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## Altered Endothelin Receptor Binding in Response to Nitric Oxide Synthase Inhibition in the Pregnant Rat

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### Abstract

The authors evaluate the expression of endothelin-1 (ET-1) and its receptors in the uterus and placenta during maternal nitric oxide synthase (NOS) inhibition. Timed-pregnant rats received L-NAME (2.5 mg/kg/h) or saline from day 14 to 21 of gestation. Uterine and placental tissues collected on day 21 were assayed for preproET-1, ET<sub>A</sub>, and ET<sub>B</sub> mRNA expression; localization and expression of ET-1 and receptor proteins; and receptor activity. NOS inhibition did not affect preproET-1 mRNA expression in the placenta or uterus. ET<sub>A</sub> expression decreased in the uterine free wall, but no other changes in receptor mRNA expression were observed in the uterus or placenta. ET-1 and receptor proteins were unchanged. Placental ET<sub>A</sub> and ET<sub>B</sub> receptor binding decreased. Uterine ET<sub>A</sub> receptor binding decreased in the placental bed. ET-1, a prominent mediator during NOS inhibition, is not of uterine or placental origin. Reduced receptor binding activity is the primary means by which these tissues regulate their response to ET-1 in the setting of NOS inhibition.

### Keywords

Endothelin; nitric oxide; placenta; pregnancy; uterus; rat

Endothelin-1 (ET-1) is one of the most potent vasoconstrictors known and is part of a family of peptides that includes 3 isoforms, ET-1, ET-2, and ET-3. The endothelins are produced mainly by endothelial or epithelial cells and act primarily as paracrine mediators. Their predominant effect is vasoconstriction, although they also affect cell proliferation, differentiation, and migration, as well as chemokinesis and apoptosis.<sup>1,2</sup> Endothelin mediates its effects via 2 types of receptors in mammalian species. The ET<sub>A</sub> receptor, which has a high affinity for ET-1, is located on smooth muscle cells and is responsible principally for the vasoconstrictive and proliferative effects of ET-1. The ET<sub>B</sub> receptor, which has an equal affinity for all 3 isoforms, is located on endothelial cells and is responsible for a vasodilatory effect mediated primarily by nitric oxide.<sup>3</sup> It also functions as a clearance receptor to remove excess ET from the circulation.<sup>4</sup>

Nitric oxide is a potent vasodilator that also has a role in the regulation of production of other vasoactive mediators. In the human fetoplacental circulation, nitric oxide contributes to the maintenance of low vascular tone not only by its direct vasodilatory effects but also by attenuation of ET-1 production.<sup>5</sup> Chronic inhibition of nitric oxide synthase (NOS) reduces regional perfusion, which is secondary not only to the lack of nitric oxide production but also

to an increase in production of ET-1. In hypertensive rats, aortic and mesenteric arterial ET-1 mRNA expression and plasma ET-1 protein increase in response to NOS inhibition.<sup>6</sup> With NOS inhibition during pregnancy, not only do nitric oxide levels decrease but we<sup>7</sup> and others<sup>8</sup> have also observed significant increases in plasma ET-1 levels. We also demonstrated that administration of an ET<sub>A</sub> antagonist significantly improves both fetal growth<sup>9</sup> and placental perfusion<sup>10</sup> in NOS-inhibition-induced fetal growth restriction, suggesting that ET-1 is of primary importance in the pathophysiology of fetal growth restriction in this model. Since ET-1 is primarily locally active, uteroplacental tissue expression of ET-1 and its receptors is of particular interest. The purpose of the present study is to evaluate the effects of chronic maternal NOS inhibition on the expression of endothelin and its receptors in the uterus and placenta of the rat.

## MATERIALS AND METHODS

### Materials

[<sup>125</sup>I]ET-1 and [<sup>125</sup>I]ET-3 (each 2200 Ci/mmol) were obtained from Amersham (Arlington Heights, IL). ET-1 and ET-3 were purchased from American Peptide Company (Sunnyvale, CA). Antibodies to the following proteins were purchased from the sources indicated: ET-1, Phoenix Pharmaceuticals (Burlingame, CA); ET<sub>A</sub> and ET<sub>B</sub>, Alomone Laboratories (Jerusalem, Israel); and sodium potassium ATPase, Abcam (Cambridge, MA). Other reagents were purchased from Sigma (St Louis, MO) unless indicated otherwise.

### Animals

Female Sprague-Dawley rats were purchased from Harlan Sprague Dawley (Madison, WI), housed in the Evanston Northwestern Healthcare Research Institute (ENHRI) Center for Comparative Medicine, and bred with male rats from the same source. All rats received a standard laboratory rodent diet (PMI Feeds, St Louis, MO) and water ad libitum and were kept on a 12-hour light/12-hour dark cycle. Animal care and the performance of all experiments were in accord with guidelines approved by the ENHRI Institutional Animal Care and Use Committee.

### Chronic Inhibition of NOS

Treatment groups of 6 animals received either N<sup>G</sup>-nitro-L-arginine-methyl ester (L-NAME; 2.5 mg/kg/h) or normal saline by continuous subcutaneous infusion via osmotic pump. The osmotic pump (Alzet model 2ML1, output = 10 μL/h; Durect Corp, Palo Alto, CA) was placed subcutaneously on the back of the rat between the scapulae under anesthesia consisting of a single intraperitoneal injection of xylazine 8 mg/kg, ketamine 40 mg/kg, and acepromazine 1.3 mg/kg in combination. Treatment was begun on gestational day 14 and continued through day 21.

### Tissue Collection

On day 21 of gestation, rats were sacrificed and a laparotomy was performed. The uterine horns were opened to expose the fetuses and placentas. Placentas were collected and frozen in liquid nitrogen for storage. The uterine placental beds (placental attachment sites) were dissected free of the remaining uterine wall. The uterine placental bed is the full thickness of the uterine wall at the sites where each placenta was attached. The uterine free wall is the remaining uterine wall where no placental attachment sites were present. The uterine placental beds, the uterine free wall, and placentas were individually frozen and stored at -80°C for further use.

## Real-Time Quantitative Reverse Transcription Polymerase Chain Reaction

Tissue samples stored at  $-80^{\circ}\text{C}$  were homogenized in RNA STAT-60 (a phenol/guanidinium thiocyanate reagent; TEL-TEST, Friendswood, TX) on ice for extraction of total RNA. Genomic DNA, a possible impurity in the RNA extract, was removed by adding RNase-free DNase (1 U/ $\mu\text{g}$  DNA) and incubating at  $37^{\circ}\text{C}$  for 60 minutes. The concentration of RNA was determined by absorbance at 260 nm, and the purity was checked by the 260/280 nm ratio (greater than 1.8). RNA integrity was verified by electrophoresis in a 1% agarose gel. For each sample, 3  $\mu\text{g}$  total RNA was reverse transcribed at  $37^{\circ}\text{C}$  for 1 hour in a total of 20  $\mu\text{L}$  reaction mixture: 50 mM Tris-HCl, 75 mM KCl, 2.0 mM  $\text{MgCl}_2$ , 10 mM dithiothreitol, 1.25 mM of each deoxynucleotide-triphosphate, 7.5 pM random hexamer, 1 U/ $\mu\text{L}$  RNaseOUT (RNase inhibitor; Invitrogen, Carlsbad, CA), and 10 U/ $\mu\text{L}$  Moloney-murine leukemia virus reverse transcriptase (Gibco-BRL, Grand Island, NY). cDNA was amplified by polymerase chain reaction (PCR) with 0.1 U/ $\mu\text{L}$  AmpliTaq DNA polymerase on an Applied Biosystems (Foster City, CA) GeneAmp 5700 real-time quantitative PCR instrument in a total volume of 50  $\mu\text{L}$  consisting of 1.0 to 3.0  $\mu\text{L}$  RT product; 10 mM Tris-HCl; 50 mM KCl; 2 mM  $\text{MgCl}_2$ ; 0.1 mM of each dNTP; 0.2 to 1.0  $\mu\text{M}$  of each primer, sense and antisense, respectively; and 0.2 to 1.0  $\mu\text{M}$  TaqMan-MGB fluorescent detection probe (Applied Biosystems). For each PCR reaction, a probe and primer titration was performed to determine optimal concentrations for each. The reaction mixtures were heated at  $95^{\circ}\text{C}$  for 30 seconds and then immediately carried through 60 cycles of PCR using the following schedule: 30 seconds denaturation at  $94^{\circ}\text{C}$  and 2 minutes annealing plus extension at  $60^{\circ}\text{C}$ . Primers and probes specific for rat ET-1, ET<sub>A</sub>, ET<sub>B</sub>, and  $\beta$ -actin (internal control gene) were designed by Primer Express (Applied Biosystems). In preliminary experiments,  $\beta$ -actin was shown to be expressed similarly in both vehicle-treated and L-NAME-treated rat placenta and uterus (data not shown). No-template controls were used to exclude the possibility of primer dimer formation. The following represent the primer sense and antisense and TaqMan probe sequences, respectively:

Rat preproET-1:

5'-GACCAGCGTCCTTGTTCCAA-3',  
 5'-TTGCTACCAGCGGATGCAA-3',  
 5'-(6FAM<sup>TM</sup>)-TCCAAGAGAGGTTGAGGTGT-(MGBNFQ)-3'

Rat ET<sub>A</sub>:

5'-CTCAACGCCACGACCAAGTT-3',  
 5'-GCAAGCTCCCATTCTCTG-3',  
 5'-(6FAM)-ATGGAGTTTTACCAAGACGT-(MGBNFQ)-3'

Rat ET<sub>B</sub>:

5'-TGGCCATTTGGAGCTGAGAT-3',  
 5'-TCCAAGAAGCAACAGCTCGAT-3',  
 5'-(6FAM)-TGCCCTTCATACAGAAGG-(MGBNFQ)-3'

Rat  $\beta$ -actin:

5'-AGGCCAACCGTGAAAAGATG-3',  
 5'-ACCAGAGGCATACAGGGACAA-3',  
 5'-(6FAM)-CCCAGATCATGTTTGAGAC-(MGBNFQ)-3'

## Membrane Preparations

Frozen tissues were homogenized on ice in 10 volumes (w/v) of 10 mM Hepes (pH 7.4) containing 0.25 M sucrose, 3 mM EDTA, and protease inhibitors (0.1 mM PMSF and 5 µg/mL Pepstatin A) using a stainless-steel Polytron tissue homogenizer (Brinkmann, Westbury, NY) at 13 500 rpm. The homogenate was centrifuged at 1000g for 15 minutes at 4°C. The supernatant was collected, and the pellet was resuspended in the same buffer, rehomogenized, and recentrifuged. The combined supernatant was centrifuged at 60 000g for 1 hour at 4°C. The precipitate was resuspended in 50 mM Tris (pH 7.4) containing 50 mM EDTA and the previously listed protease inhibitors and then centrifuged at 30 000g for 30 minutes at 4°C. The final pellet was resuspended in the Tris buffer and stored at -80°C. In addition to the placental and uterine tissues, membranes were prepared from an untreated adult rat brain (contains abundant ET<sub>A</sub> and ET<sub>B</sub> receptors) for use as control membranes in the Western blot analyses. Protein content was determined by the Bradford assay (BioRad, Hercules, CA).

## Western Immunoblots

From each tissue membrane preparation, 20 µg of protein was separated by 12% sodium dodecyl sulfate polyacrylamide gel electrophoresis and then transferred to polyvinylidene difluoride blotting membranes. Immunoblots were performed using rabbit polyclonal primary antibodies specific for ET<sub>A</sub> or ET<sub>B</sub> or mouse monoclonal antibodies to sodium potassium ATPase (a plasma membrane marker protein used as a loading control to ensure equal amounts of protein in all lanes). After blocking nonspecific binding with 5% normal goat serum (NGS) in 1 M trisbuffered saline (TBS; pH 7.5) containing 0.1% Tween-20 (TBST), primary antibodies were incubated on the membranes at 1:250 or 1:200 (ET<sub>A</sub> and ET<sub>B</sub>, respectively; dilutions determined in preliminary antibody titration experiments) overnight at 4°C in TBS containing 5% NGS, 0.5% Tween-20, 10% glycerol, and 18% glucose. Following six 10-minute washes in TBST and 1 hour of blocking, the membranes were incubated for 2 hours at 25°C with secondary goat antirabbit IgG antibodies labeled with horseradish peroxidase (1:5000 dilution; Santa Cruz Biotechnology, Santa Cruz, CA). Membranes were washed again as before. Immunoreactive bands were identified using the ECL+Plus Chemifluorescent Detection System (Amersham, Piscataway, NJ) as directed by the manufacturer and then quantified using a Storm Imager (Molecular Dynamics, Sunnyvale, CA). Quantitative comparisons were made between bands run together on the same gel. Band intensity for uterine and placental samples was normalized to the ET receptor-rich control membrane preparation used throughout all Western analyses. Transfer of proteins to the membranes was ascertained by the inclusion of Rainbow molecular weight markers (Amersham, Arlington Heights, IL) on each gel, and specific bands for ET<sub>A</sub> (48 kDa), ET<sub>B</sub> (49 kDa), and sodium potassium ATPase (112 kDa) were identified by Cruz molecular weight standards (Santa Cruz Biotechnology).

## Immunohistochemistry

Placental and uterine wall tissues were fixed for 2 hours in 10% neutral buffered formalin and either embedded in paraffin (for ET-1) or infiltrated with 10% sucrose in phosphate-buffered saline (PBS) and frozen in OCT compound (Miles Labs, Naperville, IL) for cryosectioning (for ET<sub>A</sub> and ET<sub>B</sub>). Sections were deparaffinized (when appropriate) and hydrated in PBS. PBS rinses were interspersed between all steps except following blocking of nonspecific antibody binding. Immunohistochemistry began with 3% hydrogen peroxide for 15 minutes to block endogenous peroxidase activity, followed by 10 mM citrate (pH 6, 30 minutes, 80°C) for antigen retrieval and 1% nonfat milk (5 minutes) to block nonspecific antibody binding. Sections were then incubated with primary antibody for 2 hours at 25°C (all antibodies diluted 1:500 in PBS) in Mach 4 detection reagent (Biocare Medical, Concord, CA) for 45 minutes and then in a diaminobenzidine chromogen (Dako, Cupertino, CA) for 10 minutes. A light methyl green counterstain was applied (1% for 5 minutes). Sections were dehydrated through

a graded series of ethyl alcohols and xylene and then mounted in Permount for bright-field microscopy. Controls included elimination of the primary antibody and adsorption of the primary antibody with 10  $\mu$ M antigen to verify specificity.

### Homologous Competitive Endothelin Receptor Binding Assay

Binding assays were performed in triplicate in 96-well microtiter plates pretreated with 0.1% bovine serum albumin. Aliquots of the membrane preparation (2  $\mu$ g protein/well) were incubated with 12 different concentrations of ET-1 or ET-3 and 0.1 nM [ $^{125}$ I]ET-1 or [ $^{125}$ I] ET-3, respectively. After a 3-hour incubation at 25°C, unbound ligands were separated from bound ligands by vacuum filtration using glass-fiber filter strips in a PHD cell harvester (Cambridge Technology, Watertown, MA). Filters were washed 3 times with saline (1 mL each), and the radioactivity was measured in a Wallac gamma counter (PerkinElmer Life Sciences, Boston, MA). Nonspecific binding was determined in the presence of 1  $\mu$ M ET-1 or ET-3. Maximum binding ( $B_{max}$ , fmoles/ $\mu$ g protein) and affinity ( $K_d$ ) were computed by nonlinear regression<sup>11</sup> using GraphPad Prism (GraphPad Software, San Diego, CA). ET-1 binds to both ET<sub>A</sub> and ET<sub>B</sub> with the same potency ( $IC_{50}$  = 0.1 nM), while ET-3 binding has a 2000-fold greater potency for ET<sub>B</sub> ( $IC_{50}$  = 0.1 nM) than for ET<sub>A</sub> ( $IC_{50}$  = 200 nM).<sup>12</sup> Homologous ET-3 competition determined the  $B_{max}$  for ET<sub>B</sub>, homologous ET-1 competition represented binding of both receptors, and the difference determined the  $B_{max}$  for ET<sub>A</sub>.

### Statistical Analyses

Results are presented as the mean  $\pm$  SEM. Statistical comparisons among multiple groups were made using an ANOVA followed by a post hoc Newman-Keuls test. When comparisons were made between 2 groups, a *t* test was used. All statistical tests were 2 tailed, and results were considered statistically significant at  $P < .05$ .

## RESULTS

### Placenta

Neither preproET-1 nor ET<sub>A</sub> or ET<sub>B</sub> mRNA expression were influenced by NOS inhibition (Figure 1). The Western blot data showed no difference in protein expression of ET<sub>A</sub> or ET<sub>B</sub> between L-NAME-treated rats and vehicle-treated control rats (Figure 2). Similarly, the immunohistochemistry results revealed no difference in stain distribution or intensity between the 2 groups of rats (Figure 3). ET-1 was localized primarily to placental fetal membranes in the labyrinth and to some giant cells and vascular cells in the transitional zone. ET<sub>A</sub> and ET<sub>B</sub> staining was observed in the labyrinth and in the small arterial and venous vasculature. Localization of ET<sub>A</sub> and ET<sub>B</sub> was not uniform among the vessels in any individual placenta.

In homologous competition studies, unlabeled ET-1 or ET-3 at various concentrations was used to compete against the respective radiolabeled ligand. The  $K_d$  values were 3.12 nM for ET-1 and 0.87 nM for ET-3 in vehicle-treated (control) placenta. NOS inhibition decreased the  $K_d$  values to 13% and 2% of control values, respectively (0.42 nM for ET-1 and 0.02 nM for ET-3), indicating a larger increase in affinity for ET<sub>B</sub> than for ET<sub>A</sub> binding. ET<sub>A</sub> receptor  $B_{max}$  was significantly higher than ET<sub>B</sub>  $B_{max}$  with both vehicle and L-NAME treatments (2.4-fold and 4-fold,  $P < .01$  and  $P < .001$ , vehicle and L-NAME, respectively), indicating greater abundance of ET<sub>A</sub> than ET<sub>B</sub> available to bind ligand on cells in these tissues (Figure 4).  $B_{max}$  for both receptors was downregulated with NOS inhibition (43% and 66%,  $P < .01$  for ET<sub>A</sub> and ET<sub>B</sub>, respectively), indicating a significant reduction in the number of receptors available for ligand binding in the placenta, despite the lack of change in ET<sub>A</sub> receptor mRNA or protein expression for both receptors.

### Uterine Placental Bed

PreproET-1 mRNA expression did not change significantly in response to NOS inhibition (Figure 1). Placental bed ET<sub>A</sub> and ET<sub>B</sub> mRNA expression was not significantly altered by L-NAME compared with control (Figure 1). L-NAME did not affect the ratio of ET<sub>A</sub> to ET<sub>B</sub> mRNA expression. ET<sub>A</sub> and ET<sub>B</sub> protein expression in the L-NAME-treated uterine placental bed also was not significantly different from vehicle-treated controls (Figure 2).

Competition studies in the vehicle-treated placental bed resulted in K<sub>d</sub> values of 3.33 nM for ET-1 and 0.50 nM for ET-3 similar to those in placenta. NOS inhibition decreased these values to 1.25 nM for ET-1 and 0.03 nM for ET-3, with the greater change for ET-3 indicating a larger increase in ET<sub>B</sub> binding affinity than in ET<sub>A</sub> binding affinity. Placental bed ET<sub>A</sub> receptor B<sub>max</sub> was significantly higher than ET<sub>B</sub> B<sub>max</sub> with both vehicle and L-NAME treatments (5-fold and 10-fold,  $P < .001$ , vehicle and L-NAME, respectively), indicating a greater availability of ET<sub>A</sub> than ET<sub>B</sub> receptor to bind ligand in this tissue (Figure 4). B<sub>max</sub> for ET<sub>A</sub> was downregulated 39% with NOS inhibition ( $P < .01$ ), indicating a decrease in the number of ET<sub>A</sub> receptors available for binding in the uterine placental bed when NOS is inhibited.

### Uterine Free Wall

PreproET-1 mRNA expression was not changed significantly in response to NOS inhibition (Figure 1) in the uterine free wall. ET<sub>A</sub>, but not ET<sub>B</sub>, receptor mRNA expression decreased 50% ( $P < .05$ , Figure 1). Western blots showed no difference in either ET<sub>A</sub> or ET<sub>B</sub> protein expression in response to NOS inhibition (Figure 2).

Endothelin-1, ET<sub>A</sub>, and ET<sub>B</sub> were each localized by immunohistochemistry to the vascular lining in small arteries and veins in the uterine wall. The staining patterns were the same as reported by many others for ET-1 and its receptors (Figure 3). Labeling for all these antigens was present on only some of the vessels in any particular section, and no difference in distribution or intensity was observed between groups.

Competition studies in the vehicle-treated uterine free wall resulted in K<sub>d</sub> values of 5.50 nM for ET-1 and 0.23 nM for ET-3. L-NAME decreased these values to 1.93 nM for ET-1 and 0.05 nM for ET-3. ET<sub>A</sub> was responsible for most of the binding of ET-1 in the uterine free wall (Figure 4), with ET<sub>A</sub> B<sub>max</sub> being 40-fold and 37-fold higher than ET<sub>B</sub> B<sub>max</sub> ( $P < .01$ , vehicle and L-NAME, respectively). There was no change in ET<sub>A</sub> or ET<sub>B</sub> binding in response to NOS inhibition in the uterine free wall.

## DISCUSSION

ET-1 expression in either the uterus or placenta is not increased in response to chronic maternal NOS inhibition. This is in contrast to maternal hypoxia, another model of fetal growth restriction, in which the placenta appears to be the primary source of increased ET-1 production.<sup>13</sup> PreproET-1 expression was also measured in the lung and kidney, common prominent sources of ET-1, and no increase in ET-1 was observed in these organs (data not shown). Therefore, in the NOS-inhibition model of fetal growth restriction, the source of the observed increased circulating ET-1 is unknown. However, a generalized endothelial response to NOS inhibition is a likely source, as has been demonstrated in the hypertensive rat.<sup>6</sup>

The reaction of the placenta and uterus to the excess circulating ET-1 is revealed in part by differences in receptor expression. The predominant receptor in the placenta is ET<sub>B</sub>. Stimulation of the ET<sub>B</sub> receptor results in release of nitric oxide as well as clearance of ET-1, both serving to preserve perfusion. Thus, the persistence of ET<sub>B</sub> expression may be a cellular response that ordinarily could maintain perfusion in the placenta via increased nitric oxide and decreased circulating ET-1. In contrast, stimulation of ET<sub>A</sub>, the predominant receptor in the



uterus, results in vasoconstriction and decreased perfusion. The decreased expression of  $ET_A$  mRNA in the uterine free wall may again be a cellular reaction that normally should reduce responsiveness to ET-1 and maintain perfusion in uterine tissues.

Although receptor expression varied by tissue, it was minimally affected by NOS inhibition in either the uterus or placenta. Receptor activity, however, differed significantly in both the placenta and the uterine placental bed. Receptor binding capacity ( $B_{max}$ ) decreased for both receptors in the placenta and for  $ET_A$  in the uterine placental bed, accompanied in each case by increased receptor affinity ( $K_d$ ) with NOS inhibition. Decreased binding capacity and increased affinity can be consequences of posttranslational modifications such as receptor phosphorylation, for which both receptors have multiple potential sites.<sup>14</sup> Phosphorylation produces desensitization and decreased activity of both  $ET_A$  and  $ET_B$ .<sup>15</sup> Reduced  $B_{max}$  of both  $ET_A$  and  $ET_B$  can also be the result of deglycosylation, which decreases low-affinity sites while leaving high-affinity sites unaffected, thereby increasing the net receptor affinity.<sup>16</sup> Similarly, it has been shown that arachidonate decreases adenosine A1 receptor  $B_{max}$  while increasing receptor affinity to both agonists and antagonists.<sup>17</sup>

Alternatively, sequestration of receptors intracellularly in recycling endosomes is another well-established mechanism for cellular regulation of G protein-coupled receptor activity. Receptors in recycling endosomes are unavailable for ligand binding, resulting in reduced cell surface receptors, presumably leading to a reduced cellular response to the ligand. These mechanisms for changes in endothelin receptor binding capacity have not been studied or described in the setting of NOS inhibition per se. However, the in vivo interaction of the nitric oxide and endothelin systems is well established.<sup>18</sup> Thus, decreased endothelin receptor binding capacity through 1 or more of these mechanisms would not be an unexpected response to the increased vascular tone caused by decreased nitric oxide production. We have previously shown that receptor binding is consistently downregulated in hypoxia-induced fetal growth restriction in the uterus and placenta.<sup>13</sup> Taken together with the current results, this suggests that receptor modification or sequestration/recycling may be consistent methods by which these tissues respond to ET-1.

The expression of ET-1 and its receptors in the uterus and placenta of normal pregnant rats has previously been examined. In the rat placenta, ET-1 is expressed in cytotrophoblasts and trophoblastic giant cells of the basal zone, as well as in endothelial cells.<sup>19</sup> In the rat uterus, endometrial glandular and myometrial cells also produce ET-1.<sup>20</sup> Receptors for endothelin are well represented in normal rat reproductive tissues.  $ET_A$  is most abundant in the decidual tissue and vascular wall, while  $ET_B$  has been localized to the basal zone cytotrophoblasts and trophoblastic giant cells.<sup>19</sup> Both receptors are equally represented in the labyrinth.  $ET_A$  is responsible for the primary ET-1 binding activity in rat myometrium,<sup>21</sup> which is in agreement with our receptor binding results in both the uterine placental bed and the uterine free wall. The expression and distribution of ET-1 and its receptors suggest that ET-1 may play an important autocrine or paracrine role in the uteroplacental tissues in the rat.<sup>22</sup>

ET-1 and its receptors are expressed in the human uterus and placenta as well.  $ET_A$  is located primarily on the uterine endometrial stromal cells and  $ET_B$  on glandular epithelium.<sup>23</sup> While both  $ET_A$  and  $ET_B$  are expressed in the human placenta,  $ET_B$  predominates throughout gestation,<sup>24,25</sup> in contrast to the greater abundance of  $ET_A$  in the rat. In the human,  $ET_A$  increases near term and is the primary ET-1 receptor in stem villi vessels, whereas  $ET_B$  expression is more prominent in peripheral vessels and in the decidua and does not change during gestation.<sup>24-26</sup> Both ET-1 and ET-3 are produced in placental stem villi vessels, the primary site of placental vascular resistance.<sup>27</sup> ET-1 acting via  $ET_A$  receptors, then, may cause vasoconstriction leading to placental ischemia in the human, corresponding with what we have reported in NOS inhibition-induced fetal growth restriction as well as in hypoxia-induced fetal

growth restriction in the rat.<sup>10,13</sup> These findings suggest that ET-1 may play an important autocrine or paracrine role in human uteroplacental tissues, as it does in the rat.

We have previously demonstrated that ET-1 plays an important role in the pathophysiology of NOS inhibition-induced fetal growth restriction.<sup>9</sup> In this model, in contrast to hypoxia-induced fetal growth restriction,<sup>13</sup> the increased circulating ET-1 does not appear to be of uterine or placental origin. The effects of ET-1 are mediated by regulation of receptor activity in both the uterus and the placenta. Taken in the context of our prior study results demonstrating that ET<sub>A</sub> antagonism significantly improves both fetal growth<sup>9</sup> and placental perfusion<sup>10</sup> in the setting of chronic NOS inhibition, these findings describe the interaction of ET-1 and its receptors in the pathophysiology of this model of fetal growth restriction. The extent to which ET-1 plays a similar role in human fetal growth restriction remains to be evaluated.

## Acknowledgements

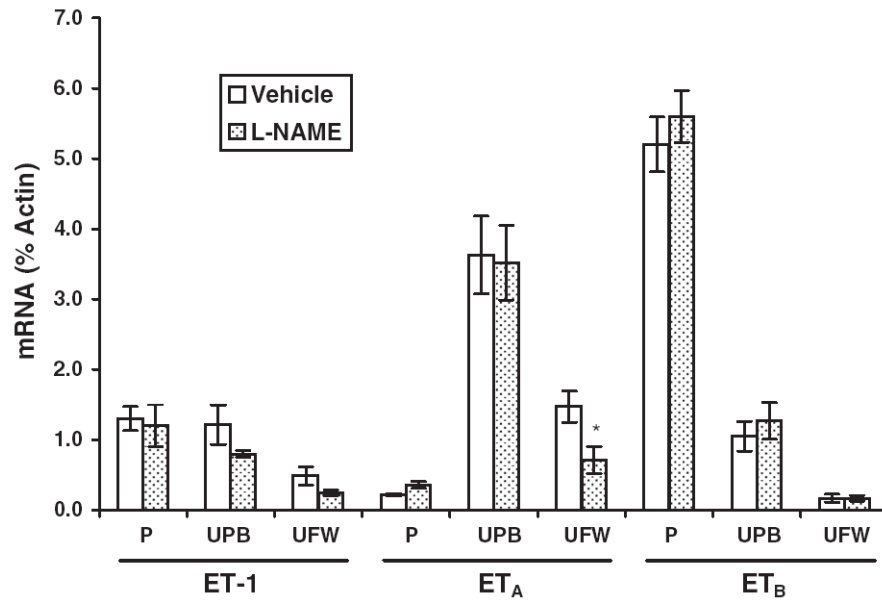
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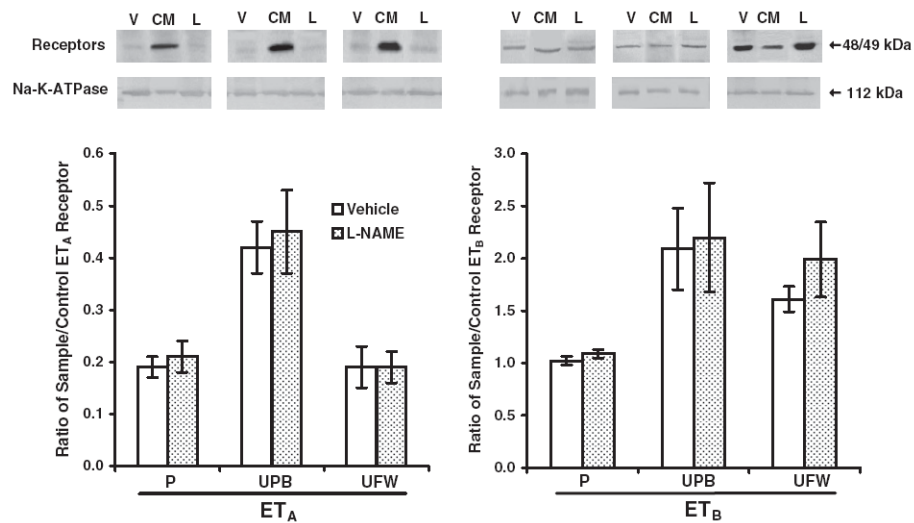


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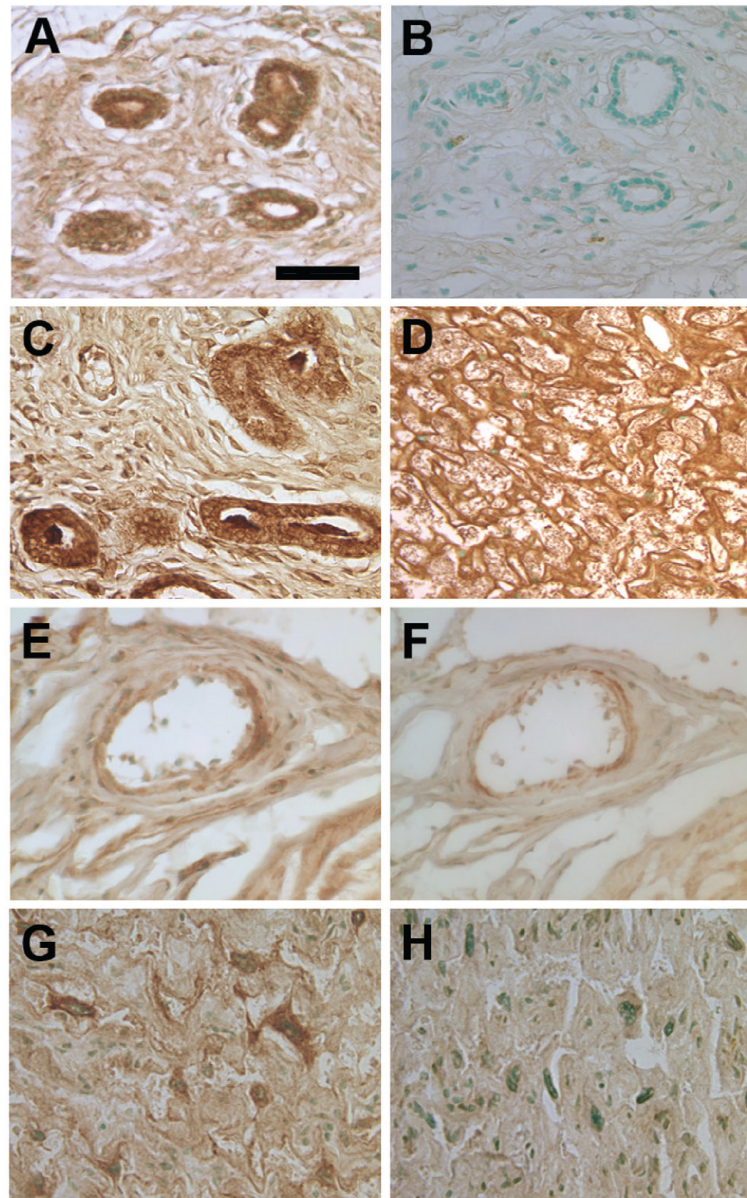


**Figure 1.**

Expression of endothelin-1 (ET-1) as well as ET<sub>A</sub> and ET<sub>B</sub> receptor mRNA in rat placentas (P), uterine placental beds (UPB), and the uterine free wall (UFW). Comparative mRNA expression was determined by real-time quantitative reverse transcription polymerase chain reaction in tissues from rats treated with N<sup>G</sup>-nitro-L-arginine-methyl ester (L-NAME; 2.5 mg/kg/h, gestational days 14-21, n = 6) or with saline vehicle (n = 6). Results are expressed as a percentage of the internal control gene, cytoplasmic β-actin, and each value represents the mean ± SEM. \*P < .05 versus vehicle-treated control, by ANOVA.

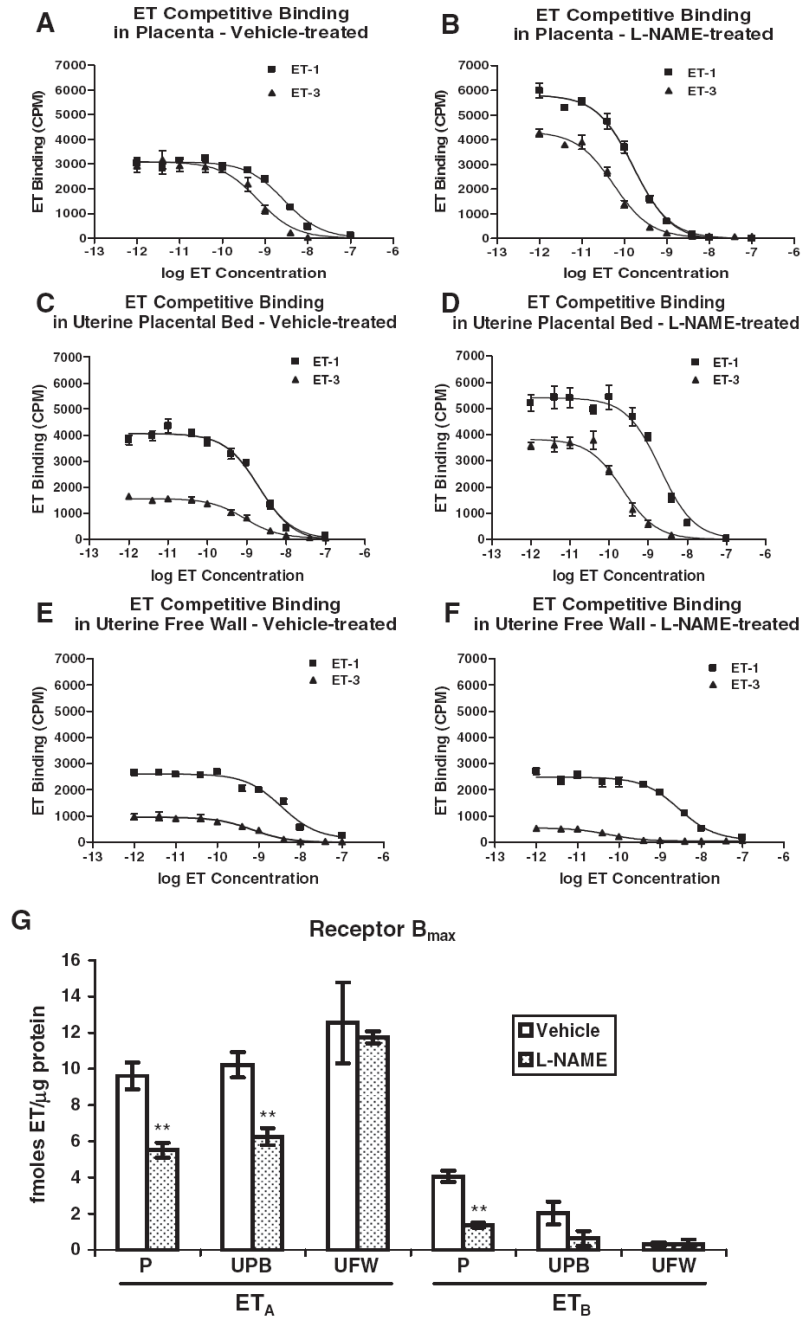


**Figure 2.** Protein expression of ET<sub>A</sub> (48 kDa, left) and ET<sub>B</sub> (49 kDa, right) receptors in pregnant rats. Western blots were performed on membranes isolated from placental (P), uterine placental bed (UPB), and uterine free wall (UFW) homogenates from N<sup>G</sup>-nitro-L-arginine-methyl ester (L-NAME)-treated rats (L, gestational days 14-21, n = 6) and vehicle-treated controls (V, n = 6) pregnant rats. All gels included control membranes (CM) from a rat brain, and the densitometric results are expressed as the mean ± SEM of the ratio of reproductive tissue and control receptor band densities. Na<sup>+</sup>/K<sup>+</sup> transporting ATPase (112 kDa) was used as a control membrane protein to verify loading of equal amounts of protein into each well.



**Figure 3.** Immunolocalization of endothelin-1 (ET-1), ET<sub>A</sub>, and ET<sub>B</sub> in uterine vessels and placental labyrinth from pregnant rats treated with saline vehicle or with 2.5 mg/kg/h N<sup>G</sup>-nitro-L-arginine-methyl ester (L-NAME) from gestational day 14 to 21. Immunostaining patterns and intensities were similar between the 2 treatment groups. ET-1 localized to the uterine vascular walls in both the vehicle-treated group (A) and the L-NAME-treated group (C). A negative control (omission of primary antibody) from the vehicle-treated group indicates no binding of the secondary antibody-chromogen complex in the absence of primary antibody (B). Placental ET-1 localized primarily to the membranes of the labyrinth in both groups; a representative photomicrograph from the vehicle-treated group is shown (D). ET<sub>A</sub> and ET<sub>B</sub> receptors in the uterus (E and F, respectively) were localized in the vascular wall in both vehicle and L-NAME-treated groups. In the placenta, these receptors were distributed along the labyrinthine

membranes, with ET<sub>A</sub> appearing in patches (G) and ET<sub>B</sub> having a more uniform distribution (H). Light methyl green counterstain. Bar = 100 μm (A-C and E-H) and 200 μm (D).



**Figure 4.** Homologous competitive binding of endothelin-1 (ET-1) and ET-3 by  $ET_A$  and  $ET_B$  receptors in rat placenta (P), uterine placental bed (UPB), and uterine free wall (UFW). Placental membranes were prepared from vehicle-treated (n = 6) and L-NAME-treated (2.5 mg/kg/h, gestational days 14-21, n = 6) pregnant rats. (A, C, E) Representative binding curves for P, UPB, and UFW membrane preparations, respectively, from vehicle-treated rats. (B, D, F) Representative binding curves for P, UPB, and UFW membrane preparations, respectively, from L-NAME-treated rats. Each experiment was performed in triplicate. (G) The maximum binding coefficient,  $B_{max}$ , for both receptors is expressed as fmoles endothelin/ $\mu$ g protein,



and each value represents the mean  $\pm$  SEM. ET in captions and axis labels refers to both ET-1 and ET-3. \*\*P < .01 versus vehicle-treated control by ANOVA.