

The suggestion that the "requirement for profound anaesthesia will decline" certainly does not apply to laparoscopic surgery—indeed, for laparoscopic herniorrhaphy the opposite is true. Sedoanalgesia is not, in any case, inherently better, safer, or preferred by patients, nor would its widespread application allow operator-sedationists to free themselves from the shackles of their former anaesthetists.

The most disturbing vignette of the future is, however, plausible unlike the foregoing. This is of a large team of people who pass the patient among each other. The "director" has a brief interview and passes the patient on. The tedious task of preoperative and postoperative care is given to the otherwise redundant anaesthetist. The operators in both open and minimal access surgery, freed from the tedium of actually seeing, diagnosing, and caring for patients, practise their skills in the theatre. The patients are no longer cared for by one practitioner who (in theory at least) looks after them as a whole person. The new process might be efficient but would be bad for patients.

Named nurses now look after each patient. Allocation of tasks has ended; personal care is here. Medicine neither wants nor needs to step away from personal care, it needs to step towards it. Patients need named doctors as well as named nurses.

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Laparoscopic nephrectomy unproved in controlled clinical trials

EDITOR.—An italic paragraph accompanying the series of articles on minimally invasive surgery states that the "articles have been written to inform non-specialists of developments in this rapidly moving subject." Two of the authors of the article on laparoscopic nephrectomy,¹ Ralph V Clayman and Louis R Kavoussi, are known by urologists to be innovators, and without such people urology would not advance. Certain points should, however, be made.

The summary of the article says that "laparoscopic nephrectomy for benign disease has become widely accepted."¹ This is not so, and the authors' figures show this: the fact that only 30 laparoscopic procedures have been performed in St Louis and "more than 100 worldwide" shows that almost all nephrectomies for benign disease are open operations.

It is appropriate that the authors comment on the learning curve for laparoscopic nephrectomy, but to imply that three major complications in the first 12 patients and then one in the second 12 represents an improvement due to experience is incorrect. There is no significant difference between these complication rates ($\chi^2=1.2$, $P=0.27$). A rate of major complications of 16% in the first 24 patients in the hands of presumably outstandingly good operators suggests that for most urologists the complication rate for their first 24 patients will be even higher; this may make many urologists sceptical about using the technique. It also suggests that a period of formal training should be required for urologists of any grade who wish to use this technique to avoid subjecting excessive numbers of patients to the same learning curve.

The authors' final paragraph contains entirely reasonable comments. The authors should, however, follow their own advice, with "careful critical comparison of each newly developed procedure with its counterpart in open surgery." It is intuitively obvious that an uncomplicated laparoscopic nephrectomy will result in a shorter and less painful convalescence than an open operation. Whether the complications of the two forms of surgery favour laparoscopy remains to be seen.

This can be answered satisfactorily only by controlled clinical trials and not by comparison with contemporary series of patients, as the authors have attempted.

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1 Kerbl K, Clayman RV, McDougall EM, Kavoussi LR. Minimally invasive surgery: laparoscopic nephrectomy. *BMJ* 1993;307:1488-9. (4 December.)

Renal failure after topical use of NSAIDs

EDITOR.—We wish to amplify the case reports of C A O'Callaghan and colleagues¹ by reporting on a patient who developed acute renal failure twice: once after taking ibuprofen orally and once after topical administration of the drug.

A 76 year old man was admitted with acute anuric renal failure five days after taking four tablets of ibuprofen for a muscle strain. In the 48 hours before admission he had vomited repeatedly, and at presentation he was clinically dehydrated. The platelet count on admission was $35 \times 10^9/l$, and a blood film showed microangiopathic haemolytic anaemia without eosinophilia. Renal biopsy showed evidence of acute interstitial nephritis and acute tubular necrosis. After four days of haemodialysis his renal function recovered and the serum creatinine concentration fell to $128 \mu\text{mol/l}$.

Three years later the patient applied topical ibuprofen once to his shoulders because of muscle aches after he had cut a hedge. Thirty six hours later he was admitted with acute anuric renal failure. The platelet count fell transiently to $72 \times 10^9/l$, and a blood film showed microangiopathic haemolysis with no eosinophilia. Methylprednisolone (0.5 g) was given intravenously on admission. After 13 days, during which haemodialysis was required, the patient's renal function recovered, and nine months after discharge his serum creatinine concentration was $571 \mu\text{mol/l}$.

Unlike O'Callaghan and colleagues, we observed only limited renal recovery after a single topical application of a non-steroidal anti-inflammatory drug. Severe idiosyncratic renal syndromes are recognised after administration of non-steroidal anti-inflammatory drugs, and mechanisms other than interference with vasodilatation mediated by prostaglandin have been implicated.² In this case sensitivity to oral ibuprofen had been shown previously. Haemolysis and thrombocytopenia, which were prominent features after each exposure to ibuprofen, have been reported after oral administration of non-steroidal anti-inflammatory drugs.^{3,4}

Abrupt renal impairment may occur after modest exposure to oral or topical non-steroidal anti-inflammatory drugs, and patients with a history of this should be warned to avoid these drugs irrespective of the route of administration or dose.

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Long term use of sumatriptan

EDITOR.—M J Osborne and colleagues report on a patient who developed a pattern of daily headaches and used excessive daily doses of sumatriptan.¹ They suggest that the long term use of sumatriptan could have led to a dependent state. The patient had a 50 year history of incapacitating migraine attacks refractory to other treatments, but his attacks were rapidly and effectively treated with sumatriptan.

People who suffer from migraine report changes in the frequency and nature of attacks over time and also experience other types of headache. The authors note that this patient experienced mild headaches every morning and that these frequently progressed to migraine. The patient took sumatriptan daily in anticipation of these attacks, in clear contrast to the recommendation on the data-sheet. This does not suggest dependence on the effects of sumatriptan.

Data have been published on long term experience with sumatriptan.² In three studies lasting up to one year the tolerability profile of sumatriptan (the incidence and nature of reported adverse events) was similar to that reported in short term studies. There was no evidence of an escalation of the dose, irrespective of the number of attacks of migraine treated. Two of these studies (one of subcutaneous and one of oral treatment) were extended up to two years. There was no evidence of an increased frequency of migraine over the two years (table). Additionally, no evidence of dependence has been noted from spontaneous post-marketing reports.

Median number of attacks of migraine per patient in months 1, 2, 23, and 24 of two year studies of use of subcutaneous or oral sumatriptan

	Subcutaneous	Oral
Months 1, 2	6	7
Months 23, 24	5	7

Sumatriptan is indicated only for intermittent short term treatment of migraine. When it is used appropriately there is no evidence of dependence developing during long term treatment. Sumatriptan should not be used daily as prophylaxis against migraine.

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2 Tansey MJB, Pilgrim AJ, Martin PM. Long-term experience with sumatriptan in the treatment of migraine. *Eur Neurol* 1993;33:310-5.

Mesalazine toxicity

EDITOR.—The case reported by A G Lim and K R Hine, in which a patient developed a reaction to mesalazine,¹ prompts me to describe a case.

A 30 year old woman presented with a five week history of bilateral pleuritic chest pain. She had increasing shortness of breath (though no wheezing), a non-productive cough, and intermittent fevers and had lost 7 kg in weight. She had a 14 year history of ulcerative colitis, which had remained