

suggest that lower legal limits of blood alcohol concentration should have been stipulated in the 1967 Road Safety Act, but they do not allow us to predict the effects of now lowering the legal limits in a new road safety act. Let us not lose sight, in our quest for scientific credibility, of the primary objective of any new legislation—that is, to bring about an appreciable change in the population's behaviour and beliefs with regard to drink-driving.

Guppy cites the results of a study in the Australian Capital Territory, where legal blood alcohol concentrations were reduced from 17.4 mmol/l to 10.9 mmol/l. Although this seems to have resulted in a worthwhile reduction in "drink-driving behaviour" in the first year, there is nothing to suggest that this will be sustained. If the experiences of 1967 are repeated then this is likely to be only a temporary change in behaviour. It is premature to use these results to justify a change in legislation on "scientific" grounds.

The weight of evidence suggests that the perceived risk of detection is the most important factor in bringing about a sustained change in drink-driving behaviour.² It is on this that research and resources should be focused. One way would be to assess the effects of discretionary breath testing on the driving population. The substantial morbidity and mortality from road traffic accidents related to alcohol demand a reappraisal of the countermeasures presently in use. This is likely to be meaningful only if we maintain a clear sight of our long term objectives.

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1 Guppy A. At what alcohol concentration should drink-driving be illegal? *BMJ* 1994;308:1055-6. (23 April.)

2 Dunbar JA, Penttila A, Pikkarainen J. Drinking and driving: choosing the legal limits. *BMJ* 1987;295:1458-60.

Colour blindness

Screening in schools has no value

EDITOR,—Although screening for colour blindness is commonly carried out in schools, I do not believe it serves any useful purpose. Furthermore, as described by Trisha Greenhalgh,¹ a positive result unnecessarily stigmatises a child, causes distress to parents, and leads to frequently erroneous occupational advice. When I was a senior house officer in an august London teaching hospital, I was the only junior ophthalmologist who was not red-green colour blind. Needless to say, we were all men.

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1 Greenhalgh T. Bad genes. *BMJ* 1994;308:1167. (7 May.)

Is a minor inconvenience

EDITOR,—When Trish Greenhalgh describes red-green colour blindness as "a poisoned dart"¹ she is being less than fair to her son and other people who are red-green colour blind. Being red-green colour blind myself, I can assure her that I have never found it more than a minor inconvenience. Therefore, when I realised six years ago that I had passed this characteristic on to my eldest grandchild I had no reason to feel "bowled over" by the "personal ignominy of having passed bad genes down to posterity." Even if the characteristic was a cause of major handicap I believe that to speak of it in such emotive terms would be unhelpful and could encourage discrimination against those affected.

Most of the discrimination that I have experienced as a red-green colour blind person has come from electricians, epidemiologists, and editors.

Electricians stopped being at fault when they switched from using red and black to brown and blue for live and neutral wires, but some of my fellow epidemiologists and their editors still use greens and reds for areas of low and high incidences of disease in maps. As people with red-green colour blindness account for several per cent of the population, epidemiologists should use colours that do not cause problems—for example, shades ranging from dark to light blue instead of greens, and from dark brown to yellow instead of reds.

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1 Greenhalgh T. Bad genes. *BMJ* 1994;308:1167. (30 April.)

Rehabilitation needs after severe head injury

EDITOR,—Though I agree that the cognitive, behavioural, and emotional disturbances that may occur after severe head injury are the predominant factors responsible for longer term handicap, I dispute R J Greenwood and colleagues' statement that physical deficits "usually recover rapidly and completely."¹ For several weeks or months after severe injury the physical sequelae account for a considerable proportion of the skilled physiotherapy, occupational therapy, and speech and language therapy provided to facilitate maximal potential recovery and prevent the physical and psychological complications that are likely to result from the lack of such input.

The facts that the median length of initial hospital stay was 25 days for the controls and 35 days for the case managed patients; that 44 of the 117 cases and controls who entered the study were inpatients in a rehabilitation unit for three or four months; and that most had many hours of physiotherapy as inpatients or outpatients, or both, hardly indicates a speedy physical recovery. Although the score on the Bond neurophysical scale at six months after injury is given and indicates persisting physical problems, the paper does not establish that physical deficits had completely recovered by 24 months. The other measures of residual disability and handicap are presented in a form that does not allow readers to determine whether physical problems persisted.

It would be regrettable if, because they highlight the lack of facilities to meet the longer term psychosocial needs of these patients, the authors were taken as suggesting that the provision of services to address the patients' physical rehabilitation requirements was either adequate or, worse, unnecessary. I am sure that this was not their intention.

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1 Greenwood RJ, McMillan TM, Brooks DN, Dunn G, Brock D, Dinsdale S, et al. Effects of case management after severe head injury. *BMJ* 1994;308:1199-205. (7 May.)

NHS complaints procedures

Consider financial compensation

EDITOR,—The report of the review committee on NHS complaints procedures, with its emphasis on accessibility, impartiality, simplicity, speed of resolution, and cost effectiveness, has been generally well received.^{1,2} Unfortunately, however, it does not address the problem of serious adverse clinical events which may result in a claim for

financial compensation. The committee states that its terms of reference excluded considerations of civil litigation. Yet I estimate that this year the hospital complaints procedure will cost the nation less than £5 million; medicolegal claims will cost well over £100 million. The minister of health proposes to tackle the problem of litigation by establishing a central fund to cover the cost of the largest claims to minimise the amount of money diverted from patients' care. It is far from clear, however, that this will prove to be effective in improving the quality of care and reducing the number of claims.

The present medicolegal system is slow, cumbersome, expensive, and often unfair. Most cases take more than two years to resolve; those going to court may take five years or more. With such delays the criteria for an adequate procedure as stated by the review committee ("the earlier [the action], the fuller the response may be and the sooner any action to improve the quality of service can be taken") cannot be met.

The minister for health should be persuaded to grasp this nettle. It is not sufficient to accept the statement "Where complainants suffer compensatable harm as a result of NHS treatment, the NHS should not try to avoid its responsibilities towards them or to withhold information."¹ Are those seeking compensation to be encouraged to complain and then to use the resulting report to support their case through the courts? Or will the minister consider setting up a fairer system of compensation independent of the court action?

Four years ago Smith addressed the problem of adverse clinical events in hospital practice and indicated the need for a national survey.³ His suggestions were ignored. The chief medical officer, Kenneth Calman, has urged the profession to take the initiative in shaping health care.⁴ We should move away from the adversarial means of resolving claims for compensation and seek to improve a system that may pay £1 million to the parents of a brain damaged infant if lawyers are satisfied that a clinician can be held to have been negligent yet nothing to the parents of an infant who has a God given defect of equal magnitude.

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1 Department of Health. *Being heard. The report of a review committee on NHS complaints and procedures.* London: DoH, 1994.

2 Forsythe M. New NHS complaints procedure. *BMJ* 1994;308:1315-6. (21 May.)

3 Smith R. The epidemiology of malpractice. *BMJ* 1990;301:621-2.

4 Smith R. Challenging doctors: an interview with England's chief medical officer. *BMJ* 1994;308:1221-4. (7 May.)

Similar process exists in general practice

EDITOR,—The proposed two stage NHS complaints procedure¹ already, in effect, operates for complaints in general practice. Many practices have in house, informal procedures, and many family health services authorities have informal conciliatory procedures. These broadly equate with stage I of the proposed procedure.^{1,4} The proposed stage II or panel review equates with the current formal, service committee procedure. Thus not only have Professor Alan Wilson and his colleagues largely ignored the pleas made over the past two years by general practitioners that their system should be changed but they are now suggesting that this system should be extended to all other areas of the NHS.⁵ Those unfamiliar with the current general practice procedure will find that the proposed new system leaves a lot to be desired.

There are no grounds for the assumption that if these proposals are adopted there will be fewer formal complaints about the services provided by the NHS. Currently the complainant or patient