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# Lateral Diffusion Coefficients of an Eicosanyl-Based Bisglycerophosphocholine Determined by PFG-NMR and FRAP

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# Abstract

We report the lateral diffusion properties of 2,2'-di-O-decyl-3,3'-di-O-(eicosanyl)-bis-(racglycero)-1,1'-diphosphocholine (C<sub>20</sub>BAS) using pulsed-field gradient NMR (PFG-NMR) and fluorescence recovery after photobleaching (FRAP). C<sub>20</sub>BAS membranes display a melting transition at  $T_m = 15.7$  °C as determined by differential scanning calorimetry and <sup>31</sup>P NMR chemical shift anisotropy. The lateral diffusion coefficient of C<sub>20</sub>BAS, as determined by PFG-NMR and FRAP, at 25 °C, were D<sub>PFG-NMR</sub> =  $1.9 \pm 0.6 \times 10^{-8}$  cm<sup>2</sup>/s and D<sub>FRAP</sub> C<sub>20</sub>BAS =  $1.2 \pm 0.1 \times 10^{-8}$  cm<sup>2</sup>/s, respectively. In comparison, the lateral diffusion coefficient of the monopolar phospholipid, 1-palmitoyl-2-oleoyl-*sn*-glycero-3-phosphocholine (POPC), was  $1.8 \pm 0.9 \times 10^{-8}$  and  $2.5 \pm 0.9 \times 10^{-8}$  cm<sup>2</sup>/s using PFG-NMR and FRAP, respectively.

# INTRODUCTION

*Archae* are a family of single cell organisms that are widely distributed, occurring in environments as diverse as oceanic thermal vents, caldera, and cold pelagic waters [1–5]. Phylogenetic classification of these organisms is based on their 16S ribosomal RNA sequence, which is distinctly different from those of prokaryotes and eukaryotes [6]. Archae also possess unique membrane lipids based on membrane-spanning polyisoprenoid chains that join two glyceryl headgroups into bipolar acyclic and macrocyclic structures (a.k.a. bolaamphiphiles or bolalipids) [7,8]. The unusual physical and chemical stability of these lipids is attributed to their resistance toward hydrolysis as a result of their chemically robust ether linkage. Slow efflux of hydrophilic materials across synthetic- and naturally-occurring variants of these lipids, attributed to the presence of membrane spanning alkyl chains, has also been reported [9–14]. These unique features have stimulated their use in vaccine and drug delivery systems [5], in supported membrane devices [13,15,16], as design elements for coupled electron/ion transport across vesicle membranes [17,18], as paleobiological markers (i.e., molecular fossils) [19,20], and a host of other applications [21].

Naturally-occurring bolalipids have been characterized with respect to their membrane permeability [10], capacitance [22], and lateral diffusion/correlation times [23–26], however, there are very few systematic studies of the influence of lipid structure on membrane function in synthetic bolalipid systems [9–11]. Studies of this type are of particular interest since they may reveal the underlying structural features that are most important for the formation of stable and fluid bolalipid membranes for supported membrane sensor applications. A long-term goal of our research is the elucidation of structure-property relationships in bolalipid membranes to

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SUPPLEMENTARY INFORMATION

Temperature-dependent <sup>31</sup>P NMR spectra, stacked <sup>1</sup>H-PFG-NMR plots and kinetic analyses of C<sub>20</sub>BAS samples appear as supplementary material.

enable the correlation of bolalipid membrane dynamics with their physical stability and permeability.

This paper reports the lateral diffusion coefficients (D) of a synthetic bolalipid using two techniques, pulsed-field gradient NMR (PFG-NMR) and fluorescence recovery after photobleaching (FRAP). PFG-NMR is a label-free method that enables diffusion coefficient measurements of lipids in multilamellar vesicles in bulk solution or as oriented, planar supported membranes on solid supports. Diffusion coefficients determined by PFG-NMR and FRAP of 2,2'-di-O-decyl-3,3'-di-O-(eicosanyl)-bis-(*rac*-glycero)-1,1'-diphosphocholine (C<sub>20</sub>BAS, Figure 1) were compared with D values measured for a well-known monopolar lipid standard, 1-palmitoyl-2-oleoyl-*sn*-glycero-3-phosphocholine (POPC), to enable direct comparisons with literature precedent. The bipolar pulse pair longitudinal eddy current delay sequence (BPPS-LED) [27], a method that stores the magnetization along the z-axis during the pulse sequence, was applied to generate spectra that produced lateral diffusion coefficients similar to those reported for solid state NMR measurements. We observed that the lateral diffusion coefficients of bolalipid C<sub>20</sub>BAS measured using FRAP were comparable to those determined by PFG-NMR and were similar to the D values of the monopolar lipid, POPC.

# MATERIALS AND METHODS

#### Materials

 $C_{20}BAS$  was synthesized as described elsewhere [28–30]. POPC was purchased from Avanti Polar Lipids (Alabaster, AL). Deuterium oxide (D<sub>2</sub>O, 99.9%) was obtained from Cambridge Isotope Laboratories, Inc. (Andover, MA). HPLC grade chloroform (CHCl<sub>3</sub>) and methanol (MeOH) were supplied by Mallinckrodt-Baker (Paris, KY). 1-Oleoyl-2-[6-[(7-nitro-2-1,3benzoxadiazol-4-yl)amino]hexanoyl]-*sn*-glycero-3-phosphocholine (NBD-OPPC) was obtained from Avanti Polar Lipids (Alabaster, AL). All other materials were purchased from Aldrich (Milwaukee, WI).

#### Vesicle Preparation for PFG-NMR Experiments

 $C_{20}BAS$  powder (8.6 mg, 8 µmol) was dissolved in CHCl<sub>3</sub>:MeOH in a cryovial and a thin film formed by evaporating the solvent under a gentle stream of Ar gas. The solvent was further removed under a 100 µm Hg vacuum for at least 2 h. After addition of 1 mL D<sub>2</sub>O, the solution was subjected to five cycles of freeze (liquid N<sub>2</sub> bath), thaw (water bath at 65°C for 5 min), and vortex (30 s) to give a polydisperse multilamellar vesicle (MLV) suspension as described by DiMeglio et al. [31]. Approximately 0.5 mL of the vesicle solution was transferred by pipette into a 5 mm NMR tube and the samples analyzed immediately after preparation.

#### Freeze-fracture Transmission Electron Microscopy (TEM)

Samples for freeze-fracture TEM were prepared by extrusion of an MLV dispersion (20 mg/ mL) ten times through two stacked 200 nm nominal diameter track-etch polycarbonate membranes until an almost transparent solution was produced [31]. A drop of extruded solution was placed between copper planchets, frozen in liquid nitrogen, fractured and the exposed vitrified sample surface shadowed at 30° with Pt, followed by carbon deposition at 90°. The replicas were then sequentially washed with deionized water, 2N HNO<sub>3</sub>, and deionized water before transferring onto TEM grids. The grids were then visualized using a Phillips Model 400 TEM instrument operating at 80 kV.

#### **Dynamic Light Scattering (DLS)**

Liposome sizes after extrusion were determined by quasielastic light scattering using a Coulter N4-Plus instrument. Mean size and distributions were calculated using the manufacturer's supplied software.

#### **Differential Scanning Calorimetry (DSC)**

Calorimetric experiments were performed on a TA DSC-2920 instrument using 5 mg of extruded vesicle sample (19.8 mg/mL) in stainless steel pans. All thermograms were run using the same volume of water as reference. The instrument was calibrated using the In  $T_m$  as standard. Thermograms were collected in heating mode over a range of -20 to 80°C at a scan rate of 20°C/min. Three thermograms were collected and the average values for the transition temperature and transition enthalpy reported.

# <sup>31</sup>P NMR chemical shift anisotropy

Proton-decoupled <sup>31</sup>P NMR spectra were acquired at temperatures from -15 to  $65^{\circ}$ C to determine the chemical shift anisotropy of the <sup>31</sup>P powder pattern lineshape for C<sub>20</sub>BAS. The sample was prepared as discussed above at a concentration of 19.8 mg/mL in D<sub>2</sub>O. Spectra were obtained using a Bruker DRX 500 spectrometer equipped with a 5 mm probe. The following sample cooling procedure was used: The probe was cooled to  $-15^{\circ}$ C with a methanol standard inside. The C<sub>20</sub>BAS dispersion was transferred into the NMR tube and inserted into an ethylene glycol/dry ice bath for 5 min while spinning the sample manually. The C<sub>20</sub>BAS sample was then exchanged for the methanol sample inside the instrument. A period of 15 min was allowed for temperature equilibration before spectral acquisition at the desired temperature. For each temperature studied, 3000 transients were collected using a relaxation delay of 3 s, a 90° pulse duration of 12 µs, and an acquisition time of 0.5 s. Line broadening of 100 Hz was applied. The width at half the peak height was measured for each spectrum and the results plotted in ppm vs. temperature.

#### **PFG-NMR Diffusion Measurements**

The instrument used was a Bruker DRX 500 spectrometer equipped with an Acustar II 1\*10 gradient amplifier and a TXI\_HCN\_Z single-axis gradient probe. The probe had a maximum gradient output of 551 G/m·A (5.51 × 10<sup>-2</sup> T/m·A). D<sub>2</sub>O was used as a reference with an experimental D value of  $1.74 \times 10^{-5}$  cm<sup>2</sup>/s at 25°C (cf., D =  $1.87 \times 10^{-5}$  cm<sup>2</sup>/s at 25°C [32]). Data sets were obtained using the BPPS-LED pulse sequence shown in Figure 2 [27,33,34]. The use of half-sine gradient pulses reduces the generation of phase-based artifacts by decreasing the rate of change of the magnetic field when the gradient pulse is switched on or off [35]. The fourth  $90^{\circ}$  pulse stores magnetization in the longitudinal direction, allowing the eddy currents to decay during the period Te; the use of a bipolar sequence further reduces the effects of eddy currents. The duration ( $\sigma$ ) of the applied gradient (p30) was set to 0.006–0.01 s for POPC and 0.002–0.006 s for  $C_{20}BAS$ . The amplitude of the applied gradient (g) was varied from 5% to 95% of the maximum field strength at 25 °C. The diffusion time,  $\Delta$ (D20), was set to 0.3–0.5 s for POPC and 0.05–0.1 s for C<sub>20</sub>BAS. The values of p30 and D20 were modified in the experiments to obtain a reduction in signal intensity of 70% or greater at 95% of the gradient strength. The PFG-NMR experiment was done in 10 steps, from 5% to 95% of the maximum gradient field strength. A <sup>1</sup>H spectrum was obtained for every step and the peak area for the phosphocholine PO-CH<sub>2</sub>CH<sub>2</sub>-N and N(CH<sub>3</sub>)<sub>3</sub><sup>+</sup> signals integrated. The exponential decay curve was plotted as the signal intensity (normalized by the peak area at 5% gradient) versus K (K=  $(\gamma \delta g)^2 [((4\Delta - \delta)/\pi^2) - \tau/2])$  and fitted as a biexponential decay, where  $\tau$  is the correction for the time between the bipolar gradients,  $\gamma$  is the proton magnetogyric ratio (2.68)  $\times 10^8$  rad/T·s), and the fast component was attributed particle tumbling. Origin 6.0 was used for curve fitting to determine the decay constant, 1/D, where D is the lateral diffusion coefficient in cm<sup>2</sup>/s. PFG-NMR was performed 16 and 14 times each on the same samples of POPC and  $C_{20}BAS$ , respectively. The average D is reported along with the standard deviation for each data set.

#### **FRAP** experiments

Two sets of cover slips were prepared using the vesicle casting method for production of supported lipid bilayers, briefly described as follows. The first set of cover slips was cleaned with warm Triton<sup>®</sup> X100 detergent (Sigma, MO) for 10 min, rinsed extensively with deionized H<sub>2</sub>O, dried under a stream of N<sub>2</sub> and baked at 400 °C for 5 h. The second set was cleaned with piranha solution (7:3 H<sub>2</sub>SO<sub>4</sub>:H<sub>2</sub>O<sub>2</sub>) for 1 h, rinsed extensively with 18 MΩ H<sub>2</sub>O and dried under a stream of pure Ar. *NOTE: Piranha solutions are potentially explosive! They should be handled with extreme caution.* POPC and C<sub>20</sub>BAS vesicles were prepared by extrusion of MLV dispersions as described above. Total lipid concentrations were 5 µmol/mL, with lipid ratios of 99.5 mol% lipid + 0.5 mol% NBD-OPPC. The vesicle solutions were mixed with 300 mM NaCl in water (1:1 vol:vol ratio) and transferred to a perfusion chamber mounted on the cover glass. After approximately 1 min, the cover slips were submerged in an 18 MΩH<sub>2</sub>O bath and the excess vesicles removed by swirling the cover glass inside the bath. A cover slip sandwich was prepared, removed from the bath and quickly placed on a microscope holder that maintained the hydration inside the sandwich at all times by incorporating pools filled with 18 MΩ H<sub>2</sub>O on both sides. All FRAP measurements were conducted at 25 °C.

A Nikon TE200U fluorescence microscope, coupled to a silicon avalanche photodiode, was used for FRAP detection. A continuous wave argon ion laser (488 nm emission, 25 mW) was used to both bleach and excite the NBD-OPPC fluorophore (NBD  $\lambda_{ex} = 460$  nm,  $\lambda_{em} = 534$  nm). A neutral density filter (NDF) was placed in the beam path to lower the laser intensity to 250 nW to avoid constant photobleaching of the probe. A shutter was pulsed to allow the laser to monitor the initial counts of the sample for ~40 s. Upon removal of the NDF from the beam path, a single photobleaching laser pulse was sent for  $\leq 1$  s (bleach radius = 13 µm). Diffusion coefficients of NBD-OPPC in POPC and C<sub>20</sub>BAS supported membranes were determined by measuring the half-time to recovery using a modified Bessel function as described by Soumpasis [37]. The diffusion coefficients determined in this manner are accurate to  $\pm 15$  %.

# **RESULTS AND DISCUSSION**

## Vesicle size and morphology

DLS experiments showed that freshly extruded samples of  $C_{20}BAS$  have a mean particle diameter of 133 nm ± 43 nm, however, the average vesicle diameter and sample polydispersity increased with time. This behavior is consistent with previously reported behavior for bolalipid vesicles that undergo extensive vesicle aggregation and membrane-membrane fusion in the absence of cholesterol to produce very large vesicles of varying diameter [31].

The morphology of the  $C_{20}BAS$  bolalipid dispersions 2–3 days after extrusion was analyzed by freeze-fracture TEM (Figure 3). These dispersions contained a mixture of multilamellar lipid, oligolamellar vesicles and large unilamellar vesicles of different sizes, with crossfractured features that are characteristic of bipolar lipid phases [9,18,38]. The observed mean particle sizes determined by TEM were larger than the values determined by DLS. This difference is attributed to vesicle aggregation and fusion processes that are induced by the propensity of the centrosymmetric bolalipids to adopt a transmembrane conformation [9,31, 38–40], thus biasing the sample towards the formation of less highly curved membrane structures in solution.

#### Phase transition behavior of C<sub>20</sub>BAS dispersions

DSC analyses of freshly extruded  $C_{20}BAS$  samples (Figure 4A) indicated that the main melting transition temperature of this lipid is 15.7 °C, in good agreement with the value determined by <sup>31</sup>P NMR ( $T_m = 15.8$  °C, Figure 3B) and in modest agreement with temperature-dependent Raman analysis ( $T_m = 19$  °C) [31]. These data indicate that the bolalipid membranes are in their liquid crystalline lamellar phase under the experimental conditions employed in this study. <sup>31</sup>P NMR chemical shift anisotropy (CSA) of  $C_{20}BAS$ , obtained over a range of temperatures from -15 to  $65^{\circ}$ C, were used as an additional probe for lipid phase transitions (Figure 4B). No other phase transitions were noted over this temperature range using either technique.

#### Lateral diffusion rates of C<sub>20</sub>BAS dispersions

**PFG-NMR Diffusion Measurements**—PFG-NMR was used to measure the lateral diffusion coefficients of POPC and C<sub>20</sub>BAS in MLV dispersions. <sup>1</sup>H NMR spectra were obtained while applying 5%–95% field gradient strengths using the BPPS-LED pulse sequence (Figure 2). The duration of the applied gradient and the diffusion time were adjusted for each sample to ensure that approximately 15% of the initial peak area remained at 95% of the maximum gradient strength. The phosphocholine trimethylammonium and phosphoethanolamine signals were integrated and the normalized peak intensity plotted versus K (K= ( $\gamma\delta$  g)<sup>2</sup>[((4 $\Delta$ -  $\delta$ )/ $\pi$ <sup>2</sup>)- $\tau$ /2)). Treatment of these data typically produced a biexponential decay with respect to K, where the slope of the fast component is attributed to diffusion of the bolalipid by particle tumbling and the second slower decay gives the observed lateral diffusion coefficient for the lipids.

Our PFG-NMR methods were standardized using POPC MLV at  $25^{\circ}$  C as a benchmark (Figure 5). The lateral diffusion coefficient of POPC at  $25^{\circ}$  C using this method,  $1.8 \pm 0.9 \times 10^{-8}$  cm<sup>2</sup>/s (average of six measurements), is within a factor of five of the value reported by Lindblom and coworkers [41] ( $8.9 \times 10^{-8}$  cm<sup>2</sup>/s) at the same temperature using PFG-NMR with aligned POPC multilayers. Our value for the lateral diffusion coefficient of POPC using PFG-NMR is also in good agreement with the reported diffusion coefficient ( $4 \times 10^{-8}$  cm<sup>2</sup>/s [42]) of POPC using FRAP.

The lateral diffusion coefficient of C<sub>20</sub>BAS in D<sub>2</sub>O at 25 ° C (Figure 6) was determined to be  $1.9 \pm 0.6 \times 10^{-8}$  cm/s<sup>2</sup> (average of five measurements). It is noteworthy that the lateral diffusion coefficient of this synthetic bolalipid was in poor agreement with the diffusion coefficients determined for the mixture of naturally-occurring main tetraether phospholipids (MPL) from Thermoplasma acidophilum. The reported diffusion coefficients of MPL extract are:  $5-6 \times$  $10^{-9}$  cm<sup>2</sup>/s at 30 °C,  $1 \times 10^{-8}$  cm<sup>2</sup>/s at 40 °C, and  $2 \times 10^{-8}$  cm<sup>2</sup>/s at 55 °C (determined by 2D exchange <sup>31</sup>P NMR) [24]. Since MPL contains nearly 46% of a macrocyclic diglyceryl tetraether bolalipid with two chemically-distinct headgroups (B-L-gulose and sn-3phosphoglycerol) and two C<sub>40</sub> isoprenoid-based hydrocarbon chains bearing multiple cyclopentane rings [43], it was expected to have a much slower rate of lateral diffusion than the C<sub>20</sub>BAS analog described in this study that has a shorter transmembrane alkyl chain and unbranched sn-2 alkyl chains. Rotational correlation times of the MPL lipid mixture have also been determined using EPR [23] and found to be at least three orders of magnitude slower than those of conventional monopolar lipids. These PFG-NMR experiments yield the surprising finding that the lateral diffusion coefficients are similar for two lipids with dramatically different structures (i.e. bipolar vs. monopolar with 28 Å vs. 40 Å thick membranes [44]). It was expected that  $C_{20}BAS$  would have a smaller diffusion coefficient relative to POPC since its lateral diffusion requires correlated motion of the headgroups pinned at opposing membrane interfaces [43], however, this phenomenon may be counterbalanced by the thinner membranes formed by C<sub>20</sub>BAS [31] that may undergo less chain entanglement due to the absence of

macrocyclization and alkyl chain branching as is found in the natural product MPL. Additional experiments using structural analogs will be required to resolve this question.

FRAP Measurements—Lipid lateral diffusion coefficients, determined using the FRAP technique for supported membrane samples, are summarized in Table 1. Our observed lateral diffusion coefficient of  $2.5 \pm 0.9 \times 10^{-8}$  cm<sup>2</sup>/s for POPC on detergent cleaned slides was in reasonable agreement with the reported literature value of  $4 \times 10^{-8}$  cm<sup>2</sup>/s at 25°C [42]. Upon treating the glass surface with detergent prior to the experiment instead of piranha solution, the diffusion coefficient for POPC increased by a factor of three, however, no such change was observed with  $C_{20}BAS$ . An extensive literature search did not reveal previous work on the investigation of the effect of substrate preparation on the lateral diffusion of supported lipid layers by FRAP. When the FRAP results on detergent-cleaned glass are compared with the PFG-NMR diffusion measurements, the latter method was found to produce slightly larger lateral diffusion coefficients for both POPC and  $C_{20}BAS$ . This observation is consistent with the findings of Cafiso et al. for lipid diffusion in vesicles vs. planar or multilamellar systems [45]. These differences could be explained by the fact that FRAP monitors the macroscopic diffusion of probe molecules that are doped into the lipid matrix of interest over large distances, whereas PFG-NMR tracks the motion of individual molecular segments of an ensemble of the lipid molecules themselves. Since short-range motion of the molecules or individual segments may be sufficient to prevent refocusing of the PFG-NMR signal, these processes may effectively produce a faster observed diffusion rate.

# CONCLUSIONS

We present the first PFG-NMR data describing the lateral diffusion coefficient of a synthetic tetraether bolalipid. The lateral diffusion coefficients for pure  $C_{20}BAS$  dispersions were found to be  $D_{PFG-NMR} = 1.9 \pm 0.6 \times 10^{-8} \text{ cm}^2/\text{s}$  and  $D_{FRAP} = 1.2 \pm 0.1 \times 10^{-8} \text{ cm}^2/\text{s}$  at 25 °C, providing good agreement between the two methods. The observed lateral diffusion coefficient for  $C_{20}BAS$  is surprisingly similar to POPC, a lipid with a fundamentally different structure (i.e. monopolar vs. bipolar) that forms ultrathin membranes. The measured diffusion coefficients of  $C_{20}BAS$  were also found to be significantly faster—by an order of magnitude—than the lateral diffusion rates determined for the naturally-occurring bipolar lipid extract MPL obtained from *Thermoplasma acidophilum*. These findings demonstrate that synthetic bipolar phospholipids can form membranes with similar fluidity characteristics of POPC membranes, which is relevant when considering these membranes for potential supported membrane applications.

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## List of Abbreviations

#### **BPPS-LED**

bipolar pulse pair longitudinal eddy current delay sequence

C<sub>20</sub>BAS

2,2'-di-O-decyl-3,3'-di-O-(eicosanyl)-bis-(rac-glycero)-1,1'-diphosphocholine

CHCl<sub>3</sub>

chloroform

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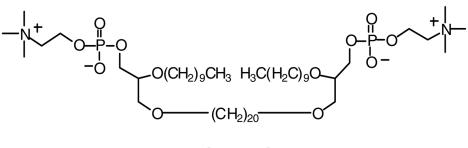
CSA	chemical shift anisotropy		
D	diffusion coefficient		
DLS	dynamic light scattering		
DSC	differential scanning calorimetry		
EPR	electron paramagnetic resonance		
FRAP	fluorescent recovery after photobleaching, MLV, multilamellar vesicle		
MPL	main tetraether phospholipids		
NBD-POP	C 1-oleoyl-2-[6-[(7-nitro-2-1,3-benzoxadiazol-4-yl)amino]hexanoyl]- <i>sn</i> - glycero-3-phosphocholine		
NDF	neutral density filter		
PFG	pulse field gradient		
POPC	1-palmitoyl-2-oleoyl-sn-glycero-3-phosphocholine		
PPM	parts per million		
TEM	I transmission electron microscopy		

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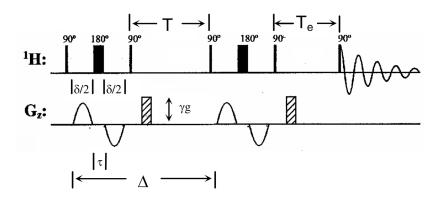
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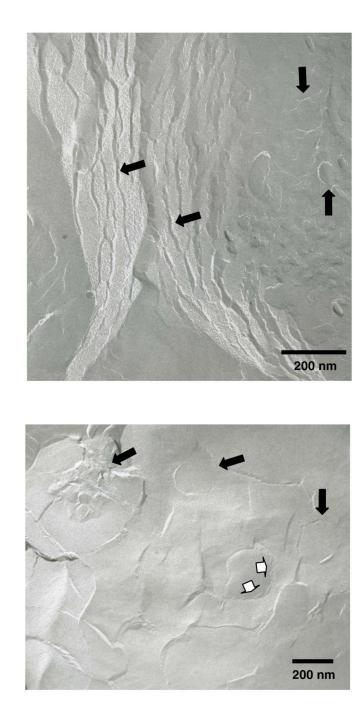
C<sub>20</sub>BAS

#### Figure 1.

Structure of the synthetic bolalipid, 2,2'-di-O-decyl-3,3'-di-O-(eicosanyl)-bis-(*rac*-glycero)-1,1'-diphosphocholine ( $C_{20}BAS$ ).

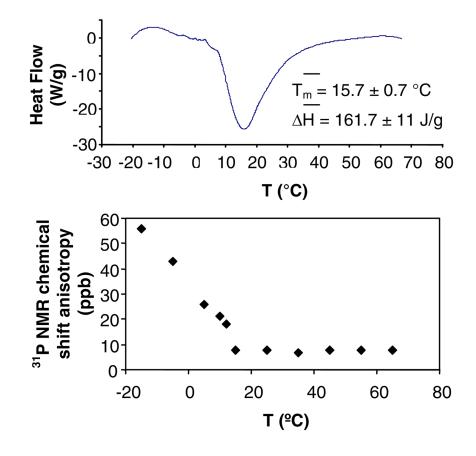






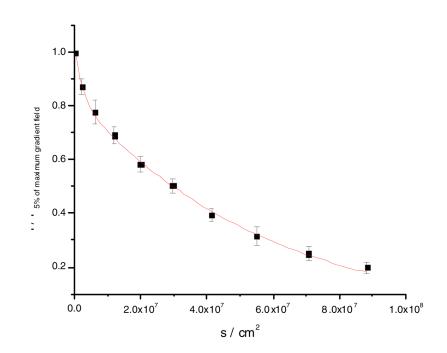
#### Figure 3.

Freeze-fracture TEM images of  $C_{20}BAS$  vesicles after extrusion ten times through 200 nm track-etch membranes. Filled arrows: Cross-fractured multilamellar lipid structures, oligolamellar vesicles and unilamellar vesicles. Open arrows: Remnants of cross-fractured oligolamellar vesicle membrane.



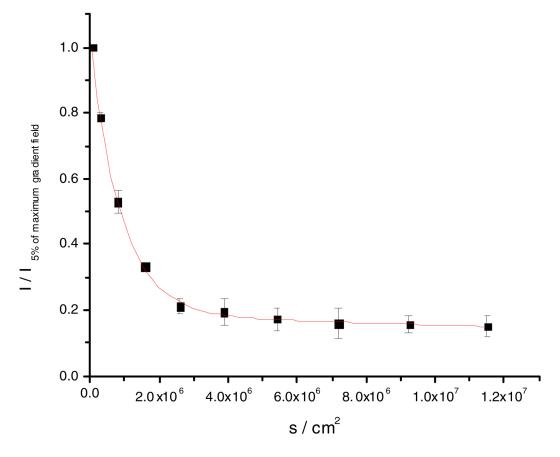
#### Figure 4.

A: DSC of  $C_{20}BAS$  dispersion (19.8 mg/mL), 5 mg of extruded vesicle solution in sealed stainless steel pans, heating rate of 20°/min. Average values (three runs) for the phase transition temperature and transition enthalpy are shown. B: <sup>31</sup>P NMR chemical shift anisotropy of  $C_{20}BAS$  as a function of temperature.



#### Figure 5.

Fit to an average of six PFG-NMR diffusion measurements for POPC MLV at 25 °C. The 5–95% gradient strength data is shown.  $D = 1.8 \times 10^{-8} \text{ cm}^2/\text{s}$ ,  $R^2 = 0.998$ .



#### Figure 6.

Fit to an average of five PFG-NMR diffusion measurements for C<sub>20</sub>BAS (8 mM) vesicles at 25 °C. The 5–95% gradient strength data is shown. D =  $1.9 \times 10^{-8}$  cm<sup>2</sup>/s, R<sup>2</sup> = 0.996.

#### Table 1

Diffusion coefficients of lipid vesicles determined by PFG-NMR and of supported membranes using FRAP on detergent- or piranha-treated slides.  $T = 25^{\circ}C$ . The number of measurements performed to generate the average values reported is shown in parentheses (n)

Lipid	$PFG-NMR(\times 10^8 \text{ cm}^2/\text{s})$	<b>FRAP</b> ( $\times 10^8$ cm <sup>2</sup> /s) detergent	FRAP(× 10 <sup>8</sup> cm <sup>2</sup> /s) piranha
POPC	$1.8 \pm 0.9$ (6)	$8.0 \pm 2.2$ (3)	$2.5 \pm 0.1$ (3)
C <sub>20</sub> BAS	$1.9 \pm 0.6$ (5)	1.5 ± 0.1 (3)	1.2 ± 0.1 (3)

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