

NIH Public Access

Author Manuscript

Neurobiol Aging. Author manuscript; available in PMC 2008 July 11.

Published in final edited form as: *Neurobiol Aging*. 2007 October ; 28(10): 1605–1612.

Oxidative imbalance in the aging inner ear

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Abstract

The mammalian inner ear loses its sensory cells with advancing age, accompanied by a functional decrease in balance and hearing. This study investigates oxidant stress in the cochlea of aging male CBA/J mice. Glutathione-conjugated proteins, markers of H_2O_2 -mediated oxidation, began to increase at 12 months of age; 4-hydroxynonenal and 3-nitrotyrosine, products of hydroxyl radical and peroxynitrite action, respectively, were elevated by 18 months. Immunoreactivity to these markers was stronger in the supporting cells (Deiters and pillar cells) than the sensory cells. It appeared later (23 months) in the nerve fibers of the spiral ganglion and in the stria vascularis and spiral ligament. Conversely, antioxidant proteins (AIF) and enzymes (SOD2) decreased by 18 months in the organ of Corti (including the sensory cells) and nerve fibers but not in the stria vascularis. These results suggest the presence of different reactive oxygen species and differential time courses of oxidative changes in individual tissues of the aging cochlea. An imbalance of redox status may be a component of age-related hearing loss.

Keywords

Presbycusis; cochlea; hair cells; lipid peroxidation; protein glutathionylation; nitrotyrosine; superoxide dismutase

1. INTRODUCTION

Studies in a variety of organisms and species support oxidant stress as a factor in the pathology of aging. Levels of reactive oxygen species (ROS) increase in essentially all tissues during aging [7,27,28], and mitochondrial DNA deletions, consequences of ROS action, also accumulate progressively [4,29]. Such biochemical findings are extended by genetic and molecular biological evidence. Mutations in the nematode *C. elegans* leading to lifespan extension typically also conferred resistance to multiple forms of stress, including oxidant stress [10,11]. Some of the single-gene mutations that prolonged lifespan in flies [9] also increased stress resistance, and extra copies of genes encoding the antioxidant enzymes superoxide dismutase (SOD) and catalase extended the life span in *drosophila* [18]. Finally, dietary restriction (reduced caloric intake with nutritional maintenance) enhanced the resistance of the nervous system to age-related diseases by inducing neurotrophic factors and stress proteins that protect neurons against ROS [14].

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DISCLOSURE STATEMENT: The authors have no conflicts of interest.

All experimental protocols were approved by the University of Michigan Committee on Use and Care of Animals and animal care was supervised by the University of Michigan's Unit for Laboratory Animal Medicine.

Oxidative stress may also be part of the aging process in the cochlea. Mitochondrial deletions increase with age and correlate with hearing loss in rats [22]. Furthermore, age-related hearing loss developed earlier and was more severe in mice with genes for SOD deleted [16,17,15]. However, little is known about the type of reactive oxygen species that may be involved in the aging process in the inner ear, which tissues and cells (sensory cells and nerve fibers versus supporting structures) are affected and whether the time course of their emergence correlates with the appearance of morphological and functional deficits.

The current study investigates indicators of oxidative stress in the aging cochlea and their distribution in the organ of Corti, the stria vascularis, and the spiral ganglion. The CBA/J mouse was chosen because it carries the *ahl*-resistant gene [5] thus not rendering it prone to accelerated premature hearing loss as, for example, C57/BL6 or BALB strains. The ages selected for the study represent distinct stages in auditory development and deterioration of the mouse [24]. The auditory system is mature at 3 months of age and has not yet undergone major pathological and pathophysiological changes by 12 months. At 18 months, a moderate hearing loss at high frequencies (24 kHz) can be expected in about 1/3 of the animals, a condition aggravated by 23 months of age when severe hearing loss is seen in 75% of animals. On the cell and tissue level, we studied markers of oxidant stress including glutathione-conjugated proteins, products of H2O2-mediated oxidation, and 4-hydroxynonenal and 3-nitrotyrosine, products of hydroxyl radical and peroxynitrite action. Conversely, antioxidant capacity was followed by analyzing superoxide dismutase and apoptosis-inducing factor histochemically and by Western blotting.

2. MATERIALS AND METHODS

2.1 Materials

ECL (enhanced chemiluminescence) for Western Blotting detection was purchased from Amersham Pharmacia Biotech (Piscataway, NJ); mouse monoclonal antibody for glutathioneconjugated protein from ViroGen (Watertown, MA); monoclonal antibody to 3-nitrotyrosine and polyclonal antibody to 4-hydroxynonenal from Alexis Biochemicals (San Diego, CA); polyclonal anti-manganese superoxide dismutase from Stressgen (Victoria, Canada); polyclonal anti-AIF from Santa Cruz Biotechnology (Santa Cruz, CA). Secondary antibodies for Western Blotting were obtained from Jackson Immunoresearch (West Grove, PA); secondary fluorescence antibodies (Alexa 488 and Alexa 546), propidium iodide and Hoechst 33342 from Molecular Probes (Eugene, OR). Complete™ mini EDTA-free protease inhibitor cocktail tablets were purchased from Roche Diagnostic (Mannheim, Germany); Taqman probes from Applied Biosystems (Foster City, CA); BenchMark Protein ladders, TRIzol® reagent and SuperScript^{III} First- Strand Synthesis Kit from Invitrogen Life Technologies (Carlsbad, CA); and Master Mixture from Qbiogene (Carlsbad, CA). All other reagents were obtained from Sigma Chemical Co. (St. Louis, MO).

2.2 Animals

Male CBA/J mice were purchased from the National Institute on Aging and acclimated for one week before any experimental procedures. The animals were kept at $22 \pm 1^{\circ}$ C under a 12h:12h light-dark cycle, and had free access to water and a regular mouse diet (Purina 5025, St. Louis, MO). Animal care was supervised by the University of Michigan's Unit for Laboratory Animal Medicine and all experimental protocols were approved by the University of Michigan Committee on Use and Care of Animals.

2.3 Western blot analysis

For Western blot analyses, inner ear tissues were first harvested and proteins extracted. Upon sacrifice of the animals, the cochleae were rapidly removed and dissected in ice-cold 10 mM PBS. Combined tissues (organ of Corti, stria vascularis and spiral ligament, and the cochlear

portion of the spiral ganglion) from individual cochleae were homogenized in an ice cold RIPA buffer (Upstate, Waltham, MA) by using a micro Tissue Grind pestle for 30 sec. After 15 min on ice, the homogenates were centrifuged at $15,000 \times$ g at 4° C for 10 min and the supernatant fraction was used for further analysis. Protein concentrations were determined by the Bio-Rad Protein Assay (Bio-Rad, Hercules, CA).

Protein samples $(50 \mu g)$ were separated by SDS-PAGE. After electrophoresis, the proteins were transferred onto a nitrocellulose membrane (Pierce, Rockford, IL) and blocked with 5% nonfat dry milk in PBS-0.1% Tween 20 (PBS-T). The membranes were incubated with anti-SOD2 $(1:3,000)$ or anti-glutathione $(1:1,000)$ antibodies for 2 hr, and then washed 3x (10 min) each) with PBS-T buffer. Membranes were incubated with an appropriate secondary antibody at a concentration of 1:10,000 for 1 hr. Following extensive washing of the membrane, the immunoreactive bands were visualized by enhanced chemiluminescence (ECL) on X-ray film according to the instructions of the manufacturer (GE Healthcare, Piscataway, NJ). The membrane was subsequently stained with Imido Black to verify equal loading of protein.

X-ray films of Western blots were scanned and analyzed using AlphaEase software SpotDenso tool (Alpha Innotech, San Leandro, CA). The band densities were first analyzed and normalized to background. Next, the band density of old-age samples was normalized to the control (young animal) samples run on the same gel. Finally, the relative densities of the age groups from four individual assays were averaged and differences tested for statistical significance $(p < 0.05)$ with either a one- or two-tailed one-sample t-test using GraphPad Software (GraphPad Software Inc., San Diego, CA).

2.4 Immunocytochemistry

Immunocytochemical analyses were carried out on cryostat sections. Mice were decapitated and the temporal bones were quickly removed. Cochleae were immediately fixed in 4% paraformaldehyde overnight at 4° C and 8-µm sections were cut on a cryostat. Sections were incubated in 0.5% Triton X-100 for 15 min at room temperature, washed 3x with PBS and blocked with 10% goat serum for 30 min at room temperature, followed by incubation with the primary antibodies at concentrations of 1:500 for anti-4HNE, anti-3 nitrotyrosine, anti-AIF and 1:1,000 for anti-SOD2 at 4°C for 48 hr. After 3 rinses in PBS, the sections were incubated with the secondary antibody (Alexa 488 or Alexa 546 conjugated) at a concentration of 1:500 at 4°C overnight in darkness. After 3 washes with PBS, the sections were incubated with propidium iodide (2 μ g/ml in PBS) or Hoechst 33342 (2 μ g/ml in PBS) for 30 min at room temperature to stain nuclei. After a final wash with PBS, the slides were mounted. Control incubations were routinely processed without primary antibody. Immunolabeling was visualized and imaged with a Zeiss laser confocal microscope.

2.5 Quantitative RT-PCR (Q-PCR)

For quantitative RT-PCR, cochleae were quickly harvested and dissected in RNA*later*® (Ambion, Inc., Austin, TX). Total RNA was isolated from the pooled cochleae of 7 mice by using TRIzol® Reagent and following the manufacturer's protocol. Total RNA was further purified using RNeasy® Mini Columns following the manufacturer's protocol for RNA cleanup. Quantity and quality of RNA were determined by RNA 6000 Pico Assay on a Model 2100 Bioanalyzer (Agilent Technologies, Palo Alto, CA) and spoectrophotometric analysis (Beckman Coulter). RNA was stored at −80°C until analysis.

Total RNA (1 µg) was reverse transcribed to cDNA by using SuperScript III reverse transcriptase (Invitrogen) following the protocol from the manufacturer. The first strand cDNA was diluted (1:10) with DEPC-H₂O and stored in aliquots at -20 °C. TaqMan primer and probes were obtained from the 'Assays by Design' (SOD2) or 'Assays on Demand' services (S16)

(ABI, Foster City, CA). A 96-well plate was used for the PCR reactions and triplicate PCR reactions were run for each RNA sample. A housekeeping gene, S16, was also determined on each plate for normalization. The CT value (the number of cycles at which the PCR reaction reaches an arbitrary threshold value) was calculated for each reaction [12].

3. Results

3.1 Oxidative stress increases in the aging cochlea

The extent of glutathione-conjugation to proteins is considered a measure of oxidative stress, especially due to H_2O_2 [30]. Glutathionylated proteins, including a very prominent conjugate with actin at 42 kDa, increased in cochlear extracts with age. Densitometry confirmed a significant 3-fold increase at 18 months compared to young mice (fig. 1).

Next, we used immunohistochemistry to localize 4-hydroxynonenal (4-HNE), a marker for lipid peroxydation [3], and 3-nitrotyrosine (3-NT), a neurochemical marker for oxidation by peroxynitrite [26] at the ages of 3, 12, 18 and 23 months. Staining for both 4-HNE and 3-NT was present in all cell types of the sensory epithelium (organ of Corti) but remained weak at the ages of 3 and 12 months. Staining increased at 18 months and even more so at 23 months, especially in the area of the phalangeal processes of Deiters cells and the inner and outer pillar cells (fig. 2A). In the spiral ganglion cells immunostaining remained weak at ages up to 18 months but increased at 23 months (fig. 2B).

A similar temporal pattern of staining for both 4-HNE and 3-NT was seen in the stria vascularis, a supporting structure at the lateral wall of the cochlea, responsible for the maintenance of the endocochlear potential (fig. 2C). Staining at 23 months was most intense in the basal layer of the stria vascularis and fibroblasts in the area of the spiral prominence (arrow). A decrease in the width of the spiral ligament was also evident in all sections from 23-months old animals.

3.2 Antioxidants decrease in the aging cochlea

Mitochondrial apoptosis-inducing factor (AIF) is considered a free radical scavenger that is able to prevent apoptosis by a mechanism separate from its function as a transcription factor [6]. The immunostaining for AIF was very strong in the cytosol of all cell types of the organ of Corti at the ages of 3 and 12 months, but it clearly decreased at 18 months. The decrease was primarily evident in outer hair cells and supporting cells (fig. 3).

Mitochondrial SOD2 (Mn-SOD) plays a crucial role against oxidative stress since mitochondrial respiration is the major source of reactive oxygen species in the cell. As determined by Western blotting of cochlear extracts, SOD2 decreased about 50% (p < 0.01) at old age compared to young and middle aged mice (fig. 4). Immunostaining for SOD2 in frozen sections of the young organ of Corti indicated the presence of SOD2 in the mitochondria of all cell types. At the age of 18 months, SOD2 decreased in the outer hair cell region (boxed in the 3-mo panel) and the supporting cells. The staining further decreased at 23 months and affected all cell types in the organ of Corti (fig. 5A).

To probe the SOD2 expression in outer hair cells in more detail, we localized SOD2 in surface preparations. Punctate staining of SOD2, suggesting the association with the mitochondria, was evident at the age of 3 months, and decreased at 18 months (fig. 5B).

In spiral ganglion cells mitochondrial staining for SOD2 began to decrease at 18 months (fig. 5C). In contrast, the staining of SOD2 in the stria vascularis did not change between any of the four age groups (fig 5D). Furthermore, these sections as well as those for AIF staining did not indicate any reduction in the thickness of the stria vascularis.

3.3 The decrease in SOD2 is not due to decreased gene expression

For RT-PCR, mRNA was extracted and pooled from 14 cochleae. The SOD2 mRNA level was measured in aliquots from such pools (3 pools per age group) using a TaqMan Probe. All expression levels were normalized to the housekeeping gene *S16* and were calculated relative to the expression at 3 months of age. The relative SOD2 mRNA expression levels showed a trend towards an elevated mRNA-level with age (data not shown), with marginally significant changes of 1.2- and 1.75-fold at the age of 12 and 18 months, respectively $(0.1 > p > 0.05)$.

4. Discussion

An oxidative imbalance is clearly evident in the aging mouse cochlea. Such an imbalance can result from increased production of reactive oxygen species or weakened defense systems, and both mechanisms may participate here. All markers of oxidant stress, lipid peroxidation, glutathionylation and nitrosylation of proteins increase whereas the measures of antioxidant defenses, AIF and SOD2, decrease with age.

While mitochondrial deletions have previously been detected in the aging inner ear [19,22], we can now show several different mechanisms that may contribute to oxidative stress. The accumulation of glutathionylated proteins is an indicator of protein oxidation arising from the formation of hydrogen peroxide [30,20,2]. The rise of 4-HNE signals lipid peroxidation, mainly due to the production of hydroxyl radical, and 3-NT suggests peroxynitrite reactions [26].

SOD2, the mitochondrial enzyme inactivating the superoxide radical and therefore a measure of antioxidant capacity, decreased significantly with age. However, mRNA of SOD2 does not decrease, indicating that the lower amount of SOD2 is not due to decreased gene expression. Several other processes may affect protein levels, an accelerated degradation due to mitochondrial ROS being a likely possibility. This suggestion is in agreement with the observation that mitochondrial proteins are particularly vulnerable to such a mechanism of inactivation in other aging systems [1].

AIF has two distinct functions based on specific binding regions: a putative DNA binding site for its role as transcription factor and a second site which confers oxido-reductase activity [13,31]. The localization of AIF in the cytoplasm without translocation to the nuclei at any age implies a role as an antioxidant in the organ of Corti. It's decrease, together with the decrease in SOD2, is a strong indication of compromised antioxidant capacity in the aging cochlea.

In the pathology of sensorineural presbycusis, the loss of hair cells in the organ of Corti is one of the initial manifestations, followed by a degeneration of the auditory nerve. The temporal sequence of increasing oxidative imbalance in inner ear tissues appears to match this pattern well. In the organ of Corti, oxidant stress is apparent by 18 months while staining for the same markers in nerve fibers does not increase until 23 months. Conversely, SOD2 begins to decrease in the organ of Corti, particularly in the outer hair cell area, by 12 months and is further reduced by 18 months and older. In the nerve fibers a significant reduction of SOD2 staining is seen at 18 months and more so at 23 months. Interestingly, the SOD2 protein in the stria vascularis, an accessory structure responsible for maintaining electrolyte balance and electric potential of the endolymphatic fluid, remains unchanged with age, and the integrity of this tissue seems to be preserved. Stria vascularis can show severe morphological alterations in a "metabolic" or "strial" presbycusis but it can retain normal appearance in sensorineural hearing loss [21].

In contrast to the preferential loss of outer hair cells with age, the increased oxidative stress in the organ of Corti is not restricted to the sensory cells. The phalangeal process of Deiters cells and the inner and outer pillar cells show highly elevated levels of stress markers. More than a single cell type is also affected by the decrease in antioxidant capacity. Oxidative imbalance

may therefore be a general phenomenon associated with aging while its pathological consequences may be based on differing magnitudes of the imbalance or divergent cell- and tissue-specific capacities to restore a homeostatic balance. The fact that the outer hair cells but not the supporting cells undergo early cell death may best be explained by the intrinsic susceptibility of outer hair cells to oxidative stress [25].

In summary, our data provide evidence that various forms of oxidative stress increase in the aging cochlea, while cellular antioxidant defense systems are reduced. The time course of these changes and the structures affected by them agree well with the pattern of pathology and pathophysiology of the cochlea. Oxidative imbalance may, therefore, contribute to age-related hearing loss. Precise causal relationships, however, remain to be established.

ACKNOWLEDGEMENT

This research was supported by a pilot grant from the American Claude Pepper Center at the University of Michigan, program project grant AG-025164 from the National Institute on Aging, and core grant P30 DC-05188 from the National Institute on Deafness and Other Communication Disorders, NIH.

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Non-standard abbreviations used

4-HNE, 4-hydroxynonenal; AIF, Apoptosis-inducing factor; ROS, Reactive oxygen species; SOD2, Manganese superoxide dismutase (mitochondrial).

Panel A: Cochlear protein samples were separated by SDS-PAGE on a 10% gel under nonreducing conditions (omission of mercapto ethanol from the PAGE buffer) and Western blots were stained for glutathione as described in "Methods". Several glutathione-conjugated proteins, including a highly glutathionylated band at 42 kDa, were consistently detected. Panel B: Quantification of the 42 kDa band as percent of 3-months values. * The difference between 3 and 18 months is significant ($p < 0.05$; n = 4).

Figure 2. Immunostaining of 4-HNE and 3-NT increases with age

Sections from the basal turn of the cochlea were prepared and stained as described in 'Methods'. Red fluorescence, 4-HNE; green fluorescence, 3-NT; blue fluorescence, DAPI staining for nuclei. Scale bar: 10 µm.

Panel A: Immunostaining of 4-HNE and 3-NT in the organ of Corti is associated with the phalangeal processes of Deiters cells (box) and the inner and outer pillar cells (arrow). The staining was consistently stronger at 18 and 23 months than at 3 and 12 months (12 months not shown). Staining of inner hair cells was less affected by age (arrow heads). The figures are representative of three animals for each condition.

Panel B: Immunostaining of 4-HNE and 3-NT increased in spiral ganglion cells at the age of 23 months, but not at 18 months. The figures are representative of three animals for each condition. The bright green areas in the 18- and 23-mo sections are bony structures around the ganglion cells.

Panel C: Immunostaining of 4-HNE and 3-NT in stria vascularis increased in specific segments of the lateral wall tissues at the age of 23 months. Mostly affected was the area of the spiral prominence (arrow). At 23 months, the thickness of spiral ligament (fibroblasts and other cell types) appeared reduced. The figures are representative of three animals for each condition.

Figure 3. AIF decreases in the organ of Corti with age

Sections from the basal turn of the cochlea were prepared and stained as described in 'Methods'. Immunoreactivity to AIF (green) is reduced in the organ of Corti at the age of 18 months compared to sections from 3-months old animals. The AIF staining is decreased in the cytosol of outer hair cells (box) and adjacent Deiters cells, but there is no apparent change in the vicinity of inner hair cells. Red fluorescence is PI staining for nuclei. The figure is representative of three animals for each age. Scale bar: 10 µm.

Figure 4. SOD2 decreases in the aging cochleae with age

Panel A: Cochlear protein samples were separated by SDS-PAGE on a 13% gel and Western blots were processed as described in "Methods".

Panel B: Densitometry of the gels and statistical analysis confirmed a decrease of 50% in old (18 to 22 months) compared to young (1.5 to 3 months) and middle-aged animals (8 to 12 months). Data are represented as percent of 3-month values. $*$ P < 0.05; n = 5.

Figure 5. immunoreactivity for SOD2 in the inner ear

Sections from the basal turn of the cochlea were prepared and stained as described in 'Methods'. Green fluorescence, SOD2; red fluorescence, PI stain for nuclei. Scale bars: 10 μ m. Panel A: In the organ of Corti, immunostaining localized mitochondrial SOD2 in all cell types of 3-months old animals, including outer hair cells (box), inner hair cells (arrow head) and supporting cells (arrow). Staining decreased at later ages. Panels represent three animals for each condition.

Panel B: Surface preparations from the basal turn of the organ of Corti showed punctate localization of SOD2 in the mitochondria of the outer hair cells at 3 months which decreased

at 18 months. Staining for nuclei showed no loss of hair cells. Panels represent three animals for each condition.

Panel C: The staining of SOD2 in the mitochondria of spiral ganglion cells was decreased at the age of 18 months and more so at 23 months. Staining with PI suggests a reduction of the number of cell nuclei at 23 months. Panels are representative of three animals for each condition.

Panel D: No difference in staining intensity was seen in sections of the stria vascularis at different ages. Panels are representative of three animals for each condition.