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## Estrogen and Progesterone Modulate [<sup>35</sup>S]GTPγS Binding to Nociceptin Receptors

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### Abstract

Sex steroids modulate reproduction by altering the response of steroid-activated opioid circuits in the hypothalamus and limbic system, by inducing release of endogenous opioids and activation of their cognate receptors. Many studies have concentrated on steroid regulation of exogenous opioid peptides, but steroids also have important actions on opioid receptors inducing receptor trafficking. Opioid receptors are G protein-coupled receptors and their activation catalyzes the exchange of GTP for GDP initiating intracellular signaling cascades. Kinetics of G protein activation were studied using [<sup>35</sup>S]GTPγS binding. Catalytic amplification, the number of G proteins activated per occupied receptor, was used as a measure of receptor/transducer amplification. The present study examined whether estrogen and progesterone treatment altered the kinetics of nociceptin opioid receptor (ORL1) in plasma membranes from the medial preoptic area and mediobasal hypothalamus. These hypothalamic regions are important in the gonadal steroid hormone regulation of sexual receptivity. In the mediobasal hypothalamus, estrogen increased ORL1 ( $B_{max}$ ) receptor number 2-fold and maximal GTPγS binding ( $E_{max}$ ) 3.9-fold. Subsequent progesterone treatment further increased ORL1  $E_{max}$  6.9-fold above baseline, despite a 2-fold decrease in the catalytic amplification factor. In the medial preoptic area, estrogen alone did not increase  $E_{max}$ , but both estrogen and progesterone were able to increase ORL1  $B_{max}$  2.2-fold and  $E_{max}$  3-fold, despite having a 3-fold decrease in the catalytic amplification factor. These effects are interesting because they indicate actions of steroids that increase the number of ORL1 but decrease the catalytic amplification suggesting that the steroid effects on opioid receptors are complex and may involve modulation by other signals.

### Keywords

GTPγS; G protein-coupled receptor; Opioid receptor 1; Mediobasal hypothalamus; Medial preoptic area

### Introduction

Opioid receptor activation by endogenous and exogenous ligands results in a multitude of effects in the CNS, such as analgesia, euphoria, feeding, anxiety and reproduction. Our laboratory has been interested in the interactions of the sex steroids, estrogen and progesterone, with opioid receptors in hypothalamic and limbic circuits regulating sexual receptivity. Two important opioid receptors in the hypothalamus are the μ-opioid receptor and nociceptin receptor, MOP and ORL1, respectively [1]. Estrogen and progesterone have been shown to regulate MOP and ORL1 expression or function. For example, estrogen internalizes MOP, removing the receptor from rat brain plasma membranes [2,3]. Whereas progesterone has been

shown to reverse estrogen effects on MOP [4]. For ORL1 estrogen decreases the expression of ORL1 [5] and coupling to its G proteins [6]. Estrogen and progesterone together are required to increase OFQ/N mRNA levels in the medial preoptic area of the hypothalamus [7]. Previous experiments indicate that estrogen and progesterone regulate the behavioral response to opioid receptor agonists that can inhibit or facilitate lordosis. Estrogen activation of MOP in the medial preoptic area inhibits lordosis [4,8]. However, subsequent progesterone blocks MOP inhibition and activates ORL1 in both the medial preoptic area and mediobasal hypothalamus [2]. ORL1 is structurally and functionally related to the opioid receptors [2,9,10] and has been demonstrated to play a role in nociception [11–13], learning and memory [14], cardiovascular functions [15], locomotion [16] and in the hypothalamus in neuroendocrine control [17] and feeding behavior [18].

Site-specific infusion of nociceptin, the endogenous ligand for ORL1 [9,19,20], into the medial preoptic area or the mediobasal hypothalamus facilitates lordosis behavior in estrogen-primed rats [21,22]. Sex steroids increase in the expression of endogenous opioid peptide and nociceptin mRNAs in hypothalamic brain regions [7,10], while others have shown decreased expression in the trigeminal region [5]. Additionally, estrogen and progesterone modulate opioid receptor internalization by inducing opioid peptide release. However, subsequent progesterone treatment blocks estrogen-induced MOP internalization [4]. These results suggest that sex steroids modulate opioid receptor function [2,4,23]. Thus, the manner by which steroids modulate ORL1 expression/function in the medial preoptic area and mediobasal hypothalamus is important to understand the mechanisms regulating lordosis behavior in the female rat.

Receptor function can be regulated by altering the number of binding sites, the affinity of the receptor, or by modulating the association of the activated receptor with G proteins. ORL1 is a member of the G protein-coupled receptor superfamily that interacts with heterotrimeric G proteins [2,24]. Agonist activation of the receptor-G protein complex causes a conformational change in the G protein, which results in an exchange of GTP for GDP, leading to dissociation of the  $G\alpha_{GTP}$  protein and a  $G\beta\gamma$  complex. The ensuing dissociation of trimeric G proteins initiates intracellular signaling cascades through the  $G\alpha_{GTP}$  and the  $G\beta\gamma$  subunits. ORL1 acts via inhibitory G proteins to inhibit adenylyl cyclase [25–27] and regulate inward rectifying potassium channels [28,29].

Using a physiological steroid replacement paradigm in female rats [4,30,31] to elicit sexual receptivity in ovariectomized (OVX) female rats, the purpose of the present study was to determine whether there is modulation of ORL1 binding or a catalytic amplification (receptor/transducer amplification) of the number of G proteins activated per occupied receptor [31–34]. Medial preoptic area and mediobasal hypothalamic membranes were prepared from OVX rats treated with oil, estrogen or estrogen + progesterone. Membranes were used to examine ORL1 activation of G proteins by measuring the binding of the hydrolysis-resistant GTP analog [ $^{35}S$ ]-guanylyl-5'-O-(thio)-triphosphate ( $GTP\gamma S$ ) [35,36]. Enriched plasma membrane from the medial preoptic area and mediobasal hypothalamus were used for radioligand-binding assays with [ $^3H$ ]-OFQ/nociceptin as the ligand to determine the actions of estrogen and estrogen + progesterone on ORL1-binding kinetics. Comparison of the maximal numbers of activated G proteins with the numbers of ORL1 ( $G_{protein}B_{max}/ORL1 B_{max}$ ) allowed us to calculate a catalytic amplification factor. Some of the results herein reported are in preliminary form [37].

## Methods

### Animals

Adult female Long-Evans rats (Charles River, Portage, Mich., USA), weighing 225–250 g, were bilaterally OVX by the supplier. Animals were housed in a partially reversed 12/12-hour light/dark cycle (lights on at 12 midnight) and provided food and water ad libitum. All procedures were approved by the UCLA Chancellor's Animal Research Committee. Two weeks after ovariectomy, rats were injected with oil vehicle or 2 µg 17β-estradiol benzoate every 4 days for 3 'cycles'. Twenty-six hours after the third 17β-estradiol benzoate injection, animals were treated with either 500 µg progesterone or oil. The steroid treatments were derived from our gene expression and behavioral studies [4,30,31]. Four hours after progesterone or oil injection, rats were deeply anesthetized with sodium pentobarbital (100 mg/kg), decapitated, and brains rapidly removed and placed in ice-cold PBS. Medial preoptic areas (containing the medial preoptic nucleus) and mediobasal hypothalami (containing the ventromedial nucleus of the hypothalamus) were dissected. The medial preoptic area was defined as a region extending above the optic chiasm (rostrocaudally) and between the lateral borders of the stria medullaris (mediolaterally), and from the base of the brain to the dorsal extent of the stria medullaris (ventrodorsally). For the mediobasal hypothalamus, tissue was taken from a block defined by the rostrocaudal extent of the median eminence and the fornix mediolaterally and dorsally.

### Membrane Preparation

Enriched plasma membrane from the medial preoptic area and mediobasal hypothalamus were pooled from 5 rats to generate a binding curve. Medial preoptic area and mediobasal hypothalamus tissues were individually homogenized in ice-cold lysis buffer (50 mM Tris-HCl, 10 mM sucrose, pH 7.4). The homogenates were centrifuged at 1,000 g for 10 min at 4 ° C and the supernatants removed and incubated in a shaking water bath for 30 min at 37 ° C to facilitate dissociation of endogenous opioid peptides and guanyl nucleotides. Subsequently, the supernatant was centrifuged at 46,000 g at 4 ° C for 15 min; the supernatant was resuspended in 2.5 ml ice-cold buffer (50 mM Tris-HCl, pH 7.4) and layered on top of a discontinuous sucrose density gradient with steps of 3.5 ml 55% (w/v), 3.5 ml 32% and 1.5 ml 5% sucrose in 50 mM Tris-HCl (pH 7.4). The sucrose density step-gradient was then centrifuged at 148,000 g for 60 min at 4 ° C. Membrane fractions were immediately resuspended, frozen and stored at –80 ° C until use. Protein content was measured using the Bradford assay (Bio-Rad Laboratories, Hercules, Calif., USA).

### Radioligand-Binding Assays

For the nociceptin-binding assay and G-protein protein assays below, a dose-response curve for nociceptin was constructed to determine if the efficacy of specific opiate drug(s) was altered by steroid actions in estrogen- and progesterone-sensitive brain regions. <sup>3</sup>H-OFQ/N (Nociceptin; 33 Ci/mmol) was obtained from Amersham Pharmacia (Piscataway, N.J., USA). Membranes (10 µg in 100 µl Tris-HCl, pH 7.4, buffer), 50 µl radioligand (<sup>3</sup>H-Nociceptin for ORL1) and 100 µl protease inhibitors (10 µg/ml aprotinin, 0.1 mg/ml PMSF and 10 µg/ml pepstatin; Sigma-Aldrich, St. Louis, Mo., USA) were incubated at 25 ° C for 60 min in 50 mM Tris-HCl buffer (pH 7.4) in a final volume of 0.5 ml. Six concentration points for <sup>3</sup>H-nociceptin (0.01–0.8 nM) were used for Scatchard analysis. For nonspecific binding, 50 µl of unlabeled 1 µM nociceptin (Bachem, Torrance, Calif., USA) was used. A multichannel harvester (Brandell, Gaithersburg, Md., USA) was used to separate bound from free radiolabeled ligand by rapid filtration (3× with 1 ml ice-cold 50 mM Tris-HCl, pH 7.4, buffer) through glass fiber filters (Whatman GF/B, Brandell) presoaked in 0.1% BSA for 60 min at 4 ° C. Filters were air-dried, placed in scintillation vials with Ecolite scintillation fluid (National Diagnostic Inc., Atlanta, Ga., USA) and counted on a Wallac 1409 scintillation counter (Wallac Inc., Turku,

Finland). Bound radioactivity was determined at 45% counting efficiency for  $^3\text{H}$  after overnight extraction of the filters in 5 ml of scintillation fluid. Ligand affinities ( $K_d$ ) and receptor numbers ( $B_{\text{max}}$ ) for ORL1 were calculated using the Ligand program [38]. All binding experiments were carried out in duplicate, and the results are expressed as the mean  $\pm$  SEM of 4–6 experiments. Statistical analysis was performed by one-way analysis of variance (ANOVA). The Student-Newman-Keuls test was used for post hoc comparisons with a significance level of  $p < 0.05$ .

### Agonist-Stimulated [ $^{35}\text{S}$ ]GTP $\gamma$ S-Binding Assays

The [ $^{35}\text{S}$ ]GTP $\gamma$ S-binding assay was used to identify receptor-activated G proteins [35,39,40]. This assay is based on the observation that in the inactive state, the  $\alpha$ -subunit of the G protein has a relatively high affinity for GDP over GTP. Activation of a receptor by an agonist shifts the  $\alpha$ -subunit to a higher affinity state for GTP compared with GDP. Excess GDP was used to shift G proteins to the receptor-uncoupled state and lower basal activity. Addition of [ $^{35}\text{S}$ ]GTP $\gamma$ S and an agonist shifted the G protein affinity from GDP to GTP allowing the activated G protein to bind [ $^{35}\text{S}$ ]GTP $\gamma$ S. The medial preoptic area and mediobasal hypothalamus were dissected from 2 animals for each hormonal treatment group, pooled and homogenized in 20 vol of buffer (50 mM Tris-HCl, 3 mM MgCl<sub>2</sub>, 1 mM EGTA, pH 7.4). This was repeated 4–6 times. The homogenates were centrifuged twice (15 min) at 48,000 g at 4 °C and resuspended in assay buffer (50 mM Tris-HCl, 3 mM MgCl<sub>2</sub>, 0.2 mM EGTA, 100 mM NaCl, pH 7.4). The Bradford assay (Bio-Rad) was used to determine the protein concentration. For concentration-effect curves, membranes (10  $\mu\text{g}$  protein) were incubated with 40  $\mu\text{M}$  GDP, 0.05 nM [ $^{35}\text{S}$ ]GTP $\gamma$ S (1,200 Ci/mmol, New England Nuclear) and various concentrations of nociceptin (10 nM to 10  $\mu\text{M}$ ) [41], in a final volume of 1.0 ml at 30 °C for 1 h. Nonspecific binding was measured in the presence of 10  $\mu\text{M}$  unlabeled GTP $\gamma$ S and subtracted from total binding to get specific binding. Basal binding was assessed in the absence of agonist. Free radioligand was separated from bound radioligand by rapid filtration as described above. Bound radioactivity was determined by liquid scintillation spectrophotometry at 95% efficiency for [ $^{35}\text{S}$ ] after overnight extraction of the filters in 4 ml Ecolite scintillation fluid. The efficacy of G protein activation ( $E_{\text{max}}$ ) was defined as the maximal percentage of stimulation by nociceptin determined from dose-response curves analyzed using nonlinear regression (GraphPad, Prism Software Inc., San Diego, Calif., USA) [42]. Statistical significance was determined by paired Student's *t* test with a significance level of  $p < 0.05$ .

### [ $^{35}\text{S}$ ]GTP $\gamma$ S Saturation Binding

For Scatchard analysis of effects on agonist-stimulated [ $^{35}\text{S}$ ]GTP $\gamma$ S binding, membranes (10  $\mu\text{g}$  protein) were incubated 1 h with 40  $\mu\text{M}$  GDP, 0.05 nM [ $^{35}\text{S}$ ]GTP $\gamma$ S and 0–20 nM unlabeled GTP $\gamma$ S with or without 10  $\mu\text{M}$  nociceptin in 1 ml total volume. The reaction was terminated by vacuum filtration through Whatman GF/B glass filters followed by three washes with cold Tris buffer. Bound radioactivity was determined by liquid scintillation spectrophotometry at 95% efficiency after overnight extraction in Ecolite scintillation fluid. Data were analyzed with the Ligand program and are presented as mean  $\pm$  SEM of at least 4 determinations which were performed in triplicate. Catalytic amplification, the number of G proteins activated per occupied receptor, was used as a measure of receptor/transducer amplification and was calculated by dividing the  $B_{\text{max}}$  of agonist stimulated [ $^{35}\text{S}$ ]GTP $\gamma$ S binding by the  $B_{\text{max}}$  of receptor binding. Statistical analysis of data was performed by one-way analysis of variance (ANOVA). The Student-Newman-Keuls test was used for post hoc comparisons with significance level at  $p < 0.05$ .

## Results

### Effect of Estrogen and Progesterone on [<sup>3</sup>H]-Nociceptin Binding in the Medial Preoptic Area and Mediobasal Hypothalamus

In the OVX oil-treated control animals, ORL1  $K_d$  values were 41.3 and 45.5 pM in the mediobasal hypothalamus and medial preoptic area, respectively, which are consistent with previous studies measuring ORL1  $K_d$  in male rat whole brain membrane [41,43] and guinea pig whole brain membranes [44]. Specific binding of [<sup>3</sup>H]-Nociceptin at concentrations of 0.01–0.8 nM in medial preoptic area and mediobasal hypothalamic membranes revealed that ORL1  $B_{max}$  sites and  $K_d$  were differentially sensitive to hormonal treatment. In the medial preoptic area, estrogen treatment alone did not have an effect on ORL1  $B_{max}$  or  $K_d$ . Estrogen + progesterone treatment, however, resulted in a 2.2-fold increase in ORL1  $B_{max}$  and a 5.9-fold decrease in affinity of ORL1 ( $p < 0.05$ ; table 1). In the mediobasal hypothalamus, estrogen and estrogen + progesterone treatment increased ORL1  $B_{max}$  2-fold. Estrogen treatment also resulted in a 2-fold decrease in the affinity of nociceptin for ORL1 ( $p < 0.05$ ; table 2), but subsequent progesterone treatment did not change either the  $B_{max}$  or  $K_d$  (table 2).

### Estrogen and Progesterone Effects on Nociceptin-Stimulated [<sup>35</sup>S]GTP $\gamma$ S Binding in Medial Preoptic Area and Mediobasal Hypothalamic Membranes

Nociceptin (0.01–10  $\mu$ M) stimulated specific [<sup>35</sup>S]GTP $\gamma$ S binding in the medial preoptic area and mediobasal hypothalamic membranes in a concentration-dependent manner. In the medial preoptic area, estrogen treatment did not effect nociceptin-induced [<sup>35</sup>S]GTP $\gamma$ S binding compared with OVX oil-treated (control) animals (fig. 1). However, treatment with estrogen + progesterone significantly increased nociceptin-stimulated [<sup>35</sup>S]GTP $\gamma$ S binding with the  $E_{max}$  increasing 245% compared with baseline which was 82% ( $p < 0.05$ ; fig. 1). Neither the total number of G protein binding nor G protein affinity were affected by hormone treatment (table 1). Since ORL1  $B_{max}$  was increased and  $G_{protein}B_{max}$  remained unchanged, the catalytic amplification factor (ratio of apparent  $G_{protein}B_{max}/ORL1 B_{max}$ ) was significantly reduced in the estrogen + progesterone-treated group ( $p < 0.05$ , ANOVA; tables 1, 3).

In the mediobasal hypothalamus, estrogen treatment resulted in a significant increase in nociceptin-stimulated [<sup>35</sup>S]GTP $\gamma$ S binding. Estrogen increased the  $E_{max}$  to 142% compared with 36%  $E_{max}$  in oil-treated rats ( $p < 0.05$ ; fig. 2). Subsequent progesterone treatment significantly increased nociceptin-stimulated [<sup>35</sup>S]GTP $\gamma$ S binding compared with estrogen-treated animals, further increasing  $E_{max}$  from 142 to 251% ( $p < 0.05$ ; fig. 2). No differences in apparent  $G_{protein}B_{max}$  or apparent  $G_{protein}K_d$  were detected in any steroid treatment group tissue derived from the mediobasal hypothalamus (table 2). Thus, as in the medial preoptic area, the catalytic amplification factor ( $G_{protein}B_{max}/ORL1 B_{max}$ ) was significantly reduced in the estrogen- and estrogen + progesterone-treated groups compared with controls ( $p < 0.05$ , ANOVA; tables 2, 3).

## Discussion

We examined steroid actions on ORL1, in both the medial preoptic and mediobasal hypothalamus. These experiments grew out of earlier studies demonstrating that site-specific infusions of nociceptin in either area facilitates receptivity in estrogen-primed rats [21,22]. In this study, the effects of physiological concentrations of gonadal steroids on ORL1 binding and apparent G protein activation were examined in the hypothalamus. The major finding of the present experiments is that steroid hormones influence ORL1 number, affinity and the catalytic amplification of ORL1s in the medial preoptic area and mediobasal hypothalamus.

In the medial preoptic area, estrogen alone did not alter ORL1 number or affinity. However, treatment with estrogen + progesterone significantly increased ORL1 binding while decreasing ORL1 affinity for nociceptin. [<sup>35</sup>S]GTPγ S-binding assays revealed that treatment with estrogen + progesterone caused an increase in maximal stimulation of [<sup>35</sup>S]GTPγS, without affecting the number of G proteins being activated or a change in G protein affinity for [<sup>35</sup>S]GTPγS. Because estrogen + progesterone increased the number of ORL1-binding sites without affecting the number of activated G proteins, there was a decrease in the catalytic amplification factor. These data indicate that each activated receptor is less efficacious in catalyzing the exchange of GDP for GTP, which may be due to the decrease in ORL1 affinity for nociceptin. Despite the decrease in ORL1 affinity, the increase in the maximal stimulation of [<sup>35</sup>S]GTPγ S is likely due to the estrogen + progesterone-induced increase in ORL1-binding sites and not catalytic activity.

In distinction to the mediobasal hypothalamus, in the medial preoptic area estrogen treatment alone increased the number of ORL1-binding sites and decreased ORL1 affinity for nociceptin. Subsequent progesterone treatment did not further increase ORL1-binding sites, suggesting that estrogen and not progesterone affect ORL1 expression in this region. Despite the loss of receptor affinity, estrogen treatment increased the maximal stimulation of [<sup>35</sup>S]GTPγ S and subsequent progesterone treatment further enhanced the maximal stimulation of [<sup>35</sup>S]GTPγ S. Neither the apparent G protein number nor the apparent G protein affinity was affected in the mediobasal hypothalamus, resulting in a decreased catalytic amplification factor. This result was unexpected because ORL1 affinity and catalytic amplification were reduced. Progesterone did not alter these parameters, but did increase maximal stimulation of [<sup>35</sup>S]GTPγS, suggesting that the maximal binding value may be influenced by receptors other than ORL1. Progesterone receptors have been considered to be steroid nuclear receptors. Recently, however, progesterone receptors were localized in the plasma membrane [45]. Thus, it is probable that progesterone treatment may activate these receptors producing a significantly enhanced maximal stimulation of [<sup>35</sup>S]GTPγS. Further work currently being done in the laboratory is attempting to determine whether membrane progesterone receptors account for this result. Our results indicate that the number of ORL1 sites, and not their affinity or catalytic amplification factor, determine the increase in total GTPγ S binding in the medial preoptic area and mediobasal hypothalamus.

The present results are consistent with behavioral data on lordosis after nociceptin injection into the ventromedial nucleus and into the medial preoptic nucleus. In both regions, nociceptin facilitated female sexual receptivity [21,46]. However, lordosis data indicate that the medial preoptic area requires three times the amount of nociceptin to facilitate E<sub>2</sub>-dependent sexual receptivity compared with a behaviorally relevant dose into the mediobasal hypothalamus [22]. In this previous study, mice received E<sub>2</sub> (2 μg) at a subthreshold level that does not induce lordosis [22]. This higher exogenous dosage of nociceptin into the medial preoptic area indirectly suggests that progesterone in a normal receptive female may produce the release of endogenous nociceptin. Thus, these studies with our own demonstrate that, in the medial preoptic area, estrogen activation by itself was not sufficient to fully stimulate ORL1 signaling, but estrogen + progesterone was needed to drive the maximal stimulation of [<sup>35</sup>S]GTPγS. These data suggest that in the medial preoptic area, both estrogen and progesterone are necessary to increase the efficacy of nociceptin activation of sexual receptivity. However, in the ventromedial nucleus, which is located within the mediobasal hypothalamus, estrogen increased levels of ORL1 mRNA, immunoreactivity, binding and G protein activation, events that are positively correlated with a facilitation of female sexual receptivity [2,21]. One possible model for ORL1 action in the mediobasal hypothalamus is to facilitate sexual receptivity by turning off the estrogen-induced arcuate nucleus-medial preoptic nucleus β-endorphin pathway [8]. In this model, nociceptin may inhibit β-endorphin neurons in the arcuate nucleus [6]. Thus,

released from this  $\beta$ -endorphin-MOP inhibitory tone, the animal will display a facilitation of lordosis.

Moreover, the present experiments show that the number of ORL1-binding sites in the cell surface membrane was not decreased by steroid treatments. A reduction of receptors in the plasma membrane fraction is an indicator of receptor internalization. This lack of internalization suggests that ORL1 desensitization may be regulated differently than MOP, which is internalized following agonist stimulation [2,4,8,23]. ORL1 desensitization appears to depend on a decreased affinity rather than internalization. The present results show that under steroid conditions that activate ORL1 (probably through the release of endogenous nociceptin), receptor affinity is decreased (tables 1, 2).

The present experiments demonstrate the disparity of receptor affinity and receptor activation of G proteins, the initial step of intracellular signaling. The affinity of ORL1 was in the nanomolar range and is well within the previously reported  $K_d$  for these receptors [41,43,44]. However, significantly higher doses of opioids were needed to stimulate [ $^{35}$ S]-GTP $\gamma$ S binding. At this point the reasons are not clear, but this phenomenon has been seen in other experiments which compare receptor occupancy and stimulation of [ $^{35}$ S]-GTP $\gamma$ S binding [42,48]. In addition to previous results, the present results demonstrate that receptor affinity may not be a good measure of agonist concentrations needed to activate G protein-dependent signaling cascades, which is a measure of receptor activity and not simply binding.

To our knowledge, we are the first to compare the modulation of catalytic amplification of ORL1 by physiological levels of steroid hormones in the medial preoptic area and mediobasal hypothalamus, regions in which nociceptin regulates sexual receptivity. Estrogen in the mediobasal hypothalamus and estrogen + progesterone in the medial preoptic area increased the maximal G protein binding which is consistent with behavioral data showing that nociceptin facilitates lordosis in both areas [21,22]. Overall, these studies demonstrate that an increase in receptor number and  $E_{max}$  are better predictors of ORL1 activity rather than catalytic amplification (table 3). Furthermore, these results are consistent with our hypothesis that the initial action of estrogen activates the inhibitory MOP system and that subsequent progesterone treatment activates the facilitatory ORL1 system [2]. Thus steroid hormones, by modulating MOP and ORL1 signaling, are able to switch the response of lordosis regulating circuitry from inhibition modulated by MOP to stimulation modulated by ORL1. Furthermore, this study also has important pharmacological implications since the efficacy of specific opiate drug(s) may be altered by steroid actions in estrogen- and progesterone-sensitive brain regions.

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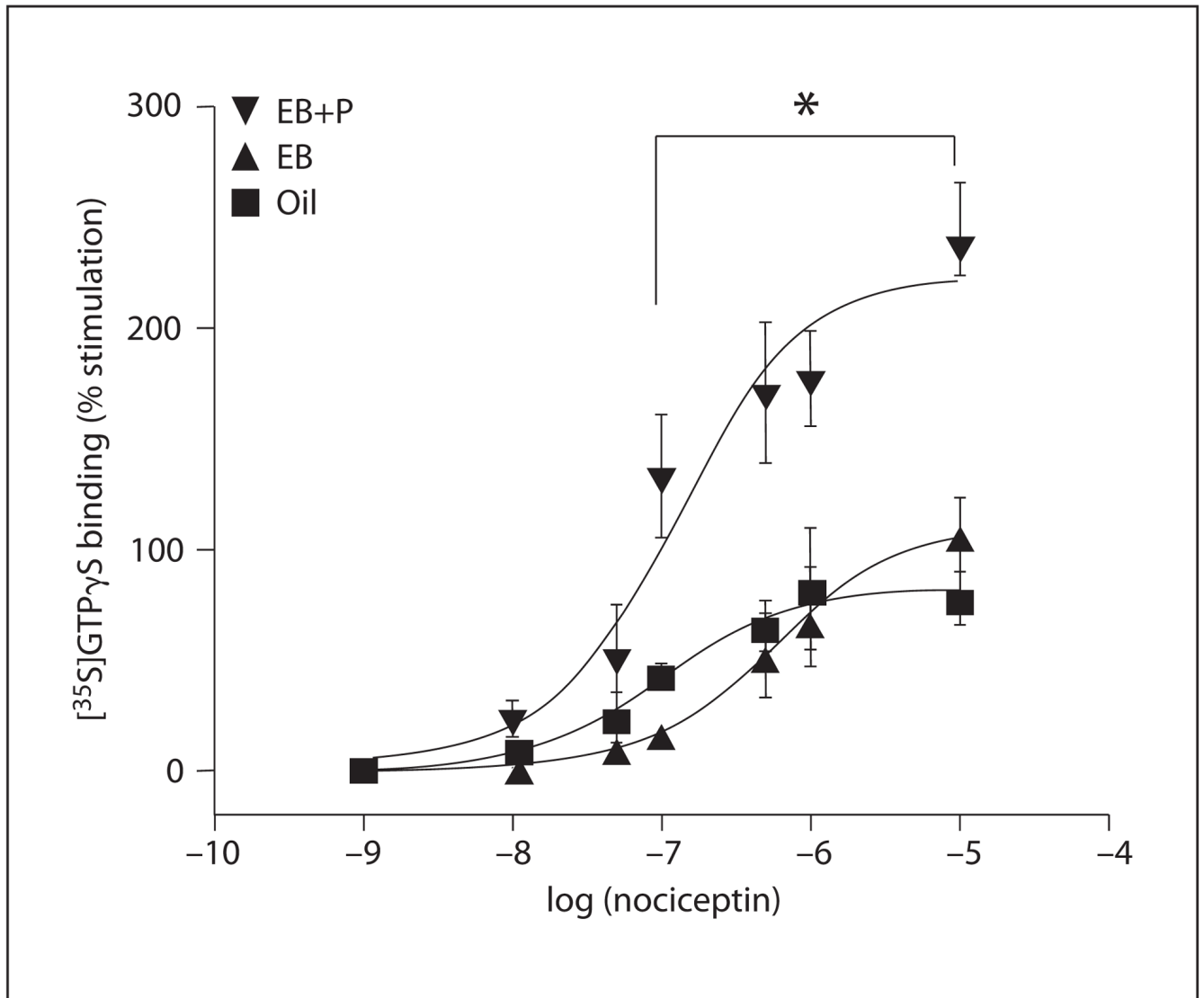
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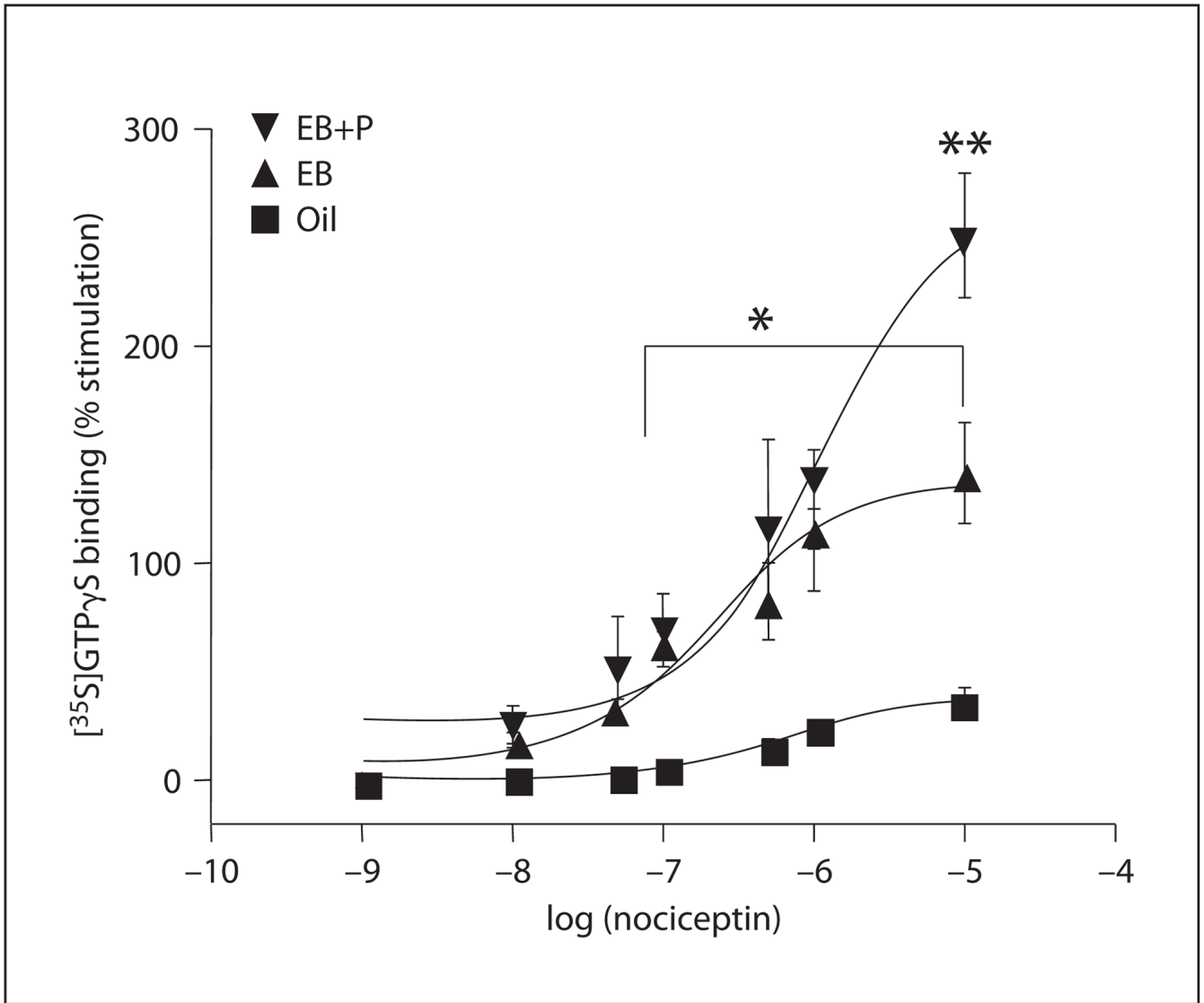


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**Fig. 1.** Stimulation of ORL1 [ $^{35}\text{S}$ ]GTP $\gamma$ S binding in the medial preoptic area enriched plasma membrane. Concentration-response curves were determined for nociceptin as described in the Methods section. Nonspecific binding was determined using 10  $\mu\text{M}$  cold GTP $\gamma$ S and was subtracted from each data set. Each value represents the mean  $\pm$  SEM of at least 4–6 independent experiments performed in triplicate. \* Significant difference of  $10^{-7}$ – $10^{-5}$  nociceptin in the estradiol benzoate (EB) + progesterone (EB+P) group compared to the EB and oil values:  $p < 0.05$ .



**Fig. 2.** Stimulation of ORL1 [<sup>35</sup>S]GTP $\gamma$ S binding in the mediobasal hypothalamus enriched plasma membrane. Concentration-response curves were determined for nociceptin as described in the Methods section. Nonspecific binding was determined using 10  $\mu$ M cold GTP $\gamma$ S and was subtracted from each data set. Each value represents the mean  $\pm$  SEM of at least 4–6 independent experiments performed in triplicate. \* Significant difference of 10<sup>-7</sup>–10<sup>-5</sup> nociceptin in estradiol benzoate (EB), EB + progesterone (EB+P) groups compared to oil results:  $p < 0.05$ . \*\* Significant difference of 10  $\mu$ M nociceptin from EB+P group compared to EB values:  $p < 0.05$ .

Effect of in vivo sex steroid treatment on ORL1 and [<sup>35</sup>S]GTPγS binding in membranes from the medial preoptic area

Table 1

	ORL1		G protein		Catalytic amplification G B <sub>max</sub> /ORL1 B <sub>max</sub>
	K <sub>d</sub> , pM	B <sub>max</sub> <sup>a</sup> , fmol/mg	G K <sub>d</sub> , nM	G B <sub>max</sub> <sup>a</sup> , fmol/mg	
Oil	41.3±5.6	173±38.9	3.68±0.8	4,871±630	32.3±5.9
EB	47.5±9.4	185±36.2	3.52±0.8	3,829±549	20.6±2.6
EB + P	242.3±28.4*	377±93.6*	2.93±0.74	3,598±1024	9.6±.7*

EB = 17β-Estradiol benzoate; P = progesterone. Membranes were incubated with varying concentrations of [<sup>3</sup>H]N/OFQ (0.01–0.8 nM) to examine the K<sub>d</sub> and B<sub>max</sub> values from saturation binding experiments. Nociceptin (N/OFQ) at 10 nM to 10 μM was used to examine the apparent G protein affinity (G K<sub>d</sub>) and apparent G protein number (G B<sub>max</sub>) for net agonist-stimulated [<sup>35</sup>S]GTPγS binding. The ratio G B<sub>max</sub>/ORL1 B<sub>max</sub> gives the functional coupling (catalytic amplification factor). Data represent mean apparent B<sub>max</sub> and apparent K<sub>d</sub> values ± SEM from 4–6 independent experiments.

\* p < 0.05, significantly different from control animals.

**Table 2**  
Effect of in vivo sex steroid treatment on ORL1 and [<sup>35</sup>S]GTPγS binding in membranes from the mediobasal hypothalamus

	ORL1			G protein		Catalytic amplification G B <sub>max</sub> /ORL1 B <sub>max</sub>
	K <sub>d</sub> , pM	B <sub>max</sub> , fmol/mg	G K <sub>d</sub> , nM	G B <sub>max</sub> , fmol/mg		
Oil	45.5±8.1	276±29.1	3.0±0.64	2,144±496.3	7.7±1.8	
EB	95±13.4*	452±57.6*	3.0±0.42	1,769±350.7	3.9±0.8*	
EB + P	122±29.9*	432±40.4*	3.6±0.9	2,059±466.4	3.4±0.7*	

EB = 17β-Estradiol benzoate; P = progesterone. Membranes were incubated with varying concentrations of [<sup>3</sup>H]N/OFQ (0.01–0.8 nM) to examine the K<sub>d</sub> and B<sub>max</sub> values from saturation binding experiments. Nociceptin (N/OFQ) at 10 nM to 10 μM was used to examine the apparent G protein affinity (G K<sub>d</sub>) and apparent G protein number (G B<sub>max</sub>) for net agonist-stimulated [<sup>35</sup>S]GTPγS binding. The ratio G B<sub>max</sub>/ORL1 B<sub>max</sub> gives the functional coupling (catalytic amplification factor). Data represent mean apparent B<sub>max</sub> and apparent K<sub>d</sub> values ± SEM from 4–6 independent experiments.

\* p < 0.05, significantly different from control animals.

Summary effects of steroid hormone on ORL1 and G protein kinetics in medial preoptic area and mediobasal hypothalamus membranes

**Table 3**

	Medial preoptic area			Mediobasal hypothalamus		
	EB	EB + P		EB	EB + P	EB + P
$B_{max}$	—	↑		↑		↑
$K_d$	—	↑		↑		↑
$C_{protein}B_{max}$	—	—		—		—
$G_{protein}K_d$	—	—		—		—
$E_{max}$	—	↑		↑		↑↑
CA	—	↓		↓		↓

EB = 17 $\beta$ -Estradiol benzoate; P = progesterone. Effects of steroid hormone on ORL1 kinetics and catalytic amplification (CA); no comparable differences compared to oil-treated animals (—); one arrow (↓ or ↑) significantly different compared to oil-treated animals ( $p < 0.05$ ); two arrows (↑↑) significantly different compared to EB  $E_{max}$  mediobasal hypothalamus ( $p < 0.05$ ).