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Chronic exposure to trichloroethene causes early onset of SLE-like disease in female MRL +/- mice

Ping Cai^a, Rolf König^b, Paul J. Boor^a, Shakuntala Kondraganti^c, Bhupendra S. Kaphalia^a, M. Firoze Khan^a, and G.A.S. Ansari^{a, c*}

^aDepartment of Pathology, University of Texas Medical Branch, Galveston, TX 77555-0609, USA

^bDepartment of Microbiology and Immunology, University of Texas Medical Branch, Galveston, TX 77555-1019, USA

^cDepartment of Biochemistry and Molecular Biology, University of Texas Medical Branch, Galveston, TX 77555-0647, USA

Abstract

Trichloroethene (TCE) exacerbates the development of autoimmune responses in autoimmune-prone MRL +/- mice. Although TCE-mediated autoimmune responses are associated with an increase in serum immunoglobulins and autoantibodies, the underlying mechanism of autoimmunity is not known. To determine the progression of TCE-mediated immunotoxicity, female MRL +/- mice were chronically exposed to TCE through the drinking water (0.5 mg/ml of TCE) for various periods of time. Serum concentrations of antinuclear antibodies increased after 36 and 48 weeks of TCE exposure. Histopathological analyses showed lymphocyte infiltration in the livers of MRL +/- mice exposed to TCE for 36 or 48 weeks. Lymphocyte infiltration was also apparent in the pancreas, lungs, and kidneys of mice exposed to TCE for 48 weeks. Immunoglobulin deposits in kidney glomeruli were found after 48 weeks of exposure to TCE. Our results suggest that chronic exposure to TCE promotes inflammation in the liver, pancreas, lungs, and kidneys, which may lead to SLE-like disease in MRL +/- mice.

Keywords

Trichloroethene (TCE); MRL +/- mice; Cytokines; Immunotoxicity; Autoimmunity; Hepatitis

Introduction

Trichloroethene (trichloroethylene, TCE), a chlorinated ethene commonly used as an industrial solvent for degreasing metals, is a ubiquitous environmental contaminant (Landrigan et al.; 1987; Cohn et al., 1994). Environmental and occupational exposure to TCE has been linked to the development of autoimmune diseases, such as systemic lupus erythematosus (SLE), scleroderma, systemic sclerosis, and fasciitis (Lagakos et al., 1986; Byers et al., 1988; Kilburn and Warshaw, 1992; Waller et al., 1994; Reinl, 1957; Saihan et al., 1978; Phoon et al., 1984; Flindt-Hansen and Isager, 1987; Lockey et al., 1987; Brasington and Thorpe-Swenson, 1991; Goon et al., 2001; Brautbar, 2004).

*To whom correspondence should be addressed at The University of Texas Medical Branch, Department of Pathology, 301 University Boulevard, Galveston, TX 77555. Tel.: (409) 772-3655; Fax: (409) 772-9679/747-1763. E-mail: sansari@utmb.edu.

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An animal model, female autoimmune-prone MRL *+/+* mice, to study the potential of TCE to induce/exacerbate autoimmunity was developed in our laboratory (Khan et al., 1995). We hypothesize that TCE reactive metabolites bind to self-proteins to form protein adducts, which then escape normal tolerance to self-proteins and act as neo-antigens, elicit autoreactive T cells resulting in B cell activation, induce autoimmune responses, and eventually lead to autoimmune diseases similar to SLE. This hypothesis is supported by our studies in MRL *+/+* mice, which provided evidence that TCE induces or accelerates autoimmune responses (Khan et al., 1995), and that treatment with a reactive TCE metabolite, dichloroacetyl chloride (DCAC), increases serum levels of total IgG, DCAC-specific antibodies, and antinuclear antibodies, which is a measure of systemic autoimmunity (Khan et al., 1997; Cai et al., 2006). Protein-adducts of reactive metabolites of TCE also cause autoimmunity in MRL *+/+* mice (Cai et al., 2007). However, very little is known about the effects of chronic exposure to TCE on autoimmune responses. Here, using our *in vivo* model, we show that TCE-accelerated autoimmunity in female MRL *+/+* mice is associated with characteristics of SLE-like disease such as increased antinuclear antibodies, activated T cells, multi-organ infiltration of lymphocytes, and immunoglobulin deposits in kidney glomeruli.

Materials and methods

Animal treatment

Five-week-old female MRL *+/+* mice (body weight 23 to 26g) were purchased from the Jackson Laboratory (Bar Harbor, ME) and acclimatized in the University of Texas Medical Branch's (UTMB) humidity- and temperature-controlled animal care facility, which is accredited by the Association for Assessment and Accreditation of Laboratory Animal Care International, for one week and provided lab chow and drinking water *ad libitum*. All experiments were performed in accordance with the guidelines of the National Institutes of Health and were approved by the Institutional Animal Care and Use Committee of UTMB. Mice were randomly divided into groups of five, representing the control and the treatment groups. Trichloroethene (purity > 99.5%), obtained from Sigma-Aldrich (St. Louis, MO), was suspended in drinking water at a concentration of 0.5 mg/ml using the emulsifier Alkamuls EL-620 (Rhodia Chemicals, Cranbury, NJ) at 1% (w/v). This dose corresponds to the Occupational Safety and Health Administration's permissible exposure limit of 100 ppm (~ 0.4 mg/ml) for an eight-hour exposure. The water was changed twice weekly. The average water intake was ~ 0.13 ml/g/d for controls and ~ 0.12 ml/g/d for TCE-treated mice, representing an average TCE intake of ~ 60 µg/g/d in the treatment groups. At the termination of each experiment, mice were euthanized and blood was withdrawn from the heart. Major organs (liver, pancreas, large intestine, heart, lungs, kidneys, and spleen) were removed immediately, and fixed in neutral buffered formalin. A portion of the spleen was used for the isolation of splenocytes (Cai et al., 2006). Serum was isolated from the blood and stored in small aliquots at -80°C for further analysis.

Serum aminotransferases

Alanine aminotransferase (ALT) and aspartate aminotransferase (AST) were measured using kits from Biotron Diagnostics (Hemet, CA) with slight modification of the protocol suitable for small amounts of serum (12.5 µl) (Cai et al., 2007). OD values were read using a microplate reader (Bio-Rad, Hercules, CA).

Antinuclear antibodies

Antinuclear antibodies were measured using a semi-quantitative screening kit from The Binding Site. The diluted sera (1:10) were first incubated in microwells precoated with purified antigens for dsDNA, histones, SSA/Ro (52 and 60kD), SSB/La, Sm, Sm/RNP, Scl-70, Jo-1, and Centromere B for 30 min, followed by washing and a 30-min incubation with goat anti-

mouse IgG antibodies (Fc-specific, 1:2000 dilution, from Bethyl) conjugated to horseradish peroxidase. The substrate, 3,3',5,5'-tetra-methyl-benzidine (TBM, from Bethyl) was then added for 15 min, and the absorbance was measured at 450 nm using a microplate reader (Bio-Rad) (Cai et al., 2006).

Serum cytokines

The T helper type I (Th1) cytokines IL-1 α , IL-6, GM-CSF and TNF- α ; and Th2 cytokines IL-2, IL-4, IL-5, IL-10, IL-12 (p40/p70) and IFN- γ and G-CSF and KC chemokines were measured in the serum of mice treated with TCE and age-matched controls in duplicate using multiplex immunoassay kits from Biosource (Camarillo, CA). The fluorescence was measured using a Luminex-100 luminometer (Bio-Rad) (Cai et al., 2006, 2007).

Cytokines secreted by splenocytes ex vivo

Splenocytes were isolated from control and treated mice and cultured (Cai *et al.*, 2006). Splenocyte supernatants were harvested after 48 h in medium alone, or medium with 25 μ g/ml of dichloroacetylated-albumin or unmodified mouse albumin. Dichloroacetylated albumin was synthesized as described (Cai *et al.*, 2007). Cytokines (IL-2, IL-4, IL-5, IL-10, IL-12, IFN- γ , GM-CSF, and TNF- α) in the supernatants were measured using a multiplex assay as described (Cai *et al.*, 2006).

Histopathology

The liver, pancreas, spleen, heart, lungs, kidneys, and the large intestine, were fixed in 10% neutral-buffered formalin, and stained with hematoxylin and eosin (H & E) for morphological evaluation. For histological scoring, H & E-stained liver, kidney, lung, and pancreatic sections were randomized, blinded, and given to a pathologist for histological assessment and scoring of the lesions. After initial review of all the specimens, a grading system for the lesions was devised based on lymphocytic infiltration. Liver: Grade 0 = no change; Grade 1 = focal periportal lymphocytic infiltration; Grade 2 = infiltration surrounding portal and central veins; Grade 3 = diffuse periportal and central vein infiltration with areas of mild hepatocellular necrosis or apoptosis. Kidney: Grade 0 = no change; Grade 1 = minimal perivascular infiltration; Grade 2 = perivascular, periglomerular, and focal interstitial infiltration; Grade 3 = diffuse perivascular, periglomerular, and interstitial infiltration. Lung: Grade 0 = no change; Grade 1 = minimal perivascular infiltration; Grade 2 = perivascular and peribronchial infiltration; Grade 3 = diffuse perivascular, peribronchiolar, and interstitial infiltration. Pancreas: Grade 0 = no change; Grade 1 = perivascular and focal periductal infiltration; Grade 2 = acinar infiltration; Grade 3 = acinar infiltration with atrophy. Anti-CD3 antibody-staining: Formalin-fixed, paraffin-embedded sections were also stained for the presence of T cells using a polyclonal rabbit anti-mouse CD3 antibody (Dako, Carpinteria, CA). Target retrieval solution (pH 9.0) (Dako) was used for heat-induced target retrieval on formalin-fixed, paraffin-embedded tissue sections mounted on glass slides prior to immunohistochemical staining procedures. Sections of the spleen were used as a positive control for T cell-staining.

Detection of proliferating cell nuclear antigen (PCNA)

Formalin-fixed, paraffin-embedded sections of the liver, lung, and kidney were stained for the presence of PCNA using a biotinylated anti-PCNA antibody (ZYMED Laboratories Inc., San Francisco, CA) according to the manufacturer's instructions. Positive hepatocyte nuclei were counted under a microscope (Nikon, Japan) at 200x magnification. Four fields per slide were counted for each sample.

Statistical analysis

The data are presented as mean \pm standard error of the mean (SEM). For determining statistical significance, the data were subjected to a two-tailed Student's *t*-test and *p* values < 0.05 were considered statistically significant. When appropriate, analysis of variance (ANOVA) followed by Student-Newman-Keuls *post-hoc* test was performed.

Results

Water consumption

No statistically significant difference was observed in the consumption of water between untreated and TCE-treated MRL $+/+$ mice (data not shown).

Body weight gain

To determine if prolonged exposure to TCE via the drinking water affected the general health of MRL $+/+$ mice, body weight was recorded. After eleven weeks of TCE treatment, a statistically significant decrease in body weight gain (26% lower than age-matched, controls) was observed. For the remainder of the experimental exposure (total exposure time of 48 weeks), the average body weight gain of treated MRL $+/+$ mice was lower than that of control mice, but the difference did not reach statistical significance (data not shown).

Serum aminotransferases

To determine whether long-term exposure to TCE induced liver injury, we measured serum levels of aminotransferases. Serum ALT and AST enzyme activities in the TCE-exposed mice and did not differ from age-matched controls (data not shown).

Serum antinuclear antibodies

As a measure of systemic autoimmunity, we determined serum levels of antinuclear antibodies (ANA). The average levels of ANA in sera from both control and TCE-treated MRL $+/+$ mice were < 10 U/ml for the first 11 weeks of exposure. After 24 weeks of TCE serum ANA was elevated, but statistical significance in comparison to the age-matched control mice was not achieved. In 42- and 54-week-old mice (36 weeks and 48 weeks of exposure to TCE, respectively), antinuclear antibodies were increased in both control and TCE-treated MRL $+/+$ mice but was always higher on the average in TCE-treated mice (Fig. 1).

Serum cytokines

To determine whether TCE exposure would lead to a general inflammatory condition, we measured serum levels of several cytokines and chemokines (see materials and methods for list of cytokines). The inflammatory cytokine IL-6 was decreased after 36 and 48 weeks of TCE exposure, and TNF- α , another inflammatory cytokine, was decreased after 48 weeks. Conversely, G-CSF was increased after 36 weeks of exposure to TCE (data not shown).

Cytokine secretion by splenocytes *ex vivo*

To determine whether exposure to TCE induced the differentiation of specific T cell subsets and promoted activation of T cells specific for haptenized self-proteins, isolated splenocytes from TCE-treated and age-matched control MRL $+/+$ mice were cultured in the absence or the presence of 25 μ g/ml of dichloroacetylated-albumin or unmodified albumin. After 48 h, culture supernatants were collected and cytokine levels measured. In mice treated for 36 weeks with TCE, splenocytes from three out of five mice secreted higher levels of IFN- γ than did splenocytes from the control mice (Fig. 2). The differences did not achieve statistical significance due to the large variance within the treatment group.

Liver histopathology and hepatocyte proliferation

TCE exposure to (0.5 or 2.5 mg/ml of TCE in drinking water) in MRL +/+ mice for 32 weeks induced histopathological changes similar to autoimmune hepatitis (Griffin et al., 2000). Recently, we found that exposure to formyl-albumin (putative protein adduct resulting from TCE metabolism) causes autoimmune hepatitis in MRL +/+ mice (Cai et al., 2007). Therefore, we investigated whether long-term TCE exposure altered liver histopathology in MRL +/+ mice. We found that exposure to TCE for 36 and 48 weeks caused hepatocyte necrosis and leukocyte infiltration into liver lobules (shown for 48-week exposure in Fig. 3D). These changes were statistically significant compared to observations in control mice (Table 1). Leukocyte infiltration included CD3⁺ T lymphocytes and also differed significantly between TCE-treated and control mice (Fig. 3F and Table 2). After 48 weeks of continuous exposure to TCE, hepatocyte proliferation was also increased in treated MRL +/+ mice as determined by PCNA-staining. PCNA is a marker of S-phase, and thus can serve as a measure for hepatocellular proliferation (Brown et al., 2006). In treated mice, the number of PCNA-positive nuclei was significantly increased compared to age-matched control MRL +/+ mice (Fig. 3A and B, and Table 2).

Histopathology of pancreas, lungs, and kidneys

We previously reported that a six-week treatment with DCAC caused thickening of the alveolar septa and lymphocytic interstitial infiltrates in the lungs of MRL +/+ mice (Cai *et al.*, 2006). Therefore, we investigated the toxic effects of long-term exposure to TCE on various organs and tissues (pancreas, large intestine, heart, lungs, and kidneys). In MRL +/+ mice treated with TCE for 48 weeks, necrosis and extensive infiltration of leukocytes, including CD3⁺ T lymphocytes, in the pancreas were noticed. However, in two out of six age-matched, untreated control mice, we found spontaneously occurring autoimmune pancreatitis, albeit to a lesser extent than in TCE-treated mice, and thus, statistical significance could not be achieved (Table 2).

Only in mice treated for 48 weeks with TCE, but not in age-matched controls, leukocytes including CD3⁺ T lymphocytes infiltrated the perivascular and peribronchial regions of the lungs (Fig. 4 and Table 1 and Table 2). In addition, we observed thickening of the alveolar septa in lungs of TCE-exposed mice. Exposure to TCE for 36 or 48 weeks also induced massive perivascular infiltration of leukocytes, including CD3⁺ T lymphocytes, in the kidneys of MRL +/+ mice (shown for 48-week exposure in Fig. 5; statistics are shown in Table 1 and Table 2). We also found intense immunoglobulin deposits in the glomeruli of MRL +/+ mice exposed to TCE for 48 weeks (Fig. 6). No histopathological changes were found in the large intestine or the heart (data not shown).

Discussion

In this report, we demonstrate that chronic TCE exposure may lead to SLE-like disease. The disease may be caused by reactive metabolites (intermediates) of TCE (Khan et al., 1997; Cai et al., 2006, 2007). TCE can be metabolized either oxidatively or through glutathione conjugation pathways. The glutathione-mediated metabolism is of minor significance in humans (Bloemen et al., 2001), and thus, we focused on the oxidative metabolic pathway. TCE can be oxidized to TCE-oxide, which can either rearrange to DCAC or be hydrolyzed to dichloroacetic acid. In aqueous solution, TCE-oxide forms lysine adducts with proteins (Cai and Guengerich, 1999, 2000). As small molecules, TCE or its metabolites will not be antigenic by themselves, but may haptenize to self-proteins, and thus result in structural modifications that render self-proteins antigenic, potentially leading to autoimmune responses. A trifluoro-analogue of DCAC (trifluoroacetylchloride) has been shown to acylate proteins, producing antigens involved in halothane-induced hepatitis (Martin et al., 1991; Phol et al., 1991; Kenna

et al., 1993; Chrsiten et al., 1994) and also, 2,2-dichlorotrifluoroethane-related liver disease (Hoet et al., 1997; White et al. 2001). Similarly, covalent binding of TCE *in vivo* has been observed in rodents (Bolt et al., 1977; Bolt and Filser, 1977; Stot et al., 1982; Mazzullo et al., 1992; Stevens et al., 1992; Kautiainen et al., 1997). TCE-oxide and DCAC can covalently modify proteins directly to form protein adducts (Bloemen et al., 2001; Halmes et al., 1996, 1997).

Recently, we have shown that reactive intermediates of TCE induce autoimmune responses similar to TCE (Cai et al., 2007). Here, we demonstrate chronic autoimmune effects of TCE similar to SLE-like disease. Specifically, we observed increasing antinuclear antibodies and *ex vivo* IFN- γ secretion by lymphocytes, multi-organ infiltration of lymphocytes, and immunocomplex deposition in kidney glomeruli, thus mimicking SLE.

Histopathological changes in liver, lung, and kidneys indicated accelerated autoimmunity in TCE-treated MRL *+/+* mice as shown in Table 1. Autoimmune hepatitis, manifested by an infiltration of CD3⁺ lymphocytes, was observed after 36 weeks of treatment, similar to an earlier report (Griffin et al., 2000). In addition, PCNA-positive nuclei indicated hepatocellular proliferation (Brown et al., 2006). The observed autoimmune hepatitis could be a result of the formation of formyl-protein adducts, which caused autoimmune hepatitis (Cai et al., 2007). The infiltration of lymphocytes into the lungs could also be due to the formation of dichloroacetyl-protein adducts. This hypothesis is supported by Forkert et al. (2006), who showed that TCE-induced toxicity was mediated via dichloroacetylated protein adducts.

Although we observed an increase in the occurrence of autoimmune pancreatitis following 36 and 48 weeks of TCE treatment, this difference was not statistically significant because of spontaneously occurring autoimmune pancreatitis in age-matched control mice. A previous report also suggested that MRL *+/+* mice spontaneously develop autoimmune pancreatitis after seven months of age (Kahno et al., 1992).

Importantly, we found perivascular infiltration of CD3⁺ lymphocytes in the kidneys and a strong deposition of immunoglobulins in the glomeruli in TCE-treated MRL *+/+* mice, but not in untreated, age-matched controls. This finding is consistent with nephritis. Autoimmune nephritis together with multi-organ involvement and an increased level of antinuclear antibodies suggested that chronic exposure to TCE induced SLE-like disease. This observation supports the finding that SLE occurs in increased frequency in humans exposed to TCE through contaminated drinking water (Kilburn and Warshaw, 1992).

Although the data did not achieve statistical significance due to the large variance in TCE-treated samples, it is interesting that splenocytes from TCE-exposed MRL *+/+* mice secreted more IFN- γ than did splenocytes from untreated, age-matched controls. Increasing secretion of IFN- γ was observed in unstimulated cultures as well as in cultures stimulated with dichloroacetylated or unmodified albumin. In particular, two of the treated mice achieved very high levels of IFN- γ , levels of a magnitude that could only be achieved in splenocytes from untreated control mice after stimulation with antibodies against CD3 and CD28 (not shown). This suggests that in some of the TCE-treated mice, T cells have the tendency to differentiate into an inflammatory phenotype, supporting the histopathological changes observed in several organs. In this context, it is important that in humans occupationally exposed to TCE, serum IFN- γ is increased (Iavicoli et al., 2005), and IFN- γ transgenic mice spontaneously develop SLE-like disease (Seery, 2000).

In conclusion, our data demonstrate that chronic exposure to TCE promoted systemic and organ-specific autoimmunity involving activation and infiltration of inflammatory lymphocytes. The present findings and earlier work from our laboratory (Khan et al., 1995,

1997; Cai et al., 2006, 2007) support the hypothesis that chronic exposure to TCE can cause autoimmune disease similar to SLE in female MRL +/+ mice.

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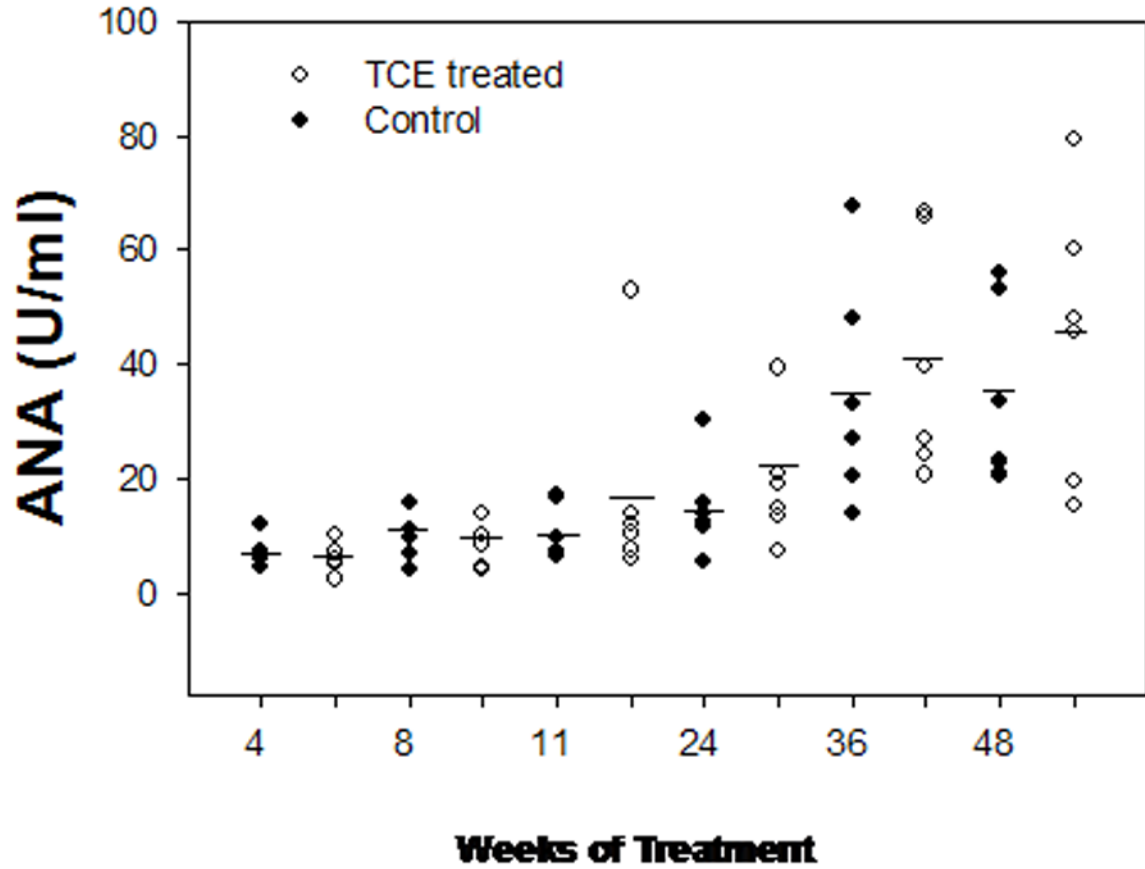


Figure 1. Antinuclear antibodies (ANA) in the serum of female MRL +/+ mice exposed to vehicle (filled circles) or TCE (open circles) in the drinking water. Each circle is an individual measurement and the horizontal bars indicate the means (n = 6).

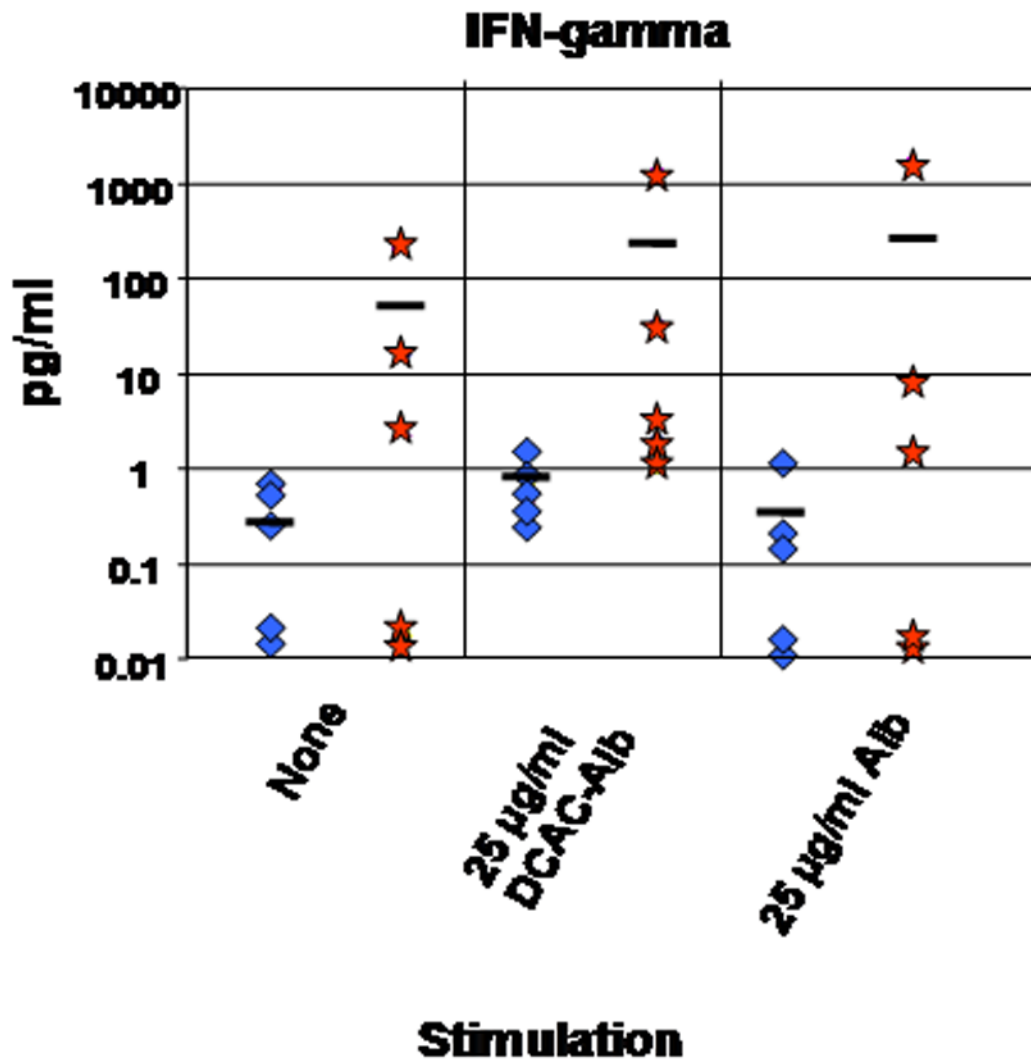


Figure 2.

IFN- γ secretion by *ex vivo* cultured splenocytes from untreated, age-matched control MRL +/+ mice (diamonds) or MRL +/+ mice treated with TCE for 36 weeks (stars). IFN- γ was measured in supernatants after 48 h of culture without stimulation (none) or following stimulation with 25 μ g/ml of dichloroacetylated-albumin (DCAC-Alb) or unmodified albumin (Alb). The horizontal bars indicate the means (n = 5).

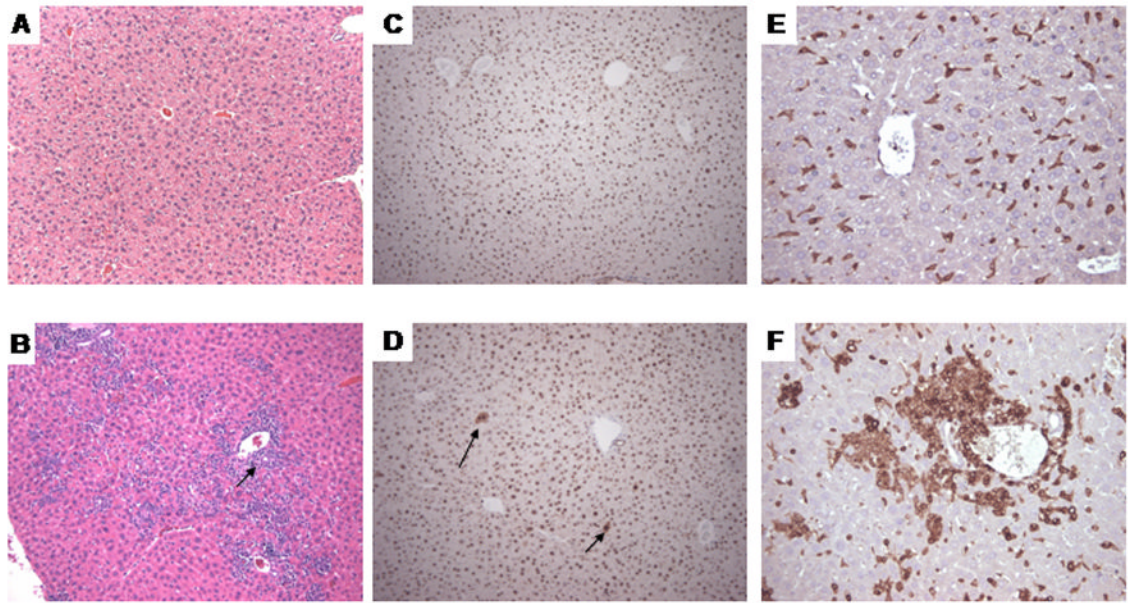


Figure 3.

Morphological changes in the liver of female MRL +/+ mice treated with TCE for 48 weeks. A. Control, H&E stain; B. TCE-treated: the arrow indicates inflammatory infiltration of portal triads extending into lobules; also present was focal piece-meal necrosis of hepatocytes; C. Control PCNA stain; D. TCE-treated: the arrows indicate PCNA-positive hepatocellular nuclei. E. Control CD3-stain; F. TCE-treated: note the infiltrate of CD3-positive lymphocytes. (A–D, x100; E–F, x200).

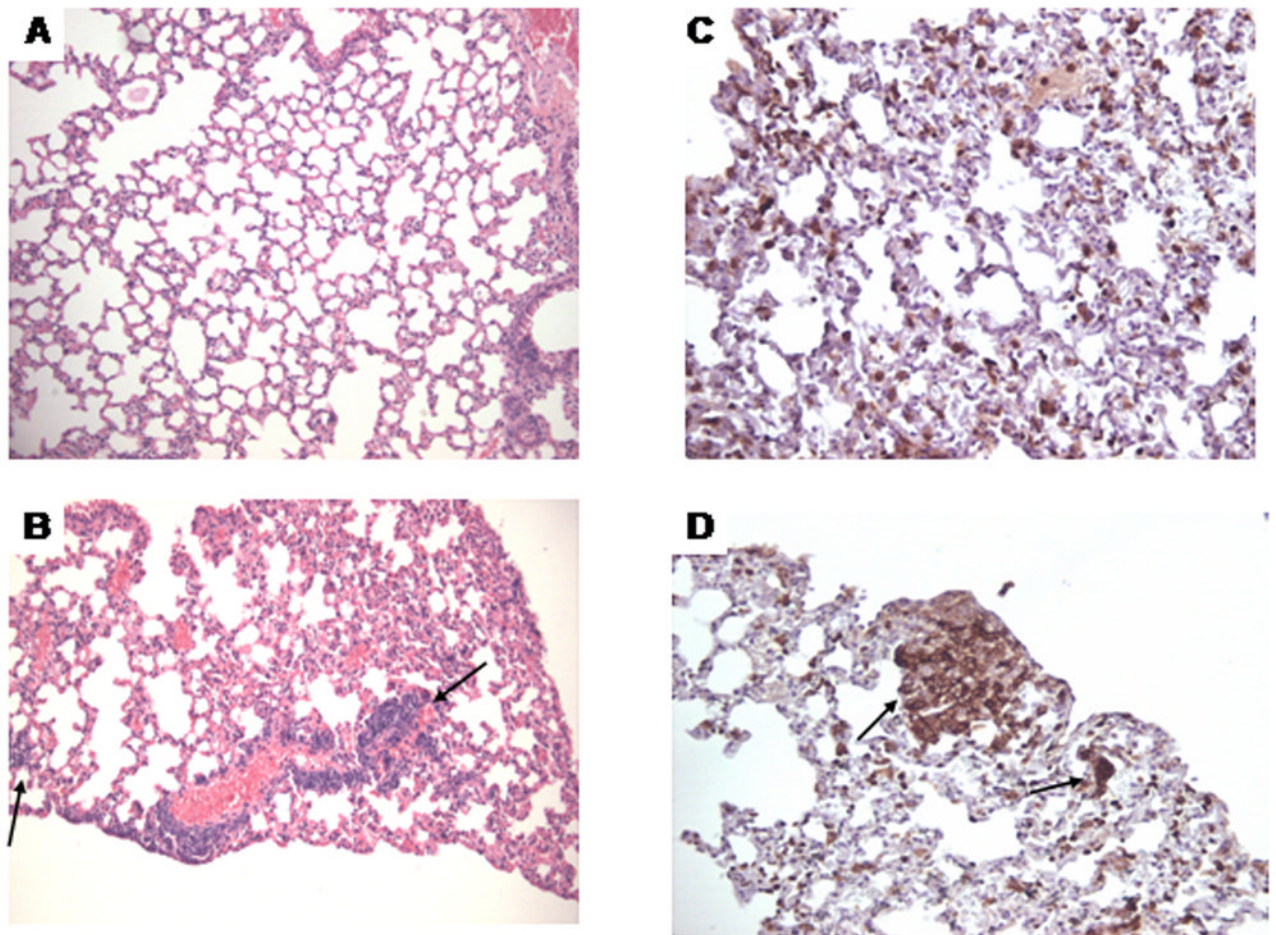


Figure 4. Morphological changes in the lungs of MRL +/+ mice treated with TCE for 48 weeks. A. Control, H&E stain; B. TCE-treated: the arrow indicates perivascular inflammatory infiltrates. C. Control CD3-stain; D. TCE-treated: the arrow indicates CD3-positive lymphocytes (A–B, x100; C–D, x200).

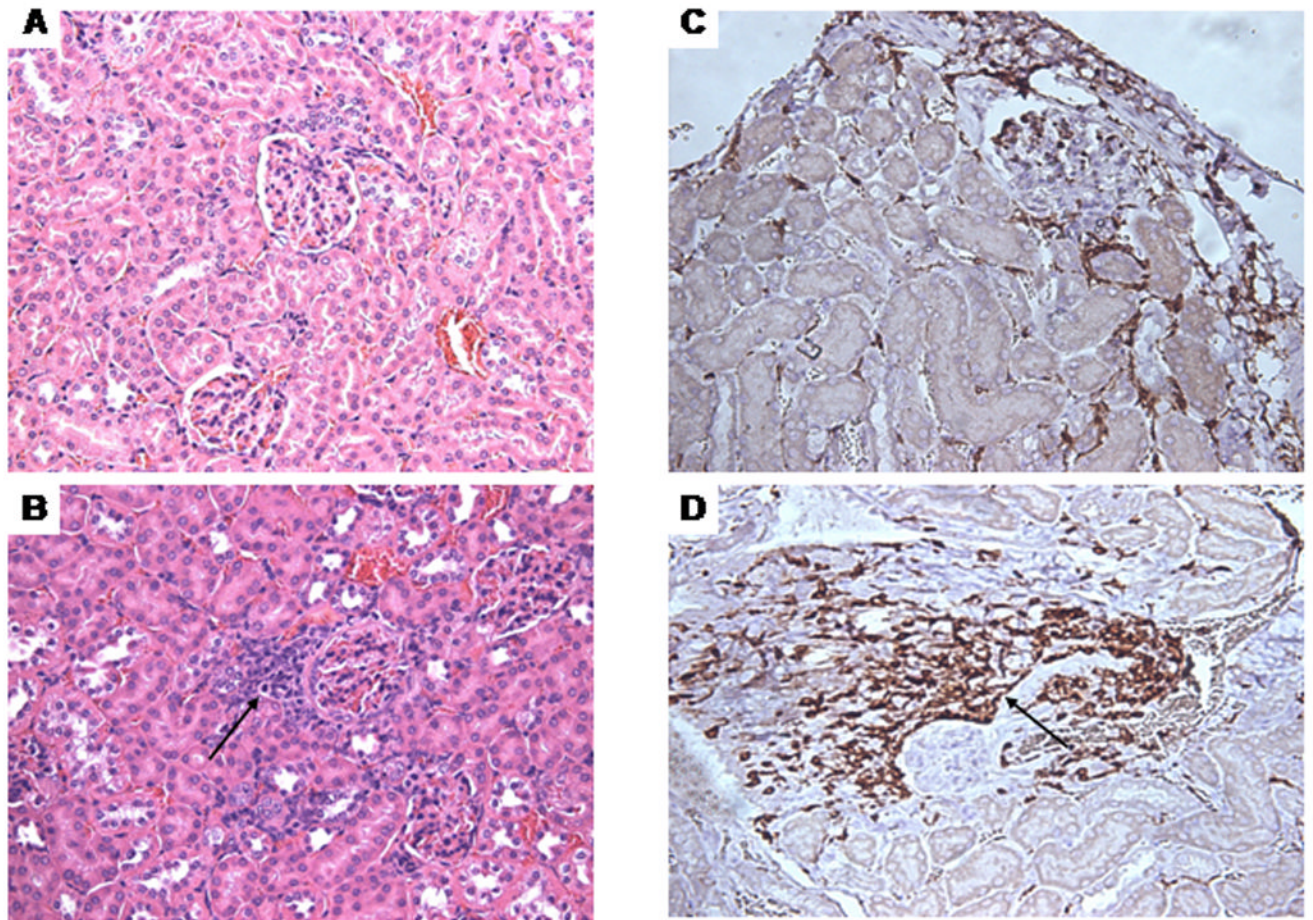


Figure 5. Morphological changes in the kidneys of MRL +/+ mice treated with TCE for 48 weeks. A. Control, H&E stain. B. TCE-treated: the arrow indicates perivascular inflammatory infiltrates. C. Control, CD3-stain. D. TCE-treated: the arrow indicates CD3-positive lymphocytes (A–D, x200).

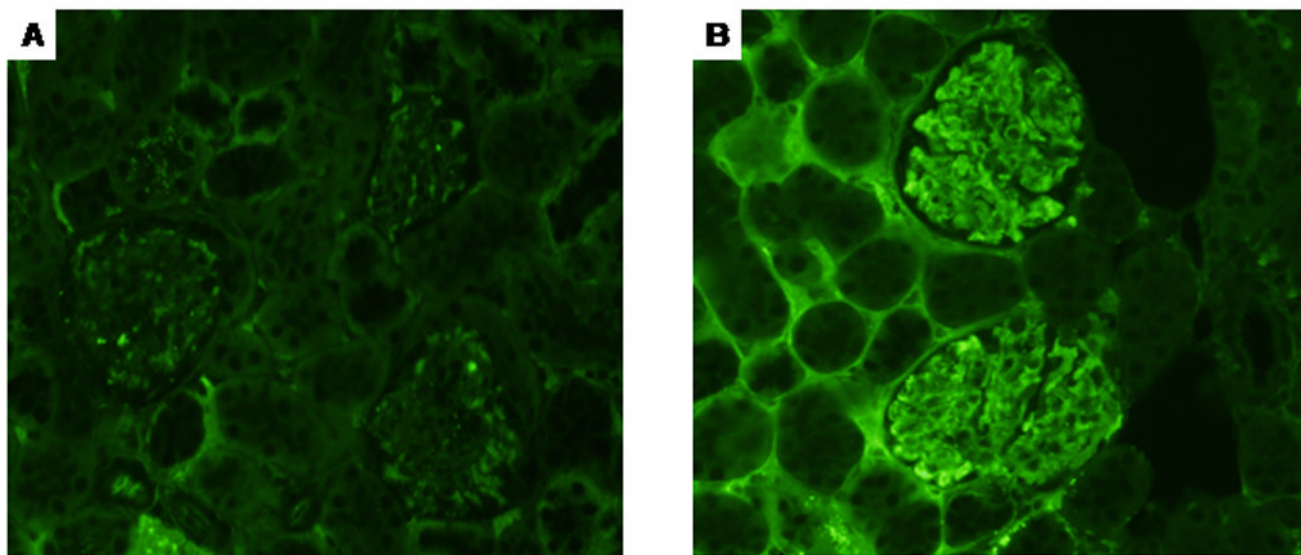


Figure 6. Immunoglobulin deposits in the kidney glomeruli (in the mesangial areas and the walls of adjacent capillaries) of mice treated with TCE for 48 weeks (B). In contrast, vehicle control-treated mice did not show immunoglobulin deposits in the glomeruli (A).

Table 1
 Histopathological changes in tissues of MRL+/+ mice treated with TCE for 48 weeks.

Sample Tissue	Control						Treated						Avg±SEM	P value*
	1	2	3	4	5	6	7	8	9	10	11	12		
Liver	0	0	0	0	1	0	0	1	3	2	1	1	1.33±0.42	< 0.05
Kidney	1	1	1	1	2	2	3	3	2	3	3	2	2.66±0.21	< 0.05
Lung	0	1	1	0	1	0	1	1	2	3	3	1	1.83±0.40	< 0.05
Pancreas	0	2	1	0	1	2	2	2	1	3	3	0	1.83±0.47	n.s

See methods for histological scoring.

* Significant when treated samples were compared to age-matched controls by ANOVA.

n.s Statistically not significant as compared to controls.

Table 2
Immunological (PCNA and CD3) staining in tissues of MRL^{+/+} mice treated with TCE for 48 weeks.

Sample Tissue	Control					Treated					P value		
	1	2	3	4	5	Avg±SEM	7	8	9	10		11	12
CD3	Liver	0	0	0	1	0.20±0.20	1	3	3	2	0	1.80±0.58	< 0.05
	Kidney	1	2	1	1	1.20±0.20	2	3	3	2	1	2.20±0.37	< 0.05
	Lung	1	1	2	2	1.20±0.37	3	2	2	3	1	2.20±0.37	n.s
	Pancreas	0	1	0	0	0.20±0.20	2	1	1	3	0	1.40±0.50	< 0.05
PCNA	Liver	0	0	1	0	0.16±0.16	0	1	2	3	3	1.66±0.49	< 0.05
	Kidney	1	1	0	1	0.83±0.16	2	3	2	2	2	2.16±0.16	< 0.05
	Lung	1	0	1	2	0.83±0.30	2	2	1	2	3	2.00±0.25	< 0.05
	Pancreas	0	1	0	0	0.20±0.20	2	1	1	3	0	1.40±0.50	< 0.05

0 = minimal; 1 = mild; 2 = moderate; 3 = severe infiltration.

* Significant when treated samples were compared to age-matched controls by ANOVA.

n.s: Statistically not significant as compared to controls.