytarabine <sup>a</sup>	No    Yes	1.19 (0.34–4.11)	0.78
Alkylating agents <sup>a</sup>	No    yes	4.41 (0.75–5.61)	0.16

<sup>a</sup>Similar results were obtained when analysis was performed according to the chemotherapy regimen.

with other drugs, followed or not followed by RT, HD-MTX produces a response rate of 70–80%, with a 2-year OS of 60–70% (Ferreri *et al*, 2000). The survival benefit of the addition of other drugs to HD-MTX is matter of debate, considering that not only do randomised trials comparing mono-chemotherapy with HD-MTX and poly-chemotherapy not exist, but also that the activity of these drugs has not been assessed as a single drug in prospective trials. Thus, HD-MTX remains a crucial drug against PCNSL, being an irreplaceable component of primary chemotherapy. Nevertheless, the prognostic role of the AUC<sub>MTX</sub> and DI<sub>MTX</sub> as well as the optimal MTX dose, IR and dose timing of this drug have not been clearly defined in PCNSL. A single study comparing some MTX parameters in PCNSL patients treated with blood–brain barrier disruption or with systemic chemotherapy has been reported (Zylber-Katz *et al*, 2000), but their impact on outcome has not been analysed. Conversely, the prognostic role of MTX pharmacokinetics has been reported in other malignancies in which this drug plays a critical role, such as acute leukaemia (Evans *et al*, 1986) and osteosarcoma (Graf *et al*, 1994; Delepina *et al*, 1995; Bacci *et al*, 1998). Patients with acute leukaemia have been grouped according to a slow, medium or fast CL<sub>MTX</sub>, obtaining an inverse association with outcome (Evans *et al*, 1986). A significant correlation between a faster CL<sub>MTX</sub> and lower serum and cerebrospinal fluid (CSF) MTX concentrations has also been documented, suggesting an insufficient treatment both of the brain and meninges, and a greater risk of CNS relapse in this subgroup of leukaemia patients (Evans *et al*, 1983). Likewise, a significant survival effect of serum peak concentration of MTX has been reported in osteosarcoma (Graf *et al*, 1994).

Our study suggests that CL<sub>crea</sub> and AUC<sub>MTX</sub> are independent predictors of MTX efficacy in PCNSL patients also. A CL<sub>crea</sub> ≤85 ml min<sup>-1</sup> was associated with a higher complete remission rate and better survival, which was independent of age, PS, DI<sub>MTX</sub>, IR<sub>MTX</sub>, and other therapeutic variables. Patients treated with an AUC<sub>MTX</sub> >1100 μmol h l<sup>-1</sup> showed a significantly better survival with respect to those treated with lower AUC<sub>MTX</sub> levels. CL<sub>MTX</sub> is defined based upon CL<sub>crea</sub>; decreased CL<sub>crea</sub> represents decreased CL<sub>MTX</sub>, which for a given dose would produce an increased AUC<sub>MTX</sub>. However, in the present series, CL<sub>crea</sub> and AUC<sub>MTX</sub> are two independent variables, which is explained by the heterogeneity in MTX dose, DI<sub>MTX</sub>, and IR<sub>MTX</sub>, as well as by differences in the MTX metabolism, according to the drug infusion duration (see below). A strongly inverse correlation between CL<sub>crea</sub> and AUC<sub>MTX</sub> could be observed, for example, in a prospective trial, where the used MTX dose and schedule is the same for the entire series. Considering that AUC<sub>MTX</sub> is significantly correlated, among others, with DI<sub>MTX</sub>, IR<sub>MTX</sub>, and anticonvulsant therapy, changes in these parameters could lead to significant changes in AUC<sub>MTX</sub> and efficacy. Importantly, as reported in Table 4, a higher AUC<sub>MTX</sub> was not associated with a higher incidence of severe toxicity (9 vs

17%, *P* = 0.45). The single case of severe toxicity in the group of patients treated with an AUC<sub>MTX</sub> >1100 μmol h l<sup>-1</sup> consisted of nonlethal persistent thrombocytopenia, without bleeding complications in a patient with a CL<sub>crea</sub> of 186 ml min<sup>-1</sup>. On the other hand, four of the five cases of severe renal and haematological toxicity were observed in patients with slow CL<sub>crea</sub>. A close follow-up with haematologic profile and renal function assessment appears advisable in this subgroup of patients.

Pretreatment CL<sub>crea</sub> assessment could also be useful to identify groups of PCNSL patients with different MTX efficacy, and the use of higher doses in patients with a fast CL<sub>crea</sub> should be critically considered. The choice of the MTX dose is a relevant issue in PCNSL, especially because of the high interpatient and inpatient variability of MTX pharmacokinetics. For example, in a recently published trial (Batchelor *et al*, 2003), the MTX dose (8 g m<sup>-2</sup>) was adjusted based on the pre-chemotherapy CL<sub>crea</sub>. The dose was reduced by the percentage decrease of this variable below 100 ml min<sup>-1</sup>. The schedule employed was well tolerated; however, a detailed analysis of the impact on activity and toxicity of this strategy was not provided. Our data suggest that changes in MTX dose according to the pretreatment CL<sub>crea</sub> could lead to more suitable AUC<sub>MTX</sub> levels, with a consequent efficacy improvement. This interesting hypothesis will be studied in a prospective series treated with a homogeneous MTX schedule.

DI is a debated outcome-conditioning factor in aggressive systemic lymphomas, while its role has not been investigated in PCNSL patients treated with conventional strategies. In the present series, DI<sub>MTX</sub> was not associated with survival or toxicity. However, the significant association between a DI<sub>MTX</sub> >1000 mg m<sup>-2</sup> week<sup>-1</sup> and higher AUC<sub>MTX</sub> levels seems to suggest that, when administered every 3–4 weeks, a MTX dose ≥3000 mg m<sup>-2</sup> could produce better results than lower doses. This also seems to be supported by the MSKC and RTOG experience (Deangelis *et al*, 1992, 2002). In a previous trial (Deangelis *et al*, 1992), MTX administered at a dose of 1 g m<sup>-2</sup> produced an overall response rate of 64% and a 5-year OS of 28%, while, in a recently reported trial (Deangelis *et al*, 2002), the use of a 3.5-g m<sup>-2</sup> MTX dose produced an overall response rate of 90% and a 5-year OS of 50%. Analysed together, these data suggest that a higher amount of MTX administered in a single dose increases drug exposure and activity. Moreover, as previously reported (Pitman and Frei, 1977; Evans *et al*, 1983), this strategy seems to lead to a higher diffusion of the drug across the blood–brain barrier and increased drug concentrations in the CSF, with a potential positive impact on efficacy against PCNSL.

From the present analysis, no significant association between IR<sub>MTX</sub> and survival was observed. This could be due to the strong correlation observed between this parameter and AUC<sub>MTX</sub>. The identification of the best IR<sub>MTX</sub> in PCNSL needs further studies. In the meantime, an IR<sub>MTX</sub> of >800 mg m<sup>-2</sup> h<sup>-1</sup> appears advisable, since it is associated with higher AUC<sub>MTX</sub> and does not display significantly higher toxicity in comparison to slower rates.

Anticonvulsants are commonly used in PCNSL patients presenting seizures. These drugs interact with hepatic aldehyde oxidase, which constitutes a major mechanism for MTX degradation (Jacobs *et al*, 1976). Anticonvulsant therapy increases the systemic CL<sub>MTX</sub>, as well as the level of other cytostatics, and is associated with lower efficacy of chemotherapy in children treated for acute lymphoblastic leukaemia (Relling *et al*, 2000). This effect seems to be more intense in patients treated with HD-MTX by a 24-h infusion, in whom about 40% of the drug is metabolised in the liver, whereas, when HD-MTX is administered as a short intravenous infusion (4–6 h), most of the drug is cleared by the kidneys (Evans *et al*, 1983). In the present analysis, no association between anticonvulsant use and toxicity and outcome was observed, and the impact of these drugs in patients treated with a 24-h infusion cannot be analysed, considering that all these patients received anticonvulsant therapy. The hypothesis that MTX

dose adjustments are needed when anticonvulsants are contemporarily used should be better explored.

To identify new active drugs and combinations remains the most important strategy to improve therapeutic results in PCNSL patients, and any effort to define the best administration schedule for HD-MTX should be encouraged. With certain limitations due to their retrospective nature, our data seem to suggest that slow CL<sub>crea</sub> and high AUC<sub>MTX</sub> are independently

associated with better outcome in PCNSL patients. Comprehensively, these interesting findings deserve to be assessed in prospective trials. In the meantime, a MTX dose  $\geq 3000 \text{ mg m}^{-2}$  administered in a 4- or 6-h infusion, every 3–4 weeks, appears an advisable schedule to adopt in clinical practice. The need to increase the MTX dose to ensure adequate exposure, such as higher AUC<sub>MTX</sub> values, in patients with a fast CL<sub>crea</sub> should be critically considered.

## REFERENCES

- Bacci G, Ferreri S, Delepine N, Bertoni F, Picci P, Mercuri M, Bacchini P, Brach dP, Tienghi A, Comandone A, Campanacci M (1998) Predictive factors of histologic response to primary chemotherapy in osteosarcoma of the extremity: study of 272 patients preoperatively treated with high-dose methotrexate, doxorubicin, and cisplatin. *J Clin Oncol* **16**: 658–663
- Batchelor T, Carson K, O'Neill A, Grossman SA, Alavi J, New P, Hochberg F, Priet R (2003) Treatment of primary CNS lymphoma with methotrexate and deferred radiotherapy: a report of NABTT 96-07. *J Clin Oncol* **21**: 1044–1049
- Calderoni A, Aebi S (2002) Combination chemotherapy with high-dose methotrexate and cytarabine with or without brain irradiation for primary central nervous system lymphomas. *J Neurooncol* **59**: 227–230
- Cockcroft DW, Gault MH (1976) Prediction of creatinine clearance from serum creatinine. *Nephron* **16**: 31–41
- Deangelis LM, Seiferheld W, Schold SC, Fisher B, Schultz CJ (2002) Combination chemotherapy and radiotherapy for primary central nervous system lymphoma: Radiation Therapy Oncology Group Study 93-10. *J Clin Oncol* **20**: 4643–4648
- Deangelis LM, Yahalom J, Thaler HT, Kher U (1992) Combined modality therapy for primary CNS lymphoma. *J Clin Oncol* **10**: 635–643
- Delepine N, Delepine G, Cornille H, Brion F, Arnaud P, Desbois JC (1995) Dose escalation with pharmacokinetics monitoring in methotrexate chemotherapy of osteosarcoma. *Anticancer Res* **15**: 489–494
- Evans WE, Crom WR, Abromowitch M, Dodge R, Look AT, Bowman WP, George SL, Pui CH (1986) Clinical pharmacodynamics of high-dose methotrexate in acute lymphocytic leukemia. Identification of a relation between concentration and effect. *N Engl J Med* **314**: 471–477
- Evans WE, Hutson PR, Stewart CF, Cairnes DA, Bowman WP, Rivera G, Crom WR (1983) Methotrexate cerebrospinal fluid and serum concentrations after intermediate-dose methotrexate infusion. *Clin Pharmacol Ther* **33**: 301–307
- Ferreri AJM, Bernardi M, Dell'Oro S, Brandes AA, Reni M, Ciceri F, Pasetto LM, Spina M, Stelitano C, Balzarotti M, Illariuci F, Ponzoni M, Franzin A, Danesi R, Villa E (2002a) CLIMT-2: an ongoing phase-II multicentre trial of MATILde chemotherapy regimen (methotrexate–cytarabine–thiotepa–idarubicin) in HIV-negative Primary CNS Lymphomas (PCNSL). *Proc Annu Meet Am Soc Clin Oncol* **21**: 267a (abstract: 2077)
- Ferreri AJM, Reni M, Pasini F, Calderoni A, Tirelli U, Pivnik A, Aondio GM, Ferraresi F, Gomez H, Ponzoni M, Borisch B, Berger F, Chassagne C, Iuzzolino P, Carbone A, Weis J, Pedrinis E, Motta T, Jouvet A, Barbui T, Cavalli F, Blay JY (2002b) A multicenter study of treatment of primary CNS lymphoma. *Neurology* **58**: 1513–1520
- Ferreri AJM, Reni M, Villa E (2000) Therapeutic management of primary central nervous system lymphoma: lessons from prospective trials. *Ann Oncol* **11**: 927–937
- Graf N, Winkler K, Betlemovic M, Fuchs N, Bode U (1994) Methotrexate pharmacokinetics and prognosis in osteosarcoma. *J Clin Oncol* **12**: 1443–1451
- Hryniuk WM, Goodyear M (1990) The calculation of received dose intensity. *J Clin Oncol* **8**: 1935–1937
- Jacobs SA, Stoller RG, Chabner BA, Johns DG (1976) 7-Hydroxymethotrexate as a urinary metabolite in human subjects and rhesus monkeys receiving high dose methotrexate. *J Clin Invest* **57**: 534–538
- Mead GM, Bleehen NM, Gregor A, Bullimore J, Shirley D, Rampling RP, Trevor J, Glaser MG, Lantos P, Ironside JW, Moss TH, Brada M, Whaley JB, Stenning SP (2000) A medical research council randomized trial in patients with primary cerebral non-Hodgkin lymphoma: cerebral radiotherapy with and without cyclophosphamide, doxorubicin, vincristine, and prednisone chemotherapy. *Cancer* **89**: 1359–1370
- O'Brien P, Roos D, Pratt G, Liew K, Barton M, Poulsen M, Olver I, Trotter G (2000) Phase II multicenter study of brief single-agent methotrexate followed by irradiation in primary CNS lymphoma. *J Clin Oncol* **18**: 519–526
- O'Neill BP, Wang CH, O'Fallon JR, Colgan JD, Earle JD, Krigel RL, Brown LD, McGinnis WL (1999) Primary central nervous system non-Hodgkin's lymphoma (PCNSL): survival advantages with combined initial therapy? A final report of the North Central Cancer Treatment Group (NCCTG) Study 86-72-52. *Int J Radiat Oncol Biol Phys* **43**: 559–563
- Pasini F, Todeschini G, Ambrosetti A, Nicolato A, Miseria S, Durante E, Zaninelli M, Manno P, Tecchio C, Pizzolo G, Cetto GL (2002) A phase II study of high-dose (HD) methotrexate and HD cytarabine followed by radiotherapy in primary CNS lymphomas (PCNSL). *Ann Oncol* **13**(Suppl. 2): 79 (Abstract 266)
- Pitman SW, Frei E (1977) Weekly methotrexate-calcium leucovorin rescue: effect of alkalization on nephrotoxicity; pharmacokinetics in the CNS; and use in CNS non-Hodgkin's lymphoma. *Cancer Treat Rep* **61**: 695–701
- Relling SW, Pui CH, Sandlund JT, Rivera GK, Hancock ML, Boyett JM, Schuetz EG, Evans WE (2000) Adverse effect of anticonvulsants on efficacy of chemotherapy for acute lymphoblastic leukaemia. *Lancet* **356**: 285–290
- Reni M, Ferreri AJ, Garancini MP, Villa E (1997) Therapeutic management of primary central nervous system lymphoma in immunocompetent patients: results of a critical review of the literature. *Ann Oncol* **8**: 227–234
- Reni M, Ferreri AJ, Guha-Thakurta N, Blay JY, Dell'Oro S, Biron P, Hochberg FH (2001) Clinical relevance of consolidation radiotherapy and other main therapeutic issues in primary central nervous system lymphomas treated with upfront high-dose methotrexate. *Int J Radiat Oncol Biol Phys* **51**: 419–425
- Schultz C, Scott C, Sherman W, Donahue B, Fields J, Murray K, Fisher B, Abrams R, Meis-Kindblom J (1996) Preirradiation chemotherapy with cyclophosphamide, doxorubicin, vincristine, and dexamethasone for primary CNS lymphomas: initial report of radiation therapy oncology group protocol 88-06. *J Clin Oncol* **14**: 556–564
- Zylber-Katz E, Gomori JM, Schwartz A, Lossos A, Bokstein F, Siegal T (2000) Pharmacokinetics of methotrexate in cerebrospinal fluid and serum after osmotic blood-brain barrier disruption in patients with brain lymphoma. *Clin Pharmacol Ther* **67**: 631–641