



Published in final edited form as:

Leuk Lymphoma. 2008 October ; 49(10): 1945–1953. doi:10.1080/10428190802304966.

Growth Control of Multiple Myeloma Cells through Inhibition of Glycogen Synthase Kinase-3

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Abstract

Anti-apoptotic pathways play a central role in the survival of multiple myeloma cells. The contribution of PI3-kinase and Akt kinase in mediating myeloma cell survival is well established although the role of glycogen synthase kinase-3 (GSK3) is less defined. In this study we determined the contribution of GSK3 in growth regulation of myeloma cells. We treated six different multiple myeloma cell lines with a Thiadiazolidinone (TDZD), a non-competitive inhibitor of GSK3 and determined its effects on proliferation and apoptosis. In addition we determined the activation of forkhead transcription factors (FOXO) in response to TDZD. TDZD inhibited proliferation and induced apoptosis of all myeloma cell lines. TDZD was also effective in inducing apoptosis of primary myeloma cells whereas CD34 positive normal hematopoietic cells were protected from apoptosis. Furthermore, TDZD-mediated inhibition of GSK3 resulted in dephosphorylation and activation of FOXO3a. In primary myeloma cells FOXO transcription factors were highly phosphorylated where as the levels of GSK3 phosphorylation was quite low. The levels of the pro-apoptotic proteins Fas ligand (FasL) and I κ B α increased after treatment with TDZD in myeloma cell lines. These studies provide the basis for further testing of GSK3 inhibitors in the clinical setting.

Keywords

myeloma; apoptosis; glycogen synthase kinase-3

Introduction

Multiple myeloma (MM) is a post-germinal center B cell malignancy characterized by the accumulation of terminal but incompletely differentiated, antibody-producing plasma cells in the bone marrow [1-3]. MM cells have low capacity for proliferation but are resistant to apoptosis. The interaction of the clonal plasma cells with the bone marrow micro-environment is crucial for the progression of MM [1]. In addition to being dependent on bone marrow stroma, plasma cells secrete high levels of cytokines including interleukin-6 (IL-6) and insulin-like growth factor-1 (IGF-1) that provide anti-apoptotic and the growth promoting signals to sustain the malignant clone [2-5]. Disruption of signaling pathways activated by these cytokines may provide a means to affect the growth and induce apoptosis of myeloma plasma cells. One of the key anti-apoptotic pathways in myeloma is the PI3-kinase/Akt signaling pathway [6-8]. In vitro inhibition of this pathway by PI3-kinase and Akt kinase inhibitors induce apoptosis. Recent studies have suggested that GSK3, one of the down-stream molecules of Akt kinase is potentially a good target for pharmacologic inhibition in cancer due to its role in cell cycle regulation/apoptosis and cell adhesion [9-11].

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GSK3 is a serine/threonine kinase expressed in all eukaryotes, which was originally discovered as part of the glycogen biosynthesis pathway. Subsequently it was demonstrated that this enzyme is involved in multiple biological processes including early embryonic development, cell cycle regulation and cell death [12,13]. Unlike most kinases phosphorylation of GSK3 leads to its inactivation. Akt kinase, mitogen-activated protein kinase-1 (MAPK) and p70 ribosomal S6 kinase-1 (S6K1) target GSK3 for phosphorylation at several serine and threonine sites [14]. Multiple growth factors exert their effects on GSK3 inactivation through different signaling cascades. For example insulin phosphorylates GSK3 via the Akt kinase pathway whereas epidermal growth factor targets GSK3 through the classical MAPK and as well as Akt pathway [15]. GSK3 phosphorylation by S6K1 is initiated by amino acids in human myocytes [16]. We have previously shown that addition of lithium chloride to multiple myeloma cells, an inhibitor of GSK3, resulted in dephosphorylation and activation of two members of the forkhead transcription factor family [17].

FOXO family of transcription factors is characterized by their conserved DNA-binding domain including three α -helices and two large loops. FOXO1a, FOXO3a, and FOXO4 are the three members of the FOXO family of transcription factors that are expressed in mammalian cells [17-20]. They play important roles in the regulation of cell cycle, apoptosis, and response to oxidative stress [19]. FOXO proteins regulate transcription of several pro-apoptotic genes including FasL and Bim [21]. They also regulate p27^{kip} gene transcription resulting in cell cycle arrest [18]. The activities of FOXO proteins are modulated by phosphorylation at several serine and/or threonine residues which blocks their translocation to the nucleus [21]. On the other hand non-phosphorylated form of FOXO proteins are localized to the nucleus and are transcriptionally active. In the context of understanding the growth regulation of myeloma, we examined the effect of GSK3 inhibition on FOXO transcription factors. In our current study we have demonstrated that inhibition of GSK3 by the non-competitive inhibitor, TDZD [22] suppresses growth and induces apoptosis in multiple myeloma cell lines through activation of forkhead transcription factors. We also demonstrate that primary plasma cells isolated from multiple myeloma patients show high level of phosphorylation/inactivation of forkhead transcription factors whereas phosphorylation of GSK3 is quite minimal. In addition our data also show that one of the FOXO transcription factor targets, Fas-L is activated in myeloma cell lines in response to treatment with TDZD.

Material and Methods

Cell Lines

Multiple Myeloma cell lines U266, NCI-H929, and RPMI-8266 were purchased from ATCC. MM.1S and MM.1R were kindly provided by Drs. Steven T. Rosen and Nancy Krett (Northwestern University, Chicago, IL). Dox10V was kindly provided by Dr. S.H. Lim (Texas Tech University Health Sciences Center, Amarillo, TX). All cell lines are maintained in RPMI-1640 containing 10% FBS, except MM.1S and MM.1R, which were maintained in RPMI-1640 containing 10% FBS, supplemented with antibiotics (100 units/ml penicillin, 100 μ g/ml streptomycin), fungizone (2.5 μ g/ml) (Invitrogen, Carlsbad, CA, USA), and plasmocin (5 μ g/ml) (InvivoGen San Diego, CA, USA).

Reagents

Anti-phospho (Ser²⁵⁶) FOXO1a, anti-phospho FOXO1a (Thr²⁴)/FOXO3a (Thr³²), anti-phospho GSK3, and antibody against FasL and I κ B α , GSK3 β were purchased from Cell Signaling Technologies (Beverly, MA, USA). Antibodies against phospho GSK3 β (Ser⁹) and non-phospho GSK3 α/β were purchased from Santa Cruz Biotechnology Inc. (Santa Cruz, CA, USA). Anti-tubulin antibody was purchased from NeoMarkers (Fremont, CA). Human CD138 micro beads were purchased from Miltenyi Biotec, Inc. (Auburn, CA, USA). Antibody against

CD138 and CD38 conjugated with fluorescent PE and FITC respectively were purchased from Beckman Coulter (Fullerton, CA, USA). GSK3 β inhibitor TDZD was from Santa Cruz Biotechnology or Bio Synthesis Inc. (Lewisville, TX, USA). MTT was purchased from Sigma-Aldrich (St. Louis, MO, USA). Protein G Sepharose 4 Fast Flow was purchased from Amersham Biosciences (Uppsala, Sweden).

Annexin V staining

Apoptosis of myeloma cells was assessed by annexin V-FITC apoptosis detection kit (BD Biosciences). Cells were treated with TDZD at the indicated concentrations, after 24 hrs cells were collected and washed with phosphate-buffered saline (PBS) and were stained with annexin V-FITC and PI according to manufacture's instructions. Samples were acquired on a flow cytometer (DakoCytomation, Glostrup, Denmark) and analyzed with Flowjo software (Tree Star, Inc. Ashland, OR, USA).

Cell Proliferation Assay (MTT)

Myeloma cell proliferation in response to TDZD was assessed by MTT assay, based on the method from Roche, Switzerland. Cells were seeded in 96-well flat bottom microtiter plate ($3-8 \times 10^5$ /ml) with varying concentrations of TDZD. After appropriate incubation period, MTT labeling reagent (5mg/ml in PBS) was added at 10 μ l/well, and incubation was continued in a cell culture incubator for 4-5 hrs. After solubilization buffer (10% SDS in 0.01M HCl) was added at 100 μ l/well, plates were incubated overnight to allow complete solubilization of the purple formazan crystals. The absorbance was measured at A570nm with AD340 Absorbance Detector from Beckman Coulter (Fullerton, CA, USA).

Immunoblotting and immunoprecipitation

Immunoprecipitation and Immunoblotting were performed as previously described [23].

In vitro kinase assay

In vitro kinase assay was performed following protocols provided by Upstate Biotechnology (Lake Placid, NY). Briefly, Glutathione-S-transferase (GST) tagged, full-length fusion FOXO1a protein (2 μ g) purchased from Upstate Biotechnology, Inc. was incubated with 10ng/ μ l of active recombinant GSK3 β enzyme (Upstate Biotechnology, Inc.) in kinase buffer (5X buffer; 500 μ M ATP, 75 mM MgCl₂, 40 mM MOPS, pH 7.2, 25 mM β -glycerophosphate, 5 mM EGTA and 1 mM DTT) for 30 minutes at 30°C. Kinase reaction was terminated by adding SDS-sample buffer and boiling for 5 minutes. Samples were separated on SDS-PAGE and immunoblotted using anti-phospho FOXO antibody that recognize phosphorylated forms of FOXO3a and FOXO1a (Cell Signaling Technologies, Beverly MA).

Isolation of plasma cells from multiple myeloma patient samples

Bone marrow aspirates were obtained from multiple myeloma patients after IRB approval and informed consent. These samples were separated over ficoll-hypaque (density=1.077g/ml) to obtain mononuclear cells. CD138 positive cells were isolated from the mononuclear cells using the antibody-coated paramagnetic micro beads in the VarioMACS™ cell isolation devise (Milteny Biotec, Inc.). The purity of the isolated CD138 positive cells was assessed by flow cytometry.

Results

Growth arrest of myeloma cells by GSK3 inhibition

We studied six different multiple myeloma cell lines to determine whether inhibition of GSK3 by TDZD inhibits growth and induces apoptosis. TDZD is a non-competitive inhibitor and

therefore more selective than compounds that bind the ATP binding pocket. The six cell lines studied have various chromosomal abnormalities and secrete different immunoglobulins consistent with different myeloma subtypes. In addition all six cell lines expressed syndecan-1 (CD138), a marker protein common to plasma cells and none of the lines are infected with EBV (Table 1). Myeloma cell lines were treated with varying concentrations of TDZD for 24 hrs and cell proliferation was determined by MTT cell proliferation assay. As shown in figure 1, proliferation of all of the myeloma cell lines was inhibited to a variable degree by TDZD treatment. MM.1S ($IC_{50} = 2.6\mu M$), MM.1R ($IC_{50} = 5.7\mu M$), and NCI-H929 ($IC_{50} = 5.6\mu M$) cells were highly sensitive to TDZD treatment whereas U266 ($IC_{50} = 16.6\mu M$), RPMI-8266 ($IC_{50} = 13.2\mu M$) and Dox10V ($IC_{50} = 30\mu M$) required higher concentrations for inhibition. The range of sensitivity to the drug among various myeloma lines reflected the diverse biochemical characteristics exhibited by these cells as shown in Table 1. The IC_{50} values listed in table 1 reflect the compound concentration that inhibited 50% of cell growth after treatment for 24 hrs.

Induction of apoptosis by TDZD

We then determined whether treatment of myeloma cell lines with TDZD induces apoptosis of myeloma cells. Cells were treated with two concentrations of TDZD for 24 hrs and analyzed by annexin-V and PI staining. As shown in figure 2, after 24 hours of TDZD treatment, all six cell lines showed apoptosis. MM.1S, MM.1R, and H929 myeloma cell lines were very sensitive to apoptosis, but U266, RPMI required higher doses to achieve a similar level of apoptosis. Dox10V cell line was most resistant to TDZD exhibiting very little apoptosis even at the higher dose (Fig. 2A). Overall these results were consistent with the data for proliferation where we observed MM.1S and MM.1R to be very sensitive to the drug where as RPMI-8266 and Dox10V were less responsive to growth suppression. We then tested whether myeloma cells isolated and cultured in the presence of TDZD will undergo apoptosis. We isolated CD138 positive plasma cells from the bone marrow of three myeloma patients and cultured for 24 hrs in the presence and absence of TDZD. In addition we also cultured CD34 positive normal hematopoietic early progenitors with and without TDZD. Our results showed that primary myeloma plasma cells treated with TDZD were very sensitive to apoptosis compared to untreated cells (Fig 2B). Furthermore CD34 early hematopoietic cells were not affected by the treatment of TDZD during the 24 hrs treatment (Fig. 2 B).

Inhibition of GSK3 by TDZD affects FOXO transcription factors

In order to determine the effect of TDZD on phosphorylation (inactivation) of GSK3, we performed immunoblot analysis using the U266 myeloma cell line after treatment with increasing concentrations of TDZD. Addition of TDZD to U266 cells increased phosphorylation/inactivation of GSK3 in a dose dependent fashion (Fig. 3A). Both GSK3 α and GSK3 β isoforms were affected by TDZD although the GSK3 α isoform was the prominent protein that was phosphorylated in myeloma cells (Fig. 3A). We then determined whether FOXO3a, one of the members of the FOXO family of proteins is also attenuated in response to TDZD treatment. Addition of increasing concentrations of TDZD dephosphorylated FOXO3a in a dose dependent manner suggesting that inhibition of GSK3 activated FOXO transcription factors (Fig. 3B). To further investigate whether FOXO proteins acts as substrates for GSK3 enzyme, we performed *in vitro* kinase assays. We incubated recombinant FOXO1a-GST fusion protein in the presence of active GSK3 enzyme, kinase buffer containing ATP and analyzed the reaction products by immunoblotting against an anti-phospho FOXO antibody that recognize phosphorylated form of FOXO1a. Our results showed that both full-length and truncated versions of FOXO1a were phosphorylated by GSK3 whereas GST protein, which was used as a control, was not phosphorylated (Fig. 3C).

Phosphorylation of FOXO transcription factors in primary myeloma plasma cells

In order to determine whether plasma cells isolated from multiple myeloma patients exhibit highly phosphorylated (inactive) forms of FOXO proteins, we first analyzed bone marrow samples obtained from patients for the level of CD138 and CD38 surface protein expression. Most myeloma patients have large number of plasma cells in their bone marrow, which is part of the malignant clone. These malignant cells were purified by selecting for CD138 positive cells. Flow cytometry analysis for CD138 and CD38 expression levels from a patient bone marrow sample is shown in Figure 4A. We used thirteen bone marrow samples from myeloma patients to purify malignant plasma cells using CD138 immunomagnetic beads prior to determining the levels of phosphorylation of FOXO family members by immunoblot analysis. The results of immunoblot analysis using phospho-specific FOXO antibody are shown in Figure 4B. This experiment showed that a majority of patient samples exhibited high level of phosphorylation of FOXO proteins (Fig. 4B). We then reprobred the same blot to determine the phosphorylation status of GSK3 and found that a majority of the samples had low level of GSK3 phosphorylation suggesting that high-level of GSK3 activity co-relates with inactivation/phosphorylation of FOXO transcription factors (Fig. 4B).

Activation of apoptotic cascades by TDZD-mediated GSK3 inhibition

To further understand the mechanism of action of GSK3 inhibition by TDZD we examined the expression of FasL and one of the targets of I κ B kinase (IKK) complex, I κ B α . FasL is a positive effector of apoptosis and is one of the targets of FOXO transcription factors in multiple cell types. On the other hand the pro or anti-apoptotic outcome of I κ B α upregulation is context and cell type specific [24]. We performed a time course experiment where U266 and MM.1S myeloma cells were incubated with TDZD over various period of time and examined the level of FasL by immunoblot analysis. Our data showed that levels of FasL increased over the time period the cells were exposed to TDZD (Fig. 5A) whereas tubulin, which was used as a protein loading control remained constant. In a parallel experiment we also examined the level of I κ B α protein levels in both MM.1S and U266 cell lines and found that TDZD up regulated I κ B α although the effect was greater in U266 cell line suggesting that inhibition of GSK3 by TDZD affects several downstream proteins that are associated with apoptosis (Fig. 5B).

Discussion

The role of PI3-kinase and protein kinase B pathway in providing anti-apoptotic signals in multiple myeloma cells is well documented [6,25,26]. However, the impact of GSK3 inhibition and its influence on FOXO transcription factors in regulating growth and survival of myeloma cells have not been studied. Furthermore, almost all small molecule drugs that are being developed to regulate growth and induction of apoptosis are ATP competitive inhibitors, which are likely to affect other kinases as well. In the current study we examined the use of a non-competitive ATP inhibitor of GSK3 to determine the impact on growth/apoptosis of myeloma cells and the effect of GSK3 inhibition on several important downstream regulators. In a previous study we had observed that relatively high concentrations of lithium and SB216763, two agents that are known to inhibit GSK3 affected the growth of the myeloma cell line RPMI8226 [26]. Therefore, we investigated other inhibitors that have been developed to regulate GSK3 inhibition in neuronal cells and found that the ATP non-competitive inhibitor, TDZD, was very effective in suppression of myeloma cell proliferation and induction of apoptosis. We showed that this inhibitor induced apoptosis in multiple myeloma cell lines. Moreover, we showed that GSK3 inhibition by TDZD induces apoptosis of primary myeloma plasma cells but spares CD34-positive early hematopoietic cells suggesting that TDZD may be potentially useful to purge hematopoietic stem cell autografts of malignant plasma cells.

We also provide several lines of evidence for regulation of FOXO transcription factors by GSK3. Although PKB is well-established as the primary kinase responsible for phosphorylation and inactivation of FOXO transcription factors, it is likely that other kinases such as GSK3 also directly influence the activity of FOXO transcription factors. Our current data provide several lines of evidence for regulation of FOXO transcription factors by GSK3. First we are able to show that a highly specific inhibitor of GSK3 dephosphorylates FOXO3a, one of the members of the FOXO family. Secondly, we demonstrate that FOXO proteins are substrates for GSK3 enzyme. Finally, we were able to demonstrate that FOXO transcription factors are inactive/phosphorylated in myeloma patient samples contributing to increased survival of myeloma cells as a result of suppression of FasL and the cell cycle inhibitor p27^{kip}, which are transcriptional targets of FOXO transcription factors [21,27]. Therefore the high-level of inactivation/phosphorylation of FOXO proteins seen in myeloma patient samples could potentially be reversed by GSK3 inhibition leading to apoptosis of myeloma cells. In addition to examining downstream targets of PKB such as GSK3 and FOXO proteins we also examined the effect of TDZD on the NF-kappa B pathway, a key signaling pathway affected in myeloma [7,28]. Specifically we examined the level of IκBα in response to TDZD treatment in MM cell lines and found that protein level of IκBα steadily increased with time after inhibition of GSK3. These results were in agreement with several studies at least in other cell types where it has been demonstrated that regulation of the NF kappa B signaling cascade through modulation of one or more components of the IκB kinase complex [28-30].

We also provide evidence for selective nature of TDZD especially in protecting early CD34 positive hematopoietic cells from apoptosis. One of the standard therapies used for the treatment of multiple myeloma is transplantation of peripheral blood-collected CD34 positive hematopoietic cells although often residual malignant cells are present in these grafts [31-34]. Therefore by devising means to *in vitro* purge these grafts we will be able to reduce or eliminate the possibility of relapse of the disease. Moreover, two studies have demonstrated that inhibition of GSK3 by small-molecule drugs have the potential of expanding the early hematopoietic stem cells, which are needed for long-term engraftment of the hematopoietic compartment [35,36]. Therefore, utilization of ATP non-competitive inhibitors such as TDZD and its derivatives will potentially accomplish two objectives in the context of treating multiple myeloma. Future studies will focus on testing GSK3 inhibitors in myeloma mouse models and determining whether paracrine effects of the bone marrow microenvironment can be overcome to induce apoptosis of myeloma cells.

Acknowledgements

This work was supported in part by National Cancer Institute grant CA98550 (AW) and the Multiple Myeloma Research Foundation.

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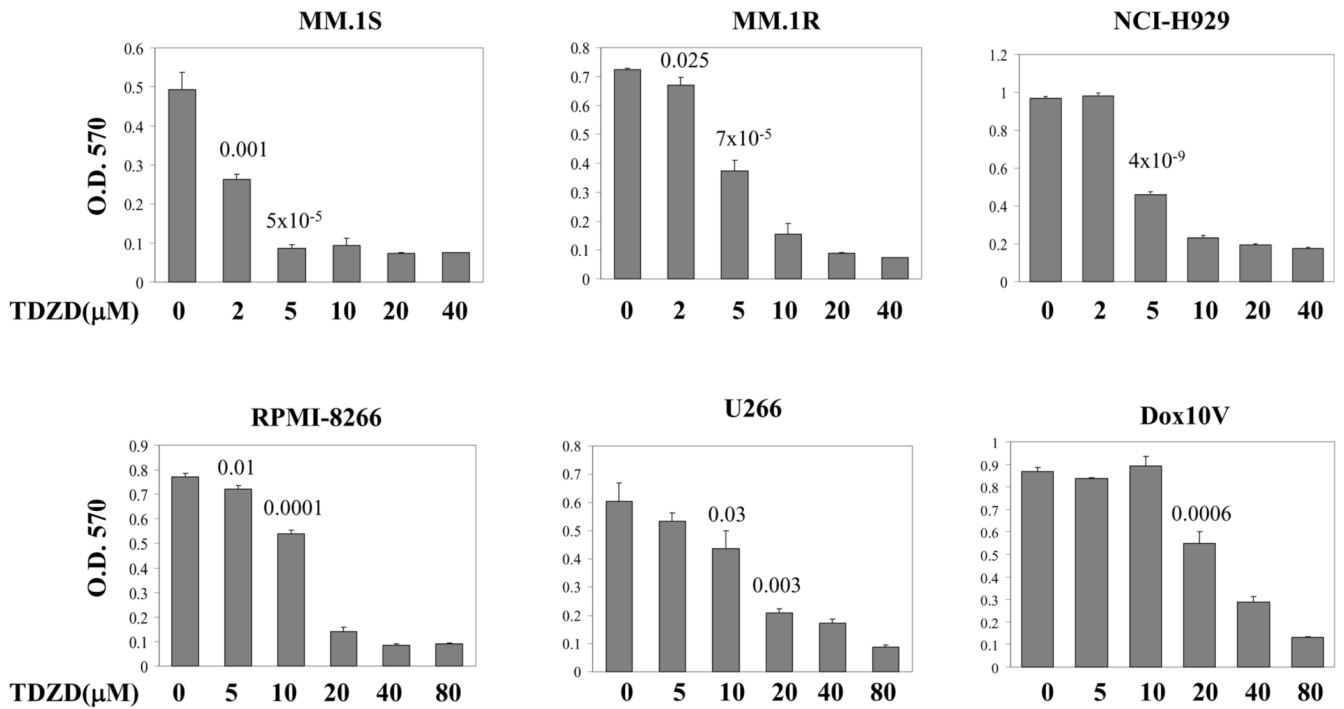


Figure 1.

The effect of inhibition of GSK3 activity on the proliferation of myeloma cells. Myeloma cell lines MM.1S, MM.1R, NCI-H929, U266, RPMI-8266, and Dox10V were cultured in the absence or presence of various concentrations of TDZD as indicated for 24 hrs. MTT cell proliferation assay was performed on each sample. The data are mean of triplicate determinations. P values are indicated for data that showed statistical significance.

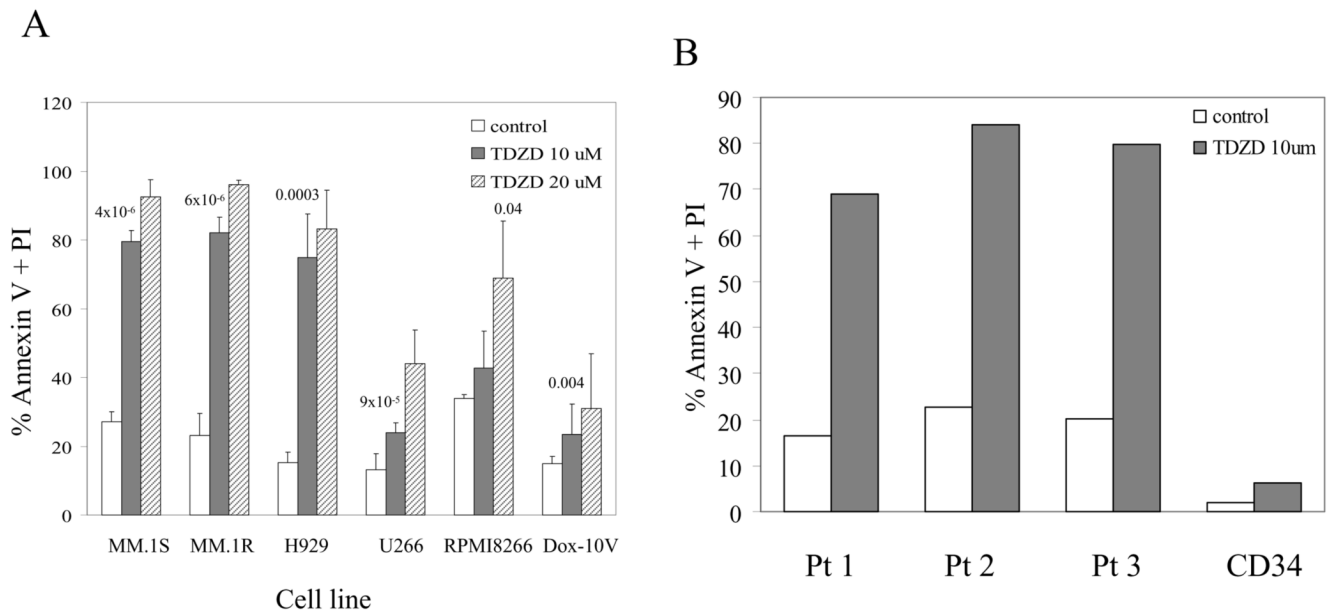


Figure 2.

Induction of apoptosis of myeloma cells by GSK3 inhibition. (A) Myeloma cell lines MM.1S, MM.1R, NCI-H929, U266, RPMI-8266, and Dox10V were cultured in the absence or presence of TDZD at indicated concentrations for 24 hrs. Cells were analyzed for apoptosis by flow cytometry after staining for Annexin V/PI. The data shown are mean of triplicate experiments. (B) Primary myeloma cells ($CD138^+$) isolated from 3 patients (Pt) and early hematopoietic progenitors ($CD34^+$) from a normal donor were cultured in the absence or presence of TDZD for 24 hrs prior to evaluating for apoptosis.

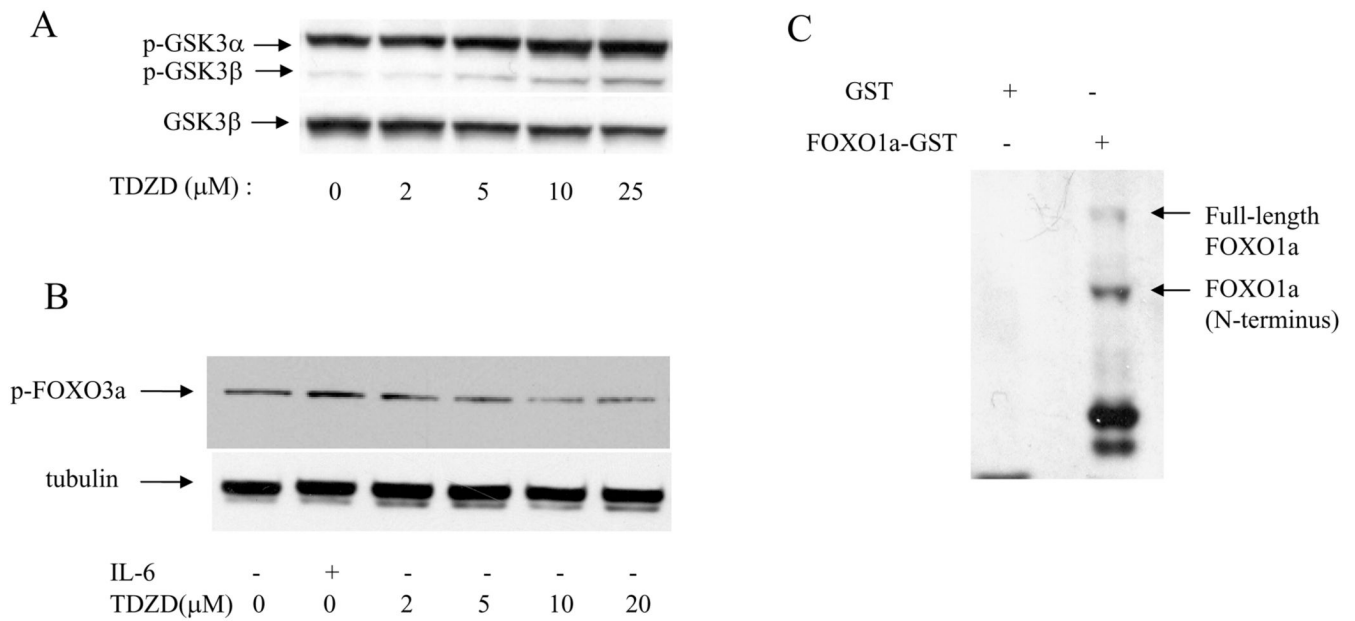


Figure 3.

Inhibition of GSK3 activity leads to activation of FOXO3a transcription factor in myeloma cells. (A) U266 cells were cultured in low serum for 20 hrs in the presence or absence of increasing concentrations of TDZD prior to analysis by SDS-PAGE, and immunoblotting against an anti-phospho GSK3 antibody. The same blot was subsequently immunoblotted against a non phospho GSK3 antibody for protein loading. (B) U266 cells were cultured in low serum for 20 hrs in the presence or absence of TDZD prior to analysis by SDS-PAGE and immunoblotting against phospho-FOXO3a antibody. One sample was also analyzed after stimulation with 50ng/ml of IL-6 for 30 minutes. The same blot was subsequently immunoblotted against a tubulin antibody for protein loading.

(C) Inactivation/phosphorylation of FOXO3a transcription factors by GSK3 β . GST-FOXO1a fusion protein was incubated with recombinant GSK3 β in the presence of ATP in kinase buffer. The reactions were resolved by SDS-PAGE, and blotted with anti-phospho-FOXO antibody that recognizes phosphorylated forms of FOXO3a and FOXO1a.

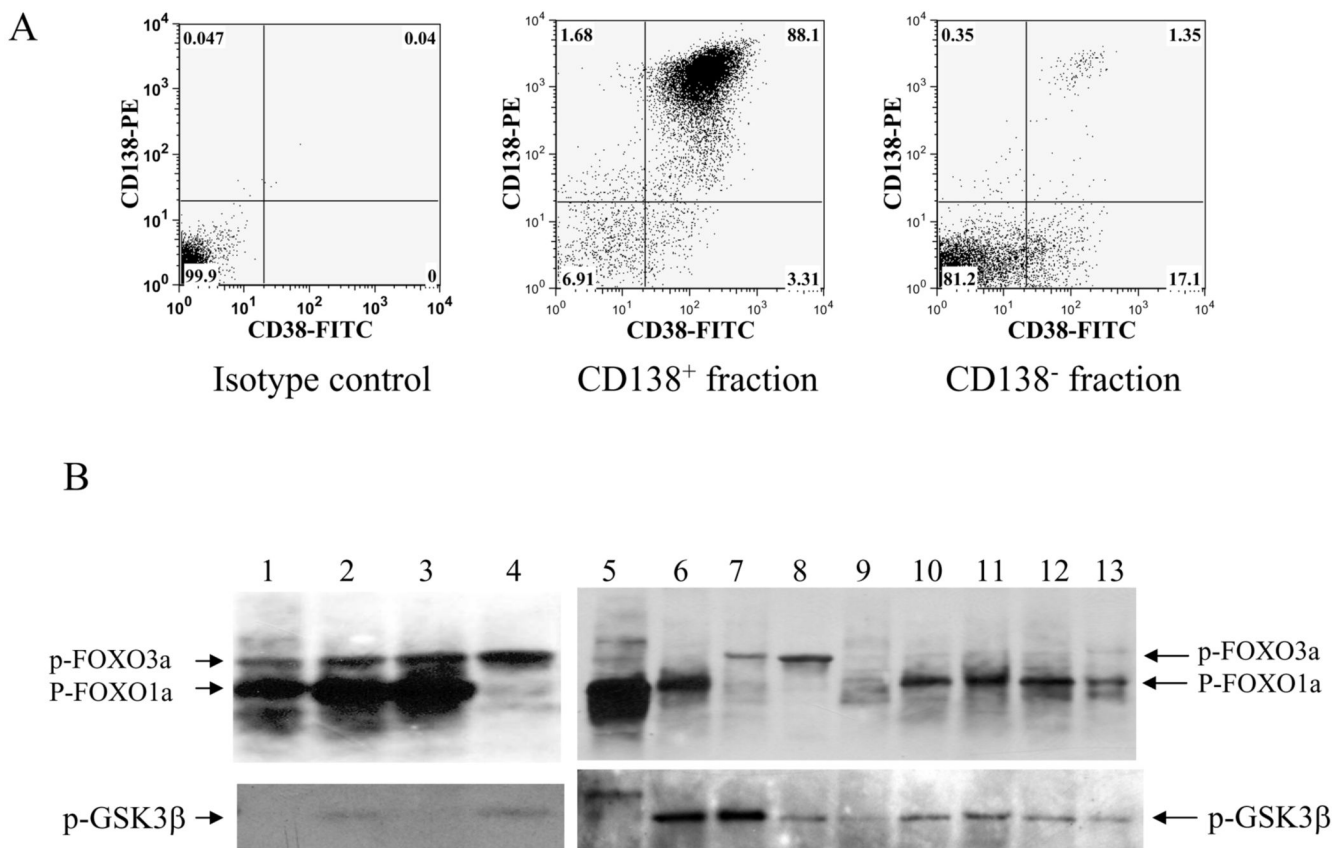
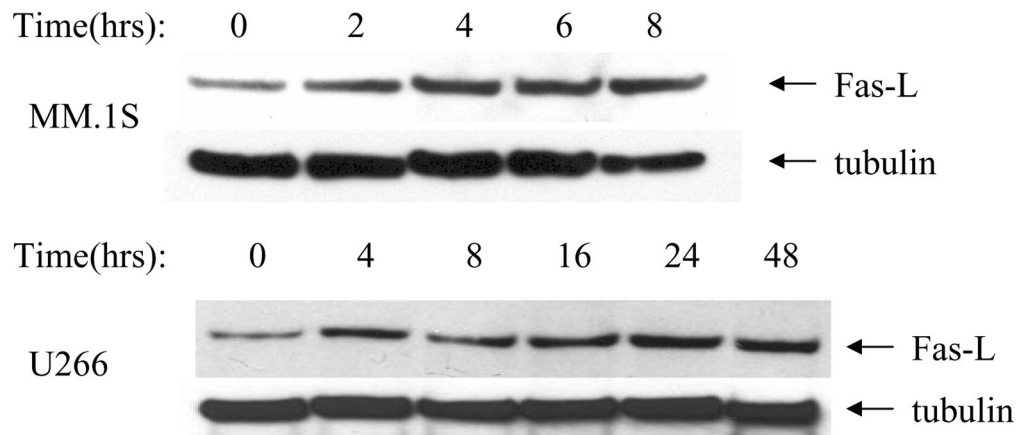
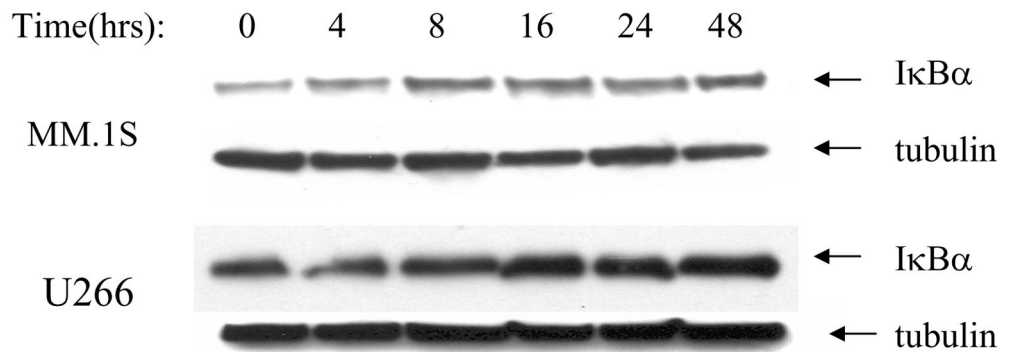


Figure 4. Phosphorylation of FOXO transcription factors and GSK3 in primary myeloma patient samples. (A) Bone marrow mononuclear cells from a bone marrow aspirate of a myeloma patient was selected for CD138⁺ cells and analyzed by flow cytometry to confirm enrichment of plasma cells. (B) Total cell lysates from CD138 positive plasma cells were analyzed by SDS-PAGE and probed with anti-phospho-FOXO3a/FOXO1a and anti-phosphoGSK3β antibodies.

A



B

**Figure 5.**

Expression of Fas-L and I κ B α in response to TDZD treatment (A) MM.1S and U266 cells were treated with 10 μ M TDZD for various time periods as indicated. Cells were collected and total cell lysates were analyzed by SDA-PAGE and immunoblotted with anti-Fas-L antibody. Subsequently the same blots were probed with anti-tubulin antibody as a protein loading control. (B) MM.1S and U266 cells were treated with 10 μ M TDZD for various time periods as indicated. Cells were collected and total lysates were analyzed by SDA-PAGE and immunoblotted with anti-I κ B α antibody. Subsequently the same blots were probed with anti-tubulin antibody for loading control.

Table 1

Characteristics of Multiple Myeloma Cell Lines

Cell line	⁺ Ig Type	⁺⁺ EBV status	Characteristics	TDZD (IC ₅₀) μM	Reference
MM.1S	λ	no	CD38+, CD138+, glucocorticoid sensitive	2.6	[37]
MM.1R	λ	no	Derived from MM.1S, glucocorticoid resistant	5.7	[38]
NCI-H929	IgA	no	PCA-1+, CD38+, CD138+	5.6	[39]
RPMI 8266	λ	no	CD38±, CD138+, chemo sensitive	13.2	[40]
U266	IgE	no	Produces IL-6+, CD38-, CD138+	16.6	[41,42]
Dox 10V	λ	no	Derived from PRMI 8266, chemo resistant	30.0	[43,44]

All lines negative for B-cell markers CD19 & CD20

⁺Ig: Immunoglobulin

⁺⁺EBV: Epstein Barr Virus