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## VKORC1 polymorphisms, haplotypes and haplotype groups on warfarin dose among African–Americans and European–Americans

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### Abstract

**Background:** Although the influence of *VKORC1* and *CYP2C9* polymorphisms on warfarin response has been studied, variability in dose explained by *CYP2C9* and *VKORC1* is lower among African–Americans compared with European–Americans. This has lead investigators to hypothesize that assessment of *VKORC1* haplotypes may help capture a greater proportion of the variability in dose for this under-represented group. However, the inadequate representation of African–Americans and the assessment of a few *VKORC1* polymorphisms have hindered this effort.

**Methods:** To determine if *VKORC1* haplotypes or haplotype groups explain a higher variability in warfarin dose, we comprehensively assessed *VKORC1* polymorphisms in 273 African–Americans and 302 European–Americans. The influence of *VKORC1* polymorphisms, race-specific haplotypes and haplotype groups on warfarin dose was evaluated in race-stratified multivariable analyses after accounting for *CYP2C9* (\*2, \*3, \*5, \*6 and \*11) and clinical covariates.

**Results:** *VKORC1* explained 18% (30% with *CYP2C9*) variability in warfarin dose among European–Americans and 5% (8% with *CYP2C9*) among African–Americans. Four common haplotypes in European–Americans and twelve in African–Americans were identified. In each race *VKORC1* haplotypes emerged into two groups: low-dose (Group A) and high-dose (Group B). African–Americans had a lower frequency of Group A haplotype (10.6%) compared with European–Americans (35%,  $p < 0.0001$ ). The variability in dose explained by *VKORC1* haplotype or haplotype groups was similar to that of a single informative polymorphism.

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Ethical conduct of research

The authors state that they have obtained appropriate institutional review board approval or have followed the principles outlined in the Declaration of Helsinki for all human or animal experimental investigations. In addition, for investigations involving human subjects, informed consent has been obtained from the participants involved.

**Conclusions:** Our findings support the use of *CYP2C9*, *VKORC1* polymorphisms (rs9934438 or rs9923231) and clinical covariates to predict warfarin dose in both African- and European-Americans. A uniform set of common polymorphisms in *CYP2C9* and *VKORC1*, and limited clinical covariates can be used to improve warfarin dose prediction for a racially diverse population.

### Keywords

African-Americans; cohort study; *CYP2C9*; European-Americans; pharmacogenetics; *VKORC1* haplotypes; warfarin

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Although investigations have identified the influence of several genes on warfarin response, the bulk of the evidence supports the influence of polymorphisms in two genes; cytochrome P4502C9 (*CYP2C9*) and vitamin K epoxide reductase complex 1 (*VKORC1*) [1]. Among European-Americans and Asians these genes have demonstrated a consistently significant influence on warfarin response accounting for up to 35% variability in dose (up to 60% with clinical factors) [2-23]. Among African-Americans their influence has been weaker and less consistent [24-30], leading investigators to hypothesize that assessment of *VKORC1* haplotypes may capture the variation in dose explained in this under-represented group. However, the inadequate representation of African-Americans and the assessment of a limited number of *VKORC1* polymorphisms have hindered this effort.

Rieder *et al.* after comprehensively assessing *VKORC1* polymorphisms, concluded that haplotypes are no more informative (in predicting warfarin dose) than one of five single segregating SNPs: rs2359612, rs8050894, rs9934438, rs9923231, rs7196161 among European-Americans [13]. The low-dose and high-dose haplotypes identified accounted for 96% of all haplotypes among European-American patients. These haplotypes accounted for only 62% of haplotypes in African-American samples (n = 96, Coriell Cell Repository) [13] highlighting the need for additional studies in African-American patients on warfarin therapy to understand the influence of these (and potentially other) haplotypes on warfarin dose in this population.

Recognizing that the *VKORC1* haplotype structure may differ significantly between persons of European versus African descent [31-33], at least partially explaining racial differences in warfarin requirements [34] we comprehensively assessed *VKORC1* polymorphisms among African- and European-Americans to determine race-specific haplotypes and haplotype groups. We then evaluated the influence of single *VKORC1* polymorphisms, haplotypes and haplotype groups on warfarin dose in race-stratified analyses after adjustment for *CYP2C9* (\*2, \*3, \*5, \*6 and \*11) and clinical variables.

### Methods

The Pharmacogenetic Optimization of Anticoagulation Therapy (POAT) study is a prospective cohort study aimed at defining the influence of *CYP2C9* and other polymorphisms on warfarin response. The study is being conducted at the University of Alabama at Birmingham (UAB; AL, USA), The Kirklin anticoagulation clinic (TKC-AC; AL, USA) and the Jefferson Clinic PC (AL, USA), Jefferson County Health System (CGH-JC) under the approval of the respective Institutional Review Boards.

### Inclusion & exclusion

Patients aged 20 years and over, identified at the initiation of therapy, were considered eligible if the intended duration of therapy was 2 years or longer and the target international normalized ratio (INR) range was 2–3.

## Data collection

A structured interview was used at the time of enrolment to obtain a detailed medical (indication for therapy, concomitant medications, and comorbid conditions), sociodemographic (self-reported race, age, gender, education, annual household income, medical insurance, occupation) and lifestyle (smoking, alcohol use, physical activity, height and weight, and dietary vitamin K intake) history. Patients were followed monthly for up to 2 years from initiation of therapy. The frequency of follow-up was dependent on stability of anticoagulation control as required by the clinical standards. Therefore patients with more frequent INRs outside target range were monitored more closely than those with INRs in target range. At each visit factors influencing warfarin response such as dose, INR, concurrent medications, dietary vitamin K, alcohol intake, compliance and level of physical activity were documented as detailed in recent publications [26,27,30].

## SNP selection & genotyping

Blood sample collection, DNA extraction and genotyping methodology for *CYP2C9* (\*2, \*3, \*5, \*6, \*11) are detailed in recent manuscripts [26,27]. In order to verify allele frequencies in our population, all SNPs in *VKORC1* with reported minor allele frequency (MAF) of 2% or greater [101] were assessed using the Sequenom (CA, USA) iPLEX<sup>®</sup> technology at the Broad Institute. The 2% cut-off was implemented to ensure the assessment of all potentially significant SNPs. The overall genotyping accuracy was greater than 98%. A total of 4 SNPs (rs17886199, rs17878338, rs7196161 and rs9923231) were assessed using pyrosequencing at the Heflin Center Genomics Core Laboratory at UAB.

PCR and sequencing primers for these four *VKORC1* polymorphisms, designed using Assay Design 1.0 program (Biotage, Uppsala, Sweden) are presented in Table 1. For all the SNPs 10 µl of the PCR product was bound to streptavidin (SA) coated sepharose beads (GE Biosciences, UK) via a biotin labeled PCR primer by shaking for 10 min. The SA-sepharose bound DNA was washed using a PyroMark vacuum workstation (Biotage, Uppsala, Sweden) in 70% ethanol, denatured in 0.2 N NaOH with a final wash in 10mM Tris-Acetate pH 7.6. The resulting single stranded DNA was eluted off the vacuum tool into a 96-well plate containing 0.3 µM of sequencing primer; the plate was then heated to 80°C and allowed to cool to 25°C prior to sequence analysis. Sequence analysis was performed by standard pyrosequencing reactions using the PSQHS96A pyrosequencing instrument (Biotage, Uppsala, Sweden).

## Outcome definitions & statistical methods

Analysis of variance was used to assess group differences for continuous variables and  $\chi^2$  test of independence for categorical variables. Hardy–Weinberg Equilibrium (HWE) assumption was tested using the  $\chi^2$  test and exact test which was obtained using a Markov Chain Monte Carlo algorithm (Arlequin version 3.11) [35].

Dose (mg/day) was defined as the average maintenance dose after the attainment of therapeutic anticoagulation (INR range 2–3). The influence of individual *VKORC1* SNPs on dose (log transformed to attain normality) effects was evaluated in race-stratified univariate analyses. *VKORC1* SNPs explaining 1.0% or more of the variability in dose were then evaluated using multivariable analyses.

Race-stratified linear-regression analysis was conducted to assess the influence of each individual *VKORC1* SNP on dose after adjustment for *CYP2C9*, age, gender, BMI, socio-demographic factors, smoking status, level of physical activity, alcohol, vitamin K intake, presence of comorbid conditions (e.g., congestive heart failure [CHF], renal failure, etc.) and drug interactions (e.g., amiodarone and statins). Backward elimination technique was used to select influential predictors ( $p < 0.2$ ). Geno-types effects were evaluated in additive (geno-type

included as covariates with 3-levels) and dominant models (genotypes included as covariates with 2 levels; wild-type versus variant). All analyses were performed using SAS version 9.1 (SAS Institute, NC, USA) at a nondirectional  $\alpha$  of 0.05.

*VKORC1* haplotypes for each individual were inferred with use of the PHASE program (version 2.0.2) independently for African–Americans and European–Americans. To ensure robust and stable haplotype inference we included SNPs with MAF greater than or equal to 5% within our cohort. In practice, haplotype phase information is usually unknown and needs to be estimated, where uncertainties (multiple haplotype configurations are possible for each individual) are induced. If such uncertainties from haplotype inference are not taken into account, such as using only the most likely haplotype pairs for each individual in the subsequent analysis, haplotype-based analyses using inferred haplotypes may lose power and may be biased [36,37]. Under a generalized linear model framework, HAPLO.STATS (R package, version 1.3.1) estimates haplotype frequencies and regression parameters jointly, and thus takes the uncertainty from haplotype inference into account [38,39]. To assess the influence of *VKORC1* haplotypes, *CYP2C9* and clinical covariates on dose we evaluated both additive and dominant models using regression analyses implemented in HAPLO.STATS.

Genealogic trees were constructed on the basis of dissimilarity between haplotypes and with use of the unweighted pair group method with arithmetic mean (UPGMA) clustering method implemented in Phylogeny Inference Package (PHYLIP) version 3.67 [102]. The influence of *VKORC1* haplotype groups on dose after adjustment for *CYP2C9* and clinical covariates was evaluated in additive and dominant models by regression analyses in HAPLO.STATS. Tukey–Kramer type corrections were made to adjust for multiple testing.

## Results

Of the 621 eligible patients asked to participate in the study, 43 (6.9%) declined participation. The enrolled cohort was comprised mainly of African–Americans (47.2%) and European–Americans (52.2%). The cohort characteristics and prevalence of variant *CYP2C9* genotypes, detailed in previous reports [26,27,30] are summarized in Table 2. There were no significant differences in the proportion of women, length of follow-up or BMI across race groups. European–Americans were older, more physically active, and more likely to be light drinkers (1–7 drinks/week); to have medical insurance, higher education and higher income. Stroke and venous thromboembolism were more common indications for therapy among African–Americans, while atrial fibrillation and valvular heart disease were more common in European–Americans. More European–Americans had undergone coronary artery bypass grafting or percutaneous coronary angioplasty, had hyperlipidemia and malignancies while the prevalence of end stage renal disease and renal insufficiency was higher among African–Americans. The use of nonsteroidal analgesics, *CYP2C9* inhibitors or substrates did not differ across racial groups [26,27,30,40]

### *VKORC1* polymorphisms

Although we planned to assess all polymorphic *VKORC1* SNPs with reported MAF greater than or equal to 2%, four SNPs (rs13337470, rs17881535, rs17878521, rs17880887) could not be assessed due to assay limitations/failure. The influence of these SNPs was captured through assessment of other SNPs in strong linkage disequilibrium (LD) (rs17878521 = rs17878338 –  $r^2 = 0.8$ ; rs17881535 and rs17880887 = rs17708472 –  $r^2 = 0.7$ ; rs13337470 = rs13336384 –  $r^2 = 0.6$ ). Two additional African–American specific SNPs (rs17883590, rs17884766) were not assessed. An additional four SNPs (rs17882023, rs17878259, rs17884388, rs17884982) with reported MAF greater than or equal to 2% were found to be monomorphic in both race groups in our population. One SNP (rs17883590) with a reported MAF of 9% was found to have a lower prevalence (MAF 1.8%) in our cohort. HWE assumptions were met for all SNPs

assessed in both race groups (all  $p$ -values  $>0.5$ ). The distribution of SNPs ( $MAF \geq 2\%$ ) varied significantly by race group (Table 3). The influence of eight common *VKORC1* SNPs ( $MAF \geq 5\%$ ) among European-Americans and eleven SNPs among African-Americans on warfarin dose was statistically evaluated.

### ***Influence of individual VKORC1 SNPs on warfarin maintenance dose***

Univariate associations for each common *VKORC1* SNP ( $MAF \geq 5\%$ ) revealed that among European-Americans all eight SNPs (with  $MAF \geq 5\%$ ) were significantly associated with dose ( $p < 0.0002$ ). Among African-Americans only four (rs17882368, rs2359612, rs9934438, rs9923231) of the eleven SNPs were significantly associated with dose ( $p < 0.001$ ). The striking variation of  $MAF$  and differences in predictive power of individual *VKORC1* SNPs across racial groups supports the use of race-stratified multivariable analyses. For both race groups the variability in warfarin dose explained was higher when *VKORC1* or *CYP2C9* genotype was modeled on an additive scale compared with dominant scale (Table 4). The variability in dose explained by *VKORC1* (all SNPs) and *CYP2C9* was significantly higher among European-Americans compared with African-Americans after adjustment for clinical covariates. The *VKORC1 1173C/T* (rs9934438) explained the highest variability in warfarin dose among both African- and European-Americans in the multivariable model with *CYP2C9* and clinical covariates.

Among European-Americans regression analyses identified five highly correlated ( $r^2 > 0.9$ ) *VKORC1* SNPs (rs2359612, rs8050894, rs9934438, rs9923231, rs7196161) that explained 17–19% of the variability (10.6–13.6% for dominant model) in warfarin dose. The addition of *CYP2C9* improved the explanatory power to 28–31% (18.7–21.7% for dominant model, Table 4).

Among African-Americans two sets of SNPs (rs9934438 and rs9923231; rs17883591 and rs17886199) analyzed in this study were in strong LD ( $r^2 > 0.9$ ) while the LD between the other SNPs was weaker ( $r^2$  ranging from 0.2 to 0.6). In multivariable regression analyses *VKORC1* variants were significantly associated with warfarin dose, explaining 1–5% of the variability in dose. Addition of *CYP2C9* genotype improved the explanatory power up to 8% (6.2% for dominant model, Table 4).

### ***Influence of VKORC1 haplotypes & haplotype groups on maintenance dose***

Among European-Americans, six haplotypes inferred from eight common SNPs accounted for 97.5% of all haplotypes. Four haplotypes with frequency of 5% or greater, assessed in multivariable analyses explained 16.3% of the variability in warfarin dose ( $p < 0.0001$ ). Adjusted mean doses (and 95% CI) for each haplotype are presented in Table 5. Two haplotypes (*WHT3* and *WHT4*) were found to be independently associated with low warfarin dose after adjustment for *CYP2C9* and clinical covariates. Pairwise comparisons demonstrate the emergence of two distinct haplotype groups with *WHT3* and *WHT4* haplotypes associated with significantly lower warfarin dose compared with *WHT1* and *WHT2*. Tukey–Kramer adjustments for multiple comparisons did not alter the significance of this association ( $p < 0.0001$ ).

Among European-Americans the genealogic tree showing the relationship among the four common haplotypes indicates the emergence of two divergent haplotype groups (Figure 1A) differentiated by a set of five SNPs (rs2359612, rs8050894, rs9934438, rs9923231 and rs7196161). Haplotypes *WHT3* and *WHT4* (Group A: low-dose haplotype group) were associated with lower warfarin dose compared with *WHT1* and *WHT2* (Group B: high-dose haplotype group) after adjustment for *CYP2C9* and clinical covariates (Figure 1b). *VKORC1*

haplotype groups accounted for 16.2% variability in warfarin dose ( $p < 0.0001$ ) in multivariable regression analyses.

Among African–Americans, twelve haplotypes inferred from 11 common SNPs accounted for 98.4% of all haplotypes. Eight haplotypes with frequency of 5% or greater, assessed in multivariable analyses explained 4.7% of the variability in warfarin dose ( $p < 0.05$ ). Adjusted mean doses (and 95% CI) for each haplotype are presented in Table 5. Two haplotypes (*BHT4*, *BHT6*) were found to be independently associated with lower warfarin dose after adjustment for *CYP2C9* genotype and clinical covariates (Table 5). However, after Tukey–Kramer adjustments only *BHT6* was significantly associated with warfarin dose ( $p < 0.05$ ).

Among African–Americans the genealogic tree showing the relationship among the eight common haplotypes is presented in Figure 1C. Haplotypes *BHT4* and *BHT6* were associated with lower warfarin dose, with haplotype *BHT6* demonstrating the strongest influence. We designated the *BHT6* group as low-dose haplotype group (Group A) and the others as high-dose haplotype group (Group B). As shown in Figure 1C, a set comprised of two SNPs (rs9934438 and rs9923231) distinguished the two haplotype groups. Multivariable analyses adjusting for clinical covariates and *CYP2C9* indicated significantly lower dose requirements by the presence of the low-dose Group A haplotype (Figure 1D) accounting for 7.0% of the variability in warfarin dose ( $p < 0.0001$ ).

### **Comparison of predictive power of single *VKORC1* polymorphisms haplotypes & haplotype groups on warfarin dose**

Percent variability in warfarin dose explained by *VKORC1* haplotypes and haplotype groups was similar to that explained by a multivariable model with a single informative *VKORC1* SNP (Table 6) for both African–Americans and European–Americans. Based on these results the most parsimonious model includes a single informative *VKORC1* SNP model (rs9934438 or rs9923231) along with *CYP2C9* and a limited set of clinical variables.

We utilize this model to demonstrate the dose reductions associated with genetic and clinical covariates in Table 7. The presence of *CYP2C9* and *VKORC1 1173C/T* variants is associated with warfarin dose reduction among both African–Americans and European–Americans.

## **Discussion**

In this prospective study, we comprehensively assessed the influence of all common *CYP2C9* and *VKORC1* polymorphisms and *VKORC1* haplotypes on warfarin dose in both European and African–Americans. Although *CYP2C9* and *VKORC1* variants influence on warfarin dose among both African– and European–Americans, their contribution to explaining variability in dose is higher among European–Americans. In both race groups, *VKORC1* explained a higher percent variability in warfarin dose compared with *CYP2C9*. Although the set of *VKORC1* polymorphisms associated with warfarin dose was different between populations, two polymorphisms (rs9934438, rs9923231) were jointly informative.

### **Influence of *VKORC1* SNPs & *CYP2C9* on warfarin dose**

Among European–Americans, the variability in warfarin dose explained by *CYP2C9* and *VKORC1* (30%) was consistent with prior reports [3,5,6,8,14,19,22,23,41,42]. In racially diverse cohorts, the variability in warfarin dose explained by *CYP2C9*, a single *VKORC1* SNP and a limited set of clinical covariates is reported to be lower [24–26,29] compared with studies involving racially homogenous cohorts [3,5,6,8,14,19,22,23,41,42]. Differences in racial diversity, study design (prospective versus retrospective) and clinical covariates perhaps contribute to the discrepant results [1]. We provide yet another reason. In racially diverse

cohorts, the limited number of African–Americans and the rarity of patients homozygous for the variant *CYP2C9* and *VKORC1* alleles necessitated re-categorization of all genotypes as wild-type versus variant (geno-type effects evaluated on a dominant scale) [24–26,29]. While this strategy improves analytic efficiency, combining variant genotype categories may mask or diminish the strength of gene–dose associations. By evaluating both additive and dominant effects of *VKORC1* and *CYP2C9* we demonstrate the variability in warfarin dose explained is higher when *VKORC1* and *CYP2C9* genotype covariates were modeled on an additive scale compared with dominant scale. This finding was consistent among both European–Americans and African–Americans. Among African–Americans, the variability in warfarin dose explained by *CYP2C9* and *VKORC1* (dominant model) was consistent with prior reports [24, 27,29]. Assessing gene effects on an additive scale revealed statistically significant effects of *CYP2C9* on warfarin dose among African–Americans.

As previously reported, five highly correlated *VKORC1* SNPs (rs2359612, rs8050894, rs9934438, rs9923231 and rs7196161) were best predictors of warfarin dose among European–Americans [13]. A similar set of correlated SNPs are predictive of warfarin dose in the Chinese population [18,43]. We found two polymorphisms (rs9934438 or rs9923231) were best predictors among African–Americans. The informativeness of these two *VKORC1* polymorphisms across populations enables the derivation of a common and limited set of polymorphisms that can improve warfarin dose prediction in a racially diverse population.

### ***Influence of VKORC1 haplotypes (haplotype groups) & CYP2C9 on warfarin dose***

Among European–Americans the distribution of *VKORC1* haplotypes is concordant with that reported by Rieder *et al.* [13]. The prevalence of *VKORC1* low-dose haplotype group (Group A, 34.9%) among European–Americans in our cohort was consistent with that reported by Rieder *et al.* (37%) [13].

To our knowledge this is the first effort to estimate *VKORC1* haplotypes among African–American patients on chronic warfarin therapy. Consistent with the higher genomic sequence diversity in populations of African descent [31,33,44] African–Americans in our cohort demonstrated a more diverse distribution of haplotypes compared with European–Americans. However, the limited number of African–Americans homozygous for the low-dose haplotypes did not facilitate assessment of the degree of reduction in dose requirements among these participants. The significantly lower frequency of the low-dose haplotype group (5.6%,  $p < 0.0001$ ), the limited number of patients homozygous for the low-dose haplotype groups together with a lower frequency of *CYP2C9* variants may account for the higher dose requirements in African–Americans at a population level. Our results replicate the findings of Rieder *et al.* for European–Americans [13]. However, validation of our results in an independent cohort of African–Americans is required to verify our results and provide further insight into the influence of variation in the *VKORC1* gene in warfarin response in this under-represented racial group.

Of note; the *VKORC1* SNP, rs2359612 is present in all low-dose haplotypes for European–Americans (*WHT3*, *WHT4*) and (*BHT4* and *BHT6*) for African–Americans. However after correction for multiple comparisons *BHT4* was no longer significantly associated with dose. Given the uncertainty in haplotype estimation, we are more confident in using LD ( $r^2$ ) to identify informative SNP(s). Among European–Americans the three SNPs (rs2359612, rs9934438 and rs9923231) are in strong LD ( $r^2 > 0.9$ ). Among African–Americans  $r^2$  for rs9934438 and rs9923231 is 0.94, for rs9934438 and rs2359612 is 0.47 and for rs9923231 and rs2359612 is 0.42, supporting our conclusion that two SNPs (rs9934438 and rs9923231) are common across African–Americans and European–Americans.

## Implications of findings for the implementation of genotype-based therapy

Although both *VKORC1* and *CYP2C9* influence on warfarin dose among individual patients of African and European descent, their contribution to explaining variability in dose is higher in the latter race group at the population level. This differential influence raises the concern of confounding due to population stratification. Although participants were recruited from a relatively defined geographic region, which is the third least migratory region of the USA [45], we may still need to account for admixture. However, the evaluation of only two genes did not allow us to conduct admixture studies. The differential influence also suggests that perhaps other genetic, environmental and clinical factors may play a differential role in African-Americans. Other genes such as  $\gamma$ -glutamyl carboxylase, calumenin, *ApoE* [25] and *CYP4F2* [46] may influence warfarin dose in this race group. However, the extent to which variability in other genes in the warfarin pathways influences warfarin response and explains ethnic/ racial differences in response is yet to be resolved.

## Conclusion

Recently, the US FDA updated the warfarin package insert encouraging, but not requiring the use of pharmacogenetic information in dosing patients initiating warfarin therapy [103]. As upcoming research efforts are initiated (such as the Randomized Trial of Genotype-Guided Dosing of Warfarin Therapy by the National Institutes of Health) and pre-prescription genotyping is implemented, it will be critical to select a common and limited set of polymorphisms that can improve prediction of warfarin dose requirements for a racially diverse population.

Our findings support the use of a single *VKORC1* SNP (rs9934438 or rs9923231) along with *CYP2C9* and a limited set of clinical covariates to predict warfarin dose in both African-Americans and European-Americans.

## Future perspective

Warfarin pharmacogenomics has become an important case study for genomic technologies. It holds great promise to improve management of this challenging therapy with the potential to improve outcomes. However, the excitement surrounding this potential has been tempered by our limited understanding of other genetic and environmental influences and the interaction between them. Ongoing and future efforts must focus on identifying such factors to improve dose prediction, anticoagulation control and, finally, outcomes for patients of all racial/ethnic groups.

### Executive summary

- The limited representation of African-Americans has hindered our understanding of genetic influences on warfarin response in this racial group.
- To determine if *VKORC1* haplotypes or haplotype groups explain a higher variability in warfarin dose, we comprehensively assessed *VKORC1* polymorphisms in 273 African-Americans and 302 European-Americans and evaluated their influence on warfarin dose (after adjustment for *CYP2C9* \*2, \*3, \*5, \*6 and \*11 and clinical covariates).
- The variability in dose explained by *VKORC1* haplotype or haplotype groups was similar to that of a single informative *VKORC1* polymorphism in both race-groups.
- Our findings support the use of a single *VKORC1* SNP (rs9934438 or rs9923231) along with *CYP2C9* and a limited set of clinical covariates to predict warfarin dose in both African-Americans and European-Americans.



- Although *CYP2C9* and *VKORC1* variants influence warfarin dose in both African- and European-Americans, the lower variability explained in African-Americans highlights the need for further research to identify other genetic and environmental determinants that influence warfarin response in this under-represented race group.

## Financial & competing interests disclosure

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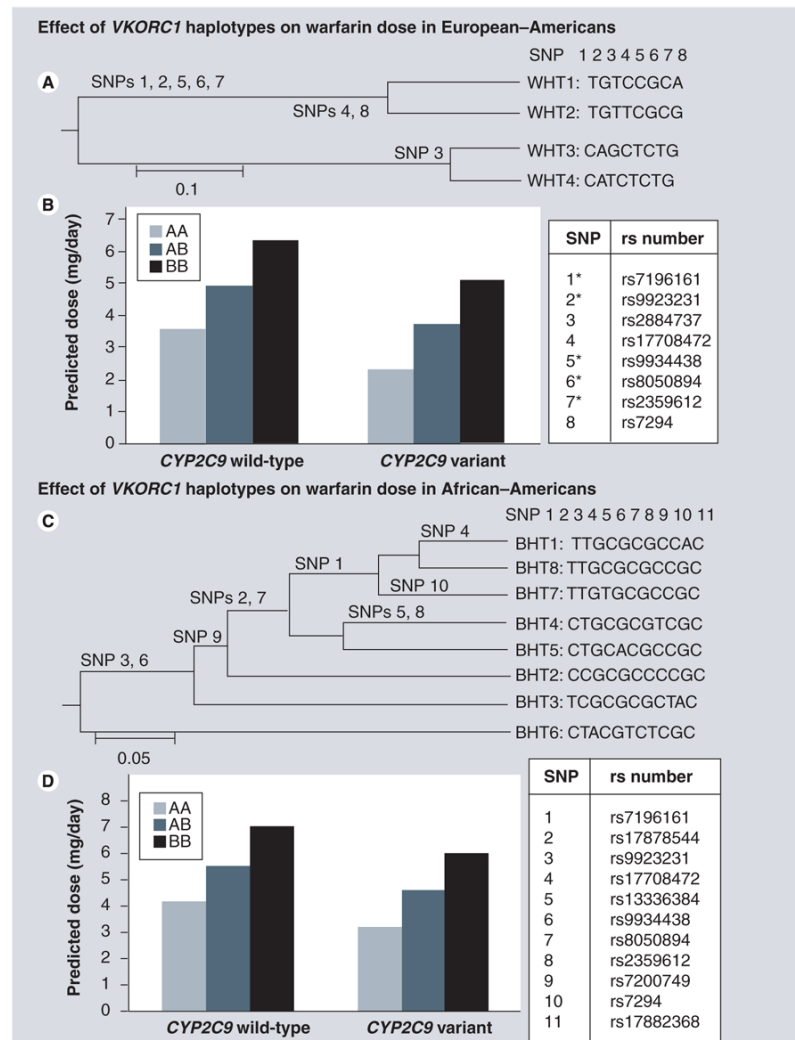
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**Figure 1. Effect of *VKORC1* haplotype groups on warfarin dose among European-American and African-American patients**

(A) Depicts the four common haplotypes clustered using UPGMA method, forming two distinct phenotypic groups; Group A (comprising of WHT3 and WHT4) and Group B (comprising of WHT1 and WHT2). \*Highly correlated SNPs ( $r^2 > 0.9$ ) significantly associated with warfarin dose. (B) European-American patients assigned haplotype combination AA and AB require lower doses than those assigned BB independent of *CYP2C9* genotype and clinical covariates. (C) Depicts the eight common haplotypes clustered using UPGMA method, forming two distinct phenotypic groups; Group A (comprising of BHT6) and Group B (comprising of BHT1, BHT2, BHT3, BHT4, BHT5, BHT7 and BHT8). (D) African-American patients assigned haplotype combination AA and AB require lower doses than those assigned BB independent of *CYP2C9* genotype and clinical covariates. Numbering of SNPs varies by race as we constructed race-specific haplotypes and haplotype groups.

BHT: Haplotype for African-Americans; UPGMA: Unweighted pair-group method with arithmetic mean; WHT: Haplotype for European Americans.

**Table 1**PCR and sequencing primers for assessing four *VKORC1* SNPs by pyrosequencing.

SNP ID	Primers	Primer sequence
rs17886199	Forward	5'CCCCACTCCTAGCAATCTGGTG3'
	Reverse	Biotin-5'CTCACTTTGGGCAACAGAGCCAG3'
	Sequencing	5'GTCTTTTAATTGGTTAAG3'
rs9923231	Forward	5'TGTGGCCAGGCTTGCTTAAAC3'
	Reverse	Biotin-5'AGCCAGCAGGAGAGGGAAATATC3'
	Sequencing	5'GCGTGAGCCACCGCA3'
rs7196161	Forward	5'ATGTGAGACAGTCCCACTCTGC3'
	Reverse	Biotin-5'TGTAATCCAGCACTTTAGGAAGCCA3'
	Sequencing	5'ACTCCTGACCTCATGATC3'
rs17878338	Forward	5'CCGACCTCAGGTGATCTGCC3'
	Reverse	Biotin-5'CAGAGGCAGCTGTGGGTAAGG3'
	Sequencing	5'CTGCTTTGGCTCCC3'

PCR conditions for rs17878338 and rs9923231 were an initial denaturation of 96°C for 5 min followed by 35 cycles of 94°C for 20 s, 56°C for 20 s, and 72°C for 15 s. PCR conditions for rs17886199 were similar except that 60°C was used as the annealing temperature. Amplification of rs7196161 required a two-step 'touchdown' PCR reaction. Following denaturation, the annealing temperature was decreased 1°C every two cycles from 63°C down to 57°C. The second phase consisted of 30 cycles with a final annealing temperature of 56°C.

**Table 2**

Sociodemographic and lifestyle characteristics of the POAT study participants at baseline\*.

Characteristic	African-American (n = 273)	European-American (n = 302)	p-value
Age, mean (SD)	58.0 (±16.0)	63.9 (±14.7)	< <b>0.0001</b>
Mean follow-up, months (± SD)	14.7 (±14.7)	15.1 (±10.8)	0.66
Body mass index, mean (SD)	30.1 (±7.3)	29.3 (±7.2)	0.18
<b>Gender</b>			
Female, n (%)	144 (52.7%)	136 (45.0%)	0.065
Male, n (%)	129 (47.3%)	166 (55.0%)	
<b>Alcohol (drinks per week)<sup>§</sup></b>			
0, n (%)	213 (78.0%)	186 (61.6%)	< <b>0.0001</b>
1–7, n (%)	37 (13.6%)	100 (33.1%)	
>8, n (%)	21 (7.7%)	16 (5.3%)	
<b>Smoking status<sup>§</sup></b>			
Current, n (%)	51 (18.7%)	27 (8.9%)	<b>0.007</b>
Past, n (%)	90 (33.0%)	119 (39.4%)	
Never, n (%)	123 (45.0%)	147 (48.7%)	
<b>Site of thromboembolism<sup>‡</sup></b>			
Arterial, n (%)	109 (39.9%)	131 (43.4%)	0.4
Venous, n (%)	138 (50.5%)	90 (29.8%)	<0.0001
Both, n (%)	30 (11.0%)	21 (6.9%)	0.09
None, n (%)	34 (12.4%)	44 (14.6%)	0.46
<b>Number of comorbid conditions</b>			
Low (0 or 1), n (%)	88 (32.2%)	74 (24.5%)	<b>0.03</b>
Medium (2 to 4), n (%)	129 (47.2%)	141 (46.7%)	
High (5 or more), n (%)	56 (20.5%)	87 (28.8%)	
<b>Concurrent medications</b>			
Antiplatelet agents, n (%)	133 (49.3%)	189 (65.6%)	<b>0.001</b>
NSAIDs, n (%)	37 (13.7%)	39 (12.9%)	
CYP2C9 substrates, n (%)	91 (33.7%)	96 (31.8%)	0.62
CYP2C9 inhibitors, n (%)	50 (18.3%)	74 (24.4%)	0.072
<b>CYP2C9<sup>¶</sup></b>			
CYP2C9 variant genotype, (%)	11.6%	33.1%	< <b>0.0001</b>

Three Hispanic patients excluded, all significant p-values **bolded**

Mean (SD) displayed for continuous variables and frequency counts (column percent) for categorical variables.

Patients can have more than one indication for therapy and comorbid conditions. CYP2C9 inhibitors included amiodarone, metronidazole, tamoxifen, propoxyphene, co-trimoxazole and so on.

DVT: Deep vein thrombosis; INR: International normalized ratio; MI: Myocardial infarction; NSAID: Nonsteroidal anti-inflammatory drug;

PE: Pulmonary embolism; POAT: Pharmacogenetic optimization of anticoagulation therapy; SD: Standard deviation; TIA: Transient ischemic attack.

\* All patients had a prescribed target INR range of 2–3. Patients with orthopedic surgery excluded due to short (3–6 month) treatment duration, patients with mechanical heart valve and hypercoagulable state excluded due to higher intensity of anticoagulation required.

<sup>‡</sup> Arterial thromboembolism includes patients with MI, stroke and TIA. Venous thromboembolism includes patients with DVT and PE. Both include patients with venous and arterial events. None includes patients with no thromboembolic events (e.g., atrial fibrillation).

<sup>§</sup> Missing information on smoking (n = 18) and alcohol (n = 2).

<sup>¶</sup> CYP2C9 (variant includes \*2, \*3, \*5, \*6 and \*11 alleles for African-Americans; \*2 and \*3 for European-Americans) genotype. CYP2C9 genotype not available in 15 patients.

Table 3

Minor allele frequencies of *VKORC1* variants by race among European-Americans and African-American participants of the POAT cohort.

SNP-ID	Standard * coordinate	PGA			POAT			p-value
		EA		AA	EA (n = 302)		AA (n = 273)	
		MAF	MAF	MAF	MAF	n	n	
rs17882368	5729T/C	M	2%	M	279	5.2%	261	<0.0001
rs17883591	5408C/G	M	9%	M	271	3.5%	255	0.0002
rs17878338	5133A/G	M	11%	M	276	3.5%	254	<0.0001
rs7294	3730G/A	33%	44%	38.2%	275	46.4%	261	0.023
rs7200749	3462T/C	M	21%	M	278	21.1%	259	<0.0001
rs17882023	2715G/A	M	5%	M	279	M	262	
rs2359612	2255C/T	45%	25%	36.7%	278	20.3%	259	<0.0001
rs17886199	1604C/T	M	8%	M	280	3.7%	258	<0.0001
rs8050894	1542G/C	46%	19%	36.7%	278	27.8%	259	0.0113
rs9934438	1173C/T	48%	14%	36.5%	278	10.6%	259	<0.0001
rs13336384	880T/C	M	7%	M	278	5.7%	259	<0.0001
rs17708472	698C/T	21%	7%	22.9%	247	5%	240	<0.0001
rs2884737	497T/G	30%	6%	25%	278	3.5%	260	<0.0001
rs17878259	-593C/T	M	5%	M	278	M	262	
rs9923231	-1639G/A	43%	13%	36.1%	277	10.9%	256	<0.0001
rs17878544	-1877G/A	M	30%	M	275	36.8%	258	<0.0001
rs7196161	-493T/C	46%	48%	36.4%	276	48.6%	248	<0.0001

p-value designates significant differences in MAF between African-American and European-American participants in the POAT cohort.

PGA data is presented as reference. The differences in MAF could potentially be indicative of differences in population substructure among the African-Americans across geographic regions within the USA. Also, since the POAT cohort has genotyped the highest number of African-Americans – it provides a more robust estimate of the MAF. The differences in the MAF between the two cohorts also provide a measure of variability in MAF that may be encountered among populations of the same 'race' within the USA.

AA: African-American; EA: European Americans; M: Monomorphic; MAF: Minor allele frequency; n: Number of POAT participants with genotype determined; PGA: Frequencies for VKORC1 SNPs from the Program for Genomics Application website are presented for the readers' reference [101]; POAT: Pharmacogenetic Optimization of Anticoagulation Therapy cohort; SNP: Single nucleotide polymorphism with MAF  $\leq 2\%$  reported.

Missing genotype information did not differ by race (all p-values  $>0.2$ ) among POAT participants.

\* Relative to the ATG start codon defined as +1 in Genbank Accession No. AY587020.

**Table 4**  
Multivariable evaluation of the association of individual VKORC1 SNPs with log warfarin maintenance dose among POAT participants by race.

SNP-ID*	Standard coordinates	Additive model <sup>‡</sup>		Dominant model <sup>§</sup>	
		r <sup>2</sup> <sub>model</sub> (%)	r <sup>2</sup> <sub>vkor</sub> (%)	r <sup>2</sup> <sub>model</sub> (%)	r <sup>2</sup> <sub>vkor</sub> (%)
<b>European-Americans</b>					
rs7294	3730G/A	34.0	5.2	12.2	5.3
rs2359612	2255C/T	46.5	18.1	12.4	12.8
rs8050894	1542G/C	47.5	19.1	12.2	13.6
rs9934438	1173C/T	46.8	18.4	12.3	12.8
rs17708472	698C/T	33.1	5.2	11.3	4.4
rs2884737	497T/G	36.3	7.9	12.5	6.6
rs9923231	-1639G/A	46.0	17.2	12.3	12.2
rs7196161	-493T/C	45.7	16.8	11.6	10.6
<b>African-Americans</b>					
rs17882368	5729T/C	38.1	4.3	3.2	4.2
rs7294	3730G/A	35.0	1.3	2.2	1.1
rs2359612	2255C/T	39.0	5.4	2.4	5.0
rs9934438	1173C/T	38.6	4.9	3.2	4.7
rs9923231	-1639G/A	38.9	4.3	3.2	3.9

Standard coordinate is relative to the ATG start codon defined as +1 in Genbank Accession No. AY587020.

Multivariable model adjusted for significant ( $p < 0.2$ ) clinical covariates (age, gender BMI, average vitamin K intake, presence of CHF, use of HMG-coenzyme A inhibitors, use of amiodarone) and CYP2C9 and the single VKORC1 SNP for European-Americans.

Multivariable model adjusted for significant ( $p < 0.2$ ) clinical covariates (age, gender BMI, smoking, average vitamin K intake, average alcohol intake, presence of renal failure, presence of CHF, use of HMG-coenzyme A inhibitors, use of amiodarone) and CYP2C9 and the single VKORC1 SNP for African-Americans.

r<sup>2</sup><sub>model</sub>: Percent variation in warfarin dose explained by the model containing clinical and genetic covariates; r<sup>2</sup><sub>vkor</sub>: Semi-partial r<sup>2</sup> denoting percent variation in warfarin dose explained by VKORC1 SNP; r<sup>2</sup><sub>2C9</sub>: Semi-partial r<sup>2</sup> denoting percent variation in warfarin dose explained by CYP2C9 (variant includes \*2, \*3, \*5, \*6 and \*11 alleles for African-Americans; \*2 and \*3 for European-Americans) genotype.

CHF: Congestive heart failure; HMG: 3-hydroxy-3-methylglutaryl; POAT: Pharmacogenetic Optimization of Anticoagulation Therapy.

\* SNPs explaining <1.0% variability in warfarin dose were not evaluated in multivariable analyses.

‡ VKORC1 and CYP2C9 genotypes were included as covariates with three levels in the additive models.

§ VKORC1 and CYP2C9 genotypes were included as covariates with two levels (wild-type vs variant) in the dominant models.

¶ Statistically nonsignificant at  $\alpha = 0.05$ . All other associations were significant at  $\alpha < 0.05$ .



Table 5

VKORC1 haplotype frequency and influence on warfarin dose among European-American and African-American participants.

Identification code	Haplotype sequence	Haplotype frequency (%)	p-value	Mean maintenance dose (mg/day) (95% CI)*	
				2 copies <sup>¶</sup>	1 or 2 copies <sup>¶</sup>
<b>European-Americans<sup>‡</sup></b>					
WHT1	TGTCGCCA	37.1	Referent	6.0 (5.4, 6.6)	5.5 (5.2, 5.8)
WHT2	TGTTCCGC	23.9	0.99	5.2 (4.1, 6.2)	5.6 (5.3, 6.0)
<b>WHT3*</b>	<b>CAGCTCTG</b>	<b>23.3</b>	<b>&lt;0.0001</b>	<b>3.1 (2.1, 4.1)</b>	<b>4.5 (4.1, 4.9)</b>
<b>WHT4*</b>	<b>CATCTCTG</b>	<b>11.3</b>	<b>&lt;0.0001</b>	<b>3.2 (1.8, 4.7)</b>	<b>4.0 (3.5, 4.6)</b>
WHT5	TAGCTCTG	1.1	NA	NA	NA
WHT6	CGTTCGCG	0.7	NA	NA	NA
<b>African-Americans<sup>§</sup></b>					
BHT1	TTGGCGCCAC	24.4	Referent	6.3 (5.4, 7.3)	6.1 (5.8, 6.6)
BHT2	CCGGCCCGCC	16.2	0.96	6.5 (4.6, 8.4)	6.1 (5.7, 6.6)
BHT3	TCGGCGCTAC	15.3	0.73	5.7 (4.4, 7.1)	6.1 (5.6, 6.6)
<b>BHT4</b>	<b>CTGGCGTCCG</b>	<b>9.6</b>	<b>0.018</b>	<b>5.8 (3.6, 8.1)</b>	<b>5.4 (4.8, 6.0)</b>
BHT5	CTGCACCCCG	6.8	0.28	NA	5.9 (5.2, 6.6)
<b>BHT6*</b>	<b>CTACGTCCTG</b>	<b>5.6</b>	<b>0.0028</b>	NA	<b>4.8 (4.2, 5.7)</b>
BHT7	TTGTGGCGCC	5.1	0.63	NA	6.0 (5.3, 6.7)
BHT8	TTGGCGCCCG	4.9	NA	NA	NA
BHT9	CCGGCGCTAC	4.2	NA	NA	NA
BHT10	CTACGTCCTG	3.9	NA	NA	NA
BHT11	TTACGTCCTG	1.1	NA	NA	NA
BHT12	CTGGCGCCAC	1.1	NA	NA	NA

Five European-Americans and eight African-Americans individuals with more than 50% missing genotypes were excluded from the analysis.

For European-Americans each haplotype sequence SNPs are listed in the sequential order along the VKORC1 gene (rs7196161, rs9923231, rs2884737, rs17708472, rs9934438, rs8050894, rs2359612, rs7294). For African-Americans each haplotype sequence SNPs are listed in the sequential order along the VKORC1 gene (rs7196161, rs17878544, rs9923231, rs17708472, rs13336384, rs9934438, rs8050894, rs2359612, rs7200749, rs7294, rs17882368). Haplotypes with frequencies <0.5% are not presented.

The low prevalence did not allow multivariable evaluation.

Haplotypes independently predictive of warfarin dose are **bolded**.

Each haplotype is represented as a covariate.

Numbering of SNPs varies by race as we constructed race-specific haplotypes and haplotype groups.

CHF: Congestive heart failure; NA: Not analyzed as haplotype frequencies <5%.

\* Haplotypes independently predictive of warfarin dose after Tukey-Kramer adjustment for multiple comparisons.

<sup>‡</sup> For European-Americans multivariable model adjusted for significant ( $p < 0.2$ ) clinical covariates (age, gender, BMI, average vitamin K intake, use of amiodarone) and CYP2C9 (variant vs wild-type) and VKORC1 haplotype. CYP2C9 variant alleles assessed include \*2, \*3, \*5, \*6 and \*11.

<sup>§</sup> For African-Americans multivariable model adjusted for significant ( $p < 0.2$ ) clinical covariates (age, gender, BMI, average alcohol intake, presence of renal failure, presence of CHF, use of amiodarone) and CYP2C9 (variant vs wild-type) and VKORC1 haplotype. CYP2C9 variant alleles assessed include \*2, \*3, \*5, \*6 and \*11.

<sup>¶</sup> Mean warfarin dose requirements among patients possessing two copies of VKORC1 haplotype.

<sup>#</sup> Mean warfarin dose requirements among patients possessing one or two copies of VKORC1 haplotype.

**Table 6**  
Multivariable evaluation of the association of VKORC1 and warfarin maintenance dose.

VKORC1 covariate in multivariable model	Additive model*		Dominant model <sup>‡</sup>			
	r <sup>2</sup> <sub>model</sub> (%)	r <sup>2</sup> <sub>Vkor</sub> (%)	r <sup>2</sup> <sub>2C9</sub> (%)	r <sup>2</sup> <sub>model</sub> (%)	r <sup>2</sup> <sub>Vkor</sub> (%)	r <sup>2</sup> <sub>2C9</sub> (%)
<b>European-Americans</b>						
rs9934438 (1173CT)	46.8	18.4	12.3	37.3	12.8	8.6
VKORC1 haplotype	35.5	16.3	6.3	34.0	12.6	5.3
VKORC1 haplotype group	35.6	16.2	6.4	31.2	11.8	5.6
<b>African-Americans</b>						
rs9934438 (1173CT)	38.6	4.9	3.2	36.9	4.7	1.5
VKORC1 haplotype	34.6	4.7	0.7	34.6	4.5	0.7
VKORC1 haplotype group	37.1	7.0	1.7	37.1	7.0	1.8

r<sup>2</sup><sub>model</sub>: Percent variation in warfarin dose explained by the model containing clinical and genetic covariates; r<sup>2</sup><sub>Vkor</sub>: Semi-partial r<sup>2</sup> denoting percent variation in warfarin dose explained by VKORC1 SNP; r<sup>2</sup><sub>2C9</sub>: Semi-partial r<sup>2</sup> denoting percent variation in warfarin dose explained by CYP2C9 (variant vs wild-type; variant includes \*2, \*3, \*5, \*6 and \*11 alleles for African-Americans; \*2, \*3 for European-Americans) genotype.

\* VKORC1 covariate was included as covariate with three levels in the additive models.

<sup>‡</sup> VKORC1 covariate was included as covariate with two levels (wild-type vs variant) in the dominant models.

**Table 7**

Influence of genetic and nongenetic covariates on warfarin dose among European–Americans and African–Americans.

Characteristic	Fold change			
	Additive model		Dominant model	
	European–American	African–American	European–American	African–American
Age*	0.99	0.99	0.99	0.99
Female	0.87	0.81	0.88	0.81
BMI <sup>‡</sup>	1.01	1.01	1.01	1.01
Current drinker	—	1.01	—	1.01
Intake of vitamin K-rich foods <sup>§</sup>	1.04	1.03	1.05	1.03
Congestive heart failure	0.93	0.94	0.92	0.94
Renal failure	—	0.85	—	0.84
HMG coenzyme A inhibitor	1.10	0.94	1.10	0.94
Amiodarone	0.81	0.78	0.82	0.79
CYP2C9 genotype <sup>¶</sup>	0.75	0.83	0.75	0.84
VKORC1 1173C/T genotype	0.74	0.80	0.71	0.79
<b>Average dose (mg/day)</b>	<b>6.3</b>	<b>6.7</b>	<b>6.0</b>	<b>6.7</b>

Log transformation of dose was performed for analyses. Above we present the re-transformed (back-transformed) dose. The fold changes are to be applied to the back-transformed dose. Multivariable model adjusted for significant ( $p < 0.2$ ) clinical covariates (age, gender BMI, average vitamin K intake, presence of CHF, use of HMG-coenzyme A inhibitors, use of amiodarone) and CYP2C9 and the single VKORC1 1173C/T for European–Americans.

Multivariable model adjusted for significant ( $p < 0.2$ ) clinical covariates (age, gender BMI, smoking, average vitamin K intake, average alcohol intake, presence of renal failure, presence of CHF, use of HMG-coenzyme A inhibitors, use of amiodarone) and CYP2C9 and the single VKORC1 1173C/T for African–Americans

VKORC1 and CYP2C9 genotypes were included as covariates with three levels in the additive models. Fold change is per copy of variant allele.

VKORC1 and CYP2C9 genotypes were included as covariates with two levels (wild-type versus variant) in the dominant models.

CHF: Congestive heart failure; HMG: 3-hydroxy-3-methylglutaryl.

\* Per year increase over 61 years.

<sup>‡</sup> Per unit increase over BMI of 30.

<sup>§</sup> Per serving of vitamin K-rich foods.

<sup>¶</sup> CYP2C9 variant genotype includes \*2, \*3 alleles among European–Americans and \*2, \*3, \*5, \*6 and \*11 alleles among African–Americans. The referent patient is a 61-year-old man with BMI of 30, who is wild-type for CYP2C9 and VKORC1, a current nonsmoker and nondrinker, with no comorbidities (e.g., CHF, cancer) and no inhibitors of CYP2C9 (e.g., amiodarone), HMG coenzyme A inhibitors (patients were not on fluvastatin).