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EFFECTIVENESS OF siRNA UPTAKE IN TARGET TISSUES BY VARIOUS DELIVERY METHODS

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Abstract

BACKGROUND—RNA interference offers clinical potential as a therapeutic modality for a variety of diseases; the efficacy of *in vivo* delivery remains poorly understood. The purpose of our study was to compare and contrast siRNA uptake *in vivo* utilizing various delivery techniques.

METHODS—DY547- and rhodamine-labeled siRNA was administered to mice by one of four delivery methods: 1) hydrodynamic intravenous (IV) tail vein injection, 2) standard IV tail vein injection, 3) intraperitoneal (IP) injection, and 4) rectal (PR) administration. Mice were sacrificed over a time course; representative tissue samples were collected and analyzed using fluorescent microscopy to determine siRNA uptake.

RESULTS—siRNA uptake was noted in the liver, kidney, pancreas, spleen and bone marrow by both hydrodynamic and standard IV injection. siRNA uptake was detected in the spleen, liver and bone marrow following IP administration. PR administration resulted in siRNA uptake in the spleen, bone marrow and colon.

CONCLUSION—Our results demonstrate differential siRNA uptake depending on delivery technique. Importantly, our results demonstrate the potential of siRNA as a systemic therapeutic option *in vivo* for selected disease processes.

Keywords

siRNA; hydrodynamic IV injection; delivery methods

INTRODUCTION

RNA interference (RNAi) is a highly conserved, naturally occurring mechanism of gene suppression found in plants, yeast and mammalian cells. Fire et al¹ initially identified double-stranded RNA (dsRNA)-mediated gene silencing in nematodes; subsequent reports have demonstrated functional gene silencing in a variety of organisms.² Since its discovery, RNAi has evolved as a valuable biological tool for gene identification and studying post-transcriptional gene function. Furthermore, RNAi has been proposed as a novel therapeutic modality in the treatment of a variety of inflammatory and neoplastic conditions. Since many

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diseases are fundamentally gene-based, targeting RNA by RNAi offers great therapeutic potential.

RNAi is mediated by naturally occurring endogenous or synthetic exogenous short interfering RNAs (siRNAs) which typically consist of 19- to 28-nucleotide duplexes with 2- to 4-nucleotide overhangs at the 3' ends.³⁻⁵ Initially, long dsRNA is recognized and cleaved by the RNase III enzyme Dicer into 21- to 24-nucleotide duplexes of siRNA.³⁻⁵ The antisense siRNA strand is incorporated into the RNA-induced silencing complex (RISC) which then targets complementary mRNA sequences in the cytoplasm. mRNA is then cleaved by RNase at sites not bound by siRNA thus preventing protein translation.

RNAi therapy offers a number of unique features over traditional chemical inhibitors including a high degree of sequence specificity, high efficacy and the potential to target a multitude of genes.^{4, 5} However, one major hurdle to the clinical use of siRNA-based therapies has been its delivery to target cells. Although unprotected, or naked siRNA is able to penetrate cell membranes when injected locally, it is rapidly degraded by plasma nucleases and excreted by the kidney with systemic *in vivo* delivery. Recent studies have focused on modifying siRNA for tissue delivery including the use of viral and bacterial vectors, nanoparticle technology and liposomal envelopes. Additional concerns have been raised with regards to off-target and nonspecific side effects with the use of systemic siRNA therapy. Gene silencing in non-target tissues has the potential to perturb normal cellular functions leading to undesirable side effects. Most studies using siRNA to date have focused on local delivery to target organs. Reich et al⁶ demonstrated effective siRNA targeting of vascular endothelial growth factor (VEGF) in the retina as a potential treatment for age-related macular degeneration. Zhang et al⁷ and Bitko et al⁸ in separate studies reported effective inhibition of the respiratory syncytial virus (RSV) by intranasal siRNA delivery. Finally, Dorn et al⁹ demonstrated effective treatment of chronic neuropathic pain by intrathecal administration of siRNA. Despite these reports of successful site-specific effects of siRNA, few investigators have reported systemic delivery of siRNA *in vivo*.

McCaffrey et al¹⁰ first reported the use of hydrodynamic IV tail vein injections for the delivery of siRNA to the liver. Subsequently, our laboratory was among the first to report effective siRNA delivery and gene silencing *in vivo* utilizing this technique^{11, 12}. However, little is known regarding the efficacy of other siRNA delivery methods. Therefore the purpose of our current study was to compare and contrast siRNA uptake *in vivo* utilizing one of four delivery methods: 1) hydrodynamic IV tail vein injection, 2) standard IV tail vein injection, 3) intraperitoneal (IP) injection and 4) rectal administration.

MATERIALS AND METHODS

siRNA, reagents and antibodies

siSTABLE *in vivo* SMARTpool siRNA and regular SMARTpool reagents for DY547-labeled non-target control (NTC) and p85 α siRNA duplexes were designed and synthesized by Customer SMARTpool siRNA Design from Dharmacon (Lafayette, CO). siSTABLE *in vivo* duplex is chemically modified to extend siRNA stability *in vivo*. TransIT In Vivo Gene Delivery System for p85 α was purchased from Mirus (Madison, WI). DOTAP liposomal transfection reagent was obtained from Roche Diagnostics (Indianapolis, IN). Hoescht stain and all other molecular biology grade reagents were purchased from Sigma-Aldrich (St. Louis, MO).

Animals and experimental design

Female Swiss-Webster mice (4-6 wks old; 20-25 grams) were obtained from Harlan-Sprague Dawley (Indianapolis, IN) and housed in an environment with controlled temperature (22°C), humidity, and a 12 h light/dark cycle. The mice were fed standard chow (Formula Chow 5008; Purina Mills, St. Louis, MO) and tap water *ad libitum* and allowed to acclimate for 1 wk. All studies were approved by the Institutional Animal Care and Use Committee of UTMB.

Animals were randomized into 20 groups to receive DY547-labeled NTC (2 mice/group) or Rhodamine-labeled p85 α (3 mice/group) siSTABLE siRNA (20 μ g/mouse) mixed with DOTAP liposomal transfection reagent via one of four delivery methods: 1) hydrodynamic IV tail vein (1000 μ l), 2) standard IV tail vein (200 μ l), 3) IP injection (200 μ l) or 4) administration per rectum (PR) (100 μ l). Control mice (1 mouse/group) were treated with Hanks Buffered Saline mixed with DOTAP and delivered by one of the four delivery methods. Briefly, for hydrodynamic and standard IV injection, the lateral tail vein was cannulated with a 27 gauge needle as we have previously described.¹² IP injections were administered by injecting siRNA into the right lower abdominal compartment to avoid organ injury. PR administration was accomplished by using a 25 gauge angiocatheter into the rectum. Mice were sacrificed at 4 and 24 h after DY547-labeled NTC siRNA injection and 24 h after Rhodamine-labeled p85 α siRNA injection. Brain, heart, lung, liver, spleen, stomach, pancreas, small intestine, colon, adrenals, kidney, bone marrow and skin were immediately removed and flash frozen in liquid nitrogen. Tissues were stored at -80°C and analyzed within 1wk.

Tissue processing

Tissues were embedded in Optimal Cutting Temperature compound (OCT; Tissue Tek) and sections (5 μ m) were cut from the blocks and immediately fixed in cold 70% ethanol. Slides were then stained with Hoescht stain (1:5000 dilution) and washed in PBS. Tissue samples were then examined with an Olympus BX51 microscope (Olympus, Central Valley, PA) and images were processed using Olympus DP Manager and DP Controller software (Olympus, Central Valley, PA). Image fluorescence was assessed using Adobe Photoshop® v.8 software. Briefly, 3 separate images from each animal were merged and photographed from randomly selected tissue sections. Three images were then randomly selected and analyzed by red-channel pixel counts using imaging software. The number of red pixels was averaged for each tissue and delivery method and compared to control images of the same tissue. siRNA uptake was quantified as fold-change as compared to control treated animals.

RESULTS

siRNA tissue uptake following hydrodynamic intravenous (IV) injection

At 4h following hydrodynamic IV tail vein injection of DY547-labeled NTC, siRNA uptake was noted in the liver, spleen, pancreas, kidney, adrenal gland and bone marrow (Fig. 1). A strong fluorescent signal was noted in the liver, spleen and bone marrow whereas the pancreas and kidney showed weaker uptake. siRNA uptake in the liver was localized in a periportal distribution; there was diffuse distribution in the spleen and bone marrow. A weak fluorescent signal was detected in the adrenal gland, mainly localized in the cortex, when compared to control injections (Fig. 1). Table 1 summarizes the fold change in fluorescence as compared to control tissues. At 24h, DY547-labeled NTC siRNA uptake was again detected in the liver, spleen, kidney and bone marrow. No fluorescent signal was detected in the pancreas and adrenal gland at 24h (Fig. 2). Table 2 summarizes the fold change in fluorescence at 24h as compared to control tissues. Rhodamine-labeled p85 α siRNA was utilized to further assess siRNA uptake in tissues at 24h and to allow for determination of protein suppression. Similar to DY547-labeled NTC siRNA, rhodamine-labeled p85 α siRNA uptake was again detected in the liver, spleen, kidney and bone marrow (Fig. 3). Unlike DY547-labeled NTC treatment, rhodamine-

labeled p85 α siRNA uptake was detected in the pancreas at 24h. No uptake was noted in the brain, heart, lungs, stomach, small bowel, adrenal, colon or skin at either 4 or 24h following DY547-labeled NTC or rhodamine-labeled p85 α siRNA treatment. Furthermore, no fluorescent signal was noted in any organ following control treatment.

siRNA tissue uptake following standard IV tail vein injection

Similar to hydrodynamic IV injection, DY547-labeled siRNA uptake was noted in the liver, spleen, kidney and bone marrow at 4h; however, the overall signal was weaker (Fig. 1). Minimal DY547-labeled siRNA uptake was detected in the pancreas and adrenal. At 24h following DY547-labeled NTC siRNA injection, a fluorescent signal was still present in the liver and spleen; however, the fluorescent signal was diminished in the kidney and bone marrow (Fig. 2). Minimal to no uptake was noted in the pancreas at 24h. Rhodamine-labeled p85 α siRNA fluorescence was detected in the liver, spleen, pancreas, kidney and bone marrow at 24h (Fig. 3). No siRNA signal was detected in other tissues or after control treatment.

siRNA tissue uptake following intraperitoneal (IP) injection

DY547-labeled NTC siRNA uptake was noted in the liver, spleen and bone marrow at 4h after IP injection (Fig. 1). The signal in the liver and bone marrow was weak however. At 24h, the fluorescent signal in the spleen remained strong and the signal in the bone marrow showed increased intensity (Fig. 2). The signal in the liver at 24h was minimal, but still present compared to control treatment. Similarly, rhodamine-labeled p85 α siRNA uptake was noted in the liver, spleen and bone marrow (Fig. 3). The fluorescent signal in the liver was much stronger following rhodamine-labeled p85 α treatment. No siRNA signal was detected in the remaining tissues or after control treatment.

siRNA tissue uptake following rectal (PR) administration

Rectal administration of DY547-labeled NTC siRNA at 4h demonstrated uptake in the spleen and minimal uptake in the bone marrow (Fig. 1) and colon (Fig. 4). At 24h, siRNA uptake was again detected in the spleen, bone marrow (Fig. 2) and the colon (Fig. 4) with a stronger fluorescent signal. Additionally, minimal siRNA uptake was detected in the liver at 24h. Weak rhodamine-labeled p85 α siRNA uptake was detected in the spleen (Fig. 3) and colon (Fig. 4) at 24h. No siRNA uptake was noted in the remaining tissues or after control treatment.

DISCUSSION

RNA interference offers great clinical potential as a therapeutic modality especially for a variety of inflammatory and neoplastic conditions. However, one major obstacle remains effective systemic delivery. When administered into the bloodstream, siRNA is rapidly degraded by plasma nucleases and excreted by the kidneys.⁴ Efforts have focused on modifying siRNA for systemic tissue delivery utilizing various vectors and chemical modification. In our current study, we have utilized siRNA encapsulated in the cationic liposomal agent DOTAP to enhance tissue delivery. Sorensen et al¹⁵ previously demonstrated effective suppression of TNF α *in vivo* using DOTAP encapsulated siRNA. Higher levels of siRNA were noted in ovarian tumors when DOTAP was used compared to naked (unmodified) siRNA.¹⁶ Undoubtedly, the type of vehicle utilized for siRNA delivery will affect tissue uptake and will require further refinement before clinical use.

The aim of *in vivo* systemic delivery is to target specific tissues while minimizing “off-target” or unintended tissue side effects. We have demonstrated effective delivery of DOTAP encapsulated siRNA to the murine liver, spleen, pancreas, kidney, adrenals and bone marrow by the use of hydrodynamic IV tail vein injections. Our laboratory has also utilized this method to deliver siRNA targeting the phosphatidylinositol 3-kinase (PI3K) pathway in the pancreas

and in colon cancers.^{11, 12} Effective knockdown of gene expression by siRNA has been demonstrated in the murine liver and lung utilizing this delivery method.¹⁷⁻¹⁹ Hydrodynamic IV injections require large volumes administered at high pressure over a short period of time. One major criticism of this delivery method is the difficulty in applying this technique to human use. The large volume required and the rapidity of the injection could potentially result in volume overload.

Similar to our results with hydrodynamic IV administration, standard IV injection of siRNA resulted in uptake in the liver, spleen, pancreas, kidney, bone marrow and adrenals. However, the fluorescent signal was weaker in these tissues when compared to hydrodynamic IV injection. Previous studies have demonstrated success with standard IV injection of siRNA with tissue distribution noted in the liver, kidney, lung endothelium and jejunum.²⁰⁻²² While we did not detect siRNA uptake in the lung or small intestine following standard IV injections, our results corroborate these findings in the liver and kidney. Our results, demonstrating effective uptake in the pancreas, are also consistent with the literature. Bradley et al²³ recently reported successful *in vivo* delivery of siRNA to the pancreas by standard IV tail vein injections. To our knowledge, other investigators have not reported siRNA uptake in the adrenals or bone marrow by standard IV injection. Despite the weaker siRNA uptake with standard IV administration, these results suggest that this technique is still effective and may offer a potential route for systemic therapeutic use.

Few previous reports have focused on siRNA delivery via the intraperitoneal route. We have demonstrated strong siRNA uptake by the spleen and weak uptake by the liver and bone marrow by this method. Urban-Klein et al²⁴ previously reported radioactive-labeled siRNA uptake in murine muscle and tumor tissue after IP injection; little uptake was noted in the liver or kidney. Landen et al¹⁶ demonstrated siRNA uptake *in vivo* in ovarian tumor tissue, liver, kidney, heart and lung tissue after IP delivery. However, these studies utilized a polyethylenimine/siRNA complex and the neutral liposomal carrier agent (DOPC), respectively, which may account for differences in tissue uptake noted in these studies. Apart from the noted uptake in the bone marrow, we did not observe any uptake in extra-abdominal organs by IP administration. IP administration may therefore be a potential strategy for treatment of intra-abdominal pathologies.

Similar to previous studies of local delivery, we have shown uptake of siRNA in the colon by rectal administration. Additionally, we noted uptake in the spleen and bone marrow with this method. There was minimal uptake of DY547-labeled NTC siRNA in the colon at 4h; the fluorescent signal was more intense at 24h. The spleen showed moderate uptake as early as 4h by PR administration and the signal remained strong at 24h suggesting rapid uptake by the spleen using a variety of systemic delivery methods. Zhang et al²⁵ recently reported the effective use of PR-administered siRNA targeting TNF α in a murine colitis model. One potential problem with this delivery method is the volume of injection and the time of tissue exposure. More frequent administration may be required to achieve satisfactory colonic cell uptake by siRNA. Furthermore, utilizing different liposomal envelope carriers may also achieve greater tissue uptake. Similar to IP administration, the PR route demonstrated no significant extra-abdominal tissue delivery suggesting that it may be a potential therapeutic option for inflammatory and neoplastic conditions of the colon.

In summary, DY547-labeled NTC and rhodamine-labeled p85 α siRNA uptake was noted in the liver, pancreas, spleen, kidney, adrenal and bone marrow following hydrodynamic and standard IV tail vein injection whereas IP injection showed strong uptake in the spleen and weaker uptake in the liver and bone marrow. PR administration resulted in uptake in the spleen with weak siRNA uptake in the colon and bone marrow. We detected minimal to no uptake in the brain, heart, lungs, stomach, small bowel or skin by any of the four methods tested.

Importantly, our results demonstrate differential siRNA uptake in various organs depending on the delivery technique. These analyses are critical prior to the consideration of clinical studies utilizing systemic siRNA as treatment. With the development of more effective reagents to facilitate tissue uptake, it is anticipated that treatment strategies utilizing siRNA to knockdown gene expression will be an effective clinical option for certain disease processes.

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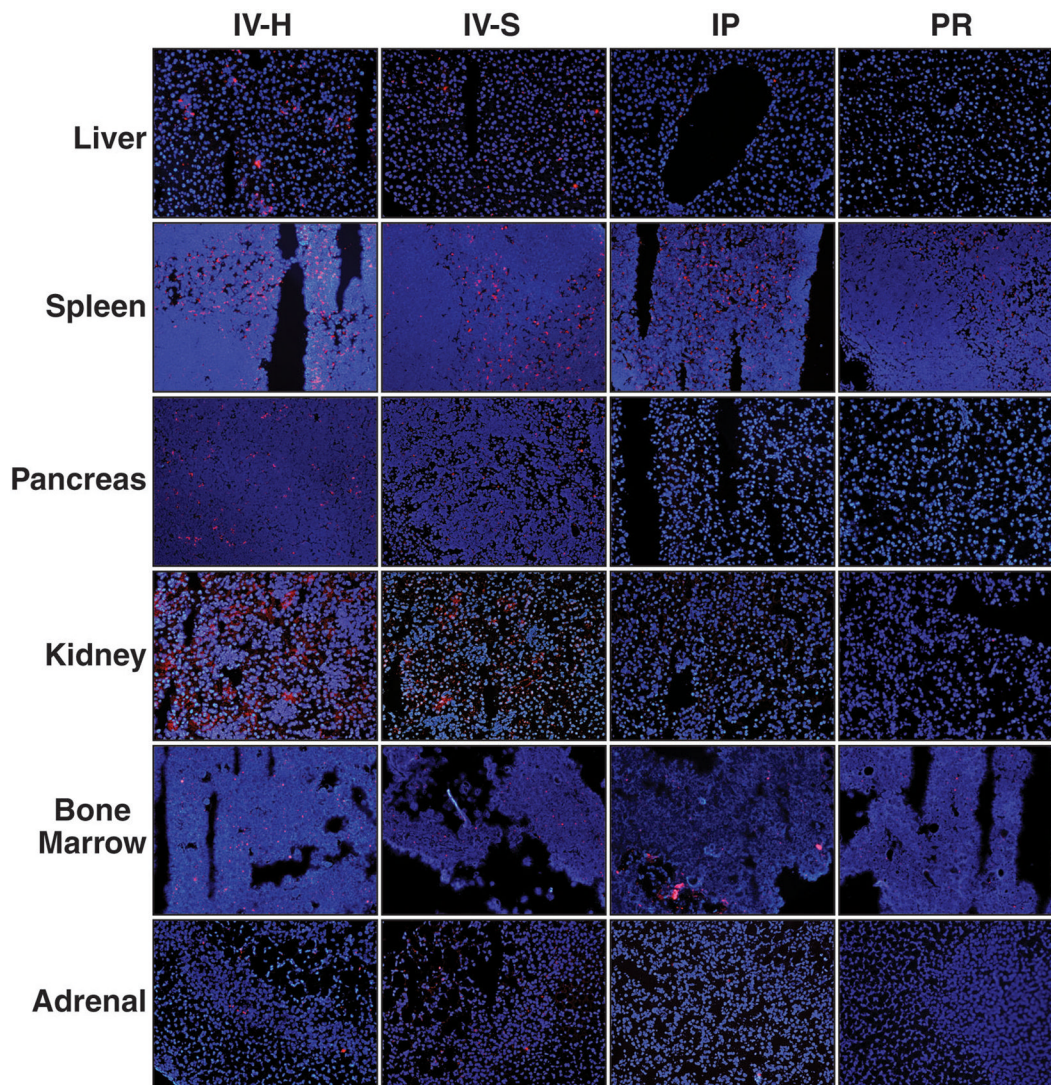


Figure 1

Figure 1. Representative tissue uptake of DY547-labeled NTC siRNA at 4h compared by delivery method

siRNA uptake, as represented by DY547 fluorescence (red), was analyzed 4h following delivery by one of four techniques. Cell nuclei (blue) were counterstained with Hoescht stain. Tissues samples from 13 different organ systems were collected at the time of animal sacrifice, flash frozen and frozen sectioned. Tissues were analyzed using fluorescent microscopy utilizing the same microscope settings for each set of tissues. Representative images of the liver, spleen, pancreas, kidney, bone marrow and adrenal are shown here (magnification = 200x for all images). Strong DY547 fluorescence was noted in the spleen by hydrodynamic, standard and intraperitoneal injection. Fluorescence was noted in kidney and adrenal tissue following both IV techniques only. Images were analyzed by the number of red channel pixels detected using Adobe Photoshop® v.8 software; images were compared to control treated tissues. (IV-H = hydrodynamic IV injection; IV-S = standard IV injection; IP = intraperitoneal administration; PR = rectal administration).

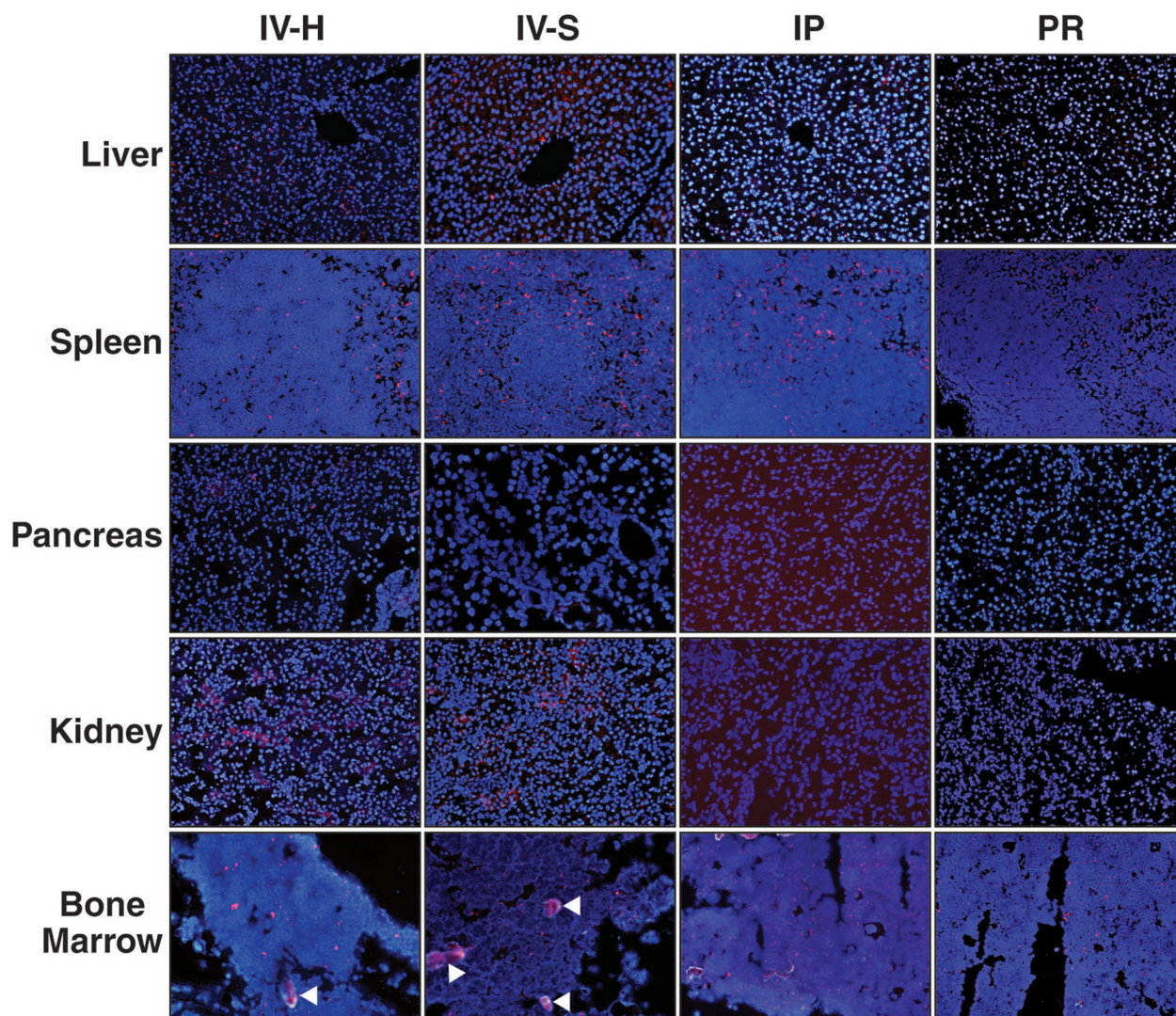


Figure 2

Figure 2. Representative tissue uptake of DY547-labeled NTC siRNA at 24h compared by delivery method

siRNA uptake, as represented by DY547 fluorescence (red), was analyzed 24h following delivery by one of four techniques. Cell nuclei (blue) were counterstained with Hoescht stain. Tissues samples were again collected at the time of animal sacrifice, flash frozen and frozen sectioned. Tissues were analyzed using fluorescent microscopy utilizing the same microscope settings for each set of tissues. Representative images of the liver, spleen, pancreas, kidney and bone marrow are shown here (magnification = 200x for all images). DY547 fluorescence was detected in the liver and spleen with all four techniques. The liver showed moderate DY547 fluorescence in the liver with hydrodynamic and standard IV injection; weak uptake was noted with IP and PR administration. DY547 fluorescence was strongest in the spleen with each delivery method. The white arrowheads denote artifact/autofluorescence in the bone marrow images. Images were analyzed by the number of red channel pixels detected using Adobe Photoshop® v.8 software; images were compared to control treated tissues. (IV-H = hydrodynamic IV injection; IV-S = standard IV injection; IP = intraperitoneal administration; PR = rectal administration).

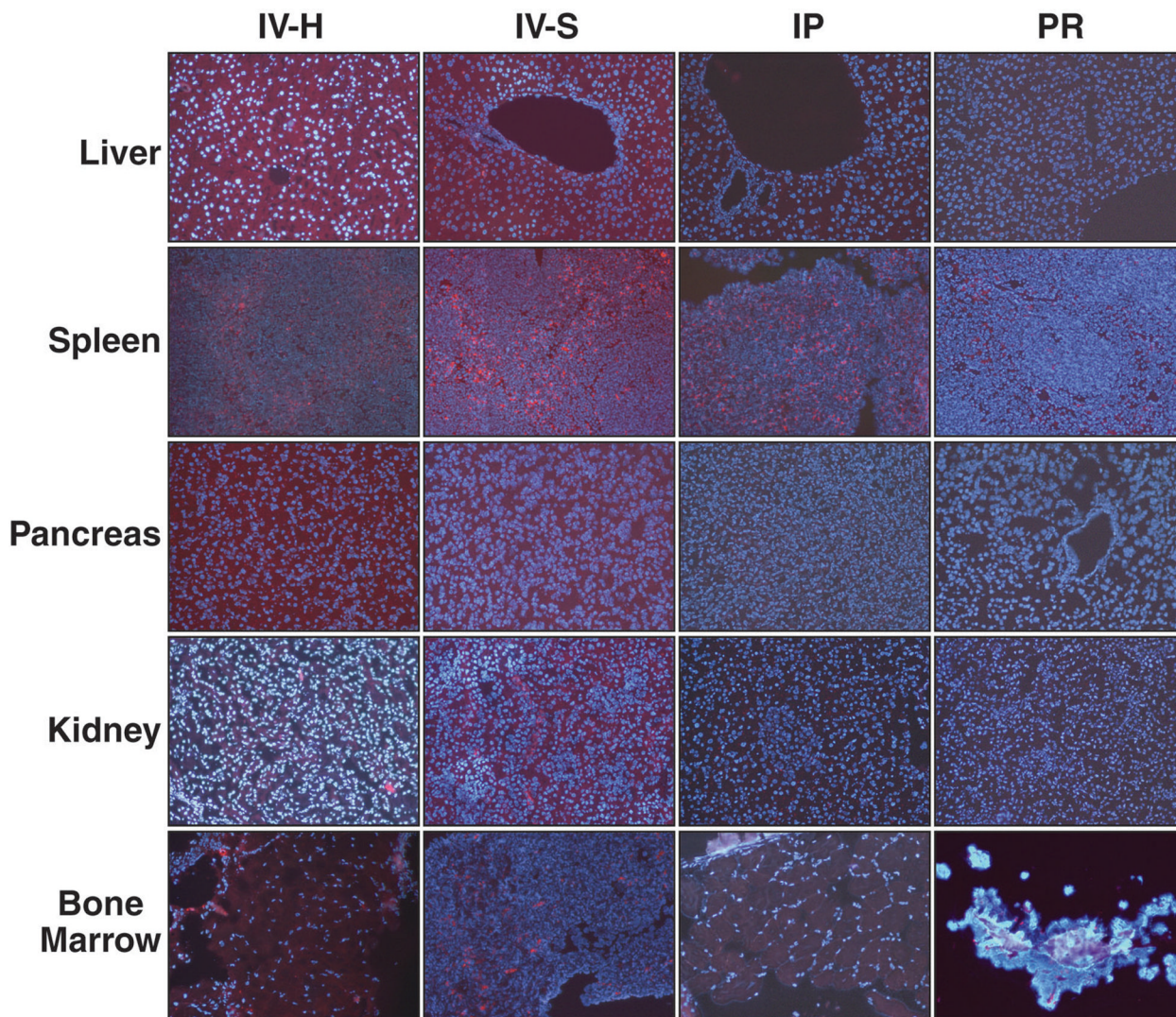


Figure 3

Figure 3. Representative tissue uptake of rhodamine-labeled p85 α siRNA at 24h compared by delivery method

siRNA uptake, as represented by rhodamine-fluorescence (red), was analyzed 24h following delivery by one of four techniques. Cell nuclei (blue) were counterstained with Hoescht stain. Tissues were collected and processed as previously described. Representative images of the liver, spleen, pancreas, kidney and bone marrow are shown here (magnification = 200x for all images). Rhodamine fluorescence was detected in the liver, spleen, pancreas, kidney and bone marrow following hydrodynamic and standard IV injection. Rhodamine fluorescence was detected in the liver and spleen following intraperitoneal injection. Minimal to no rhodamine fluorescence was detected in control tissues. (IV-H = hydrodynamic IV injection; IV-S = standard IV injection; IP = intraperitoneal administration; PR = rectal administration).

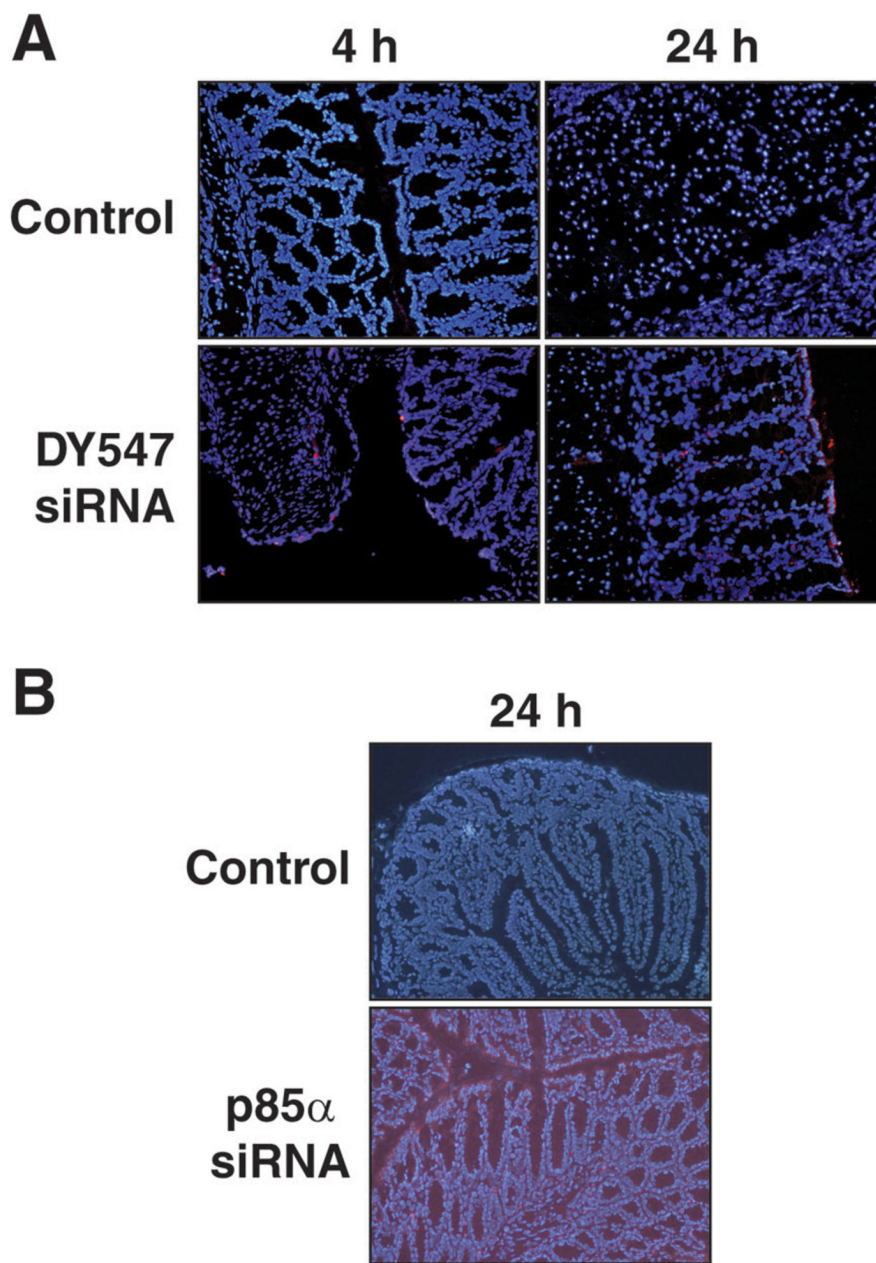


Figure 4

Figure 4. siRNA uptake in the colon by rectal (PR) administration

(A) Representative photographs of colon tissue at 4 and 24h following rectal administration of DY547-labeled NTC siRNA (magnification = 200x for all images). DY547 fluorescence (red) is noted in the colon at 4 and 24h as compared to control treatment (top row). Control tissue (no siRNA; DOTPA and HBS solution only) showed minimal to no fluorescence. Cell nuclei were counterstained with Hoescht stain and appear blue. Tissues were collected and processed as previously described. Images were analyzed by the number of red channel pixels detected using Adobe Photoshop® v.8 software; images were compared to control treated tissues. (B) Representative photographs of colon tissue at 24h following rectal administration of rhodamine-labeled p85 α siRNA (magnification = 200x). Rhodamine fluorescence is noted in

the colon in the epithelium as well as the crypts. No fluorescence was noted in the control treatment (no siRNA; DOTAP and HBS solution only). Cell nuclei (blue) were counterstaining with Hoescht stain.

Table 1

Comparison of DY547-labeled NTC siRNA tissue uptake based on fluorescent intensity at 4h as compared to control treated tissues.

	IV-Hydro	IV-Std.	IP	PR
Liver	++	+	+	-
Spleen	+++	++	+++	+
Pancreas	+	+	-	-
Kidney	++	++	-	-
Bone Marrow	++	+	+	+
Adrenal gland	+	+	-	-

(- = Absent uptake; + = $\geq 1.5 - 2$ fold change as compared to control; ++ = $\geq 2 - 3$ fold change; +++ = ≥ 3 fold change)

Table 2

Comparison of DY547-labeled NTC siRNA tissue uptake based on fluorescent intensity at 24h as compared to control treated tissues.

	IV-Hydro	IV-Std.	IP	PR
Liver	++	++	+	+
Spleen	+++	++	++	++
Pancreas	-	-	-	-
Kidney	++	+	-	-
Bone Marrow	+	+	+	+

(- = Absent uptake; + = $\geq 1.5 - 2$ fold change as compared to control; ++ = $\geq 2 - 3$ fold change; +++ = ≥ 3 fold change)