ORIGINAL ARTICLE

Peroxisome proliferator-activated receptor γ agonists inhibit the proliferation and invasion of human colon cancer cells

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Background and aims: Data regarding the effect of peroxisome proliferator-activated receptor γ (PPAR- γ) ligands on the invasive ability of colon cancer cells are currently limited. This study was designed to examine the effects of PPAR- γ agonists on the proliferation and invasion of two colon cancer cells to identify the role of PPAR- γ in colon cancer growth and metastasis.

Methods: SW480 and LS174T cells were treated with PPAR- γ ligands, pioglitazone and 15-deoxy- $\delta(12,14)$ prostaglandin J2 (15d-PGJ2), as well as their combinations with the PPAR- γ antagonist GW9662. MTT assay was used to determine the antiproliferative effects. Cell cycle analysis was conducted by flow cytometry. The mRNA and protein expression were detected by reverse transcriptase polymerase chain reaction (RT-PCR) and western blot, respectively. The invasive ability of cells was determined by the BD BioCoat Matrige invasion chamber.

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Results: Pioglitazone and 15d-PGJ2 inhibited the proliferation of both colon cancer cell lines in a dosedependent manner. This growth inhibitory effect was reversed by GW9662. Results from flow cytometry demonstrated G1 arrest following treatment with pioglitazone and 15d-PGJ2. The expression of matrix metalloproteinase-7 (MMP-7) was only detected in LS174T cells, while its tissue inhibitor-1 (TIMP-1) was expressed in both colon cancer cells. 15d-PGJ2 and pioglitazone downregulated MMP-7 expression and upregulated TIMP-1 expression. PPAR- γ agonists can only inhibit invasive activity of LS174T cells.

Conclusions: PPAR- γ agonists have inhibitory effects on the proliferation of colon cancer cell lines associated with G1 cell cycle arrest and invasive activity. The latter effect is demonstrated in certain cell lines through the down-regulation of MMP-7 synthesis.

In a conventional treatments of colorectal cancer have only
limited effectiveness. Between 25–35% patients experience
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in a need for new therapeutic approaches for t he conventional treatments of colorectal cancer have only limited effectiveness. Between 25–35% patients experience haematogenous metastasis with worse prognosis,¹ resulting prevalent disease. Current reports indicate that the incidence and mortality of colorectal cancer is generally greater among people with diabetes.2 This suggests that the application of some anti-diabetic agents may be promising in the development of new strategies to inhibit the growth and metastasis of colorectal cancers. Recently a number of experimental models (such as colonic, gastric, pancreatic, breast and testicular) further supported the suggestion that modulation of the peroxisome proliferator-activated receptor γ (PPAR- γ), which affects the regulation of lipid and glucose metabolism,³ plays an important role in carcinogenesis.⁴⁻⁸ Therefore, PPAR- γ ligands may be able to prevent and treat colorectal cancer. Although contradictory results from the adenomatous polyposis coli (APC $^{\text{min}}$ /+) mice suggested that PPAR- γ agonists promoted colorectal tumours,⁹ results from human cell lines and nude mice indicated that PPAR- γ agonists might have therapeutic value for the treatment of established colorectal cancers.10 A recent study also showed that PPAR- γ ligands inhibited the invasion and metastasis of human breast cancer cells.¹¹ However, there is no definitive evidence to show the effect of PPAR- γ agonists on the invasion of human colon cancer cells. In this study we investigated the growth inhibitory effect of PPAR- γ agonists, 15-deoxy- $\delta(12,14)$ -prostaglandin J2 (15d-PGJ2) and pioglitazone, on SW480 and LS174T colon cancer cells, both of which were APC mutant. We further demonstrated the anti-invasive activities of PPAR- γ agonists on colon cancer cells, and explored the roles of matrix metalloproteinase-7 (MMP-7) and its tissue inhibitor-1 (TIMP-1) during the procedure.

MATERIALS AND METHODS Materials and reagents

The human colon adenocarcinoma cell lines SW480 and LS174T were purchased from Wuhan University Cultures Center, Wuhan, China. PPAR-γ agonist 15d-PGJ2 was obtained from Oncogene Science (Cambridge, Massachusetts, USA), while pioglitazone was kindly donated by the Deyuan Medical Company (Lian-Yun-Gang, China). GW9662 was a product of Sigma-Aldrich, Inc (St Louis, Missouri, USA). All PPAR-γ ligands were dissolved in dimethyl sulfoxide (DMSO). Trizol reagent was obtained from Omega (Parsippany, New Jersey, USA). Oligo (dT) and reverse transcriptional enzyme (M-MLV) were products of Promega Corp (Madison, Wisconsin, USA). Primers were synthesised by Sangong Biological Company (Shanghai, China). Rabbit anti-human PPAR- γ polyclonal antibody, rabbit anti-human TIMP-1 polyclonal antibody, mouse anti-human MMP-7 monoclonal antibody and β -actin were all products of Santa Cruz Biotechnology, Inc (Santa Cruz, California, USA). They were diluted to working concentrations of 1:500. Goat anti-rabbit and anti-mouse IgG-HRP were obtained from Huamei Biological Company (Wuhan, China), with a working concentration of 1:1000. BioCoat Matrige invasion chamber was purchased from BD Biosciences, Inc (Rockville, Maryland, USA).

Abbreviations: 15d-PGJ2, 15-deoxy-d(12,14)-prostaglandin J2; DMSO, dimethyl sulfoxide; ELISA, enzyme-linked immunosorbent assay; MMP-7, matrix metalloproteinase-7; OD, optical density; PI, propidium iodide; PPAR- γ , peroxisome proliferator-activated receptor γ ; PVDF, polyvinylidene difluoride; RT-PCR, reverse transcriptase polymerase chain reaction; SDS-PAGE, sodium dodecyl sulfate-polyacrylamide gel electrophoresis; TIMP-1, tissue inhibitor-1; TZD, thiazolidinedione

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Methods

Cell culture and grouping

SW480 and LS174T colon cancer cell lines were cultured in RPMI (Roswell Park Memorial Institute) 1640 supplemented with 10% fetal calf serum, 100 units/ml of penicillin, and 100 mg/ml of streptomycin, in a humidified 5% carbon dioxide atmosphere at 37℃ for 48 h. For MTT (1-(4, 5-Dimethylthiazol-2-yl)-3, 5-diphenylformazan) assay, colon cancer cells were grouped into: (1) control group (received an equivalent volume of DMSO, the final concentration $\leq 0.1\%$; (2) 15d-PGJ2 group (5, 10, 20, 40 mmol/l); (3) pioglitazone group (20, 30, 40, 50 mmol/l); (4) 15d-PGJ2 (10 mmol/l) + GW9662 (1 mmol/l) group; and (5) pioglitazone (30 μ mol/l) + GW9662 (1 μ mol/l) group. For invasion assay, groups were as follows: (1) control group, (2) 15d-PGJ2 (5 μ mol/l) group, and (3) pioglitazone $(20 \mu \text{mol/l})$ group.

Cell growth assay

Cells were plated $(3 \times 10^4 \text{ cells/well})$ in triplicate onto a 96-well cultured plate, and treated with each chemical agent for 48 h (grouped as above). Each experiment was repeated three times. The antiproliferative effects were determined using the MTT dye uptake method. Cell viability was expressed as optical density (OD), which was detected in the enzyme-linked immunosorbent assay (ELISA) reader (American Research Company, USA) at 570 nm wavelength. The following formula was used: cell proliferation inhibited $(\%) = [1-(OD)$ of the experimental samples/OD of the control)] \times 100%.

Cell cycle analysis

Cells were treated with either vehicle or 10 µmol/l 15d-PGJ2 and 30 µmol/l pioglitazone for 48 h, collected after brief trypsinisation, washed with phosphate buffered saline, and fixed in cold 70% ethanol. The samples were then treated with RNase, stained with 50 µg/ml propidium iodide (PI) and analysed by FACScan (Becton Dickinson, Franklin Lakes, New Jersey, USA).

Reverse transcription-PCR to determine mRNA level of PPAR- γ , MMP-7, and TIMP-1

The total RNA was extracted using Trizol reagent according to the product manual; 2 µg of total RNA was reverse-transcribed to cDNA. The primers used for amplifying cDNA were as follows:

- PPAR- γ (474bp)
- Sense primer: 5'-TCTCTCCGTAATGGAA GACC-3'
- \bullet Antisense primer: 5'-GCATTATGAGACATCCCCAC-3'
- MMP-7 $(365bp)$
- Sense primer: 5'-AGATGTGGAGTGCCAGA TGT-3'
- \bullet Antisense primer: 5'-TAGACTGCTACCATCCGTCC-3'
- \bullet TIMP-1 (326bp)
- Sense primer: 5'-GCAACTCCGACCTTGTC ATC-3'
- Antisense primer: 5'-AGCGTA GGTCTTGGTGAAGC-3'

As an internal control, G3PDH mRNA was also amplified (598bp) using the following primers:

- Sense primer: 5'-CCACCCATGGCAAATTCCATGGCA-3'
- \bullet Antisense primer: 5'-TCTAGAGGGCAGGTCAGGTCCACC-3'

After denaturation at 94°C for 2 min, polymerase chain reaction (PCR) was carried out in a DNA thermal cycler (GeneAmp 2400, Hayward, California, USA) for 30 cycles. Each cycle includes denaturation at 94˚C for 40 s, annealing at 54˚C (PPAR- γ)/60°C (MMP-7)/58°C (TIMP-1) for 40 s, and extension

at 72 \degree C for 60 s, followed by a final extension at 72 \degree C for 5 min. The PCR products were run on 2% agarose gel in TAE buffer (40 mmol/l Tris acetate, 1 mmol/l ethylenediaminetetraacetic acid), and visualised by ethidium bromide staining. Autoradiography was performed using Bio-1D Image (VL Company, (Vilber Lourmat), Marne-la-Vallée, France).

Western blotting to detect protein expression of PPAR- γ , MMP-7, and TIMP-1

The cell lines were collected by centrifugation and then lysed in solubilisation buffer. Total cellular protein (50 µg) was separated by using 10% sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) and transferred onto a polyvinylidene difluoride (PVDF) membrane. The membrane was then blocked with 5% calf serum albumin. Afterwards the membrane was incubated for 2 h with primary antibodies as follows: rabbit anti-human PPAR- γ polyclonal antibody, rabbit anti-human TIMP-1 polyclonal antibody, and mouse antihuman MMP-7 monoclonal antibody. As an internal control, βactin was detected with mouse monoclonal antibody. The membrane was then probed for 1 h at room temperature with horseradish peroxidase-labelled secondary antibody. The signal was revealed using a DAB system. Quantification of the western blots was determined by scanning the blots with Adobe Photoshop and performing densitometry with Bio-1D Image (VL Company, France).

In vitro invasion assay

Cell invasion assay was carried out with the BioCoat Matrige invasion chamber kit following the manufacturer's instructions. Briefly, 500 µl suspension of NIH3T3 cells was added into the lower compartments of the chambers. Cells were seeded at a concentration of 2×10^4 /ml into the upper compartment. After 48 h incubation, the cells on the upper surface of the filters were completely removed by wiping with cotton swabs. Then the filters were fixed in methanol and stained with haematoxylin and eosin. Each in vitro invasion assay was performed in triplicate. For quantification purpose, cells which migrated to the lower surface were counted under a microscope in five random fields at a magnification of \times 200. Cells were tested for their relative invasion ability as percentages of untreated controls.

Statistical analysis

All results are presented as mean (SD). The statistical significance of differences was determined by one-way analysis of variance (ANOVA) and subsequently by Fisher's least significant difference (LSD) test using SPSS 11.0.

RESULTS

PPAR- γ mRNA and protein expression in colon cancer cells

RT-PCR and western blot showed that PPAR- γ mRNA and protein were expressed in both cell lines. The fragments of PPAR- γ and G3PDH cDNA were 474bp and 598bp in length, respectively. A specific band corresponding to PPAR- γ protein at a molecular size of about 55 kDa was detected. As shown in fig 1, LS174T cells expressed more PPAR- γ mRNA (fig 1A) and protein (fig 1B) than SW480 cells.

Effects of PPAR- γ agonists on the proliferation of colon cancer cells by MTT

After 48 h incubation, 15d-PGJ2 and pioglitazone inhibited the proliferation of both SW480 and LS174T cells in a dosedependent manner (figs 2 and 3). The OD values of 15d-PGJ2 (10 µmol/l, 20 µmol/l, 40 µmol/l) and pioglitazone-treated (30 µmol/l, 40 µmol/l, 50 µmol/l) groups were decreased

Figure 1 Expression of peroxisome proliferator-activated receptor $(PPAR-γ)$ in two colon cancer cells. The result was a representative of three independently performed experiments. (A) Expression of PPAR- γ mRNA in two colon cancer cell lines. G3PDH served as an internal control. M: PBR322 DNA/MSP1 markers; line 1, 2: SW480 cells; line 3, 4: LS174T cells. (B) Expression of PPAR- γ protein in two colon cancer cell lines. β -actin served as an internal control. $n = 3$; mean (SD). **p $<$ 0.01, compared with SW480 cells.

significantly compared with the untreated groups (p <0.05 or $p<0.01$). But 5 µmol/l 15d-PGJ2 and 20 µmol/l pioglitazone did not show significant inhibitory effects on both cell lines (p >0.05). Furthermore, the inhibitory effect of two PPAR- γ agonists on the proliferation of LS174T cells was significantly higher than that on SW480 cells (p <0.05 or p <0.01). When LS174T cells were cultured with the combinations of 10 μ mol/l 15d-PGJ2 (or 30 μ mol/l pioglitazone) and the PPAR- γ antagonist GW9662 (1 µmol/l) for 48 h, the inhibitory rate on the growth of LS174T cells was decreased significantly compared with those without GW9662 (12.1 (2.1)% vs 50.3 (13.0)%; 9.8 (1.7) % vs 29.0 (6.7) %, both p ≤ 0.01).

Changes of cell cycle profile by treatment with PPAR- γ agonists

After 48 h, 10 µmol/l 15d-PGJ2-treated SW480 and LS174T cells exhibited a significant increase in G1 phase associated with a decrease in S phase (p <0.05 or p <0.01). Pioglitazone (30 µmol/l) had similar effects on both cells (table 1).

Effect of PPAR- γ agonists on MMP-7 and TIMP-1 expression

MMP-7 was only expressed in LS174T cells, while TIMP-1 was expressed in both cell lines. As shown in RT-PCR and western

Figure 2 The dose-dependent response ot growth inhibition in two colon cancer cell lines treated with 15-deoxy-d(12,14)-prostaglandin J2 (15d-PGJ2) for 48 h. Growth inhibition was determined using an MTT assay and shown as inhibitory rate. Each value presented as mean (SD) of triplicate experiments.*p<0.05, **p<0.01, compared with untreated group.

blot analysis (fig 4), when LS174T cells were cultured with 5 µmol/l 15d-PGJ2 or 20 µmol/l pioglitazone, the MMP-7 mRNA (fig 4A) and protein levels (fig 4B) were significantly decreased compared with the control. Meanwhile, PPAR- γ agonists upregulated the expression of TIMP-1 at mRNA and protein levels in both LS174T (fig 4C, 4D) and SW480 cells (fig 4E, 4F).

Effect of PPAR- γ agonists on the invasive ability of two colon cancer cells in vitro

Both 15d-PGJ2 (5 μ mol/l) and pioglitazone (20 μ mol/l) significantly reduced LS174T cell numbers through Matrigel gel after 48 h incubation (figs 5 and 6). The relative invasion rates (% of control) were only 30.4 (4.8)% and 39.9 (5.6)% when LS174T cells were treated with 15d-PGJ2 and pioglitazone, respectively. 15d-PGJ2 was more potent in inhibiting the invasion than pioglitazone (p <0.05). However, when incubating with 15d-PGJ2 or pioglitazone, the invasion rate of SW480 cells did not change significantly (figs 5 and 7).

DISCUSSION

PPAR- γ plays a central role in adipocyte differentiation and lipid metabolism, and regulates genes involved in glucose utilisation.12 Recently it has been shown that ligand activation of endogenous or eotopically expressed PPAR- γ is sufficient to induce growth arrest and apoptosis in different cancer cell

Figure 3 The dose-dependent response of growth inhibition in two colon cancer cell lines treated with pioglitazone (Pion) for 48 h. Growth inhibition was determined using an MTT assay and shown as inhibitory rate. Each value presented as mean (SD) of triplicate experiments. $*p<0.05$, compared with untreated group.

 $*p<0.05$, $*p<0.01$, compared with control group.

lines.13 15d-PGJ2 is metabolised from prostaglandin D2, and is an endogenous, high affinity natural ligand of PPAR- γ .¹⁴ Thiazolidinedione (TZD) agents such as pioglitazone, which are newly developed anti-diabetic agents, are the specific synthetic ligands and agonists of PPAR- γ .¹⁵

PPAR- γ is important in the normal and pathological function of the human colon.16 Our study revealed that 15d-PGJ2 and pioglitazone inhibited the growth of SW480 and LS174T colon cancer cell lines in a dose-dependent manner. The result was similar to the studies of Sarraf et al^{10} and Shimada et al^{16} which demonstrated that PPAR- γ agonists inhibited the growth and induced differentiation of human colon cancer cells, both in culture and in nude mice. However, Lefebvre et al⁹ presented evidence that APC^{min}/+ mice showed increased numbers of polyps when subjected to oral TZD dosing. In contrast, Osawa et $al¹⁷$ recently showed that continuous feeding of pioglitazone reduced the aberrant crypt foci formation and notably suppressed colon tumours. These conflicting results have been partially explained by the finding that in mice with a mutated APC gene, PPAR- γ loses its ability to regulate colon tumorigenesis, whereas in wild-type APC mice, PPAR- γ functions as a tumour suppressor gene.⁴ However, APC gene mutation appears

Figure 4 Effect of PPAR-y agonists on matrix metalloproteinase-7 (MMP-7) and tissue inhibitor-1 (TIMP-1) expression. The result was a representative of three independently performed experiments. (A) Effect of PPAR- γ agonists (15d-PGJ2 and pioglitazone) on the mRNA expression of MMP-7 in LS174T cells. M: PGEM-7zf (+)/Hae III markers; line 1: control group; line 2: 15d-PGJ2 group; line 3: pioglitazone group. (B) Effect of PPAR- γ agonists (15d-PGJ2 and pioglitazone) on the protein expression of MMP-7 in LS174T cells. n=3; mean (SD). **p<0.01 compared with control group. (C) Effect of PPAR-y agonists (15d-PGJ2 and pioglitazone) on the mRNA expression of TIMP-1 in LS174T cells. M: PGEM-7zf (+)/Hae III markers; line 1: control group; line 2: 15d-PGJ2 group; line 3: pioglitazone group. (D) Effect of PPAR- γ agonists (15d-PGJ2 and pioglitazone) on the protein expression of TIMP-1 in LS174T cells. n=3; mean (SD). **p<0.01 compared with control group. (E) Effect of PPAR- γ agonists (15d-PGJ2 and pioglitazone) on the mRNA expression of TIMP-1 in SW480 cells. M: PGEM-7zf (+)/Hae III markers; line 1: control group; line 2: 15d-PGJ2 group; line 3: pioglitazone group. (F) Effect of PPAR- γ agonists (15d-PGJ2 and pioglitazone) on the protein expression of TIMP-1 in SW480 cells. n = 3; mean (SD). *p<0.05 compared with control group.

Figure 5 In vitro invasion assay, effect of PPAR- γ agonists (15d-PGJ2 and pioglitazone) on the invasive cell numbers of two colon cancer cell lines. $n = 3$; **p < 0.01 compared with control group.

to be a crucial early event during colorectal tumorigenesis.¹⁸ In our study, we have observed that the inhibitory effect on proliferation was rather obvious with 15d-PGJ2 and pioglitazone at concentrations of 10 μ mol/l and 30 μ mol/l, respectively. The inhibitory rate on LS174T cells was significantly higher than that on SW480 cells. The possible explanation was that the mRNA and protein levels of PPAR- γ were significantly higher in LS174T cells than those in SW480 cells. In addition, the inhibitory effects of 15d-PGJ2 and pioglitazone can be counteracted by PPAR- γ antagonist GW9662. Our study suggested that 15d-PGJ2 and pioglitazone inhibited the growth of APC mutant colon cancer cells, probably through a PPAR-y-dependent route, within a certain range of concentrations. Although we demonstrated the inhibitory effect on APC mutant cells through PPAR- γ activation, our study was performed in cultured human colon cancer cells rather than one of the animal models. At high concentration, PPAR- γ ligands can have PPAR- γ -independent effects,¹⁹ and our study did not exclude the possibility of such effects.

Next we analysed the cell cycle profile to identify the mechanism by which PPAR- γ agonists inhibit the growth of colon cancer cells. According to our data, 15d-PGJ2 and pioglitazone increased the population of cells in G1 phase and reduced the cells in S phrase in both SW480 and LS174T cells. It suggested that the inhibitory effects of PPAR- γ agonists may be associated with G1 cell cycle arrest. As the cell proliferation was not changed at a concentration of \leq 10 μ mol/l 15d-PGJ2 and of $<$ 30 µmol/l pioglitazone, we chose 5 µmol/l 15d-PGJ2 and 20 µmol/l pioglitazone to perform the invasion assay in order to avoid cytotoxicity.

MMP-7 is thought to be one of the key MMPs in the invasion step of colorectal cancer.^{20 21} In our study, we found that the expression of MMP-7 could only be detected in LS174T cells, but not in SW480 cells. This result has also been demonstrated by Witty.22 However, the expression of TIMP-1, which is the natural tissue inhibitor of MMPs,²³ was detectable in both cells. Our study further showed that when treated with 15d-PGJ2 and pioglitazone, the expression of MMP-7 in LS174T cells was significantly decreased. In the meantime, the expression of TIMP-1 was dramatically upregulated in both cell lines. All this evidence indicated that PPAR- γ agonists may reduce the invasive ability of colon cancer cells. Similar results were also reported in HT-29 colon cancer cells.²⁴ However, to our knowledge, there were no in vitro data to identify the inhibitory ability of PPAR- γ agonists on human colon cancer cells. In our subsequent study, the invasive ability of two colon cancer cell lines was detected. It is clearly demonstrated that PPAR- γ agonists had a significant inhibitory effect on LS174T cells, but the invasive ability of SW480 cells was not significantly affected. The results indicated that the invasive ability of certain colon cancer cell lines in vitro was inhibited by PPAR- γ agonists at least partially through the downregulation of MMP-7 expression.

Over the past decade, newer chemotherapeutic agents such as biological treatments have been used for the management of colorectal cancer, with resulting improvements in response and survival rates.²⁵ ²⁶ More recently there have been a few reports on the association between diabetes mellitus and cancer. Inoue et al^{27} demonstrated that patients with diabetes mellitus may be at an increased risk of colon cancer. A 10-year prospective cohort study by Jee et al^{28} showed that elevated fasting serum glucose levels increased colon cancer incidence and mortality. The TZDs, a newly developed group of antidiabetic agents, have been recently demonstrated to inhibit colon cancer cell growth as well as induce cell differentiation. In this study we demonstrated that pioglitazone inhibited the growth and invasion of certain colon cancer cell lines through PPAR- γ activation. We anticipate that TZDs may represent a new group of biological agents for the management of colon cancer, especially in the patients with diabetes mellitus.

In summary, our study identified that, in addition to the inhibition of colon cancer cell growth associated with G1 cell cycle arrest, PPAR- γ agonists such as 15d-PGJ2 and pioglitazone had an inhibitory effect on the invasive ability of certain colon cancer cell lines in vitro. Our study suggested that PPAR- γ agonists may be promising novel agents for the treatment of human colon cancer.

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Figure 6 In vitro invasion assay of LS174T cells; invasive cells were tested after 48 h incubation with or without PPAR- γ agonists. Panel A, control group; panel B, 15d-PGJ2 group; panel C, pioglitazone group (haematoxylin and eosin, \times 200).

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