

# NIH Public Access

**Author Manuscript**

*Curr Opin HIV AIDS*. Author manuscript; available in PMC 2008 September 18.

#### Published in final edited form as:

*Curr Opin HIV AIDS*. 2008 September ; 3(5): 534–540. doi:10.1097/COH.0b013e32830634c6.

## **Biology of HIV Mucosal Transmission**

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#### **Abstract**

**Purpose of review—HIV-1 mucosal transmission plays a critical role in HIV-1 infection and** AIDS pathogenesis. This review summarizes the latest advances in biological studies of HIV-1 mucosal transmission, highlighting the implications of these studies in the development of microbicides to prevent HIV-1 transmission.

**Recent findings—**New studies of initial HIV-1 infection using improved culture models updated the current view of mucosal transmission. Mechanistic studies enhanced our understanding of cellcell transmission of HIV-1 mediated by the major target cells, including dendritic cells, CD4+ T cells, and macrophages. Increasing evidence indicated the significance of host factors and immune responses in HIV-1 mucosal infection and transmission.

**Summary—**Recent progress in HIV-1 mucosal infection and transmission enriches our knowledge of virus-host interactions and viral pathogenesis. Functional studies of HIV-1 interactions with host cells can provide new insights into the design of more effective approaches to combat HIV-1 infection and AIDS.

#### **Keywords**

HIV; mucosal; transmission; infection; biology

#### **Introduction**

HIV-1 mucosal infection through sexual transmission plays a critical role in viral pathogenesis  $[1^*–3^*]$ . Defining the mechanisms of HIV-1 mucosal transmission can potentially help our combat against HIV-1/AIDS. Current antiretroviral therapies cannot eradicate HIV-1, and no effective vaccine is achievable soon; therefore, topical microbicides hold promise for HIV-1 prevention [2]. Recent studies of HIV-1 interactions with target cells provide new insights into understanding HIV-1 mucosal transmission. Host factors and immune responses are multifaceted contributors to HIV-1 infection and transmission (Figure 1). This review highlights the latest research advances in HIV-1 mucosal transmission, focusing on the mechanisms of cell-cell transmission of HIV-1.

#### **Initial events of HIV-1 mucosal infection and transmission**

CD4+ T cells, macrophages, and dendritic cells (DCs) including Langerhans cells (LCs) are considered as early targets of HIV-1 infection and transmission in the vaginal mucosa [1\*– 3\*]. However, the initial events in establishing vaginal HIV-1 infection are poorly characterized owing to the lack of a suitable model. Hladik *et al*. developed a culture model of epithelial sheets separated from human vaginal stroma to study HIV-1 entry and infection

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 $[4**]$ . HIV-1 enters intraepithelial CD4<sup>+</sup> T cells by viral receptor-mediated fusion, leading to productive infection. By contrast, HIV-1 enters vaginal LCs via endocytosis mediated by multiple receptors. Intact HIV-1 particles were retained within LCs for 3 days without detectable viral replication. The LC-T-cell conjugates with concentrated HIV-1 were observed at 60 hr, but not at 2 hr after infection [4\*\*]. These results suggest that initial HIV-1 infection of T cells is independent of LCs, while LC-mediated HIV-1 transmission to T cells may occur at the later stage of infection. Although HIV-1 replication may not be readily detected in LCs at the initial infection, it is possible that DCs hold infectious HIV-1 and augment viral replication upon interaction with  $CD4^+$  T cells  $[1^*, 5-11]$ .

LCs have been speculated to support HIV-1 *trans*-infection through Langerin, a LC-specific C-type lectin. Unexpectedly, a recent study suggests that Langerin can be a natural barrier to HIV-1 infection [12\*]. Langerin mediates HIV-1 internalization and intracellular degradation in skin-derived LCs, thereby inhibiting HIV-1 replication and transmission [12\*]. However, it remains possible that a proportion of endocytosed HIV-1 escapes from the degradation, and initiates *trans*-infection of CD4<sup>+</sup> T cells upon cell-cell contact. A recent report indicates that epithelial LCs in human skin explants account for >95% of HIV-1 dissemination [13\*]. HIV-1 infection was detected only in LCs, but not dermal DCs and macrophages in the skin emigrants, suggesting that productive HIV-1 infection of LCs plays a critical role in occupational HIV-1 transmission [13\*]. Moreover, CD34+ progenitor cell-derived LCs mediate HIV-1 *trans*infection to  $CD4^+$  T cells [10,14].

Epithelial cells in the vaginal mucosa are also involved in HIV-1 mucosal transmission, although controversial results have been reported regarding whether HIV-1 can productively infect epithelial cells (review in [3\*]). HIV-1 can penetrate the epithelial layer by transcytosis, although the efficiency of transcytosis appears to be very low (less than 0.02% of the initial HIV-1 inoculum) as indicated in a study using cultured primary genital epithelial cells [15]. HIV-1 may also be endocytosed by epithelial cells to initiate viral spread to target leukocytes [3\*]. Additional studies are required to confirm this potential mechanism of HIV-1 mucosal transmission.

### **Mechanisms of DC-mediated HIV-1** *trans***-infection**

Numerous studies have indicated an important role for DCs in HIV-1 mucosal transmission and viral pathogenesis (reviewed in [\*1,16]). DCs transfer captured HIV-1 to cocultured CD4+ T cells by *trans*- and *cis-*infection pathways [1\*]. Efficient HIV-1 *trans*-infection mediated by DCs requires contact between DCs and CD4<sup>+</sup> target cells [7\*\*]. The cell-cell junctions with concentrated HIV-1 are referred to as infectious/virological synapses (VS) [17,18], which facilitate HIV-1 transmission from DCs to  $CD4^+$  T cells.

HIV-1 attachment factors expressed on DCs contribute to viral capture and transmission. The best studied factor is the C-type lectin DC-SIGN (DC-specific intercellular adhesion molecule 3-grabbing nonintegrin), which partially accounts for HIV-1 transmission by certain DC subsets (reviewed in [1\*]). However, DC-mediated HIV-1 *trans*-infection occurs independently of DC-SIGN [1\*,7\*\*,19]. A recent study indicates that syndecan-3, a DCspecific heparan sulfate proteoglycan, binds HIV-1 through viral envelope glycoprotein (Env) and enhances HIV-1 *trans*-infection [20]. Accordingly, microbicides that block HIV-1 interactions with DC-SIGN and syndecan-3 might prevent DC-mediated viral transmission.

Cellular proteins and signaling pathways modulate DC-mediated HIV-1 transmission by interacting with DC-SIGN. Leukocyte-specific protein 1 (LSP1), an F-actin binding protein involved in leukocyte motility, binds to DC-SIGN and directs internalized HIV-1 to the proteasome in DCs for viral degradation [21]. Silencing LSP1 expression in DCs enhances HIV-1 transmission to  $CD4^+$  T cells, suggesting that HIV-1 trafficking through the

cytoskeleton is important for viral transmission [21]. HIV-1 or DC-SIGN-specific antibodies activate DC-SIGN signaling through the leukemia-associated Rho guanine nucleotideexchange factor (LARG), which increases Rho-GTPase activity [22]. Activation of LARG in DCs facilitates HIV-1 transmission to CD4+ T cells by enhancing VS formation between DCs and T cells [22]. Moreover, interactions of DC-SIGN with different human pathogens including HIV-1 activate the Raf-1 kinase-dependent acetylation to modulate Toll-like receptor (TLR) signaling [23]. Given the importance of TLRs in DC-initiated adaptive immunity, this DC-SIGN-mediated signaling pathway may regulate the immune responses to various pathogens.

HIV-1 trafficking in DCs contributes to viral transmission and the formation of VS between DCs and T cells  $[7^{**},8,10,19,21,24–26]$ . We found that intracellular trafficking inhibitors partially block viral transmission [7\*\*]. Our results indicate that both cell surface-bound and internalized HIV-1 contribute to DC-mediated *trans*-infection [7\*\*]. Compared with immature DC-mediated HIV-1 transmission, viral trafficking in mature DCs appears to play a more important role in *trans*-infection [5,7\*\*,8,10,24,26]. However, Cavrois *et al.* reported that DCmediated HIV-1 *trans*-infection mainly derives from DC surface-bound viruses [14]. Although it is difficult to directly compare these results owing to the different experimental approaches, the dynamic trafficking and recycling of internalized HIV-1 to DC surfaces could also mediate viral transmission. This should be an important consideration in studying DC-HIV-1 interactions and in developing effective microbicides.

HIV-1-bearing DCs likely interact with different T cell subsets *in vivo* and mediate viral transfer. DCs may play a decisive role in differential susceptibility of HIV-1 infection in naïve and memory CD4+ T cells [27]. R5 HIV-1 is most efficiently transmitted to effector memory T cells, which are the major targets for HIV-1 replication and abundantly present in mucosal tissues, while X4 HIV-1 is preferentially transmitted to naïve T cells by DCs. Thus, DCs may contribute to the initial burst of HIV-1 replication in effector memory T cells, and to the replication of X4 HIV-1 in naïve T cells at the late stage of infection [27].

#### **HIV-1** *cis***-infection of DCs and viral transmission**

Similar to mucosal HIV-1 transmission, the selection for R5 HIV-1 strains occurs during parenteral transmission. However, the cell types responsible for this selection have not been defined. Using sorted blood mononuclear cells to model HIV-1 parenteral infection, Cameron *et al*. reported preferential HIV-1 infection of myeloid DCs and plasmacytoid DCs (pDCs) relative to monocytes and resting CD4+ T cells [28\*]. The selective infection of blood DCs by R5 HIV-1 and enhanced viral transmission to  $CD4^+$  T cells suggest a potential mechanism of R5 HIV-1 selection during parenteral transmission.

HIV-1 infection of DCs can lead to virus production and long-term viral transmission, implying that HIV-1-infected DCs are viral reservoirs *in vivo* [1\*,9\*\*,16,29\*]. To better understand HIV-1 *cis*-infection of DCs, it is important to define viral entry pathway that leads to productive infection in DCs. Previous studies [30–33] and our recent data [9\*\*,34] indicate that productive infection of HIV-1 in DCs requires fusion-mediated viral entry. HIV-1 enters DCs predominately through endocytosis; however, endocytosed HIV-1 cannot initiate productive HIV-1 infection [4\*\*,9\*\*,34]. The majority of endocytosed HIV-1 in intracellular compartments in DCs will eventually be degraded [5,7\*\*,30,35]; however, when HIV-1 bearing DCs encounter CD4+ T cells prior to viral degradation, efficient HIV-1 *trans*-infection of CD4+ T cells can occur *in vitro* [5–11]. Furthermore, we compared *cis*- and *trans*-infections of HIV-1 mediated by immature DCs and various stimulus-induced mature DCs, and found that these two infection pathways are dissociable [9\*\*]. Therefore, various DC subsets *in vivo* may differentially contribute to HIV-1 dissemination via dissociable *cis*- and *trans*infection.

HIV-1 proteins and host factors influence viral replication in DCs, and regulate viral transmission efficiency. We recently reported that HIV-1 Nef promotes HIV-1 transfer from DCs to CD4+ T cells [29\*]. Nef-induced CD4 downregulation in HIV-1-infected-DCs correlates with enhanced viral transmission. Interestingly, blocking CD4 on DCs with specific antibodies enhances DC-mediated HIV-1 *trans*-infection [29\*]. These results suggest that CD4 and Nef can modulate HIV-1 transmission by DCs. Moreover, HIV-1 replication in DCs occurs through a tetraspanin-containing compartment enriched in adaptor protein 3 (AP-3), and viral production is dependent on AP-3 [26].

Host immune responses contribute to the attenuated disease progression of HIV-2 infection [36]. The lack of productive HIV-2 infection in DCs may help to explain the less pathogenic HIV-2 infection relative to HIV-1 infection. Duvall *et al*. showed that various HIV-2 isolates could not efficiently infect myeloid DCs or pDCs, and myeloid DCs failed to transfer HIV-2 to autologous CD4+ T cells [37]. However, HIV-2-specific CD4+ T cells contain more viral DNA than those of other specificities *in vivo* [37], suggesting that DCs are not an important contributor to infection of HIV-2-specific CD4+ T cells *in vivo*.

#### **HIV-1 cell-cell transmission by CD4<sup>+</sup> T cells and macrophages**

HIV-1-infected CD4+ T cells can initiate efficient cell-cell transmission to uninfected T cells through Env- and cytoskeleton-dependent VS [38\*,39]. Cell-associated transfer of HIV-1 is estimated to be 92- to 18,600-fold more efficient than that of cell-free virus, and VS-mediated HIV-1 transfer is resistant to patient-derived neutralizing antisera [38\*]. Cellular proteins that enhance immunological synapse formation, such as intercellular adhesion molecules and ZAP-70 kinase, also facilitate VS formation and HIV-1 transmission between CD4+ T cells [40,41]. Interestingly, HIV-1-infected CD4+ T cells can transfer viruses to uninfected T cells through intercellular membrane nanotubes [42\*], suggesting that HIV-1 usurps intercellular connections between immune cells to enhance viral spread. Further studies are required to examine if these newly identified mechanisms also occur in DC- and macrophage-mediated HIV-1 transmission to  $CD4^+$  T cells.

HIV-1-infected macrophages act as viral reservoirs, and play an important role in HIV-1 pathogenesis. HIV-1-infected macrophages transmit viruses to CD4+ T cells through VS [43, 44\*\*]. Studying HIV-1 assembly in macrophages may aid in development of novel antivirals or microbicides. HIV-1 assembles mainly at the plasma membrane [45,46] or into an intracellular plasma membrane domain in macrophages [47]. HIV-1 can also bud and accumulate in nonacidic endosomes of macrophages [48\*], suggesting that HIV-1 survives within a nonacidic assembly compartment by preventing intracellular degradation. HIV-1 may use the same strategy to survive in infected-DCs. In fact, DCs have mechanisms to control phagosomal acidification to preserve antigen cross-presentation [49].

Inhibitors that block HIV-1 infection in macrophages might be potential candidates for microbicides or antivirals. Carbohydrate-binding agents have been shown to inhibit HIV-1 infection in macrophages and prevent viral transmission to CD4+ T cells [50]. Moreover, HIV-1 protects infected macrophages from apoptosis by viral Env-induced signaling; therefore, pharmacological restoration of apoptotic sensitivity for HIV-1-infected macrophages could be a potential therapeutic strategy [51]. Since HIV-1 infection elevates Akt kinase activity in macrophages, PI3K/Akt inhibitors might be used as novel antivirals to block HIV-1 infection in macrophages [52].

#### **Host factors influencing HIV-1 mucosal transmission**

Host factors can promote or inhibit HIV-1 infection and transmission, thereby influencing viral infection and AIDS progression  $[53^*]$ . In the screen of host factors that affect the efficiency

DC restriction of HIV-1 infection reflects innate antiviral immunity. HIV-1 replication in CD4<sup>+</sup> T cells is inhibited by pDCs through the secretion of interferon alpha (IFN- $\alpha$ ) and other unidentified antiviral factors [56,57\*]. High levels of viral replication *in vivo* are associated with cell death of pDCs, and pDCs from HIV-1-infected individuals, who maintain low levels of viremia without antiretroviral therapy, suppress HIV-1 replication *ex vivo* [57\*]. Moreover, HIV-1 infection in monocytes, monocyte-derived DCs, and pDCs can be partially blocked by the antiretroviral factor APOBEC3G (apolipoprotein B mRNA-editing enzyme, catalytic polypeptide-like 3G) and its family molecules [58–60], suggesting that DCs, particularly pDCs, could be imyportant mediators of innate anti-HIV immunity. However, HIV-1 gp120 inhibits TLR9-mediated activation in pDCs, resulting in a decreased secretion of IFN-α and inflammatory cytokines [61\*]. Further studies of anti-HIV mechanisms in DCs may help to develop new strategies against HIV/AIDS.

HIV-1 exploits the cytoskeletal network to facilitate viral infection and dissemination [62]. We observed that an intact cytoskeleton network is required for efficient DC-mediated HIV-1 transmission (Wang JH and Wu L, unpublished data). It might be worth exploring if cytoskeleton inhibitors can be developed as reversible or topical agents to block HIV-1 transmission *in vivo*. The actin cytoskeleton also contributes to T cell activation by forming immunological synapses (IS) between antigen-presenting cells and T cells [63]. The IS appear to share structural similarities with the VS, and may play a role in HIV-1 pathogenesis [64]. HIV-1 facilitates cell-cell transmission by promoting VS formation, whereas HIV-1 infection impairs IS formation [65]. Theoretically, blocking the formation of VS may prevent DCmediated HIV-1 transmission to CD4+ T cells; however, the structure and function of IS should be protected to maintain anti-HIV immunity.

Recently, over 250 cellular proteins required for HIV-1 replication have been identified through a functional genomic screen, and only 36 of them are previously associated with HIV-1 infection [66\*\*]. A cell-membrane protein that inhibits HIV-1 release has been recently discovered and termed tetherin (also called CD317, BST-2 or HM1.24), whereas HIV-1 Vpu counteracts tetherin's antiviral function [67\*\*,68]. These new findings shed light on the development of potential strategies for anti-HIV interventions.

#### **Host immunity and HIV-1 mucosal transmission**

DCs play a crucial role in the generation and the regulation of adaptive immunity [69]. DCs efficiently present HIV-1 antigens to T cells via MHC-I- and MHC-II-restricted pathways [35,70,71]. However, HIV-1 and host proteins can mediate viral immune evasion and affect AIDS pathogenesis. For example, gp120 mannoses induce immunosuppressive responses from DCs [72], and DCs capture and transfer antibody-neutralized HIV-1 to CD4<sup>+</sup> T cells via DC-SIGN [73]. A recent study identifies that the HIV-1 coreceptor CCR5 and its chemokine agonist CCL3L1 (also called macrophage inflammatory protein 1alpha, or MIP1α) are major determinants of cell-mediated immunity to HIV-1, suggesting these host factors influence viral pathogenesis through cell-mediated immunity and viral entry-independent mechanisms [74\*\*].

Chronic activation of the immune system is a hallmark of progressive HIV-1 infection and AIDS. Microbial translocation can be a cause of systemic immune activation in chronic HIV-1 infection [75], suggesting chronic immune activation during HIV-1 infection is associated with a compromised gut mucosal surface. HIV-1 replication in gut-associated lymphoid tissue mediates massive depletion of gut CD4<sup>+</sup> T cells, which contribute to HIV-1 immune pathogenesis. A recent study reports that HIV-1 Env binds to and signals through integrin  $\alpha_4\beta_7$ , the gut mucosal homing receptor for peripheral T cells [76\*]. Engagement of  $\alpha_4\beta_7$  on CD4+ T cells via HIV-1 gp120 activates leukocyte function-associated antigen-1 [76\*], which can facilitate VS formation and HIV-1 transmission.

#### **Conclusion**

A better understanding of the biology of HIV-1 mucosal transmission can facilitate the development of prophylactic and therapeutic approaches against HIV-1 infection. Recent research advances in HIV-1 mucosal transmission provide new insights into the design of effective microbicides, antiviral drugs, and vaccines. Although laboratory-adapted HIV-1 strains and monocyte-derived DCs/macrophages are commonly used in studies, these *in vitro* systems cannot fully recapitulate the physiological conditions in HIV-1 infection. Thus, clinical HIV-1 isolates, blood/mucosal DCs, tissue macrophages, and animal models should be used for confirming studies.

#### **Acknowledgements**

The author thanks Dr. Michael Dwinell and the members of the author's laboratory for critical reading of the manuscript and helpful discussions. The author's laboratory is supported by grants from the National Institutes of Health (AI068493) and the Campbell Foundation. The author apologizes to all those whose work has not been cited as a result of space limitations.

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#### **Figure 1. Schematic representation of HIV-1 mucosal transmission**

HIV-1 mucosal transmission is a multifaceted process of virus-host interactions. Initial HIV-1 infection mainly occurs at the mucosal surfaces, involving epithelial cells, dendritic cells, CD4 <sup>+</sup> T cells, and macrophages. Migration of HIV-1-infected immune cells to lymph nodes spreads virus and establishes robust viral replication. Interactions between HIV-1 quasispecies, host factors, and immune responses contribute to the disease progression. Without an antiretroviral therapy, the vast majority of HIV-1-infected individuals eventually develop AIDS. Current antiretroviral treatment cannot eradicate HIV-1, and no effective vaccine is achievable soon. Thus, it is important to develop new interventions such as microbicides to prevent HIV-1 infection.