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Mechanics of membrane fusion

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Abstract

Diverse membrane fusion reactions in biology involve close contact between two lipid bilayers, followed by the local distortion of the individual bilayers and reformation into a single, merged membrane. We consider the structures and energies of the fusion intermediates identified in experimental and theoretical work on protein-free lipid bilayers. On the basis of this analysis, we then discuss the conserved fusion-through-hemifusion pathway of merger between biological membranes and propose that the entire progression, from the close juxtaposition of membrane bilayers to the expansion of a fusion pore, is controlled by protein-generated membrane stresses.

Cell-to-cell fusion in fertilization, development and carcinogenesis^{1–3}; the membrane-fusion stage of the entry of enveloped viruses^{4–6}; and intracellular fusion reactions in exocytosis, protein trafficking, mitochondrial remodeling and resealing of plasma membranes^{7–10} are controlled by very different proteins and involve very different membranes (see also Reviews by Wickner and Schekman¹¹, Rizo and Rosenmund¹² and Harrison¹³ in this Special Focus issue). Thus, understanding the molecular mechanisms of specific fusion reactions requires a detailed characterization of the protein structures and protein-lipid interactions that might be as diverse as the proteins and membranes involved. However, some important mechanistic motifs seem to be shared by many disparate fusion reactions. In this Review, we focus on these conserved motifs and attempt to formulate a general description of the job of any fusion protein based on the analysis of the fundamental properties of lipid bilayers that control the propensity of membranes to fuse.

Fusion of protein-free lipid bilayers

The ability of lipids to spontaneously assemble into bilayer structures such as liposomes, black lipid membranes and supported bilayers has been instrumental in modeling the conditions of bilayer fusion and defining the sequences of the intermediate structures formed in the course of bilayer merger.

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Intermediate structures in bilayer fusion

Investigations of the fusion pathways for protein-free lipid membranes have identified and characterized two important types of intermediates: hemifusion structures and fusion pores (reviewed in refs. 14,15 and by Jackson and Chapman¹⁶ in this Special Focus issue).

Hemifusion structures represent connections between outer leaflets of apposed membranes, while the inner leaflets remain distinct (Fig. 1a). In most cases, hemifusion has been identified operationally as lipid mixing without content mixing or as mixing of the lipids of the contacting (outer) leaflets but not the inner leaflets of the two bilayers. Hemifusion has also been confirmed by electrophysiological measurements^{17,18}. A hemifusion connection is often a transient structure that either dissociates, leaving two separated membranes, or gives rise to a fusion pore^{15,18}.

A fusion pore is a connection between merging membranes involving both outer and inner leaflets (Fig. 1a). Formation of a fusion pore establishes an aqueous connection between the volumes initially separated by the apposed membranes. Fusion pore formation and expansion have been studied using electrophysiological approaches and fluorescence assays that monitor mixing between aqueous contents and/or the lipids of the inner leaflets. These studies have established that fusion pores can close¹⁸ and that the fusion pore edge is covered with the polar heads of the lipids¹⁷.

Conditions of lipid bilayer fusion

Even long-term contacts between protein-free bilayers of compositions that mimic the usual compositions of biological membranes do not result in fusion. However, conditions have been found under which lipid bilayers do fuse in the absence of any proteins.

The propensity of lipid bilayers to hemifuse and develop fusion pores has been found to depend on lipid composition¹⁴. The impact of a given lipid on the formation of different fusion intermediates has been shown to correlate with its effective spontaneous curvature—the curvature of a monolayer formed spontaneously by this lipid in the absence of constraints. The spontaneous curvature of a lipid is determined by its molecular structure and by lipid interactions within the monolayer (reviewed in ref. 14). Lipids such as lysophosphatidylcholine (LPC) and polyphosphoinositides tend to self-assemble into curved monolayers whose surfaces bulge in the direction of the polar heads (Fig. 1b). The curvatures of such monolayers and, consequently, the effective spontaneous curvatures of the constituting lipids are defined as positive. The tendency of a lipid to form curved monolayers is also often described by its effective molecular shape, the shape of a constraint-free monolayer element, which contains on average one lipid molecule. The positive spontaneous curvature describes lipid molecules that have the effective shape of an inverted cone. In contrast, such lipids as unsaturated phosphatidylethanolamine and diacylglycerol tend to form monolayers with surfaces bulging in the direction of the hydrocarbon chains. Hence, these lipids can be described as having a negative spontaneous curvature and cone-like effective shape. Finally, lipids such as phosphatidylcholine tend to form almost flat monolayers with a slightly negative curvature and thus can be seen, in first

approximation, as having the effective shape of a cylinder and a spontaneous curvature that is close to zero.

Fusion dependence on the effective molecular shapes of lipids is thought to reflect the effects of the spontaneous curvature of membrane monolayers on their propensity to bend into fusion intermediates (reviewed in ref. 14). Lipids of nonzero spontaneous curvature support bending of the lipid monolayer toward a certain curvature and thus, depending on the net curvature of a particular fusion intermediate, either promote or inhibit its formation. The finding that inverted cone-shaped LPC and cone-shaped phosphatidylethanolamine inhibit and promote hemifusion, respectively, when added to the contacting leaflets of the apposed bilayers, indicates that hemifusion involves formation of intermediates of net negative curvatures. On the other hand, LPC facilitates and phosphatidylethanolamine inhibits the formation of a pore in a single lipid bilayer and of a fusion pore if added to the distal leaflets of the fusing membranes. These lipid effects are consistent with the net positive curvature of the pore edge.

Another fusion condition revealed in studies of protein-free lipid bilayers is the establishment of a sufficiently close inter-bilayer contact. Fusion between bilayers, which do not merge spontaneously, can be promoted by a direct dehydration that drives bilayers into very close contact, with a trans-bilayer distance of less than 1 nm (ref. 19).

Experiments with liposomes have also uncovered the dependence of fusion on liposome size, with the smallest liposomes being the most fusogenic²⁰. These studies have emphasized the role of membrane tension in advancing beyond early fusion intermediates and, in particular, in driving the evolution of hemifusion structures toward fusion pore formation and expansion^{17,21,22}. On the other hand, tension generated by osmotic stress was reported to inhibit post-hemifusion stages in polyethylene glycol-induced fusion between liposomes²⁰.

Physical modeling of membrane fusion

Efforts of many groups of physicists and physical chemists have been devoted over the past decades to modeling the process of lipid bilayer fusion. The aim of these theoretical studies has been to reveal which key physical properties the lipid monolayers constituting the membranes must possess, and to which external conditions the bilayers must be subjected, to overcome the intrinsic resistance of the apposed membranes to the drastic structural rearrangements related to their fusion.

This research followed two major strategies. One, and historically the first, strategy, applied since the 1980s, is based on modeling the membranes as macroscopic continuous films that can be described by the methods of classical physics, such as the elastic theory of lipid monolayers^{20,23–30} and the self-consistent mean field theory of the lipid bilayer interior^{31–33}. We will refer to this strategy as the continuum approach. This approach is used to determine (i) the conditions guaranteeing that the state of fused membranes is energetically more favorable than the initial state of two separate membranes, and thus that the membranes have a tendency to fuse; (ii) the sequence of structural transformations that the two initially separated lipid bilayers undergo upon their merger; (iii) the energy cost of

every sequential intermediate structure emerging in the course of these transformations; and (iv) the conditions under which these intermediate structures do not present energy barriers that kinetically restrict the fusion process and, hence, limit fusion feasibility.

The second strategy, which has been undertaken since the beginning of the 1990s, uses computer simulations of the membrane fusion process and will be referred to as the simulation approach. This approach is based on the state-of-the-art computational methods developed in soft matter physics, such as molecular dynamics of coarse-grained^{34,35} and atomistic-detail³⁶ models of lipids and the aqueous solvent; Monte Carlo simulations of diblock copolymer membranes within a homopolymeric solvent³⁷; brownian-dynamics simulations of simplified coarse-grained models of lipids with no explicit solvent^{38,39}; and dissipative particle-dynamics simulations of a coarse-grained lipid and water model, accounting correctly for the hydrodynamic forces developed in the system^{40,41}. All of these simulations can be regarded as computer experiments, with systems mimicking the lipid-water mixtures with different degrees of accuracy. The propensity of the membranes to fuse and the intermediate structures emerging in the course of bilayer merger are directly 'observed' rather than derived by physical analysis.

Each of these approaches has its advantages and drawbacks, in terms of both methodology and reliability of the results.

Methodological differences

Each approach uses certain assumptions about physical properties and organization of the membranes and the surrounding medium. The more sophisticated the model is, the closer to reality, in principle, the determined structure and energy of the fusion intermediates may be. However, sophistication of the model has its price. Increase in model complexity requires the involvement of a growing number of physical parameters, which are inaccessible to direct experimental determination. The current models can be ordered according to the degree of their sophistication.

The most phenomenological and simple approach, relying on a minimal number of assumptions about the detailed structure of the system, is the continuum approach based on the elastic model of lipid membranes (see ref. 25 and references therein). This approach requires, however, certain guesses about the structure of the fusion intermediates, appealing to the researcher's physical intuition^{20,23–30,42}. At the same time, the energies of the fusion intermediates predicted within this approach are determined by only a few material characteristics of the lipid monolayers, namely the elastic moduli of monolayer bending, stretching and tilt of the hydrocarbon chains and the modulus of the gaussian curvature. These elastic moduli have been directly measured (for review, see ref. 14) or reliably determined on the basis of experimental data^{43–46}.

The next in the sophistication scale is the continuum model using self-consistent field theory of the lipid bilayers and the aqueous solution^{32,33,47–49}. This model requires knowledge of the self-consistent field parameters determining interactions of lipid molecules among themselves and with water. To simplify the model, the lipid molecules are considered as diblock copolymers composed of hydrophobic and hydrophilic homopolymers, and the

water molecules are represented by hydrophilic homopolymers³². Because the energy of a specific membrane structure predicted by this model turned out to be lower by a factor of 2.6 than that measured for lipid bilayers, all calculated energies were multiplied by this factor in order to achieve predictions relevant to lipid membranes⁴⁷. The principal implicit assumptions of the self-consistent field theory model of membrane fusion are that, in spite of considerable differences of molecular structures, the conformations of the fusion intermediates built by the diblock copolymers in a polymer-like solvent are similar to those formed by phospholipids in water, and that the energy rescaling by the same coefficient, 2.6, is valid for all fusion intermediates.

Models developed with a simulation approach require further sophistication, as they use direct-interaction forces between the coarse grains representing groups of atoms⁵⁰ or the 'atoms'³⁶ that build up the lipid and solvent molecules. These forces include Lennard-Jones interactions ranging in strength from weak (hydrophobic interactions) to strong (polar interaction)^{36,50}, screened Coulomb interactions and the angle potentials for the forces between the zwitterionic head groups^{36,50}, bond-mimicking interactions between chemically connected sites^{36,50}, and interactions of analogous types^{37,39,41}. The strengths of all these forces are determined by parameters that have been found by fitting the quantitative predictions of the model to the experimentally measured physical characteristics of lipid membranes, such as the bending and stretching moduli, the line tension of pores formed in the lipid bilayers, the rate of lateral diffusion of lipid molecules in the membrane plane, the rate of water permeation through the lipid bilayer matrix, and the temperatures of the lipid transition between the liquid and the crystalline phases and between different mesophases (for example, see refs. 50,51). The time scales captured within the simulation approach vary from tens of nanoseconds for simulations in 'atomistic detail'³⁶ to submilliseconds for coarse-grained approaches^{34,41}.

One of the main implicit assumptions underlying the use of simulation models for analysis of membrane fusion intermediates is that the sets of parameter values fitted to account for the specific membrane properties mentioned above are also suitable for describing the intramembrane energy changes in the course of the structural rearrangements accompanying the fusion process.

Differences in predictions for fusion pathways

One of the most obvious and important differences between the continuous and the simulation approaches is in the limitations imposed on the possible conformations of the fusion intermediates.

Continuum approach models routinely assume that the fusion intermediates have axially symmetric shapes. Fusion is proposed to start from a point-like membrane protrusion⁴² (Fig. 1a) that transforms into the hourglass-like connection between the apposed monolayers. This early hemifusion connection is referred to as the fusion stalk²⁴ (Figs. 1a and 2a). Two scenarios for the further evolution of fusion intermediates have been suggested. The first assumes axially symmetric expansion of the stalk into a round hemifusion diaphragm (Fig. 1a). The fusion pore forms either within a hemifusion diaphragm or along its perimeter^{23–25}. Alternatively, it has been proposed that the stalk

decays directly into the fusion pore, so that the stage of hemifusion diaphragm formation is cut short^{29,30}.

In contrast to the continuum approach, the simulation approach is essentially free of any assumptions about the character and sequence of the fusion intermediates, as the computational protocol does not impose any constraints on the conformations adopted by the system. However, the character of the membrane conformations emerging in the course of simulation may be ‘model-dependent’; that is, strongly influenced by the features of the specific computational model used to describe the lipid molecules and the solvent and by technical limitations of the simulations, such as short simulation times and the relatively small numbers of lipid molecules constituting the fusing membranes. Indeed, at the current stage, different simulation methods produce different fusion pathways. Most of these pathways seem to at least partially match those suggested by the continuous approach.

Although the existing simulations could not resolve any pre-stalk fusion intermediates, including the hypothetical point-like protrusion⁴², practically all of them (but see refs. 40,41), including the most recent and sophisticated molecular dynamics simulation in atomic detail³⁶, confirmed the axially symmetric fusion stalk as the first lipidic bridge forming between the contacting monolayers of the apposed membranes^{34,36,37} (Fig. 2). Hence, the fusion stalk suggested by the continuum approach in the very beginning of the era of membrane fusion modeling²⁴ seems to be the most reliable structure, one whose feasibility has been confirmed experimentally in multilayer lipid systems⁵².

By contrast, the simulation results on stalk evolution leading, eventually, to fusion pore formation remain somewhat confusing. Atomic-detail molecular dynamics simulations of fusion of membranes in five out of six simulations yielded the stalk–hemifusion diaphragm–pore pathway suggested by the continuum models³⁶. The only difference from the assumptions of the continuous approach was that the simulated hemifusion diaphragm had a banana-like rather than a round shape. In one simulation, one of the monolayers ruptured close to the hemifusion diaphragm rim, leading to *trans*-membrane lipid mixing. It is unclear whether this relatively rarely observed fusion-through-rupture sequence is a legitimate alternative pathway or an artifactual consequence of the unrealistically small (13.6-nm) diameter of the fusing vesicles. Experimentally, the smallest liposomes have diameters exceeding 20 nm (ref. 53).

In molecular dynamics simulations of fusion of small (15-nm) mixed vesicles using the Marrink-Mark coarse-grained model, the relative prevalence of a stalk–hemifusion diaphragm–fusion pore pathway over a less frequent direct transition from stalk to fusion pore depended on the lipid composition. The latter pathway had a higher probability at lower concentration of phosphatidylethanolamine⁵⁴. Neither hemifusion diaphragm asymmetry nor membrane rupture was reported in this work.

Other molecular dynamics simulations demonstrated another fusion pathway, one that has never been suggested and analyzed by the continuum approach. The early coarse-grained model of 15-nm vesicles demonstrated that, in addition to the standard stalk–hemifusion diaphragm–fusion pore pathway in which each of the two membranes donates one

monolayer to the forming hemifusion diaphragm and no membrane rupture occurs, there is an alternative pathway of hemifusion diaphragm formation³⁴. In this pathway, instead of expanding radially, the stalk elongates and adopts a banana-like shape. Subsequent rupture of one of the membranes yields a hemifusion diaphragm composed of monolayers that came from the same initial bilayer. Such a pathway was observed in 50–70% of simulations, dependent on the lipid composition. Similar pathways with formation of a pore next to the stalk followed by stalk elongation around the pore were also observed in Monte Carlo simulations of fusion of diblock copolymer membranes³⁷ and in brownian-dynamics simulations with a rod-like model of lipids^{38,39}.

Summarizing, although stalk formation appears to be a common result of practically all continuous and simulation models of membrane fusion so far, the predictions concerning the pathway of stalk evolution into a fusion pore depend on the details of the models used and hence remain under debate. At the same time, the fusion-through-hemifusion pathway proposed in the early theoretical models of membrane fusion^{23,24} seems to be the one observed, at least under certain conditions and with some variations, in most of the simulations. Thus, we expect that resolving the current technical constraints of simulation techniques will validate this pathway as the prevalent pathway of lipid bilayer fusion.

Analysis of fusogenic conditions

The continuum approach seems to be more suitable than the present simulation models for determining fusogenic conditions and, hence, the job descriptions of fusion proteins. Continuum models have been used to analyze the dependence of the energies of the pre-fusion and post-fusion states and different fusion intermediates on such externally controlled factors as the monolayer lipid composition^{17,55}, the thickness of the water layer separating the apposed membranes and the corresponding membrane interactions²⁶, the membrane lateral tension and the curvature of the fusing membranes^{29,56–58}. Continuum models yield direct predictions of fusion probability and kinetics as functions of these physical factors, and they make possible direct estimations of the parameter values necessary to drive fusion at biologically feasible rates. The present simulation models are more suitable for verification of these predictions by computer experiments under relevant conditions, provided that these conditions can be captured by the numerical procedures.

Over many years, the continuum models have predicted the above-mentioned dependence of fusion probability and rate on the spontaneous curvatures of the membrane monolayers (for review, see ref. 14). This prediction was verified by various simulations (see, for example, ref. 54) and confirmed experimentally (for review, see ref. 59). Notably, continuum models have been used to demonstrate that membrane stresses that are accumulated in the fusion site and released upon stalk formation and evolution promote fusion initiation. These studies proposed and analyzed two schemes for the generation of such stresses. The first one suggests the formation of strongly curved membrane patches accumulating the bending energy, which is released in the course of fusion^{49,56,57}. The second scheme involves bringing together membrane patches within 1 nm, leading to accumulation of a large amount of energy from intermembrane repulsion, which is relaxed under hemifusion²⁶. The effects of membrane curvatures have been verified in simulations⁵⁴ and used to explain

synaptotagmin-mediated fusion⁵⁷. Promotion of fusion by creation of close intermembrane contact has never been an explicit goal of simulations, but, *de facto*, stalk formation observed in simulations of membranes ‘preset’ at very small distances between them^{34,36} may be seen as such verification. Stalk formation upon very close membrane contact has been observed experimentally⁵². Finally, both promotion of the transition from stalk to hemifusion diaphragm by the lateral tension in the external monolayers and fusion pore expansion by tension existing in the whole bilayer follow directly from the continuum stalk-pore model of membrane fusion²³. Fusion promotion by tension was also observed in numerical simulations^{37,41} and in experimental studies²¹.

Estimates based on the continuum approach and verified by simulations will help elucidate the specific organization and function of the protein fusion machinery. However, the development of such protein-bilayer models is still in its initial stage.

Prospects

Up to now, the main theoretical models of membrane fusion have focused on the structural rearrangements of protein-free lipid bilayers. Attempts to account explicitly for the mechanisms of action of fusion proteins were undertaken in only a very few studies^{56,57}. Extensive theoretical modeling of involvement in the membrane fusion reaction of the different regions of fusion proteins, including fusion peptides and transmembrane domains, is necessary for elucidation of the fusogenic action of the diverse fusion proteins characterized so far. This will require a substantial technical advancement in numerical methods that will considerably extend the available time and space scales. Models based on the continuous approach will have to take into account membrane strains and stresses generated by protein domain insertion into the membrane matrix and by protein scaffolds of different configurations sculpting the membrane into stressed shapes. The first steps in this direction have been recently undertaken^{60–62}.

Pathway and mechanisms of biological membrane fusion

Hemifusion intermediates

Different hallmarks of the hemifusion stalk–lipidic pore sequence described above for lipid bilayers have been documented for diverse biological fusion reactions. Viral, intra-cellular and developmental fusion proteins mediate hemifusion, detected as lipid mixing in the absence of content mixing (reviewed in refs. 2,63). This operational definition of hemifusion has several important limitations. In most of the reports, some of the membrane contacts recognized as hemifusion might have a pore that is too small (<1 nm diameter) to pass the conventional content probes used^{64,65}. On the other hand, hemifusion can also be underreported because, in some cases, lipid mixing between hemifused membranes seems to be effectively inhibited by fusion protein assemblies, yielding a ‘restricted hemifusion’ phenotype^{64,66–69}. In addition, hemifusion connections, like early fusion pores⁷⁰, are reversible structures, as demonstrated by (i) partial lipid mixing between fusing membranes^{69,71}, (ii) inefficiency of treatments that transform hemifusion into full fusion after inactivation or proteolysis of viral fusion proteins⁶⁶, and (iii) separation between membranes after they have undergone lipid mixing⁷².

Although both experimental data and theoretical analysis indicate that hemifusion structures need energy input to be formed and maintained, these structures can in principle be stabilized by protein scaffolds. It has been hypothesized that exocytotic vesicles might be held at the plasma membrane in a ready-to-go hemifused state to accelerate the completion of fusion upon a triggering event^{73,74}. Indeed, a recent conical electron tomography study suggests that, before calcium stimulation, the synaptic vesicle–plasma membrane docking zone contains a stable but very small hemifused region (~6 nm, or ~0.5% of the vesicle surface)⁷⁵. Stable hemifusion connections have been also proposed as possible intermediates of fertilization envelope formation in the sea urchin egg on the basis of fluorescence microscopy analysis of the rates of lipid transfer between docked exocytotic vesicles and plasma membrane⁷⁶. Recent work⁷⁷ suggests an interesting molecular biological context for the hypothesis that stable hemifusion represents a primed pre-fusion state in SNARE-dependent intracellular fusion. In the proposed mechanism, a hemifusion intermediate formed by the assembly of a SNARE complex is stabilized by complex-associated complexin until the calcium sensor synaptotagmin, in the presence of calcium, relieves the block and permits a fast transition from hemifusion to complete fusion⁷⁷.

Although the ability of protein fusogens to mediate hemifusion is consistent with the hypothesis that fusion proceeds through hemifusion (either by the stalk–hemifusion diaphragm–pore pathway^{25,63} or by the direct transition from a hemifusion stalk to a pore^{31,78}), it does not prove this hypothesis. In a large contact zone, as is characteristic of cell–cell fusion, formation of hemifusion intermediates and fusion pores might proceed independently rather than be part of the same pathway. Two experimental approaches have been instrumental in verifying that hemifusion is an intermediate in the formation of an expanding fusion pore rather than a branch-off from this pathway⁶⁴. First, as in the case of protein-free bilayers, adding the hemifusion-inhibiting lipid LPC to contacting leaflets of biological membranes inhibits fusion pore formation in disparate fusion reactions mediated by viral, intracellular and developmental fusogens². The reversibility of this inhibition and its observation at sub-lytic (~5 molar percent) membrane concentrations of LPC indicates that this inhibition involves neither solubilization nor irreversible denaturation of membrane proteins^{79,80}.

Second, recently developed, elegant approaches have permitted imaging of individual fusion events for small (~100-nm diameter) vesicles (viral particles^{81,82} and SNARE proteoliposomes^{69,83}). The lipid-mixing-before-content-mixing sequence detected with these approaches in small contact zones between fusing membranes very much decreases the likelihood of the possibility of a fusion pore opening that is mechanistically independent of a hemifusion intermediate already formed within the same contact zone.

Importantly, because the two leaflets of each of the fusing membranes in fusion-through-hemifusion pathway are breached one after the other rather than simultaneously, this pathway allows fusion to proceed without breaking the barrier function of the membranes. However, under some conditions, protein-mediated fusion is accompanied by a leakage⁸⁴. It remains to be clarified whether this leakage is important for fusion—for instance, representing the fusion-through-rupture sequence observed in some molecular dynamics

simulations³⁷—or reflects a membrane destabilization by activated fusion proteins that is mechanistically irrelevant for fusion.

Lining of the fusion pore

Fusion reactions mediated by viral, intracellular and developmental fusogens are thought to involve multi-protein machinery that assembles at the future fusion site and surrounds the early fusion intermediates with a protein ring (reviewed in refs. 2,14). This ring either serves as a key structural component of the earliest fusion intermediates or primes the enclosed membrane bilayers for fusion by catalyzing lipid-involving intermediates characteristic of the fusion of protein-free bilayers (see above). These two models suggest different structures of nascent fusion pores. Within the first class of models^{85,86}, it has been proposed that the nascent fusion pore is an entirely proteinaceous channel-like structure walled by the transmembrane domains (TMD) of fusion proteins. This hypothesis has been substantiated by a systematic characterization of the conductance of the fusion pores for different mutants of the t-SNARE protein syntaxin, which is essential in exocytosis. Mutations in the amino acid residues along one face of an α -helical structure of the syntaxin TMD alter the conductance of the fusion pore in a way that correlates with the sizes of the side chains of these residues (reviewed in ref. 87). These very interesting findings have been interpreted as evidence that TMDs of several syntaxin molecules assemble to form the lining of the fusion pore. In the proposed model, a protein-lined fusion pore that spans both membranes is opened by the joining of two hemipores, one in each of the membranes, and then a separation between protein subunits permits the formation of lipidic connections between the membranes. The protein pore hypothesis explains the dependence of fusion on the TMDs and also explains earlier reports that opening of the smallest initial pores precedes detectable lipid mixing^{64,65}. However, it seems that each of these two lines of evidence might have alternative interpretations.

Modification or replacement of TMD regions of protein fusogens is likely to affect protein expression, localization and oligomerization. Thus, although the evidence that TMDs of different fusion proteins are important for fusion and modifications of TMD might inhibit fusion and especially fusion pore opening is very strong^{88–92}, a direct structural role of the TMD as the lining of a nascent fusion pore is much more difficult to establish. Because TMDs of the channel-forming proteins provide both a polar interface with the water filling the channel lumen and a hydrophobic interface with a bilayer interior, their sequence is critical for channel function. However, the wide range of TMD sequences of hemagglutinin support the formation of expanding fusion pores⁹³, and both hemagglutinin^{94,95} and SNAREs^{96,97} with TMDs replaced by lipid anchors do fuse membranes. In addition, in several experimental systems, lipid mixing precedes content mixing (for instance, refs. 69,81,98). Moreover, as restricted hemifusion intermediates (see above) do not allow lipid flow between the membranes, the lack of lipid transfer before fusion pore opening does not necessarily indicate the lack of a lipidic connection.

It is difficult to reconcile the protein pore hypothesis with the marked similarities between lipid dependences of biological fusion mediated by viral^{80,99}, intracellular^{80,100–104} and developmental fusogens¹⁰⁵ and those of fusion between protein-free bilayers. For instance,

like fusion between protein-free bilayers, and as expected for a pore lined by lipids, fusion pore formation in viral fusion and in exocytosis is promoted by inverted cone-shaped lipids in the distal leaflets of the fusing membranes^{64,78,102}. This dependence on the effective shape of the lipids suggests that a fusion pore forms by lipid monolayer bending into a micelle-like curvature of the pore edge, and thus, although proteins can be present at or near the pore edge, they do not serve as critical structural components of the initial pore.

To bring together the proteinaceous fusion pore model with the evidence for hemifusion, it has recently been proposed that protein regions that bridge the transmembrane gap outside the protein-lined pore might be covered by lipids establishing a lipidic connection between the contacting leaflets of the membranes^{86,87}. In contrast to hemifusion intermediates for protein-free bilayers, the curvature and the energy of such supported hemifusion connection would be determined by the shape of the protein scaffold and by interactions between lipid tails and the protein surface, respectively⁶³. Thus, we believe it is unlikely that the combination of scaffold-supported hemifusion and a proteinaceous pore would explain why hemifusion of biological membranes and hemi-fusion of protein-free bilayers depend similarly on the lipid composition of contacting leaflets of the membranes.

Mechanisms of protein-mediated fusion

The specific mechanisms by which proteins promote hemifusion and fusion pore development remain elusive. Biological fusion processes start with two membranes separated by at least a 10–20 nm gap filled with membrane proteins, including proteins that are responsible for membrane binding. At the next stage(s), opposing protein-depleted patches of the membranes must be brought together to form a much closer contact between membrane bilayers. Local displacement of the proteins from the future fusion site requires protein mobility. Subsequent remodeling of these bilayer patches, for many, if not all, biological fusion events, apparently involves the hemifusion–lipidic pore pathway. Fusion pore expansion joins the membranes fully and thus completes the fusion reaction. Each of these stages can be, and probably is, controlled by proteins⁶³.

Recent work on the identification and characterization of fusion proteins has emphasized the diversity of the basic designs of the fusion machinery (reviewed in ref. 2). In viral fusion, protein fusogens are located at one of the fusing membranes. In SNARE-dependent intracellular fusion, two fusing membranes carry different but complementary sets of protein fusogens. Finally, in developmental cell fusion in *Caenorhabditis elegans*, the same protein fusogens must be present on both fusing cell membranes. Structural analysis of fusogens of several enveloped viruses has also revealed major differences among the pre-fusion conformations of these proteins. However, the final, post-fusion conformations of the proteins are found to have a very similar hairpin fold in which fusion peptides—conserved membrane-interacting amphiphilic peptide regions—are positioned at the same end of rod-like molecules as the TMDs. The conserved structure of diverse fusogens suggests a conserved mechanism of coupling between protein rearrangements and membrane rearrangements^{4,5}.

Fusion proteins may drive membrane merger by generating local changes in lipid composition, producing a composition promoting the lipid monolayer bending necessary for

the formation of fusion intermediates. Indeed, some of the intracellular compartments involved in an ongoing remodeling have high local concentrations of cone-shaped lipids^{106,107}, and some fusion reactions seem to be regulated by phospholipase activity^{74,107,108}. For instance, in nuclear envelope assembly in sea urchin eggs, phospholipase C generates the cone-shaped fusogenic lipid diacylglycerol¹⁰⁷. However, as several fusion reactions mediated by viral and intracellular fusogens have been reconstituted in proteoliposomes lacking significant concentrations of fusogenic lipids, it seems that alteration of local composition is not the only and not the most general way in which proteins promote fusion.

Accumulating evidence suggests that the main role of the fusion proteins is to generate and control the membrane elastic stresses that, in analogy to lipid bilayer fusion, seem to be key in biological fusion. It has been proposed that the critical step in the initiation of lipid rearrangements by the fusion proteins consists in local bending of membrane bilayers into 'dimples'⁵⁶ (also referred to as a 'nipples'²⁹) pointing toward the adjacent membrane (Fig. 3). Such membrane bending brings the membrane bilayers into close contact^{56,57} and primes the protein-depleted, stressed tops of the bilayer bulges for fusion by lowering the energy barriers for hemifusion and pore opening^{29,56,57}. How do the proteins do this job? Several models suggest that fusion is driven by the energy released in the course of formation of the hairpin conformation and transmitted to the membranes through TMDs and fusion peptides anchoring the fusogens to the membrane matrix. However, although this refolding of fusion protein ectodomains is most likely important in fusion, the diverse fusion peptides of different proteins are clearly not just membrane anchors. Mutations in the fusion peptide of influenza hemagglutinin, including those that do not change hydrophobicity but do disturb the fusion peptide's boomerang-like structure, have pronounced effects on the fusogenic activity of hemagglutinin^{109,110}. The importance of peptide–membrane interactions in fusion is also emphasized by the ability of fusion-associated small transmembrane (FAST) proteins of non-enveloped viruses, which do not form rigid hairpin structures, to fuse infected and uninfected cells¹¹¹. Finally, it seems that fusion loops of the fusogen of vesicular stomatitis virus¹¹² are too short to serve as 'anchors' to transfer significant energy to the membrane, suggesting that their most important function may be disrupting the structure of the bilayers rather than anchoring the ectodomain of the protein to the target membrane.

An emerging mechanism by which fusion peptides may promote the early fusion stages is based on their potential ability to generate large membrane curvatures. The fusion peptides are amphipathic, and therefore, their embedding into the membrane matrix must be shallow, so that the hydrophobic side of the peptide faces the hydrocarbon moiety of the lipid monolayer while the hydrophilic groups remain close to the lipid-water interface. Such a mode of embedding is similar to that of the amphipathic α -helices of small G proteins¹¹³ and of the N-BAR domains¹¹⁴ or hydrophobic loops of C₂ domains of synaptotagmin¹¹⁵, whose insertion depths equals approximately one-third of the monolayer thickness⁵⁷. Both the amphipathic α -helices and the hydrophobic loops of the C₂ domains, added to flat lipid membranes, have been shown to generate narrow tubules of 15 to 20 nm in diameter^{57,114,116}. A theoretical analysis taking into account the intra-monolayer stresses generated by the shallow insertion of protein domains into the membrane monolayer and

partial relaxation of these stresses as a result of membrane bending validates and quantifies these effects⁶². The end caps of these tubules were found to be highly fusogenic, suggesting that synaptotagmin promotes SNARE-mediated fusion by producing strongly curved membrane dimples analogous to tubule end-caps⁵⁷. These dimples (Fig. 3b) play a dual role: they facilitate establishment of a close intermembrane contact, and, by releasing the membrane bending energy preaccumulated within the strongly curved dimple monolayers, they drive formation of the fusion stalk, followed by formation of a nascent fusion pore. Note that, in this hypothesis, synaptotagmin stabilizes a dimple by forming a cylindrical belt around a protein-free end cap. This is an important distinction from the effects of lipids (such as LPC and phosphatidylethanolamine) that enter into the fusion intermediates and affect fusion by changing the spontaneous curvature of the monolayer in these locations.

This mechanism of promotion of the early fusion stages by bending membrane(s) into stressed dimples might be general and underlie, in addition to the role of synaptotagmin, the action of membrane-interacting regions of diverse fusion proteins. Ongoing analysis of the structures of membrane-associated fusion peptides and their abilities to bend lipid bilayers, along with theoretical analyses, will validate or disprove this hypothesis.

Expansion of the nascent fusion pore represents the most energy-demanding fusion stage and requires further driving forces^{14,91,117,118}. For lipid bilayers, fusion is driven by surface tension of black lipid membranes, by the lateral tension generated by osmotic processes or adhesion and, in the case of very small vesicles, by bending stresses. In biological fusion, a persistent energy input that drives fusion from early reversible intermediates to an expanding fusion pore can be provided by the components of the fusion machinery¹¹⁹. For instance, pore expansion may be driven by lateral assembly of activated fusogens into a membrane-associated protein coat (Fig. 3c), acting analogously to the coats driving membrane fission but deforming the membrane in an opposite direction¹¹⁹. This hypothesis is supported by indirect experimental data in the case of fusion driven by hemagglutinin¹²⁰ but can be applicable only to fusion reactions that involve multiple fusion proteins. The relatively slow fusion of HIV apparently requires just a single HIV env trimer¹²¹ and, thus, might rely on HIV env-independent mechanisms for fusion completion.

Concluding remarks

The fusion-through-hemifusion pathway, which is intrinsic for membrane bilayers and shared by disparate biological fusion reactions, involves local membrane deformations and, therefore, is driven by membrane stresses. Even for the best-characterized fusion processes, we still do not know how proteins generate the required stresses and bring the stressed membrane patches into close contact. One of the mechanisms proposed to account for the generation of the bending moments necessary for hemifusion and fusion pore opening involves a local shallow insertion of the amphiphilic regions of the fusion proteins into the membrane matrix^{10,57}. In addition, the bending moments may be generated by the TMDs of the fusion proteins if these domains are subjected to a tilting force coming from a refolding of the ectodomains or their complexes. Effective force transmission from the ectodomains to the TMD requires, however, a sufficiently rigid linker region¹²². Mechanisms that underlie fusion pore expansion are even less well understood. They may

involve assembly of a fusion protein coat (see above), cytoskeleton components and trans-membrane osmotic pressure. Pore expansion might also be driven by a negative line tension of the pore rim (energy per unit length of the rim) induced by local accumulation of cytosolic membrane proteins (Chen, A. *et al.*, unpublished data).

Although research on the mechanics of membrane fusion has clarified some of the job requirements for fusion proteins, the specific ways in which protein fusogens generate the membrane stresses and tensions required at different stages of the fusion reaction are likely to involve both already-identified and yet-to-be-discovered mechanistic motifs. Understanding of these general motifs will help to elucidate the all-important molecular details of mechanisms of diverse fusion reactions, and it will bring about new ways of controlling the ubiquitous phenomenon of membrane fusion.

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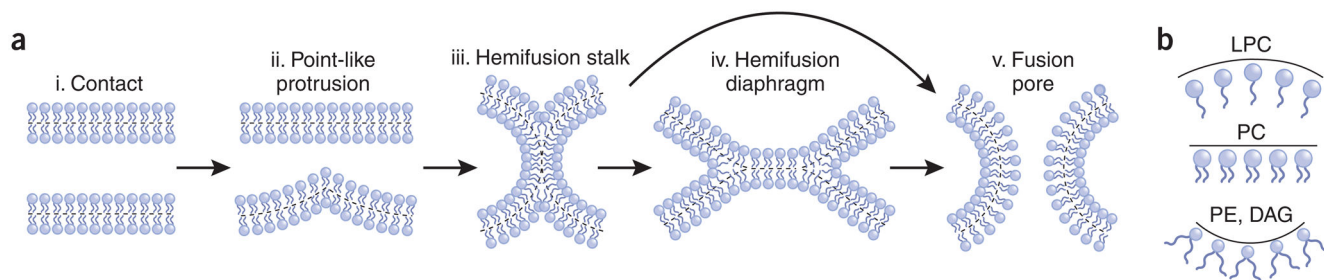


Figure 1.

Fusion-through hemifusion pathway of lipid bilayer fusion. **(a)** (i) Pre-fusion contact. (ii) A point-like membrane protrusion minimizes the energy of the hydration repulsion between the proximal leaflets of the membranes coming into immediate contact. (iii) A hemifusion stalk with proximal leaflets fused and distal leaflets unfused. (iv) Stalk expansion yields the hemifusion diaphragm. (v) A fusion pore forms either in the hemifusion diaphragm bilayer or directly from the stalk. Dashed lines show the boundaries of the hydrophobic surfaces of monolayers. **(b)** Different lipids spontaneously form monolayers of different curvatures and, thus, demonstrate different effective molecular shapes. Monolayers formed by inverted cone-shaped lysophosphatidylcholine (LPC) and by cone-shaped phosphatidylethanolamine (PE) and diacylglycerol (DAG) bulge in the direction of the polar heads and in the direction of the hydrocarbon chains, respectively. Cylindrical phosphatidylcholine (PC) forms an almost flat monolayer.

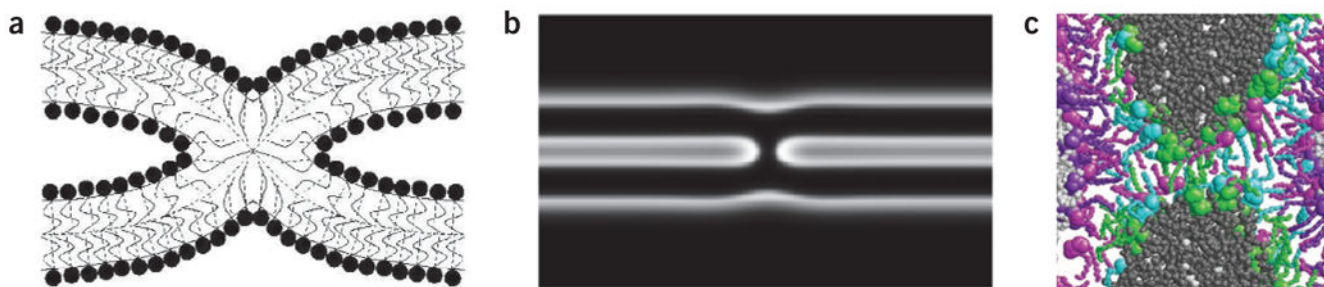


Figure 2.

The stalk is the key intermediate in most of the theoretical models developed with the continuous and the simulation approaches. **(a)** Stalk structure computed by analysis of bending, splay and tilt of the lipid molecules in the membrane monolayers with the elastic model (continuous approach)²⁷. **(b)** Stalk structure computed by the self-consistent field model (continuous approach)⁴⁸. Light regions indicate the areas of head groups of the bilayer. **(c)** Stalk structure ‘observed’ by molecular dynamics simulation of the fusion between liposomes composed of dipalmitoyl phosphatidylcholine and palmitic acid using an atomistically detailed model. Water molecules (gray) and head group atoms of the lipids are depicted as spheres; tails are shown as bonds, with gray used to distinguish water molecules originating on different sides of the fusing membranes. The coloring also distinguishes between lipid molecules coming from different leaflets of the bilayers: dipalmitoyl phosphatidylcholine molecules in the inner or outer leaflets (green and purple), and palmitic acid in the inner or outer leaflets (cyan or magenta, respectively).

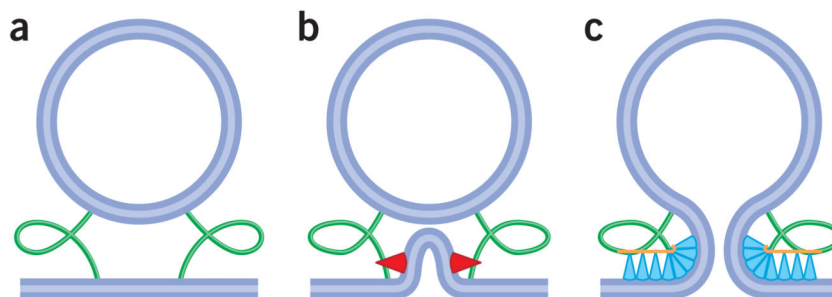


Figure 3.

Hypothetical pathway of biological fusion powered by protein-generated membrane stresses. **(a)** In the initial state, apposing membrane bilayers are separated by at least a 10–20 nm gap. The contact might involve protein fusogens themselves or be mediated by specialized tethering molecules (green shapes). **(b)** Fusion proteins induce local bending of membrane bilayer(s) and establish very close contact between the membranes. Generation of large membrane curvature might involve shallow insertion of amphiphilic protein domains (red shapes) into the membrane^{10,62}. The highly stressed and protein-depleted tops of the bilayer bulges are primed for hemifusion and pore opening^{10,29,56,57}. **(c)** Activated fusion proteins (blue shapes) might drive fusion pore expansion by assembling into an interconnected protein coat surrounding the fusion site¹¹⁹. This membrane-associated fusion coat has an intrinsic curvature opposite to that of the budding and fission coats. The coat, bending toward its preferred curvature, deforms the underlying membrane and produces tension that drives fusion and expands the fusion pore.