Genetic Diversity of Isoniazid-Resistant *Mycobacterium tuberculosis* Isolates Collected in Poland and Assessed by Spoligotyping[∇]

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The genetic compositions of 71 isoniazid-resistant *Mycobacterium tuberculosis* strains from Poland were determined by spoligotyping. Nearly 80% of the isolates belonged to either the T or the Haarlem family. The genotypic diversity was largely due to variation within those families. The scarcity of imported genotypes suggested that the *M. tuberculosis* population studied has an endemic nature.

Isoniazid (INH) is one of the most important drugs for both the therapy and the prophylaxis of tuberculosis (TB). However, strains of *Mycobacterium tuberculosis*, the causative agent of TB, resistant to INH have increasingly been isolated throughout the world. Globally, the burden of INH resistance is estimated to be 13.3% (25). In Poland, in 2000, the overall rate of resistance to INH reached 6%, or 1.5 times higher than that in 1997 (2). In 2004, 5% of all cases of *M. tuberculosis* infection were reported to be INH resistant. INH monoresistance is the most prevalent type of *M. tuberculosis* resistance in Poland, with the median rates of primary and acquired resistance being 2.4% and 3.3%, respectively (25).

In recent years, molecular typing methods have been successfully employed to define the genetic relationships between *M. tuberculosis* strains and to delineate the patterns of transmission of TB in human populations (16). Currently, one of the methods most frequently used to differentiate clinical isolates of *M. tuberculosis* is spoligotyping, which detects polymorphisms in the *M. tuberculosis* complex direct repeat (DR) chromosomal locus, which contains a series of 36-bp DRs interspersed with 35- to 41-bp unique spacer sequences (14).

The aim of this study was to use spoligotyping to assess the genetic diversity of *M. tuberculosis* strains with the INH-monoresistant phenotype in Poland in 2004.

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The study included 71 *M. tuberculosis* isolates from 71 nonrelated, adult TB patients with pulmonary TB (52 men and 19 women; age range, 14 to 85 years; median age, 48 years) residing in 13 different regions (voivodeships) of Poland. The population analyzed represented 87% of all culture-proven INH-resistant TB cases for which notification was provided in Poland in 2004 and close to 30% of the total number of drugresistant pulmonary TB cases recorded in Poland throughout 2004.

Primary isolation was performed with Löwenstein-Jensen (LJ)

medium and the Bactec 460-TB system (Becton Dickinson, Sparks, MD); and species identification was done by the niacin test, the use of gene probes (AccuProbe; GenProbe, San Diego, CA), and mycolic acid analysis by high-pressure liquid chromatography. Drug susceptibility testing was performed by the proportion method on LJ medium. The criterion used for the determination of drug resistance was the growth of 1% or more of the bacterial population on critical concentrations of the drugs tested (i.e., 0.2 µg/ml for INH, 40 µg/ml for rifampin [rifampicin]), 4 µg/ml for streptomycin, and 2 µg/ml for ethambutol) (2). Bacterial DNA was extracted from the LJ medium slants by the cetyltrimethylammonium bromide (CTAB) method (22). Spoligotyping was performed with a commercially available kit (Isogen Bioscience BV, Maarssen, The Netherlands), according to the manufacturer's instructions and as described earlier (14). Spoligotypes with 100% similarity were considered clusters, whereas nonclustered spoligotypes were referred to as unique. All spoligotypes obtained were compared to those in the world spoligotyping database (SpolDB4) at the Pasteur Institute of Guadeloupe (www.pasteur-guadeloupe.fr/tb/spoldb4). The isolates whose spoligotype patterns were already recorded in SpolDB4 were assigned shared types (STs), whereas isolates whose spoligotypes were identified for the first time were designated either new STs (if two or more isolates had that spoligotype) or orphans (if the spoligotype occurred in only one isolate). Clade assignment of the spoligotypes not found in SpolDB4 (orphan types) was done with the SpotClust program, an algorithm based on the SpolDB3 database whose principle was described previously (23) and that is available online (http: //cgi2.cs.rpi.edu/~bennek/SPOTCLUST.html).

A total of 30 different genetic profiles were identified among the 71 *M. tuberculosis* isolates, resulting in an overall diversity (the number of spoligotypes divided by the number of isolates) of 42%. Twenty-one (30%) isolates exhibited unique patterns, and the remaining 50 (70%) isolates were grouped into nine clusters, with 2 to 24 isolates per cluster. A comparison of the profiles obtained with the SpolDB4 international spoligotyping database allowed the attribution of the spoligotype ST designations. Of the 21 unique patterns, 12 (57%) were already described in SpolDB4, while the remaining 9 (43%) were previously unreported orphan types. Among the nine clusters, five containing 3 or more isolates each were considered major spoligotypes and represented 42 (59%) of the isolates. Almost

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Spoligotype	Clade	ST ^a	No. of isolates	Geographic distribution ^b		
Clustered	T1	53	24	Ubiquitous		
	H3	50	7	Ubiquitous		
	H1	47	5	Ubiquitous		
	T1	1278	3	AUT, CZE, ESP, ITA, POL, USA		
	ND^{c}	А	3	POL		
	T1	253	2	ARG, DNK, FIN, FXX, IDN, NLD, POL, RUS, USA, VEN		
	T1 RUS2	280	2	AUS, AUT, DEU, EST, FIN, GEO, LVA, POL, RUS, SWE, TUR, USA		
	s –	1253	2	ARG, DEU, FXX, RUS, TUR		
	ND	В	2	POL		
Unique	Т3	37	1	Ubiquitous		
	T4	40	1	AUT, BEL, CZE, DEU, DNK, ESP, ETH, FIN, FXX, GBR, GEO, GLP, IRN, ITA, LBY, MDG, NLD, POL, RUS, USA		
	T5	44	1	Ubiquitous		
	H4	262	1	POL, RUS, SWE, TUR, USA		
	H1	382	1	AUT, EST, FXX, POL, USA		
	T1	498	1	AUT, CZE, DEU, GBR, USA		
	U	602	1	AUT, BEL, BRA, DEU, FIN, GEO, IDN, IRN, ITA, NLD, NZL, RUS, SWE, USA, VNM, ZAF		
	T1	612	1	ARG, FXX, GBR, USA		
	U	775	1	AUT, CZE, HUN, NLD, SWE, USA		
	U	1410	1	AUT, BGD, BRA, POL, PRT, SAU		
	U	1498	1	MYS, USA		
	H3	1640	1	FXX, NLD		
	ND	C to K	1	POL		
Total			71			

TABLE 1. Spoligotypes identified for *M. tuberculosis* isolates evaluated in this study and their clustering

^a ST designation of the spoligotype in the world spoligotype database (SpolDB4). There were a total of 30 STs.

^b Ubiquitous, spoligotype found in all eight geographic regions (AFR, Africa; CAM, Central America; EUR, Europe; FEA, Far-East Asia; MECA, Middle-East and Central Asia; NAM, North America; OCE, Oceania; SAM, South America); ARG, Argentina; AUS, Australia; AUT, Austrai; BEL, Belgium; BGD, Bangladesh; BRA, Brazil; CZE, Czech Republic; DEU, Germany; DNK, Denmark; ESP, Spain; EST, Estonia; ETH, Ethiopia; FIN, Finland; FXX, metropolitan France; GBR, United Kingdom; GEO, Georgia; GLP, Guadeloupe; HUN, Hungary; IDN, Indonesia; IRN, Iran; ITA, Italy; LBY, Lbya; LVA, Latvia; MDG, Madagascar; MYS, Malaysia; NLD, Netherlands; NZL, New Zealand; POL, Poland; PRT, Portugal; RUS, Russia; SAU, Saudi Arabia; SWE, Sweden; TUR, Turkey; USA, United States; VEN, Venezuela; VNM, Viet Nam; ZAF, South Africa. Country codes are according to the ISO 3166 specifications (ftp://ftp.ripe.net/iso3166-countrycodes.txt).

^c ND, not defined in the SpolDB4 world spoligotype database.

half of the clustered isolates (n = 24; 34% of all isolates) belonged to ST53, which is the most prevalent genotype in Europe. All strains that were labeled with an ST number fell into four spoligotype-defined clades: T (STs 37, 40, 44, 53, 253, 280, 498, 612, and 1278), Haarlem (STs 47, 50, 262, 382, and 1640), U (STs 602, 775, 1410, and 1498), and S (ST1253), comprising 36 (51%), 15 (21%), 4 (6%), and 2 (3%) isolates, respectively. Of the 30 spoligotypes found in this study, 12 (40%) had previously been reported in Poland (Table 1). Eleven spoligotypes (37%) with 14 (20%) isolates were new and had not been found elsewhere in the world. In order to assign these spoligotypes to the existing clades, they were subjected to analysis with the SpotClust algorithm. Thus, the spoligotypes designated D, E, F, G, and K were linked to the T clade, whereas the spoligotypes designated B, H, and I were linked to the Latin American and Mediterranean (LAM) family. Three isolates harbored spoligotypes that were closely related to that of strain H37Rv. Finally, two spoligotypes represented by one isolate each were shown to belong to the Haarlem and Central Asian (CAS) clades (Table 2).

Overall, the family assignment demonstrated that a major proportion of the strains analyzed belonged to either the T (58%) or the Haarlem (22%) family.

The spoligotyping method has been widely accepted as a valuable tool for epidemiological studies of TB. It has proven

useful for the tracking of outbreaks (10, 19) and laboratory cross contamination (6) and for description of the global spread of TB (7). Spoligotyping has considerable advantages in that it is simple, robust, and highly reproducible. Since the technique is PCR based, it can be applied directly to clinical samples, thus allowing fingerprinting of a large number of isolates to be performed in a very short time (14). An important aspect of the method is the binary result format, which makes the data generated easily interpretable, computerizable, and comparable between laboratories (5). The establishment and development of an international spoligotyping database (SpolDB) have contributed tremendously to the gaining of a better understanding of the genetic structure of the global M. tuberculosis population and its evolution. Recently, an updated version of SpolDB4 that includes 1,939 different spoligotypes (STs) identified worldwide and that is separated into phylogenetic clades (families) has been launched (4). Moreover, a web-based program, SpotClust, has been devised to assign spoligotypes (especially those not found in the SpolDB4 database) to ST families (23). Altogether, spoligotyping combined with bioinformatic analyses provides an efficient approach for determination of the diversity of circulating M. tuberculosis strains and assessment of the extent and the dynamics of TB transmission.

In the present study we have employed spoligotyping to

TABLE 2	2. 8	Spoligotypes	specific to	Poland	and	their	clade	assignments

	Spoligotype			NI C	
Arbitrary designation	Binary designation	Octal designation	Clade ^a	Probability ^b	No. of isolates
А		777741077760771	H37Rv	0.98	3
В		777741003760771	LAM9	0.94	2
С		000017600003771	CAS	0.99	1
D		707777777760711	T1	0.99	1
E		740777777760700	T2	0.98	1
F		770000777360771	T3	0.99	1
G		777347777760771	T1	0.99	1
Н		777737607420771	LAM9	0.99	1
Ι		777761007760731	LAM9	0.97	1
J		777771374020771	H1	0.99	1
Κ		777777777740031	T1	0.99	1

^a SpotClust program-assigned clade.

^b Probability that the spoligotype pattern belongs to the clade.

investigate the genetic diversity of INH-resistant *M. tuberculo*sis isolates in Poland.

Among the 71 isolates tested, 30 different spoligotype patterns were identified, indicating the significant heterogeneity of the population studied. However, upon phylogenetic analysis, the vast majority of the genotypes were allocated to only two major clades, namely, the T and Haarlem clades, which covered 41 (58%) and 16 (22%) of the M. tuberculosis strains analyzed, respectively. Both these families are highly prevalent in Europe. According to the SpolDB4 database, the ill-defined T family encompasses spoligotypes which likely represent relatively old genotypes prevalent in Europe, whereas the Haarlem lineage has a European origin and is essentially localized in northern European countries (7, 8). Our results have clearly shown that the T and Haarlem families make up the backbone of the genetic structure of the M. tuberculosis population studied. The observed propensity of specific mycobacterial lineages to spread within particular geographical areas has recently been linked to the adaptation of the pathogen to different human host populations (9).

The three most prevalent spoligotypes (ST53, ST50, and ST47) accounted for more than half of the isolates responsible for TB cases, suggesting an important role of these genotypes in local TB transmission in Poland. This could be further supported by the fact that the same three types were found to be dominant in two previous spoligotyping studies in Poland (1, 17). This observation indicates the continuing activity of these genotypes in the country. Conversely, 22 (31%) of INH-resistant M. tuberculosis strains yielded spoligotypes previously unreported in Poland. These spoligotypes either had already been defined in the global database or were identified for the first time. Whereas the finding of the former may be indicative of the transmission of imported M. tuberculosis strains, the presence of the latter suggests Polish phylogeographic specificity. Interestingly, one of the Poland-specific spoligotypes has been demonstrated to belong to the CAS clade, which is very poorly represented in Europe. A possible explanation for this may relate to phylogenetic convergence, which relies upon the independent acquisition of two similar structures without common ancestors (24).

Finally, clustering of the genotypes obtained by spoligotyping may suggest the active transmission of INH-resistant *M*. tuberculosis isolates in Poland. However, whereas unique spoligotypes can confidently be assumed to represent different strains and thus reflect the reactivation of a remotely acquired infection, spoligotype clustering as a proxy for recent or ongoing transmission must be interpreted with caution. This is because spoligotyping is substantially less discriminatory than the IS6110-based restriction fragment length polymorphism (RFLP) typing method, which is referred to as a "gold standard" for the molecular epidemiology of M. tuberculosis (15, 22). Several studies have shown that spoligotyping overestimates the number of isolates with identical DNA fingerprints compared to the number obtained by the IS6110-RFLP method (12, 13, 15) and that this overestimation can be as large as 50% (11). Nevertheless, a combination of spoligotyping with other PCR-based techniques, such as double-repetitive-element PCR (20) or mycobacterial interspersed repetitiveunit-variable-number tandem-repeat typing (21), has been demonstrated to afford a resolution capacity close to that of IS6110-RFLP. It must be emphasized, however, that none of the currently used genetic markers provides an accurate and sufficiently discriminatory system for the genotyping of M. tuberculosis. Such a system could reliably estimate the extent of recent transmission. Moreover, the clustering of M. tuberculosis isolates, as measured by DNA clonality, might not be attributed to recently transmitted infections but to the coincident reactivations of strains endemic to the area or independent evolutionary convergence (3). Thus, genotypic clustering is not always consistent with the epidemiological relatedness of the cases analyzed, and it is of great importance to interpret genotyping results in conjunction with those of the conventional contact tracing methodology.

Altogether, the results of spoligotyping, as the sole typing method, are not conclusive in terms of determining the amount of recent transmission in population-based studies (12, 18). Although it is useful as an initial screening test, spoligotyping must be followed by other fingerprinting methods with higher discrimination abilities. Consequently, evaluation of the actual rate of ongoing INH-resistant *M. tuberculosis* transmission in Poland requires the use of additional genetic markers, preferably coupled with conventional contact tracing data.

Nonetheless, spoligotyping alone remains a highly informative genotyping method that provides insight into the genetic structure, evolution, and spreading dynamics of the global *M. tuberculosis* population.

In conclusion, our spoligotyping has revealed the diversity of the *M. tuberculosis* isolates in Poland and has shown that the isolates are similar to those in a typical European country, with a predominance of isolates of the T and Haarlem families, both of which accounted for nearly 80% of the isolates from the TB cases studied. The diversity of the genotypes was largely due to variations within those families. At the same time, several new, previously unreported genotypes have been identified. A scarcity of cases harboring imported genotypes may be indicative of the endemic nature of the *M. tuberculosis* population studied.

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