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## PLASMODIUM MALARIAE INFECTION BOOSTS PLASMODIUM FALCIPARUM GAMETOCYTE PRODUCTION

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### Abstract

We analyzed records of malariotherapy patients sequentially or simultaneously inoculated with *Plasmodium falciparum* and *Plasmodium malariae*. Gametocyte production was enhanced in *P. falciparum* by prior or concurrent *P. malariae* infection but diminished or unaffected in *P. malariae* by *P. falciparum*. Conversely, asexual-form production was diminished in *P. malariae* but unaffected in *P. falciparum*.

## INTRODUCTION

The four *Plasmodium* species that cause human malaria often co-occur in human populations and individuals. In concurrently infected humans, densities of the species' asexual blood stages typically alternate.<sup>1,2</sup> Gametocytes, the sexual, transmissible, nonreplicating blood stages of the parasite, arise from a diversion of asexual-form production; gametocyte density increases by accumulation and represents a complex tradeoff with the compound growth of the asexual cycle.<sup>3,4</sup> Asexual forms are associated with pathogenesis; gametocytes are apparently clinically benign. Although gametocyte production has not been studied previously in mixed-species malaria infections, we have speculated that it plays a prominent role in the dynamics of these infections in humans.<sup>5,6</sup>

Current knowledge of *Plasmodium* dynamics in infected humans derives mostly from 40 years of work with malaria induced to treat neurosyphilis.  $^{7-10}$  Many fundamental insights are owed to these malariotherapy patients, including the doctrine of species specificity and strain specificity in malaria immunity, inferred from clinical and parasitologic responses to sequential inoculations.

We previously analyzed records of malariotherapy patients inoculated with either the McLendon strain of *Plasmodium falciparum* or the USPHS strain of *Plasmodium malariae*. <sup>11,12</sup> Here we analyze and compare parasite blood-stage dynamics reflected in the records of patients sequentially or simultaneously inoculated with both. In 14 patients, *P. falciparum* inoculation followed *P. malariae* inoculation, and in another 14, the order was reversed. In an additional 2 patients, what were thought to have been single-species inocula proved to include subpatent densities of the other species. We tested these 30 charts against those from 74 *P. malariae* and 63 *P. falciparum* single-species infections for differences in gametocyte or asexual-form dynamics.

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#### MATERIALS AND METHODS

Malariotherapy treatment and data collection procedures are described in detail in Collins and Jeffery<sup>11</sup> and McKenzie et al<sup>12</sup> and references therein; the article by Collins and Jeffery<sup>11</sup> contains extensive information about the participation and treatment of the patient population considered here and is accompanied by an explicit, independent analysis of relevant ethical issues.

We examined the records of adult neurosyphilis patients with no known history of previous malaria infection, treated with the McLendon strain of *P. falciparum* or USPHS strain of *P. malariae* or both between 1940 and 1958 in the United States Public Health Service (USPHS) facility in Columbia, South Carolina. Occasionally, when medical staff determined that therapeutic objectives had not been met by an initial malaria infection, the patient was reinoculated, with the same or a different *Plasmodium* species or strain. Here *P. falciparum* inoculation followed *P. malariae* inoculation by 36 to 175 days (mean, 67 days), and *P. malariae* inoculation followed *P. falciparum* inoculation by 56 to 244 days (mean, 98 days). All *P. malariae* and most *P. falciparum* infections were initiated by inoculation of 5 mL of whole blood from a patently infected patient; 17 of the *P. falciparum* infections analyzed were initiated by inoculation of sporozoites extracted from infectious mosquitoes. The 2 inoculation modes led to a difference in prepatency, as would be expected, but not in any other variable considered here.

We present the first day of patent (detected) parasitemia as Day I of an infection, in effect the day on which observed asexual-form parasite density reached 10 per µl of blood. In each infection, only the male (micro-) gametocytes were recorded.<sup>11,12</sup> The *P. falciparum* charts include daily records of parasitemia and gametocytemia for > 99% of the days of each infection after initial patency; the occasional blank daily records in patient charts reflect isolated absences or omissions by staff. The *P. malariae* charts from 1940–1949 include records of parasitemia and gametocytemia for an average 45% of the days of each infection after initial patency (in an alternate-day pattern but with an additional omission every 9th day); our analysis of *P. malariae* dynamics includes only charts from this period, rather than the near-complete 1950–1958 charts, because the only post–*P. falciparum P. malariae* charts that satisfy the subsequent criteria are from 1940–1949.<sup>12</sup>

Malariotherapy infections generally were allowed to continue as long as possible without intervention. At the discretion of medical staff, subcurative doses of various drugs might be given to provide temporary breaks, or a curative dose might be given to terminate the infection. Our analyses include only the parts of charts that preceded any such intervention. Drug intervention biases the values of timing-related variables (e.g., a *natural* peak in parasite density on Day 8 of patency cannot be observed in an infection terminated on Day 7). We determined the optimal minimum length for each species infection by regression, as described by McKenzie et al<sup>12</sup>: only *P. malariae* infections observed > 35 days and *P. falciparum* infections observed > 21 days without intervention were included in analyses. Extending these lengths to > 50 days and > 35 days did not alter the results reported here.

Because the observed asexual-form patency before intervention was > 137 days in only 1 post– *P. malariae P. falciparum* infection and > 191 days in only 1 post–*P. falciparum P. malariae* infection, we truncated the array of these and the corresponding single-species charts so as to examine intervals of 19 and 27 weeks between the first and final asexual-form patencies, then 18 and 26 weeks, and so forth. Similarly, because gametocyte patency was > 70 days in only 1 post–*P. malariae P. falciparum* infection and > 75 days in only 1 post–*P. falciparum P. malariae* infection, we truncated these arrays so as to examine intervals of 10 weeks between the first and final gametocyte patencies, then 9 weeks, and so forth.

We used the Mann-Whitney test to examine distributional differences, with P values < 0.05taken to mark significance. We used Fisher's exact test with contingency tables, with a P value < 0.05 marking a significant difference, and simple linear regression.<sup>13</sup> The timing of asexualform and gametocyte peaks was measured relative to the initial patency of asexual forms and gametocytes, as was their mean daily density. Our reliance on 2 untransformed arithmetic mean densities follows in part from the presence of transient daily records of density 0, which in turn follows unavoidably from the presence of a detection threshold (as discussed subsequently). In addition to the 8 variables mentioned subsequently, we compared inoculum size (only for blood-initiated infections), prepatency (the number of days between inoculation and asexualform patency), initial detected density of asexual forms, and length of time infections were observed before intervention. For each set of charts, we conducted comparisons across all charts and across only the charts in which gametocytes were detected on at least 1 day. We compared all 12 variables in the single-species P. falciparum infections with their pre-P. malariae and post-P. malariae counterparts and in the single-species P. malariae infections with their pre-P. falciparum and post-P. falciparum counterparts and found no differences other than those noted subsequently.

There were no differences between the 25 post–*P. malariae* and 80 single-species *P. falciparum* mosquito feeds with respect to the day of asexual patency on which the feed occurred, the detected presence or absence of gametocytes on the day of the feed, gametocyte density on the day of feed (for densities > 0), the proportion of feeds in which at least 1 mosquito was infected, or the proportion of mosquitoes infected at feeds. The detected presence or absence of gametocytes did not affect the proportion of feeds in which at least 1 mosquito was infected, among the feeds either on the post–*P. malariae* or the single-species *P. falciparum* infections.

#### RESULTS

When *P. falciparum* followed or accompanied *P. malariae* infection, circulating *P. falciparum* gametocytes first were detected 4 days earlier, relative to the initial *P. falciparum* asexual-form patency; their mean daily density was 3.5 times and their peak density 4 times that in *P. falciparum* single-species infections (Figure 1). Over the first 5 to 10 weeks after their initial detection, the mean daily density of *P. falciparum* gametocytes was 3 to 5 times that in the single-species infections; the overall peak density of gametocytes, measured relative to their initial detection (see Methods) was delayed by 11 days. There were no differences in any measure of *P. falciparum* asexual-form production between post–*P. malariae* and single-species *P. falciparum* charts.

When *P. malariae* followed or accompanied *P. falciparum* infection, the peak *P. malariae* asexual-form density was 40%, and the mean daily density was 55%, less than that in *P. malariae* single-species infections (Figure 1); the peak density of *P. malariae* asexual forms occurred 9 days earlier, relative to their initial patency. Considered across all such charts, the initial detected density and mean daily density of *P. malariae* gametocytes were 45% lower in the post–*P. falciparum* than the single-species *P. malariae* charts. An analysis restricted to charts in which gametocytes were detected on at least 1 day showed no differences, however, in any measure of *P. malariae* gametocyte production; the proportion of such charts did not differ between the post–*P. falciparum* and single-species *P. malariae* infections.

No qualitative changes in these results appeared when the 2 simultaneous inoculations or these and the charts with the 2 next shortest interinoculation intervals (36 to 37 days between *P. malariae* and *P. falciparum*, 56 to 57 days between *P. falciparum* and *P. malariae*) were excluded from analysis, suggesting that, at least within this range of interinfection intervals, our conclusions are independent of the duration of the initial infection. We also asked whether

our conclusions with respect to relative densities had been influenced by the duration of patent infection before intervention; we did so by systematically truncating each array of charts so as to examine successively shorter intervals between first and final patencies (see Methods). We found no critical time points with respect to asexual-form densities, but for gametocyte densities, we were unable to distinguish between post–*P. malariae* and single-species *P. falciparum* infections when only the 1 to 4 weeks immediately following the initial gametocyte patency were evaluated. That is, at least one of the differences so evident in Figure 1 and in tests over longer intervals disappears if investigated on only a short-term basis.

To prepare for subsequent natural inoculations, cages of mosquitoes sometimes were allowed to feed on malariotherapy patients; on 25 occasions, mosquitoes fed on a patient with a post–P. malariae P. falciparum infection. We compared these with 80 occasions on which mosquitoes fed on a patient with a single-species P. falciparum infection and found no salient differences between them, including, remarkably, density of gametocytes and frequency of transmission (see Methods). Among the feeds on post–P. malariae infections, however, gametocyte density was higher in the 17 in which transmission occurred than in the 8 in which it did not; similarly, these feeds showed a positive relationship between gametocyte density and the proportion of mosquitoes infected ( $r^2 = 0.43$  versus  $r^2 = 0.02$  among the single-species infections). There were no recorded mosquito feeds on the post–P. falciparum P. malariae infections.

#### DISCUSSION

The sequence of species inoculation seems to affect the dynamics of malaria infections in humans and specifically the manner in which *P. falciparum* and *P. malariae* trade off asexual-form and gametocyte production. Among these patients, *P. falciparum* gametocytes were patent earlier and at higher daily densities in post–*P. malariae* infections, despite enormous interindividual variation during the first weeks. Our results are less clear-cut for *P. malariae* than *P. falciparum* gametocytes, perhaps because their lower densities overall were affected more strongly by the threshold of detection; although asexual-form densities of *P. malariae* were also lower, they were typically above the threshold and less variable. Modern methods are also subject to detection thresholds, but they can reveal dynamics inaccessible by microscopy, and we expect that patterns at these *subpatent* densities would prove at least as intriguing as those analyzed here.<sup>14,15</sup> We would like to learn much more about the relatively sustained gameotcytemia and variable asexual-form parasitemia apparent in the post–*P. malariae P. falciparum* infections, for instance, but no other malaria infections are likely to be monitored so frequently and so long without drug intervention.<sup>16</sup>

Our results with *P. malariae* and *P. falciparum* contrast with anecdotes from fieldwork in Papua New Guinea and studies with *Aotus* monkeys, which suggest mixed-species and single-species infections with *P. vivax* and *P. falciparum* differ in infectivity.<sup>17,18</sup> Our results suggest complex relationships between infectivity and gametocyte density, but the question calls for further investigation, particularly given evidence that *P. falciparum* (and *P. vivax*) infectivity increases with the proportion of male gametocytes.<sup>1–4,19–23</sup> In this context, it is intriguing that although *P. falciparum/P. malariae* is the mixed-species combination common to Africa and Asia, the frequency of this combination relative to statistical expectation differs dramatically between the 2 continents.<sup>5,6</sup>

Our mathematical model of mixed *P. falciparum/P. malariae* infections in its present form assumes that interactions between the parasite species are immune-mediated and depend largely on their relative rates of asexual multiplication; it does not incorporate the influence of gametocyte production on the latter.<sup>24</sup> Our results here do not show a straightforward tradeoff between asexual-form and gametocyte production and so indicate a need for further research

on this relationship as well. These and other detailed studies of mixed-species malaria infections can provide valuable insights into how parasite dynamics within individual hosts relate to those in populations of hosts and so may bear on intraspecies and interspecies interactions in *Plasmodium*, with the corresponding implications for interventions.<sup>25–29</sup>

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#### Figure 1.

Plots comparing single-species *P. falciparum* (F, left panels) or *P. malariae* (M) infections with those that followed or accompanied cross-species infections, in terms of mean daily asexual-form (top panels) and gametocyte densities.