

# Interferon regulatory factor 4 differentially regulates the production of Th2 cytokines in naïve vs. effector/memory CD4<sup>+</sup> T cells

Kiri Honma\*, Daisuke Kimura\*, Norio Tominaga\*, Mana Miyakoda\*, Toshifumi Matsuyama<sup>†</sup>, and Katsuyuki Yui\*<sup>‡</sup>

Divisions of \*Immunology and <sup>†</sup>Cytokine Signaling, Department of Molecular Microbiology and Immunology, Graduate School of Biomedical Sciences, Nagasaki University, Nagasaki 852-8523, Japan

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**Interferon regulatory factor (IRF) 4 is a member of the IRF family of transcription factors and plays critical roles in the development of CD4<sup>+</sup> T cells into Th2 and Th17 cells. Using the infection model of *Nippostrongylus brasiliensis*, we have confirmed the critical roles of IRF-4 in Th2 development *in vivo* by using IRF-4<sup>-/-</sup> BALB/c mice. However, naïve IRF-4<sup>-/-</sup> CD4<sup>+</sup> T cells produced Th2 cytokines, including IL-4, IL-5, and IL-10, but not IL-2 or IFN- $\gamma$ , at levels higher than wild-type BALB/c CD4<sup>+</sup> T cells in response to T cell receptor stimulation. In contrast, effector/memory IRF-4<sup>-/-</sup> CD4<sup>+</sup> T cells did not exhibit increased production of Th2 cytokines. Knockdown of IRF-4 expression by using small interfering RNA promoted IL-4 production in naïve CD4<sup>+</sup> T cells but inhibited it in effector/memory CD4<sup>+</sup> T cells. These results indicate that IRF-4 plays differential roles in the regulation of Th2 cytokine production in naïve CD4<sup>+</sup> T cells and effector/memory CD4<sup>+</sup> T cells. IRF-4 inhibits Th2 cytokine production in naïve CD4<sup>+</sup> T cells, whereas it promotes Th2 cytokine production in effector/memory CD4<sup>+</sup> T cells.**

siRNA | IL-4 | *Nippostrongylus brasiliensis*

CD4<sup>+</sup> T cells play critical roles in the generation of protective immunity against a variety of pathogens by dictating the type of immune response that is effective against each pathogen encountered. The three types of effector CD4<sup>+</sup> T cells, Th1, Th2, and Th17, are characterized by their ability to produce signature cytokines IFN- $\gamma$ , IL-4, and IL-17, respectively (1, 2). Th2 cells produce IL-4, IL-5, and IL-13 and are responsible for humoral immunity and host immune responses against extracellular parasites. Differentiation of helper T cells is determined after encounter of naïve CD4<sup>+</sup> T cells with antigen (3, 4). Initiation of Th2 differentiation is potentiated by IL-4 during encounter of naïve CD4<sup>+</sup> T cells with antigen, but the early source of IL-4 that is important for Th2 differentiation under physiological conditions is unclear (5). Although innate immune cells such as basophils and natural killer (NK) T cells can produce IL-4, it has been shown that Th2 cells can develop from naïve CD4<sup>+</sup> T cells independently of IL-4 produced by non-T cells (6). Naïve CD4<sup>+</sup> T cells themselves can produce small amounts of IL-4 after antigen stimulation, which is sufficient for Th2 differentiation under certain conditions (7). Therefore, IL-4 production by naïve CD4<sup>+</sup> T cells must be tightly regulated to coordinate differentiation of effector helper CD4<sup>+</sup> T cells. Differentiation of helper CD4<sup>+</sup> T cells to Th1 or Th2 is genetically controlled, and the BALB/c strain possesses a genetic predisposition toward the development of Th2 cells (8). These strain differences appear to be controlled at several different levels, and the underlying mechanisms are not clearly understood (9–11).

IRF regulatory factors (IRFs) are a family transcription factors that bind to a specific DNA motif known as the IFN-stimulated response element (ISRE) and play critical roles in a variety of immune processes (12). One of the members, IRF-4, is expressed specifically in lymphocytes and macrophage/dendritic cells (13–17). In contrast to other IRF family members, the expression of IRF-4 in lymphocytes is induced by stimulation

of the antigen receptor and plays critical roles for the differentiation of naïve lymphocytes to effectors (13, 18). In T cells, IRF-4 plays a critical role in the differentiation of CD4<sup>+</sup> T cells to Th2 and Th17 effectors (19–22). However, IRF-4 is dispensable for Th1 development of CD4<sup>+</sup> T cells, and IRF-4<sup>-/-</sup> CD4<sup>+</sup> T cells can develop protective immunity during the early phase of *Leishmania major* infection. In these studies, IRF-4<sup>-/-</sup> mice of C57BL/6 (B6) genetic background, a Th1-biased strain, were used, and it was not clear whether mice with a Th2-biased genetic background also show defects in Th2 development in the absence of the IRF-4 gene.

To examine the role of IRF-4 in effector T cell development under a Th2-biased genetic background, we have backcrossed IRF-4<sup>-/-</sup> mice to the BALB/c strain. These mice did not develop Th2 immune responses even under strong Th2-biased conditions. Surprisingly, however, naïve IRF-4<sup>-/-</sup> CD4<sup>+</sup> T cells produced Th2 cytokines at levels much higher than BALB/c wild-type T cells, suggesting that IRF-4 negatively regulates production of IL-4 in naïve CD4<sup>+</sup> T cells. Further study showed that IRF-4 plays differential roles in the regulation of Th2 cytokine production by naïve vs. effector/memory CD4<sup>+</sup> T cells. IRF4 inhibits IL-4 production in naïve CD4<sup>+</sup> T cell, whereas it promotes IL-4 production in effector/memory CD4<sup>+</sup> T cells.

## Results

**IRF-4<sup>-/-</sup> Mice Are Sensitive to *Nippostrongylus brasiliensis* Infection.** IRF-4 knockout (KO) mice were backcrossed to BALB/c mice (IRF-4<sup>-/-</sup> mice) to examine the role of IRF-4 in T cell function under a Th2-biased genetic background. We investigated the response of BALB/c and IRF-4<sup>-/-</sup> mice to infection with *N. brasiliensis*, which normally induces strong Th2-biased immune responses. In BALB/c mice, expulsion of the adult worms occurred within 2 weeks after infection. In contrast, IRF-4<sup>-/-</sup> mice maintained similar numbers of intestinal worms for >3 weeks (Fig. 1A). In addition, IRF-4<sup>-/-</sup> mice did not show any signs of eosinophilia, a hallmark of the Th2 response, during the course of *N. brasiliensis* infection, whereas BALB/c mice exhibited eosinophilia with a peak at 2 weeks after infection (Fig. 1B). Expulsion of intestinal adult worms is critically dependent on IL-4 and IL-13 produced by T cells (23, 24). CD4<sup>+</sup> T cells were prepared from the draining lymph nodes of the infected mice,

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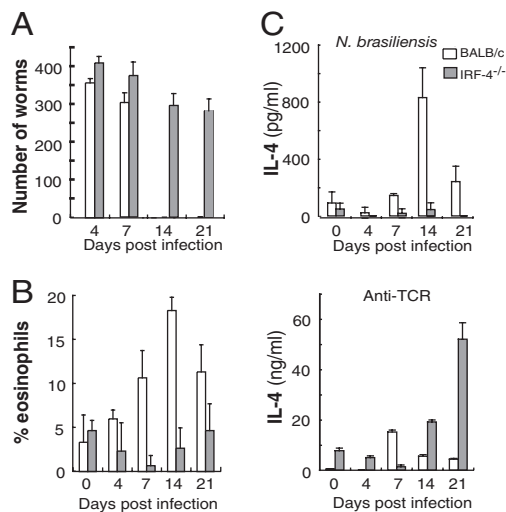
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<sup>‡</sup>To whom correspondence should be addressed at: Division of Immunology, Department of Molecular Microbiology and Immunology, Graduate School of Biomedical Sciences, Nagasaki University, 1-12-4 Sakamoto, Nagasaki 852-8523, Japan. E-mail: katsu@nagasaki-u.ac.jp.

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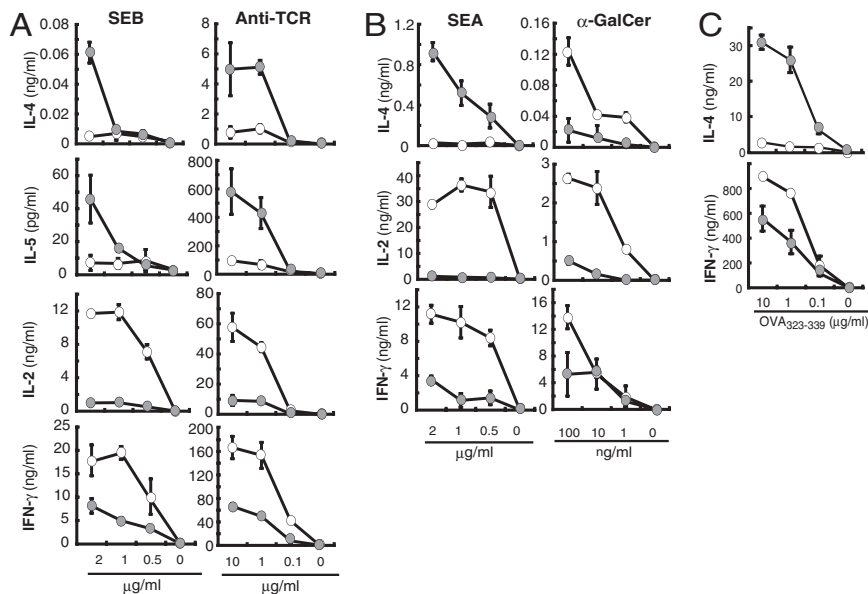


**Fig. 1.** IRF-4<sup>-/-</sup> mice are susceptible to *N. brasiliensis* infection. (A) BALB/c (open bars) and IRF-4<sup>-/-</sup> mice (filled bars) were infected with *N. brasiliensis* (500 organisms) s.c. at the base of the tail. Worm burden was analyzed after longitudinal dissection of the small intestine. The data represent the mean  $\pm$  SD with three mice per group. (B) Eosinophils in the peripheral blood were counted under a microscope. (C) Mesenteric lymph node cells ( $1 \times 10^5$ ) were collected on the indicated days after infection and were cultured in the presence of *N. brasiliensis* antigen (Upper) or on plates coated with anti-TCR mAb (Lower) for 48 h. The IL-4 levels in the supernatant were determined by ELISA. Representative results of three independent experiments are shown.

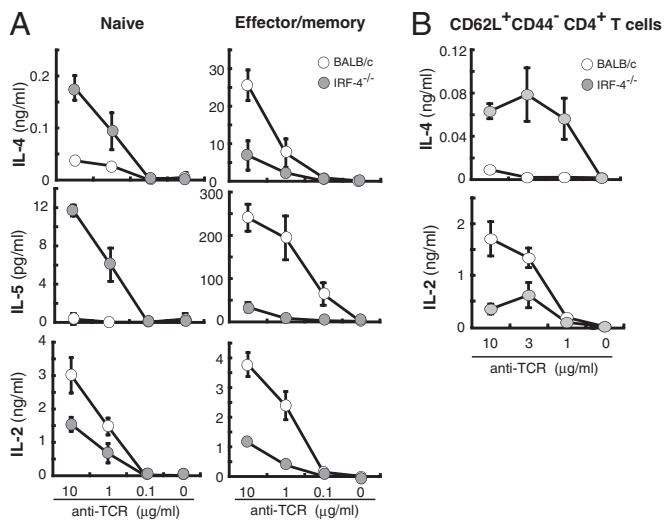
and their ability to produce IL-4 was determined by ELISA. CD4<sup>+</sup> T cells of BALB/c mice produced IL-4 in response to *N. brasiliensis* antigen, whereas those from IRF-4<sup>-/-</sup> mice did not (Fig. 1C). The lack of IL-4 production was not caused by a defect in antigen presentation by IRF-4<sup>-/-</sup> antigen-presenting cells (APCs) during the culture because IRF-4<sup>-/-</sup> CD4<sup>+</sup> T cells did

not produce IL-4 when cultured with wild-type BALB/c APCs pulsed with *N. brasiliensis* antigen (data not shown). In addition, IRF-4<sup>-/-</sup> mice showed Th1-based protective immune responses against infection with *L. major* [supporting information (SI) Fig. S1]. Collectively, these studies established that the Th2 response *in vivo* is critically dependent on IRF-4, even in mice genetically biased to Th2.

**IRF-4<sup>-/-</sup> CD4<sup>+</sup> T Cells Produce High Levels of Th2 Cytokines.** During the course of the study, we evaluated the ability of CD4<sup>+</sup> T cells to produce IL-4 in response to anti-T cell receptor (TCR) signals. Unexpectedly, CD4<sup>+</sup> T cells from IRF-4<sup>-/-</sup> mice produced IL-4 at levels higher than that produced by CD4<sup>+</sup> T cells from BALB/c mice when stimulated with anti-TCR mAb despite the lack of their antigen-specific IL-4 production (Fig. 1C). Therefore, we examined whether conventional CD4<sup>+</sup> T cells expressing  $\alpha/\beta$  TCR that recognize MHC/peptide antigens mediate the high IL-4 responses. CD4<sup>+</sup> T cells from BALB/c and IRF-4<sup>-/-</sup> mice were stimulated with APC pulsed with staphylococcal enterotoxin B (SEB) or with plate-coated anti-TCR mAb, and their ability to produce cytokines was determined (Fig. 2A). IRF-4<sup>-/-</sup> CD4<sup>+</sup> T cells produced IL-2 and IFN- $\gamma$  at levels lower than BALB/c CD4<sup>+</sup> T cells, consistent with previous studies (18, 20, 21). These T cells, however, produced IL-4 and IL-5 at levels much higher than BALB/c CD4<sup>+</sup> T cells when stimulated with SEB-pulsed APC or anti-TCR mAb (Fig. 2A). To determine whether conventional CD4<sup>+</sup> T cells or NK T cells produce high levels of IL-4 and IL-5, we stimulated these cells with staphylococcal enterotoxin A (SEA), which stimulates T cells expressing V $\beta$ 1, 3, 10, 11, 12, and 17; or with  $\alpha$ -galactocylceramide ( $\alpha$ -GalCer), which stimulates V $\alpha$ 14<sup>+</sup> NK T cells to determine whether conventional CD4<sup>+</sup> T cells or NK T cells produce high levels of IL-4 and IL-5 (Fig. 2B) (25). IRF-4<sup>-/-</sup> CD4<sup>+</sup> T cells produced higher levels of IL-4 and lower levels IL-2 and IFN- $\gamma$  in response to SEA compared with BALB/c CD4<sup>+</sup> T cells. To confirm that IRF-4<sup>-/-</sup> naive conventional CD4<sup>+</sup> T cells produce



**Fig. 2.** Conventional CD4<sup>+</sup> T cells from IRF-4<sup>-/-</sup> mice produce IL-4 at levels higher than wild-type CD4<sup>+</sup> T cells. (A) Splenic CD4<sup>+</sup> T cells ( $1 \times 10^5$ ) from BALB/c (open circles) or IRF-4<sup>-/-</sup> (closed circles) mice were cultured with mitomycin C-treated T-depleted spleen cells ( $5 \times 10^5$ ) pulsed with SEB or on plates coated with anti-TCR Ab for 48 h at the indicated concentrations. The cytokine levels in the supernatant were determined by ELISA. (B) Splenic CD4<sup>+</sup> T cells ( $2 \times 10^5$ ) from BALB/c (open circles) or IRF-4<sup>-/-</sup> (filled circles) mice were cultured in the presence of mitomycin C-treated T-depleted spleen cells ( $5 \times 10^5$ ) and SEA or  $\alpha$ -GalCer at the indicated concentrations for 48 h. (C) Naive CD4<sup>+</sup> T cells ( $1 \times 10^5$  CD62L<sup>+</sup>CD4<sup>+</sup> T cells) from DO11.10 (open circles) or IRF-4<sup>-/-</sup> DO11.10 (closed circles) mice were stimulated with mitomycin C-treated T-depleted spleen cells ( $4 \times 10^5$ ) in the presence of OVA<sub>323-339</sub> peptide (0–10  $\mu$ g/ml) for 48 h. Representative results of three independent experiments are shown.



**Fig. 3.** Th2 cytokine production by naive vs. effector/memory CD4<sup>+</sup> T cells is differentially regulated in IRF-4<sup>-/-</sup> mice. (A) Naive (CD62L<sup>+</sup>) or effector/memory (CD62L<sup>-</sup>) CD4<sup>+</sup> T cells (1 × 10<sup>5</sup> per well) from BALB/c (open circles) or IRF-4<sup>-/-</sup> (filled circles) mice were purified by sorting and were cultured with plates coated with anti-TCR mAb for 48 h. The percentage of CD62L<sup>+</sup> cells and CD62L<sup>-</sup> cells within BALB/c and IRF-4<sup>-/-</sup> CD4<sup>+</sup> T cells was 97–99% and >99%, respectively. Cytokine levels in the supernatant were determined by ELISA. Representative results of three independent experiments are shown. (B) CD62L<sup>+</sup>CD44<sup>-</sup> CD4<sup>+</sup> T cells (2 × 10<sup>5</sup>) from BALB/c (open circles) or IRF-4<sup>-/-</sup> (filled circles) mice were purified by sorting and were cultured on plates coated with anti-TCR mAb for 48 h. The purity of CD62L<sup>+</sup>CD44<sup>-</sup> CD4<sup>+</sup> T cells was >92%.

higher levels of IL-4, we have backcrossed DO11.10 TCR transgenic mice with IRF-4<sup>-/-</sup>BALB/c mice and examined the cytokine production of naive DO11.10 IRF-4<sup>-/-</sup> CD4<sup>+</sup> T cells in response to APC pulsed with OVA<sub>323–339</sub> peptide. These T cells produced higher levels of IL-4 and reduced levels of IFN- $\gamma$  in response to OVA<sub>323–339</sub> peptide (Fig. 2C), indicating that conventional IRF-4<sup>-/-</sup>CD4<sup>+</sup> T cells produced IL-4 at high levels in response to TCR stimulation. In contrast, total CD4<sup>+</sup> cells from IRF-4<sup>-/-</sup> mice produced IL-4, IL-2, and IFN- $\gamma$  at reduced levels in response to  $\alpha$ -GalCer (Fig. 2B). The proportion of CD4<sup>+</sup> NK T cells (DX5<sup>+</sup> cells) in IRF-4<sup>-/-</sup> mice was lower than BALB/c mice (Fig. S2), partly explaining the reduced IL-4 production of CD4<sup>+</sup> cells from IRF-4<sup>-/-</sup> mice in response to  $\alpha$ -GalCer (Fig. 2B). Purified CD4<sup>+</sup>DX5<sup>+</sup> cells from IRF-4<sup>-/-</sup> mice, however, produced equivalent or higher levels of IL-4 in response to  $\alpha$ -GalCer than those from BALB/c mice (Fig. S2), suggesting that IRF-4<sup>-/-</sup>CD4<sup>+</sup>DX5<sup>+</sup> NK T cells are able to produce sufficient levels of IL-4 in response to  $\alpha$ -GalCer.

#### IL-4 Production by Naive vs. Effector/Memory IRF-4<sup>-/-</sup>CD4<sup>+</sup> T Cells.

Peripheral CD4<sup>+</sup> T cells contain both naive and effector/memory-type T cells that can be distinguished by their cell surface phenotype such as CD62L. Naive lymphocytes have higher levels of CD62L expression than effector and effector memory T cells (26). The proportion of CD62L<sup>+</sup> cells in CD4<sup>+</sup> T cells was not significantly different between BALB/c and IRF-4<sup>-/-</sup> mice (data not shown). To determine which cell type produces higher levels of Th2 cytokines in IRF-4<sup>-/-</sup> mice, we prepared naive (CD62L<sup>+</sup>) and effector/memory (CD62L<sup>-</sup>) CD4<sup>+</sup> T cells and examined their cytokine production in response to anti-TCR mAb (Fig. 3A). Naive IRF-4<sup>-/-</sup>CD4<sup>+</sup> T cells produced IL-4 and IL-5 at levels higher than BALB/c naive CD4<sup>+</sup> T cells and IL-2 at reduced levels. Effector/memory CD4<sup>+</sup> T cells from IRF-4<sup>-/-</sup> BALB/c mice, however, produced IL-4, IL-5, and IL-2 at levels lower than BALB/c CD4<sup>+</sup> T cells.

CD62L<sup>+</sup>CD4<sup>+</sup> T cell population may contain central memory CD4<sup>+</sup> T cells (CD62L<sup>+</sup>CD44<sup>+</sup>) in addition to naive CD4<sup>+</sup> T cells (CD62L<sup>+</sup>CD44<sup>-</sup>). To confirm that naive CD4<sup>+</sup> T cells produce higher levels of IL-4, we purified CD62L<sup>+</sup>CD44<sup>-</sup>CD4<sup>+</sup> T cells by sorting and cultured in the presence of anti-TCR mAb (Fig. 3B). CD62L<sup>+</sup>CD44<sup>-</sup>CD4<sup>+</sup> T cells from IRF-4<sup>-/-</sup> mice produced IL-4 at levels higher than those BALB/c mice and IL-2 at reduced levels. Thus, we concluded that naive IRF-4<sup>-/-</sup>CD4<sup>+</sup> T cells rather than effector/memory IRF-4<sup>-/-</sup>CD4<sup>+</sup> T cells were responsible for the high levels of Th2 cytokines produced. We also determined the expression of Th2 cytokine mRNAs by naive CD4<sup>+</sup> T cells (Fig. S3). The expression levels of cytokine mRNA were detected basically in parallel to their protein production. Also, up-regulation of GATA3 mRNA expression was observed in naive IRF-4<sup>-/-</sup>CD4<sup>+</sup> T cells and not in BALB/c CD4<sup>+</sup> T cells. Taken together, these results suggest that IRF-4 plays an inhibitory role in the expression of Th2 cytokines in naive T cells. This inhibitory effect, however, was not seen in effector-type CD4<sup>+</sup> T cells.

To examine the mechanisms underlying the differential effect of IRF-4 in naive and effector/memory T cells, we compared the expression levels of IRF-4 in BALB/c CD4<sup>+</sup> T cells after stimulation with anti-TCR mAb. Naive (CD62L<sup>+</sup>) CD4<sup>+</sup> T cells expressed IRF-4 protein at a level significantly higher than effector/memory (CD62L<sup>-</sup>) CD4<sup>+</sup> T cells (Fig. 4A). We examined the kinetics of IRF-4 expression after T cell activation both at the RNA and protein levels (Fig. 4B and C). The expression of IRF-4 was induced after activation with TCR stimulation in both naive and effector/memory CD4<sup>+</sup> T cells. Compared with effector/memory CD4<sup>+</sup> T cells, however, naive CD4<sup>+</sup> T cells showed higher levels of IRF-4 mRNA expression at early hours after TCR stimulation. Similarly, intracellular staining of IRF-4 protein indicated that the expression of IRF-4 was induced at higher levels in naive CD4<sup>+</sup> cells than effector/memory CD4<sup>+</sup> cells during the early time point after activation (Fig. 4C). In contrast, the expression of IRF-1 was not induced in naive CD4<sup>+</sup> T cells and was only transiently increased in effector/memory CD4<sup>+</sup> T cells (Fig. 4B). These results indicate that the expression pattern of IRF-4 after T cell activation is distinct in naive and effector/memory CD4<sup>+</sup> cells.

#### Regulation of Th2 Cytokine Production by IRF-4.

To determine whether the ability of CD4<sup>+</sup> T cells to express Th2 cytokines is directly regulated by IRF-4, we reconstituted the IRF-4 gene in IRF-4<sup>-/-</sup>CD4<sup>+</sup> T cells by transfection. CD4<sup>+</sup> T cells reconstituted with IRF-4 produced reduced levels of IL-4 and IL-5 in response to anti-TCR mAb (Fig. S4). We next used the siRNA technique to inhibit expression of IRF-4 in CD4<sup>+</sup> T cells. Naive CD4<sup>+</sup> T cells were prepared by depletion of CD44<sup>high</sup> cells from total CD4<sup>+</sup> T cells. After transfer of IRF-4 siRNA by electroporation, cells were stimulated with anti-TCR mAb. Naive CD4<sup>+</sup> T cells expressing greatly decreased levels of IRF-4 produced IL-4 at levels much higher than control CD4<sup>+</sup> T cells in response to TCR stimulation at both the RNA and protein levels (Fig. 5A and B). We also evaluated the effect of inhibiting IRF-4 expression in effector/memory CD4<sup>+</sup> T cells because these cells normally produce IL-4 at levels higher than IRF-4<sup>-/-</sup> effector/memory CD4<sup>+</sup> T cells. Effector/memory CD4<sup>+</sup> T cells were prepared by depletion of CD62L<sup>+</sup> cells from total CD4<sup>+</sup> T cells, transfected with IRF-4 siRNA, and stimulated with anti-TCR mAb. The production of IL-4 by effector/memory CD4<sup>+</sup> T cells was significantly inhibited by IRF-4-specific siRNA at both protein and RNA levels (Fig. 5C and D). These results suggest that IRF-4 expressed in CD4<sup>+</sup> T cells differentially regulates Th2 cytokine production in naive and effector/memory CD4<sup>+</sup> T cells. IRF-4 is inhibitory to IL-4 production in naive CD4<sup>+</sup> T cells and is stimulatory in effector/memory CD4<sup>+</sup> T cells.







(purity, 97–99%) by using FACSAria (BD Biosciences) (Fig. 3A) or separated by using the CD4<sup>+</sup>CD62L<sup>+</sup> isolation kit (purity, 70–80%) (Miltenyi Biotec) (Fig. 4, 5). CD62L<sup>−</sup>CD4<sup>+</sup> T cells were purified by sorting (purity, >99%, Fig. 3A) or were prepared by treating the negative fraction of CD4<sup>+</sup>CD62L<sup>+</sup> isolation kit with complement at 37°C for 30 min to deplete the remaining CD62L<sup>+</sup> cells (purity, 93–97%, Figs. 4 and 5). T cells were stimulated with plate-bound anti-TCR $\beta$  mAb (H57) or mitomycin C-treated T-depleted spleen cells pulsed with  $\alpha$ -GalCer (KRN7000, Kirin Brewery), SEA (Toxin Technology), or SEB. Supernatant was collected 48 h after stimulation, and the levels of cytokines in the supernatants were determined by sandwich ELISA. IL-2, IL-4, and IFN- $\gamma$  levels were determined as described (17, 21). IL-5 levels were determined by an ELISA kit (R&D Systems). We did not find any significant differences in the cytokine profiles between CD62L<sup>+</sup>CD4<sup>+</sup> or CD62L<sup>−</sup>CD4<sup>+</sup> T cells that were purified by sorting and those purified by CD4<sup>+</sup>CD62L<sup>+</sup> isolation kit (data not shown).

For intracellular staining of IRF-4, CD62L<sup>+</sup>CD4<sup>+</sup> T cells and CD62L<sup>−</sup>CD4<sup>+</sup> T cells were purified by using a CD4<sup>+</sup>CD62L<sup>+</sup> isolation kit, stimulated with plate-coated anti-TCR mAb, fixed, and permeabilized by using Cytofix/Cytoperm kits (BD Pharmingen), and were stained with anti-IRF-4 Ab (Santa-Cruz Biotechnology), biotin-anti-goat IgG Ab, and phycoerythrin-streptavidin. Cells were analyzed by using FACScan (BD Biosciences) (Fig. 4C).

**Real-Time PCR.** RNA was prepared from cells by using Isogen (Nippon Gene). Total RNA (500 ng) was reverse-transcribed to cDNA by using random hexamers, and real-time PCR was performed as described in ref. 17. The mRNA expression was determined as the ratio of each DNA to glucose-3-phosphate dehydrogenase. The sequence of primers for GATA3 and Tbet was described in ref. 21. The sequences of other primer pairs are shown in Table S1.

**Western Blotting.** Cells were washed and resuspended in sample buffer. The lysate was size-fractionated on 12.5% SDS/PAGE and transferred to a PVDF membrane. The blot was blocked with 5% milk TBS-Tween, washed twice with PBS-Tween, and incubated with anti-IRF-4 Ab (Santa Cruz Biotechnol-

ogy). The membrane was incubated with horseradish peroxidase-anti-goat Ig Ab (MBL), washed, and visualized by using ECL reagent (Amersham Pharmacia). The same blot was stripped and reprobed with anti-actin Ab (Sigma).

**Transfection and RNA Interference Assay.** Full-length mouse IRF-4 cDNA was cloned into pcDNA3 (Invitrogen). CD4<sup>+</sup> T cells were prepared by using CD4<sup>+</sup> T cell isolation kit (Miltenyi Biotec) and AutoMACS, and were transfected with the plasmid DNA (30  $\mu$ g) by using a Nucleofector apparatus (Amaxa) in a 2.0-mm electroporation cuvette according to the protocol X-01. Three hours later, cells ( $5 \times 10^5$ ) were washed and seeded in 96-well flat-bottom plates coated with anti-TCR Ab and cultured for 48 h.

Double-stranded RNA for IRF-4 and control (22) were purchased from Takara Bio. CD4<sup>+</sup> T cells were prepared by using the CD4<sup>+</sup> T cells isolation kit (Miltenyi Biotec). Naive and effector/memory CD4<sup>+</sup> T cells were prepared from these cells by negative selection by using biotin-anti-CD44 mAb plus streptavidin-microbeads and FITC-anti-CD62L plus anti-FITC microbeads, respectively, followed by AutoMACS. Cells were transfected with FITC-labeled dsRNA (100 pmol) in a 2.0-mm electroporation cuvette according to the protocol X-01 by using a Nucleofector apparatus, and were cultured on plates coated with anti-TCR mAb for 4–48 h. The proportion of cells that incorporated the dsRNA was  $\approx$ 97% as assessed by flow cytometry.

**Statistics.** Significance levels were determined by the Mann-Whitney *U* test for unpaired observations. Results were considered significant when  $P < 0.05$ .

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