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Reproductive Hormones Modify Reception of Species-Typical Communication Signals in a Female Anuran

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Abstract

In many vertebrates, the production and reception of species-typical courtship signals occurs when gonadotropin and gonadal hormone levels are elevated. These hormones may modify sensory processing in the signal receiver in a way that enhances behavioral responses to the signal. We examined this possibility in female túngara frogs (*Physalaemus pustulosus*) by treating them with either gonadotropin (which elevated estradiol) or saline and exposing them to either mate choruses or silence. Expression of an activity-dependent gene, egr-1, was quantified within two sub-nuclei of the auditory midbrain to investigate whether gonadotropin plus chorus exposure induced greater egr-1 induction than either of these stimuli alone. The laminar nucleus (LN), a sub-nucleus of the torus semicircularis that contains steroid receptors, exhibited elevated egr-1 induction in response to chorus exposure and gonadotropin treatment. Further analysis revealed that neither chorus exposure nor gonadotropin treatment alone elevated egr-1 expression in comparison to baseline levels whereas gonadotropin + chorus exposure did. This suggests that mate signals and hormones together produce an additive effect so that together they induce more egr-1 expression than either alone. Our previously published studies of female túngara frogs reveal that (1) gonadotropin-induced estradiol elevations also increase behavioral responses to male signals, and (2) reception of male signals elevates estradiol levels in the female. Here, we report data that reveal a novel mechanism by which males exploit female sensory processing to increase behavioral responses to their courtship signals.

Keywords

Amphibian; Acoustic communication; Midbrain; Gonadotropin; Immediate early genes

Introduction

Animal communication involves the production of species-typical signals that generally evoke a response in the receiver [Ryan, 1980; Searcy, 1992]. In many vertebrates, the production and reception of species-typical courtship signals occurs during the breeding season, when gonadotropin and gonadal hormone levels are elevated. Elevated gonadotropin and gonadal hormone levels are associated with increased signal production in a wide range of vertebrates and with an increase in the likelihood of evoking a behavioral response in signal receivers [Marler and Ryan, 1996; Thompson and Moore, 2003; for reviews see Ball et al., 2003; Bass and Zakon, 2005; Wilczynski et al., 2005]. One possible means by which these hormones might enhance behavioral responses in the signal receiver is by modifying the way in which the

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receiver processes the signal. Such hormone-dependent modification of signal processing occurs in several vertebrates, including humans [Hinde and Steele, 1964; Komisaruk et al., 1972; Wright and Crow, 1973; Elkind-Hirsch et al. 1992; Penna et al., 1992; Sisneros et al., 2004; Walpurger et al., 2004; Maney et al., 2006; see Zakon and Smith, 2002, for review], and such plasticity might even serve as an adaptable mechanism by which communication between sender and receiver is improved during the breeding season [Sisneros et al., 2004].

The production and reception of species-typical vocal signals is essential for male and female anurans to coordinate breeding behaviors [Wells, 1977]. Female anurans depend on the male's vocalizations to guide them toward him, a behavior referred to as phonotaxis. Phonotaxis behaviors are most robust when gonadal hormones are naturally elevated [Lynch and Wilczynski, 2005], and can be induced via peptide and gonadal hormone manipulation [Schmidt, 1984, 1985; Lynch et al., 2006]. Although it is not clear exactly which hormone or suite of hormones regulate phonotaxis behavior, we have previously reported that phonotaxis can be evoked using a gonadotropin hormone that in turn elevates gonadal steroid hormones, specifically estradiol, thus indicating that gonadotropin and gonadal hormones are involved in regulating phonotaxis. Here, we investigate whether the same gonadotropin modifies auditory processing of species-typical vocal signals in female túngara frogs (*Physalaemus pustulosus*).

Gonadotropin-induced modification of auditory processing is possible within the anuran auditory midbrain because one nucleus within this region contains steroid receptors [Kelley et al., 1975, 1978; Morrell et al., 1975; Kelley, 1980; di Meglio et al., 1987]. This nucleus is referred to as the torus semicircularis (TS) [Endepols et al., 2003] and is considered to be the homolog of the mammalian inferior colliculus [Wilczynski and Endepols, 2007]. It serves as a convergence point for parallel ascending auditory pathways, receives ascending and descending auditory inputs, and acts as a sensorimotor integrator [Wilczynski, 1988; Wilczynski and Endepols, 2007]. It is comprised of several sub-nuclei, of two of which the function is well understood. These sub-nuclei are the principal nucleus (PN) and the laminar nucleus (LN; fig. 1). The distinction between these sub-nuclei can be made on the basis of connections, cytoarchitecture, and chemoarchitecture [Potter, 1965; Endepols and Walkowiak, 2001; Wilczynski and Endepols, 2007]. The LN is the major output nucleus of the TS and has extensive connections to premotor and motor areas. Therefore, the LN acts as the audiomotor integrator [Endepols and Walkowiak, 2001]. The PN receives the majority of ascending auditory inputs and sends efferent connections to the thalamus, which in turn projects to the preoptic area, ventral hypothalamus and striatum [Wilczynski et al., 1993; Wilczynski and Endepols, 2007]. Because the hypothalamus receives auditory information via the thalamus, hypothalamic neurons respond to acoustic stimulation in male [Wilczynski and Allison, 1989; Allison, 1992] and female anurans [Hoke et al., 2005]. Consequently, the reception of communication signals induces hormone production in male [Burmeister and Wilczynski, 2000, 2001; Chu and Wilczynski, 2001] and female anurans [Lynch and Wilczynski, 2006].

Here, we investigate whether gonadotropin elevates activity-dependent gene expression in the auditory midbrain during the reception of species-typical signals. To assess this, we measured the induction of one activity-dependent immediate early gene (IEG), referred to as *egr-1* (early growth response 1). Activity-dependent immediate early genes, such as *egr-1*, are thought to be involved in a cascade that couples neuronal activation to long-term cellular changes [Clayton, 2000] and, therefore, these genes are frequently used in communication studies as a measure of neural activation [Mello et al., 2004; Hoke et al., 2004, 2005]. We address a question central to understanding how gonadotropic and gonadal steroid hormones act to coordinate breeding attempts between males and female anurans. We ask whether these hormones, which facilitate the production of species-typical vocal signals, also modify the processing of those signals in the receiver.

Materials and Methods

Experimental Design

Female frogs were collected in Gamboa, Panama, in July, 2004. All females in this study released their eggs and were then kept in acoustic isolation at the Smithsonian Tropical Research Institute for 15 days while reproductive hormones dissipated [Lynch and Wilczynski, 2005]. Females were housed in 10 gallon aquaria with five frogs per aquarium. Each aquarium contained water and a deep layer of leaf litter. A single toe clip distinguished the frogs from one another. Frogs were fed termites every other day. At 15 days post egg-laying, females were subcutaneously injected with either saline (n = 14) or 500 IU human chorionic gonadotropin (HCG; n = 14) in a 50 μ l volume. HCG administration followed the same procedures as in Lynch et al. [2006] in which we report the minimum HCG dose that elicits behavioral responses and the time required for this to occur. HCG is a ligand for luteinizing hormone receptors and to a lesser extent, follicle stimulate hormone receptors [Costagliola et al., 2005]. Therefore, HCG induces the production of gonadal steroids. After injection, females were placed in plastic bags with water and housed in sound attenuation boxes overnight. The plastic bags are acoustically transparent [Ryan and Rand, 1998]. Approximately 24 hours later, half of the females in the saline and HCG groups were exposed to natural mate choruses and the other half received no acoustic stimulation. The groups are as follows: saline + silence (n = 7); saline + chorus (n = 7); HCG + silence (n = 7); HCG + chorus (n = 7). The mate choruses were broadcast with the peak amplitude at 88 dB (20 µPa, respectively) for 30 min. Females were rapidly sacrificed via decapitation immediately after acoustic exposure (or exposure to silence). In order to capture mRNA that is expressed in response to only the acoustic stimulus, we needed to have the brain frozen almost immediately after the chorus exposure ended. Therefore, after rapid decapitation, the whole skull was placed in Optimal Cutting Temperature (OCT) embedding medium and flash frozen in liquid nitrogen, thereby eliminating the time required to remove the brain tissue from the skull, which ensured that the brain tissue would be frozen instantly after decapitation. The tissue was then shipped to University of Texas at Austin on dry ice, and stored at -80° C. The entire skull including the brain tissue was sectioned on a cryostat at 16 µ m thickness onto Superfrost Plus slides (Fisher Scientific, Santa Clara, Calif., USA) and stored at -80°C until processed for in situ hybridization.

HormoneAssays

We did not collect blood via the orbital sinus in the experimental animals because the puncture would significantly stress the animals, which might have impacted IEG expression. Therefore, the efficacy of HCG treatment was assessed in a separate group of females treated with HCG or saline. Blood was collected from these females approximately 24 h following treatment via orbital sinus puncture. These females were not sacrificed. Blood was centrifuged immediately and the plasma layer removed and placed in liquid nitrogen. The plasma was shipped to University of Texas on dry ice and stored at -20° C until assayed. Plasma volumes ranged from 5-20 µl. We used the plasma to first assay progesterone concentrations (n = 14 HCG; n = 10saline) and the remaining plasma was used to assay estradiol concentrations (n = 11 HCG; n = 8 saline). 20 µl of tritiated hormone (approximately 1,000 cpm) was added to each plasma sample. Hormones were extracted from the plasma using 3 ml of diethyl ether. Estradiol and progesterone concentrations were assayed using enzyme-linked immunosorbent (EIA) kits (Caymen Chemical: Ann Arbor, Mich., USA). The intra-assay variation was 14.2 and 8.5% for progesterone and estradiol, respectively. Each hormone was measured on a single plate. The progesterone EIA kits have 61% cross reactivity with pregnenolone, 7.2% for 17β estradiol, and 6.7% with 5 β -pregnan-3 α -ol-20-one. The detection limit of the progesterone kit is 10 pg/ml. The estrogen EIA kits have a 0.1% cross reactivity with testosterone and 5α -DHT, 0.07% for 17 α -estradiol, and 0.03% for progesterone and the detection limit is 8 pg/ml.

A Kolmogorov-Smirnov test revealed that the hormone concentration data were normally distributed. Comparison of progesterone and estrogen concentrations was done using independent samples t test. All reported values are mean \pm SE.

egr-1 mRNA in situ Hybridization

Plasmids containing *egr-1* DNA were obtained from K. Hoke and S. Burmeister. The plasmids were linearized by digestion with *EcoRV* and *BamHI* enzymes (InVitrogen; Carlsbad, Calif., USA). Linearized DNA was then purified using Qia quick Gel Extraction Kit (Qiagen; Valencia, Calif., USA) and the concentration of linear DNA was measured using mass spectrophotometry. Linear strands were used as a template to assemble a complimentary radiolabeled RNA probe (S35, Amersham; Piscataway, N.J., USA) using T7 (sense) and SP6 (antisense) polymerase enzymes (Maxiscript kit, Ambion; Austin, Tex., USA). Radiolabeled probes were purified using NucAway spin columns (Ambion). The quality of the probe was assessed using gel electrophoresis and the quantity was measured in a scintillation counter.

All tissue samples were simultaneously processed for *egr-1* in situ hybridization following procedures in Hoke et al. [2004,2005,2007]. After hybridization, the slides were dipped in 37° C Kodak NTB2 emulsion (VWR Scientific, Brisbane, Calif., USA), wrapped in light proof boxes and exposed in 4° C for 35 days. Tissue was developed with D19 developer (VWR) and Kodak fixer (VWR) then counterstained with cresyl violet and coverslipped with Permount (Fisher Scientific).

egr-1 Quantification and Analysis

A negligible amount of silver grains was found on tissue hybridized with sense probe and on background regions of the slide (i.e., areas with no tissue). The density of silver grains on the tissue hybridized with antisense probe was measured in two sub-nuclei of the TS, the PN and the LN (see fig. 1). Sections that were torn, folded or badly angled were excluded from the quantification. This reduced the overall sample size (see fig. 2 a, b for sample sizes). Four tissue sections representing the caudal TS were chosen for each subject and were separate from each other by at least 32 μ m. Five photomicrographs were taken using a 100 × objective (Olympus B × 60 microscope; Optronics camera) using systematic random sampling. We started sampling at the lateral most point of each nucleus and moved toward the midline in 150 μ m increments. Adobe Photoshop 7 was used to create digital grayscale versions of the photomicrographs, which were used to estimate the density of silver grains on top of cells (fig. 3). NIH Image J software was used to calculate the area of each digital photograph covered by cells and the area covered by silver grains. The mean cell area covered by silver grain pixels was calculated for each subject.

Statistical Analysis

A Kolmogorov-Smirnov test revealed that these data were normally distributed but the variances were not homogeneous. Log transformation of the data caused the variances to be almost homogenous and parametric statistics are robust to small violations in this assumption [Zar, 1996]. However, the conclusions remained unchanged whether we used logarithmically transformed data or our original data in a two-way ANOVA. The two-way ANOVA analyzed the main effect of gonadotropin and/or chorus exposure on *egr-1* induction. We also examined whether gonadotropin induced greater *egr-1* induction than the other treatments. Therefore, we also examine the effect of gonadotropin on *egr-1* induction using a one-way ANOVA with Tukey's post-hoc tests to determine which groups expressed significantly different *egr-1* levels. All reported values are mean \pm SE. Alpha values were set at 0.05.

Results

Hormone Assays

Estradiol concentrations were significantly elevated in females receiving 500 IU of HCG in comparison to females injected with saline (t = -3.7; p = 0.006), indicating that HCG is effective at elevating estradiol levels. The mean concentration of estradiol in saline injected females was 0.44 ± 0.31 ng/ml, whereas the mean concentration of estradiol in HCG injected females was 10 ± 2.58 ng/ml. Estradiol concentrations were within physiological range [Lynch and Wilczynski, 2005]. The mean concentration of progesterone in saline and HCG injected females was 3.53 ± 0.44 ng/ml and 3.91 ± 0.54 ng/ml, respectively. There was no significant difference in progesterone concentration between HCG and saline groups (t = -0.51; p = 0.62).

Expression of egr-1 in the LN

The results of the two-way ANOVA revealed that in the laminar nucleus there was a significant elevation in *egr-1* expression in females exposed to mate choruses as compared to the females exposed to silence (fig. 2 a; n = 24; DF = 1,20; F = 4.61; p = 0.04). There was also a significantly higher expression of *egr-1* in females treated with HCG as compared to females treated with saline (fig. 2 a; DF = 1,20; F = 7.83; p = 0.011). There was no significant interaction between hormone and acoustic treatment in the LN (DF = 1,20; F = 1.04; p = 0.319). The one-way ANOVA revealed that the *egr-1* levels were significantly different among the different treatment groups (F = 4.06; DF = 3; p = 0.02). Tukey's post-hoc comparisons revealed which groups were significantly different from each other. There was an almost significant elevation in *egr-1* levels between the chorus-exposed groups if HCG was administered (p = 0.06). In addition, when HCG + chorus exposure are presented together, *egr-1* levels are significantly different from baseline (HCG/chorus vs. saline/silence; p = 0.015). No other pairwise comparisons revealed a significant difference between groups.

Expression of egr-1 in the PN

In the principal nucleus, there was no significant elevation in *egr-1* expression in females exposed to mate choruses as compared to the females exposed to silence (n = 25; DF = 1,21; F = 2.2; p = 0.15). There was also no significant elevation in *egr-1* expression in females treated with HCG when compared to females treated with saline (DF = 1,21; F = 1.64; p = 0.21) and no significant interaction between these two factors (DF = 1,21; F = 0.15; p = 0.70; fig. 2b).

Discussion

Egr-1 levels are significantly elevated within the auditory midbrain of the female túngara frog when they are exposed to natural mate choruses or when they are treated with a gonadotropin. This effect occurs specifically in the laminar nucleus within the auditory midbrain. The LN projects to and receives input from motor control regions. Elevated motor-driven egr-1 induction does not occur within the LN [Hoke et al., 2007], however, the LN clearly relays auditory information to forebrain motor areas, indicating that in one sense it does indeed function as a sensorimotor integrator [Wilczynski and Endepols, 2007]. Therefore, it is unclear whether hormonal modification of neural responses within the LN alters sensory processing or whether it alters the integration of sensorymotor information or both. Nonetheless, alteration of either of these processes could ultimately alter behavioral responses [Thompson and Moore, 2000; Rose and Moore, 2002]. Although a similar pattern of egr-1 expression occurs within the principal nucleus within the auditory midbrain, egr-1 levels are not significantly elevated in response to natural mate choruses or gonadotropin treatment. This result might be due to the increased variability of egr-1 expression within the PN. Such variability requires a larger sample size to detect the effects of chorus exposure and gonadotropin treatment on egr-1 expression in the PN.

Significantly elevated chorus-induced egr-1 induction occurs within the LN in male [Hoke et al., 2004] and female túngara frogs [this study]. However, our present data reveals that in female túngara frogs chorus-induced egr-1 expression in the LN is enhanced after gonadotropin treatment. Pair-wise comparisons among experimental groups indicate that neither gonadotropins nor chorus exposure presented on their own induced a significant increase in egr-1 levels as compared to baseline levels. Furthermore, the level of egr-1 induction after hormone administration is roughly equivalent to the level of induction that occurs when mate signals are presented alone. However, presenting these two stimuli together produces an additive effect so that the two together induce more egr-1 expression than either alone. In essence, the hormone elevation makes the calls twice as stimulating to the auditory system than they would be otherwise.

In birds and anurans, the amount of activity-dependent gene expression that a signal induces within the auditory system often reflects the behavioral relevance of that signal [Mello et al., 2004]. For instance, greater activity-dependent gene induction occurs in auditory processing nuclei in response to species-typical signals as compared to non-typical signals [Hoke et al., 2004; Mello et al., 2004] and in response to attractive species-typical signals as compared to less attractive signals [Gentner et al., 2000; Sockman et al., 2002; Leitner et al., 2005]. These genomic auditory responses mirror behavioral responses in that attractive, species-typical signals are also more likely to evoke behavioral responses. In fact, Maney et al. [2003] reported that elevated activity-dependent gene expression within the female songbird's auditory forebrain occurs in response to songs that also elicit a copulation solicitation display. In male túngara frogs, a greater genomic response is elicited in the LN when males are exposed to species-typical signals as opposed to non-typical signals [Hoke et al., 2004]. Because we did not present females with sounds other than mate chorus, our data do not reveal whether this effect also occurs in female túngara frogs. However, we do know that gonadotropin and gonadal hormones alter the likelihood of a behavioral response to male mate signals and this behavioral change is reflected in the gonadotropin-induced alteration of *egr-1* within the auditory midbrain. As gonadotropin [Lynch et al., 2006] and gonadal steroid hormones elevate, there is a concurrent increase in the female's responses to conspecific signals as well as the range of signals the female will accept [Lynch and Wilczysnki, 2005; Lynch et al., 2006]. Thus, as gonadotropin and/or gonadal steroid concentrations rise, females become much more likely to respond to species-typical signals but also become less selective about the signals they will accept. Therefore, even though our data cannot reveal whether egr-1 induction is elevated in response to species-typical signals as opposed to heterospecific signals or sound in general, as is the case in birds, we show that egr-1 expression induced by species-typical signals is elevated even further by gonadotropin injections. So, even if gonadotropin were to enhance neural responses to non-typical signals as well, this would likely still result in an increase in behavioral response to species-typical signals, albeit with a concurrent increase in 'errors' or 'mistakes' in the behavioral response (i.e., responses to unattractive or even heterospecific signals; presented as a simple model in fig. 4). This is, in fact, the pattern of behavioral responses that we have previously reported [Lynch et al., 2006]. Future studies will reveal whether gonadotropin also alters *egr-1* levels in response to less attractive species-typical signals that are known to elicit a behavioral response when gonadotropin and gonadal hormones are elevated.

The current study, in combination with our previous studies, presents an intriguing mechanism by which male túngara frogs might exploit the female's auditory system in such a way that increases responses to their calls. That is because when a female is exposed to calling males for a number of days, her estradiol levels will significantly increase [Lynch and Wilczynski, 2006]. This increase in estradiol will, in turn, play a role in increasing the stimulatory effect that the male's call has on the female's auditory system [present data] and in turn, this might enhance the probability that the female will respond to the calling male [Lynch et al., 2005,

2006]. This presents an unusual mechanism by which males may exploit the female's auditory system in such a way that will enhance the probability of a response to their own calls.

Gonadotropin-induced modification of behavioral responses and possibly *egr-1* responses in the auditory midbrain might occur due to gonadotropin-induced alterations in a suite of other hormones. For instance, in female *Xenopus laevis*, receptivity to male signals increased with estrogen and progesterone administration; however, the greatest display of receptivity occurred when these gonadal hormones were paired with HCG injections [Kelley, 1982]. In female túngara frogs, the gonadotropin elevates estradiol levels, which could contribute to the behavioral and neural effects that occur with gonadotropin treatment. We cannot be sure whether progesterone plays a similar role because we were unable to detect gonadotropin-induced changes in progesterone levels. However, although it is the case that progesterone is elevated when females exhibit maximal receptivity [Kelley, 1982; Lynch et al., 2005], it has also recently been reported that estrogen administration on its own can evoke phonotaxis responses in female túngara frogs [Chakraborty and Burmeister, 2006]. Consequently, it is possible that both gonadotropin and gonadal hormones influence behavioral and possibly auditory neural responses.

In the present study, gonadotropin-induced modification of activity-dependent gene induction occurs expressly within the LN, the site of gonadal steroid receptor location within the auditory midbrain [Kelley et al., 1975, 1978; Morrell et al., 1975; Kelley, 1980; di Meglio et al., 1987]. Because gonadotropin induces elevated levels of estradiol, it is possible that estradiol in combination with other gonadal hormones mediates this effect. Therefore, it might be that gonadal steroid hormones directly modulate *egr-1* expression within the LN. Alternatively, *egr-1* expression may be modulated via projections from forebrain limbic areas, such as the hypothalamus and preoptic area that also concentrate steroid hormones [Endepols and Walkowiak, 1999]. Furthermore, gonadotropins such as HCG can directly alter neural activity within hypothalamic and preoptic neurons by activating LH receptors, which are present within the hypothalamus of Xenopus laevis [Yang et al., 2007]. If a similar distribution of LH receptors exists in túngara frogs, then gonadotropin-induced egr-1 expression within the auditory midbrain could result from HCG activation of LH receptors in the hypothalamus that in turn send modulatory projections to the auditory midbrain. Although it is unlikely, gonadotropin might also directly affect neurons in the auditory pathway. Therefore, modification of activitydependent genes in the midbrain might be due to hormones acting within the auditory midbrain itself or at distant sites that then project to the midbrain. The results presented here cannot distinguish between these possibilities.

Taken together, the results of our studies in female túngara frogs reveal a novel mechanism by which signalers might exploit a receiver's sensory system in a way that increases behavioral responses to their courtship signals. Such a mechanism is useful and possibly essential for coordinating breeding attempts between males and females.

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Fig. 1.

A section stained with cresyl violet showing the sub-nuclei in the torus semicircularis (TS) within the auditory midbrain of a female túngara frog. The TS is comprised of sub-nuclei, two of which are delineated. The division of these sub-nuclei can be distinguished by connections, cytoarchitecture, and chemoarchitecture. The laminar nucleus (LN) contains cell layers extending from the edge of the optic tectum (OT). The principal nucleus (PN) contains densely packed cells below the LN.



Fig. 2.

A Mean *egr-1* mRNA levels in the laminar nucleus (LN) of females treated with human chorionic gonadotropin (HCG) or saline then exposed to natural mate choruses or silence. **B** Mean *egr-1* mRNA levels in the principal nucleus (PN) of females treated with human chorionic gonadotropin (HCG) or saline then exposed to natural mate choruses or silence.



Fig. 3.

Four photomicrographs representing the quantitative difference in egr-1 mRNA expression in the laminar nucleus. A Egr-1 mRNA in saline/silence condition B Egr-1 expression in the saline/chorus condition. C Egr-1 expression in the HCG/silence condition. D Egr-1 expression in the HCG/chorus condition. These photographs are four of those used for quantitative analysis. The area within the field of view covered by black spots (silver grains) was counted to determine the amount of egr-1 expression. Cell bodies were stained with cresyl violet and the area was calculated to determine the area of the frame covered by cells. Scale bar = 1 µm.



Fig. 4.

Simple model illustrating how gonadotropin-induced modification of neural responses in the auditory midbrain might evoke behavioral responses. Auditory midbrain responses to species-typical signals are increased in the presence of gonadotropin and gonadal hormones. Behavioral responses to species-typical courtship signals also increase in the presence of these hormones. Gonadotropin-induced modification of neural responses in the auditory midbrain may also evoke behavioral responses to less attractive species-typical signals.