

# Autonomous onset of the circadian clock in the zebrafish embryo

# Marcus PS Dekens<sup>1,\*</sup> and David Whitmore\*

Department of Cell and Developmental Biology, University College London, London, UK

On the first day of development a circadian clock becomes functional in the zebrafish embryo. How this oscillator is set in motion remains unclear. We demonstrate that zygotic period1 transcription begins independent of light exposure. Pooled embryos maintained in darkness and under constant temperature show elevated non-oscillating levels of period1 expression. Consequently, there is no maternal effect or developmental event that sets the phase of the circadian clock. Analysis of period1 transcription, at the cellular level in the absence of environmental stimuli, reveals oscillations in cells that are asynchronous within the embryo. Demonstrating an autonomous onset to rhythmic period1 expression. Transcription of clock1 and *bmal1* is rhythmic in the adult, but constant during development in light-entrained embryos. Transient expression of dominant-negative ACLOCK blocks period1 transcription, thus showing that endogenous CLOCK is essential for the transcriptional regulation of period1 in the embryo. We demonstrate a default mechanism in the embryo that initiates the autonomous onset of the circadian clock. This embryonic clock is differentially regulated from that in the adult, the transition coinciding with the appearance of several clock output processes.

*The EMBO Journal* (2008) **27**, 2757–2765. doi:10.1038/ emboj.2008.183; Published online 18 September 2008 *Subject Categories*: signal transduction; development *Keywords*: *bmal*; circadian clock; *clock*; ontogeny; *period* 

# Introduction

Circadian clocks have been demonstrated to exist in a wide variety of species. A model has been established where a transcription-translation auto-regulatory feedback loop forms the core of the circadian clock mechanism. The heterodimer, composed of CLOCK (CLK) and brain muscle ARNT-like (BMAL), binds to enhancers upstream of the *period (per)* and *cryptochrome (cry)* genes to initiate their transcription. The repressors PER and CRY interact with the CLK:BMAL

Received: 17 February 2008; accepted: 14 August 2008; published online: 18 September 2008

heterodimer and thereby downregulate their own expression (Wager-Smith and Kay, 2000; Reppert and Weaver, 2001). On account of the plasticity of the circadian clock and redundancy of its components, a mutation resulting in the deficiency of a single gene does not always have a severe impact on the circadian phenotype (DeBruyne et al, 2006). Several arrhythmic clock (clk) mutants have been shown to exhibit mutations that cause the protein to function in a dominantnegative manner. In a mouse and Drosophila clk mutant, a deletion is located within the conserved Q-rich transactivation domain required for transcriptional activity, while domains necessary for binding the per promoter (bHLH) and dimerisation (PAS) are functional (Antoch et al, 1997; King et al, 1997; Allada et al, 1998; Darlington et al, 1998; Gekakis et al, 1998). Although the core circadian clock mechanism is highly conserved, several variations are present among different species (Young and Kay, 2001). One example of this is the regulation of *clk* transcription, which has been shown to oscillate in Drosophila and zebrafish but not in mouse (Sun et al, 1997; Bae et al, 1998; Whitmore et al, 1998; Shearman et al, 1999). In mouse CLK and BMAL complex formation is followed by its phosphorylation, which is an important factor in regulating the transcriptional activity of the heterodimer (Kondratov et al, 2003). Post-transcriptional modifications of clock proteins also play a role in the generation of circadian rhythms in other species (Kloss et al, 1998; Liu et al, 2000; Price and Kalderon, 2002). Peripheral clocks in Drosophila and zebrafish are directly entrained by light, indicating a high degree of cell autonomy (Plautz et al, 1997; Whitmore et al, 2000). Cellular circadian oscillations have been shown in mouse, rat and fish cell lines, demonstrating that peripheral oscillators are self-sustained, as they do not require the existence of a central pacemaker (Nagoshi et al, 2004; Welsh et al, 2004; Carr and Whitmore, 2005).

Studies of circadian output have provided evidence for the existence of a functional circadian clock during the early stages of zebrafish development (Kazimi and Cahill, 1999; Ziv et al, 2005; Vuilleumier et al, 2006). To understand how circadian clock onset is established, we studied the regulation of core molecular clock components under various conditions. We observed a light-independent initiation of zygotic per1 transcription on the first day of development. We demonstrate that in the absence of environmental stimuli a rhythm of *per1* transcription is present in each cell of the embryo and that these oscillations are asynchronous. Light or temperature exposure is required to synchronise these cellular clocks in the developing embryo. Importantly, we demonstrate that during the first 3 days of development, *clk1* and *bmal1* transcription is not rhythmic in contrast to later stages. However, direct manipulations show that CLK is already functional on the first day of development. Thus suggesting key regulation of the circadian clock at the post-transcriptional level during zebrafish development. The onset of rhythmic clk1 and per1 transcription coincides with the appearance of several circadian clock output processes, such as rhythmic

<sup>\*</sup>Corresponding authors. MPS Dekens, DB Unit, European Molecular Biology Laboratory, Meyerhofstrasse 1, 69117 Heidelberg, Germany. Tel.: +49 62 21 38 78 186; Fax: +49 62 21 38 71 66;

E-mail: marcus.dekens@gmail.com or D Whitmore, Department of Cell and Developmental Biology, University College London, Gower Street, London WC1E 6BT, UK. Tel.: +44 20 7679 6132; Fax: +44 20 7679 7349; E-mail: d.whitmore@ucl.ac.uk

<sup>&</sup>lt;sup>1</sup>Present address: DB Unit, European Molecular Biology Laboratory, Meyerhofstrasse 1, 69117 Heidelberg, Germany

locomotor activity (Hurd and Cahill, 2002), and the circadian timing of DNA replication (Dekens *et al*, 2003).

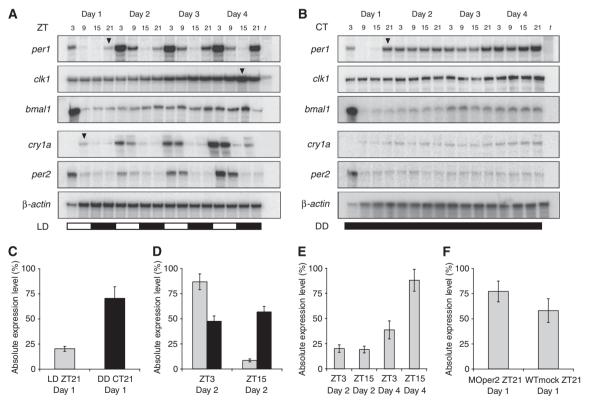
# **Results and discussion**

#### A fixed process on the first day of development

Zebrafish breed at dawn, and consequently development initiates at light onset. The embryo develops rapidly when reared at 28°C, after 1 day an embryo has most anatomical structures and several days later it is fully developed into a free-swimming larva. We analysed the expression profile of per1 during the first days of development using an RNase protection assay to gain insight into circadian clock onset. Under constant temperature and an alternating 12-h lightdark (LD) cycle, we observed a rhythm of per1 transcription during development (Figure 1A). per1 expression peaks at ZT3 (zeitgeber time) and reaches its trough at ZT15, with a 10:1 ratio in the expression level during day 2 (Figure 1D). When embryos are maintained under constant temperature and darkness (DD), per1 transcription initiates at the end of day 1 but does not appear to be rhythmic over subsequent cycles (Figure 1B and D). In addition, per1 is expressed at an intermediate level when compared with embryos on an LD cycle. Previous studies have demonstrated that a clock-driven rhythm of arylalkylamine N-acetyltransferase (aanat) transcription and melatonin release is not detected when embryos are reared in DD (Kazimi and Cahill, 1999; Ziv *et al*, 2005; Vuilleumier *et al*, 2006). These observations together indicate that there is no maternal effect or developmental event that sets or maintains clock phase.

On the first day of development, the same fixed pattern of *per1* transcription is observed in both embryos maintained under DD and those reared in an LD cycle (Figure 1A and B). Maternal *per1* RNA degrades shortly after the mid-blastula transition when zygotic gene transcription starts, and is therefore present during the first 4 h post-fertilisation (h.p.f.). Zygotic *per1* transcription reaches its maximum level at about 21 h.p.f. in DD, but the transcript can already be detected 6 h earlier at very low levels. The quantity of *per1* RNA at 21 h.p.f. is four-fold higher in embryos maintained under DD compared with those reared in an LD cycle (P < 0.0001; Figure 1C). Thus, the principal difference between the two conditions is the effect of light on the level of *per1* expression at the end of the first day.

Previous studies have shown that zebrafish *per1* is regulated through the binding of CLK and BMAL to E-box elements in the promoter region of this gene, a very similar mechanism to that reported for rhythmic *period* expression in mouse (Vallone *et al*, 2004). In addition, in zebrafish light inhibits CLK:BMAL function in part through the transcrip-



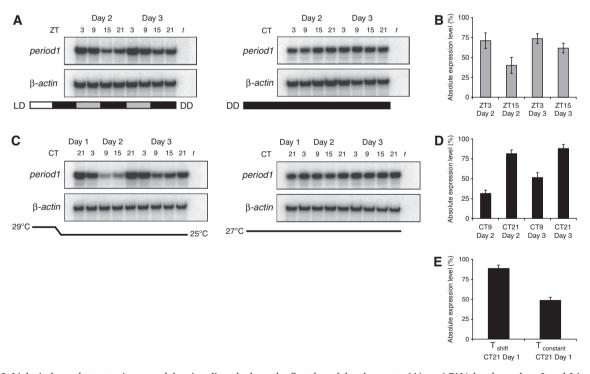
**Figure 1** Light is not required for the onset of zygotic *per1* transcription. (**A**) RNase protection assay showing *per1*, *clk1*, *bmal1*, *cry1a* and *per2* transcription pattern during the first days of development in pooled embryos raised under a 12:12 h LD cycle. The bar indicates light (white) and dark (black) intervals. tRNA serves as a negative control, and  $\beta$ -*actin* RNA detection as a loading control. Arrowheads indicate key changes in expression level. (**B**) RNase protection assay of pooled embryos raised in DD showing a constant level of *per1*, *clk1*, *bmal1*, *cry1a* and *per2* transcription. (**C**) Comparison of *per1* RNA levels at ZT21 on day 1 in embryos exposed to light for the first 12 h of development (LD), and those reared in constant darkness (DD) (*P*<0.0001, *n* = 10). (**D**) *per1* RNA levels at peak (ZT3) and trough (ZT15) time points on day2 in embryos exposed to an LD cycle (grey bars) (*P*<0.0001, *n* = 10), and in DD (black bars) (*P*<0.0001, *n* = 10). (**F**) Knockdown of part of the light input pathway. The effect of *per2* morpholino on the level of *per1* RNA at ZT21 on day 1 in embryos exposed to light for the first 12 h of development (*P*<0.005, *n* = 10).

tional activation of *crv1a*. The binding of the CRY1a protein to CLK and also BMAL prevents the formation of an active transcriptional complex, leading to the light-dependent repression of per1 (Figure 5B and C; Tamai et al, 2007). This process is thought to be one route by which the core clock mechanism is entrained to LD cycles in this system. We show here that cry1a transcription is increased on the first day of development as a result of light exposure, and has a more robust light-regulated rhythm throughout the subsequent days of development (Figure 1A). Therefore, we suggest that in the embryo, as in zebrafish cell lines, early light induction of cry1a leads to the repression of per1, and has a function in the entrainment of the embryonic clock. In addition, short light pulses applied on the first day of development acutely increase the level of per2 transcription (Tamai et al, 2004). In Figure 1, we show that per2 is rhythmic in embryos raised on an LD cycle when compared with minimal expression levels detected in DD. per2 transient knockdown on the first day of development has been demonstrated to affect the circadian clock-dependent process of aanat transcription (Ziv and Gothilf, 2006). Using the same morpholino-modified anti-sense oligonucleotide per2 'knockdown' protocol, in embryos exposed until 12 h.p.f. to light, we observe an increase in the per1 RNA level at 21 h.p.f. (P < 0.005; Figure 1F). We demonstrate that the 'knockdown' of *per2* in light-treated embryos can partially block the lightinduced suppression of *per1*, confirming that the light input pathway is functional within the first 12h of development. However, the level of per1 RNA in these 'knockdown' embryos does not reach the same level seen in DD. This observation most likely reflects the existence of multiple light input pathways to the core clock. Nevertheless, the key molecular difference between embryos raised in the dark and those on an LD cycle is the strong light induction of both *cry1a* and *per2*, two proteins that have been implicated in zebrafish clock entrainment.

#### Light-independent entrainment of per1 transcription

To determine whether the observed embryonic *per1* transcriptional rhythm represents true circadian clock entrainment and not a light-driven response, embryos were subjected to light during the first 12 h of development followed by DD over the consecutive days. A rhythm of *per1* RNA expression is observed on the days following this light exposure. Such light-dependent synchronisation could only occur if an oscillator is present, and thus reflects the presence of a functional circadian clock within the first 12 h of development (Figure 2A and B).

The circadian clock can be entrained by several environmental stimuli including temperature (Lahiri *et al*, 2005). To determine whether light is specifically required for circadian clock function on the first day of development, we reared embryos in DD while exposing them to a change in temperature. Embryos were submerged in a 29°C water bath for the first 12 h of development and subsequently cooled to 25°C, whereas control embryos were exposed to a constant temperature of 27°C. Embryos exposed to a temperature shift show a significant increase in *per1* expression at 21 h.p.f.



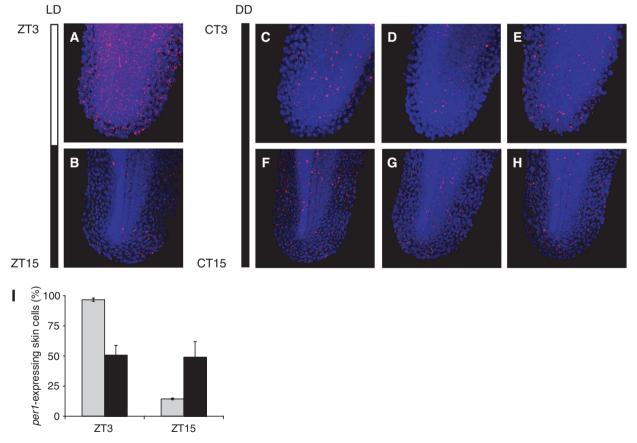
**Figure 2** Light-independent entrainment of the circadian clock on the first day of development. (**A**) *per1* RNA levels on days 2 and 3 in pooled embryos after exposure to light until 12 h.p.f. followed by DD, and the corresponding DD control. Grey partitions of the bar indicate the timing of the subjective light period. (**B**) Comparison of *per1* RNA levels at peak (ZT3) and trough (ZT15) time points on days 2 and 3 in embryos exposed to light for the first 12 h of development only (P < 0.0005 on day 2, n = 10). (**C**) *per1* RNA levels on days 2 and 3 in pooled embryos after exposure to a temperature shift on day 1 (first 12 h.p.f. at 29°C) followed by constant temperature (25°C), and the corresponding constant temperature control (27°C, DD). (**D**) Comparison of *per1* RNA levels at peak (CT21) and trough (CT9) time points on days 2 and 3 in pooled embryos after exposure to a temperature shift on day 1 followed by constant temperature (P < 0.0001 on day 2, n = 10) demonstrates that light is not required for inducing or synchronising oscillations in the embryo. (**E**) Comparison of *per1* RNA level at ZT21 on day 1 in embryos exposed to a temperature shift and those maintained at constant temperature (P < 0.0001, n = 10).

when compared with those maintained at constant temperature; thus, a shift in temperature does influence the expression level of a core circadian clock gene as early as the first day of development (P < 0.0001; Figure 2E). We then exposed embryos for the first 12 h to 29°C followed by a constant temperature of 25°C for several days to determine whether per1 RNA oscillations occur after the first day. Rhythmic expression of per1 RNA persists over days 2 and 3 following the temperature shift, demonstrating that exposure to light is not a prerequisite for early circadian clock function (P < 0.0001; Figure 2C and D). Temperature cycles establish a different phase relationship with the timing of per1 expression in zebrafish when compared with light entrainment (Lahiri et al, 2005), and consequently we observed the trough and peak of expression at CT9 and CT21, respectively. The rhythm during the 2 days following the temperature shift dampened less than that induced by a single 12-h light treatment (Figure 2A and C), demonstrating that temperature can function as a strong zeitgeber at this early stage of development.

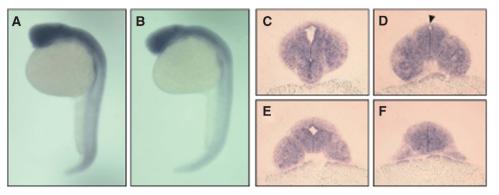
#### Asynchronous cellular oscillators in constant darkness

Pooled embryos not exposed to environmental stimuli show a constant level of *per1* transcription. This phenomenon could be explained either by arrhythmic (non-synchronised) oscil-

lations at the cellular level or constitutive *per1* transcription, reflecting a non-functional clock. An indication that suggests the existence of 'out-of-phase' oscillators is the intermediate level of per1 RNA present in embryos raised in DD. We performed a non-invasive experiment with cellular resolution to obtain insight into the default setting of the clock mechanism in embryos. We compared *per1* transcription at peak (ZT3) and trough (ZT15) levels on the second day of development in embryos exposed to either an LD cycle or DD using whole mount fluorescent in situ hybridisation. By assessing the presence or absence of per1 RNA in single cells, one can draw a reliable conclusion, as to the state of the circadian clock within the organism. When analysing embryos exposed to an LD cycle, we observe per1 RNA expression in every cell at ZT3, this is in contrast to embryos at ZT15 where per1 expression is scarce throughout the embryo (Figure 3A and B, respectively). When embryos are raised in DD, an intermediate number of cells express per1 RNA at both time points (CT3 and CT15; Figure 3C-E and F-H). Individual siblings fixed at the same time point express a variable number and randomly distributed per1 transcript clusters (Figure 3I). This result supports the existence of asynchronous oscillations in DD, as in the case of constitutive per1 expression one would expect all cells to express intermediate levels of per1 RNA. Locomotor activity in zebrafish larvae is also arrhythmic in



**Figure 3** The embryo generates asynchronous *per1* RNA oscillations when raised in DD. (**A**) *per1* transcript clusters (red) present in single cells (nuclei in blue), visualised by fluorescent *in situ* hybridisation, showing abundant *per1* expression at ZT3 on day 2, and (**B**) sparse *per1* expression at ZT15 on day 2 in an embryo exposed to an LD cycle. (**C**–**E**) *per1* transcript clusters at CT3 on day 2 in tail tips of three sibling embryos reared in DD. (**F**–**H**) *per1* transcript clusters in tail tips of three sibling embryos at CT15 on day 2 raised in DD. Both CT time points show a variable number and random distribution of high-level *per1* RNA-expressing cells, demonstrating an autonomous and asynchronous onset of circadian oscillations in the cells of the zebrafish embryo. (**I**) Percentage of *per1*-transcribing skin cells at peak and trough time points under DD and LD conditions.



**Figure 4** *per1* and *clk1* are expressed ubiquitously in the zebrafish embryo. (**A**) Whole mount *in situ* of *per1*, and (**B**) *clk1* transcripts in embryos reared in an LD cycle and fixed at ZT3 on day 2 display a gradient of ubiquitous transcription with the highest level of expression at the anterior. Sections through the head (**C**–**F**) show no discrete region of the brain or retina at this stage, which due to a distinctive expression of *per1* could be identified as the location of a centralised pacemaker (arrowhead indicates location of pineal gland).

constant darkness, which could be explained by non-synchronous cellular oscillators (Hurd and Cahill, 2002). These data led us to propose that asynchronous oscillations are the default state in the absence of environmental stimuli. As the embryo already produces out-of-phase oscillations between individual cells in the dark, a light or temperature cue functions only as a signal to reset these clocks, causing overall synchronised oscillations within the embryo.

# Differential regulation of clk1 and bmal1 between the embryo and adult

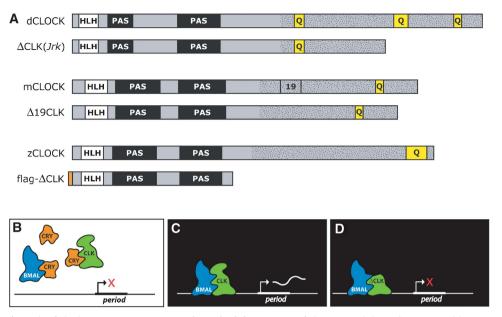
The transcription factor CLK has been demonstrated to have a pivotal function in the regulation of *per* in several species. In the adult zebrafish, *clk1* transcription oscillates in all organs and cells studied to date (Whitmore et al, 1998). In contrast to *per1*, rhythmic transcription of *clk1* starts several days after fertilisation in embryos exposed to an LD cycle (Figure 1A and E). *clk1* RNA is constitutively expressed during the first days of development, with no significant difference being observed in expression level during day 2 in embryos on an LD cycle (Figure 1A and E). In addition, no oscillation in transcript levels was detected until day 4 under LD conditions of the partner of *clk1*, *bmal1* (Figure 1A). Yet in cells and tissues, bmal1 transcription shows robust oscillations (Cermakian et al, 2000). Taken together, the clk1 and bmall expression patterns strongly suggest differential regulation of the core circadian clock mechanism during zebrafish development. Although the negative regulatory elements of the clock mechanism (per and cry genes) are already oscillating on the first day of development, oscillations in the positive acting transcriptional regulators (*clk* and *bmal*) take another 3 days to become established. Both per1 and *clk1* transcripts are present and ubiquitously expressed during early stages of zebrafish development as demonstrated by in situ hybridisation (Figure 4A-F). A gradient is observed for both transcripts, with high levels of expression at the anterior, and low levels at the posterior region of the embryo.

# Endogenous CLK autonomously initiates per1 transcription

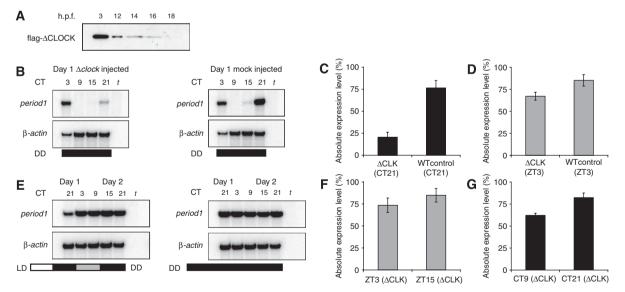
The fluorescent *in situ* result shows the presence of selfsustained circadian clocks in each cell of the embryo. Furthermore, transcriptional initiation of *per1* at 15 h.p.f.

© 2008 European Molecular Biology Organization

also occurs independent of light exposure. Thus, a positive transcriptional activator, which can exert an effect on the per1 promoter during this time, must be present. We demonstrated that *clk1* and *bmal1* do not oscillate in an LD cycle throughout the first 3 days of development in contrast to later stages. This raises the major issue of whether the CLK:BMAL heterodimer is functional in the embryo. To determine whether endogenous CLK is required for the initiation and subsequent oscillations of *per1* transcription, we established a transient 'knockdown' approach. To overcome gene redundancy, we constructed a dominant-negative clk ( $\Delta clk$ ) encoding a truncated protein consisting of the first 396 amino acids (Figure 5A and D). This design was based on mutations in previously isolated dominant-negative mutants where large deletions in the Q-rich transactivation domain have been reported to impair the circadian clock (King et al, 1997; Allada et al 1998, Gekakis et al 1998, Hayasaka et al 2002). A flag-tag sequence was introduced into the construct to confirm the expression of the protein. We microinjected  $\Delta clk$  RNA into zygotes and analysed samples taken during the first day on a western blot (Figure 6A). The earliest sample taken at 3 h.p.f. and a later sample at 12 h.p.f. show the presence of a large quantity of  $\Delta$ CLK protein, by 18 h.p.f.  $\Delta$ CLK has decreased to an undetectable level. We microinjected zygotes with  $\Delta clk$ RNA and transferred them immediately to DD to compare the level of per1 RNA at 21 h.p.f. with non-injected embryos. We did not observe a difference between mock-injected and noninjected embryos, thus mock injections were subsequently omitted. The level of per1 RNA at the end of the first day is high in embryos maintained under DD; however, when  $\Delta$ CLK is expressed we observe a four-fold reduction of per1 RNA at 21 h.p.f. (P < 0.0001; Figure 6B and C). This may be the maximum possible decrease in per1 RNA as the level is similar to that observed at 21 h.p.f. in embryos exposed to an LD cycle (Figure 1C). A minimal effect on *per1* can still be observed at 27 h.p.f. (Figure 6D), this is several hours after detectable levels of  $\Delta$ CLK are present on a western blot. The amount of  $\Delta$ CLK expressed in the embryo is in vast excess of the endogenous CLK protein. Thus, the prolonged effect can be explained by the capacity of  $\Delta$ CLK to efficiently block *per1* transcription at much lower levels. The manipulation demonstrates that endogenous CLK protein is required for the transcriptional initiation of per1 on the first day of development.



**Figure 5** Design of a zebrafish dominant-negative CLK ( $\Delta$ CLK). (**A**) Diagram of the *Drosophila* and mouse wild-type CLK proteins with corresponding dominant-negative mutations (white: helix-loop-helix domain; black: Per-Arnt-Sim domain; yellow: poly-Q box; dotted: Q-rich domain; orange: flag tag). A stop codon was introduced into the zebrafish *clk1* cDNA to generate a truncated 396 amino-acid protein, containing the bHLH and PAS domains but lacking the glutamine-rich transactivation domain. This design is based on known dominant-negative CLK mutations in mouse and *Drosophila*, where a part of the glutamine-rich area is absent. The PAS and bHLH domains present allow binding of CLK to its partner BMAL, and of this heterodimer to the *period* promoter. The absence of part of the glutamine-rich area and/or glutamine box at the carboxyl-terminus abolishes the capacity of CLK to transactivate the *period* gene. (**B**) Wild-type condition. In the light (day) CRY1a is expressed, which binds to CLK and BMAL, thereby blocking *period* transcription. (**C**) In darkness (night), CLK and BMAL form a heterodimer, which binds to E-boxes in the *period* gene, thereby activating its transcription. (**D**) The mutant dominant-negative CLK can form a heterodimer and dock onto E-boxes in the *period* promoter, thereby competing with wild-type CLK and blocking transcription.



**Figure 6** CLK is required for zygotic *per1* transcription during development. (**A**) Western blot showing flag- $\Delta$ CLK expression on the first day of development in embryos microinjected with  $\Delta$ *clk* RNA (three times more protein was loaded for 14–18 h.p.f.). (**B**) Knockdown of the positive feedback loop. RNase protection assay showing *per1* transcription levels during day 1 in pooled embryos microinjected with  $\Delta$ *clk* RNA and transferred directly to DD compared with mock-injected DD control embryos. (**C**) Comparison of *per1* RNA level at CT21 on day 1 in embryos expressing  $\Delta$ CLK and non-injected control embryos both maintained in DD (*P*<0.0001, *n* = 10). This demonstrates the presence of functional CLK protein during the early stages of development. (**D**) Comparison of *per1* RNA levels at ZT3 on day 2 in embryos expressing  $\Delta$ CLK and non-injected control embryos both reared in an LD cycle (*P*<0.0001, *n* = 10), demonstrating the reduced effect of  $\Delta$ CLK protein at this stage. (**E**) RNase protection showing *per1* transcription levels at the end of day 1 and during day 2 in embryos microinjected with  $\Delta$ *clk* RNA, exposed to light for the first 12 h only, and the corresponding control embryos maintained in DD. (**F**) Comparison of *per1* RNA levels at ZT3 and ZT15 on day 2 in embryos transiently expressing  $\Delta$ CLK on day 1 and exposed to light for the first 12 h only (*P*>0.05, *n* = 10). (**G**) Comparison of *per1* RNA levels at CT9 and CT21 on day 2 in embryos subjected on day 1 to a temperature shift while transiently expressing  $\Delta$ CLK (*P*<0.0001, *n* = 10). These data demonstrate that CLK, a core component of the positive feedback loop, is already functional on the first day of development, although rhythmic transcription starts several days later.

We have shown that exposure to light or a temperature shift on the first day of development alone results in per1 RNA oscillations on subsequent days. Thus, we examined whether the transient expression of  $\Delta$ CLK in early embryos could abolish this effect. When zygotes are microinjected with  $\Delta clk$  RNA and exposed to light on the first day of development, a rhythm cannot be detected during the following day in DD (P > 0.05; Figure 6E and F, compare with Figure 2B). Furthermore, expression of  $\Delta$ CLK strongly dampened the per1 RNA rhythm observed on the day following a temperature shift (Figure 6G, compare with Figure 2D). Therefore, both light and temperature entraining signals exert an effect on the CLK transcription factor to synchronise the oscillator. Our results demonstrate that the CLK protein is essential for the onset of rhythmic per1 transcription, although oscillations in *clk* and *bmal* transcripts are not critical during the first days of development. Consequently, regulation of the CLK and BMAL proteins required for generating the per1 rhythm is most likely to occur at the post-transcriptional level, either through changes in protein degradation, phosphorylation or subcellular localisation. A precedent for this form of protein regulation has been reported for the mouse and Drosophila circadian system, where post-translational events are key to the generation of circadian rhythms (Kim et al, 2002; Kondratov et al, 2003). However, oscillations of CLK and BMAL are not always an absolute requirement for the generation of *period* rhythms (Zheng and Sehgal, 2008).

#### Ontogeny of a biological clock

The circadian clock starts autonomously within the first 12 h.p.f. The transcripts for numerous clock genes are maternally deposited in the embryo, including *clk1*, *bmal1*, *per1*, per2, but not cry1a. The levels of RNA decline rapidly between 3 and 9 h.p.f. for all of these genes, except for *clk* and bmal. Clearly, differential regulation of maternal RNAs is taking place in the context of clock molecules. Transcript levels for *clk* and *bmal* are elevated and constant until the fourth day of development in embryos subjected to LD cycles. We propose that these transcripts become active in the early night when *cry* is not expressed, leading to the increase in per1 RNA level at the end of the first day of development. This marks the autonomous onset of the first true embryonic clock cycle. However, when embryos do not experience an environmental entraining signal these oscillating clocks remain out of phase. The key difference between embryos raised on an LD cycle versus constant darkness is the light-dependent increase in *cry1a* and *per2* levels, which act to synchronise these early embryonic clocks.

As the pineal becomes functional at 20–24 h.p.f., and the retina at the end of the third day of development (Wilson and Easter, 1991; Easter and Nicola, 1996; Gothilf *et al*, 1999), a functional circadian clock is present in the embryo far before differentiation of specialised light-receptive structures is completed. As the peripheral clock is established first, peripheral circadian clock oscillations must be 'passed on' during differentiation to any developing central pacemaker cells. Rhythmic *clk1* and *bmal1* transcription first occurs on the fourth day of development. This transition may coincide with the development of the entire circadian system, and the phase during which the retina becomes functional (Easter and Nicola, 1996) followed by the retinal innervation of the putative zebrafish equivalent of the suprachiasmatic nucleus

(Burrill and Easter, 1994). This timing also corresponds to the gradual increase in the capacity of light to entrain circadian clock-regulated rhythmic locomotor activity (Hurd and Cahill, 2002). Furthermore, at this stage clock-gated rhythms in DNA replication are first established (Dekens et al, 2003). We demonstrated that *clk1* transcription is not rhythmic until the fourth day of development, whereas endogenous CLK is crucial for circadian clock function at an early stage. Thus, the regulation of the zebrafish embryonic circadian clock is different from that in the adult. It is an interesting possibility that clock-dependent output processes might not be strongly regulated until the *clk* and *bmal* genes establish a high amplitude level of transcriptional oscillation. The study of the molecular regulation of core clock components during development gives important insight into the ontogeny of circadian rhythms, and how output processes as divergent as behaviour and cell division are coupled during development to the circadian clock.

# Materials and methods

#### Animal maintenance

Zebrafish were raised following standard protocols (Mullins *et al*, 1994). Embryos were transferred to tissue culture flasks and submerged in thermostatically controlled water baths to maintain a constant temperature of  $28^{\circ}$ C. Embryos were illuminated with an Osram white fluorescent light source ( $180 \,\mu$ W/cm<sup>2</sup>).

#### RNase protection assay

RNA was extracted from embryos according to the manufacturer's protocol using TRIzol Reagent (Gibco BRL). The RNase protection assay was based on standard protocols (Gilman, 1993). For each sample, 8µg total RNA was hybridised overnight at 55°C with  $[\alpha^{-32}P]$ UTP-labelled (Amersham) probe. For  $\beta$ -actin protections, 3 µg total RNA was hybridised and the quantity of label and probe were adjusted. Absolute expression levels were quantified by exposing radiographs to a phosphor screen (Bio-Rad) and scanned with the Pharos FX phosphor scanner. The density of the bands was determined using Quantity One software. The density measured in counts was normalised by setting the highest expression level to 100%. All data displayed in charts were calculated using a sample size of 10. The standard error of mean was used to indicate the confidence interval (95%,  $\alpha\!=\!0.05).$  The significance of the difference observed between two treatments within one experiment was determined with the Student's t-test.

#### Transient 'knockdown' protocols

The zebrafish CLK1 was truncated, thereby removing the carboxylterminal part containing the glutamine-rich area and poly-glutamine box (Figure 5A). The 1.2-kb clk1 fragment (HindIII/XhoI) and a flag sequence were cloned into the pCLNCX vector (Retromax) resulting in a frame shift, thereby introducing a stop codon. This truncated flag- $\Delta clk1$  sequence with stop codon was subcloned into pCS2+. Synthesis of capped mRNA was performed with the SP6 mMessage mMachine components from Ambion using linearised plasmid. The transcript was purified and 500 pg  $\Delta clk$  mRNA was microinjected into each zygote. This dose did not result in abnormal morphology or a decrease in survival rate. Transient knockdown of per2 was accomplished by microinjecting zygotes with a morpholino-modified anti-sense oligonucleotide (Gene Tools) (Nasevicius and Ekker, 2000) designed to match the per2 initiation of translation region (per2(AUG)MO: 5'-GGTCTTCAGACATCGGACTTGGGTT-3') as previously described (Ziv and Gothilf, 2006).

#### Immunochemistry

Protein was extracted from embryos by shearing and low-speed centrifugation steps in 0.3 mM phenylmethylsulphonylfluoride (PMSF in Ringers; Roche), the supernatant was removed after each step, and the pellet was dissolved in cracking buffer with 1%  $\beta$ -mercaptoethanol and heated for 5 min at 95°C. Expression of  $\Delta$ CLK protein was determined by western blot analysis and

performed according to the manufacturer's manual (Bio-Rad). The flag-tagged  $\Delta$ CLK was labelled with the primary rabbit  $\alpha$ -flag (Sigma; F7425) and secondary goat  $\alpha$ -rabbit peroxidase-coupled antibody (Cell Signaling Technology; 7074). Detection was performed using ECL (Amersham) and the blot was exposed to Kodak X-ray film for several hours.

#### In situ hybridisation

*In situ* hybridisation was performed with a 1.7-kb anti-sense *per1* RNA fragment (*Spel/Sph*I) according to standard protocols (Schulte-Merker *et al*, 1992). Transcription and labelling for probe synthesis was executed using the Riboprobe Combination System from Promega, and digoxigenin-11-UTP (DIG) from Roche. After proteinase K treatment, the embryos were bleached with 5% peroxide (Sigma) in PBS-Tween under a bright light source. Embryos were hybridised at 63°C and thereafter labelled with sheep  $\alpha$ -DIG alkaline phosphatase-coupled antibody (Roche) in 2% blocking reagent (Roche) and 10% goat serum (Sigma). Sections were cut after

### References

- Allada R, White NE, So WV, Hall JC, Rosbash M (1998) A mutant *Drosophila* homolog of mammalian clock disrupts circadian rhythms and transcription of period and timeless. *Cell* **93**: 791–804
- Antoch MP, Song E-J, Chang A-M, Vitatema MH, Zhao Y, Wilsbacher LD, Sangoram AM, King DP, Pinto LH, Takahashi JS (1997) Functional identification of the mouse circadian clock gene by transgenic BAC rescue. *Cell* **89:** 655–667
- Bae K, Lee C, Sidote D, Chuang KY, Edery I (1998) Circadian regulation of a *Drosophila* homolog of the mammalian *Clock* gene: PER and TIM function as positive regulators. *Mol Cell Biol* **18**: 6142–6151
- Burrill JD, Easter SS (1994) Development of the retinofugal projections in the embryonic and larval zebrafish (*Brachydanio rerio*). *J Comp Neurol* **346:** 583–600
- Carr A-J, Whitmore D (2005) Imaging of single light-responsive clock cells reveals fluctuating free-running periods. *Nat Cell Biol* **7:** 319–321
- Cermakian N, Whitmore D, Foulkes NS, Sassone-Corsi P (2000) Asynchronous oscillations of two zebrafish CLOCK partners reveal differential clock control and function. *Proc Natl Acad Sci USA* **97:** 4339–4344
- Darlington TK, Wager-Smith K, Ceriani MF, Staknis D, Gekakis N, Steeves TDL, Weitz CJ, Takahashi JS, Kay SA (1998) Closing the circadian loop: CLOCK-induced transcription of its own inhibitors *per* and *tim. Science* **280**: 1599–1603
- DeBruyne JP, Noton E, Lambert CM, Maywood ES, Weaver DR, Reppert SM (2006) A clock shock: mouse CLOCK is not required for circadian oscillator function. *Neuron* **50**: 465–477
- Dekens MPS, Santoriello C, Vallone D, Grassi G, Whitmore D, Foulkes NS (2003) Light regulates the cell cycle in zebrafish. *Curr Biol* **13:** 2051–2057
- Easter SS, Nicola GN (1996) The development of vision in the zebrafish (*Danio rerio*). *Dev Biol* **180:** 646–663
- Gekakis N, Staknis D, Nguyen HB, Davis FC, Wilsbacher LD, King DP, Takahashi JS, Weitz CJ (1998) Role of the CLOCK protein in the mammalian circadian mechanism. *Science* **280**: 1564–1569
- Gilman M (1993) *Current Protocols in Molecular Biology*, pp 4.7.1–4.7.8. New York: John Wiley and Sons
- Gothilf Y, Coon SL, Toyama Ŕ, Namboodiri MA, Klein DC (1999) Zebrafish serotonin *N*-acetyltransferase: marker for pineal photoreceptor development and circadian-clock function. *Endocrinology* **140**: 4895–4903
- Hayasaka N, LaRue SI, Green CB (2002) *In vivo* disruption of *Xenopus* CLOCK in the retinal photoreceptor cells abolishes circadian melatonin rhythmicity without affecting its production levels. *J Neurosci* **22**: 1600–1607
- Hurd MW, Cahill GM (2002) Entraining signals initiate behavioral circadian rhythmicity in larval zebrafish. *J Biol Rhythms* **17**: 307–314
- Kazimi N, Cahill GM (1999) Development of a circadian melatonin rhythm in embryonic zebrafish. *Dev Brain Res* **117:** 47–52
- Kim EY, Bae K, Ng FS, Glossop NRJ, Hardin PE, Edery I (2002) *Drosophila* CLOCK protein is under posttranscriptional control and influences light-induced activity. *Neuron* **34**: 69–81

embedding stained embryos in Technovit 3040 (Heraeus Kulzer). Fluorescent *in situ* hybridisation was based on the standard *in situ* protocol with the following modifications: embryos were labelled with mouse IgG  $\alpha$ -DIG peroxidase-conjugated antibody (Jackson Laboratories) in 25% lamb serum and PBST. For detection, the tyramide substrate (Cy3) was used from Perkin Elmer (NEL741) and nuclei were visualised with DAPI (Sigma).

### Acknowledgements

We thank Amanda Carr and Daria Gavriouchkina for helpful discussions and critical reading of this paper. We are grateful to Mary Rahman, Linda Ariza-McNaughton and Chris Thrasivoulou for expert technical help. We thank Kathy Tamai, Silvia Castro, Gaia Gestri and Masatake Kai for technical advice. We thank Nicholas Foulkes for generously providing the  $\beta$ -*actin* protection and *period1 in situ* probes. This project was supported with funding from the Wellcome Trust.

- King DP, Zhao Y, Sangoram AM, Wilsbacher LD, Tanaka M, Antoch MP, Steeves TDL, Vitaterna MH, Kornhauser JM, Lowrey PL, Turek FW, Takahashi JS (1997) Positional cloning of the mouse circadian *Clock* gene. *Cell* 89: 641–653
- Kloss B, Price JL, Saez L, Blau J, Rothenfluh A, Wesley CS, Young MW (1998) The *Drosophila* clock gene double-time encodes a protein closely related to human casein kinase I ε. *Cell* **94**: 97–107
- Kondratov RV, Chernov MV, Kondratova AA, Gorbacheva VY, Gudkov AV, Antoch MP (2003) BMAL1-dependent circadian oscillation of nuclear CLOCK: posttranslational events induced by dimerization of transcriptional activators of the mammalian clock system. *Genes Dev* **17**: 1921–1932
- Lahiri K, Vallone D, Gondi SB, Santoriello C, Dickmeis T, Foulkes NS (2005) Temperature regulates transcription in the zebrafish circadian clock. *PloS Biol* **3**: 2005–2016
- Liu Y, Loros J, Dunlap JC (2000) Phosphorylation of the Neurospora clock protein FREQUENCY determines its degradation rate and strongly influences the period length of the circadian clock. *Proc Natl Acad Sci USA* **97:** 234–239
- Mullins MC, Hammerschmidt M, Haffter P, Nüsslein-Volhard C (1994) Large-scale mutagenesis in the zebrafish: in search of genes controlling development in a vertebrate. *Curr Biol* **4**: 189–202
- Nagoshi E, Saini C, Bauer C, Laroche T, Naef F, Schibler U (2004) Circadian gene expression in individual fibroblasts: cell-autonomous and self-sustained oscillators pass time to daughter cells. *Cell* **119**: 693–705
- Nasevicius A, Ekker SC (2000) Effective targeted gene 'knockdown' in zebrafish. *Nat Genet* **26**: 216–220
- Plautz JD, Kaneko M, Hall JC, Kay SA (1997) Independent photoreceptive circadian clocks throughout *Drosophila*. *Science* **278**: 1632–1635
- Price MA, Kalderon D (2002) Proteolysis of the Hedgehog signalling effector Cubitus interruptus requires phosphorylation by Glycogen Synthase Kinase 3 and Casein Kinase 1. *Cell* **108**: 823–835
- Reppert SM, Weaver DR (2001) Molecular analysis of mammalian circadian rhythms. *Annu Rev Physiol* **63:** 647–676
- Schulte-Merker S, Ho RK, Herrmann BG, Nüsslein-Volhard C (1992) The protein product of the zebrafish homologue of the mouse T gene is expressed in nuclei of the germ ring and the notochord of the early embryo. *Development* **116**: 1021–1032
- Shearman LP, Zylka MJ, Reppert SM, Weaver DR (1999) Expression of basic helix-loop-helix/PAS genes in the mouse suprachiasmatic nucleus. *Neuroscience* 89: 387–397
- Sun ZS, Albrecht U, Zhuchenko O, Bailey J, Eichele G, Lee CC (1997) RIGUI, a putative mammalian ortholog of the *Drosophila* period gene. *Cell* **90:** 1003–1011
- Tamai TK, Vardhanabhuti V, Foulkes NS, Whitmore D (2004) Early embryonic light detection improves survival. *Curr Biol* **14**: R104–R105
- Tamai TK, Young LC, Whitmore D (2007) Light signaling to the zebrafish circadian clock by cryptochrome 1a. *Proc Natl Acad Sci USA* **104**: 14712–14717

- Vallone D, Gondi SB, Whitmore D, Foulkes NS (2004) E-box function in a *period* gene repressed by light. *Proc Natl Acad Sci USA* **101**: 4106–4111
- Vuilleumier R, Besseau L, Boeuf G, Piparelli A, Gothilf Y, Gehring WG, Klein DC, Falcon J (2006) Starting the zebrafish pineal circadian clock with a single photic transition. *Endocrinology* **147:** 2273–2279
- Wager-Smith K, Kay SA (2000) Circadian rhythm genetics: from flies to mice to humans. *Nat Genet* **26**: 23–27
- Welsh DK, Yoo S-H, Liu AC, Takahashi JS, Kay SA (2004) Bioluminescence imaging of individual fibroblasts reveals persistent, independently phased circadian rhythms of clock gene expression. *Curr Biol* **14**: 2289–2295
- Whitmore D, Foulkes NS, Sassone-Corsi P (2000) Light acts directly on organs and cells in culture to set the vertebrate circadian clock. *Nature* **404**: 87–91

- Whitmore D, Foulkes NS, Strahle U, Sassone-Corsi P (1998) Zebrafish *Clock* rhythmic expression reveals independent peripheral circadian oscillators. *Nat Neurosci* 1: 701–707
- Wilson SW, Easter SS (1991) Stereotyped pathway selection by growth cones of early epiphysial neurons in the embryonic zebrafish. *Development* **112**: 723–746
- Young MW, Kay SA (2001) Time zones: A comparative genetics of circadian clocks. *Nat Rev Genet* 2: 702–715
- Zheng X, Sehgal A (2008) Probing the relative importance of molecular oscillations in the circadian clock. *Genetics* **178**: 1147–1155
- Ziv L, Gothilf Y (2006) Circadian time-keeping during early stages of development. *Proc Natl Acad Sci USA* **103:** 4146–4151
- Ziv L, Levkovitz S, Toyama R, Falcon J, Gothilf Y (2005) Functional development of the zebrafish pineal gland: light-induced expression of period2 is required for onset of the circadian clock. *J Neuroendocrinol* **17:** 314–320