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## **K<sub>ATP</sub> channel polymorphism is associated with left ventricular size in hypertensive individuals: a large-scale community-based study**

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### **Abstract**

ATP-sensitive K<sup>+</sup> (K<sub>ATP</sub>) channel mutations have been identified in individuals with dilated cardiomyopathy and overt heart failure. Here, a common E23K functional polymorphism in the Kir6.2 channel pore versus cardiac phenotype was studied in a cross-sectional community-based cohort (*n* = 2,031). The KK genotype was associated with greater left ventricular size among subjects with increased stress load due to hypertension. These findings implicate Kir6.2 K23 as a risk factor for adverse subclinical myocardial remodeling, and underscore the significance of cardiac K<sub>ATP</sub> channels within the population.

### **Introduction**

Susceptibility or resistance to heart failure, despite apparently similar risk load, is attributable to individual variation in homeostatic reserve (Bleumink et al. 2004). Ventricular cardiomyocytes are rich in stress-responsive K<sub>ATP</sub> channels comprised pore-forming Kir6.2 and SUR2A regulatory subunits encoded by *KCNJ11* and *ABCC9*, respectively (Zingman et al. 2002; Yamada et al. 2006). Their critical role in stress adaptation is exemplified by genetically defective channel complexes caused by *ABCC9* mutations in human dilated cardiomyopathy (Bienengraeber et al. 2004) and *Kcnj11*<sup>-/-</sup> mice, vulnerable to hypertension-induced heart failure (Kane et al. 2006).

A common single nucleotide polymorphism (67G > A) in human *KCNJ11* corresponds to glutamic acid or lysine at residue 23 of Kir6.2 (Riedel et al. 2005). Abnormal channel gating for the K23 variant has been reported, with altered activation and inhibition sensitivity profiles recorded in vitro for various ligands such as adenine nucleotides, long chain acyl CoA esters, and protons (Riedel et al. 2005; Li et al. 2005). Consequently, this functional polymorphism impairs the ability of K<sub>ATP</sub> channels to respond properly to the cellular milieu. Case-control and case-cohort studies have demonstrated association between E23K and susceptibility to glucose intolerance and diabetes (Riedel et al. 2005; Fischer et al. 2008), as Kir6.2 also forms

K<sub>ATP</sub> channels in insulin-producing pancreatic beta-cells. Here, we explored the relationship between this K<sub>ATP</sub> channel polymorphism and subclinical heart disease in the community.

## Materials and methods

### Subjects

A community-based cross-sectional cohort of 2,031 predominantly Caucasian adults residing in Olmsted County, Minnesota, was studied (Redfield et al. 2003), under a protocol approved by the Mayo Clinic Institutional Review Board. Individuals were age 45 years or older with detailed clinical and prospective cardiac structure/function data, and stored DNA samples. Hypertension was defined as systolic blood pressure  $\geq 140$  mmHg or diastolic blood pressure  $\geq 90$  mmHg at the time of echocardiography, irrespective of clinical diagnosis or treatment of hypertension. Left ventricular (LV) measurements were determined by M-mode and 2D biplane echocardiography, and indexed to body surface area.

### Genotyping

Genomic DNA comprising the 67A>G *KCNJ11* variant was amplified by the polymerase chain reaction and digested with BanII. Resultant fragments, varying in size based on presence (67G) or absence (67A) of a BanII restriction site, were resolved on agarose gels to assign genotypes.

### Statistical analyses

The association of genotype with echocardiographic parameters was analyzed using analysis of variance (ANOVA). The synergistic effects between genotype and LV mass in association with LV dimensions were evaluated by introducing an interaction term into the model.

## Results

Clinical characteristics of the study cohort reflected the composition of Olmsted County, Minnesota, community members age 45 years or older (Redfield et al. 2003). In brief, 48% of participants were males, the mean age was  $62.8 \pm 10.6$  years, and the mean body mass index was  $28.4 \pm 5.41$  kg/m<sup>2</sup>. Prevalence of diagnosed disease was congestive heart failure 2.6%, coronary artery disease 12.2%, previous myocardial infarction 4.8%, hypertension 29%, and diabetes 4.5%. Genotype frequencies were in Hardy–Weinberg equilibrium (EE = 44%; EK = 47%; KK = 9%) and similar to previously reported control populations (Riedel et al. 2005). In the group at large, there was no significant association between genotypes and measures of cardiac structure/function (LV dimensions, mass, and ejection fraction), electrical instability (atrial and ventricular arrhythmias), or metabolism (fasting glucose, diabetes, and body mass index) at enrollment. Among individuals with documented hypertension at the time of echocardiography ( $n = 1,187$ ), the KK genotype was significantly associated with greater LV dimension and volume in both diastole and systole (Table 1). A synergistic effect on LV size of KK genotype and LV mass, a marker of chronic cardiac stress load (Fig. 1), further validated the impact of Kir6.2 E23K on cardiac structure in hypertension.

## Discussion

Hypertension is the most common risk factor for congestive heart failure, and LV enlargement is an established precursor of symptomatic ventricular dysfunction (Kannel et al. 1972; Vasan et al. 1997). The Kir6.2 K23 allele, present in over half the population, is here implicated as a risk factor for transition from hypertensive stress load to subclinical maladaptive cardiac remodeling. Intact K<sub>ATP</sub> channels function as high-fidelity homeostatic rheostats that adjust membrane potential-dependent functions to match cellular energetic demand. Genetic or pharmacologic alterations predicted to abnormally increase or decrease the channel open

probability have been reported to uncouple this metabolic signal decoding function, and thereby compromise cardiac stress responsiveness and increase susceptibility to heart disease (Bienengraeber et al. 2004; Kane et al. 2006; Yamada et al. 2006; Lee et al. 2007). Our findings with the K23 allele of the Kir6.2 pore, consistent with previous work with the *ABCC9*-encoded regulatory subunit (Olson et al. 2007), uncover an interactive  $K_{ATP}$  channel gene-environment substrate that confers cardiac disease risk in a predominantly Caucasian population. Determining the overall impact of Kir6.2 E23K across ethnic groups and on long-term clinical outcome, i.e., progression to LV enlargement and clinical heart failure, will require further study.

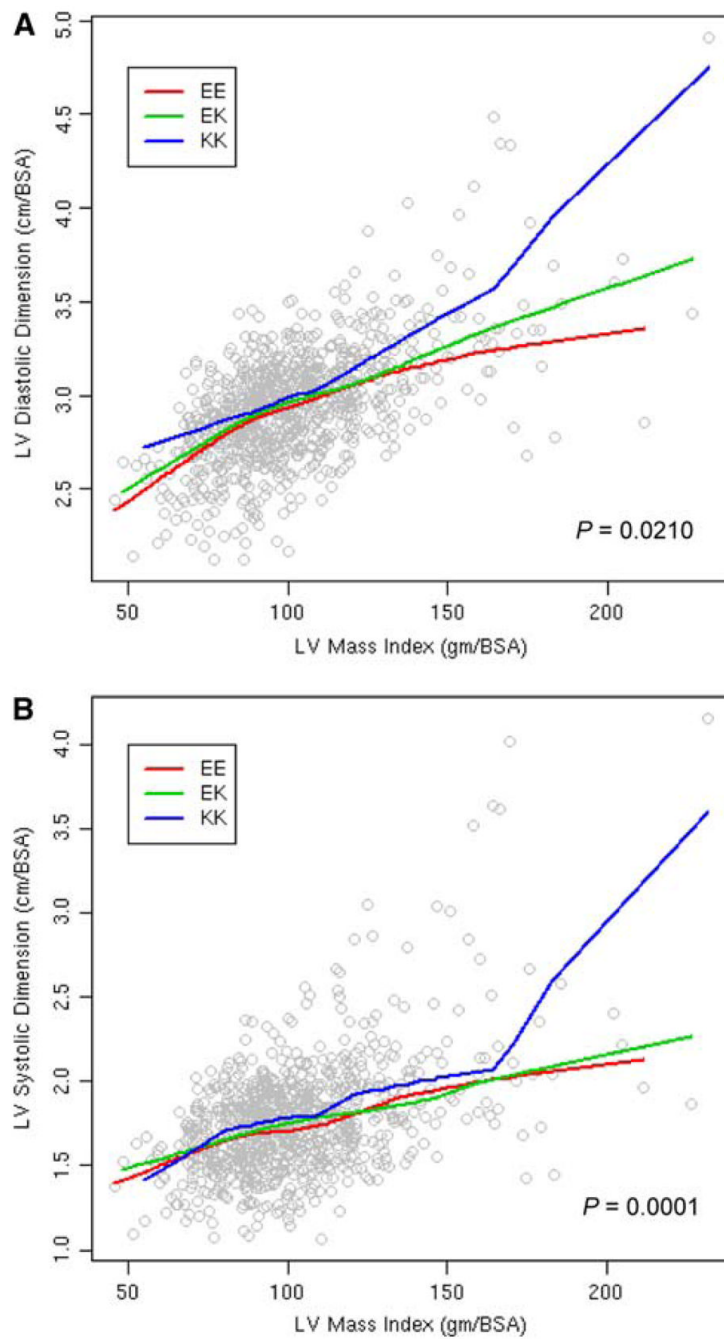
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**Fig. 1.** Interaction between left ventricular (LV) mass and Kir6.2 E23K genotype versus LV dimensions in diastole (a) and systole (b). *BSA* body surface area

**Table 1**

Left ventricular structure and function versus Kir6.2 E23K genotype in hypertensive individuals

Phenotype	EE	EK	KK	<i>P</i>
LV diastolic dimension (cm/m <sup>2</sup> )	2.93 ± 0.30	2.94 ± 0.28	3.06 ± 0.41	0.0394
LV systolic dimension (cm/m <sup>2</sup> )	1.76 ± 0.34	1.74 ± 0.27	1.89 ± 0.48	0.0149
LV diastolic volume (ml/m <sup>2</sup> )	57.91 ± 16.99	57.47 ± 14.60	62.89 ± 20.24	0.0410
LV systolic volume (ml/m <sup>2</sup> )	21.52 ± 10.19	20.77 ± 8.01	24.56 ± 14.68	0.0302
LV mass (gm/m <sup>2</sup> )	101.36 ± 23.84	100.80 ± 23.56	106.31 ± 27.7	0.4031
LV ejection fraction (%)	63.0 ± 7.6	63.5 ± 6.7	62.2 ± 9.1	0.5296
Age (years)	65.4 ± 10.6	65.0 ± 10.7	65.4 ± 9.9	0.8407
Male gender (%)	51.1	49.5	52.4	0.7885
Systolic BP (mmHg)	146.17 ± 14.89	146.24 ± 15.28	147.41 ± 15.12	0.6938
Diastolic BP (mmHg)	81.17 ± 9.68	80.50 ± 9.92	81.31 ± 9.59	0.4592
Mean BP (mmHg)	102.84 ± 9.36	102.42 ± 9.25	103.34 ± 9.47	0.4284

Mean ± standard deviation *LV* left ventricle, *BP* blood pressure