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## An Interleukin-6 Neutralizing Antibody Prevents Cyclosporine Induced Nephrotoxicity in Mice

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### Abstract

**Introduction**—Chronic use of cyclosporine A (CyA) induces nephrotoxicity primarily due to endothelial dysfunction. In our previous studies, potential mechanisms were identified *in vitro* and implicated NADPH oxidase and Interleukin-6 (IL-6) as key components in causing endothelial dysfunction. In this study, we tested the hypothesis that NADPH oxidase activity and IL-6 are key components in renal damage in an *in vivo* model.

**Methods**—Male mice C57B/6 mice from JAX Laboratories at 6–8 weeks were subjected to a low salt diet throughout the trial. After one week on a low salt diet, the mice were injected daily with treatments in 50 $\mu$ L vehicle composed of 75% cremaphor and Ethanol for five weeks. A vehicle alone group was also set aside. Mice were weighed and 25mg/kg/day cyclosporine was injected daily. Apocynin 20mg/kg were injected either alone or concomitantly with CyA. Another group of mice were administered IL-6 Antibody at 2 $\mu$ g/day along with CyA.

The kidneys were removed *en bloc* immediately and submitted in formalin for paraffin sections. Trichrome stains were performed.

Slides were blinded and ten photographs of cortical areas per treatment group were taken, which covered an estimate of 10% surface area in random fashion. Areas of renal damage, which were determined by tubular necrosis, were identified and quantified by amount of necrosis per photograph. Each photograph was divided into ten blocks, and the number of blocks that contained necrotic tubules per photo was recorded.

**Results**—The two control mice (low salt only) had no damage. The four vehicle mice had trace amounts of tubular necrosis. CyA treatment group demonstrated the highest amount of damage (29/70; 41%). CyA with apocynin, a specific NADPH oxidase inhibitor, was found to have 36% (22/60) damage, whereas the CyA with IL-6 antibody only was observed to have 15% (6/40) damage. Comparing imaging analysis, there was no difference between mice treated with CyA alone and with CyA with apocynin. However, the amount of damage in mice treated with CyA and IL-6 antibody was found to be significantly lower than both CyA and CyA with apocynin.

**Conclusions**—CyA action as a calcineurin inhibitor has allowed prolongation of kidney transplants, but its chronic use has led to devastating consequences such as allograft nephropathy.

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Previously, we have identified potential mechanisms of CyA induced endothelial dysfunction *in vitro*. The current study identifies increased IL-6 expression as a mechanism by which CyA induces renal damage and that the use of an IL-6 neutralizing antibody may be useful in reducing CyA induced renal damage.

## Keywords

Cyclosporine A; Interleukin-6; Nephrotoxicity

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## Introduction

Maintaining the viability of transplanted tissues and organs is an ongoing clinical problem. Currently there is a shortage of viable tissues for transplantation thus increasing the survival time of transplants becomes a high clinical priority. Loss of graft function and transplant atherosclerosis are associated with endothelial cell dysfunction and loss of endothelial barrier integrity (1,5). Abnormalities in endothelial reactive oxygen species (ROS) generation has long been known to impact endothelial function both through degradation of nitric oxide and alterations in the endothelial barrier (2).

Calcineurin inhibitors (CNIs) are undoubtedly the most potent agents of immunosuppression. However, in pharmacological concentrations CNIs damage the endothelial barrier integrity without impairing the viability of the endothelial cells (4,6,7). We have observed that CyA, the prototypic CNI, disrupts endothelial *in vitro* capillaries and that this loss of endothelial integrity is due to a down regulation of VE-cadherins (12,13,14,15,16). More significant was our finding that the down-regulation of the VE-cadherins is consequent to dissociation of one of the key catenins, p120 ctn, from the VEcadherin/catenin complex (data communicated).

Based on the literature and our experiments we have identified *in vitro* that chronic use of cyclosporine A (CyA) induces nephrotoxicity primarily due to endothelial dysfunction by down regulation of VE-cadherins and implicated NADPH oxidase and Interleukin-6 (IL-6) as key components in regulation of VE-cadherin and causing endothelial dysfunction. Thus, we hypothesized that NADPH oxidase activity and IL-6 are key components in renal damage due to chronic use of CyA and inhibition of either would ameliorate the same. In this study, we tested the hypothesis that NADPH oxidase activity and IL-6 are key components in renal damage in an *in vivo* model.

## Methods

### Animals

Male mice C57B/6 mice aged 6–8 weeks were obtained from Jackson Laboratories (Bar Harbor, ME), harbored in an AALAC approved facility and had ad libitum access to food and water. All procedures were approved by the Care and Humane Use of Animals Committee at SUNY Upstate Medical University.

### Experimental Protocol

At the start of the protocol mice were switched to a low salt diet (0.1 % NaCl, Purina Mills, MO) for the duration of the study. After one week on a low salt diet, the mice were injected daily with treatments in 50 $\mu$ L vehicle composed of 75% cremaphor (Sigma) and Ethanol for five weeks. Mice were weighed and 25mg/kg/day cyclosporine (Novartis Pharma) was injected intra peritoneally. Apocynin (Calbiochem) 20mg/kg was injected either alone or concomitantly with CyA. Another group of mice were administered IL-6 Antibody (R&D Systems, Cat #

MAB406) at 2µg/day along with CyA. A vehicle alone group and a control group were also set aside.

After the treatment period, the mice were anesthetized with pentobarbital and approximately 1mL of blood was aspirated from the heart and assayed for CyA levels and IL-6 concentration.

The kidneys were removed *en bloc* immediately and submitted in formalin for paraffin sections. Trichrome stains were performed.

### Histological Analysis

Slides were blinded and ten photographs of cortical areas per treatment group were taken, which covered an estimated 10% of the surface area in a random fashion. Areas of renal damage, which were determined by tubular necrosis, were identified and quantified by amount of necrosis per photograph. Each photograph was divided into ten blocks, and the number of blocks that contained necrotic tubules per photo was recorded. Histological analyses were blinded.

### Quantification of serum IL-6

Serum IL-6 concentration of different treatment groups of mice was measured by ELISA using Quantikine Mouse IL-6 immunoassay kit (R&D systems) as per manufacturer's protocol.

### Statistical Analysis

Data were subjected to an ANOVA with significance set at  $p < 0.05$ .

## Results

### The effect of a low-salt diet on renal architecture

The two control mice (low salt only) had no damage as demonstrated in figure 1 and table 1. In figure 1 normal renal histology is observed with intact tubules and glomeruli.

### The effect of Cremaphor combined with a low-salt diet on renal architecture

The vehicle treated mice (n=4) had trace amounts of tubular necrosis that was not significantly different from control. Further, the trace amount of tubular necrosis was only seen in 50% of mice in the group (table 2). However, there was no way to determine if the small amount of damage observed was simply artifact from the sample preparation or was due to the influence of the cremaphor vehicle.

### The effect of Cyclosporin combined with a low-salt diet on renal architecture

CyA treatment group demonstrated the highest amount of damage (29/70; 41%, n=7) which was expected. 86% of mice were affected in this group (6 out of 7, table 2). The renal tissue demonstrated widespread tubular destruction which is in accordance with the known renal toxicity of CyA. Further this damage was statistically significant when compared to the control data ( $p=0.027$ ).

### The effect of Apocynin and Cyclosporin combined with a low-salt diet on renal architecture

The CyA with apocynin, a specific NADPH oxidase inhibitor, was found to have 36% (22/60, n=6) renal damage which demonstrated a similar pattern as that seen with the cyclosporine treated group i.e. acute tubular necrosis. Cotreatment with apocynin also decreased the % of affected animals to 67, four out of six mice showed tubular necrosis.

### The effect of an Interleukin-6 neutralizing antibody and Cyclosporin combined with a low-salt diet on renal architecture

The CyA with IL-6 antibody only was observed to have 15% (6/40, n=4) damage. Comparing imaging analysis, there was no difference between mice treated with CyA alone and with CyA with apocynin. However, the amount of damage in mice treated with CyA and IL-6 antibody was found to be significantly lower than both CyA and CyA with apocynin ( $p=0.027$ ). The % of affected animals were decreased from 86 (CyA only group) to 25 when IL-6 antibody was used in combination with CyA.

### The effect of CyA on serum IL-6 concentration

CyA administration increased the serum IL-6 levels from  $3.4\pm 0.6$  pg/ml in control mice to  $9.25\pm 1.4$  pg/ml in mice treated with CyA alone. IL-6 levels in mice that received IL-6 antibody treatment along with CyA was comparable to that of control at  $3.96\pm 2.05$  pg/ml as shown in figure 2 ( $p=0.05$ ). The CyA levels in all the treatment groups were also measured and represented in table 2.

## Discussion

CyA's action as a calcineurin inhibitor has allowed prolongation of kidney transplants, but its chronic use has led to devastating consequences such as allograft nephropathy (3,8,9,10,11). Previously, we have identified potential mechanisms of CyA induced endothelial dysfunction *in vitro*. The current study identifies increased IL-6 expression as a mechanism by which CyA induces renal damage and that the use of an IL-6 neutralizing antibody may be useful in reducing CyA induced renal damage.

Increased IL-6 expression has been noted in chronically rejecting tissues and has been associated with graft dysfunction. CyA induces the secretion of IL-6 from endothelial cells secondary to activation of NADPH oxidase and we have shown *in vitro* that IL-6 antibodies prevent CyA mediated down regulation of VE cadherins and the disruption of *in vitro* capillaries (*Data communicated*). Therefore, we decided to determine if the protective effect of IL-6 neutralizing antibodies could be demonstrated *in vivo*. Our study demonstrates that co-treatment of animals with IL-6 neutralizing antibodies and CyA reduces the nephrotoxic effects of CyA.

Surprisingly, inhibition of NADPH oxidase had only a modest protective effect. In light of our previous studies that demonstrated that CyA increases IL-6 levels through activation of NADPH oxidase we had expected that the NADPH oxidase inhibitor apocynin would have been equally as effective as the IL-6 neutralizing antibody in preventing tubular sclerosis. However, our data clearly demonstrate that this is not the case. Given the fact that the IL-6 neutralizing antibody was so much more effective leads us to the conclusion that either apocynin is not nearly as effective *in vivo* as it is *in vitro*, or that CyA increases IL-6 both in a NADPH oxidase dependent and independent manner. In our study it is likely that the bioavailability of apocynin is reduced *in vivo* as compared to our *in vitro* studies. This is likely due to the fact that apocynin is hydrophobic and probably binds tightly to albumin and thus less is available to enter the cells.

Our observations of renal injury primarily demonstrated tubular necrosis rather than vascular or endothelial damage. While it is possible that CyA causes direct damage to tubular cells, we hypothesize that tubular damage is secondary to endothelial dysfunction possibly through the filtration of excessive IL-6 into the tubule or through loss of the glomerular endothelial barrier which would result in excessive protein being filtered into the tubule leading to osmotic stress.

Further studies into the mechanism(s) of CyA induced tubular necrosis are needed to answer these questions.

The present study demonstrates that CyA administration induces an increase in serum IL-6 levels. And the use of Interleukin-6 neutralizing antibodies alongwith CyA immunosuppression regimen ameliorates the renal damage induced by the latter. However, increasing the duration of CyA administration in the experimental animals would certainly provide more insight into the role of IL-6 neutralizing antibody in ameliorating CyA induced renal damage. Further insights may also be obtained on the role of cotreatment of CyA and IL-6 neutralizing antibody on prevention of renal damage as well as chronic allograft vasculopathy in an allotransplantation model.

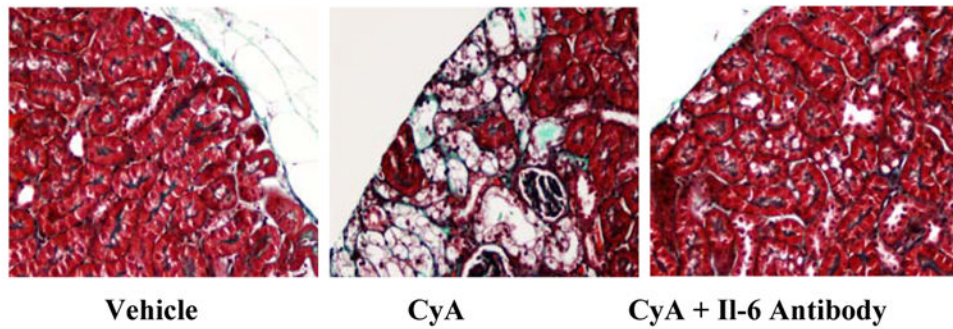
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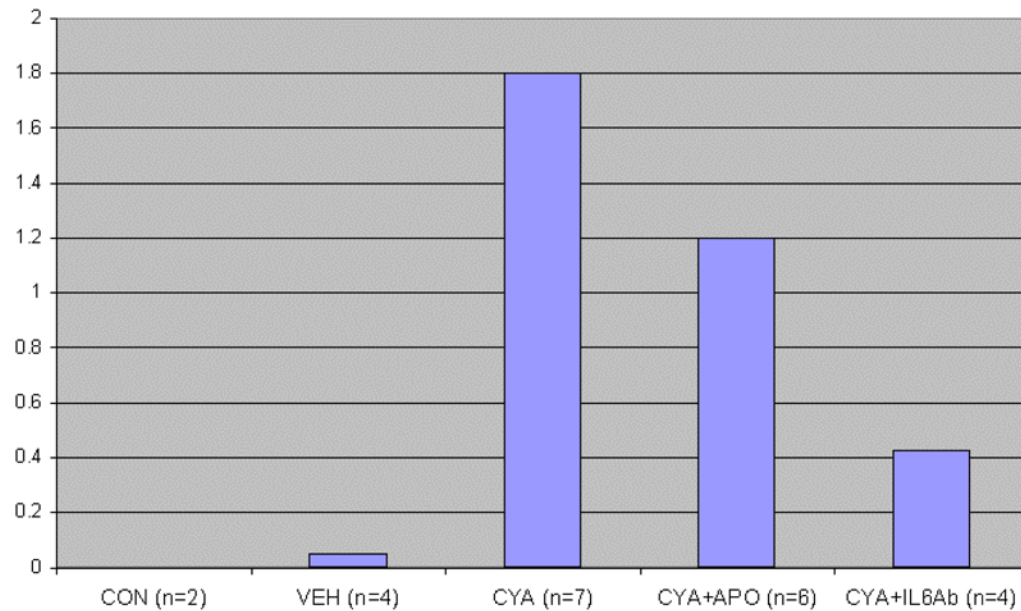
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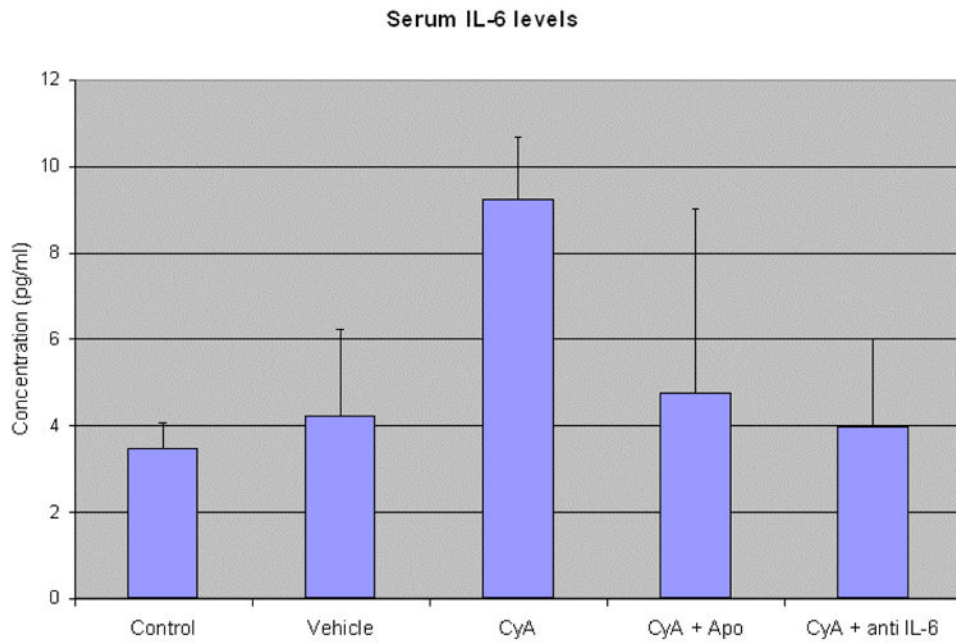


Scoring of injured mouse kidneys

**Figure 1.**

**Figure 1a.** Trichrome stained renal sections from mice maintained on a low salt diet for five weeks and treated with vehicle, CyA or CyA + an IL-6 neutralizing antibody.

**Figure 1b.** Quantification of tubular necrosis from Trichrome stained slides from treated animals. Slides were blinded and ten photographs of cortical areas per treatment group were taken, which covered an estimated 10% of the surface area in a random fashion. Areas of renal damage, which were determined by tubular necrosis, were identified and quantified by amount of necrosis per photograph. Each photograph was divided into ten blocks, and the number of blocks that contained necrotic tubules per photo was recorded. Data is represented as average block damage per all images and was analysed by performing an ANOVA,  $p=0.027$ .



**Figure 2.** Serum IL-6 concentration in mice from the different treatment groups. Blood was collected from the mice of different experimental groups at the end of the experimental duration (6weeks) after the animals were euthanized. Data is represented as mean $\pm$  SD and was analyzed by performing an ANOVA ( $p=0.05$ )



**Table 1**

Quantification of tubular necrosis from Trichrome stained slides from treated animals. Slides were blinded and ten photographs of cortical areas per treatment group were taken, which covered an estimated 10% of the surface area in a random fashion. Areas of renal damage, which were determined by tubular necrosis, were identified and quantified by amount of necrosis per photograph. Each photograph was divided into ten blocks, and the number of blocks that contained necrotic tubules per photo was recorded. Data is represented as % damaged in each treatment group. # = significant difference for CyA treated.

	<b>Blocks Damaged</b>	<b>Percent Damaged</b>
Control	0	0
Vehicle	Trace	Trace
CyA	29/70	41%
CyA + Apocynin	22/60	36%
CyA + IL-6 Ab	6/40 #	15% #

**Table 2**

Percentage of mice affected by CyA induced tubular necrosis in different treatment groups.

Treatments	# Affected Mice	# Total Mice	% Affected
Control (n=2)	0	2	0
Vehicle (n=4)	2	4	50
CyA (n=7)	6	7	86
CyA + Apocynin (n=6)	4	6	67
CyA + IL-6ab (n=4)	1	4	25

**Table 3**

Cyclosporine A levels in the blood of mice from different treatment groups. Blood was collected from the heart of mice at the end of the experimental duration (6 weeks) after the animals were euthanized.

Treatment Groups	CyA (ng/ml)
Control (n=2)	NA
Vehicle (n=4)	NA
CyA (n=7)	336, 6010, 2095, 2040, 2455, 2680, 2320
CyA + Apo (n=6)	1038, 1780, 1605, 1370, 1715, 1580
CyA + anti IL-6 (n=4)	412, 795, 945, 319