# *MDR1* genotypes do not influence the absorption of a single oral dose of 600 mg valacyclovir in healthy Chinese Han ethnic males

#### Yan Zhang, Xue-Hua Jiang, Yu-Qin Hu, Zhi-Ru Li,<sup>1</sup> Lan Su,<sup>1</sup> Zhan-Guo Wang & Guo Ma

West China School of Pharmacy, Sichuan University and <sup>1</sup>Chengdu Blood Centre, Chengdu, Sichuan, China

## WHAT IS ALREADY KNOWN ABOUT THIS SUBJECT

- The absorption of valacyclovir presents a highly negative correlation with the level of P-glycoprotein expression.
- It has been confirmed that a polymorphism of the *MDR1* gene in exon 26 is related to the level of P-glycoprotein expression in intestine.
- This study was conducted to find the relationship between polymorphism of *MDR1* gene and absorption of valacyclovir.

### WHAT THIS STUDY ADDS

- Linkage disequilibrium exists between G2677T/A in exon 21 and C3435T in exon 26, between C1236T in exon 12 and C3435T, but not between C1236T and G2677T/A of *MDR1* gene in the Chinese Han ethnic population.
- Three single nucleotide polymorphisms of *MDR1* gene do not influence the absorption of valacyclovir in the healthy Chinese Han ethnic population.

#### Correspondence

Professor Xue-Hua Jiang, West China School of Pharmacy, Sichuan University, No. 17, Section 3, Southern Renmin Road, Chengdu 610041, China. Tel: + 86 028 8550 1370 Fax: + 86 028 8550 3024 E-mail: jxh1013@vip.163.com

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#### AIMS

To investigate the influence of three single nucleotide polymorphisms (SNPs) in exon 12 (C1236T), exon 21 (G2677T/A) and exon 26 (C3435T) of *MDR1* gene on the absorption of valacyclovir after a single oral administration in the Chinese Han ethnic population.

#### **METHODS**

Two hundred healthy Chinese subjects were genotyped for the SNPs of C1236T, G2677T/A and C3435T in the *MDR1* gene using allele-specific polymerase chain reaction. Linkage disequilibrium (LD) was analysed. Twenty-four subjects derived from a large random sample (n = 200) received a single oral dose of 600 mg valacyclovir. Plasma concentrations of acyclovir were determined up to 14 h after administration to obtain a pharmacokinetic profile.

#### RESULTS

LD existed between G2677T/A in exon 21 and C3435T in exon 26 (P < 0.001), between C1236T in exon 12 and C3435T (P < 0.001), but not between C1236T and G2677T/A (P > 0.05).  $C_{max}$  AUC<sub>0-1.5 h</sub> and AUC<sub>0-∞</sub> were used as indices of valacyclovir absorption. AUC<sub>0-∞</sub> for the 2677TA genotype was 17.45 ± 2.40 µg × h/ml, which was much higher compared with the 2677GG, GA and TT genotypes of 10.44 ± 1.00, 11.84 ± 2.83, 11.34 ± 2.32 µg × h/ml, respectively (P < 0.05). Similarly, a statistically significant difference of AUC<sub>0-∞</sub> was also observed for different linked genotypes at position 2677 vs. 3435, and 1236 vs. 3435 (P < 0.05). However, there was no significant difference in valacyclovir absorptive pharmacokinetics between carriers and noncarriers of different haplotypes (P > 0.05).

#### CONCLUSIONS

Three SNPs of *MDR1* gene did not influence the absorption of a single oral dose of 600 mg valacyclovir in healthy Chinese Han ethnic subjects.



## Introduction

P-glycoprotein (P-gp) encoded by the human multidrug resistance gene (*MDR1*) is an integral membrane protein, a member of the ATP-binding cassette (ABC) superfamily of transporters, acting as an efflux pump. P-gp can transport many structurally unrelated compounds, including anticancer agents, cardiac drugs, HIV protease inhibitors, antibiotics, calcium channel blockers and H<sub>1</sub> antihistamines.

P-gp is expressed not only in tumour cells but also in many normal human tissues (small intestine, liver and kidney) and at various blood-tissue barriers (blood-brain barrier, blood-testis barrier and placenta) [1–4]. In these tissues, P-gp locates on the apical or luminal surface of the epithelial cells, which results in limited drug absorption from the gastrointestinal tract, promotes drug elimination into bile and urine and impedes drug penetration into the brain, testis and fetus [5]. As mentioned above, P-gp plays a very import role in the process of absorption, distribution, metabolism and excretion of its various substrates, and is also associated with drug-drug interaction due to its inhibition and induction. Moreover, P-gp provides additional protection for some sensitive tissues, including the brain, testis and fetus.

Many pharmacogenetics and pharmacogenomics studies have revealed that some single nucleotide polymorphisms (SNPs) of the MDR1 result in changes in P-gp expression and function among different ethnicities and subjects [6-9]. In recent years, 50 SNPs and three insertion/ deletion polymorphisms have been reported in the MDR1 gene [10]. Among them, most attention has been focused on a synonymous mutation at position 3435 in exon 26 (C3435T). Although it does not change the encoded amino acid sequence, it is associated with altered protein expression. The mechanism by which C3435T affects P-gp expression may be in linkage disequilibrium (LD) with one or more unidentified variants in other regions of the MDR1 gene that control expression. It has been shown recently that this synonymous SNP in exon 26 (C3435T) is linked to the nonsynonymous exon 21 (G2677T/A) polymorphism, which results in Ala893Ser/Thr exchange, as well as another synonymous exon 12 (C1236T) mutation [8, 11, 12]. It is now widely held that haplotype-based approaches will offer greater ability to predict changes in phenotype than SNP-based approaches [13–15].

Valacyclovir is an effective antiviral drug and is prodrug of acyclovir. Studies have demonstrated that the absorption of valacyclovir and acyclovir presents a highly negative correlation with the level of P-gp expression [16, 17]. However, the influence of polymorphism of *MDR1* gene on their absorption has not been reported. In this study, the LD of mutations in exon 12 (C1236T), exon 21 (G2677T/A) and exon 26 (C3435T) was evaluated, and the effects of one SNP, common linked genotypes and haplotypes on pharmacokinetic parameters after oral valacyclovir were also explored.

### **Methods**

#### Human subjects

Two hundred healthy unrelated male Chinese subjects living in Chengdu city had been determined for the MDR1 genotypes at positions 3435, 2677 and 1236. Twenty-four subjects were enrolled in pharmacokinetic studies of oral valacyclovir. To avoid bias by ethnicity, every individual was of Han ethnic group. The subjects ranged in age from 21 to 28 years (median 24 years) and in body weight from 58 to 70 kg (median 64 kg). All were in good health as judged by their medical histories, physical examination, electrocardiogram, urine analysis and routine tests of biochemistry, hepatitis B and C. The subjects refrained from alcohol, coffee, tea or any fruit juice and did not take any drug during the entire pharmacokinetic study period. All subjects provided written informed consent before participating. The investigation was approved by the local ethics committee of Sichuan University.

#### MDR1 genotyping

Genomic DNA was extracted from leucocytes from peripheral venous blood samples using the Gentra Genomic DNA purification kit (D4000; Gentra Systems, Minneapolis, MN, USA). The allele-specific polymerase chain reaction (AS-PCR) method was used to determine the MDR1 C3435T, G2677T/A and C1236T genotypes according to the method of Plassmann et al., with minor modifications [18]. This single-tube PCR technique relies on allele-specific primers that differ in length by 8–10 bp for each SNP and results in PCR products of different sizes. The PCR products were separated for 1 h at 100 V on 2% agarose gels using 10 mg ml<sup>-1</sup> ethidium bromide as stain and visualized under Gel Imaging system (GenoSens1200, Shanghai, China). The accuracy and reliability of the AS-PCR method were confirmed by DNA sequencing by TakaRa Biotechnology Corporation (Dalian, China).

#### Haplotype analysis

LD was analysed between the different pairs of three SNPs after all 200 healthy subjects had been genotyped. Haplotype analysis would be completed next if LD had been confirmed between two SNPs. Each genotype was appointed to a haplotype pair [19, 20]. The haplotype pair could be appointed unambiguously for those individuals who were homozygous at both variants or who were heterozygous at only one variant. However, for those individuals who were heterozygous at both variants, such as genotype 11, two haplotype pairs, 11/22 and 12/21, were possible (Table 4). At this time, haplotype pairs were determined by haplotype frequencies that had been calculated for the sample of 200 subjects. With the assumption that each haplotype is inherited dominantly, comparisons were performed between carriers and noncarriers of each particular haplotype.

#### Pharmacokinetic analysis

After overnight fasting, each subject received a single oral dose of 600 mg valacyclovir with 100 ml water. They were allowed eat a standardized meal 3 h later after administration. Venous blood samples were collected through an indwelling cannula before and at 0.25, 0.5, 1.0, 1.5, 2.0, 2.5, 3.0, 3.5, 4.0, 5.0, 8.0, 12.0 and 14.0 h after administration, and serum samples were prepared and immediately stored in polypropylene tubes at -70 °C. Acyclovir serum concentration was determined by sensitive and specific high-performance liquid chromatography with ultraviolet detection. The method was routinely validated to confirm accuracy and precision. The average recovery of acyclovir ranged from 94 to 102%. Coefficients of intra- and interday variation for acyclovir were 1.0 and 3.9%, respectively. The limit of quantification in this assay was 6 ng ml<sup>-1</sup>.

Mean values of duplicate measurements were used for further calculations. The absorption of valacyclovir was characterized by peak plasma concentration  $C_{\text{max}}$ , area under the plasma concentration–time curve from time zero to 1.5 h (AUC<sub>0-1.5 h</sub>), and AUC<sub>0-∞</sub> from zero to infinity of acyclovir. The  $C_{\text{max}}$  was estimated directly from the observed plasma concentration vs. time data curve. The AUC<sub>0-1.5 h</sub> was calculated by use of the linear trapezoidal rule. The AUC<sub>0-∞</sub> was calculated as follows: AUC<sub>0-∞</sub> = AUC<sub>0-14 h</sub> +  $C_{14}/k_e$ , where  $C_{14}$  is the plasma concentration measured 14 h after drug administration and the elimination rate constant ( $k_e$ ) was estimated from the leastsquares regression slope of the terminal plasma concentrations.

#### Statistical analysis

Data were presented as mean  $\pm$  SD. Genotype and allele frequencies of three SNPs were assessed for deviation from Hardy–Weinberg equilibrium using the  $\chi^2$  test. Classical statistic Lewontin's coefficient D' and  $\chi^2$  tests were used for analysis of LD between SNPs at position 1236, 2677 and 3435. The Mann–Whitney *U*-test was used for evaluation of the significance of differences in pharmacokinetic para-

meters between the two genotypic groups. Data from three or more different genotypic groups were compared by Kruskal–Wallis *H*-test. Statistical analysis was performed using SPSS software (version 10.0; SPSS Inc., Chicago, IL, USA). A *P*-value <0.05 was considered to be statistically significant.

### Results

# MDR1 genotype distribution in the Chinese Han ethnic group

The genotypic and allelic frequencies of the C1236T, G2677T/A and C3435T SNPs in 200 Chinese Han subjects are shown in Table 1. C1236T, G2677T and C3435T mutations largely appeared with variant allele frequencies of 34.3% [confidence interval (Cl) 29.6, 39.0], 45.0% (Cl 40.1, 49.9) and 43.3% (Cl 38.4, 48.2), respectively, whereas G2677A mutation occurred with a frequency of 13.3% (Cl 10.0, 16.6). Age and weight had no effect on the genotype or allele distribution. The results were in good agreement with those published in other studies [11, 14] and did not show significant deviation from Hardy–Weinberg equilibrium.

#### Genetic linkage of MDR1 SNPs

Distribution of combined genotypes and the results of analysed LD between the different pairs of three *MDR1* SNPs are shown in Table 2. Because the variant 2677A in exon 21 occurred with a lower allele frequency, variant 2677A was counted together with 2677T when  $\chi^2$  values were calculated. According to the results of D' value and  $\chi^2$  test, LD existed between G2677T/A in exon 21 and C3435T in exon 26 (*P* < 0.001), C1236T in exon 12 and C3435T (*P* < 0.001), but not between C1236T and G2677T/A (*P* > 0.05). D' value ranged from 0 to 1. A D' value of 0 denotes complete linkage equilibrium, whereas a value 1 denotes complete LD.

### Table 1

Position, genotype and allele frequencies of *MDR1* SNPs in 200 Han subjects of Chinese

SNP	Exon	Genotype	frequency (%	)		Allele frequency (95% CI)				
C1236T	12	CC 10.5	CT 47.5	TT 42.0				C 34.3 (29.6, 39.0)	T 65.7 (61.0, 70.4)	
G2677T/A	21	GG 17.5	GT 37.5	GA 11.0	TA 10.5	TT 21.0	AA 2.5	G 41.7 (36.9, 46.5)	T 45.0 (40.1, 49.9)	A 13.3 (10.0, 16.6)
C3435T	26	CC 30.0	CT 53.5	TT 16.5				C 56.7 (51.8, 61.6)	T 43.3 (38.4, 48.2)	

In three single nucleotide polymorphisms (SNPs), no effects of age and weight were presented on the genotype and allele frequencies. Allele frequency was calculated on the basis of the Hardy–Weinberg distribution.

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# Influence of individual SNPs on valacyclovir pharmacokinetics

The results of the investigated genetic variants in a small sample for pharmacokinetic study were consistent with previous findings in a large (n = 200) sample, including analyses of genotypic and allelic frequencies of three SNPs, Hardy–Weinberg equilibrium and LD. Volunteers were grouped according to SNP genotype (Table 3) to explore the influence of three SNPs on valacyclovir pharmacoki-

## Table 2

А		C34	35T versus	G2677T/A	, D' = 0.73	81, χ <sup>2</sup> = 72	.067*	
$\searrow$	2677	GG	GT	GA	TA	TT	AA	
3435		35	75	22	21	42	5	
сс	60	28	10	14	1	3	4	
СТ	107	6	58	7	19	16	1	
TT	33	1	7	1	1	23	0	
В		C3435	T versus C1	236T, D' =	= 0.730, χ²	= 48.826*		
$\sim$	1236	СС	CT	TT				
3435		21	95	84				
сс	60	17	28	15				
СТ	107	3	61	43				
TT	33	1	6	26				
с		C1236	T versus G2	2677T/A, C	O' = 0.463,	$\chi^2 = 6.874$		
$\sim$	2677	GG	GT	GA	TA	TT	AA	
1236		35	75	22	21	42	5	
сс	21	6	2	6	1	3	3	
СТ	95	19	39	11	19	6	1	
TT	84	10	34	5	1	33	1	

The values represent the numbers of subjects with corresponding combined genotype. A, C3435T vs. G2677T/A; B, C3435T vs. C1236T; C, C1236T vs. G2677T/A. \*P < 0.001.

netics of the absorptive phase. After administration of a single oral dose of 600 mg valacyclovir, a significant difference of AUC<sub>0-∞</sub> was observed among different genotypes at position 2677. AUC<sub>0-∞</sub> for the 2677TA genotype was 17.45  $\pm$  2.40 µg × h/ml, which was much higher compared with the 2677GG, GA and TT genotypes of 10.44  $\pm$  1.00, 11.84  $\pm$  2.83 and 11.34  $\pm$  2.32 µg × h/ml, respectively (*P* < 0.05). Figure 1 also shows the difference in AUC<sub>0-∞</sub> between different genotypes at position 2677. The group with 2677AA was not investigated due to its low frequency.

# Influence of MDR1 genotypes and haplotypes on valacyclovir pharmacokinetics

Analysis was expanded on linked genotypes and haplotypes on the basis of the result of study of LD. Different allelic combinations of both variants of SNPs 1236 and 3435 can result in four possible haplotypes and nine possible genotypes (Table 4). Three haplotypes and six genotypes were detected in the 24 healthy male subjects. Comparisons among the five most common genotypes of our study demonstrated statistically significant differences in the  $AUC_{0-\infty}$  of pharmacokinetic parameters of the absorptive phase (Table 5). AUC<sub>0-∞</sub> ranged between  $10.98 \pm 3.35$  and  $16.07 \pm 4.09 \,\mu g \times h/ml$  (1.5-fold). Figure 2 demonstrates such a difference in terms of plasma concentration-time profiles of acyclovir. In addition, no significant differences were found for C<sub>max</sub>, AUC<sub>0-1.5 h</sub> or AUC<sub>0-∞</sub> between carriers and noncarriers of different MDR1 haplotypes (P > 0.05, Table 6). Likewise, seven of 18 theoretically possible linked genotypes were found between exon 21 (G2677T/A) and exon 26 (C3435T). AUC<sub>0-∞</sub> for the 2677TA/ 3435CT genotype was  $17.45 \pm 2.40 \,\mu\text{g} \times \text{h/ml}$ , which was much higher compared with the 2677GA/3435CC, 2677GG/3435CC, 2677GT/3435CT and 2677TT/3435TT genotypes of  $11.84 \pm 2.83$ ,  $10.44 \pm 1.00$ ,  $12.64 \pm 4.09$ 

## Table 3

Effect of individual single nucleotide polymorphisms on valacyclovir pharmacokinetic parameters in 24 healthy male volunteers

			C <sub>max</sub> (µg ml⁻¹)		AUC	<sub>–1.5 h</sub> (μg × h/ml)	AUC₀ <sub>⊸∞</sub> (μg × h/ml)		
Location	Genotype	n	Mean ± SD	95% CI of differences	$Mean \pm SD$	95% CI of differences	$Mean \pm SD$	95% CI of differences	
Exon12 (C1236T)	СС	3	2.86 ± 1.44		2.41 ± 1.51		10.98 ± 3.35		
	СТ	12	4.13 ± 1.51	(-0.48, 3.00)	3.59 ± 1.43	(-0.44, 2.79)	13.82 ± 3.84	(-1.69, 7.37)	
	TT	9	3.12 ± 0.86	(-1.54, 2.05)	2.71 ± 0.66	(-1.38, 1.96)	11.75 ± 2.61	(-3.91, 5.45)	
Exon21 (G2677T/A)	GG	3	2.96 ± 0.37		$2.81 \pm 0.60$		10.44 ± 1.00**		
	GT	9	3.87 ± 1.77	(-0.97, 2.79)	3.34 ± 1.54	(-1.24, 2.30)	13.20 ± 3.73	(-1.49, 7.00)	
	GA	4	3.92 ± 1.07	(-1.19, 3.12)	$3.20 \pm 1.12$	(-1.64, 2.41)	11.84 ± 2.83**	(-3.47, 6.26)	
	TT	4	$2.92 \pm 0.67$	(-2.20, 2.12)	$2.47 \pm 0.74$	(-2.37, 1.68)	11.34 ± 2.32**	(-3.97, 5.76)	
	TA	3	$4.47 \pm 1.10$	(-0.80, 3.82)	3.99 ± 1.36	(-0.99, 3.35)	17.45 ± 2.40	(1.81, 12.20)	
	AA	1	1.78	-	1.51	-	9.50	-	
Exon26 (C3435T)	CC	10	3.37 ± 0.95		2.88 ± 0.94		11.85 ± 2.60		
	CT	10	4.09 ± 1.76	(-0.53, 1.96)	3.60 ± 1.56	(-0.42, 1.86)	14.08 ± 4.22	(-0.89, 5.36)	
	TT	4	2.92 ± 0.67	(-2.10, 1.19)	2.47 ± 0.74	(-1.92, 1.09)	11.34 ± 2.32	(-4.64, 3.63)	

 $C_{\text{max}}$ , peak plasma concentration; AUC<sub>0-1.5 h</sub>, area under the serum concentration-time curve from time zero to 1.5 h; AUC<sub>0-∞</sub>, area under serum concentration-time curve from time zero to infinity; *n*, number of subjects; 95% CI of differences, compared with wild-type groups (1236CC, 2677GG, 3435CC). Data are expressed as arithmetic mean ± standard deviation (SD). \*\*Statistically significant difference (*P* < 0.05) compared with 2677TA group.



#### Figure 1

Comparison of serum concentration-time profiles of acyclovir after a single oral dose of 600 mg valacyclovir between groups with difference genotype in exon 21 G2677T/A of *MDR1* gene. Values are mean  $\pm$  SD. GG, ( $\triangle$ ); GA, ( $\bigcirc$ ); TT, ( $\bigcirc$ ); TA, ( $\square$ )

and 11.34  $\pm$  2.32 µg × h/ml, respectively (P < 0.05, Table 5). Figure 3 also describes the above difference. Moreover, haplotype analyses showed no statistical difference in pharmacokinetic parameters of absorptive phase between carriers and noncarriers of haplotype 11 (2677G/3435C), 22 (2677T/3435T) and 31 (2677A/3435C) (data not shown).

## Discussion

Valacyclovir is the prodrug of acyclovir and is rapidly and extensively converted to acyclovir after oral administration. The resulting acyclovir bioavailability is three to five times more than that of oral acyclovir [21, 22]. Accordingly, the plasma concentration of acyclovir was determined during the pharmacokinetic study of valacyclovir. Since acyclovir is primarily eliminated by the kidney, plasma concentration exceeding therapeutic range may lead to

#### Table 4

Four haplotypes and nine genotypes of MDR1deduced from single nucleotide polymorphism (SNP) C1236T (exon 12) and C3435T (exon 26)

	Genc (	otype )0	(	01	C	)2	ſ	10	1	1	1	12	2	20	ź	21	i	22
Pos 1236	Т	Т	Т	Т	Т	Т	С	Т	С	Т	С	Т	С	С	С	С	С	С
Pos 3435	С	С	С	Т	Т	Т	С	С	С	Т	Т	Т	С	С	С	Т	Т	Т
Haplotype	11	11	11	12	12	12	21	11	21	12	22	12	21	21	21	22	22	22
or																		
Pos 1236									С	Т								
Pos 3435									Т	С								
Haplotype									22	11								
n		1		4		4		6	(	6		0		3		0		0

Genotype coding: 0, homozygous for nucleotides identical with the reference sequence (1236TT, 3435CC); 1, heterozygous (1236CT, 3435CT); 2, homozygous for nucleotides different from the reference sequence (1236CC, 3435TT). The first digit refers to the exon 12 SNP, and the second refers to the exon 26. Haplotype coding is a follow: 1, identical to the reference sequence (variant in exon 12, 1236T, variant in exon 26, 3435T); 2, different from the reference sequence (variant in exon 12, 1236T, variant in exon 26, 3435T).

### Table 5

Comparison of pharmacokinetic parameters after a single oral administration of valacyclovir between groups with different linked genotype at positions 2677 vs. 3435 and 1236 vs. 3435 of *MDR1* gene

Combined genotype			n	C Mean ± SD	<sub>max</sub> (μg ml <sup>−1</sup> ) 95% Cl of differences	AUC₀ Mean ± SD	<sub>–1.5 h</sub> (μg × h/ml) 95% Cl of differences	AUC <sub>0</sub> . Mean ± SD	(μg × h/ml) 95% Cl of differences
2677 vs.3435	GG	СС	3	2.96 ± 0.37		2.81 ± 0.60		10.44 ± 1.00*	
	AA	CC	1	1.78	-	1.51	-	9.50	-
	GA	CC	4	3.92 ± 1.07	(-1.34, 3.27)	3.20 ± 1.12	(-1.73, 2.50)	11.84 ± 2.83*	(3.63, 6.42)
	GT	CC	2	3.67 ± 0.10	-	3.04 ± 1.08	-	15.14 ± 1.27	-
	GT	СТ	7	3.92 ± 2.04	(-1.12, 3.05)	3.43 ± 1.70	(-1.29, 2.53)	12.64 ± 4.09*	(-2.34, 6.74)
	TA	CT	3	$4.46 \pm 1.10$	(-0.95, 3.97)	3.99 ± 1.36	(-1.08, 3.44)	17.45 ± 2.40	(1.64, 12.37)
	TT	TT	4	$2.92 \pm 0.67$	(-2.34, 2.27)	$2.46 \pm 0.74$	(-2.46, 1.77)	11.34 ± 2.32*	(-4.13, 5.92)
1236 vs. 3435	CC	CC	3	2.86 ± 1.44		2.41 ± 1.51		10.98 ± 3.35**	
	CT	CC	6	$3.56 \pm 0.76$	(-1.25, 2.63)	2.96 ± 0.62	(-1.18, 2.27)	11.58 ± 1.90**	(-3.80, 4.99)
	CT	CT	6	4.70 ± 1.92	(-0.11, 3.78)	4.22 ± 1.77	(0.08, 3.53)	$16.07 \pm 4.09$	(0.69, 9.48)
	TT	CC	1	3.75	-	3.80	-	16.04	-
	TT	CT	4	3.17 ± 1.15	(-1.79, 2.40)	$2.67 \pm 0.38$	(-1.60, 2.12)	$11.10 \pm 2.41 * *$	(-4.63, 4.86)
	TT	TT	4	$2.92\pm0.67$	(-2.05, 2.15)	$2.46\pm0.74$	(-1.81, 1.91)	11.34 ± 2.32**	(-4.40, 5.10)

95%CI of differences, compared with 2677GG/3435CC group, 1236CC/3435CC group. Data are expressed as arithmetic mean  $\pm$  standard deviation (SD). \*Statistically significant difference (*P* < 0.05) compared with 2677TA/3435CT group. \*\*Statistically significant difference (*P* < 0.05) compared with 1236CT/3435CT group.

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serious neurological toxicity and impaired renal function, whereas low plasma concentration may cause failure of treatment of patients with herpes simplex and herpes zoster [23, 24]. Pharmacokinetic tests have revealed significant individual differences in human [16]. Therefore, it is important to find the factors causing such a difference, which may promote individualized treatment of valacyclovir and enhance safety and efficacy.

In this study, pharmacokinetic parameters of absorptive phase were chosen to assess primarily the influence of *MDR1* SNPs on absorption after a single oral dose of valacyclovir, including  $C_{max}$ , AUC<sub>0-1.5 h</sub> and AUC<sub>0-∞</sub>. The result of the present study indicates that SNP at position 2677 leads to a significant difference of AUC<sub>0-∞</sub>. Meanwhile, it was demonstrated that such a significant difference of AUC<sub>0-∞</sub> was observed during analyses based on linked



#### Figure 2

Comparison of serum concentration-time profiles of acyclovir after a single oral dose of 600 mg valacyclovir between groups with different linked genotype at positions 1236 and 3435 of *MDR1* gene. Values are mean  $\pm$  SD. 1236CC/3435CC, ( $\bigcirc$ ); 1236CT/3435CC, ( $\square$ ); 1236CT/3435CT, ( $\square$ ); 1236TT/3435CT, ( $\bigcirc$ ); 1236TT/3435CT, ( $\triangle$ )

#### genotypes at position 2677 vs. 3435 and 1236 vs. 3435, whereas haplotype analyses showed no statistical difference in any pharmacokinetic parameter between carriers and noncarriers. For the study of drug absorption, the use of AUC<sub>0----</sub> can give erroneous and exaggerated results because the area also includes the distribution phase, elimination phase or recycling besides the absorption phase. Likewise, it is well known that $C_{max}$ also has serious shortcomings as an indirect measure of rate of drug absorption. However, it has been reported that partial AUC from zero to $t_{max}$ of the test or reference formulation (AUCp) had greater statistical power than $C_{max}$ and AUC<sub>0- $\infty$ </sub> at detecting the difference in rate of absorption [25, 26]. Thus, this study could not draw any conclusion on the influence of individual SNPs at position 2677 and linked genotypes between G2677T/A, C1236T and C3435T on absorption of valacyclovir on the basis of a single statistical difference of AUC<sub>0----</sub>.



#### Figure 3

Comparison of serum concentration–time profiles of acyclovir after a single oral dose of 600 mg valacyclovir between groups with different linked genotype at positions 2677 and 3435 of *MDR1* gene. Values are mean  $\pm$  SD. 2677GA/3435CC, ( $\blacktriangle$ ); 2677GG/3435CC, ( $\blacksquare$ ); 2677GT/3435CT, ( $\bigcirc$ ); 2677TA/3435CT, ( $\square$ ); 2677TT/3435TT, ( $\triangle$ )

#### Table 6

Comparisons of valacyclovir pharmacokinetic parameters between subjects grouped according to *MDR1* haplotype 11, 12 and 21 deduced from single nucleotide polymorphism C1236T and C3435T

	C Mean ± SD	<sub>max</sub> (µg ml <sup>−1</sup> ) 95% Cl of differences	AUC₀ Mean ± SD	–1.5 h (μg × h/ml) 95% Cl of differences	AUC₀ <sub>∞</sub> (μg × h/ml) Mean ± SD 95% Cl of differences			
Haplotype 11								
Carrier ( <i>n</i> = 11)	3.43 ± 0.86		2.93 ± 0.58		11.81 ± 2.36			
Noncarrier (n = 13)	3.73 ± 1.69	(-1.46, 0.88)	3.26 ± 1.63	(-1.41, 0.75)	13.44 ± 4.08	(-4.53, 1.26)		
Haplotype 12								
Carrier ( <i>n</i> = 14)	$3.75 \pm 1.60$		3.27 ± 1.44		13.30 ± 3.90			
Noncarrier (n = 10)	$3.37 \pm 0.95$	(-0.79, 1.56)	$2.88\pm0.94$	(-0.69, 1.48)	$11.85 \pm 2.60$	(-1.49, 4.40)		
Haplotype 21								
Carrier ( <i>n</i> = 15)	3.87 ± 1.54		3.35 ± 1.47		13.26 ± 3.82			
Noncarrier (n = 9)	$3.12 \pm 0.86$	(-0.41, 1.92)	$2.71 \pm 0.66$	(-0.43, 1.73)	11.75 ± 2.61	(-1.49, 4.50)		

Carriers are endowed with at least one respective haplotype. Data are means ± SD. Mann–Whitney test was used for comparisons within haplotype groups.

In contrast to previously reported results [16], our results also indicate that there was a large variation in valacyclovir pharmacokinetics within every subject. Coefficient of variation of  $C_{max}$ , AUC<sub>0-1.5 h</sub> and AUC<sub>0- $\infty$ </sub> were 38%, 40% and 27%, respectively. High variability showed that additional factors may influence the absorption of valacyclovir. Christopher et al. [16] have studied the correlation of pharmacokinetic parameters following oral valacyclovir or acyclovir administration with expression levels of intestinal genes in human. They observed highly positive and significant correlations with 4F2hc (activator of dibasic and neutral amino acid transport) and human oligopeptide transporter (HPT1) and that the highly negative correlations were observed with MRP2, CYP3A subfamily. Therefore, this high variability may be related to other transporters and metabolic enzyme. In order to determine the real reason for this individual difference of valacyclovir, more studies are necessary to understand the degree of impact of various known and unknown genes and their variants on absorption of valacyclovir.

In summary, this present study has indicated significant linkage between the *MDR1* SNPs at positions 2677 or 1236 and 3435 in the Chinese Han ethnic population and no significant effect of *MDR1* SNPs in exon 12 (C1236T), exon 21 (G2677T/A) or exon 26 (C3435T) on absorption of valacyclovir.

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