# The $\beta$ -Strand-Loop- $\beta$ -Strand Conformation Is Marginally Populated in $\beta_2$ -Microglobulin (20–41) Peptide in Solution as Revealed by Replica Exchange Molecular Dynamics Simulations

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ABSTRACT Solid-state NMR study shows that the 22-residue K3 peptide (Ser<sup>20</sup>-Lys<sup>41</sup>) from  $\beta_2$ -microglobulin ( $\beta_2$ m) adopts a  $\beta$ -strand-loop- $\beta$ -strand conformation in its fibril state. Residue Pro<sup>32</sup> has a *trans* conformation in the fibril state of the peptide, while it adopts a *cis* conformation in the native state of full-length  $\beta_2$ m. To get insights into the structural properties of the K3 peptide, and determine whether the strand-loop-strand conformation is encoded at the monomeric level, we run all-atom explicit solvent replica exchange molecular dynamics on both the *cis* and *trans* variants. Our simulations show that the conformational space of the *trans*-and *cis*-K3 peptides is very different, with 1% of the sampled conformations in common at room temperature. In addition, both variants display only 0.3–0.5% of the conformations with  $\beta$ -strand-loop- $\beta$ -strand character. This finding, compared to results on the Alzheimer's A $\beta$  peptide, suggests that the biases toward aggregation leading to the  $\beta$ -strand-loop- $\beta$ -strand conformation in fibrils are peptide-dependent.

## INTRODUCTION

Protein aggregation plays a key role in many neurodegenerative diseases. For example, aggregates of the 40-residue A $\beta$ -amyloid, the 210-residue prion, and the 99-residue  $\beta_2$ -microgobulin are linked to Alzheimer's and Creutzfeldt-Jakob diseases, as well as dialysis-related amyloidosis, respectively. These proteins lack significant sequence identity and length similarity, yet they all form amyloid fibrils with a similar cross- $\beta$  structure (1), suggesting the existence of a common assembly mechanism controlling the formation of these structures. Because the oligometric species en route to fibril are transient, however, a detailed knowledge of their structures at the atomic level is still missing. Nevertheless, indirect evidence point to universal properties. For instance, it has been established that some unknown species are toxic and share similar morphological features based on antibody recognition experiments (2,3).

The human  $\beta_2$ m(1–99) protein has five proline residues, with Pro<sup>32</sup> adopting a *cis* conformation in the native state (4). In patients with chronic renal failure, as a result of long-term dialysis, the full-length protein aggregates into amyloid fibrils that often deposit on osteoarticular tissues, inducing severe bone/joint complications. It is well established that transition from the immunoglobulin fold in solution to the fibril state involves a *cis-trans* isomerization (5,6) and a nativelike, marginally populated intermediate with a *trans*-Pro<sup>32</sup> appears to be a key precursor to fibril formation (7).

Recently, the 22-residue K3 peptide (Ser<sup>20</sup>-Lys<sup>41</sup> fragment from human  $\beta_2$ m(1–99) protein) was found to form amyloid

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fibrils in vitro (8,9). The 3D-structure reconstruction, based on solid-state NMR experiments (10), suggests that K3 fibrils consist of two-layered, parallel, and staggered  $\beta$ -sheets. In the fibrils, K3 folds into a  $\beta$ -strand (Asn<sup>21</sup>-Ser<sup>28</sup>)-loop (Gly<sup>29</sup>-Pro<sup>32</sup>)- $\beta$ -strand (Ser<sup>33</sup>-Lys<sup>40</sup>) conformation as in the native full-length protein, and the residues Phe<sup>22</sup>, Asn<sup>24</sup>, Tyr<sup>26</sup>, and Ser<sup>28</sup> are buried in the fibril while they are exposed to the surface in the native state.

Remarkably, the strand-loop-strand conformation is shared by many other peptides in their fibrillar states, for example the Alzheimer's  $A\beta(1-40)$  (11) and  $A\beta(1-42)$  peptides (12), the HET-s fragment (13), the second WW domain of human CA150 transcriptional activator (14), and a 19-residue fragment of the murine prion protein (15). This observation raises the possibility that the strand-loop-strand could be a marginally populated structure in solution, acting as an aggregationprone building block for fibril assembly. Such a hypothesis has been proposed for A $\beta$ (10–35) and is still a matter of debate. As we know, this peptide was described as random coil in solution from NMR. A transient hairpinlike strand-loopstrand, satisfying most of the NOE in solution (16), however, was recently observed in a 1.2  $\mu$ s molecular dynamics (MD) trajectory at low pH (17). Because of the sampling limitations of MD, it is not clear whether this state is stable or only transient.

One of the main features of the K3 fibril is the presence of a *trans* His<sup>31</sup>-Pro<sup>32</sup> peptide bond, while the corresponding bond in the native  $\beta_2 m(1-99)$  has a *cis* conformation. Although the relation between isomerization and amyloid structure is not clear, protein self-assembly with *cis-trans* proline isomerization has been discussed recently for the yeast prion protein Ure2 (18) and human cystatin C, the key protein in cerebral amyloid angiopathy (19). Increased interest in pro-

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line isomerization also comes from the recent finding that in Alzheimer's disease the prolyl isomerase Pin1 regulates amyloid precursor protein processing and amyloid- $\beta$  production (20). Therefore, characterizing the free energy landscape of the *trans*-K3 and *cis*-K3 peptides in their monomeric states could provide insights into their structural differences in solution, and help develop a first qualitative picture of their differences in aggregation-prone properties.

In this study, we first examine the stability of a protofibril model using all-atom explicit solvent MD simulations with the Pro<sup>32</sup> amino acid either in *trans* (as determined by the NMR chemical-shift data) or in *cis* conformations. Next, we use replica exchange molecular dynamics (REMD) simulations to explore the equilibrium structures of the *trans*-Pro<sup>32</sup> and *cis*-Pro<sup>32</sup> K3 peptides in solution. REMD is an enhanced sampling protocol and provides a better exploration of conformational space than long MD simulations (21–24).

#### MATERIALS AND METHODS

The amino-acid sequence of K3 peptide is SNFLNCYVSGF**HP**SDIEV-DLLK. The residues involved in *cis/trans* isomerization are indicated in bold. To mimic the experimental acid conditions of pH <2.5, the side chains of Cys, Tyr, His, Glu, Asp, and Lys (Cys<sup>0</sup>, Tyr<sup>0</sup>, His<sup>+</sup>, Glu<sup>0</sup>, Asp<sup>0</sup>, and Lys<sup>+</sup>) and the N- and C-termini (NH<sup>3+</sup>, COOH) are protonated. The net charge of the peptide is +3. In all simulations, water is treated by the simple point charge model (25).

## K3 protofibril

Two 40-ns MD simulations of the K3 protofibrils with the peptide in *trans*-Pro<sup>32</sup> and *cis*-Pro<sup>32</sup> conformations are performed using periodic boundary conditions in a rectangular water box. The protofibril model consists of eight peptides in a bilayer, parallel  $\beta$ -sheet, with each sheet being modeled by eight parallel  $\beta$ -strands. The initial intersheet C $\alpha$ -C $\alpha$  distance is set to 0.95 nm. Both the *trans*-K3 and *cis*-K3 protofibrils are solvated by 14,000 water molecules. The box dimensions are 7 nm × 8 nm × 8.2 nm.

#### K3 monomer

The structure of the *cis*-K3 peptide, taken from the full-length human protein (PDB code: 1JNJ (4)), is subject to a 10-ns MD simulation at 500 K. The final resulting structure shows no correlation with the initial state and is used as the starting point for the *cis*-K3 REMD simulation. The *trans*-K3 structure is taken from the fibril model of Goto et al. (PDB code: 2E8D (10)) and is also subject to a 10-ns MD run at 500 K. The final conformation is used as the initial state of the *trans*-K3 REMD simulation.

The peptides are solvated in a truncated octahedron box of 6000 water molecules (the minimum distance between the peptide and the box wall is 1.0 nm) and simulated using periodic boundary conditions. Before REMD production, a 1000-step steepest-descent minimization and MD equilibration of 1 ns are performed at each desired temperature.

#### MD and REMD simulations

MD simulations are performed in the NPT ensemble using GROMACS software (26) and OPLS-AA force field (27). The SETTLE algorithm is used to constrain the bond lengths and bond angles of water molecules. The bond lengths of the peptide are constrained by the LINCS algorithm. This allows

an MD integration time step of 2 fs. A twin-range cutoff 1.0/1.4 nm is used for the nonbonded interactions, and a reaction-field correction with dielectric permittivity  $\epsilon = 80$  is used to calculate long-range electrostatics interactions. The temperature is controlled using the Berendsen method (28) with a coupling constant of 0.1 ps. The solute and solvent are separately coupled to external temperature and pressure baths. The pressure is kept constant at 1 bar using a coupling time of 1 ps (28).

REMD simulations are carried out in the NVT ensemble using 64 replicas, each of 82 ns, at temperatures exponentially spaced between 275 K and 475 K. The swap time between neighboring replicas is 1 ps and the acceptance ratio varies between 16% and 28%. In the REMD analysis, the first 22 ns of each replica are discarded. Clustering of the structures is carried out using the GROMOS method with a RMSD cutoff of 0.3 nm for residues 22–39. Secondary structure composition is calculated on the full sequence using the PROSS program (29).

## RESULTS

# OPLS force field recognizes native from nonnative protofibrils on short timescales

Based on the protofibril designed by Goto et al. (10) for the trans-K3 peptide, we construct a protofibril model for the cis-K3 peptide. Because of finite-size effects, we monitor the time evolution of several parameters involving the four central units of both layers. In Fig. 1 a, we see that for trans-K3 the C $\alpha$  RMSD increases progressively in the first 20 ns and then stabilizes at  $\sim 0.3$  nm within the present 40-ns timescale. The RMSD profile for the *cis*-K3 protofibril is significantly different: a rapid increase to 0.38 nm in the first 3 ns followed by fluctuations  $\sim 0.45$  nm. Higher stability in the *trans* peptide is also seen in the time evolution of the number of intermolecular main chain H-bonds (Fig. 1 b) and intermolecular side-chain atomic contacts (Fig. 1 c). Here, a hydrogen bond (H-bond) is taken as formed if the donor-acceptor distance is <0.35 nm and the donor-hydrogen-acceptor angle is  $>150^{\circ}$ , and two heavy atoms are in contact if their distances come within 0.54 nm. Time evolution of all parameters used indicates higher stability of the K3 fibril with the trans His<sup>31</sup>-Pro<sup>32</sup> peptide bond on a 40-ns timescale. We recognize that force fields may lead to different results on long timescales, but  $\mu$ s simulations of fibrils are still out-of-reach.

# Free energy landscapes of the *trans*- and *cis*-K3 peptides in solution

To probe the conformational space of the *trans* and *cis* isomers, each peptide is subject to a REMD run starting from a distinct point, shown in Fig. 2 a. A sufficient sampling requires the trajectories to visit most/all of the available conformational space.

Convergence of REMD runs is first examined by comparing the  $\beta$ -strand probability of each residue at 298 K for both peptides using four independent time intervals 2–22, 22–42, 42–62, and 62–82 ns. As seen in the Supplementary Material Data S1, Fig. S1, while the four distributions superpose well for the amino acids 21–23 and 29–40 in



FIGURE 1 MD simulations of the *trans*-K3 and *cis*-K3 protofibrils. Both models are shown in panel *a*. The parameters used for comparison are calculated using the four central units of both sheets. (*b*) C $\alpha$ -RMSD of the four central chains with respect to the MD-generated *trans*- and *cis*-K3 protofibril at 2 ns. Note that the *trans* structure at 2 ns deviates by 0.14 nm from the solid-state NMR-derived model. (*c*) Time evolution of the total number of intermolecular main-chain hydrogen bonds. (*d*) Time evolution of the number of intermolecular side-chain-side-chain atomic contacts between the two groups of residues: Ile<sup>35</sup>, Val<sup>37</sup>, Leu<sup>39</sup> and Phe<sup>22</sup>, Asn<sup>24</sup>, Tyr<sup>26</sup>, and Phe<sup>30</sup>.



FIGURE 2 Initial structures and first convergence test on the REMD runs. (*a*) Initial structures of the *trans-* and *cis-*K3 peptides used for REMD simulations. The position of the C-terminus is indicated. (*b* and *c*) The REMD-averaged  $\beta$ -strand probability of each residue at 298 K using the time intervals: 22–42 ns, 22–62 ns, and 22–82 ns.

*trans*-K3 (Fig. 2 *a*), these profiles evolve considerably in *cis*-K3 (Fig. 2 *a*), in particular between the later intervals 42–62 ns and 62–82 ns and the interval 2–22 ns. The very low  $\beta$ -strand probability profile using 2–22 ns likely results from the strong structural correlation between the starting structures used by all replicas that remains in the first 22 ns. To decrease the bias associated with the initial state, data from 2 to 22 ns are therefore excluded for analysis.

The convergence of the REMD runs is next verified by comparing the  $\beta$ -stand probability of each residue at 298 K using now the cumulative time intervals: 22–42, 22–62, and 22–82 ns. Fig. 2 shows that the proportion of  $\beta$ -strands in the *cis*- and *trans*-K3 peptides reaches a relatively stable distribution after ~62 ns, with deviations being within 4% from 22–62 ns to 22–82 ns for *cis*-K3 (Fig. 2 *b*), and 2% for *trans*-K3 (Fig. 2 *c*), indicating a convergence of the REMD simulations.

We can also see that the simulations have converged by comparing the free energy landscape of the *cis*-K3 peptide for

different durations of the simulation: 22–42 ns (Fig. 3 *a*), 22– 62 ns (Fig. 3 *b*), and 22–82 ns (Fig. 3 *c*). Here, the free energy landscape is projected on the C $\alpha$  radius of gyration and the C $\alpha$ RMSD with respect to the conformation of residues Phe<sup>22</sup>-Leu<sup>39</sup> in the fibril state (Fig. 3 *e*, corresponding to the last frame and Chain C in the PDB code: 2E8D). As seen in Fig. 3, there is little change in the location of the minima and the size of the basins after 62 ns, demonstrating again reasonable convergence of the simulation. Such a long convergence time for the free energy landscape is not surprising, since metastable states can exist that slow down the sampling, as was recently discussed for the monomer of A $\beta$ (1–42) (30).

The secondary structure probability of each residue at 298 K, as assigned by the PROSS program, is shown in Fig. 4. PROSS uses a five-letter code based solely on backbone dihedral angles:  $\beta$ -strand,  $\beta$ -turn, PPII, helix, and coil (29). We recall that the coil character of an amino acid and the random coil character of an equilibrium structure have different meanings, and a protein structure with random coil character contains a low percentage of  $\alpha$ - and  $\beta$ -secondary structures.

Not surprisingly, the greatest impact of *trans/cis*-Pro<sup>32</sup> is observed in the region Ser<sup>28</sup>-Ser<sup>33</sup>, where the difference between the two peptides is striking. *Cis*-K3 displays a negligible  $\beta$ -strand signal and a small PPII content, but a coil content between 70 and 100%. By contrast, *trans*-K3 displays  $\beta$ -strand, PPII, and coil signals. Note that the PPII probability of residue Pro<sup>32</sup> is zero in *cis*-K3 by definition in PROSS. The secondary structure probabilities at 298 K of the amino acids defined at least twice in the sequence are detailed in Data S1, Table S1. While we see small fluctuations between the time probabilities of many amino acids for a secondary structure in *trans*- and *cis*-peptides—5% for  $\beta$ -strand



FIGURE 3 Free energy surfaces (in kcal/mol) of the *trans*- and *cis*-K3 peptides. Evolution of the *cis*-K3 free energy surface using the 22–42 (*a*), 22–62 (*b*), and 22–82 (*c*) ns intervals; free energy surface of the *trans*-K3 peptide using the 22–82 ns interval (*d*). The two reaction coordinates used are the C $\alpha$  radius of gyration and the C $\alpha$ -RMSD with respect to the strand-loop-strand structure in K3 fibril shown in panel *e*. Pro<sup>32</sup> is shown in all-atom representation.



FIGURE 4 Secondary structure probabilities of each residue in the *trans*and *cis*-K3 peptides: (*a*)  $\beta$ -strand, (*b*)  $\beta$ -turn, (*c*) PPII, (*d*) helix, and (*e*) coil using the PROSS program.

and PPII, and 9% for  $\beta$ -turn averaged over 13 amino acids amino acids of the same type such Asn<sup>21</sup> and Asn<sup>24</sup> or Leu<sup>39</sup> and Leu<sup>40</sup> behave differently, indicating that the REMDderived conformational preferences are not systematically individual propensities and thus are context-dependent. For instance, Asn<sup>21</sup> is 1%  $\beta$ -turn, but Asn<sup>24</sup> is 37%  $\beta$ -turn in *trans*.

Overall, both peptides are essentially random in solution, but still display a significant tendency to visit conformations compatible with the native  $\beta 2m(1-99)$  protein and K3 fibril structures. In particular, the  $\beta$ -strand observed with a high probability in regions A and B match exactly the location of the  $\beta$ -strands found in both the native and fibril states.

The free energy landscapes of the *trans*-K3 and *cis*-K3 peptides at 298 K are shown in Fig. 3, *c* and *d*, projected on the two reaction coordinates described above. The locations of the low free energy basins corresponding to the first five most populated clusters are shown, where TCi and CCi (i = 1...5) represent the central structures of the *i*<sup>th</sup> cluster for the *trans*-K3 and *cis*-K3 peptides, respectively.

Comparing the free energy surfaces of *cis*-K3 (Fig. 3 *c*) and *trans*-K3 (Fig. 3 *d*), we observe that the area spanned by the *trans*-K3 peptide is slightly larger than that visited by the *cis*-K3 peptide. The *trans*-K3 appears therefore more flexible and able to visit a wider range of conformations than the *cis*-K3 peptide. This observation is reflected by the result of cluster analysis: the total number of clusters for the *trans*-K3 and *cis*-K3 peptides is 140 and 110 using a C $\alpha$  RMSD cutoff of 0.3 nm for residues 22–39, respectively.

The TCi and CCi structures along with their populations are shown in Fig. 5. These five TCi and CCi states represent 35% and 29% of the total conformations available to the *trans*- and *cis*-K3 peptides, respectively. Residues Ser<sup>28</sup>-Ser<sup>33</sup> are shown by tube representation. Comparing the two sets of centers, we see that 11% and 9% of conformations display  $\beta$ -sheet structure for the *trans*-K3 (TC2 and TC5) and *cis*-K3 (CC1) peptides, respectively. The  $\beta$ -sheet involves Cys<sup>25</sup>-Tyr<sup>26</sup>-Val<sup>27</sup> and His<sup>31</sup>-Pro<sup>32</sup>-Ser<sup>33</sup> in TC2, and Phe<sup>30</sup>-His<sup>31</sup>-Pro<sup>32</sup> and Glu<sup>36</sup>-Val<sup>37</sup>-Asp<sup>38</sup> in TC5. In contrast, the  $\beta$ -sheet spans Leu<sup>23</sup>-Asn<sup>24</sup> and Val<sup>37</sup>-Asp<sup>38</sup> in CC1. Overall, the impact of Pro<sup>32</sup> isomerization on the visited conformations is significant and the *trans*-K3 and *cis*-K3 peptides only share two common clusters, representing a population of 1%, among all those identified in these simulations. Thus, the equilibrated *trans*-K3 and *cis*-K3 peptides visit a very different set of structures at 298 K.

Probability analysis on the structures with  $\beta$ -strand-loop- $\beta$ -strand character shows that the *cis*-K3 peptide populates only 0.3% of the conformations with a C $\alpha$ 22-C $\alpha$ 39 RMSD <0.4 nm from the solid-state NMR-derived structure, and the *trans*-K3 peptide populates 0.5% of the conformations. In this analysis, a strand is considered formed if at least four consecutive residues are assigned in  $\beta$ -strand conformation by PROSS. All these structures display a variety of  $\beta$ -hairpins with various loop lengths and registers of H-bonds.



FIGURE 5 Centers of the first five most-populated structures of the *trans*and *cis*-K3 peptides. Boltzmann population at 298 K is given in parentheses.

Because the strand-loop-strand topology matters more than the exact conformation (17), we also calculate the populations of  $\beta$ -strand-loop- $\beta$ -strand conformations with high RMSD deviations. We find that a population shift to 0% using a C $\alpha$ 22-C $\alpha$ 39 RMSD >0.4 nm, with respect to the solid-state NMR structure.

To probe the effect of the *cis-trans* isomerization on the loop region, the distance distribution between the C $\alpha$  atom of Ser<sup>28</sup> and that of Ser<sup>33</sup> is calculated and shown in Fig. 6. In line with the structure analysis, the *trans*- and *cis*-K3 peptides exhibit a distinct average C $\alpha$ -C $\alpha$  distance between these two residues. The C $\alpha$ 28-C $\alpha$ 33 distance is ~1 nm in both the native  $\beta_2$ m(1–99) and K3 fibrils. Our calculation shows that 27% of *trans*-K3 conformations and 52% of *cis*-K3 conformations display a C $\alpha$ 28-C $\alpha$ 33 distance between 0.8 and 1.2 nm, and the percentage shifts to 12% for *trans*-K3 and 22%



FIGURE 6 Probability distribution of the C $\alpha$ 28-C $\alpha$ 33 distance for the *trans*- and *cis*-K3 peptides.

for *cis*-K3 conformations within  $0.9 \sim 1.1$  nm. Most of these conformations deviate within  $0.1 \sim 0.2$  nm RMSD from the loop conformation in the fibril state.

The impact of proline isomerization on the K3 peptide structures can also be estimated by computing the formation time probabilities of the side-chain-side-chain contacts present in the fibril and native structures. Table 1 gives the list of interactions with native character (Leu<sup>23</sup>-Leu<sup>39</sup>, Cys<sup>25</sup>-Val<sup>37</sup>,  $Val^{27}$ -Ile<sup>35</sup>, Cys<sup>25</sup>-Leu<sup>39</sup>, and Val<sup>27</sup>-Val<sup>37</sup>) and fibril character (Phe<sup>22</sup>-Leu<sup>39</sup>, Asn<sup>24</sup>-Val<sup>37</sup>, Tyr<sup>26</sup>-Ile<sup>35</sup>, Phe<sup>22</sup>-Val<sup>37</sup>, Asn<sup>24</sup>-Ile<sup>35</sup>, and Tyr<sup>26</sup>-Phe<sup>30</sup>). A contact is considered formed when aliphatic carbon atoms of two side chains come to within 0.54 nm of each other. It can be seen from Table 1 that all native and fibril contacts are populated in both the trans and cis predicted equilibrium structures, with formation time probabilities varying between 4% and 21%. This result, along with previous analysis, indicates that neither peptide displays a strong preference for the fibril or the native state. Interestingly, there is very little variation in the surface-accessible area of each amino acid in both cis and trans equilibrium structures (see Data S1, Fig. S2), indicating that neither species is more aggregation-prone than the other by exposing more hydrophobic groups and main-chain amide and carbonyl groups. We cannot therefore explain the preference for the trans conformation in the K3 fibril at the monomeric level, and simulations of higher order species such as dimers and trimers are required.

#### **DISCUSSION AND CONCLUSIONS**

Replica exchange molecular dynamics simulations based on 64 replicas, each of 82 ns, reveal that the K3 peptide exists as an ensemble of heterogeneous conformations at low pH, independently of the *cis/trans* character of the  $His^{31}$ - $Pro^{32}$  peptide bond. This conformational variability is in qualitative agreement with our current structural knowledge of most

TABLE 1 The formation time probabilities of the side-chain-side-chain contacts present in the *trans*- and *cis*-K3 peptides with respect to those in the native structure of the full-length  $\beta_2$ m protein and the K3 fibril

		trans-K3	cis-K3
Native co	ontact		
1	L23-L39	21%	17%
2	C25-V37	5%	10%
3	V27-I35	4%	7%
4	C25-L39	12%	12%
5	V27-V37	4%	5%
Fibril con	itact		
1	F22-L39	18%	12%
2	N24-V37	6%	9%
3	Y26-I35	8%	10%
4	F22-V37	19%	17%
5	N24-I35	7%	6%
6	Y26-F30	21%	24%

amyloid-forming peptides in solution, such as  $A\beta(10-35)$ and  $A\beta(1-40)$ . Our simulations clearly indicate that the isomerization state of the His<sup>31</sup>-Pro<sup>32</sup> peptide bond leads to two distinct ensemble averages, with only 1% of the conformations being in common. Both peptides display a 10–20%  $\beta$ -strand content at positions Asn<sup>21</sup>-Val<sup>27</sup> and Asp<sup>34</sup>-Leu<sup>40</sup>, where the  $\beta$ -strands forms in both the K3 fibril and the native full-length  $\beta_2$ m protein, but overall both peptides are essentially random coil in character.

The trans-K3 peptide is found to be much more flexible than its cis-counterpart, which is reflected by a larger number of clusters and a larger free energy landscape. The landscapes differ because the *cis* His<sup>31</sup>-Pro<sup>32</sup> peptide bond affects the dimensions of the chain locally, leading to a decreased average distance between  $\text{Ser}^{28}$  and  $\text{Ser}^{33}$ . This effect of *cis* isomerization on the probability distribution of the C $\alpha$ 28- $C\alpha 33$  distance is fully consistent with recent all-atom simulations of the proline-containing (Ser)<sub>3</sub>-Pro-(Ser)<sub>3</sub> peptide, which show, using a hard-sphere model, that *cis* prolyl isomers has a largely restricted conformational space and shorter end-to-end distances compared to trans isomers (31). The probability distribution of the number of side-chain-sidechain atomic contacts within the Ser<sup>28</sup>-Ser<sup>33</sup> region (Data S1, Fig. S3) indicates stronger steric effects in the loop region of the cis isomer than that of the trans isomer, reducing the conformational space of the cis-K3 peptide.

Although the *trans*- and *cis*-K3 isomers adopt distinct conformations in solution, neither isomer is found to be more aggregation-prone than the other, indicating that the preference for *trans* conformation in the K3 fibril results from intermolecular interactions. While our simulations on the fibrils are rather short, they clearly show a better packing in the *trans* model than in the *cis* model. Note that the proline's *cis* conformation in the native state of full-length  $\beta$ 2m is explained by the NMR solution study of the mutant P32G  $\beta$ 2m, which shows that *trans* Pro<sup>32</sup> impacts the native edge  $\beta$ -strands A and D, favoring aggregation (7).

We also find that although the *trans* and *cis* isomers display rather different energy landscapes, they both visit a minority of structures with a  $\beta$ -strand-loop- $\beta$ -strand topology as observed in the native full-length  $\beta_2$ m protein and in the K3 fibril, albeit with a very small probability, only 0.3  $\sim$ 0.5% at 298 K. While small, this value cannot be considered as totally negligible. For example, Radford et al. (7) reported that the population of the amyloidogenic full-length  $\beta_2$ m precursor is  $\sim 3\%$ . Similar studies on the prion protein report an intermediate monomeric species with a population of 1% (32). We emphasize that the  $\beta$ -strand-loop- $\beta$ -strand conformation does not need to be strictly identical to that observed in the fibril structure to be a related precursor. In addition, the strand-loop-strand topology may not be required to accelerate fibrillization. It was shown experimentally by Meredith et al. (33) that enforcing loop formation by a lactam bridge suffices to increase A $\beta$ 40 aggregation rate by three orders of magnitude.

MD simulations of the A $\beta$ (10–35) peptide in explicit solvent under acid pH condition show that the probability of a  $\beta$ -strand-loop- $\beta$ -strand structure is 21% at 300 K (17). This runs in contrast with the present results of the K3 peptide at low pH, which indicates that the  $\beta$ -strand-loop- $\beta$ -strand conformation is not encoded at the monomeric level (population of 0.5%). The high probability of A $\beta$ (10–35) for  $\beta$ -strand-loop- $\beta$ -strand might be due to an intrinsic propensity of the region Asp<sup>22</sup>-Lys<sup>28</sup> to form a loop (34). The different probabilities for this conformation in the monomers of  $A\beta(10-35)$  and K3 peptides might therefore result from the existence/absence of favorable electrostatic interactions to stabilize the turn. In A $\beta$ (10-35), there are three charged residues within the loop: Asp<sup>22-</sup>, Glu<sup>23-</sup>, and Lys<sup>28+</sup>. In the K3 peptide, however, there is only one charged residue, His<sup>31+</sup>, within the loop. This suggests that the biases toward aggregation leading to the  $\beta$ -strand-loop- $\beta$ -strand conformation in fibrils are sequence-dependent.

#### SUPPLEMENTARY MATERIAL

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