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Neural Substrates of Increased Memory Sensitivity for Negative Stimuli in Major Depression

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Abstract

Background—Although memory biases for negatively valenced stimuli have been reliably associated with depression and have been postulated to play a critical role in the maintenance of this disorder, the neural bases of these biases have received little attention. In this study, we tested a model of heightened memory sensitivity for negative information in depression in which neural mechanisms that normally facilitate memory for affective material are over-recruited during encoding of negative material in depression.

Methods—We used functional magnetic resonance imaging to examine amygdala activity and functional connectivity with the hippocampus and caudate-putamen during successful encoding—as assessed by a recognition memory probe one week following scanning—of negative, neutral, and positive pictures by 14 depressed and 12 nondepressed individuals.

Results—Depressed individuals demonstrated greater memory sensitivity than did nondepressed participants to negative, but not to neutral or positive, stimuli. The right amygdala was more active and showed greater functional connectivity with the hippocampus and caudate-putamen during encoding of subsequently remembered negative, but not neutral or positive, stimuli in depressed than in control participants. The degree of memory-related right amygdala responsivity in the depressed participants was significantly correlated with depressive severity.

Conclusions—These findings support the formulation that, in remembering negative information better than nondepressed persons, depressed individuals over-recruit a neural network involved more generally in enhancing memory for affective stimuli, and that the degree to which they over-recruit this system is related to the severity of clinical symptomatology.

Keywords

Depression; Amygdala; Hippocampus; Caudate; Putamen; Memory

Introduction

Cognitive theories of depression (e.g., 1) posit that negative cognitions, derived from dysfunctional self schemas, play a central role in the etiology and course of this disorder. These dysfunctional schemas are hypothesized to bias information processing in depression, with

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depressed individuals selectively attending to and remembering affectively negative material. Indeed, there is strong evidence that depressed individuals are characterized by negative biases in memory, demonstrating better memory for negative material than do nondepressed individuals, (e.g., 2,3,4). Importantly, several theorists have proposed that selective memory for negative information in depression contributes to the duration and severity of depressive episodes, (e.g., 5,6).

Despite these consistent findings, we know little about the neural underpinnings of enhanced memory for negatively valenced stimuli in depressed relative to nondepressed individuals. Both lesion and functional neuroimaging studies confirm that the amygdala plays an important role in bolstering memory for emotional material. Cahill and his colleagues (7,8), for example, reported that the generally better recall of affectively valenced than of neutral information is sharply attenuated in patients with lesions confined to the amygdala. Furthermore, using fMRI, Canli found amygdala responsivity to predict subsequent memory performance for affective stimuli both across individuals (9) and across trials (10).

Several investigators have posited that the amygdala facilitates memory for emotional stimuli through modulation of the hippocampus, a structure crucial for episodic memory encoding, (e.g., 11). Packard, Cahill, and McGaugh (12), for example, showed that amygdala stimulation following training facilitated hippocampal-mediated learning in rats and was not blocked by anesthetizing the amygdala prior to a retention test, indicating that the resulting pro-mnemonic effects were not due to lasting changes within the amygdala itself. These findings of amygdala facilitation of hippocampal-dependent learning are echoed in neuroimaging studies of humans by investigators reporting a significant correlation between activation of the amygdala and hippocampus during successful encoding of affective stimuli (13,14).

The amygdala has also been found to facilitate learning that is dependent on the putamen and caudate, (e.g., 12,15), a structure complex centrally involved in skill learning, (e.g., 16). Packard and Teather (15), for example, found that amygdala stimulation following training in rats facilitates caudate-putamen mediated learning and, further, that these memory bolstering effects are blocked by anesthetizing the caudate-putamen following training, but not by pretest amygdala anesthetization. Moreover, given that the amygdala and caudate-putamen comprise nodes of the affective division of the cortico-striatal-pallidal-thalamic (CSPT) loop (17), a circuit involved in the maintenance of information in working memory, (e.g., 18), investigators have posited that the amygdala-caudate-putamen system subserves emotionally-mediated working memory.

The formulation that over-active amygdala-caudate-putamen and/or amygdala-hippocampus systems underlie enhanced memory for negative information in depression is also consistent with findings that depressed individuals have been characterized by greater responsivity to negative stimuli in the amygdala (19–22), hippocampus (19) and caudate-putamen (19) than are nondepressed persons. The relevance of amygdala reactivity to memory in depression has been shown by Roberson-Nay et al. (23) who found that, unlike their nondepressed peers, depressed adolescents showed greater amygdala reactivity when viewing faces that they subsequently remembered versus faces that they subsequently forgot.

The present study was designed to test a model of enhanced memory for negative stimuli in depression in which the neural mechanisms that are involved in bolstering encoding of emotionally valenced material in general are recruited more during encoding of negative material by depressed individuals. More specifically, we test a model in which amygdala activity and consequent modulation of the hippocampus and/or the caudate-putamen is increased during successful encoding of negative stimuli in depression. Based on the literatures reviewed above, we hypothesize that depressed individuals will exhibit better memory for

negative material than will nondepressed individuals, as well as greater amygdala activation during successful encoding of negative material. Finally, we predict that amygdala activation during successful encoding of negative stimuli will be more strongly correlated with activation in the hippocampus and caudate-putamen in depressed than in nondepressed participants.

Methods and Materials

Participants

Fourteen individuals diagnosed with Major Depressive Disorder (MDD; 8 females) and 12 nondepressed controls (6 females) with no history of psychiatric disorder participated in this study. Participants were recruited from local psychiatric outpatient clinics as well as through website postings. Inclusion criteria optimized diagnostic homogeneity of our depressed and nondisordered samples and required that all participants: (1) were between the ages of 18 and 50; (2) had no reported history of brain injury, lifetime history of primary psychotic ideation, social phobia, panic disorder, mania, or post-traumatic stress disorder; (3) did not meet diagnostic criteria for current generalized anxiety disorder; (4) had no reported substance abuse within the past six months; and (5) had no physical limitations that prohibited them from undergoing an fMRI examination. Nine of the depressed participants and none of the nondepressed individuals were required to have maintained a steady antidepressant dosage for one month prior to being scanned.

All depressed participants met criteria for a DSM-IV diagnosis of MDD on the basis of the Structured Clinical Interview for DSM (SCID; 24); none of the control participants met criteria for any current or past Axis I disorder. In addition, all participants completed the Beck Depression Inventory-II (BDI-II; 25). Depressed individuals with comorbid panic disorder or social phobia were excluded from participation in the study. Informed consent was obtained from all participants, and each participant was paid \$25 per hour. All aspects of this study complied with the ethical standards for treatment of human participants from the American Psychiatric Association.

Picture Encoding Task

Participants viewed stimuli in the scanner through a projector-directed mirror. The stimuli were selected from the International Affective Picture System (IAPS; 26). A schematic of the inscanner picture encoding task, adapted from a procedure used by Canli et al. (10), is presented in Figure 1. Each trial lasted 14 seconds and was composed of: 1) picture presentation for the first 2000 ms; 2) picture intensity rating (1 – not intense, 2 – somewhat intense, 3 – quite intense, 4 – extremely intense); and 3) affective valence rating of the picture (1 – negative, 2 – neutral, 3 – positive). A response indicator light in the console room of the scanner was monitored to ensure that participants maintained attention to the task; in addition, in-scanner behavioral data were checked following scanning to ensure there were no missed trials. For the remainder of the trial, participants viewed a fixation cross. Responses were made with a four-button fMRI response box developed at The Lucas Center at Stanford University. Stimulus presentation, timing, and recording of behavioral data during scanning as well as subsequent memory assessment were controlled by a Dell PC running E-prime v1.2 (Psychology Software Tools Inc.; www.pstnet.com/eprime).

Each participant viewed 70 negative (mean normed valence: 2.60; range: 1.3 - 3.9), 70 neutral (mean normed valence: 5.05; range: 4.3 - 5.8), and 70 positive (mean normed valence: 7.30; range: 6.7 - 8.3) pictures, for a total of 210 14-second trials completed over five 588-second scanning runs. Stimuli were presented in random order to each participant. Two sets of IAPS stimuli were used for this study. One set was used for the in-scanner encoding portion of the

study, and the other set, of equal size and matched for normed intensity and valence, served as foil stimuli for subsequent incidental recognition memory testing; the stimulus set designated as "target" or "foil" varied randomly across participants.

Incidental Recognition Memory Task

One week after the scan, participants returned to the lab to complete the incidental recognition memory portion of the study. The 210 IAPS pictures they had seen the previous week during scanning and 210 foil IAPS pictures were used as stimuli. On each trial, participants first saw a fixation cross presented for 1000 ms that alerted them to the coming memory probe. An IAPS picture probe was then presented along with a key indicating how they should respond. In order to optimize variability in our memory measure to reflect the real variation that is present in recognition of previously seen stimuli as well as to afford us the opportunity to account for this variability in our behavioral and neural analyses, we used a three-point recognition memory probe. Participants were to press "1" if they assessed the picture as previously unseen, "2" if the picture seemed merely familiar, and "3" if participants remembered having seen the picture.

FMRI Data Acquisition

Blood-oxygen level-dependent (BOLD) data were acquired with a 1.5 T General Electric Signa MR scanner. Following scout scanning, two iterations of high order shimming were performed over the whole brain. Next, BOLD data were acquired with a single channel, whole-head imaging coil from 24 axial slices using a spiral pulse sequence (27) [repetition time (TR) = 83 ms/slice, echo time (TE) 40 ms, flip angle = 70°, field of view (FOV) = 24 cm, acquisition time = 2000 ms per frame, number of frames = 299 per run]. Axial slices had 3.75 mm² inplane and 4 mm through-plane resolution (with 1 mm between-slice distance). A high resolution structural scan (115 slices, 1 mm² in-plane and 1.5 mm through-plane resolution, TE = min, flip angle = 15°, FOV = 22cm) was performed following BOLD scanning runs. Head movement was minimized by using a bite-bar formed with each participant's dental impression.

Analyses: Recognition Memory Data

For each participant, memory sensitivity was calculated for each of the three valence categories. Individual trials from recognition memory testing were categorized as "Hits" if participants had seen the probe picture during scanning and indicated this during testing of recognition memory by assigning it a rating of "3." Trials were categorized as "False Alarms" if participants had not seen the probe picture during the scan but assigned it a rating of "3," indicating that they thought they had seen the picture. Hit and False Alarm rates were calculated for each subject for each valence category by dividing the number of hits and false alarms, respectively, by the total number of "3" (i.e.., 'picture seen') responses for a particular valence category. These rates were then used to compute sensitivity indices (d'). Given the reliable finding that depressed individuals do not remember information, in general, as well as their nondepressed counterparts (e.g., 28), we controlled for variance introduced by this general memory effect in our estimates of valence-specific memory sensitivity by dividing each participant's valence-specific (negative and positive) d' by their d' for neutral information. A two-way (group repeated over valence) analysis of variance (ANOVA) was conducted on these resultant memory sensitivity indices.

Analyses: BOLD Data

Preprocessing—BOLD images were slice-time corrected using the axial slice with the greatest degree of intersection with the core nuclei of the amygdalae as the reference slice. Images were then motion corrected using a Fourier interpolation algorithm from the AFNI imaging analysis suite (National Institute of Health; http://afni.nimh.nih.gov/). Data for which

sudden movement did not exceed 1mm were not corrected further. Scans for which sudden movement fell between 1mm and 3mm were corrected with a despiking algorithm from AFNI that replaced data from individual high motion acquisitions with outlier insensitive estimates. Data were then spatially smoothed with a Gaussian kernel (full width at half maximum = 4 mm) and high-pass filtered with a frequency criterion of one cycle per minute, and then converted to units of percent signal change. Finally, the BOLD data were warped to a common template space (29) to allow comparison between diagnostic groups.

Comparing memory-related amygdala reactivity across valence and diagnosis

—Indices of amygdala activity for remembered relative to forgotten stimuli were obtained for positive, negative, and neutral stimuli for each participant. Response amplitude differences for subsequently remembered versus forgotten stimuli were calculated as follows: 1) For each valence, delta functions were computed according to the rule that a picture-viewing event that generated a rating of "3" (picture was seen) during the recognition memory task received a value of 1, and a picture-viewing event that generated a rating of "1" (picture was not seen) during recognition memory testing was given a value of -1; 2) Resulting delta functions for each participant for each valence were convolved with a gamma function to render memory-relevant covariates for fitting with amygdala BOLD timecourses; 3) A least-squares data-fitting procedure (AFNI's 3dDeconvolve) was conducted on the memory covariates individually, first accounting for nuisance covariates.

To compare the resulting indices of amygdala responsivity to subsequently remembered versus forgotten stimuli as a function of group and valence, two-way (group repeated over valence) ANOVAs were conducted on a voxel-wise basis within the amygdalar region of interest (ROI). The statistical threshold was set at p = .05, corrected, for this analysis and analyses subsequently described. Statistical significance of these comparisons was calculated with the AFNI program AlphaSim, which estimates null hypothesis distributions via multiple Monte Carlo simulations. Probability values for any pairwise contrasts in which the direction of effect was predicted by our hypotheses were calculated as one-tailed; otherwise, p values were calculated as two-tailed.

Calculating psychophysical interaction between amygdala seed regions and the hippocampus and caudate-putamen—We used a procedure similar to that described by Heekeren et al. (30) to calculate the degree of psychophysical interaction between amygdala seed regions and the hippocampus and caudate-putamen. This approach differs from resting-state connectivity analyses in that it permits the calculation of context-dependent correlations in BOLD signal between structures in order to detect task- or performance-dependent co-activity. We implemented this procedure as follows: First, for each participant, an amygdala timecourse was extracted and nuisance covariates were removed. Next, for each valence condition, the resulting "clean" amygdala timecourse was multiplied, on a timepoint-by-timepoint basis, by a gamma function-convolved delta function contrasting successful and unsuccessful encoding events. The fit of the resulting task-by-amygdala timecourse with voxel timecourses within hippocampal and caudate-putamen ROIs was then calculated. A two-way (group repeated over valence) ANOVA was conducted on the resulting fit coefficients at each hippocampus and caudate-putamen voxel.

Results

Participant Characteristics

Table 1 presents the demographic and clinical characteristics of the depressed and nondepressed participants. The two groups of participants did not differ with respect to age, t (24) = 1.22, education t(24) = .17 or gender composition, $X^2(1,24) = .48$, all ps > .05. As expected, the depressed participants had higher scores on the BDI-II than did the nondepressed

participants, t(24) = 8.26, p < .05. Table 2 presents additional characteristics of our depressed sample, including antidepressant medication (if any) taken, medication dosage, length of medication period, number of depression-related hospitalizations, duration of current depressive episode, time since first onset of depressive illness, and BDI score.

Intensity Ratings

A two-way (group repeated over valence) ANOVA conducted on stimulus intensity ratings recorded during scanning yielded only a significant main effect of valence, F(2,21) = 80.5, p < .05. Paired samples t-tests contrasting intensity ratings as a function of valence indicate that participants rated negative stimuli as more intense than both neutral, t(25) = 14.23, and positive stimuli, t(25) = 6.41, and positive stimuli as more intense than neutral stimuli t(25) = 5.39, all ps < .05 (see Figure 2 for graphs of these results).

Recognition Memory Performance

A two-way (group repeated over valence) ANOVA was conducted on memory sensitivity estimates. No main effects for group, F(1,23) = 2.73, valence, F(1,23) = .47, or their interaction, F(1,23) = 2.73, were obtained, all ps > .05., We then examined differences in specific means to test our a priori hypotheses concerning group performance as a function of valence. These analyses indicated that whereas depressed participants exhibited greater memory sensitivity than did nondepressed controls for negative stimuli, t(24) = 1.88, p < .05, the two groups did not differ in memory performance for positive stimuli, t(24) = 1.17, p > .05. Within-groups contrasts yielded no difference in memory for negative relative to positive stimuli in the depressed group, t(13) = .50. In contrast, the nondepressed participants remembered positive stimuli better than they did negative stimuli, t(11) = 3.01, p < .05. These results are presented graphically in Figure 3.

Amygdala ROI Results

Two-way ANOVAs conducted on contrast estimates from the comparison of successful to unsuccessful encoding trials in left amygdala voxels yielded nonsignificant results (peak left amygdala voxel: group, F(1,21) = 1.25; valence, F(2,21) = .23; group by valence interaction, F(2,21) = .65, all ps > .05). The same analysis conducted on voxels within the right amygdala yielded a nonsignificant effect for group, F(1,21) = 1.86, p > .05, and a significant main effect for valence, F(2,21) = 4.92, p < .05, which was qualified by a significant interaction of group and valence F(2,21) = 3.35, p < .05 (all statistics reported from peak right amygdala voxel). Follow-up tests indicated that depressed participants exhibited greater right amygdala responsivity during successful relative to unsuccessful encoding than did nondepressed participants for negative material, t(24) = 2.49, p < .05, but not for neutral or positive material, t(24) = .86 and .09, respectively, both ps > .05. Importantly, this group difference in memoryrelated responsivity to negative material in the right amygdala was driven by greater amygdala reactivity in depressed than in nondepressed participants to subsequently *remembered* stimuli, t(24) = 2.32, p < .05, and not by decreased responsivity in depressed participants to subsequently forgotten stimuli, t(24) = .09, p > .05. In addition, within the depressed group, right amygdala responsivity during successful relative to unsuccessful encoding was greater for negative than for both neutral, t(13) = 3.82, p < .05, and positive, t(13) = 2.529, p < .05, stimuli, which did not differ significantly from each other, t(13) = .311, p > .05. In contrast, within the nondepressed group, memory-related right amygdala responsivity did not differ as a function of stimulus valence, all t(11) < 1.60, all ps > .05. These results are presented graphically in Figure 4. Finally, although the subsample sizes are relatively small, it is important to note that Kruskall-Wallis tests - a nonparametric test appropriate for use with small samples that is more sensitive to between-group differences than are ANOVA statistics (31) — yielded no significant differences between medicated and unmedicated MDD

participants in memory-related right amygdala responsivity for negative, neutral, or positive stimuli, all ps > .05.

Psychophysical Interaction Results

Psychophysical interaction of amygdala with hippocampus—Two-way (group repeated over valence) ANOVAs were conducted on indices of psychophysical interaction with the amygdala at each hippocampal voxel. No effects of group or valence or the interaction of these factors were sufficiently large to satisfy the statistical correction imposed by examining all voxels within this ROI. To decrease the magnitude of the correction factor to our significance threshold, we examined a smaller set of anterior hippocampal voxels found to correlate with the amygdala during effective encoding of affective stimuli (13). While omnibus tests of group and valence effects, and their interaction were not statistically significant, F(1,21) = .91, F(2,21) = .93, F(2,21) = 1.17, respectively, at peak voxel, exploratory between-group contrasts revealed that the degree of psychophysical interaction of the amygdala with the hippocampus was greater in the depressed than in the nondepressed participants during successful encoding of negative, t(24) = 1.84, p < .05, but not of neutral or positive stimuli, t (24) = .44 and 1.05, respectively, both ps > .05. No significant within-group effects of valence were obtained, all ps > .05. These results are presented in Figure 5.

Psychophysical interaction of amygdala with caudate-putamen—Analyses of the correlation of memory-related activity in the right amygdala with activation in voxels comprising ipsilateral caudate and putamen showed significant main effects within the right putamen for both group, F(1,24) = 11.54, and valence, F(2,24) = 3.83, both ps < .05, the interaction of group and valence, however, was not significant F(2,24) = 2.67, p < .05. Followup tests showed a greater memory-related correlation between the right amygdala and right putamen for depressed than for nondepressed participants for negative, t(24) = 3.55, p < .05, but not for neutral or positive stimuli, ts(24) = 1.22 and .59, respectively, both ps > .05. Further comparisons indicated that, within the depressed group, the amygdala-putamen correlation was greater for negative than for positive stimuli, t(13) = 3.55, p < .05, but not for negative relative to neutral stimuli, t(13) = 1.56, p > .05, or for neutral relative to positive stimuli t(13) = 1.69, p > .05, although the latter two comparisons did approach statistical significance. Within the nondepressed group, the memory-related amygdala-putamen correlation was lower for negative and positive stimuli than for neutral stimuli, ts(11) = 1.99 and 2.77, respectively, both ps < .05; correlations for positive and negative stimuli did not differ from each other, t(11) =2.78, p < .05. These results are presented in Figure 6.

Correlation of Depressive Severity with Amygdala Responsivity

Finally, the severity of depression within the MDD group, as assessed by BDI-II scores, was significantly correlated with memory-related right amygdala activation in response to negative stimuli, r(13) = .63, p < .05, see Figure 7, but not in response to neutral, r(13) = .12, or to positive stimuli, r(13) = -.09, both ps > .05.

Discussion

The present study was designed to test a neural model of enhanced memory for negative stimuli in depression. We report behavioral data that replicate previous findings showing better memory for negative information in diagnosed depressed than in nondepressed individuals. We also demonstrate that, compared to their nondepressed counterparts, depressed individuals are characterized by increased activity in the right amygdala during successful encoding of negative, but not of neutral or positive, stimuli. Finally, we find that during successful encoding only of negative stimuli was activity in the right amygdala correlated with activity in both ipsilateral caudate-putamen and hippocampus more strongly in depressed than in nondepressed

participants. Taken together, these findings provide support for a neural model of enhanced memory for negative material in depression in which, as they encode negative information, depressed persons over-activate a neural system that subserves encoding of affective material more generally.

This fMRI study is the first to examine the neural substrates of the negative memory bias that has been found in behavioral studies with depressed adults. The present data advance our understanding of depression by elucidating the neural substrates of a consistently reported negative memory bias in this disorder, a process postulated to contribute to the severity of depressive episodes, (e.g., 5,6). Indeed, this formulation is supported by the finding that severity of depression was significantly correlated with amygdala activity during encoding of negative stimuli that were remembered a week later.

An important aspect of the present findings concerns the specificity of amygdala responsivity and connectivity in depression. Activation differences between depressed and control participants were found for the encoding of subsequently remembered negative, but not positive, stimuli despite the fact that positive stimuli also were rated as more intense than neutral stimuli. Thus, the amygdala responsivity exhibited by depressed participants in response to successfully encoded negative material was not simply reflecting an intensity effect. Moreover, these results do not appear to be related to medication status. Comparisons of amygdala responsivity in medicated and unmedicated MDD participants yielded no significant effects. While the relatively small subsamples in these comparisons dictate that we use caution in interpreting these results, they are nonetheless consistent with the formulation that medicated and unmedicated depressed participants do not differ in memory-related amygdala responsivity.

It is noteworthy that whereas Canli et al. reported greater amygdala activity during effective encoding of affective stimuli in unselected participant samples (e.g., 9,10) the nondepressed participants in the present study did not exhibit this pattern of activation. This discrepancy may be due to the fact that the nondepressed participants in the present study were selected to have no current or past Axis I disorder and, consequently, were likely characterized by lower levels of psychopathology or distress than were the samples studied by Canli and his colleagues. This is an important consideration in selecting criteria for control groups in psychopathology research, and investigators might examine this formulation more explicitly and systematically in future research.

Investigators working to elucidate the neural substrates of the negative memory bias in depression could expand the neural model presented here by examining the neural underpinnings of both encoding and retrieval processes. It will also be important to design studies that will permit inferences about causality and directionality of influence to be incorporated into neural models of depressotypic processes. For example, the advent of real-time neurofeedback techniques, in which participants can learn to modulate activity in structures such as the amygdala (32) in making corresponding changes to thought and behavior, holds promise that the role of the amygdala in the increased memory sensitivity for negative information in depression may be more clearly elucidated.

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Figure 1.

Schematic of individual fMRI memory encoding trials.



Figure 2.

Mean intensity ratings with standard error bars for positive (POS), neutral (NEU) and negative (NEG) stimuli in depressed (MDD) and control (CTL) groups. Mean values connected by bars are significantly different.



	NEG	POS
MDD	1.126 +/177	1.057 +/143
CTL	0.633 +/193	0.811 +/155

Figure 3.

Mean normalized memory sensitivity scores across levels of group and valence factors.



Figure 4.

Mean contrast coefficient values from remembered (REM) versus forgotten (FOR) contrast across valence and group variables in peak left amygdala (A; -19, -4, -12) and right amygdala (B; 17, -5, -12) voxels, and REM versus fixation and FOR versus fixation for negative stimuli in each group (C).



Figure 5.

Mean contrast coefficients from analysis of psychophysical interaction between right amygdala and right hippocampus for each level of group and valence. Values shown are from peak hippocampal voxel (22, -11, -12).

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Figure 6.

Mean contrast coefficients from analysis of psychophysical interaction between right amygdala and right caudate-putamen for each level of group and valence. Values shown are from peak caudate-putamen voxel (17, 5, 6).



Figure 7.

Scatter plot showing positive correlation between BDI-II score in depressed participants and memory-related right amygdala responsivity to negative stimuli.

Table 1

Participant demographic and clinical data; mean +/- standard error

	Control	Depressed
Age Education % Female	$\begin{array}{c} 31.4 \ +/- \ 10.2 \\ 15.43 \ +/- \ 2.6 \\ 50\% \end{array}$	36.5 +/- 10.3 15.27 +/- 1.7 57%
BDI-II	.91 +/- 1.4	27.6 +/- 10.6

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		BDI	15	14	24	13	45	34	25	15	41	33	39	27	33	28
logical and clinical data	Years Since First	Episode	29	NR	2	25	18	20	NR	25	2	7	15	1	11	5
	Duration of Current	Episode (months)	21	NR	1	6	6	5	36	8	2	10	4	14	28	16
	MDD-related Hospitalizations		0	NR	1	0	0	0	0	0	0	0	0	0	0	0
	Duration of Medication		4 months	1	2 years	1	1.5 years; 4 years	3 years	1 year; 1 month	1	3 months	1	1	5 months; 5 months	2 years	1 year; 1 month
Depressed participants: Pharmac		Medication and Daily Dosage	Venlafaxine (300 mg)	none	Venlafaxine (450 mg)	none	Escitalopram; Bupropion (dosage NR)	Venlafaxine (150 mg)	Duloxetine (40 mg), Bupropion (300 mg)	none	Sertraline (100 mg)	none	none	Venlafaxine (225 mg); Bupropion (300 mg)	Venlafaxine (150 mg)	Venlafaxine (75 mg); Bupropion (100 mg)
		Participant	MDD1	MDD2	MDD3	MDD4	MDD5	MDD6	MDD7	MDD8	MDD9	MDD10	MDD11	MDD12	MDD13	MDD14

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Note. NR, not reported.