

Gamma Interferon and Interleukin 2, but Not Interleukin 4, Are Detectable in γ/δ T-Cell Cultures after Activation with Bacteria

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***Mycobacterium tuberculosis*- or group A streptococcus-activated γ/δ T cells from normal healthy individuals were negatively sorted and restimulated in vitro for 48 h. Significant amounts of gamma interferon were detected after restimulation with *M. tuberculosis*, group A streptococci, or *Listeria monocytogenes*. In contrast, interleukin 4 was undetectable in the culture supernatants. Our findings provide indirect evidence for the involvement of γ/δ T cells in immunity against tubercle bacilli and probably other bacteria.**

Tuberculosis is a chronic infectious disease of worldwide clinical significance, primarily caused by *Mycobacterium tuberculosis* (12). T cells rather than antibodies play the dominant role in acquired resistance, and macrophage activation seems to be of major importance (9, 12). More recently, evidence has accumulated that not only T cells bearing an α/β T-cell receptor (TCR) but also γ/δ T cells may contribute to immunity to mycobacteria and many other bacteria, including the intracellular pathogen *Listeria monocytogenes* and the purulent group A streptococci (4-9, 11-13, 15-19). In vitro studies revealed that mycobacterium-activated γ/δ T cells express cytolytic activity and produce interleukin 2 (IL-2) as well as a still-undefined interleukin which synergizes with granulocyte macrophage-colony stimulating factor in macrophage aggregation (13, 16). The study described here shows that γ/δ T-cell cultures from healthy donors can produce gamma interferon (IFN- γ) and IL-2, but not detectable IL-4, after stimulation with *M. tuberculosis* and other bacteria. To demonstrate this, peripheral blood mononuclear cells (PBMC) from healthy donors with no history of tuberculosis and of unknown tuberculin status were isolated by Ficoll density centrifugation (Biochrom, Berlin, Germany) at 5×10^6 cells per ml and were cultured for 8 to 11 days in RPMI 1640 medium and 10% heat-inactivated human A⁺ Rh⁺ serum with either killed *M. tuberculosis* (50 μ g/ml) or group A streptococci (10⁸/ml). From these cultures, γ/δ T cells were enriched by flow sorting as follows. Viable cells were purified over a Ficoll gradient, washed, passaged through nylon wool columns, and then labelled with anti- α/β TCR (BMA031, kindly provided by Behringwerke, Marburg, Germany) followed by goat anti-mouse F(ab')₂ immunoglobulin G-fluorescein isothiocyanate (Dianova) and Leu19-PE (CD56; Becton Dickinson, Heidelberg, Germany). Negatively stained cells were sorted and subsequently analyzed with fluorescein isothiocyanate-conjugated anti-TCR δ 1 (T Cell Sciences, Cambridge, Mass.) by using an Epics V flow cytometer (Coulter). The mean purity of γ/δ T cells obtained after sorting was $83.5\% \pm 7.8\%$. Contamination with BMA031⁺ CD3⁺ TCR δ 1⁻ cells was less than 1.5% ($x = 0.7 \pm 0.6$) in all samples which were assayed further.

Sorted γ/δ T cells (5×10^4 /ml) were then cultured in 200 μ l of medium with irradiated (4,000 rads) autologous accessory

cells (2×10^5 /ml) together with one of the following preparations: killed *M. tuberculosis* (25 μ g/ml), killed group A streptococci (10⁸/ml), killed *L. monocytogenes* (10⁸/ml), or phytohemagglutinin (PHA) (5 μ g/ml). After 48 h, supernatants were collected (100 μ l per well), pooled, aliquoted, and frozen at -70°C until used. Triplicate cell cultures were pulsed for 16 h with 1 μ Ci of [³H]thymidine per ml before cells were harvested and assayed for [³H]thymidine incorporation. Anti-TCR δ 1 (an ascites preparation kindly provided by M. Brenner; 1:200 dilution, used at 30 μ l/ml) was added to some cultures as indicated in Tables 1 and 2 to suppress subsequent proliferation of γ/δ T cells.

The supernatant concentrations of the following cytokines were subsequently assayed by using the following enzyme-linked immunosorbent assay (ELISA) kits: IL-2 (R & D Systems) (minimum assay sensitivity, 150 pg/ml); IL-4 (R & D Systems) (minimum assay sensitivity, 5 to 10 pg/ml); IFN- γ (Holland Biotechnology) (minimum assay sensitivity, 15 pg/ml); tumor necrosis factor beta (TNF- β) (R & D Systems) (minimum assay sensitivity, 10 pg/ml). An IL-2-dependent mouse cell line (CTLL) was used for the IL-2 bioassay as described previously (16).

Consistent with previous data (16), purified γ/δ T cells which were originally expanded in bulk culture for 8 to 11 days with *M. tuberculosis* proliferated in vitro in response to the nominal antigen (mean counts per minute \pm standard deviation = $2,251 \pm 1,542$), group A streptococci ($8,728 \pm 7,670$), *L. monocytogenes* ($1,803 \pm 1,158$), and PHA ($10,877 \pm 12,057$). Control cultures showed no or marginal responses (95 ± 118). In contrast to responses of unsorted *M. tuberculosis*-stimulated PBMC, responses of γ/δ T cells to *M. tuberculosis* were markedly reduced in the presence of anti-TCR δ 1 monoclonal antibody (MAb) (298 ± 202) (data not shown). These findings indicate negative effects of the anti-TCR δ 1 MAb on γ/δ T-cell activation.

Following primary activation of PBMC in vitro with *M. tuberculosis* or group A streptococci, purified γ/δ T cells were restimulated for 2 days with *M. tuberculosis*, group A streptococci, *L. monocytogenes*, or PHA, and the culture supernatants were collected for cytokine production analyses. In none of the eight donors tested was IL-4 detectable after the various stimulations (data not shown). We interpret this finding to indicate that mycobacterium-activated γ/δ T cells fail to secrete demonstrable amounts of IL-4, although we cannot formally exclude the possibility that appreciable concentrations of IL-4 were produced and subsequently

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taken up by the cells in culture. In contrast, most γ/δ T-cell cultures produced significant amounts of IFN- γ when restimulated with *M. tuberculosis*, group A streptococci, or *L. monocytogenes* (Table 1). PHA induced accentuated IFN- γ production in most donors. Preincubation with anti-TCR $\delta 1$ MAb was found to inhibit IFN- γ secretion in all samples assayed, confirming the involvement of γ/δ T cells in IFN- γ production. Cultures from four of the eight donors tested produced low but detectable amounts of TNF- β following bacterial stimulation, whereas PHA activation caused appreciably higher levels of TNF- β activity (Table 2). Interestingly, no correlation between IFN- γ and TNF- β production was observed with these donors. Because relatively low concentrations of TNF- β were detectable and since we failed to demonstrate significant reduction of TNF- β production by the addition of the TCR $\delta 1$ MAb, formal proof for γ/δ T-cell involvement cannot be given.

In none of these cultures was IL-2 activity detectable by ELISA. Employing the CTL bioassay as previously described (16), we found various amounts of IL-2 after stimulation with *M. tuberculosis* (mean counts per minute \pm standard deviation, 8,504 \pm 15,333), group A streptococci (7,171 \pm 13,626), and PHA (15,956 \pm 14,840). Accessory cells alone did not induce IL-2 (79 \pm 70). Yet the largest amount of IL-2 activity detected was in the range of 0.5 U/ml, a level of activity which is below ELISA sensitivity range (150 to 200 pg/ml \approx 0.45 to 0.6 U/ml).

Immunization of mice with killed mycobacteria as well as infection with viable *Mycobacterium bovis* BCG and *L. monocytogenes* causes attraction of γ/δ T cells to, and/or expansion at, the site of bacterial implantation (6, 7, 18). Furthermore, in certain lesions in patients with leprosy and tuberculosis and at the site of lepromin reactions, γ/δ T cells have been identified (4, 13). Taken together, these findings suggest a role for γ/δ T cells in immunity to mycobacteria and perhaps other bacteria. However, the biological function(s) of such γ/δ T cells remains elusive. The experiments presented here show that in vitro activation of purified γ/δ T cells with *M. tuberculosis* or group A streptococci results in production of IFN- γ , which is thought to be of major importance for antimycobacterial immunity.

Both in the human and in the murine systems, mycobacterium-reactive α/β T cells express the T_{H1} phenotype, and overwhelming evidence suggests that these T_{H1} cells and their major secretion product, IFN- γ , play the central part in protection (1-3, 10, 14, 20, 21). According to our experiments, mycobacterium-activated γ/δ T cells resemble CD4 T cells of the T_{H1} type. We assume that both T-cell types contribute to antibacterial immunity through similar functional activities, i.e., IFN- γ secretion and target cell lysis. The rapid expansion of human γ/δ T cells after in vitro activation by mycobacterial components as well as the early appearance of γ/δ T cells in experimental listeriosis and tuberculosis (6, 18) indicates that γ/δ T cells precede α/β T cells at the site of bacterial growth at which they could provide a first line of antibacterial defense.

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TABLE 1. IFN- γ production by γ/δ T-cell cultures

Secondary stimulant	Amt/ml	IFN- γ production by γ/δ T-cell cultures from different donors ^a									
		1M	2M	3M	3S	4M	4S	5M	6M	7M	8M
<i>M. tuberculosis</i>	25 μ g	<T	<T	17 \pm 1	<T	260 \pm 71	185 \pm 21	95 \pm 0	79 \pm 1	39 \pm 7	<T
<i>M. tuberculosis</i> plus TCR $\delta 1$ MAb ^b	25 μ g	<T	<T	<T	<T	<T	<T	ND	<T	<T	<T
Group A streptococci	10 ⁸	<T	<T	36 \pm 5	38 \pm 7	205 \pm 64	250 \pm 0	270 \pm 14	840 \pm 71	220 \pm 0	350 \pm 14
<i>L. monocytogenes</i>	10 ⁸	<T	ND	ND	<T	120 \pm 14	ND	ND	ND	85 \pm 20	90 \pm 28
PHA	5 μ g	525 \pm 0	<T	ND	25 \pm 11	460 \pm 70	525 \pm 106	185 \pm 35	2,400 \pm 0	435 \pm 160	1,300 \pm 130
Accessory cells plus <i>M. tuberculosis</i>	25 μ g	<T	<T	<T	<T	<T	<T	<T	<T	<T	<T

^a Values are mean concentrations of IFN- γ \pm standard deviations and are given as picograms per milliliter. PBMC were first stimulated with *M. tuberculosis* (M) (50 μ g/ml) or group A streptococci (10⁸/ml) (S); numbers designate different donors. <T, below threshold value (15 pg/ml); ND, not done.

^b Secondary stimulation of sorted γ/δ T cells (5 \times 10⁶/ml) in the presence of TCR $\delta 1$ MAb (30 μ l/ml diluted at 1:200).

TABLE 2. TNF- β production by γ/δ T-cell cultures

Secondary stimulant	Amt/ml	TNF- β production by γ/δ T-cell cultures from different donors ^a									
		1M	2M	3M	3S	4M	4S	5M	6M	7M	8M
<i>M. tuberculosis</i>	25 μ g	28 \pm 3	27 \pm 13	<T	<T	<T	<T	<T	<T	<T	<T
<i>M. tuberculosis</i> plus TCR δ 1 MAb ^b	25 μ g	ND	37 \pm 1	<T	<T	<T	<T	ND	<T	<T	<T
Group A streptococci	10 ⁸	<T	30 \pm 11	<T	<T	<T	<T	<T	14 \pm 1	<T	18 \pm 2
<i>L. monocytogenes</i>	10 ⁸	19 \pm 0	ND	ND	<T	<T	ND	ND	ND	ND	ND
PHA	5 μ g	138 \pm 4	<T	<T	<T	<T	<T	195 \pm 7	90 \pm 0	140 \pm 4	
Accessory cells plus <i>M. tuberculosis</i>	25 μ g	<T	<T	<T	<T	<T	<T	<T	<T	<T	

^a Values are mean concentrations of TNF- β \pm standard deviations and are given as picograms per milliliter. PBMC were first stimulated with *M. tuberculosis* (M) (50 μ g/ml) or group A streptococci (S) (10⁸/ml); numbers designate different donors. <T, below threshold value (10 pg/ml); ND, not done.

^b Secondary stimulation of sorted γ/δ T cells (5 \times 10⁴/ml) in the presence of TCR δ 1 MAb (30 μ l/ml diluted at 1:200).

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