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# STEM CELLS AS A POTENTIAL FUTURE TREATMENT OF PEDIATRIC INTESTINAL DISORDERS

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# Abstract

All surgical disciplines encounter planned and unplanned ischemic events that may ultimately lead to cellular dysfunction and death. Stem cell therapy has shown promise for the treatment of a variety of ischemic and inflammatory disorders where tissue damage has occurred. As stem cells have proven beneficial in many disease processes, important opportunities in the future treatment of gastrointestinal disorders may exist. Therefore, this manuscript will serve to: review the different types of stem cells that may be applicable to the treatment of gastrointestinal disorders, review the mechanisms suggesting that stem cells may work for these conditions; discuss current practices for harvesting and purifying stem cells; and provide a concise summary of a few of the pediatric intestinal disorders that could be treated with cellular therapy.

# INTRODUCTION

Pediatric gastrointestinal disorders such as inflammatory bowel disease (IBD) and necrotizing enterocolitis (NEC) are concerning sources of patient morbidity and mortality within the pediatric surgical community. Medical management of these diseases is often suboptimal, and surgical resection of the diseased intestine may be warranted<sup>1</sup>. In many cases, however, surgical resection leaves the patient with an inadequate length of small intestine that precludes normal nutrient and fluid absorption. These patients may therefore require long term parenteral nutritional support due to short bowel syndrome (SBS).

Research is underway to understand the mechanisms associated with the intestinal ischemia and inflammation, bacterial translocation, sepsis, and organ failure that frequently go hand-in-hand with these disorders<sup>2-7</sup>. In addition, studies continue in the fields of small bowel transplantation, tissue engineering, and operative intervention, with the hopes of finding a means to replace or supplement the absorptive properties of the native intestine<sup>8-10</sup>. In this

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regard, stem cells represent a novel treatment modality with increasing therapeutic potential  $^{11-14}$ . The extensive proliferation and differentiation capacities of stem cells make them optimal for seeding tissue engineered grafts  $^{15}$ . In addition, the release of protective factors (paracrine effects) has also been shown to be beneficial to ischemic tissues  $^{11, 16-20}$ .

Surgeons are best-positioned to take optimal advantage of stem cell therapy for their patients because they encounter tissue loss and dysfunction in everyday practice. In our ongoing investigational efforts to replace, regrow, and protect damaged or threatened tissue, a thorough understanding of the potential of stem cell therapy is paramount. Therefore, this manuscript will serve to: 1) review the different types of stem cells that may be applicable to the treatment of intestinal disorders, 2) review the mechanisms suggesting that stem cells may work for these conditions; 3) discuss current practices for harvesting and purifying stem cells and 4) provide a concise summary of a few of the pediatric intestinal disorders that could be treated with cellular therapy. It is our hope that the contents of this review will provide an overview of stem cell biology, and spur continued research into stem cell applications for the treatment of gastrointestional disorders.

## STEM CELLS: CHARACTERIZATION AND ISOLATION

#### Embryonic, Bone Marrow Derived, and Umbilical Stem Cells

Stem cells are defined as unspecialized or undifferentiated precursor cells with the capacity for self-renewal and the power to differentiate into multiple different specialized cell types<sup>12</sup>. Grossly, stem cells are divided into either embryonic stem cells (ESCs) or adult stem cells, with adult stem cells being further divided into specific tissue stem cells, umbilical stem cells, or bone marrow stem cells. Adult stem cells are certainly the most commonly studied, as embryonic stem cells (ESCs) are present only during fetal development.

In 1998, James Thompson and his colleagues reported the establishment of human ESC lines that were extracted from embryos created by in-vitro fertilization. These cells, which form the inner cell mass at day 5–7 after fertilization, were transferred to a culture dish with feeder cells and allowed to replicate. In theory, these cells could retain their self-renewing capabilities without differentiating, and could give rise to cells with indefinite replicative properties. Thus ESCs have the potential to develop into most, if not all cell types within the body<sup>21-23</sup>. However, due to ethical, legal, and political issues, government funding agencies are only permitted to fund studies using ESC lines derived prior to August 9, 2001<sup>24</sup>. Due to this mandate, other sources of stem cells have been investigated.

The adult body has a limited number of somatic stem cells in certain tissues and organs<sup>25-27</sup>. These adult stem cells possess the ability to regenerate the tissue from which they are derived. For example, hematopoietic stem cells constantly regenerate the circulating blood cells and cells of the immune system. Adult stem cells though, have a limited differentiation capability, whereas ESCs have the potential to form most, if not all cells over long periods of in-vitro culture.

Several studies have confirmed that adult stem cells participate in tissue regeneration. This was first seen by Ferraris and colleagues after the injection of bone marrow stem cells into injured muscle tissue<sup>28</sup>. Progenitor cell therapy was also shown to aid ischemic tissue by increasing angiogenesis in ischemic hind limb models<sup>29</sup>. Furthermore, multiple studies continue to support the notion that stem cell therapy improves cardiac function during conditions of ischemia<sup>30-32</sup>, including recently published human trials examining stem cell transplantation following myocardial infarction<sup>33, 34</sup>. Therefore, it is likely that stem cells can be utilized for a variety of ischemic and inflammation induced diseases, including those of the intestine.

Each stem cell, whether derived from the bone marrow, or from a specific tissue, has a unique manner of isolation. Bone marrow stem cells are typically divided into hematopoietic or mesenchymal stem cells based on cell surface markers. Hematopoietic cells are CD34+ and CD44-, whereas mesenchymal stem cells are negative for hematopoietic markers such as CD34, CD45, CD117, and CD11b, but positive for mesenchymal stem cell markers including CD44, Sca-1, and CD90<sup>35-37</sup>. Mesenchymal stem cells can be purified and isolated from the marrow quite easily due to their ability to bind to plastic<sup>38</sup>. Both cell lines can also be isolated and purified via fluorescent activated cell sorting, which makes use of the cell surface markers that are unique to each line. In addition, mesenchymal stem cells have the ability to suppress the immune response, which may become clinically applicable during stem cell transplantation<sup>39</sup>.

Umbilical cord stem cells are isolated in a manner similar to that of bone marrow stem cells. Umbilical cord derived mesenchymal stem cells are found in lower frequency in the umbilical cord and are negative for hematopoietic antigens. Umbilical cord mesenchymal stem cells express CD29, CD44, CD49, CD51, and CD105. They also have a high potential for proliferation, and are capable of differentiating into a number of tissues<sup>40</sup>. Due to the existence of umbilical cord blood banks and their high degree of proliferation, these cells may be an abundant source of mesenchymal cells for therapeutic use.

#### **Gastrointestinal Stem Cells**

Gastrointestinal stem cells possess the ability to differentiate into all cells that occupy the villus, including enterocytes, endocrine cells, and goblet cells<sup>41</sup>. Under normal conditions, these stem cells may divide asymmetrically, giving rise to one stem cell and one cell that differentiates into the different types of epithelial cells. Under conditions of stress though, these stem cells may divide symmetrically, giving rise to two progenitors that replace injured stem cells<sup>42</sup>.

Although it has been proven that the intestinal crypts harbor the intestinal stem cells, their exact location within the crypts is controversial. Previously, intestinal stem cells had been proposed to lie, on average, four cells up from the base of the crypts, immediately above the Paneth cells. These cells were conventionally named +4 label-retaining cells (+4 LRCs) based on studies demonstrating that they maintained a quiescent state, were slow cycling, and therefore retained chemiluminescent labels (Figure 1)<sup>43, 44</sup>. Recent studies have proposed a second group of intestinal stem cells that also maintain specific cellular markers, divide rapidly, and give rise to all cells of the intestine. These cells are referred to as crypt-based columnar cells (CBCs), and are located at the base of the crypts interspersed between the Paneth cells<sup>45</sup>.

Until recently, there had not been consistently reliable markers to identify these intestinal stem cells. However, with ongoing study, several intestinal stem cell markers including *Musashi* 1, *Lgr5* (leucine-rich-repeat-containing G-protein-coupled receptor 5, also known as Gpr49), and *DCAMKL-1* (doublecortin and CaM kinase-like-1) have been identified<sup>41, 46, 47</sup>. *Musashi* 1, an RNA-binding protein, was originally thought to be a neural stem cell marker<sup>48, 49</sup>. However, subsequent studies demonstrated that *Musashi-1* was also present on intestinal and colonic stem cells <sup>41, 50, 51</sup>. Utilizing this marker, the isolation of an unpure culture of intestinal stem cells from the jejunum was achieved<sup>52</sup>. However, additional markers were clearly needed to purify this culture.

*Lgr5* has recently been discovered and has been shown to exist exclusively in crypt base cells within the intestine. Cells expressing this marker were found to exhibit stem cell characteristics, persist for at least 60 days, and were resistant to irradiation<sup>46</sup>. Similarly, antibodies directed against DCAMKL-1, a microtubule associated kinase, revealed single cell staining in crypt bases at or near the +4 position. These cells were resistant to irradiation, and immunohistocehmical analysis showed co-localization of *DCAMKL-1* positive cells with

*Mushashi-1*<sup>47</sup>. Therefore, the combined use of these markers may allow for the isolation of purified intestinal specific stem cells within this protected stem cell niche.

Studies examining intestinal stem cell signaling have also suggested that *Wnt/Ephrin, BMP* (bone morphogenic protein), *Notch*, and *PI3K/PTEN* (P-phosphatase and tensin homologue) signaling cascades are dramatically involved with intestinal stem cell proliferation and lineage commitment<sup>53-56</sup>. The "on-off" signals provided by these pathways may work to convert quiescent stem cells to their active forms, much like a combination on a lock. These cascades have also been shown to play a role in the migratory process of the cells out of the crypt, as a decreasing concentration gradient of *Wnt/Ephrin-B2* receptors, and an increasing gradient of *BMP* toward the top of the villus drives crypt cells upward. This differential expression ultimately specifies crypt cell position. Thus, as cells migrate upward along the crypt and farther from the *Wnt* source at the crypt base, *Ephrin-B* receptor expression decreases and *Ephrin-B* ligand expression increases, thereby preventing downward migration. In addition, because Paneth cells do not express *Ephrin-B* ligands and only express *Ephrin-B3* receptors, their upward migration is prohibited, and, subsequently, they are forced to remain at the crypt base.

Experiments designed to further purify intestinal stem cells are certainly required prior to their widespread use. Furthermore, study of these purified cells under conditions of stress will allow for the understanding of their various intracellular signaling cascades. Once these mechanisms are elucidated, intestinal stem cells may be deemed the most optimal stem cell to seed tissue engineered grafts or to apply to injured tissues during therapy.

## STEM CELLS AS A THERAPEUTIC TREATMENT OPTION

Several recent studies have suggested that higher levels of circulating stem cells may be an important aspect of native tissue protection<sup>57-60</sup>. Premature neonates have remarkably high levels of hematopoietic stem cells in their peripheral blood at birth<sup>61</sup>. Therefore, if stem cells are a potent source of protection for injured tissues, it is plausible that those patients who develop IBD or NEC may have lower numbers of functional native stem cells or may not be able to mobilize stem cells to the areas of injury. Furthermore, recent studies have suggested that intestinal stem cell activity is upregulated following massive intestinal loss<sup>62</sup>. In this regard, supplying an adequate number of functional stem cells to affected patients, either through tissue engineered neointestine, or via stem cell transplantation, may increase overall enteric function, promote intestinal restitution, and relieve disease symptoms. Although the optimum method of stem cell delivery has yet to be determined, many options have been tested including intravascular delivery and direct infusion into ischemic tissue<sup>63</sup>. Other methods such as enteral delivery via oral or transrectal approaches have yet to be addressed.

#### **Tissue Engineering**

The engineering of neointestine dates back to 1988, when Vacanti and his colleagues from Boston attempted to grow enterocytes on biodegradeable polymers<sup>64</sup>. The concept of tissue engineering surrounds three principles, namely the cell source, the biomaterial, and the biomolecules that integrate the cells and the matrix<sup>65</sup>. Cells can be of multiple different sources, including differentiated progenitor cells, stem cells, or tissue/organ specific cells. Furthermore, the biomaterials and biomolecules can be natural or synthetic, and can be made of varying compounds.

The cell source is a very important component of engineering neointestine, as the cells should possess the ability to differentiate into all aspects of the intestine, including absorptive and secretory cells, as well as cells to supply the nearby vasculature and physical support. In this regard, stem cells, with their multilineage capabilities, are probably most ideal to differentiate into all the necessary cells of the bowel. Finding the stem cell with optimum characteristics

for tissue regeneration and ischemic protection, including optimal age, gender, and host source, therefore becomes paramount  $^{66-68}$ .

Bone marrow derived progenitor cells have the ability to regenerate multiple mesenchymal tissues including that of bone, muscle, cartilage, and stroma, and have recently been shown to repopulate the intestine after injury<sup>65, 69</sup>. Specifically, mesenchymal stem cells have been shown to develop into hepatocytes<sup>70</sup>, muscle cells<sup>28</sup>, neurons<sup>71</sup>, renal tubular epithelial cells<sup>72</sup>, and intestinal cells<sup>73</sup>. Circulating hematopoietic stem cells have also been shown to differentiate into mature hepatocytes and epithelial cells of skin and the gastrointestinal tract. This was determined by analyzing biopsy specimens from subjects who received hematopoietic stem cells are easily harvested and isolated, it seems reasonable to utilize them as the cellular source for the construction of tissue engineered grafts.

Elevations in stem cell quantity appear to be protective to the intestine, as increased numbers of bone marrow derived cells were closely related to recovery after ulcerative endothelial damage, as measured by immunohistochemistry<sup>57</sup>. Despite that other studies have also seen improvements in disease pathology with increasing numbers of circulating stem cells<sup>75</sup>, some studies have seen no improvement<sup>76</sup>. This may suggest that elevations of specific stem cell lines have implications in providing tissue protection from only certain diseases.

Isolation of enterocytes and intestinal stem cells is also of primary interest for potential therapy of injured intestine. Maintaining primary enterocyte cultures, however, has proven difficult, as these are fully differentiated, non-replicating cells. Methods have been established to isolate the three dimensional structure of the villus, termed the intestinal organoid. Intestinal organoid units are multicellular units derived from neonatal small intestine which contain a mesenchymal core surrounded by a polarized intestinal epithelium. These organoid units contain all the cells within a full-thickness section of bowel<sup>77</sup>, <sup>78</sup>. Isolation of organoids was first achieved by Weiser, and has been modified to involve a Collagenase/Dispase method of digestion of the intestinal lumen<sup>77</sup>.

Once the isolation of intestinal organoid units was achieved, biological engineers began to utilize them as the cellular source for small intestinal grafts. Vacanti's group transplanted small intestinal organoid units on a polymer scaffold onto rat omentum, and noticed that the grafts formed cystic structures of neointestine. Other investigators have implanted scaffolds, followed by seeding with intestinal stem cells, and have found that the neointestine maintains similar characteristics of native intestine up to three months after implantation. Immunofluoresence analysis demonstrated that crypt cells continued to divide, and that massive small bowel resections seemed to increase the stimuli for growth and incorporation of the transplanted tissue engineered grafts <sup>79</sup>, <sup>80</sup>. Furthermore, organoid units harvested from areas of peak absorption, such as where bile acids are absorbed in the terminal ileum, were shown to express these absorptive properties even when grown on a scaffold in the jejunum<sup>81</sup>.

Intestinal organoids that grew on scaffolds not only repopulated the intestine, but also resulted in vascular and lymphatic proliferation, predominantly through VEGF production<sup>82, 83</sup>. When the neointestinal cysts were anastomosed to the native intestine, the neointestine developed the dynamic features of the native intestine. Recent work in rats has demonstrated that implantation of tissue engineered small intestine following massive small bowel resection increased postoperative weight and serum B12 levels compared to those animals without tissue engineered small intestinal implantation<sup>84</sup>. These data suggest that the neointestine is not only anatomically intact, but is also functioning to absorb calorically dense nutrients. These studies give promising hope to future human applications of tissue engineered intestine. Further studies

designed to evaluate the long term effects of neointestinal implantation, as well as investigation into nano- and microfabrication techniques to evaluate the individual cellular response to the microenvironment are warranted 15, 85.

Intestinal cell engineering groups continue to focus on identifying the most appropriate polymer scaffold on which to seed new cells. Small intestinal submucosa (SIS) has been evaluated as a new scaffolding polymer but has achieved mixed reviews on its efficacy<sup>86</sup>, <sup>87</sup>. Additionally, SIS is a natural matrix which makes large scale and homogenous preparation difficult. Alternative scaffolds that have many of the properties of SIS, such as chitosan and polyester matrices, are therefore being evaluated with modest success<sup>88-91</sup>.

#### Paracrine Effects

A variety of cellular growth factors have been previously shown to play key roles in maintaining gut mucosal barrier function<sup>92-95</sup>. Therefore, increased local concentrations of these factors may promote healing and gut restitution following injury. For example, hepatocyte growth factor (HGF) may work to decrease cellular apoptosis and increase angiogenesis while also improving rat small intestinal function, mucosal mass, and substrate absorption<sup>96-100</sup>. Similarly, vascular endothelial growth factor (VEGF) has been shown to inhibit leukocyte/ epithelial cell adherence and the effects of chronic inflammation<sup>101</sup>. VEGF also appears to enhance angiogenesis during acute inflammation and ischemia, and may enhance stem cell survival during transplantation<sup>102-104</sup>. Other growth factors, such as keratinocyte growth factor (KGF), have been shown to inhibit intestinal ulceration and to promote protective prostaglandin release, while glucagon-like protein 2 (GLP-2) and epidermal growth factor (EGF) may promote intestinal restitution following injury<sup>94, 105, 106</sup>. Finally, elevated levels of insulin-like growth factor-1 (IGF-1) have been shown to decrease pro-apoptotic signaling and increase cellular proliferation<sup>107</sup>.

Stem cells have previously been thought to aid injured tissue via several different mechanisms. Some feel that stem cells differentiate into specific end organ cells, which then become incorporated into the tissue to increase post-injury functional recovery<sup>108</sup>. However, others have shown in cardiac, pulmonary, and renal tissue that protection from injury can be achieved in the absence of stem cell differentiation, thereby suggesting that stem cells aid native tissues via cell-cell interactions or via the release of protective paracrine substances during their transit through injured tissue<sup>31, 109-111</sup>.

Stem cell paracrine properties likely aid in the recovery of injured tissue via a variety of mechanisms (Figure 2). These include the production of antioxidants such as catalase, glutathione peroxidase, and manganese superoxide dismutase, which work to decrease the number of damaging oxygen free radicals present in ischemic tissue<sup>112</sup>. In addition, stem cells have been shown to produce growth factors, such as VEGF, HGF, KGF, EGF, and IGF-1, which may enhance stem cell survival during transplantation, and are believed to protect ischemic tissues via the promotion of angiogenesis, the inhibition of apoptosis, and the promotion of cellular proliferation<sup>113</sup>, 114.

The release of stem cell paracrine mediators are triggered by a number of factors, including endotoxin and hypoxia<sup>115</sup>. These noxious stimuli may activate stem cells directly, causing them to release beneficial paracrine mediators via the activation of a variety of intracellular signaling cascades<sup>113, 115</sup>. Conversely, proinflammatory mediators, such as IL-6, TNF, and IL-1 $\beta$ that are released from native tissue after injury<sup>116-120</sup> may subsequently trigger stem cell activation and the release of beneficial mediators to enhance native tissue recovery.

Through the release of these complex paracrine factors, stem cells collectively work to enhance neovascularization and perfusion to injured tissues. Indeed, studies on intestinal vascular

neogenesis noted that non-bone marrow-derived circulating progenitor cells increased liver and intestinal vasculogenesis by 6.3% and 4.7% respectively<sup>121</sup>. Enhanced neovascularization after stem cell therapy has also been demonstrated in inflammatory bowel disease<sup>11</sup>, as well as in other tissues, including adipose<sup>29</sup> and cardiac tissue<sup>122</sup>. Previous investigators who have studied the molecular mechanisms of ulcer healing have noted that VEGF, KGF, and HGF are essential to the re-epithelialization, muscle restoration, epithelial cell proliferation, and reconstruction of gastric glands after ulcer injury<sup>105, 123</sup>. Furthermore, the application of mesenchymal stem cells to these ulcers was shown to increase ulcer healing via a VEGF dependent mechanism<sup>124</sup>.

Stem cell paracrine mechanisms also work to salvage tenuous native cells<sup>125</sup>, alter the extracellular matrix<sup>126</sup>, and activate resident stem cells<sup>24</sup>. These characteristics become important during intestinal inflammation in that stem cell transplant may work to preserve the absorptive and barrier functions of marginally damaged intestinal cells. Furthermore, activation and recruitment of native intestinal stem cells may facilitate enhanced intestinal restitution and cellular repair, thereby decreasing disease symptoms.

In an attempt to design stem cells that produce maximum amounts of protective factors, it becomes essential to understand the intracellular signaling associated with stem cell paracrine effects. Several studies have confirmed enhanced stem cell growth factor production and enhanced post ischemic protection associated with female gender<sup>17</sup>, 67, 127, 128, TNF receptor inhibition<sup>129</sup>, as well as p38 MAPK and STAT 3 activation<sup>130</sup>. Indeed, many others have recognized positive effects associated with estrogen<sup>131-133</sup> and TNF inhibition<sup>134-139</sup> in other tissues, and therefore, it stands to reason that these would also be beneficial in stem cell signaling. Further studies designed to elucidate the mechanisms of stem cell activation and their associated intracellular signaling cascades are certainly warranted before widespread human application can take place.

# PEDIATRIC INTESTINAL DISORDERS WHERE STEM CELLS MAY SHOW PROMISE

Stem cells have been relatively understudied for the treatment of pediatric disorders. However, investigations into the potential use of stem cells in pediatric cardiac<sup>140</sup>, neurological<sup>141</sup>, perinatal<sup>142</sup>, and pulmonary diseases<sup>143, 144</sup> have been recently undertaken. Stem cell therapy has not yet been adopted for routine use in the treatment of pediatric intestinal disorders, however, a few disorders, such as IBD, NEC and short bowel syndrome, may be amenable to stem cell therapy. Cellular therapy for the treatment of inflammatory bowel diseases and tissue engineering studies to counter short bowel syndrome have already been initiated, and have been met with modest success. Cellular therapy for the treatment of necrotizing enterocolitis has not yet been addressed. Tremendous potential exists in the treatment of these disorders with stem cells, and a review of the current and potential role of cellular therapy for them follows.

#### Inflammatory bowel disease

Crohn's disease (CD) and ulcerative colitis (UC) are heterogeneous chronic inflammatory bowel disorders (IBD)<sup>145</sup>. The prevalence of CD and UC in children younger than 20 years is 43 and 28 per 100,000, respectively. Under normal circumstances, injury to the intestinal mucosa promotes a process of wound healing that restores normal tissue architecture and function. In IBD, and particularly in CD, the transmural inflammation and tissue damage elicit an excessive wound-healing response that leads to a distortion of tissue architecture, fibrosis, and subsequent stenosis. These complications, therefore, are some of the major reasons for surgical intervention<sup>146</sup>.

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Stem cell therapy has recently been found to benefit patients suffering from IBD. Positive effects were noted in several studies which examined IBD patients undergoing allogenic stem cell transplantation for leukemia<sup>57</sup>. Patient IBD symptoms improved after transplant, and follow-up colonoscopy revealed complete resolution of pathologic findings<sup>147, 148</sup>. Animal studies examining the role of embryonic stem cells on small intestinal and colonic repair after IL-10 induced colitis demonstrated that embryonic stem cells homed to areas of injury in the small intestine and colon, promoted repair, decreased tissue inflammation, and restored balance to the immune system<sup>149</sup>. In addition, other studies have demonstrated that the levels of circulating endothelial progenitor cells were decreased or depleted in those with IBD<sup>150</sup>. These data would suggest that there is an inherent error in the stem cell homing or regenerative capacities in patients with IBD, and that improving these characteristics via stem cell therapy may improve intestinal cell function and/or restitution, and subsequently, may ameliorate patient symptoms.

The European experience for stem cell therapy in IBD was recently published, and showed sustained remission of IBD symptoms in approximately one third of cases<sup>151</sup>. A prospective randomized trial of stem cell therapy for IBD treatment in Europe (ASTIC-Autologous Stem Cell Transplantation International Crohn's Disease) is currently underway<sup>146</sup>. The results of this study should provide tremendous insight into the clinical utility of stem cell therapy for IBD.

#### Necrotizing Enterocolitis and Short Bowel Syndrome

NEC is one of the most devastating intra-abdominal emergencies of the newborn infant. Approximately 1–7% of all neonatal ICU admissions, and up to 10% of very low birth weight infants are affected<sup>1</sup>. Due to the severity of the disease process, resection of ischemic and necrotic intestine is often required<sup>152</sup>. Outcomes studies have noted that infants with NEC have not only increased long-term intestinal morbidity including increased rates of stricture, abscess, and short gut syndrome<sup>153, 154</sup>, but also increased likelihood of neurodevelopmental impairment, especially if they have undergone surgical intervention<sup>155</sup>.

Stem cell therapy has yet to be studied in human cases or animal models of NEC, but could certainly be useful for limiting the degree of intestinal ischemia and the subsequent peritonitis associated with perforation. Stem cells have already been shown to accelerate the healing of gastric ulcers as well as colonic perforations due to diverticulitis<sup>156, 157</sup>. Stem cell therapy might protect injured native intestine by promoting neovascularization, while also facilitating intestinal restitution following the removal of the injuring stimulus<sup>121</sup>. Stem cells could be delivered through multiple mechanisms, but may be most effective at the time of surgery. Stem cell delivery via open surgical intervention or to-be-developed minimally invasive approaches may work to halt the progression to frank perforation, gross intraperitoneal contamination, sepsis, and subsequent death.

Stem cells may also play a powerful role in the treatment of short bowel syndrome, which may result from massive intestinal resection for Hirschprung's disease<sup>158</sup>, NEC<sup>9</sup>, severe intestinal atresia, or volvulus<sup>159</sup>. SBS is the most common cause of protracted intestinal failure mandating long term dependence on parenteral nutrition for survival<sup>159</sup>. Moreover, parenteral nutrition increases the risk for developing parenteral nutrition-associated liver failure<sup>160</sup>. Pediatric surgeons, therefore, play a vital role in influencing the morbidity and mortality of SBS patients by optimizing bowel preservation at the time of resective surgery, using gut lengthening procedures to optimize the residual small bowel's functional surface area, and facilitating timely consideration for intestinal transplantation<sup>161</sup>.

Experimental studies designed to increase intestinal absorptive capacity, such as growth hormone, epidermal growth hormone, recombinant glucagon-like-peptide 2, or glutamine

therapy, as well as operative gut lengthening procedures, have been met with modest success  $^{162-164}$ . In this regard, stem cell engineered bioprosthetic neointestine may prove beneficial in conjunction with these techniques to increase the absorptive capacity of the intestine. Such procedures have already shown benefit in animal models, and may decrease the need for long-term parenteral nutrition or multivisceral organ transplantation<sup>84</sup>.

#### CONCLUSION

Stem cell research has made tremendous advancements over the past decade. Through multiple studies, it has become clear that stem cells possess tremendous therapeutic potential in protecting native tissues from ischemia and inflammation induced injury. It is our hope that this review will spur interest in cellular therapy, and encourage research in utilizing stem cells for the treatment of pediatric intestinal diseases. Further insight into the mechanisms of stem cells may provide better ways of utilizing progenitor cell therapy for maximizing therapeutic potential during the treatment of ischemic and inflammation induced intestinal disorders.

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#### Figure 1. Schematic view of a Crypt of Lieberkuhn

Intestinal stem cells reside at the bases of the Crypts of Lieberkuhn. Two different intestinal stem cell populations are thought to exist, including a slow cycling cell located at the +4 crypt position. In addition, a faster cycling stem cell known as a crypt-based columnar cell resides at the base of the crypt between the Paneth cells . As more superficial cells slough into the intestinal lumen, the stem cells divide and differentiate into absorptive and secretory progenitors, which then further differentiate into mature intestinal cells that migrate to the top of the villus.



#### **Figure 2. Stem Cell Paracrine Properties**

As a result of ischemia or other noxious insult, native stem cells release multiple inflammatory mediators that activate stem cells. These stem cells, in turn, release a number of protective paracrine substances, which may work to decrease inflammation, apoptosis, and intestinal dysfunction.