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## Ischemic Preconditioning And Myocardial Infarction: An Update and Perspective

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### Abstract

Myocardial infarction is the leading cause of mortality in Western societies with annual expenditures of \$431.8 billion spent on coronary artery disease in man. Therapeutics to combat infarction from myocardial injury, based on studies of ischemic preconditioning (IPC), are currently in progress. Hence, this review provides an update on IPC, including general and molecular mechanisms responsible for IPC and the effects of IPC in models of aging or disease. A summary of therapeutics shown to possess efficacy in preclinical and clinical trials and future directions of studies regarding cardiac IPC are also discussed.

### Keywords

ischemia; reperfusion; infarct size; ischemic preconditioning; ischemic threshold; opioids; adenosine; bradykinin; dopamine; somatostatin; G protein; caveolin; COX; HETE; EET; LOX; JAK; STAT; PKC; PI3k; PTEN; glycogen synthase kinase; GSK; Bcl-2; p53; MDM2; MAPK; connexin 43; K<sub>ATP</sub>; MPTP; reactive oxygen species

### Introduction

Cardiovascular disease is the leading cause of death in Western societies. In 2007, the predicted United States incidence of myocardial infarction is 800,000 individuals with the estimated cost attributed to cardiovascular disease at \$431.8 billion[1]. Therefore, there is continued interest in developing therapeutics to combat human injury sustained from a myocardial infarction.

Since the discovery of ischemic preconditioning (IPC)<sup>G</sup> by Murry, Jennings and Reimer in 1986[2], an ongoing investigation into the mechanism responsible for IPC has resulted in over 2,000 original published manuscripts regarding cardiac IPC, with the general mechanisms[3] now partially understood. These findings have formulated the role for endogenous triggers[3, 4], signaling cascades[3,4] and the mitochondria[5] in regulating the IPC stimulus.

Hence, this review concisely summarizes the mechanisms involved in IPC-induced myocardial salvage, by concentrating on recent findings and referencing reviews on the subtopics discussed by others regarding IPC-induced cardioprotection.

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## The General IPC Mechanism<sup>[3]</sup>-for review

Acute IPC-induced cardioprotection occurs in all species tested, including mouse, rat, rabbit, feline, canine, sheep, baboon and human<sup>[3]</sup>. Efficacy of the IPC stimulus is assessed by various techniques, including infarct size, cardiac contractility, incidence of arrhythmias, the electrocardiogram and biochemical assays, such as troponin or creatine kinase release. The gold standard to quantify myocardial recovery in pre-clinical studies is the measurement of infarct size reduction.

Although initial studies using canine and rabbit models suggest that IPC preserves the myocardium equally with a single 5 minute cycle in comparison to additional sequential 5 minute cycles, rat and porcine models suggest that a correlation exists between the number of IPC cycles and infarct size reduction<sup>[3]</sup>. Pre-clinical studies also suggest that the duration of the ischemia and reperfusion cycles, the reperfusion time between the acute IPC stimulus and index ischemia, and the length of index ischemia after acute IPC all contribute to the efficacy of the IPC cardioprotective stimulus.

In rabbits, the IPC stimulus duration requires at least one cycle of IPC with the ischemia lasting longer than 2 minutes to be effective. The length of reperfusion in the IPC cycle requires minimally between 30 seconds to 1 minute<sup>[3]</sup>. The protection afforded by acute IPC has a memory period of approximately 2 hours in anesthetized animals and 4 hours in conscious animals following the IPC stimulus<sup>[3]</sup>.

The length of index ischemia following the acute IPC stimulus contributes to the efficacy of IPC in canines, with the initial report by Murry demonstrating four cycles of a 5 minute IPC stimulus failed to reduce infarct size after 3 hours of ischemia<sup>[2]</sup>, while in a separate study, one cycle of IPC was ineffective after 1.5 hours<sup>[6]</sup>. Acute IPC preserves the myocardium from both ischemic and reperfusion-induced injury, with recent findings suggesting that IPC-induced cardioprotection initiates at least part of its salvage mechanism during the initial seconds and minutes of reperfusion<sup>[7]</sup>. It is unclear whether the loss of IPC-induced cardioprotection after an extended ischemic time is caused by unsalvageable myocardium from irreversible ischemia or whether the IPC stimulus is initiated too early prior to reperfusion to counteract reperfusion injury.

When the ischemia and reperfusion stimulus is initiated after index ischemia, termed ischemic post-conditioning (POC)<sup>G</sup>, the stimulus is usually as effective as IPC in reducing infarct size in most animal species except in rats, however, the duration of cycle pulses for POC (<30 seconds) is different compared to IPC. Variations of the acute IPC stimulus also salvage the myocardium, including delayed IPC<sup>G</sup>, intra-cardiac IPC<sup>G</sup>, transferred inter-cardiac IPC<sup>G</sup> and both acute and delayed remote IPC<sup>G</sup>.

Importantly, it is the mechanical stimulus that initiates the salvage pathways responsible for IPC and differentiates IPC from the stimulus of pharmacological-induced myocardial salvage<sup>G</sup>. While undergoing the IPC stimulus, the vasculature experiences large fluxes of shear stress, circumferential stretch and exchange of biomolecules. How the myocardium interprets this mechanical signal and generates a molecular cascade to initiate IPC-induced reperfusion salvage will be further discussed.

## The Acute IPC Threshold

Myocytes possess an extensive network of cell surface membrane receptors whose activation by ligands contribute to and reciprocally mimic IPC-induced cardioprotection (Table 1). The current hypothesis for the trigger and receptor contribution in IPC-induced cardioprotection, named by the Downey group, is the IPC protective threshold<sup>[4]</sup><sup>G</sup>. The triggers responsible for

IPC include adenosine, bradykinin and opioids, which after binding to their respective G-protein coupled receptors, initiate a signaling cascade responsible for IPC-induced myocardial salvage. Additional trigger substances that activate receptor subtypes such as endothelin or adrenergic agonists, although found to mimic the effects of IPC, do not alter the protective threshold needed for IPC[4]. This indicates that these trigger substances are not released in large enough quantities after the IPC stimulus to contribute to myocardial salvage.

However, sufficient evidence suggests that the trigger which contributes to the IPC stimulus may also activate tyrosine kinase receptors (TKR), such as FLT-1[8] (Table 1)[4,8-13,41], that are required for the IPC stimulus and perhaps contribute to IPC by altering its threshold, as well as other receptors, via receptor cross-talk/coupling[9].<sup>G</sup> Even though a receptor is not directly activated by a ligand, it may indirectly be activated once a ligand binds to the receptor, since the receptor is coupled to the ligand receptor. In support of this hypothesis are the pre-clinical findings that demonstrate an interaction between opioids with adenosine receptors[9], adenosine with opioid receptors[9] and  $\beta$ -blockers with adenosine receptors[9] where the pharmacological-induced cardioprotective stimulus is abrogated by receptor blockade that is different from the exogenous trigger applied.

## The Molecular Mechanisms of IPC

Upon mechanical stimuli and receptor activation by IPC, a number of cellular pathways are initiated, leading to a signaling complex that initiates mitochondrial survival components[5]. An IPC stimulus is presumed to either reduce or delay the death of myocytes by altering the myocyte initiation of either necrosis<sup>G</sup>, apoptosis<sup>G</sup> or both. Evidence would suggest that autophagy<sup>G</sup> may also contribute to reducing cellular death independently and through interactions with the apoptotic pathway in the myocardium[14]. IPC reduces necrosis at least partially by decreasing neutrophil accumulation within the area at risk [42]. The anti-inflammatory effects that reduce reperfusion injury occur by immune system cell suppression via adenosine A<sub>2A</sub> receptor activation [43]. Although a basic understanding of apoptosis and necrosis exist, further studies are needed to determine specifically how IPC contributes to alterations of necrosis, apoptosis and autophagy.

How the signal transduction occurs from the plasma membrane to the mitochondria is by multiple pathways either in series or parallel. Findings regarding the cellular components of IPC will be briefly summarized (Figure 1), in addition to the known members for each class, the common pharmacological activators or inhibitors, and the known interactions between signaling components (Table 2). All inhibitors listed have different degrees of target selectivity and efficacy, which need to be considered when interpreting results[15]. It is also difficult to discern in some studies whether the traditional recognition of proteins being upstream or downstream from other proteins in the signaling process is valid or whether protein inhibition blocks a protein-protein complex from forming. The contributions of the Na<sup>+</sup>/H<sup>+</sup> exchanger<sup>G</sup> and heat shock proteins<sup>G</sup> were previously reviewed[3] and are not discussed.

### 1. G-protein/G-protein receptor complexes

Upon trigger-induced activation of a G<sub>i</sub>-protein coupled receptor by endogenous agents, there is dissociation of the G-protein into G <sub>$\alpha$</sub>  and G <sub>$\beta\gamma$</sub>  subunits. The G <sub>$\beta\gamma$</sub>  subunit then couples to  $\beta$ -arrestin,  $\beta$ -adrenergic receptor kinase ( $\beta$ ARK), clathrin and the clathrin adaptor AP-2 for endosomal internalization of the receptor by caveolin. Activation of the G <sub>$\beta\gamma$</sub>  component of G <sub>$i$</sub>  proteins is a critical component of IPC, since both the pharmacological inhibition of the G <sub>$i$</sub>  protein by pertussis toxin and transgenic overexpression of the G <sub>$\beta\gamma$</sub>  sequestering peptide,  $\beta$ ARK, reduced IPC-induced recovery of left ventricular developed pressure (LVDP) and blocked IPC-induced improvement of cardiac necrosis[16].

## 2. Caveolin<sup>G</sup>

Initial studies indicated that blockade of receptor endosomal internalization via bafilomycin A<sub>1</sub> or methyl- $\beta$ -cyclodextrin abolished the IPC-induced recovery of LVDP[16] and reduction of cell death[17], respectively. The IPC protective mechanism was linked to a reduction of caveolin-1 complexes with endothelial nitric oxide synthase (eNOS)[18] and increased caveolin-3 complexes with GLUT4[18] and  $\delta$ -opioid receptors ( $\delta$ OR)[17]. The association of eNOS and GLUT4 with caveolin was also reported to be dependent upon generation of reactive oxygen species (ROS)[18].

## 3. Arachidonic Acid Metabolites ([19]-for review)

Upon activation of membrane bound phospholipases, accumulated arachidonic acid is metabolized to products including lipoxygenases (LOX), epoxyeicosatrienoic (EET) acids, hydroxyeicosatetraenoic (HETE) acid and cyclooxygenases (COX). The accumulation of LOX or EET metabolites is beneficial and a role for 12-LOX in IPC has been established[19]. HETE accumulation is detrimental in myocardial salvage and its role in IPC is less clear. Pharmacological inhibition of 20-HETE reduces infarct size, at least partially by a parallel and perhaps via an alternative pathway to IPC[19]. Acute IPC-induced cardioprotection does not require COX-1, however, COX-2 appears to be involved[19].

## 4. JAK/STAT<sup>G</sup>, ([20]-for review)

Traditionally, Janus activated kinases (JAKs) were identified to transduce a receptor signal via JAK activation by transphosphorylation upon receptor dimerization. The IPC stimulus acutely phosphorylates and activates JAK1 and JAK2[20] and pharmacological inhibition by the selective JAK inhibitor, AG490, abolished the acute cardioprotection achieved by IPC[20]. In turn, the JAK isoforms activate signal transducers and activators of transcription (STAT) isoforms which complex with Bcl-2 family members[20] and ERK[21]. Besides the role established for IPC-induced nuclear translocation of STATs to regulate cellular transcription [20], STATs also regulate apoptosis, with STAT3[20] and STAT5a[22] activation being anti-apoptotic while STAT1 activation is pro-apoptotic[20]. The STAT6 isoform does not appear to be involved in the IPC mechanism[22].

## 5. Src tyrosine kinase family<sup>G</sup>

Seven Src tyrosine kinase family members are present in cardiomyocytes and the Lck and Src tyrosine kinases mediate IPC[23]. Administration of the Src tyrosine kinase family inhibitor lavendustin-A or the broad spectrum tyrosine kinase inhibitor genistein, prior to IPC also abrogates cardioprotection[3,23]. IPC-induced activation of Src is perhaps mediated via a metalloproteinase dependant mechanism[24], and is dependent upon protein kinase C epsilon (PKC $\epsilon$ )[23].

## 6. PI3k/PTEN<sup>G</sup>

The IPC stimulus, via phosphatidylinositol-3 kinase (PI3k) activation, initiates an extensive signaling cascade, which is linked to IPC-induced PKC $\epsilon$  translocation[25], activation of Akt (protein kinase B) and eNOS[26] pathways, and inhibition of p53[27] and glycogen synthase kinase 3 $\beta$  (GSK3 $\beta$ )[28] pathways. Pharmacological inhibition of PI3k or over-expression of a catalytically inactive mutant of PI3k $\gamma$  abolish IPC-induced cardioprotection[16]. The phosphatidylinositol system is regulated by phosphatase and tensin homolog (PTEN)<sup>G</sup>, which has been proposed to antagonize PI3k signaling. PTEN is perhaps inactivated by phosphorylation via IPC[29], however, the IPC stimulus used in this study had a long ischemia and reperfusion period which suggests that a role for PTEN in IPC needs further evaluation.

## 7. PKC<sup>G</sup>, ([30]-for review)

Two of the more widely studied PKC isoforms, PKC $\epsilon$  and PKC $\delta$ , appear to perform opposing functions in the myocardium, with the mechanism consisting of PKC $\epsilon$ -induced MPTP inhibition, while PKC $\delta$  is involved in the deleterious generation of ROS[30]. The other PKC isoforms have not been extensively studied in IPC-induced cardioprotection.

The activation of PKC, specifically PKC $\epsilon$  is PI3k dependent, since inhibition of PI3k reduced IPC-induced PKC $\epsilon$  translocation to the myocyte particulate fraction[25].

Administration of the PKC $\epsilon$  activator, epsilon receptor for C activated kinases ( $\epsilon$ RACK), when given during ischemia, did not improve recovery of LVDP or reduce cumulative CPK release. It appears that PKC $\epsilon$  activation preserves the myocardium from injury only when activated prior to ischemia[30]. However, PKC $\delta$  inhibition during reperfusion was cardioprotective, suggestive that PKC $\delta$  inhibition contributes more to reperfusion salvage[30].

## 8. MAPK<sup>G</sup>, ([3]-for review)

The role for MAPK associated activation in cardioprotection is controversial with studies supporting and refuting a role for ERK, p38 and JNK in IPC-induced cardioprotection[3]. Once more specific isoform inhibitors of each MAPK become available, further studies will be needed for all the MAPK members.

## 9. Bcl-2 family members<sup>G</sup>

The Bcl-2 family members are modified by IPC, increasing members that enhance myocardial salvage such as Bcl-2[31] and reducing members that initiate cellular death such as Bax[32]. The members of the Bcl-2 family are modulated by JAK[20] and reciprocally regulate the MPTP[5] and STAT[20] in IPC.

## 10. MDM2/p53

IPC-induced cardioprotection also occurs partially by the phosphorylation of MDM2 after the IPC stimulus via a PI3k-dependent means, which in turn causes p53 degradation during index ischemia and reperfusion[27]. Pifithrin  $\alpha$ -induced inhibition of p53 reduced myocardial infarction, however, its effect was not equivalent to IPC-induced reduction of myocardial infarct size, which suggests that this pathway only partially mediates the effect of IPC[27].

## 11. NOS<sup>G</sup>, ([4,26]-for reviews)

Activation of Akt via PI3k leads to the production of nitric oxide (NO) synthesized by eNOS. Blockade of NO via L-NAME abolishes IPC-induced cardioprotection, with exogenous NO administration mimicking IPC-induced myocardial salvage. However, IPC-induced cardioprotection also occurs independently of endogenous NO generation, which indicates that eNOS generated NO production is not an essential requirement for the acute IPC stimulus [26]. Production of NO leads to cGMP generation by guanylyl cyclase and activation of PKG, which leads to the opening of mK<sub>ATP</sub>[4]. Furthermore, IPC-induced cardioprotection in guinea-pig hearts increases the generation of NO and reduces O<sub>2</sub><sup>-</sup> by a mK<sub>ATP</sub> channel-dependent mechanism[33].

## 12. Connexin 43<sup>G</sup>, ([34]-for review)

Localization of connexin 43 is mainly at the sarcolemma, however, this protein also localizes to the inner mitochondrial membrane after IPC via heat shock protein 90 (HSP90) and translocase of the outer membrane 20 (TOM20)[34]. Connexin 43 knockout mice lacked IPC-induced cardioprotection. Pharmacological displacement from membranes of connexin 43 by heptanol also blocked IPC. IPC increases the duration of phosphorylation of connexin 43

compared to control, with this mechanism involving the association of p38 and PKC with connexin 43. Connexin 43 also associates with glycogen synthase kinase 3 $\beta$  (GSK3 $\beta$ ) during IPC[34].

### 13. GSK3 $\beta^G$ and MPTP $G$

Tong and colleagues previously found inhibition of GSK3 $\beta$  mimics the effects of IPC-induced cardioprotection, with GSK3 $\beta$  inactivation being PI3k dependent[35]. MPTP closure is dependent upon phosphorylation of GSK3 $\beta$  at Ser<sup>9</sup> and MPTP closure is a common myocardial salvage mechanism among hypoxic preconditioning, insulin, K<sub>ATP</sub> channel openers and Na<sup>+</sup>/H<sup>+</sup> exchanger antagonists [28]. MPTP opening by atractyloside also abolishes IPC-induced cardioprotection[36]. It is unclear how GSK3 $\beta$  inhibition leads to MPTP closure, but it likely results by altering GSK3 $\beta$  complexes with MPTP components[28].

### 14. K<sub>ATP</sub> channels $G$ , ([37]-for review)

Evidence suggests involvement of both the sK<sub>ATP</sub> and mK<sub>ATP</sub> channels in acute IPC-induced cardioprotection[37]. Pharmacological blockade of the K<sub>ATP</sub> channel abolishes acute IPC-induced cardioprotection, while putative openers of the channel mimic the myocardial salvage produced by IPC[37]. The method by which IPC stimulates sK<sub>ATP</sub> or mK<sub>ATP</sub> channel opening is somewhat unclear, however, pre-clinical studies link sK<sub>ATP</sub> channel activation to adenosine release[37] and PKC[37] with mK<sub>ATP</sub> channel activation involving PKC[37] and PKG[4].

### 15. Reactive Oxygen Species (ROS)

ROS production in acute IPC is somewhat of a paradox, since the triggering of the IPC stimulus requires ROS, while ROS generation is deleterious when the myocardium is reperfused. Interestingly, the IPC stimulus may also reduce ROS generation at reperfusion to induce the protective stimulus, since ROS scavengers abrogate IPC-induced cardioprotection even when administered after the IPC stimulus during index ischemia[7]. The source of ROS production is perhaps mitochondrial and regulated by connexin-43, mK<sub>ATP</sub>, MPTP and the electron transport chain[5].

### 16. Novel IPC targets

Three novel targets recently identified for IPC are listed with references, but will not be discussed (Box 1). These include TRPV-1, H11 kinase and GRP78. Additional possible novel targets for IPC have also been discovered via gene array studies (Box 1).

### Disease State Abrogation of IPC-induced Salvage([38]-for review)

The IPC stimulus efficacy in disease models is regulated by the duration of the disease state for the model selected, in addition to the parameters selected for the IPC stimulus. Therefore, a decrease in IPC-induced myocardial salvage is reported in some, but not all, disease models of diabetes, hypercholesterolemia, hypertension and models of aging[38]. These areas of investigation will be important once the IPC signaling mechanism is more completely understood in naïve subjects. Baseline levels of protein expression and phosphorylation for components that regulate IPC-induced cardioprotection are reported to be altered in disease states[38].

In a diabetic model where the protection afforded by one five minute cycle of IPC is abrogated, pharmacological inhibition of GSK3 was able to still effectively salvage the myocardium [39]. Myocardial salvage by GSK3 inhibition occurs even though baseline levels of ERK, Akt and STAT3 are altered[39]. This study may suggest GSK3 or other intracellular components, rather than IPC triggers, may need to be targeted in order for myocardial salvage to be effective in disease models.

## Conclusions

The strategy of IPC, which relies on mechanical intervention to protect the myocardium, may be limited clinically since accurately timed ischemia and reperfusion pulsations are required and are difficult to offer outside of a hospital procedure room or surgical suite. IPC also requires a prior knowledge of an ischemic event; hence, the technique is limited to a scheduled procedure such as non-emergent percutaneous coronary intervention or coronary artery bypass grafting.

It is unclear whether the contributions of the IPC signaling components which salvage myocardium are responsible for protection from ischemia, from reperfusion injury or from both. However, since at least part of the IPC mechanism salvages the myocardium at reperfusion, this requires further investigation in order to identify therapeutic agents that may be beneficial when given both during ischemia and during reperfusion.

A subset of promising therapeutic agents designed from research associated with IPC mechanisms are presently being investigated as potential agents to improve myocardial salvage from a myocardial infarction. These agents were recently reviewed [40] and the agents are partially summarized here (Table 3). Many of the pharmacological agents identified as potential therapeutic agents need further pre-clinical establishment of the required dose, timing and side effect profiles to further establish their prerequisites for use.

Since other pharmacological agents have been investigated for stroke, tissue transplantation and reperfusion injury in other organs, it is important to pool data from all organs to determine if common mechanisms are involved in myocardial salvage. Thus, novel therapeutics with the greatest potential can be developed to reduce injury in many organs. In this regard, whether myocardial salvage has a unique mechanism or if all tissues undergo identical salvage signaling cascades is important to understand.

Although the general concepts of IPC are known, there are many questions regarding the IPC mechanism that still need to be addressed (Box 2). Studies have been limited regarding the effects of IPC in disease models. In addition it is unknown whether pharmacological agents commonly found in the clinical setting, such as anti-hypertensives, anti-diabetics and NSAIDs, when given acutely or chronically alter the efficacy of IPC-induced myocardial salvage. On the molecular level, an understanding of the protein-protein interactions which occur during IPC and index ischemia/reperfusion will be needed and the protein-protein interactions reported in non-myocardial cells will need to be investigated in the realm of cardiac IPC.

Over the last 21 years, since the discovery of cardiac IPC, the mechanism involved is progressively being elucidated. With persistent investigation into the basic science mechanisms regarding cardiac IPC and well-designed clinical trials, perhaps there will be in the not too distant future additional mechanical or pharmacological interventions to target reduction of cardiac injury during a myocardial infarction.

### Box 1. Novel Targets of Interest

TRPV-1 – capsaicin sensitive channel

Zhong, B. and Wang, D.H. (2007) TRPV1 gene knockout impairs preconditioning protection against myocardial injury in isolated perfused hearts in mice. *Am J Physiol Heart Circ Physiol* 293 (3), H1791–H1798

H11 kinase – small heat shock protein

Danan, I.J. et al. (2007) Therapeutic potential of H11 kinase for the ischemic heart. *Cardiovasc Drug Rev* 25 (1), 14–29

GRP78 – member of the heat shock protein 70 family

Shintani-Ishida, K. et al. (2006) Ischemic preconditioning protects cardiomyocytes against ischemic injury by inducing GRP78. *Biochem Biophys Res Commun* 345 (4), 1600–1605

Gene array studies –

Onody, A. (2003) Effect of classical preconditioning on the gene expression pattern of rat hearts: a DNA microarray study. *FEBS Letters* 536, 35–40

Das, DK. (2006) Cardiac genomic response following preconditioning stimulus. *Cardiovascular Research* 70, 254–163

## Box 2. Future Studies Needed

General Issues:

1. Can a cocktail of pharmacological inhibitors mimic the full effect of IPC?
2. What contribution does IPC have in salvaging myocardium at reperfusion compared to during ischemia?
3. What are the differences in IPC-induced cardioprotection in different genetic strains?
4. Why is the IPC stimulus abrogated in models of aging?
5. How do disease states such as hypercholesterolemia, hypertension and diabetes modify IPC-induced cardioprotection and the signaling cascade?
6. Does gender contribute to the efficacy of the IPC stimulus and furthermore, is the role of gender in cardioprotection dependent upon species and age?
7. Are there parallel or separate pathways activated in IPC and if separate pathways, do these pathways communicate with one another?
8. Are there additional endogenous biomolecules responsible for the IPC trigger?
9. Is the IPC stimulus modified in the presence of acute or chronic use of pharmacological agents such as statins, NSAIDs, anti-hypertensives and anti-diabetics?
10. Does ischemia/reperfusion in other organ systems have a similar mechanism of salvage?

Unresolved Questions Regarding Signaling:

1. Are there other sources of ROS besides mitochondrial ROS?
2. Is ERK activation needed for phosphorylation and inhibition of GSK3 $\beta$  at Thr<sup>43</sup> during IPC?
3. Is there an interaction between p53 and GSK3 $\beta$  in IPC?
4. Do heat shock proteins control the balance of oxidant state by regulating O<sub>2</sub><sup>-</sup> and NO production as shown with HSP90 regulating NO and O<sub>2</sub><sup>-</sup> production via eNOS in non-myocardial cells?
5. Is JAK complexing with PI3k required to transduce the IPC signal?



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**Glossary of Terms****Apoptosis**

Process where cell death is programmed without the initiation of an inflammatory response

**Autophagy**

A process in which macromolecules and organelles are processed and recycled by the lysosomal degradative pathway. This process is useful in maintaining cellular differentiation and homeostasis

**Bcl-2 family**

Regulators of the intrinsic apoptotic pathway, this family contains both pro-apoptotic and anti-apoptotic members that all share a common homology domain, known as the Bcl-2 homology domain

**Caveolin**

Localized in caveolae, which are invaginations of the sarcolemmal membrane, these biomolecules primarily function in membrane trafficking and internalization

**Connexin 43**

Connexin 43 is the most abundant connexin in ventricular myocytes and is part of the structure forming cellular gap junctions and non-junctional hemichannels

**Delayed IPC**

Brief timed sequences of ischemia and reperfusion that reduce the extent of myocardial injury when initiated 24–72 hours prior to index ischemia

**GSK3**

GSK3 has two different isoforms and contributes to cellular events including transcription, metabolism, adhesion and apoptosis. The two isoforms appear to localize differently in the cell, with GSK3 $\beta$ , unlike GSK3 $\alpha$ , localizing to the mitochondria

**Intra-cardiac acute IPC**

Brief timed sequences of ischemia and reperfusion that reduce the extent of myocardial injury when initiated in a region prior to and separate from the area experiencing index ischemia. For example, IPC pulses administered to the left circumflex artery given prior to index ischemia and reperfusion of the left anterior descending coronary artery (LAD) improves myocardial salvage of the LAD

**IPC Protective Threshold**

The existing hypothesis for the role of myocyte cell surface receptors in cardiac IPC. It is suggested that after the initiation by IPC the release of three classes of protective substances, adenosine, opioids and bradykinin, activate their respective receptors to initiate myocardial salvage. This threshold is raised by blockade of any of these three receptor classes and this blockade can be overcome by increasing the cycles of IPC to release more of the three classes of protective endogenous substances

**Ischemic preconditioning (IPC)**

Brief timed sequences of ischemia and reperfusion that reduce the extent of myocardial injury when initiated just prior to index ischemia and reperfusion

**Ischemic postconditioning (POC)**

Brief timed sequences of ischemia and reperfusion that reduce the extent of myocardial injury when initiated after index ischemia and prior to reperfusion

**JAK/STAT**

There are 3 JAK protein members and 7 STAT member proteins in myocytes. When JAK proteins are activated, the tyrosine motifs in the cytoplasmic tail of the JAK protein are phosphorylated, which allows STAT protein binding to JAK. This activation leads to both acute cellular processes which control apoptosis and delayed cellular responses such as protein transcription

**K<sub>ATP</sub> channels**

K<sub>ATP</sub> channels are both sarcolemmal and mitochondrial in origin, with the sarcolemmal K<sub>ATP</sub> (sK<sub>ATP</sub>) channel composed of the Kir6.2 and SUR2A subunits and the inner mitochondrial membrane K<sub>ATP</sub> (mK<sub>ATP</sub>) channel yet to be identified. The specificity of 5-HD as a mK<sub>ATP</sub> channel antagonist has recently been challenged and cloning of the mK<sub>ATP</sub> channel has yet to be achieved, which may question the existence of the mK<sub>ATP</sub> channel

**MAPK**

The family of MAPK consists of ERK, p38 and JNK. This family regulates numerous processes including proliferation, gene expression and apoptosis. Since these proteins are regulated by multiple signals and components of the signaling pathway, their specificity is partially regulated by the scaffolding protein member that they bind

**MPTP**

A pore assembled at the mitochondrial membrane that is hypothesized to connect the inner mitochondrial membrane with the outer mitochondrial membrane to allow passage of biomolecules of less than 1500 daltons between the mitochondria and the cytosol. The composition of the MPTP is still under investigation, however, it is hypothesized to consist of the adenine nucleotide translocator (ANT) at the inner membrane and the voltage-dependent anion channel (VDAC) at the outer membrane

**Necrosis**

Process where cellular integrity is lost, resulting in the release of cytosolic contents and an immunological/inflammatory response

**NOS**

There are two known NOS isoforms which exist in cardiomyocytes, eNOS and iNOS, with the presence of nNOS in cardiomyocytes unknown, however, unlikely due to hypothesized localization in neuronal cells. The NOS isoform, eNOS, has been suggested to not be required for acute IPC to salvage myocardium, while iNOS has traditionally been found to regulate the delayed cardioprotective signal

**Pharmacological-induced Myocardial Salvage**

Process where pharmacological agents given either prior to or during index ischemia and reperfusion reduce infarct size.

**PI3k/PTEN**

Phosphatidylinositol-3 kinase (PI3k) generates phosphatidylinositols, phosphatidylinositols (3,4)P<sub>2</sub> (PIP<sub>2</sub>) and phosphatidylinositols (3,4,5)P<sub>3</sub> (PIP<sub>3</sub>) that are normally absent in unstimulated cells, however, they rapidly accumulate upon stimulation to activate downstream pathways by interacting with pleckstrin homology domains. Although most proteins only bind phosphatidylinositols weakly and non-specifically, a small subclass of proteins with pleckstrin homology domains, including PDK and Akt, show high affinity and specificity for PIP<sub>3</sub>. In turn, PTEN, a phosphatase, antagonizes PI3k signaling likely by the degradation of PIP<sub>3</sub> and perhaps PIP<sub>2</sub>

### PKC

There are 11 different protein isoforms in this family, which regulate numerous signaling pathways. The PKC isoforms are attached to RACKs, which regulate both the localization of PKC isoforms and allow for selective signaling pathway activation

### Receptor Cross-Talk/Receptor Coupling

Receptors traditionally form complexes with other receptors in the myocardium. This coupling of receptors activates both the ligand bound receptor and the other receptor coupled to the ligand bound receptor. Due to receptor coupling, other receptors besides adenosine, bradykinin and opioid receptors may be involved in the IPC stimulus without requiring triggers for the receptor

### Remote IPC

Brief timed sequences of ischemia and reperfusion that reduce the extent of myocardial injury when initiated in a separate organ prior to myocardial index ischemia, such as the mesenteric artery of the small intestine or limb arteries supplying skeletal muscle

### Transferred Inter-cardiac IPC

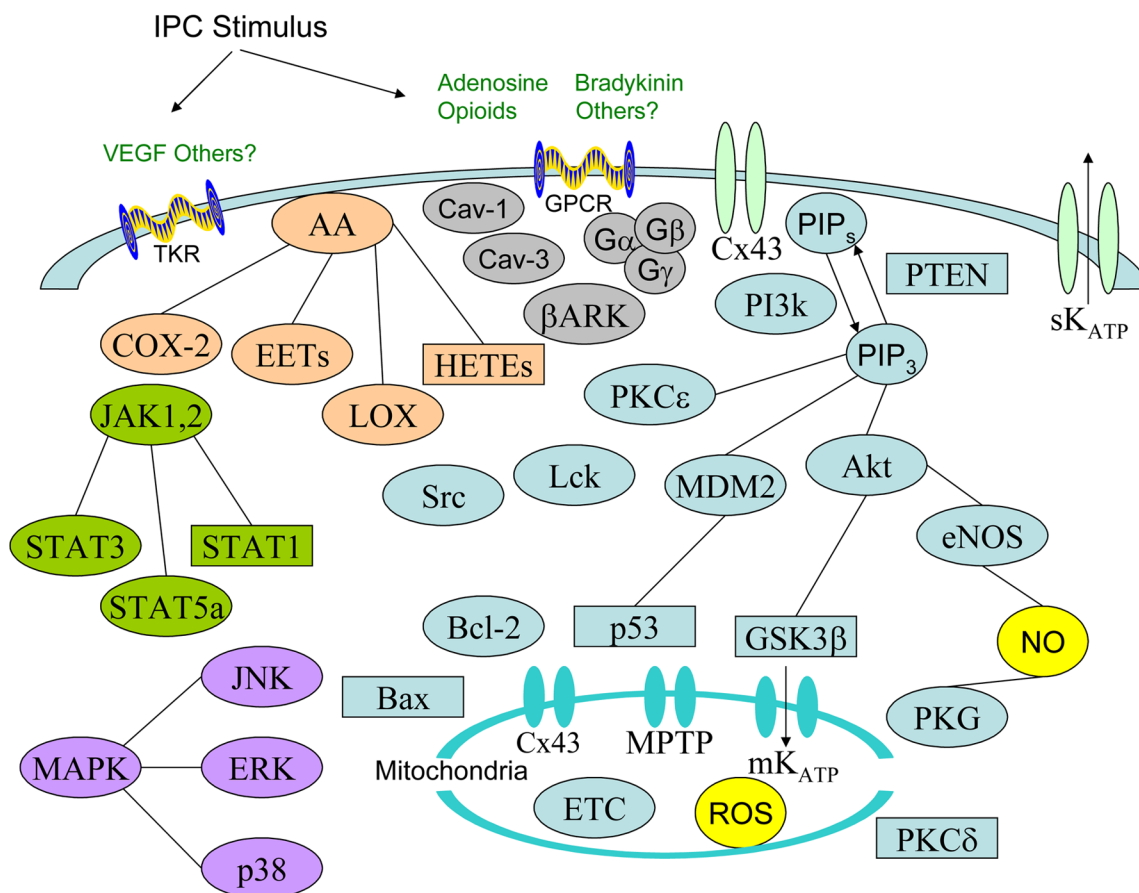
A process where the coronary effluent transferred from an IPC-conditioned heart to a non-preconditioned heart causes infarct size reduction in the non-preconditioned heart when given prior to index ischemia and reperfusion

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**Figure 1. Signaling components activated during IPC**

Upon initiation of the IPC stimulus, endogenous triggers such as adenosine, opioids, and bradykinin are released. These endogenous agents bind to membrane receptors and when released in large enough quantities they achieve a threshold to activate intracellular signaling. Additional receptors, such as tyrosine kinase receptors (TKRs), may also be involved. Receptor activation results in receptor internalization via caveolin and  $\beta$ ARK. This leads to the activation of multiple cellular pathways, including arachidonic acid metabolites (AA), ion channels, such as  $sK_{ATP}$  and connexin 43 (Cx43), JAK/STAT, MAPK, tyrosine kinases such as Src and Lck, Bcl-2 family members such as Bcl-2 and Bax, and the PI3k pathway. The PI3k pathway is known to regulate PKC $\epsilon$ , MDM2/p53, Akt, GSK3 $\beta$ , eNOS and the MPTP. Activation of these components leads to modulation of mitochondrial components such as Cx43, MPTP,  $mK_{ATP}$  and the electron transport chain (ETC), which modulate production of reactive oxygen species (ROS). Those components which are activated by IPC are represented by circles while the agents inactivated by IPC are in rectangles.

### Myocardial Triggers and Receptors Indicated In IPC-induced Myocardial Salvage<sup>A</sup>

Plausible receptor ligands activated by the IPC stimulus

Numerous ligands are implicated as triggers of the IPC stimulus, including the more traditional agents such as adenosine, bradykinin and opioids. This table summarizes evidence for both the traditional ligand triggers and those slightly more controversial for their role in initiating the IPC stimulus by receptor and intracellular signaling cascade activation.

Exogenous or Endogenous Trigger	Receptor Subtypes	What Are The Receptors Coupled To?	Does IPC Increase or Decrease The Production of The Endogenous Substance?	Does Genetic Alteration Of The Receptor By Transgene or Knockout Alter IPC-induced Myocardial Salvage?	Does Pharmacological Receptor Blockade Abrogate IPC-induced Myocardial Salvage?	Does Exogenous Administration of Trigger Agent Mimic IPC-induced Protection?	Reference
Adenosine	A <sub>1</sub> , A <sub>2A</sub> , A <sub>2B</sub> , A <sub>3</sub>	G-Protein	Increase	Transgenic A <sub>1</sub> and A <sub>3</sub> mice improve salvage Knockout A <sub>1</sub> and A <sub>3</sub> mice abolish IPC salvage	Yes	Yes	[9,41]
Bradykinin	B <sub>1</sub> , B <sub>2</sub>	G-Protein	Increase	B <sub>2</sub> knockouts block IPC-induced salvage	Yes	Yes	[9]
Opioids	δ, κ, μ	G-Protein	Increase	Unknown	Yes	Yes	[9]
Somatostatin	SSTR <sub>1-5</sub>	G-Protein	Unknown	Unknown	No	Yes	[10]
Endothelin-1/β	ET <sub>A</sub> , ET <sub>B</sub>	G-Protein	Decrease	Unknown	Unknown	Yes	[4,11]
Norepinephrine	α <sub>1</sub> , α <sub>2</sub> , β <sub>1</sub>	G-Protein	Unknown	β <sub>2</sub> knockout mice block IPC-induced salvage β <sub>2</sub> transgenic overexpression in mice reduce salvage	Yes (α <sub>1</sub> blockade)	Yes	[9]
Isoproterenol	β <sub>1</sub> , β <sub>2</sub>	G-Protein	Not applicable	β <sub>2</sub> knockout mice block IPC-induced salvage β <sub>2</sub> transgenic overexpression in mice reduce salvage	No (β blockade)	Yes	[9]
β blockers	β <sub>1</sub> , β <sub>2</sub>	G-Protein	Not applicable	β <sub>2</sub> knockout mice block IPC-induced salvage β <sub>2</sub> transgenic overexpression in mice reduce salvage	Not applicable	Yes	[9]
Dopamine <sup>C</sup>	D <sub>1</sub> -D <sub>5</sub> , α <sub>1</sub> , α <sub>2</sub> , β <sub>1</sub> , β <sub>2</sub>	G-Protein	Unknown	β <sub>2</sub> knockout mice block IPC-induced salvage β <sub>2</sub> transgenic overexpression in mice reduce salvage	Unknown	Yes, via α <sub>1</sub>	[9,12]
Acetylcholine Insulin <sup>D</sup> VEGF	M <sub>1</sub> -M <sub>5</sub> IR Flt1, Flk	G-Protein Tyrosine Kinase Tyrosine Kinase	Increase Unknown Increase	β <sub>2</sub> knockout mice block IPC-induced salvage β <sub>2</sub> transgenic overexpression in mice reduce salvage	No Unknown Unknown	Yes Yes Unknown	[9] [13] [8]

<sup>A</sup> Endothelial growth factor receptor (EGFR), although involved in pharmacological-induced cardioprotection, is not involved in IPC-induced cardioprotection[23,24]

- B* Findings regarding endothelin are controversial regarding cardioprotection and mixed findings are reported for the role regarding endothelin in IPC-induced myocardial salvage
- C* At high doses, dopamine stimulates adrenergic receptors
- D* Although insulin mimics IPC-induced infarct size reduction, this agent may have this effect via a mechanism that at least partially differs from IPC



Table 2

**Components of the IPC signal mechanism**

Protein classes and protein isoforms implicated in IPC

The proteins initiated by IPC involve different classes and isoforms, including those components reported to be present in cardiac myocytes. Furthermore, common pharmacological inhibitors and activators used in preclinical studies are listed, in addition to potential protein-protein interactions between signaling components.

Component	Isoforms	Isoforms Present In Cardiomycocytes	Pharmacological Inhibitors	Pharmacological Activators	Component Interacts With
G protein <sup>A</sup>	G <sub>i</sub>	G <sub>i</sub>	Pertussis Toxin	None	GPCR, $\beta$ ark, caveolin
Caveolin	Cav-1, Cav-2, Cav-3	Cav-1, Cav-2, Cav-3	None <sup>B</sup>	None	eNOS, GLUT4, GPCR, $\delta$ OR
Src Tyrosine Kinase	Fyn, Yrk, Fgr, Yes, Src, Lyn, Hck, Lck, Blk	Fyn, Fgr, Yes, Src, Lyn, Lck, Blk	Lavedustin-A, Genistein, MNS	None	PI3k, PKC $\epsilon$ , metalloproteinase
LOX	5-LOX, 12-LOX, 15-LOX	5-LOX, 12-LOX, 15-LOX	Baicalein, CDC, phenidone	None	PKC $\epsilon$
JAK	JAK1, JAK2, JAK3, TYK2	JAK1, JAK2, JAK3	AG-490, ZM39923 ZM-449829	None	STAT, Bcl-2, PKC $\epsilon$ , ERK
STAT	STAT1, STAT2, STAT3, STAT4, STAT5a, STAT5b, STAT6	STAT1, STAT2, STAT3, STAT4, STAT5a, STAT5b, STAT6	Statitin	None	JAK, Bcl-2, PKC $\epsilon$ , ERK
PI3k	PI3k $\alpha$ , PI3k $\beta$ , PI3k $\delta$ / $\gamma$	PI3k $\alpha$ , PI3k $\beta$ , PI3k $\delta$ / $\gamma$	Wortmannin, Quercetin LY294002	None	Akt, PKC $\epsilon$ , GSK3 $\beta$ , p53, eNOS, PI3k PIPs
PTEN <sup>C</sup>	PTEN	PTEN	None	PMA, DAG	PI3k, ROS, mK <sub>ATP</sub> , sK <sub>ATP</sub> -p38, JNK, ERK, Src, Lck, MPTP, connexin 43
PKC	classical: $\alpha$ , $\beta$ , $\beta$ , $\eta$ , $\gamma$ novel: $\delta$ , $\epsilon$ , $\theta$ , $\mu$ atypical: $\zeta$ , $\lambda$	classical: $\alpha$ , $\beta$ , $\beta$ , $\eta$ , $\mu$ novel: $\delta$ , $\epsilon$ , $\theta$ , $\mu$ atypical: $\zeta$ , $\lambda$	Chelerythrine, Rottlerin, CGP53353, NPC15437 Ro-318220 <sup>D</sup> , Go-6976, Go-6983, LY333531	None	PI3k, GSK3, NOS, PKC $\epsilon$
Akt	Akt1, Akt2, Akt3	Akt1, Akt2, Akt3	API-2, 10-DEBC	None	HSP27, connexin 43
p38	ERK1, ERK2, ERK5	ERK1, ERK2, ERK5	PD98059 U0126 <sup>EE</sup>	None	JAK, STAT, MPTP
JNK	JNK1, JNK2, JNK3	JNK1, JNK2, JNK3	SB203580, JX401	None	
Bcl-2	Anti-apoptotic: Bcl-2, Bcl-X <sub>L</sub> Pro-apoptotic: Bax, Bak, Bnip3, Bnip3L, Bim, Bik, Bid, Bad, Puma, Noxa	Anti-apoptotic: Bcl-2, Bcl-X <sub>L</sub> Pro-apoptotic: Bax, Bak, Bnip3, Bnip3L, Bim, Bik, Bid, Bad, Puma, Noxa	SP600125 curcumin HA14-1	Anisomycin	
p53	p53, p53 $\beta$ , p53 $\gamma$	p53 <sup>F</sup>		Anisomycin	
NOS	eNOS, nNOS, iNOS	eNOS, iNOS	Pifithrin- $\alpha$ , Pifithrin- $\mu$ L-NAME, L-NIO, AMT, LNMMA, 1400W, L-NIL, 7-nitroindazole, L-canavanine	None	
PKG	PKG	PKG	KT5823	None	NO, PKG, Akt
Connexin 43	connexin 43	connexin 43	Heptanol <sup>G</sup>	None	
GSK3	GSK3 $\alpha$ , GSK3 $\beta$	GSK3 $\alpha$ , GSK3 $\beta$	SB216763, SB415286, kenpaullone, lithium, Indirubin3'-oxamine, NSC693868	None	mK <sub>ATP</sub> p38, HSP90, TOM20 PKC $\epsilon$ , GSK3 $\beta$
MPTP	MPTP	MPTP	cyclosporin A, sanglifehrin A	None	PKC, Bcl-2, GSK3 $\beta$
K <sub>ATP</sub>	sK <sub>ATP</sub> , mK <sub>ATP</sub>	sK <sub>ATP</sub> , mK <sub>ATP</sub>	HMR-1098, HMR-1883, 5-hydroxydecanoic acid, glyburide	None	PKC, PKG, adenosine

<sup>A</sup> A number of different G proteins are present in cardiomyocytes, but this discussion is beyond the scope of this manuscript

<sup>B</sup> Indirect inhibition of caveolin is achieved by pharmacological blockade of receptor endosomal internalization

- C PTEN is also named TEP1 and MMAC1
- D This inhibitor was found to also be a potent inhibitor of GSK3[15]
- E These inhibitors indirectly inhibit ERK by inhibition of MEK
- F Whether all p53 isoforms are present in cardiac myocytes is unknown
- G This inhibitor is an indirect inhibitor of connexin 43 by dissolving it from membranes

### Table 3 Targets and related therapies to mimic IPC-induced cardioprotection

Targets and related therapies

Target	Strategic Approach To Target	Expected Outcome of Intervention At Target	Who is Working On The Target	Therapies In Trial	Ref
MPTP	Pore Inhibition GSK3 $\beta$ Inhibition PKC $\delta$ Inhibition 20-HETE Inhibition Opening of channel	Myocardial Salvage	None exclusively	Pre-clinical	[3,4,5,36]
GSK		Myocardial Salvage	None exclusively	Pre-clinical	[25,28]
PKC		Myocardial Salvage	KAI Pharmaceuticals	Phase II Clinical Trial	[3,4,5,30]
HETEs		Myocardial Salvage	None exclusively	Pre-clinical	[19]
K <sub>ATP</sub> channel <sup>A</sup>		Myocardial Salvage, Angina reversal	None exclusively	Pre-clinical	[37,40]
Adenosine Receptor	Receptor activation	Myocardial Salvage	AMISTAD investigators	AMISTAD-1 and AMISTAD-2 trials completed	[40]
Opioid Receptor	Receptor activation	Myocardial Salvage	Enhance Biotech	Pre-clinical	[40]

<sup>A</sup> Clinically approved in European countries and Japan for chronic angina